



Supported By
Different Strokes
and
Pete Bland Sports



Elterwater Common - Results 31 March 2019

Senior Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1045	Mark	Lamb	Man	22:39	Keswick AC	1st Man
2	956	Matthew	Elkington	Man	22:43	Ambleside AC	2nd Man
3	718	Charlie	Ing	Man	24:07	Calder Valley	3rd Man
4	666	Matthew	Knowles	MU21	24:23	Lancaster & Morecambe AC	1st MU21
5	765	Jack	Wright	Man	24:30	Ambleside	
6	939	Josh	Jardine	Man	24:31	Helm Hill	
7	781	John	Helme	MV40	25:11	Ambleside	1st MV40
8	1053	Tom	Simpson	Man	26:23	Ambleside AC	
9	642	Michael	Gregory	MV40	26:24	Ulverston Triathlon Club	
10	551	Will	Acland	MV40	26:55	Helm Hill	
11	1048	Ashley	Holt	MV40	26:58	Rossendale Harriers	
12	1044	Hannah	Horsburgh	Lady	27:02	Keswick AC	1st Lady
13	599	Martin	Askew	MU21	27:39	Helm Hill	
14	687	Josh	Murphy	Man	27:44	Black Combe	
15	697	Paul	Reilly	MV40	27:53	Helm Hill	
16	868	Phil	Mather	Man	28:41	Lonsdale	
17	638	Simon	Mounsey	MV40	28:51	Howgill Harriers	
18	535	Brian	Pennington	MV40	28:57	Howgill Harriers	
19	1046	Dan	Duxbury	MV40	29:05	Ambleside AC	
20	767	Tim	Pickering	Man	29:17	Helm Hill	
21	554	Luke	Appleyard	Man	29:43	Wharfedale Harriers	
22	761	Rob	Mortimore	Man	29:44	Helm Hill	
23	518	Rob	Crawford	MV40	29:50	Howgill Harriers	
24	633	Steven	Middleton	MV40	30:00	Howgill Harriers	
25	877	Matthew	Holroyd	MU21	30:31	Settle Harriers	
26	601	Ben	Kirkman	MU21	30:41	Rossendale Harriers	
27	566	Bianca	Dyer	LV40	30:44	Helm Hill	2nd Lady/1st LV40
28	931	John	Bowman	Man	30:47		
29	1043	Kim	Baxter	LV40	30:52	Dark Peak	3rd Lady
30	559	Sean	Robinson	MV40	30:58	Howgill Harriers	
31	591	Joey	Umpleby	MU21	31:21	Kendal AAC	
32	609	Simon	Waller	MV50	31:25	Helm Hill	1st MV50
33	505	Tom	Matthew	MV40	31:27	Bowland	
34	871	Joseph	Hobbs	Man	31:28	Lonsdale	
35	603	Peter	German	Man	31:47	Helm Hill	
36	567	Jacob	Dyer	MV40	31:48	Helm Hill	
37	509	Chris	Green	MV40	32:03	Ambleside AC	
38	1052	Cathy	Gill	Lady	32:12	Tunbridge Wells Harriers	
39	596	Alistair	Hearn	MV40	32:16	Helm Hill	
40	843	Simon	Wright	MV50	32:28	Bingley Harriers	
41	694	Celia	Powell	Lady	32:39		
42	507	Andy	Holden	MV50	32:58	Wharfedale Harriers	
43	584	James	Todhunter	Man	33:04	Helm Hill	
44	758	Graham	Beaumont	MV50	33:12	Dallam	
45	861	Roger	Taylor	MV50	33:18	Preston Harriers	
46	717	Kaisleigh	Atkinson	Lady	33:30		
47	520	Alistair	Shawcross	MV40	33:31		
48	1041	Graham	Britton	MV60	33:47		1st MV60
49	889	Ray	Gill	MV50	33:49	Dallam	
50	709	Ronald	Hummelink	MV40	33:57	Lonsdale Fell Runners	
51	838	Natasha	Geere	LV50	34:08	Spenborough	1st LV50
52	580	John	Jones	MV50	34:34	Helm Hill	

