

Finish Position	Runners Name	Club	Category	Time	Race Number
1	Brennan Townsend	Keswick AC	MSEN	1.01.10	139
2	Steven Hebblethwaite	Keswick AC	MSEN	1.03.58	61
3	Nathan Lawson	Dark Peak	MU23	1.04.09	110
4	Josh Jardine	Helm Hill Runners	MU23	1.05.09	164
5	Josh Williams	Dark Peak	MSEN	1.05.28	59
6	Rob Brown	Keswick AC	MSEN	1.05.41	84
7	Garry Greenhow	Ambleside	MSEN	1.06.14	55
8	Tobias Barthelmas	Keswick AC	MU21	1.08.05	126
9	Rob Fielding	Sedbergh School	M40	1.08.55	10
10	Jack Eyre	Eden Runners	MSEN	1.09.15	8
11	Jim Davies	Borrowdale	M50	1.09.16	135
12	Sandy Lockett	Bowland	MSEN	1.09.38	113
13	Charlie Lowther	Eden Runners	M40	1.10.15	133
14	Simon Gray	U/A	MSEN	1.10.28	171
15	Pete Rigby	Helm Hill Runners	MSEN	1.11.09	168
16	Richard Anderson	U/A	MSEN	1.11.18	157
17	Joe Kenny	Helm Hill Runners	MSEN	1.12.04	23
18	David Birch	Keswick AC	M50	1.12.13	42
19	Tim Cowin	Helm Hill Runners	M45	1.12.26	53
20	Alex Roberts	Ellenborough AC	MSEN	1.12.56	121
21	Kelli Roberts	Helm Hill Runners	WSEN	1.13.11	169
22	Michael Parkin	Eden Runners	MSEN	1.13.25	72
23	Phil Winskill	Keswick AC	M40	1.13.35	132
24	Tom Cringle	Manx Fell Runners	MSEN	1.13.38	21
25	Nichola Jackson	Ribble Vally Harriers	WSEN	1.14.10	88
26	Adam Jackson	Northern Fells	M45	1.14.11	105
27	Steve Jacques	U/A	M40	1.14.14	20
28	Ben Bardsley	Borrowdale	M45	1.14.30	66
29	Ben Grayson	Greystoke Harriers	MSEN	1.14.40	179
30	Steve Birkinshaw	Borrowdale	M50	1.15.09	147
31	Archie Grant	U/A	MU21	1.15.40	47
32	Huw Jack Brassington	Derwent Ac	MSEN	1.15.52	176
33	Kim Collison	Borrowdale	MSEN	1.16.16	7
34	Andy Thompson	Helm Hill Runners	MSEN	1.16.17	96
35	James Howarth	Keswick AC	M45	1.16.31	156
36	Sam Harrison	Bowland	MSEN	1.16.41	114
37	Tim Irlam	Cumberland AC	MSEN	1.16.49	70
38	Will Carter	U/A	MU21	1.16.54	175
39	Nick Barraclough	U/A	M50	1.17.32	89
40	Ian Handscomb	U/A	MSEN	1.17.33	85
41	Sophie Noon	Cumberland Fell Runners	WSEN	1.17.36	56
42	Andy Blackett	Durham Fell Runners	MSEN	1.17.39	155
43	Charlie Stead	Northern Fells	M45	1.17.52	77
44	Phil Metcalf	Borrowdale	M45	1.18.08	138
45	Beth Hanson	Ambleside	WU23	1.18.12	58

46	Lou Roberts	Ambleside	W45	1.18.35	104
47	Martin Wilson	Durham Fell Runners	MSEN	1.18.49	153
48	Steve Angus	Keswick AC	M50	1.19.01	2
49	Keith Melvin	U/A	MSEN	1.19.32	141
50	David Griffin	Helm Hill Runners	M55	1.19.53	14
51	Garry Beardwood	Helm Hill Runners	M45	1.19.55	75
52	Jim Tyson	Ambleside	M45	1.20.02	64
53	Philip Person	Northern Fells	M55	1.20.13	54
54	Arran Horne	Northern Fells	MU21	1.20.50	145
55	John Millen	Black Combe Runners	M45	1.21.20	129
56	Adam Oliver	Helm Hill Runners	M40	1.21.22	60
57	Steve Bennett	U/A	M50	1.21.23	39
58	Mike Harrison	Cumberland Fell Runners	M45	1.21.24	91
59	Stephen Smithies	Calder Valley	M50	1.22.47	5
60	Corrine Watson	U/A	w45	1.23.04	101
61	Roger Laylock	Settle Harriers	M60	1.23.12	81
