



Supported by Different Strokes

## Scout Scar - Results 7 January 2018

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	259	Phil	Marsden	Man	27:26	Horwich Harriers	1st Man
2	164	James	Hall	Man	27:52	Wharfedale	2nd Man
3	4	Michael	Ainsworth	Man	28:01	Helm Hill	3rd Man
4	221	Jack	Wright	Man	28:07	Ambleside	
5	244	Adam	Perry	Man	28:27	Helm Hill	
6	222	Jonny	Malley	Man	28:35	Ambleside	
7	54	Michael	Barron	Man	28:39	Ambleside AC	
8	29	Jon	Rylance	MV40	29:10	Ambleside AC	1st MV40
9	59	Joshua	Jardine	Man	29:18	Helm Hill	
10	51	Tom	Addison	Man	29:21	Helm Hill	
11	108	Joshua	Liddle	MU21	29:31	Eden Runners	1st MU21
12	94	Oliver	Heaton	Man	29:41	Preston Harriers	
13	191	Duncan	Birtwhistle	Man	29:46	Unattached	
14	248	Tim	Cowin	MV40	29:52	Helm Hill	
15	91	Ben	Procter	Man	29:59	Helm Hill Runners	
16	196	Doug	Love	Man	30:09	Bowland	
17	260	Laurie	Kearsey	Man	30:18	Helm Hill	
18	99	Phil	Mather	Man	30:21	Lonsdale	
19	211	Philip	Withnall	Man	30:25	Lonsdale Fell Runners	
20	185	Jacob	Aubrey	MU21	30:51	Helm Hill Runners	
21	30	Brian	Pennington	MV40	30:57	Howgill Harriers	
22	209	Joseph	Conner	MU21	31:05	Helm Hill	
23	172	Paul	Reilly	MV40	31:08	Helm hill	
24	90	William	Sisson	Man	31:13	Kendal AAC	
25	162	Tom	Simpson	Man	31:29	Unattached	
26	256	Richard	Stevens	MV40	31:31	Ambleside Ac	
27	143	Lewis	Bowness	MU21	31:34	Helm Hill	
28	31	James	Graham	MV40	31:35	Ambleside	
29	74	Rick	Stuart	MV50	31:38	Helm Hill Runners	1st MV50
30	87	Scott	Umpleby	MV50	31:46	Kendal AAC	
31	240	Michael	Dugdale	MU21	31:59	Helm Hill Runners	
32	95	Jonathon	Lowther	Man	32:01	Helm Hill	
33	200	Alastair	Dunn	MV40	32:10	Helm Hill	
34	253	Jack	Simpson	Man	32:11	Helm Hill	
35	60	Garry	Beardwood	MV40	32:16	Helm Hill	
36	139	Calvin	Routledge	MV40	32:21	Ambleside	
37	24	Craig	Burrow	MV40	32:46	Hel Hill Runners	
38	49	Jacob	Dyer	MV40	32:47	Helm Hill	
39	32	Stuart	Dickson	MV40	32:48	Ambleside AC	
40	225	Kelli	Roberts	Lady	32:55	U/A	1st Lady
41	224	Mike	Berners-Lee	MV50	32:57	Unattached	
42	36	Joe	Todd	MV40	32:58	Kendal	
43	123	Theo	Johnson	Man	33:00	Unattached	
44	115	Matt	Wilson	MV40	33:02	Kendal AC	
45	69	Tim	Thom	MV50	33:05	KCAC	
46	1138	David	Goadby	Man	33:08	Helm Hill	
47	135	Carl	Pawson	MV40	33:09	Barlick Fell Runners	
48	56	Andy	Wilkin	Man	33:12	Unattached	
49	137	Richard	Wilson	Man	33:13	Kendal	
50	26	Daniel	Malcolm	MV40	33:15	Helm Hill	
51	207	Ross	Jenkin	Man	33:17	Howgill harriers	
52	50	Rob	Harper	MV40	33:19	Ambleside	
53	116	Steven	Procter	Man	33:24	Settle Harriers	