53	583	Roger	Aubrey	MV50	34:36	Helm Hill	
54	700	Jenny	Lyon	Lady	34:47	Dallam Running Club	
55	602	Mick	Kirkman	MV50	34:52	Rossendale Harriers	
56	1050	Andy	Reid	MV60	35:19	Ellenborough	
57	977	David	Appleyard	MV50	35:24	Helm Hill	
58	965	Michael	Jewell	MV60	35:33	Black Combe	
59	692	Bill	Beckett	MV50	35:34	Chorley A&T	
60	512	Jonny	Grisedale	MV40	35:49	Helm Hill	
61	572	Robin	Parsons	MV40	35:52	Eivet Striders	
62	561	Toby	Smith	Man	36:03		
63	546	Jo	Appleby	LV40	36:08	Helm Hill	
64	1042	Richard	Baxter	MV50	36:23	South Yorkshire Orienteers	
65	579	David	Barnes	MV60	36:24	Horwich RMI Harriers	
66	749	Will	Douthwaite	Man	36:31	Helm Hill	
67	598	Lorna	Askew	LV40	36:32	Helm Hill	
68	674	Andy	Monk	MV60	36:33	FRA	
69	934	Richard	Simpson	MV60	36:34	Dallam	
70	661	Peter	Singleton	MV60	36:55	Blackpool	
71	503	Pam	Bagot	LV40	36:59	Settle Harriers	
72	1014	Jonathan	Warren	MV40	37:08		
73	553	Kate	Brayshaw	LV40	37:14	Helm Hill	
74	759	Phil	Harrington	MV40	37:25	Helm Hill	
75	984	Alan	Miller	MV60	37:28	Kendal AAC	
76	1049	Michael	Richards	MV60	37:32	Helm Hill	
77	853	Jonathan	Gibson	MV50	37:43	Wharfedale Harriers	
78	597	Maria	Hearn	LV40	38:16	Helm Hill	
79	630	Jo	Taylor	LV50	38:25	Bowland FR	
80	619	Chris	Lawrence	MV50	38:51	Clayton le Moors	
81	515	Jeremy	Wilkinson	MV50	39:17	Keighley and Craven AC	
82	1013	Sally	Brassington	LV40	39:22	Lancaster & Morecambe AC	
83	685	John	Wood	MV40	39:35		
84	1019	Ellie	Wood	LV40	39:56		
85	646	Mark	Charnley	MV40	40:01	Settle Harriers	
86	610	Michael	McLoughlin	MV60	40:27	Preston Harriers	
87	682	Mike	Binks	Man	40:34	Unattached	
88	586	Eilidh	Miller	LU21	40:44	Broughton Runners	1st LU21
89	1002	Judith	Marshall	LV40	40:57	Settle harriers	
90	847	Denise	Tunstall	LV50	41:06	Durham Fell Runners	
91	540	Richard	Cater	MV40	41:12	Helm Hill	
92	592	Jane	Umpleby	LV50	41:14	Unattached	
93	775	Lindsay	Harrod	LV50	41:32	Helm Hill	
94	1039	Raj	Madhas	MV50	41:39	Wharfedale Harriers	
95	550	Libby	Dixon	LV40	41:43	Ambleside	
96	539	Jo	Cater	LV40	42:20	Helm Hill	
97	97	Ewan	Black	Boy	43:18	Helm Hill	
98	1051	Phil	Jones	Man	43:28		
99	665	Katy	Thompson	LV60	43:41	Clayton le Moors	1st LV60
100	862	Robyn	Anderson	LV40	44:05	Preston Harriers	
101	608	Veronica	Waller	LV40	44:14	Dallam	
102	714	Pete	Coe	MV60	44:15	Helm Hill	
103	1047	Lorna	Holt	LV40	46:28	Rossendale Harriers	
104	635	Tyla	Crook	LU21	46:35	Helm Hill	
105	787	Ian	Peters	MV60	46:44	Hoad Hill Harriers	
106	651	Jill	Gates	LV50	47:17	Settle Harriers	
107	779	Elaine	Cowperthwaite	LV50	47:33		
108	1015	Laura	Potter	Lady	47:42		
109	511	Jo	Grisedale	LV40	48:06	Helm Hill	
110	634	Elizabeth	Adams	LV40	49:00	Helm Hill	
111	693	Leanne	Richie	Lady	49:02		
112	691	Scott	Thwaites	Man	49:06		
113	526	Wendy	Smith	LV40	49:43	Helm Hill	
114	504	Jo	Matthew	LV40	50:02	Dallam	
115	663	George	James	MV70	52:24	Blackpool	1st MV70
116	681	Phil	Kirby	MV60	53:48	Coniston	

117	1040	Lynda	Hargreaves	LV50	54:12	Wharfedale Harriers	
118	810	Sonja	Vietoris	LV50	56:03		
DNF	615	Joe	Howard	MV70	DNF	Preston Harriers	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	25	Ollie	Sanders	Boy	12:29	Helm Hill	1st Boy
2	158	Jacob	Smith	Boy	13:09	Helm Hill	2nd Boy
3	146	Alfie	Thorpe	Boy	14:04	Broughton Runners	3rd Boy
4	87	Adam	Scott	Boy	14:05	Helm Hill	
5	248	David	Blenman	Boy	14:06	Helm Hill	
6	234	Bernadette	Raven	Girl	14:58	Ilkley Harriers	1st Girl
7	73	Emily	Swarbrick	Girl	16:10	Cumberland Fell Runners	2nd Girl
8	188	Holly	Dobson	Girl	16:38	Ambleside AC	3rd Girl
9	161	Ella	Dorrington	Girl	16:39	Clayton le Moors	
10	94	Freya	Richards	Girl	16:45	Helm Hill	