62	Paul Wilson	Northern Fells	M40	1.23.18	67
63	Jenny Rice	Helm Hill Runners	WSEN	1.23.21	170
64	Peter German	Helm Hill Runners	MSEN	1.23.35	48
65	Ali Dixon	U/A	WSEN	1.23.50	174
66	Matt Bond	Sale Harriers	MSEN	1.24.29	82
67	Calvin Routledge	Ambleside	M50	1.24.36	161
68	Wayne Croasdell	Eden Runners	MSEN	1.24.41	79
69	Mark Webster	Keswick AC	M50	1.25.02	31
70	James Williamson	Clayton le moors	MSEN	1.25.04	13
71	Paul Jennings	Cumberland Fell Runners	M50	1.25.08	100
72	Stephen Bark	Lincoln + district	M45	1.25.35	17
73	Richard Mauin	U/A	M55	1.25.41	26
74	Giles Hawking	York Knavesmire Harriers	M45	1.25.51	127
75	Johnathan Dale	Hartfell Hill Runners	M50	1.26.15	16
76	Janie Oates	Helm Hill Runners	WSEN	1.26.17	162
77	Peter warmsley	Cumberland Fell Runners	MU23	1.26.21	99
78	David Banks	Kendal	M55	1.26.30	35
79	Ewan Murgatroyd	Solway	MU23	1.26.47	159
80	Kenny Short	Teviot Dale	M50	1.27.05	115
81	Jon Waller	Penistone FR + AC	MSEN	1.27.15	62
82	Jon Lamley	Northern Fells	M45	1.27.26	80
83	Emma Richardson	Rosendale	WSEN	1.27.28	180
84	Paul Knowles	Ambleside	M50	1.27.29	65
85	Nathan Swainbank	Keswick AC	MSEN	1.27.44	24
86	Sean Ruane	Eden Runners	M45	1.27.50	1
87	Sean Robinson	Howgill Harriers	M40	1.27.55	142
88	Geoff Davis	Northumberland Fell Runners	M60	1.28.11	27
89	Jevan Roberston	Tyne Bridge Harriers	MU23	1.28.20	78
90	Andrew Webster	Solway	M45	1.28.26	12
91	Richard Timms	Settle Harriers	M50	1.28.30	41
92	Matthew Tyson	DH Runners	MSEN	1.28.32	44

93	Craig Malcolmson	Hartfell Hill Runners	M55	1.28.40	15
94	Tim Slater	Eden Runners	MSEN	1.28.43	4
95	Dominic Arnold	Northern Fells	MSEN	1.28.47	22
95	Simon Gora	Garstang RC	MSEN	1.28.57	143
96	Mac Findlay	U/A	MSEN	1.28.48	167
98	Simon Mortlock	Dumfries	M55	1.29.02	95
99	Abi Johnson	Eden Runners	WSEN	1.29.09	128
100	James Martin	U/A	MU23	1.29.14	50
101	Lucy Stobbart	Cumberland	WSEN	1.29.16	120
102	Peter Crompton	Cumberland Fell Runners	M60	1.29.35	94
103	Dan Robinson	U/A	MSEN	1.29.41	125
104	Georgie Stevens	Helm Hill Runners	WU23	1.29.42	163
105	Alison Banford	Hartfell Hill Runners	W40	1.29.45	148
106	Daren Parker	Cumberland Fell Runners	M50	1.29.52	90
107	Mark Cuthberts	Ochill Hill Runners	M45	1.30.16	11
108	Alan Barr	Howgill Harriers	M45	1.30.19	87
109	Matt Lovett	Poplar RC	M45	1.30.22	98
110	Martin Hollamby	Peel Road Runners	MSEN	1.30.26	36
111	Sean Pollen	Cumberland Fell Runners	MSEN	1.30.36	134
112	Jack Waterhouse	U/A	MSEN	1.30.43	33
113	Richard Davey	Cumberland Fell Runners	MSEN	1.31.14	149
114	Steve Wathall	Black Combe Runners	M60	1.31.23	173
115	Martin Farnsworth	Durham Fell Runners	MSEN	1.31.35	160
116	Gregory Relph	U/A	MSEN	1.31.43	177
117	Michelle Foxwell	Ambleside	W40	1.31.51	29
118	Jenny Lee	Northern Fells	W40	1.32.13	32
119	Richard Gordon	U/A	M45	1.32.17	71
120	Frank Hewer	CAC	M45	1.32.33	106
121	Ray Gill	Dalam	M55	1.32.45	116