54	73	Rod	Scott	MV40	33:27		
55	46	Sam	Brummitt	MV40	33:29	Settle Harriers	
56	187	Peter	Lawson	Man	33:32		
57	47	Will	Acland	MV40	33:41	Helm Hill	
58	10	Jake	Lowther	Man	33:48	Helm Hill	
59	171	Jim	Andrews	MV50	33:51	Helm Hill	
60	71	Sean	Robinson	Man	33:55	Howgill Harriers	
61	61	Wayne	Dunn	Man	34:08	Settle Harriers	
62	77	Rob	Crawford	MV40	34:16	HOWGILL HARRIERS	
63	217	Robert	Moffat	Man	34:24	Howgill Harriers	
64	129	Adrian	Beckwith	Man	34:26	Howgill Harriers	
65	228	Peter	Rigby	Man	34:33	Unattached	
66	45	James	Baron	MV50	34:37	Helm Hill	
67	16	Graham	Schofield	MV60	34:44	Horwich RMI Harriers	1st MV60
68	117	Simon	Fox	MV50	34:45	Darwen Dashers	
69	146	Martin	Askew	MU21	34:49	Helm Hill	
70	188	Jonny	Marchant	MV40	34:50	Helm Hill Runners	
71	84	Tom	Smith	MV50	34:52	Bowland	
72	237	James	Todhunter	Man	34:54	Helm Hill	
73	25	Tom	Matthew	MV40	34:54	Bowland	
74	127	John	Rainford	MV50	34:56	Preston Harriers	
75	23	Imogen	Burrow	LU21	34:59	Helm hill	2nd Lady/1st L
76	98	Rowan	Wood	Man	35:10	Lonsdale	
77	177	David	Griffin	MV50	35:12	Dallam	
78	128	James	Coulthard	MV40	35:16	Howgill Harriers	
79	183	Ben	Whitham	Man	35:17	U/A	
80	79	Jake	Cooper	MU21	35:19	Leven Valley	
81	112	David	Houlsworth	MV60	35:23	Unattached	
82	219	Clare	Nance	Lady	35:24	Lonsdale	3rd Lady
83	192	Brian	Thompson	MV60	35:28	Helm Hill	
84	234	Justin	Evans	Man	35:30	Helm Hill	
85	157	Danny	Seddon-Roberts	Man	35:32	FRA	
86	145	Anthony	Bowness	MV40	35:34	Kendal AC	
87	53	Steven	Middleton	MV40	35:35	Howgill Harriers	
88	263	Tim	Pickering	Man	35:36	Helm Hill	
89	5	Shaun	Addison	MV50	35:37	Helm Hill	
90	212	Paul	Tynan	MV50	35:40	Lonsdale	
91	136	Declan	Bulmer	Man	35:42	Wharfedale	
92	27	Jason	Edmondson	MV40	35:43	Ambleside	
93	140	John	Jones	MV50	35:44	Kendal AAC	
94	218	Paul	Macfarlane	MV40	35:45	Helm Hill	
95	261	Emma	Johnston	Lady	35:47	Helm Hill Runners	
96	131	John	Robson	MV50	35:48	Helm Hill	
97	42	Andy	Holden	MV50	35:56	Wharfedale Harriers	
98	174	Alistair	Hearn	MV40	36:03	Helm Hill	
99	1139	Paul	Turner	MV40	36:05	Helm Hill Runners	
100	67	Jack	Holt	MV60	36:10	Clayton le Moors	
101	124	Stuart	Roberts	MV40	36:13	Unattached	
102	206	Graham	Lubb	MV50	36:26	Unattached	
103	142	Michael	Toman	MV50	36:27	Rosendale Harriers	
104	126	Chris	Downham	Man	36:31	Unattached	
105	223	Simon	Waller	MV40	36:33	Helm Hill	
106	257	Justin	Dixon	Man	36:36	kendal tri club	
107	48	Bianca	Dyer	LV40	36:38	Helm Hill	1st LV40
108	100	Ellie	Maddocks	Lady	36:39	Lonsdale	
109	9	Philip	Rigby	MV50	36:45	Helm Hill	
110	130	Amy	Slattery	LU21	36:47	Helm Hill	
111	195	Nina	Walkingshaw	LV40	36:50	Howgill Harriers	
112	159	Leigh	Warburton	MV60	36:53	Bowland Fell Runners	
113	13	Gareth	Davies	Man	36:56	Darwen dashers	
114	86	Joey	Umpleby	MU21	36:57	Kendal AAC	
115	147	Matt	Bourne	MV40	37:19	Bowland Fell Runners	

116	220	Richard	Smith	Man	37:25	Helm Hill	
117	241	Paul	Dugdale	MV50	37:30	Helm Hill Runners	
118	85	Ian	Hutchinson	MV50	37:31	Bowland Fell Runners	
119	257	Justin	Dixon	Man	37:33	kendal tri club	
120	203	Toby	Johnson	MV40	37:36	Helm Hill Runners	
121	17	Ali	Richards	LV40	37:39	Helm Hill Runners	
122	89	Dave	Kershaw	MV60	37:40	Chorley athletic and tri	
123	197	Joanna	Rycroft	Lady	37:43	Unattached	
124	205	Ronald	Hummelink	Man	37:44	Lonsdale fell runners	
125	190	Nick	Oddy	MV40	37:51	Skipton	
126	110	William	Coupe	MV50	38:01	Helm Hill	
127	258	Mark	Dixon	MV40	38:03	kendal tri club	
128	122	Martin	Ramsay	MV50	30:05	Helm Hill	
129	265	Graeme	Stott	MV40	38:10	Howgill Harriers	
130	236	Lucie	Todhunter	Lady	38:19	U/A	
131	88	Steven	Roberts	MV40	38:20	Kendal	
132	235	Tyrone	Lewis	MV50	38:24	Dallam	
133	163	Chris	Schofield	MV50	38:27	Helm Hill	
134	62	David	Appleyard	MV50	38:35	Helm Hill	
135	184	Roger	Aubrey	MV50	38:43	Helm Hill Runners	
136	252	Rachel	Simpson	Lady	38:45	Helm hill	
137	40	Jonny	Grisedale	MV40	38:46	Helm Hill	
138	199	Philippe	Jumeau	MV50	38:48	Unattached	
139	232	Andy	Bryan	MV40	38:49	Dallam	
140	6	David	Barnes	MV60	38:50	Horwich	
141	12	Tim	Murray	MV50	38:56	Helm Hill	
142	165	Bridget	Glaister	LV40	39:00	Parbold Pink Panthers	
143	189	Debbie	Copley	LV50	39:04	Dallam	1st LV50
144	210	John	Tombs	MV40	39:11	Eden	
145	35	Craig	Peart	Man	39:16	LMAC	
146	111	Mike	Walsh	MV60	39:41	Kendal AAC	
147	19	Spencer	Samson	MV50	39:47	Kendal AC	
148	152	Mark	Taylor	Man	39:50	Clayton le Moors	
149	215	Philip	Harrington	MV40	39:51	Helm Hill	
150	243	Andrew	Russell	MV50	39:53	Helm Hill Runners	
151	57	Ryan	Smith	Man	39:55	Unattached	
152	105	Paul	Corkill	Man	39:56	Levens Valley AC	
153	204	Gary	Lane	MV40	40:05	Howgill Harriers	
154	150	Darren	Woodhams	MV40	40:08	N/a	
155	194	Dominic	Merchant	Man	40:16	Helm Hill	
156	75	Andy	Mingay	Man	40:18	Eden Runners	
157	8	Jayne	Rigby	LV40	40:22	helm hill	
158	78	Peter	Bascombe	MV40	40:28	Bowness Badminton	
159	226	Allison	Daly	LV40	40:31	Kendal	
160	169	David	Hollingham	MV50	40:33	Kendal Tri Club	
161	106	Peter	Singleton	MV60	40:35	Blackpool	
162	178	Caroline	Lambert	LV40	40:37		
163	160	David	Burton	MV50	40:39	Keswick AC	
164	109	Stephen	Armstrong	MV50	40:42	Unattached	
165	167	Mark	Glater	MV50	40:49	Skelmersdale	
166	76	Heather	Eccles	Lady	40:52	Eden Runners	
167	44	Sam	Gibbs	MV40	40:55	Helm Hill	
168	233	Joanne	Mcleod	LV50	40:57	Barrow and Furness Striders AC	
169	144	Mike	Addison	MV50	41:01	Unattached	
170	22	Jacqueline	Nowell	LV50	41:06	Kendal	
171	138	Mike	Woodbridge	MV50	41:08	Dallam	
172	38	Jeremy	Wilkinson	MV40	41:10	KCAC	
173	1140	Tony	Shepherd	MV50	41:14	Wharfedale Harriers	
174	170	Nial	Johnston	MV50	41:16	Unattached	
175	255	Chris	Buxton	MV50	41:25	LOC	
176	168	Claire	Farrington	Lady	41:46	Unattached	
177	119	Mark	Charnley	MV40	41:59	Settle Harries	