Under 15 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	230	Will	Hall	Boy	09:21	Keighley and Craven AC	1st Boy
2	65	Thomas	Brailsford	Boy	09:46	Ambleside	2nd Boy
3	91	Amelie	Lane	Girl	09:47	Wharfedale Harriers	1st Girl
4	192	Harry	Ewbank	Boy	09:50	Eden Runners	3rd Boy
5	78	Dylan	Cater	Boy	10:23	Helm Hill	
6	39	Christopher	Brown	Boy	10:29	Clayton le Moors	
7	139	Jamie	Waller	Boy	10:40	Dallam	
8	99	Isaac	Robinson	Boy	11:07	Howgill Harriers	
9	81	Thomas	Adams	Boy	11:07	CFR	
10	211	Hal	Saner-Haigh	Boy	11:37	Helm Hill	
11	69	Oliver	Willoughby	Boy	12:01	Helm Hill	
12	20	Megan	Wilkinson	Girl	12:12	Keighley and Craven AC	2nd Girl
13	96	Toby	Harper	Boy	12:13	Ambleside	
14	90	Nathon	Ritchie	Boy	12:47	Levens Valley AC	
15	62	Vicky	Woof	Girl	13:25	Howgill Harriers	3rd Girl
16	16	Finley	Grisedale	Boy	13:37	Helm Hill	
17	274	Reuben	Donnini	Boy	13:56	Helm Hill	
18	143	Beau	Walkingshaw	Girl	14:24	Howgill Harriers	

Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	63	Archie	Peaker	Boy	07:13	Keighley and Craven AC	1st Boy
2	5	Rowan	Ashworth	Boy	07:18	Ambleside	2nd Boy
3	262	James	Brassington	Boy	07:26	Lancaster & Morecambe AC	3rd Boy
4	24	Ewen	Wilkinson	Boy	07:57	Keighley and Craven AC	
5	13	Ben	Allmond	Boy	07:59	Ambleside	
6	259	Riley	Merryfield	Boy	08:01	Ambleside	
7	100	Toby	Acland	Boy	08:23	Helm Hill	
8	97	Ewan	Black	Boy	08:26	Helm Hill	
9	38	Aaron	Smith	Boy	08:27	Howgill Harriers	
10	171	Jack	Sanderson	Boy	08:30	Settle Harriers	
11	141	Aaran	Revill	Boy	08:49	Helm Hill	
12	106	Olivia	Swarbrick	Girl	08:51	Cumberland Fell Runners	1st Girl
13	3	Lucy	Bagot	Girl	08:56	Settle Harriers	2nd Girl
14	284	Riley	Holt	Boy	08:57	Rosendale Harriers	
15	74	Hester	Metcalfe	Girl	08:59	Ambleside AC	3rd Girl
16	44	Charlotte	Peart	Girl	09:07	Settle Harriers	
17	103	Madeleine	Martindale	Girl	09:12	Helm Hill	
18	137	Thomas	Hearn	Boy	09:23	Helm Hill	
19	48	Jasmine	Bottomley	Girl	09:53	Helm Hill	
20	222	Ethan	MacIntyre	Boy	10:11	Keighley and Craven AC	
21	182	Oliver	Brummitt	Boy	10:14	Settle Harriers	
22	84	Connie-Ma	Scott	Girl	10:29	Kendal AAC	
23	128	Hannah	Dyer	Girl	10:45	Helm Hill	
24	113	Theo	Robinson	Boy	10:47	Howgill Harriers	
25	273	Isaac	Donnini	Boy	11:40	Helm Hill	
26	122	Alicia	Crawford	Girl	11:50	Helm Hill	
27	283	Alexander	Wilson	Boy	12:00	Ambleside AC	

Under 11 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	15	Harvey	Shaw	Boy	07:53	Ambleside	1st Boy
2	66	Blake	Fleming	Boy	08:11	Ambleside AC	2nd Boy
3	21	Joseff	Tancrel	Boy	08:28	Helm Hill	3rd Boy
4	204	Zeke	Sumner	Boy	08:30	Ambleside	
5	6	Tom	Ashworth	Boy	08:31	Ambleside	
6	164	Daisy	Fielding	Girl	08:43	SSRC	1st Girl
7	80	Isabella	Wright	Girl	09:12	Wharfedale Harriers	2nd Girl
8	51	Fraser	Dunn	Boy	09:19	Helm Hill	
9	170	Carl	Sanderson	Boy	09:21	Settle Harriers	
10	104	Will	Brayshaw	Boy	09:25	Helm Hill	
11	260	Joe	Green	Boy	09:33	Ambleside AC	
12	163	Julia	Fielding	Girl	09:39	SSRC	3rd Girl
13	178	Cara	Bradley	Girl	09:45	Ambleside	
14	281	Esme	Walkingshaw	Girl	09:47		
15	282	Ella	Baxter	Girl	09:49	South Yorkshire Orienteers	
16	114	Gus	Campbell	Boy	10:07	Howgill Harriers	
17	47	Jackson	Bottomley	Boy	10:08	Helm Hill	
18	221	William	Gornall	Boy	10:12		
19	140	Brodie	Revill	Boy	10:28	Helm Hill	
20	173	Ella	Stamp	Girl	10:33	Helm Hill	
21	31	Tommy	Brodrick	Boy	10:38	Ambleside	
22	134	Ben	Todhunter	Boy	10:41	Unattached	
23	26	Edward	Shawcross	Boy	10:54	Dallam	
24	135	Ellie	Todhunter	Girl	12:02	Unattached	
25	132	Thomas	Iveson	Boy	12:30	Ambleside AC	
26	68	Poppy	Cater	Girl	12:36	Helm Hill	
27	123	Freddie	Crawford	Boy	13:17	Helm Hill	
28	144	Sadie	Walkingshaw	Girl	13:52	Eden Runners	

