

The Druid- 10th July 2019.

FINAL RESULTS

Position	No	Time	Name	Club
1	16	36.13	Jon-Jo Doherty	St Helens Sutton AC
2	70	36.20	Christopher Larkin	Helsby RC
3	8	36.52	Lowrence Eccles	Penny Lane Striders
4	113	36.56	Joel Gomes	Wrexham AC
5	83	37.42	Robby Green	Penny Lane Striders
6	45	38.33	Ian Houston	Wrecsam Tri
7	42	38.47	Jez Brown	Buckley RC
8	104	39.12	Adam Gordon	Helsby RC
9	28	39.17	Zach Ryan	Pensby Runners
10	46	39.31	Andrew Jackson	Bowland
11	19	40.25	Tony Wood	Denbigh Harriers
12	68	40.27	Robert Chambers	Tattenhall Runners
13	103	40.29	Tom Leather	Tattenhall Runners
14	55	40.42	Simon Duckett	Tattenhall Runners
15	44	41.03	Simon Edwards	Buckley RC
16	5	41.09	Neil Adair	Spectrum Striders
17	107	41.14	John Taylor	u/a
18	92	41.17	Neil Ashcroft	Ambleside AC
19	97	41.25	Jon Davies	u/a
20	6	41.51	Alex Mason	Delamere Spartans
21	85	41.56	Rob Alexander	Prestatyn Running Club
22	108	42.07	Kevin Smith	Helsby RC
23	14	42.10	Andrew Peers	Buckley RC
24	72	42.20	Andrew E Jones	Buckley RC
25	90	42.24	Rhys Peters	u/a
26	39	42.33	Jim O'Hara	Helsby RC
27	109	42.33	Kate MacFarlane	Penny Lane Striders
28	24	42.38	Daniel Peers	Spectrum Striders
29	40	42.55	Chris Palmer	Run Free Fell Runners
30	69	43.03	Dan Hurst	CRR
31	105	43.14	Neil Dalleywater	CRR
32	98	43.22	James Bayford	u/a
33	87	43.26	Benjamin Crossley	Helsby RC
34	94	43.40	Jonathan Cole	Ellesmere Port RC
35	77	43.44	John Rolton	CRR
36	37	43.52	Paul Shannon	Tattenhall Runners
37	89	44.03	Peter Rodriguez	Helsby RC
38	51	44.09	Alli Grundy	Tattenhall Runners
39	50	44.17	Nicholas Holmes	Tattenhall Runners
40	52	44.27	John Montgomery	CRR
41	49	44.42	Susan Fourie	Chester Tri
42	10	44.44	Simone Capponi	Penny Lane Striders
43	13	44.45	John Simpson	Prestatyn Running Club
44	99	45.28	Bernie Norris	Buckley RC
45	4	45.40	Jason Sage	Spectrum Striders
46	80	46.23	Simon Dawson	Chester Tri
47	26	46.46	Jake Holmes	Helsby RC
48	81	46.54	Bisanth Batuwitige	u/a
49	64	46.58	Richard Borne	Mysteruns
50	2	47.44	Michael O'Rourle	Penny Lane Striders
51	41	47.51	Richard Hankins	Helsby RC
52	15	48.02	Greg Carns	St Helens Sutton AC
53	88	48.14	Graeme Peacock	CRR
54	38	48.22	Laura Baynham-Hughes	Helsby RC
55	29	48.37	Nigel Crompton	Pensby Runners
56	112	48.42	Mandy Peffers	CRR
57	78	49.09	Iain Wood	Chester Tri
58	21	49.10	Duncan Jones	Denbigh Harriers
59	82	49.13	David Roberts	u/a

60	33	49.27	Bailey Ewel	Penny Lane Striders
61	9	49.46	Neil Hannett	Penny Lane Striders
62	48	49.47	Neil Gooding	u/a
63	60	49.52	Helen Ashworth	Prestatyn Running Club
64	31	49.57	Katy Baugh	Denbigh Harriers
65	93	50.13	Tony Benton	Denbigh Harriers
66	18	50.21	Rob Standring	u/a
67	86	50.34	Jo Hoppes	Prestatyn Running Club
68	25	50.56	Kate Lightfoot	Tattenhall
69	62	51.12	Steven Brown	Prestatyn Running Club
70	23	51.37	Kenny Forster	Spectrum Striders
71	65	52.03	James Rogers	Prestatyn Running Club
72	61	52.35	Benjamin Tumilty	Helsby RC
73	102	52.50	Derek Williams	Wirral Vikings
74	22	53.18	Karen Forster	Spectrum Striders
75	101	53.25	Ruari Denton	Dinbych
76	17	53.49	Neil Hindle	WFRA
77	111	54.02	Andy Peffers	CRR
78	3	54.09	Janet Robertson	Helsby
79	79	54.21	Derek Underwood	Chester Tri
80	36	54.42	Menai Baugh	Denbigh Harriers
81	47	54.52	Laura Hennahane	Penny Lane Striders
82	57	55.13	John Humphries	Mysteruns
83	110	55.18	Lisa Grantham	Pensby Runners
84	20	55.37	John Morris	Buckley RC
85	76	56.54	Chris Ashley	Chester Tri
86	74	56.59	Sharon Eaton	Tattenhall Runners
87	91	58.48	Cassandra Peters	u/a
88	12	58.52	Richard Macilwaine	Spectrum Striders
89	53	58.56	David Mundy	u/a
90	34	59.04	Yricka Gardner	Run Free Fell Runners
91	43	59.10	Amanda Garner	Buckley RC
92	32	59.36	Richard Shayle	Pensby Runners
93	30	60.17	Stephen McCanuille	Pensby Runners
94	106	60.23	Karen Smith	Chester Tri
95	54	60.50	Owen Chamberlain	u/a
96	63	61.08	Sue Buck	Helsby RC
97	96	61.22	Jack Keasley	Helsby RC
98	73	61.44	Laura Ashford	Chester Tri Club
99	67	61.52	Euros Evans	CJBC
100	7	61.58	Nigel Pratten	Pensby Runners
101	84	62.54	Gwennan Williams	Chester Tri
102	56	63.04	Tim Palmer	Helsby RC
103	75	63.43	Twm Morgan	Hebog
104	95	64.41	Angela Moore	Spectrum Striders
105	59	64.45	Tracy Colligan	Prestatyn Running Club
106	66	64.47	Cara Jones	Prestatyn Running Club
107	71	65.04	Sarah Larkin	Halton & Frodsham Harriers
108	58	65.35	Helen Alefounder	Prestatyn Running Club
109	11	73.12	Neville Griffiths	Spectrum Striders
110	100	76.49	Beverley Goodson	Deestriders
111	1	106.00	Peter Norman	Wrexham AC
112	35	DNF	Nick Venables	Wrexham AC
113	27	DNS	Sioned Cordiner	Wrexham AC