178	148	John	Graham	MV50	42:05	Bowland Fell Runners	
179	63	Erica	Evans	Lady	42:09	Unattached	
180	264	Anne Marie	Swallow	LV40	42:11	Unattached	
181	213	Mark	Walker	MV50	42:12	Kendal AAC	
182	141	Lorna	Askew	LV40	42:15	Helm Hill	
183	179	Wendy	Dodds	LV60	42:17	Clayton Le Moors Harriers	1st LV60
184	176	Tosh	Shepherd	Man	42:18	Unattached	
185	33	Leah	Albion	LU21	42:22	Broughton	
186	18	Helen	Samson	LV40	42:26	Helm Hill Runners	
187	156	Andy	Dickson	MV50	42:38	Coniston	
188	34	Joanne	Pennington	LV40	42:45	Kendal AAC	
189	201	Katie	Palmer	LV40	43:01	Helm Hill	
190	52	Michelle	Middleton	Lady	43:05	Howgill Harriers	
191	149	Rachel	Slattery	LV40	43:10	Helm Hill	
192	102	Jo	Taylor	LV50	43:14	Bowland FR	
193	65	Katherine	France	LV40	43:19	Helm Hill	
194	70	Sam	Thom	MU21	43:22	KCAC	
195	20	Kat	Evans	Lady	43:27	Ambleside	
196	231	Victoria	Upton	Lady	43:33	Helm Hill Runners	
197	14	Claire	Hardy	Lady	43:37	Darwen dashers	
198	28	Niki	Rylance	LV40	43:42	Ambleside AC	
199	173	Michael	McLoughlin	MV60	43:43	Preston Harriers	
200	193	Daniel	Rayson	MV40	43:50		
201	247	Alan	Miller	MV60	43:53	Kendal	
202	208	Lucy	Johnson	LV40	44:08	Helm Hill	
203	103	John	Taylor	MV60	44:14	Bowland FR	
204	161	Libby	Dixon	LV40	44:16	Ambleside	
205	64	Kate	Brayshaw	LV40	44:17	Helm Hill	
206	55	Barry	Scholes	MV60	44:20	Settle Harriers	
207	181	Amy	McGowan	Lady	44:23	Helm Hill Runners	
208	250	David	Cowperthwaite	MV50	44:28	N/A	
209	186	Liz	McNally	LV40	44:31	Leven Valley	
210	216	Jackie	Chapman	LV50	44:33	LOC	
211	11	Sarah	Senior	LV50	44:35	Helm Hill	
212	39	Joanne	Grisedale	LV40	44:39	Helm Hill	
213	242	Richard	Simpson	MV60	44:48	Dallam	
214	96	Helen	Barker	LV40	45:01	Kendal AAC	
215	121	Gill	Ramsay	LV50	45:05	Helm Hill	
216	175	Al	Bradley	MV40	45:06	Ambleside	
217	97	Mike	Binks	Man	45:10	Unattached	
218	81	Meredith	Revill	Lady	45:12	Helm Hill	
219	118	Katy	Thompson	LV60	45:17	Clayton le Moors	
220	80	Georgia	Cooper	LU21	45:21	Leven Valley	
221	230	Ian	Peters	MV60	45:30	Glaxo	
222	229	Jo	Rodham	Lady	45:31	Unattached	
223	246	John	Hodgson	MV70	45:35	Dallam	1st MV70
224	245	Patty	Davies	LV50	45:43	Helm Hill	
225	214	Jane	Latham	LV40	45:49	Unattached	
226	58	Anastasia	Winder	Lady	45:53	Leven Valley	
227	158	Paula	Bowen	LV40	45:54	Ambleside	
228	132	Robin	Haywood	MV40	45:57	Howgill Harriers	
229	41	Lynn	Whittaker	LV50	46:06	Wharfedale Harriers	
230	151	Gordon	Thompson	MV50	46:16	Preston Harriers	
231	182	Hazel	Pearson	LV50	46:29	Helm Hill	
232	72	Zoe	Robinson	Lady	46:34	Howgill Harriers	
233	37	Jo	Cater	Lady	46:39	Helm Hill	
234	180	Grant	Remington	Man	46:53	Unattached	
235	249	Elaine	Cowperthwaite	LV40	47:00	N/A	
236	166	Nicola	Johnston	LV40	47:36	Parbold Pink Panthers	
237	113	Ian	Oakey	MV40	47:46	Settle Harriers	
238	262	Lindsay	Harrod	LV50	47:59	Helm Hill Runners	
239	3	May	Crawford	Lady	48:12	Helm Hill	