Elterwater Common 2019 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1045	Mark	Lamb	Man	22:39	Keswick AC	1st Man
2	956	Matthew	Elkington	Man	22:43	Ambleside AC	2nd Man
3	718	Charlie	Ing	Man	24:07	Calder Valley	3rd Man
4	666	Matthew	Knowles	MU21	24:23	Lancaster & Morecambe AC	1st MU21
5	765	Jack	Wright	Man	24:30	Ambleside	
6	939	Josh	Jardine	Man	24:31	Helm Hill	
7	781	John	Helme	MV40	25:11	Ambleside	1st MV40
8	1053	Tom	Simpson	Man	26:23	Ambleside AC	
9	642	Michael	Gregory	MV40	26:24	Ulverston Triathlon Club	
10	551	Will	Acland	MV40	26:55	Helm Hill	
11	1048	Ashley	Holt	MV40	26:58	Rossendale Harriers	
12	599	Martin	Askew	MU21	27:39	Helm Hill	
13	687	Josh	Murphy	Man	27:44	Black Combe	
14	697	Paul	Reilly	MV40	27:53	Helm Hill	
15	868	Phil	Mather	Man	28:41	Lonsdale	
16	638	Simon	Mounsey	MV40	28:51	Howgill Harriers	
17	535	Brian	Pennington	MV40	28:57	Howgill Harriers	
18	1046	Dan	Duxbury	MV40	29:05	Ambleside AC	
19	767	Tim	Pickering	Man	29:17	Helm Hill	
20	554	Luke	Appleyard	Man	29:43	Wharfedale Harriers	
21	761	Rob	Mortimore	Man	29:44	Helm Hill	
22	518	Rob	Crawford	MV40	29:50	Howgill Harriers	
23	633	Steven	Middleton	MV40	30:00	Howgill Harriers	
24	877	Matthew	Holroyd	MU21	30:31	Settle Harriers	
25	601	Ben	Kirkman	MU21	30:41	Rossendale Harriers	
26	931	John	Bowman	Man	30:47		
27	559	Sean	Robinson	MV40	30:58	Howgill Harriers	
28	591	Joey	Umpleby	MU21	31:21	Kendal AAC	
29	609	Simon	Waller	MV50	31:25	Helm Hill	1st MV50
30	505	Tom	Matthew	MV40	31:27	Bowland	
31	871	Joseph	Hobbs	Man	31:28	Lonsdale	
32	603	Peter	German	Man	31:47	Helm Hill	
33	567	Jacob	Dyer	MV40	31:48	Helm Hill	
34	509	Chris	Green	MV40	32:03	Ambleside AC	
35	596	Alistair	Hearn	MV40	32:16	Helm Hill	
36	843	Simon	Wright	MV50	32:28	Bingley Harriers	
37	507	Andy	Holden	MV50	32:58	Wharfedale Harriers	
38	584	James	Todhunter	Man	33:04	Helm Hill	
39	758	Graham	Beaumont	MV50	33:12	Dallam	
40	861	Roger	Taylor	MV50	33:18	Preston Harriers	
41	520	Alistair	Shawcross	MV40	33:31		
42	1041	Graham	Britton	MV60	33:47		1st MV60
43	889	Ray	Gill	MV50	33:49	Dallam	
44	709	Ronald	Hummelink	MV40	33:57	Lonsdale Fell Runners	
45	580	John	Jones	MV50	34:34	Helm Hill	
46	583	Roger	Aubrey	MV50	34:36	Helm Hill	
47	602	Mick	Kirkman	MV50	34:52	Rossendale Harriers	
48	1050	Andy	Reid	MV60	35:19	Ellenborough	
49	977	David	Appleyard	MV50	35:24	Helm Hill	
50	965	Michael	Jewell	MV60	35:33	Black Combe	
51	692	Bill	Beckett	MV50	35:34	Chorley A&T	
52	512	Jonny	Grisedale	MV40	35:49	Helm Hill	
53	572	Robin	Parsons	MV40	35:52	Elvet Striders	
54	561	Toby	Smith	Man	36:03		
55	1042	Richard	Baxter	MV50	36:23	South Yorkshire Orienteers	
56	579	David	Barnes	MV60	36:24	Horwich RMI Harriers	
57	749	Will	Douthwaite	Man	36:31	Helm Hill	
58	674	Andy	Monk	MV60	36:33	FRA	
59	934	Richard	Simpson	MV60	36:34	Dallam	
60	661	Peter	Singleton	MV60	36:55	Blackpool	

