

Actual Position	Name	Club	Category	Actual Time
1	Chris Arthur	Bowland	Msen	00:39:10
2	Alastair Thomas	Keswick	MU21	00:43:05
3	Zac Hudd	Keswick	MU21	00:46:12
4	Tobias Barthelmes	Keswick	MU21	00:46:16
5	Paul Johnson	CFR	M40	00:47:56
6	Peter Kemp	Ellenborough	M40	00:48:02
8	Jamie Rennie	WCOC	M45	00:48:48
9	Ryan Parker	CFR	Msen	00:48:59
10	Mike Bethwaite	Ellenborough	M45	00:49:00
7	Mark Fussell	CFR	Msen	00:49:56
11	Joe Hudd	WCOC	MU21	00:50:56
12	Graeme Fox	Ellenborough	M40	00:51:22
15	Neil Atkinson	CFR	M45	00:52:17
16	Niamh Hunter	Keswick	WU21	00:52:25
17	Darren Wylie	EAC	Msen	00:53:09
18	Charlie Carney	U/A	M45	00:53:20
14	Tim Jackson	Eden	Msen	00:53:35
19	Robert Smith	West Cumbria Tri	M40	00:53:39
20	Ben Breeze	CFR	MU21	00:54:52
22	Rob Oliver	CFR	M45	00:55:02
21	David Atkinson	CFR	M50	00:55:16
13	Andy Reid	Ellenborough	M60	00:55:30
23	Chris Fleming-Williams	U/A	M45	00:55:33
24	Paul Mason	CFR	M60	00:56:13
25	Paul Jennings	CFR	M50	00:56:30
26	Paul Cullen	U/A	M55	00:57:44
27	Chris Draper	CFR	Msen	00:57:52
27	Matthew Wilson	U/A	Msen	00:57:52
29	John Skelton	U/A	M40	00:58:47
39	Jenny Chatterley	CFR	W45	00:59:01
30	Steven Breeze	CFR	M45	01:00:55
31	Rachael Eaton	CFR	Wsen	01:01:22
32	Anita Barker	CFR	W45	01:01:42
33	Nicholas Downes	Cumberland AC	M40	01:03:43
34	Amanda Graham	CFR	W45	01:04:01
35	Billy Stobbart	Cumberland AC	Msen	01:05:58
36	Ian Grimshaw	CFR	M55	01:06:08
37	Anna Blackburn	CFR	W55	01:06:30
37	Nick Moore	CFR	M55	01:06:30
40	John Bacon	CFR	M60	01:07:53
41	Charlotte Akam	CFR	Wsen	01:08:03
42	Rob Sanders	Black Combe	M60	01:09:09
43	Lindsay Buck	CFR	W55	01:10:37

44	Phil	Hawley	CFR	M65	01:13:04
45	Dot	Patton	CFR	W60	01:16:03
46	Barry	Johnson	CFR	M75	01:28:15