240	202	Greg	Oulton	MV50	48:45	Lytham	
241	68	Pam	Bagot	LV40	48:54	Settle	
242	133	Gareth	Bradburn-Sims	MV40	49:38	Howgill Harriers	
243	153	Steven	Roberts	MV50	49:54	Unattached	
244	227	Luke	Harding	Man	50:02	Kendal Tri Club	
245	114	Peta	Rowand	LV40	50:12	Ambleside	
246	134	Kellie	Bradburn-Sims	LV40	51:33	Howgill Harriers	
247	83	Rebecca	Atkinson	Lady	51:42		
248	93	Jill	Gates	LV50	53:26	Settle Harriers	
249	66	Philip	Corris	MV60	53:29	Lancashire Constabulary	
250	155	Miriam	Rosen	LV60	53:32	Lancaster & Morecambe AC	
251	198	Richard	Handford	MV60	54:34	Settle Harriers	
252	7	Anna	Stevens	LV40	54:42	Helm hill	
253	239	Rachel	Taylor	Lady	54:46	Unattached	
254	238	Jack	Taylor	Man	54:47	Unattached	
255	82	Graham	Breeze	MV70	54:50	Wharfedale Harriers	
256	104	Alan	Smaly	MV60	55:15	Blackpool	
257	107	Bernard	Singleton	MV60	55:16	Blackpool	
258	2	Wendy	Smith	LV40	56:38	Helm Hill	
259	125	Mark	Birbeck	MV50	57:07	Achille Ratti	
260	120	Philip	Kirkby	MV60	57:51	Coniston	
261	92	James	Robinson	MV60	58:12	Red Rose Road Runners	
262	43	Becky	Gibby	LV40	1:00:15	Helm Hill	
263	21	Bob	Gibbs	MV60	1:00:16	LOC	
264	101	George	James	MV70	1:00:27	Blackpool	
265	15	Denis	Wood	MV70	1:03:04	Borrowdale	
266	154	David	Rosen	MV60	1:03:45	Lancaster & Morecambe AC	
267	254	Marie	Robson	LV50	1:03:48	Helm Hill	

### Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1064	Daniel	Sanderson	Boy	17:36	Ambleside	1st Boy
2	1081	Matthew	Knowles	Boy	17:49	Lancaster & Morecambe	2nd Boy
3	1133	Toby	Umpleby	Boy	18:00	Kendal	3rd Boy
4	1018	Ben	Edmondson	Boy	18:23	Ambleside	
5	1038	Jacob	Smith	Boy	18:36	Kendal AAC	
6	1087	Josh	Roelants	Boy	18:43	Helm Hill	
7	1029	Chloe	Rylance	Girl	19:29	Ambleside AC	1st Girl
8	1107	Toby	Winnard	Boy	19:56	Settle Harriers	
9	1130	Harvey	Cooper	Boy	19:58	Leven Valley	
10	1074	Maia	Doherty	Girl	21:17	Helm Hill	2nd Girl
11	1060	Iris	Palmer	Girl	21:46	Halifax Harriers	3rd Girl
12	1120	Adam	Scott	Boy	23:28	Kendal	
13	1007	Vaughan	Samson	Boy	23:30	Helm Hill Runners	
14	1097	Lottie	Beardwood	Girl	23:58	Helm Hill	
15	1129	Erin	Bagge	Girl	24:18	Helm Hill	
16	1073	Becky	Dyer	Girl	24:52	Helm Hill	
17	1101	Annabelle	Taylor	Girl	25:02	Helm Hill	
18	1034	Tyla	Crook	Girl	26:47	Helm Hill	
19	1015	Simone	Rigby	Girl	30:12	Settle	
20	1134	Emily	Crossley	Girl	32:03	Settle Harriers	
21	1039	Anya	Bardsley	Girl	34:51	Unattached	