61	1014	Jonathan	Warren	MV40	37:08		
62	759	Phil	Harrington	MV40	37:25	Helm Hill	
63	984	Alan	Miller	MV60	37:28	Kendal AAC	
64	1049	Michael	Richards	MV60	37:32	Helm Hill	
65	853	Jonathan	Gibson	MV50	37:43	Wharfedale Harriers	
66	619	Chris	Lawrence	MV50	38:51	Clayton le Moors	
67	515	Jeremy	Wilkinson	MV50	39:17	Keighley and Craven AC	
68	685	John	Wood	MV40	39:35		
69	646	Mark	Charnley	MV40	40:01	Settle Harriers	
70	610	Michael	McLoughlin	MV60	40:27	Preston Harriers	
71	682	Mike	Binks	Man	40:34	Unattached	
72	540	Richard	Cater	MV40	41:12	Helm Hill	
73	1039	Raj	Madhas	MV50	41:39	Wharfedale Harriers	
74	1051	Phil	Jones	Man	43:28		
75	714	Pete	Coe	MV60	44:15	Helm Hill	
76	787	Ian	Peters	MV60	46:44	Hoad Hill Harriers	
77	691	Scott	Thwaites	Man	49:06		
78	663	George	James	MV70	52:24	Blackpool	1st MV70
79	681	Phil	Kirby	MV60	53:48	Coniston	
DNF	615	Joe	Howard	MV70	DNF	Preston Harriers	

MEN

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1	1045	Mark	Lamb	Man	22:39	Keswick AC	1st Man
2	956	Matthew	Elkington	Man	22:43	Ambleside AC	2nd Man
3	718	Charlie	Ing	Man	24:07	Calder Valley	3rd Man
4	666	Matthew	Knowles	MU21	24:23	Lancaster & Morecambe AC	1st MU21
5	765	Jack	Wright	Man	24:30	Ambleside	
6	939	Josh	Jardine	Man	24:31	Helm Hill	
7	1053	Tom	Simpson	Man	26:23	Ambleside AC	
8	599	Martin	Askew	MU21	27:39	Helm Hill	
9	687	Josh	Murphy	Man	27:44	Black Combe	
10	868	Phil	Mather	Man	28:41	Lonsdale	
11	767	Tim	Pickering	Man	29:17	Helm Hill	
12	554	Luke	Appleyard	Man	29:43	Wharfedale Harriers	
13	761	Rob	Mortimore	Man	29:44	Helm Hill	
14	877	Matthew	Holroyd	MU21	30:31	Settle Harriers	
15	601	Ben	Kirkman	MU21	30:41	Rosendale Harriers	
16	931	John	Bowman	Man	30:47		
17	591	Joey	Umpleby	MU21	31:21	Kendal AAC	
18	871	Joseph	Hobbs	Man	31:28	Lonsdale	
19	603	Peter	German	Man	31:47	Helm Hill	
20	584	James	Todhunter	Man	33:04	Helm Hill	
21	561	Toby	Smith	Man	36:03		
22	749	Will	Douthwaite	Man	36:31	Helm Hill	
23	682	Mike	Binks	Man	40:34	Unattached	
24	1051	Phil	Jones	Man	43:28		
25	691	Scott	Thwaites	Man	49:06		