122	Claire Wilson	Helm Hill Runners	MSEN	1.33.13	165
123	Matthew Kingston	Tring RC	MSEN	1.33.15	102
124	Michael Toman	Accrington Road Runners	M50	1.33.16	6
125	Meghan McCarthy	Durham Fell Runners	WSEN	1.33.23	154
126	johny Rastooaa	Eden Runners	MSEN	1.34.14	57
127	Les Barker	Cumberland Fell Runners	M50	1.34.19	92
128	Paul Tomason	Cumberland AC	M40	1.34.27	112
129	Lucy Burnett	Keswick AC	W40	1.34.43	52
130	Andy Ross	Northern Fells	M50	1.34.57	68
131	Adam McGinley	DH Runners	MSEN	1.35.10	37
132	Sarah Eilbeck	U/A	WSEN	1.35.16	51
133	Trevor Symonds	Northern Fells	M60	1.35.26	3
134	Sam Healy	North York Moors	M40	1.35.28	144
135	Fiona Buchan	U/A	WSEN	1.35.36	137
136	Jon Richardson	Rosendale	M40	1.35.49	178
137	Jann Smith	Ilkley Harriers	W50	1.36.03	19
138	Ekaterina Crocker	Keswick AC	WSEN	1.36.26	140
139	David Gibson	Esk Valley Fell Club	M40	1.37.00	38

140	Simon Humphries	U/A	M50	1.37.12	123
141	Mark Wise	Cumberland Fell Runners	M55	1.37.21	83
142	Dan Wilson	Cumberland AC	MSEN	1.37.32	130
143	Alan Macdonald	Moorfoot Runners	M55	1.37.43	30
144	John Williams	Eden Runners	M45	1.37.46	93
145	John Leech	Dalam	M55	1.38.25	131
146	Carolyn Millican	Border Harriers	WSEN	1.38.40	45
147	Daniel Grose	Ambleside	M50	1.38.52	40
148	Allan Miller	Kendal	M60	1.39.21	119
149	Rob Crawford	Howgill Harriers	M40	1.39.39	181
150	Martin Penrice	Northern Fells	M60	1.40.40	34
151	Mhairi Helme	Helm Hill Runners	W40	1.41.47	172
152	Steven Breeze	Cumberland Fell Runners	M45	1.42.15	166
153	James Grinburgs	Eden Runners	M40	1.43.42	117
154	Helen Mauin	U/A	W50	1.44.20	28
155	Michael Sandeland	Cumberland AC	M45	1.44.38	107
156	Andrew Fleck	Sedbergh School	M55	1.44.43	63
157	Oliver Barker	U/A	MSEN	1.45.08	122
158	Tom Robinson	U/A	MSEN	1.45.31	108
159	John Horne	Northern Fells	M55	1.46.23	146
160	Andrew Ridgeway	Cumberland Fell Runners	M50	1.47.10	73
161	Nick Moore	Cumberland Fell Runners	M60	1.47.42	97
162	Lindsay Buck	Cumberland Fell Runners	W55	1.48.05	9
163	John Carman	Trawden Ac	M65	1.48.07	25
164	Susan Fawkes	DH Runners	WSEN	1.48.51	118
165	Graham Watson	Cumberland Fell Runners	M55	1.49.08	136
166	Beverly Smith	Cumberland Fell Runners	WSEN	1.50.16	86
167	Nicholas Downs	Cumberland AC	M40	1.50.20	124
168	jenny Russell	Northern Fells	W45	1.50.41	46
169	Ron Brown	U/A	MSEN	1.50.49	69
170	Denise Tunstall	Durham Fell Runners	W55	1.52.44	43
171	Mark Bentele	Lancaster and Morcombe	MSEN	1.52.50	109
172	Tim Coburn	Keswick AC	M60	1.53.7	158
173	Samuel Kellet	Lancaster and Morcombe	MSEN	1.55.17	103
174	Jack King	Cumberland Fell Runners	M70	2.03.16	76
175	Paul Davison	Howgill Harriers	MSEN	2.05.22	111
176	Richard Tait	Ambleside	M65	2.06.23	152
177	Karen Goodyear	Ambleside	W60	2.06.23	150
178	Philip Hawley	Cumberland Fell Runners	M65	2.12.48	74
179	John Pollard	Glossopdale Harriers	M65	2.19.11	18
	Dean Porthouse	Netherhall AC	M45	DNF	49