### Under 15 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1006	Ollie	Sanders	Boy	08:30	Helm Hill	1st Boy
2	1003	Henry	Hunter	Boy	08:54	Helm Hill	2nd Boy
3	1050	William	Hall	Boy	08:55	Calder valley	3rd Boy
4	1054	Alex	Tallon	Boy	09:02	Helm Hill	
5	1037	Ben	Smith	Boy	09:12	Kendal AAC	
6	1045	Dylan	Cater	Boy	09:20	Helm Hill	
7	1049	Cameron	Coates	Boy	09:25	Ambleside	
8	1046	Joe	Ligema	Boy	09:48	Ambleside	
9	1053	Christopher	Brown	Boy	09:55	Clayton le Moors	
10	1030	Sophie	Rylance	Girl	09:57	Ambleside AC	1st Girl
11	1028	Holly	Dobson	Girl	10:09	Ambleside AC	2nd Girl
12	1100	Joe	Clayton	Boy	10:10	Helmhill	
13	1040	John	Bardsley	Boy	10:17	Unattached	
14	1088	Ben	Greenep	Boy	10:27	Kendal AC	
15	1017	Elodie	Malcolm	Girl	10:37	Helm Hill	3rd Girl
16	1076	Zach	Doherty	Boy	10:50	Dallam	
17	1080	CJ	Middleton	Girl	10:58	Howgill Harriers	
18	1084	Jack	Collett	Boy	11:00	lancaster & morecambe athletics	
19	1126	Freya	Richards	Girl	11:31	Helm Hill	
20	1026	Frank	Exley-Harper	Boy	11:39	Ambleside	
21	1051	Finley	Grisedale	Boy	11:59	Helm Hill	
22	1113	Nathan	Ritchie	Boy	12:06	Hoad Hill Harriers	
23	1011	Maisie	Evans	Girl	12:08	Ambleside	
24	1104	Jacob	Saunders	Boy	12:41	Unattached	
25	1098	Ella	Beardwood	Girl	13:58	Helm Hill	
26	1121	Benjamin	Grundy	Boy	14:25	Unattached	
27	1131	Leala	Gornall	Girl	NTR	Ambleside	

### Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1009	Luke	Carrington	Boy	06:41	East Cheshire Harriers	1st Boy
2	1035	Sarah	Smith	Girl	06:53	Helm Hill	1st Girl
3	1001	Joseph	Rigby	Boy	06:55	helm hill	2nd Boy
4	1013	Cal	McVey	Boy	06:56	Ambleside	3rd Boy
5	1025	Rowan	Ashworth	Boy	06:58	Ambleside	
6	1008	Clara	Samson	Girl	07:02	Helm Hill Runners	2nd Girl
7	1047	Ewan	Wilkinson	Boy	07:03	KCAC	
8	1063	Patrick	Casey	Boy	07:04	Calder Valley Fell Runners	
9	1002	Simon	Rigby	Boy	07:06	helm hill	
10	1089	Callum	Osborne	Boy	07:08	Trawden	
11	1106	Charlie	Barry	Boy	07:10	SETTLE HARRIERS	
12	1031	Caius	Pennington	Boy	07:22	Howgill Harriers	
13	1027	Tom	Ashworth	Boy	07:25	Ambleside	
14	1062	Bethan	Saunders	Girl	07:26	Leven Valley	3rd Girl
15	1108	Daniel	Knowles-Stark	Boy	07:28	Settle	
16	1056	Elise	Tallon	Girl	07:33	Helm Hill	
17	1042	Joshua	Todd	Boy	07:38	Unattached	
18	1005	Richard	Goode-Smith	Boy	07:40	Ambleside	
19	1052	Harvey	Shaw	Boy	07:41	Ambleside	
20	1135	Jamie	Waller	Boy	07:43	Unattached	
21	1082	Jody	Middleton	Boy	07:46	Howgill Harriers	
22	1067	Marvin	Gibbs	Boy	07:48	Helm Hill	
23	1116	Euan	Wells	Boy	07:48	Howgill Harriers	
24	1083	Hal	Saner-Heigh	Boy	07:49	Helm Hill	
25	1069	Blake	Fleming	Boy	07:50	Hoad Hill Harriers	
26	1044	Alfie	Todd	Boy	07:51	Unattached	
27	1079	Tilly	Knowles	Girl	07:52	Ambleside	
28	1091	Ella	Martindale	Girl	07:56	Helm Hill Runners	
29	1115	Samuel	Jackson	Boy	07:59	Helm Hill	
30	1085	Liam	Barr	Boy	08:01	Howgill Harriers	
31	1103	Joel	Saunders	Boy	08:02	Helm Hill	
32	1123	Isaac	Robinson	Boy	08:06	Howgill Harriers	
33	1004	Luke	Campbell	Boy	08:08	Ambleside	
34	1048	Megan	Wilkinson	Girl	08:09	KCAC	
35	1078	Toby	Harper	Boy	08:10	Ambleside	
36	1014	Martha	Rigby	Girl	08:11	Settle	
37	1127	Arran	Revill	Boy	08:12	Helm Hill	
38	1020	Jessica	Edmondson	Girl	08:14	Ambleside	
39	1093	Charlotte	Peart	Girl	08:17	Settle Harriers	
40	1032	Aaron	Smith	Boy	08:18	Howgill Harrier	
41	1057	Toby	Acland	Boy	08:20	Helm Hill	
42	1137	Esme	Walkingshaw	Girl	08:22	Eden	
43	1128	Matthew	Gornall	Boy	08:25	Ambleside	
44	1061	Oliver	Brummitt	Boy	08:28	Settle	
45	1077	Vicky	Woof	Girl	08:31	Howgill Harriers	
46	1114	Will	Brayshaw	Boy	08:34	Helm Hill	
47	1117	Lucy	Bagot	Girl	08:39	Settle	
48	1066	Ewan	Black	Boy	08:40	Helm Hill	
49	1010	Joss	Evans	Girl	08:41	Ambleside	
50	1111	Jude	Evans	Boy	08:42	Unattached	
51	1118	Connie-May	Scott	Girl	08:43	Kendal	
52	1022	Jamie	Graham	Boy	08:44	Ambleside	
53	1041	Oliver	Willoughby	Boy	08:45	Helm Hill	
54	1021	Ruby	Duxbury	Girl	08:46	Ambleside	
55	1090	Tamzin	Osborne	Girl	08:50	Trawden	
56	1019	Emma	Duxbury	Girl	08:51	Ambleside	
57	1095	Thomas	Hearn	Boy	08:56	Helm Hill	
58	1125	Theo	Robinson	Boy	08:57	Howgill Harriers	
59	1119	Sonny	Atkin	Boy	09:01	Settle	
60	1092	Madeleine	Martindale	Girl	09:03		