MEN UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	666	Matthew	Knowles	MU21	24:23	Lancaster & Morecambe AC	1st MU21
2	599	Martin	Askew	MU21	27:39	Helm Hill	
3	877	Matthew	Holroyd	MU21	30:31	Settle Harriers	
4	601	Ben	Kirkman	MU21	30:41	Rosendale Harriers	
5	591	Joey	Umpleby	MU21	31:21	Kendal AAC	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	781	John	Helme	MV40	25:11	Ambleside	1st MV40
2	642	Michael	Gregory	MV40	26:24	Ulverston Triathlon Club	
3	551	Will	Acland	MV40	26:55	Helm Hill	
4	1048	Ashley	Holt	MV40	26:58	Rosendale Harriers	
5	697	Paul	Reilly	MV40	27:53	Helm Hill	
6	638	Simon	Mounsey	MV40	28:51	Howgill Harriers	
7	535	Brian	Pennington	MV40	28:57	Howgill Harriers	
8	1046	Dan	Duxbury	MV40	29:05	Ambleside AC	
9	518	Rob	Crawford	MV40	29:50	Howgill Harriers	
10	633	Steven	Middleton	MV40	30:00	Howgill Harriers	
11	559	Sean	Robinson	MV40	30:58	Howgill Harriers	
12	505	Tom	Matthew	MV40	31:27	Bowland	
13	567	Jacob	Dyer	MV40	31:48	Helm Hill	
14	509	Chris	Green	MV40	32:03	Ambleside AC	
15	596	Alistair	Hearn	MV40	32:16	Helm Hill	
16	520	Alistair	Shawcross	MV40	33:31		
17	709	Ronald	Hummelink	MV40	33:57	Lonsdale Fell Runners	
18	512	Jonny	Grisedale	MV40	35:49	Helm Hill	
19	572	Robin	Parsons	MV40	35:52	Elvet Striders	
20	1014	Jonathan	Warren	MV40	37:08		
21	759	Phil	Harrington	MV40	37:25	Helm Hill	
22	685	John	Wood	MV40	39:35		
23	646	Mark	Charnley	MV40	40:01	Settle Harriers	
24	540	Richard	Cater	MV40	41:12	Helm Hill	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	609	Simon	Waller	MV50	31:25	Helm Hill	1st MV50
2	843	Simon	Wright	MV50	32:28	Bingley Harriers	
3	507	Andy	Holden	MV50	32:58	Wharfedale Harriers	
4	758	Graham	Beaumont	MV50	33:12	Dallam	
5	861	Roger	Taylor	MV50	33:18	Preston Harriers	
6	889	Ray	Gill	MV50	33:49	Dallam	
7	580	John	Jones	MV50	34:34	Helm Hill	
8	583	Roger	Aubrey	MV50	34:36	Helm Hill	
9	602	Mick	Kirkman	MV50	34:52	Rossendale Harriers	
10	977	David	Appleyard	MV50	35:24	Helm Hill	
11	692	Bill	Beckett	MV50	35:34	Chorley A&T	
12	1042	Richard	Baxter	MV50	36:23	South Yorkshire Orienteers	
13	853	Jonathan	Gibson	MV50	37:43	Wharfedale Harriers	
14	619	Chris	Lawrence	MV50	38:51	Clayton le Moors	
15	515	Jeremy	Wilkinson	MV50	39:17	Keighley and Craven AC	
16	1039	Raj	Madhas	MV50	41:39	Wharfedale Harriers	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1041	Graham	Britton	MV60	33:47		1st MV60
2	1050	Andy	Reid	MV60	35:19	Ellenborough	
3	965	Michael	Jewell	MV60	35:33	Black Combe	
4	579	David	Barnes	MV60	36:24	Horwich RMI Harriers	
5	674	Andy	Monk	MV60	36:33	FRA	
6	934	Richard	Simpson	MV60	36:34	Dallam	
7	661	Peter	Singleton	MV60	36:55	Blackpool	
8	984	Alan	Miller	MV60	37:28	Kendal AAC	
9	1049	Michael	Richards	MV60	37:32	Helm Hill	
10	610	Michael	McLoughlin	MV60	40:27	Preston Harriers	
11	714	Pete	Coe	MV60	44:15	Helm Hill	
12	787	Ian	Peters	MV60	46:44	Hoad Hill Harriers	
13	681	Phil	Kirby	MV60	53:48	Coniston	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	663	George	James	MV70	52:24	Blackpool	1st MV70
DNF	615	Joe	Howard	MV70	DNF	Preston Harriers	

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1044	Hannah	Horsburgh	Lady	27:02	Keswick AC	1st Lady
2	566	Bianca	Dyer	LV40	30:44	Helm Hill	2nd Lady/1st LV40
3	1043	Kim	Baxter	LV40	30:52	Dark Peak	3rd Lady
4	1052	Cathy	Gill	Lady	32:12	Tunbridge Wells Harriers	
5	694	Celia	Powell	Lady	32:39		
6	717	Kaisleigh	Atkinson	Lady	33:30		
7	838	Natasha	Geere	LV50	34:08	Spensborough	1st LV50
8	700	Jenny	Lyon	Lady	34:47	Dallam Running Club	
9	546	Jo	Appleby	LV40	36:08	Helm Hill	
10	598	Lorna	Askew	LV40	36:32	Helm Hill	
11	503	Pam	Bagot	LV40	36:59	Settle Harriers	
12	553	Kate	Brayshaw	LV40	37:14	Helm Hill	
13	597	Maria	Hearn	LV40	38:16	Helm Hill	
14	630	Jo	Taylor	LV50	38:25	Bowland FR	
15	1013	Sally	Brassington	LV40	39:22	Lancaster & Morecambe AC	
16	1019	Ellie	Wood	LV40	39:56		
17	586	Eilidh	Miller	LU21	40:44	Broughton Runners	1st LU21
18	1002	Judith	Marshall	LV40	40:57	Settle harriers	
19	847	Denise	Tunstall	LV50	41:06	Durham Fell Runners	
20	592	Jane	Umpleby	LV50	41:14	Unattached	
21	775	Lindsay	Harrod	LV50	41:32	Helm Hill	
22	550	Libby	Dixon	LV40	41:43	Ambleside	
23	539	Jo	Cater	LV40	42:20	Helm Hill	
24	665	Katy	Thompson	LV60	43:41	Clayton le Moors	1st LV60
25	862	Robyn	Anderson	LV40	44:05	Preston Harriers	
26	608	Veronica	Waller	LV40	44:14	Dallam	
27	1047	Lorna	Holt	LV40	46:28	Rosendale Harriers	
28	635	Tyla	Crook	LU21	46:35	Helm Hill	
29	651	Jill	Gates	LV50	47:17	Settle Harriers	
30	779	Elaine	Cowperthwaite	LV50	47:33		
31	1015	Laura	Potter	Lady	47:42		
32	511	Jo	Grisedale	LV40	48:06	Helm Hill	
33	634	Elizabeth	Adams	LV40	49:00	Helm Hill	
34	693	Leanne	Richie	Lady	49:02		
35	526	Wendy	Smith	LV40	49:43	Helm Hill	
36	504	Jo	Matthew	LV40	50:02	Dallam	
37	1040	Lynda	Hargreaves	LV50	54:12	Wharfedale Harriers	
38	810	Sonja	Vietoris	LV50	56:03		

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1044	Hannah	Horsburgh	Lady	27:02	Keswick AC	1st Lady
2	1052	Cathy	Gill	Lady	32:12	Tunbridge Wells Harriers	
3	694	Celia	Powell	Lady	32:39		
4	717	Kaisleigh	Atkinson	Lady	33:30		
5	700	Jenny	Lyon	Lady	34:47	Dallam Running Club	
6	586	Eilidh	Miller	LU21	40:44	Broughton Runners	1st LU21
7	635	Tyla	Crook	LU21	46:35	Helm Hill	
8	1015	Laura	Potter	Lady	47:42		
9	693	Leanne	Richie	Lady	49:02		

LADIES UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	586	Eilidh	Miller	LU21	40:44	Broughton Runners	1st LU21
2	635	Tyla	Crook	LU21	46:35	Helm Hill	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	566	Bianca	Dyer	LV40	30:44	Helm Hill	2nd Lady/1st LV40
2	1043	Kim	Baxter	LV40	30:52	Dark Peak	3rd Lady
3	546	Jo	Appleby	LV40	36:08	Helm Hill	
4	598	Lorna	Askew	LV40	36:32	Helm Hill	
5	503	Pam	Bagot	LV40	36:59	Settle Harriers	
6	553	Kate	Brayshaw	LV40	37:14	Helm Hill	
7	597	Maria	Hearn	LV40	38:16	Helm Hill	
8	1013	Sally	Brassington	LV40	39:22	Lancaster & Morecambe AC	
9	1019	Ellie	Wood	LV40	39:56		
10	1002	Judith	Marshall	LV40	40:57	Settle harriers	
11	550	Libby	Dixon	LV40	41:43	Ambleside	
12	539	Jo	Cater	LV40	42:20	Helm Hill	
13	862	Robyn	Anderson	LV40	44:05	Preston Harriers	
14	608	Veronica	Waller	LV40	44:14	Dallam	
15	1047	Lorna	Holt	LV40	46:28	Rosendale Harriers	
16	511	Jo	Grisedale	LV40	48:06	Helm Hill	
17	634	Elizabeth	Adams	LV40	49:00	Helm Hill	
18	526	Wendy	Smith	LV40	49:43	Helm Hill	
19	504	Jo	Matthew	LV40	50:02	Dallam	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	838	Natasha	Geere	LV50	34:08	Spensorborough	1st LV50
2	630	Jo	Taylor	LV50	38:25	Bowland FR	
3	847	Denise	Tunstall	LV50	41:06	Durham Fell Runners	
4	592	Jane	Umpleby	LV50	41:14	Unattached	
5	775	Lindsay	Harrod	LV50	41:32	Helm Hill	
6	651	Jill	Gates	LV50	47:17	Settle Harriers	
7	779	Elaine	Cowperthwaite	LV50	47:33		
8	1040	Lynda	Hargreaves	LV50	54:12	Wharfedale Harriers	
9	810	Sonja	Vietoris	LV50	56:03		

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	665	Katy	Thompson	LV60	43:41	Clayton le Moors	1st LV60

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	25	Ollie	Sanders	Boy	12:29	Helm Hill	1st Boy
2	158	Jacob	Smith	Boy	13:09	Helm Hill	2nd Boy
3	146	Alfie	Thorpe	Boy	14:04	Broughton Runners	3rd Boy
4	87	Adam	Scott	Boy	14:05	Helm Hill	
5	248	David	Blenman	Boy	14:06	Helm Hill	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	234	Bernadette	Raven	Girl	14:58	Ilkley Harriers	1st Girl
2	73	Emily	Swarbrick	Girl	16:10	Cumberland Fell Runners	2nd Girl
3	188	Holly	Dobson	Girl	16:38	Ambleside AC	3rd Girl
4	161	Ella	Dorrington	Girl	16:39	Clayton le Moors	
5	94	Freya	Richards	Girl	16:45	Helm Hill	

UNDER 15 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	230	Will	Hall	Boy	09:21	Keighley and Craven AC	1st Boy
2	65	Thomas	Brailsford	Boy	09:46	Ambleside	2nd Boy
3	192	Harry	Ewbank	Boy	09:50	Eden Runners	3rd Boy
4	78	Dylan	Cater	Boy	10:23	Helm Hill	
5	39	Christopher	Brown	Boy	10:29	Clayton le Moors	
6	139	Jamie	Waller	Boy	10:40	Dallam	
7	99	Isaac	Robinson	Boy	11:07	Howgill Harriers	
8	81	Thomas	Adams	Boy	11:07	CFR	
9	211	Hal	Saner-Haigh	Boy	11:37	Helm Hill	
10	69	Oliver	Willoughby	Boy	12:01	Helm Hill	
11	96	Toby	Harper	Boy	12:13	Ambleside	
12	90	Nathon	Ritchie	Boy	12:47	Levens Valley AC	
13	16	Finley	Grisedale	Boy	13:37	Helm Hill	
14	274	Reuben	Donnini	Boy	13:56	Helm Hill	