61	1033	Ellen	Dickson	Girl	09:04	Ambleside AC	
62	1086	Felix	Cooper	Boy	09:04	Hoadhill harriers	
63	1024	Rory	Knowles	Boy	09:06	Ambleside	
64	1058	Zack	Capstick	Boy	09:08	Ambleside	
65	1068	Tess	Gibbs	Girl	09:11	Helm Hill	
66	1012	Emily	Peart	Girl	09:14	Lancaster and Morecambe	
67	1036	Alfie	Almond	Boy	09:19	Unattached	
68	1059	Bobby	Wilkin	Boy	09:24	Ambleside	
69	1023	Patrick	Wood	Boy	09:32	Ambleside	
70	1016	Cate	Matthew	Girl	09:39	N/A	
71	1105	Sophie	Goodall	Girl	09:43	Unattached	
72	1075	Katie	Lewis	Girl	09:55	Howgill Harriers	
73	1071	Hannah	Dyer	Girl	09:56	Helm Hill	
74	1112	Georgia	France	Girl	09:56	Helm Hill	
75	1109	Poppy	Scott	Girl	09:57	Unattached	
76	1102	Ava	Saunders	Girl	10:05	Unattached	
77	1072	Noa	Calman	Girl	10:07	Ambleside AC	
78	1096	Alicia	Crawford	Girl	10:17	Helm Hill	
79	1124	Tess	Evans	Girl	10:21	Unattached	
80	1065	Eleanor	King	Girl	10:29	Helm Hill	
81	1070	Seren	Green	Girl	10:30	Ambleside	
82	1055	Megan	Harris	Girl	10:39	Helm Hill	
83	1136	Beau	Walkingshaw	Girl	10:47	Eden	
84	1132	Bridget	Atkinson	Girl	10:50		
85	1122	Robin	Blunden	Girl	11:57	Helm Hill	
86	1094	Sophie	Hearn	Girl	12:05	Unattached	
87	1110	Amelia	Knowles-Stark	Girl	DNF	Settle	
88	1099	Charlie	Clayton	Boy	DNF	Helmhill	

## Scout Scar 2018 Category Results

### ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	259	Phil	Marsden	Man	27:26	Horwich Harriers	1st Man
2	164	James	Hall	Man	27:52	Wharfedale	2nd Man
3	4	Michael	Ainsworth	Man	28:01	Helm Hill	3rd Man
4	221	Jack	Wright	Man	28:07	Ambleside	
5	244	Adam	Perry	Man	28:27	Helm Hill	
6	222	Jonny	Malley	Man	28:35	Ambleside	
7	54	Michael	Barron	Man	28:39	Ambleside AC	
8	29	Jon	Rylance	MV40	29:10	Ambleside AC	1st MV40
9	59	Joshua	Jardine	Man	29:18	Helm Hill	
10	51	Tom	Addison	Man	29:21	Helm Hill	
11	108	Joshua	Liddle	MU21	29:31	Eden Runners	1st MU21
12	94	Oliver	Heaton	Man	29:41	Preston Harriers	
13	191	Duncan	Birtwhistle	Man	29:46	Unattached	
14	248	Tim	Cowin	MV40	29:52	Helm Hill	
15	91	Ben	Procter	Man	29:59	Helm Hill Runners	
16	196	Doug	Love	Man	30:09	Bowland	
17	260	Laurie	Kearsey	Man	30:18	Helm Hill	
18	99	Phil	Mather	Man	30:21	Lonsdale	
19	211	Philip	Withnall	Man	30:25	Lonsdale Fell Runners	
20	185	Jacob	Aubrey	MU21	30:51	Helm Hill Runners	
21	30	Brian	Pennington	MV40	30:57	Howgill Harriers	
22	209	Joseph	Conner	MU21	31:05	Helm Hill	
23	172	Paul	Reilly	MV40	31:08	Helm hill	
24	90	William	Sisson	Man	31:13	Kendal AAC	
25	162	Tom	Simpson	Man	31:29	Unattached	
26	256	Richard	Stevens	MV40	31:31	Ambleside Ac	
27	143	Lewis	Bowness	MU21	31:34	Helm Hill	
28	31	James	Graham	MV40	31:35	Ambleside	
29	74	Rick	Stuart	MV50	31:38	Helm Hill Runners	1st MV50
30	87	Scott	Umpleby	MV50	31:46	Kendal AAC	
31	240	Michael	Dugdale	MU21	31:59	Helm Hill Runners	
32	95	Jonathon	Lowther	Man	32:01	Helm Hill	
33	200	Alastair	Dunn	MV40	32:10	Helm Hill	
34	253	Jack	Simpson	Man	32:11	Helm Hill	
35	60	Garry	Beardwood	MV40	32:16	Helm Hill	
36	139	Calvin	Routledge	MV40	32:21	Ambleside	
37	24	Craig	Burrow	MV40	32:46	Hel Hill Runners	
38	49	Jacob	Dyer	MV40	32:47	Helm Hill	
39	32	Stuart	Dickson	MV40	32:48	Ambleside AC	
40	224	Mike	Berners-Lee	MV50	32:57	Unattached	
41	36	Joe	Todd	MV40	32:58	Kendal	
42	123	Theo	Johnson	Man	33:00	Unattached	
43	115	Matt	Wilson	MV40	33:02	Kendal AC	
44	69	Tim	Thom	MV50	33:05	KCAC	
45	1138	David	Goadby	Man	33:08	Helm Hill	
46	135	Carl	Pawson	MV40	33:09	Barlick Fell Runners	
47	56	Andy	Wilkin	Man	33:12	Unattached	
48	137	Richard	Wilson	Man	33:13	Kendal	
49	26	Daniel	Malcolm	MV40	33:15	Helm Hill	
50	207	Ross	Jenkin	Man	33:17	Howgill harriers	
51	50	Rob	Harper	MV40	33:19	Ambleside	
52	116	Steven	Procter	Man	33:24	Settle Harriers	
53	73	Rod	Scott	MV40	33:27		
54	46	Sam	Brummitt	MV40	33:29	Settle Harriers	
55	187	Peter	Lawson	Man	33:32		
56	47	Will	Acland	MV40	33:41	Helm Hill	
57	10	Jake	Lowther	Man	33:48	Helm Hill	
58	171	Jim	Andrews	MV50	33:51	Helm Hill	