UNDER 15 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	91	Amelie	Lane	Girl	09:47	Wharfedale Harriers	1st Girl
2	20	Megan	Wilkinson	Girl	12:12	Keighley and Craven AC	2nd Girl
3	62	Vicky	Woof	Girl	13:25	Howgill Harriers	3rd Girl
4	143	Beau	Walkingshaw	Girl	14:24	Howgill Harriers	

UNDER 13 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	63	Archie	Peaker	Boy	07:13	Keighley and Craven AC	1st Boy
2	5	Rowan	Ashworth	Boy	07:18	Ambleside	2nd Boy
3	262	James	Brassington	Boy	07:26	Lancaster & Morecambe AC	3rd Boy
4	24	Ewen	Wilkinson	Boy	07:57	Keighley and Craven AC	
5	13	Ben	Allmond	Boy	07:59	Ambleside	
6	259	Riley	Merryfield	Boy	08:01	Ambleside	
7	100	Toby	Acland	Boy	08:23	Helm Hill	
8	97	Ewan	Black	Boy	08:26	Helm Hill	
9	38	Aaron	Smith	Boy	08:27	Howgill Harriers	
10	171	Jack	Sanderson	Boy	08:30	Settle Harriers	
11	141	Aaran	Revill	Boy	08:49	Helm Hill	
12	284	Riley	Holt	Boy	08:57	Rosendale Harriers	
13	137	Thomas	Hearn	Boy	09:23	Helm Hill	
14	222	Ethan	MacIntyre	Boy	10:11	Keighley and Craven AC	
15	182	Oliver	Brummitt	Boy	10:14	Settle Harriers	
16	113	Theo	Robinson	Boy	10:47	Howgill Harriers	
17	273	Isaac	Donnini	Boy	11:40	Helm Hill	
18	283	Alexander	Wilson	Boy	12:00	Ambleside AC	

UNDER 13 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	106	Olivia	Swarbrick	Girl	08:51	Cumberland Fell Runners	1st Girl
2	3	Lucy	Bagot	Girl	08:56	Settle Harriers	2nd Girl
3	74	Hester	Metcalfe	Girl	08:59	Ambleside AC	3rd Girl
4	44	Charlotte	Peart	Girl	09:07	Settle Harriers	
5	103	Madeleine	Martindale	Girl	09:12	Helm Hill	
6	48	Jasmine	Bottomley	Girl	09:53	Helm Hill	
7	84	Connie-Ma	Scott	Girl	10:29	Kendal AAC	
8	128	Hannah	Dyer	Girl	10:45	Helm Hill	
9	122	Alicia	Crawford	Girl	11:50	Helm Hill	

UNDER 11 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	15	Harvey	Shaw	Boy	07:53	Ambleside	1st Boy
2	66	Blake	Fleming	Boy	08:11	Ambleside AC	2nd Boy
3	21	Joseff	Tancrel	Boy	08:28	Helm Hill	3rd Boy
4	204	Zeke	Sumner	Boy	08:30	Ambleside	
5	6	Tom	Ashworth	Boy	08:31	Ambleside	
6	51	Fraser	Dunn	Boy	09:19	Helm Hill	
7	170	Carl	Sanderson	Boy	09:21	Settle Harriers	
8	104	Will	Brayshaw	Boy	09:25	Helm Hill	
9	260	Joe	Green	Boy	09:33	Ambleside AC	
10	114	Gus	Campbell	Boy	10:07	Howgill Harriers	
11	47	Jackson	Bottomley	Boy	10:08	Helm Hill	
12	221	William	Gornall	Boy	10:12		
13	140	Brodie	Revill	Boy	10:28	Helm Hill	
14	31	Tommy	Brodrick	Boy	10:38	Ambleside	
15	134	Ben	Todhunter	Boy	10:41	Unattached	
16	26	Edward	Shawcross	Boy	10:54	Dallam	
17	132	Thomas	Iveson	Boy	12:30	Ambleside AC	
18	123	Freddie	Crawford	Boy	13:17	Helm Hill	

UNDER 11 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	164	Daisy	Fielding	Girl	08:43	SSRC	1st Girl
2	80	Isabella	Wright	Girl	09:12	Wharfedale Harriers	2nd Girl
3	163	Julia	Fielding	Girl	09:39	SSRC	3rd Girl
4	178	Cara	Bradley	Girl	09:45	Ambleside	
5	281	Esme	Walkingshaw	Girl	09:47		
6	282	Ella	Baxter	Girl	09:49	South Yorkshire Orienteers	
7	173	Ella	Stamp	Girl	10:33	Helm Hill	
8	135	Ellie	Todhunter	Girl	12:02	Unattached	
9	68	Poppy	Cater	Girl	12:36	Helm Hill	
10	144	Sadie	Walkingshaw	Girl	13:52	Eden Runners	