59	71	Sean	Robinson	Man	33:55	Howgill Harriers	
60	61	Wayne	Dunn	Man	34:08	Settle Harriers	
61	77	Rob	Crawford	MV40	34:16	HOWGILL HARRIERS	
62	217	Robert	Moffat	Man	34:24	Howgill Harriers	
63	129	Adrian	Beckwith	Man	34:26	Howgill Harriers	
64	228	Peter	Rigby	Man	34:33	Unattached	
65	45	James	Baron	MV50	34:37	Helm Hill	
66	16	Graham	Schofield	MV60	34:44	Horwich RMI Harriers	1st MV60
67	117	Simon	Fox	MV50	34:45	Darwen Dashers	
68	146	Martin	Askew	MU21	34:49	Helm Hill	
69	188	Jonny	Marchant	MV40	34:50	Helm Hill Runners	
70	84	Tom	Smith	MV50	34:52	Bowland	
71	237	James	Todhunter	Man	34:54	Helm Hill	
72	25	Tom	Matthew	MV40	34:54	Bowland	
73	127	John	Rainford	MV50	34:56	Preston Harriers	
74	98	Rowan	Wood	Man	35:10	Lonsdale	
75	177	David	Griffin	MV50	35:12	Dallam	
76	128	James	Coulthard	MV40	35:16	Howgill Harriers	
77	183	Ben	Whitham	Man	35:17	U/A	
78	79	Jake	Cooper	MU21	35:19	Leven Valley	
79	112	David	Houlsworth	MV60	35:23	Unattached	
80	192	Brian	Thompson	MV60	35:28	Helm Hill	
81	234	Justin	Evans	Man	35:30	Helm Hill	
82	157	Danny	Seddon-Roberts	Man	35:32	FRA	
83	145	Anthony	Bowness	MV40	35:34	Kendal AC	
84	53	Steven	Middleton	MV40	35:35	Howgill Harriers	
85	263	Tim	Pickering	Man	35:36	Helm Hill	
86	5	Shaun	Addison	MV50	35:37	Helm Hill	
87	212	Paul	Tynan	MV50	35:40	Lonsdale	
88	136	Declan	Bulmer	Man	35:42	Wharfedale	
89	27	Jason	Edmondson	MV40	35:43	Ambleside	
90	140	John	Jones	MV50	35:44	Kendal AAC	
91	218	Paul	Macfarlane	MV40	35:45	Helm Hill	
92	131	John	Robson	MV50	35:48	Helm Hill	
93	42	Andy	Holden	MV50	35:56	Wharfedale Harriers	
94	174	Alistair	Hearn	MV40	36:03	Helm Hill	
95	1139	Paul	Turner	MV40	36:05	Helm Hill Runners	
96	67	Jack	Holt	MV60	36:10	Clayton le Moors	
97	124	Stuart	Roberts	MV40	36:13	Unattached	
98	206	Graham	Lubb	MV50	36:26	Unattached	
99	142	Michael	Toman	MV50	36:27	Rosendale Harriers	
100	126	Chris	Downham	Man	36:31	Unattached	
101	223	Simon	Waller	MV40	36:33	Helm Hill	
102	257	Justin	Dixon	Man	36:36	kendal tri club	
103	9	Philip	Rigby	MV50	36:45	Helm Hill	
104	159	Leigh	Warburton	MV60	36:53	Bowland Fell Runners	
105	13	Gareth	Davies	Man	36:56	Darwen dashers	
106	86	Joey	Umpleby	MU21	36:57	Kendal AAC	
107	147	Matt	Bourne	MV40	37:19	Bowland Fell Runners	
108	220	Richard	Smith	Man	37:25	Helm Hill	
109	241	Paul	Dugdale	MV50	37:30	Helm Hill Runners	
110	85	Ian	Hutchinson	MV50	37:31	Bowland Fell Runners	
111	257	Justin	Dixon	Man	37:33	kendal tri club	
112	203	Toby	Johnson	MV40	37:36	Helm Hill Runners	
113	89	Dave	Kershaw	MV60	37:40	Chorley athletic and tri	
114	205	Ronald	Hummelink	Man	37:44	Lonsdale fell runners	
115	190	Nick	Oddy	MV40	37:51	Skipton	
116	110	William	Coupe	MV50	38:01	Helm Hill	
117	258	Mark	Dixon	MV40	38:03	kendal tri club	
118	122	Martin	Ramsay	MV50	30:05	Helm Hill	
119	265	Graeme	Stott	MV40	38:10	Howgill Harriers	
120	88	Steven	Roberts	MV40	38:20	Kendal	

121	235	Tyrone	Lewis	MV50	38:24	Dallam	
122	163	Chris	Schofield	MV50	38:27	Helm Hill	
123	62	David	Appleyard	MV50	38:35	Helm Hill	
124	184	Roger	Aubrey	MV50	38:43	Helm Hill Runners	
125	40	Jonny	Grisedale	MV40	38:46	Helm Hill	
126	199	Philippe	Jumeau	MV50	38:48	Unattached	
127	232	Andy	Bryan	MV40	38:49	Dallam	
128	6	David	Barnes	MV60	38:50	Horwich	
129	12	Tim	Murray	MV50	38:56	Helm Hill	
130	210	John	Tombs	MV40	39:11	Eden	
131	35	Craig	Peart	Man	39:16	LMAC	
132	111	Mike	Walsh	MV60	39:41	Kendal AAC	
133	19	Spencer	Samson	MV50	39:47	Kendal AC	
134	152	Mark	Taylor	Man	39:50	Clayton le Moors	
135	215	Philip	Harrington	MV40	39:51	Helm Hill	
136	243	Andrew	Russell	MV50	39:53	Helm Hill Runners	
137	57	Ryan	Smith	Man	39:55	Unattached	
138	105	Paul	Corkill	Man	39:56	Levens Valley AC	
139	204	Gary	Lane	MV40	40:05	Howgill Harriers	
140	150	Darren	Woodhams	MV40	40:08	N/a	
141	194	Dominic	Merchant	Man	40:16	Helm Hill	
142	75	Andy	Mingay	Man	40:18	Eden Runners	
143	78	Peter	Bascombe	MV40	40:28	Bowness Badminton	
144	169	David	Hollingham	MV50	40:33	Kendal Tri Club	
145	106	Peter	Singleton	MV60	40:35	Blackpool	
146	160	David	Burton	MV50	40:39	Keswick AC	
147	109	Stephen	Armstrong	MV50	40:42	Unattached	
148	167	Mark	Glater	MV50	40:49	Skelmersdale	
149	44	Sam	Gibbs	MV40	40:55	Helm Hill	
150	144	Mike	Addison	MV50	41:01	Unattached	
151	138	Mike	Woodbridge	MV50	41:08	Dallam	
152	38	Jeremy	Wilkinson	MV40	41:10	KCAC	
153	1140	Tony	Shepherd	MV50	41:14	Wharfedale Harriers	
154	170	Nial	Johnston	MV50	41:16	Unattached	
155	255	Chris	Buxton	MV50	41:25	LOC	
156	119	Mark	Charnley	MV40	41:59	Settle Harries	
157	148	John	Graham	MV50	42:05	Bowland Fell Runners	
158	213	Mark	Walker	MV50	42:12	Kendal AAC	
159	176	Tosh	Shepherd	Man	42:18	Unattached	
160	156	Andy	Dickson	MV50	42:38	Coniston	
161	70	Sam	Thom	MU21	43:22	KCAC	
162	173	Michael	McLoughlin	MV60	43:43	Preston Harriers	
163	193	Daniel	Rayson	MV40	43:50		
164	247	Alan	Miller	MV60	43:53	Kendal	
165	103	John	Taylor	MV60	44:14	Bowland FR	
166	55	Barry	Scholes	MV60	44:20	Settle Harriers	
167	250	David	Cowperthwaite	MV50	44:28	N/A	
168	242	Richard	Simpson	MV60	44:48	Dallam	
169	175	Al	Bradley	MV40	45:06	Ambleside	
170	97	Mike	Binks	Man	45:10	Unattached	
171	230	Ian	Peters	MV60	45:30	Glaxo	
172	246	John	Hodgson	MV70	45:35	Dallam	1st MV70
173	132	Robin	Haywood	MV40	45:57	Howgill Harriers	
174	151	Gordon	Thompson	MV50	46:16	Preston Harriers	
175	180	Grant	Remington	Man	46:53	Unattached	
176	113	Ian	Oakey	MV40	47:46	Settle Harriers	
177	202	Greg	Oulton	MV50	48:45	Lytham	
178	133	Gareth	Bradburn-Sims	MV40	49:38	Howgill Harriers	
179	153	Steven	Roberts	MV50	49:54	Unattached	
180	227	Luke	Harding	Man	50:02	Kendal Tri Club	
181	66	Philip	Corris	MV60	53:29	Lancashire Constabulary	
182	198	Richard	Handford	MV60	54:34	Settle Harriers	

183	238	Jack	Taylor	Man	54:47	Unattached	
184	82	Graham	Breeze	MV70	54:50	Wharfedale Harriers	
185	104	Alan	Smaly	MV60	55:15	Blackpool	
186	107	Bernard	Singleton	MV60	55:16	Blackpool	
187	125	Mark	Birbeck	MV50	57:07	Achille Ratti	
188	120	Philip	Kirkby	MV60	57:51	Coniston	
189	92	James	Robinson	MV60	58:12	Red Rose Road Runners	
190	21	Bob	Gibbs	MV60	1:00:16	LOC	
191	101	George	James	MV70	1:00:27	Blackpool	
192	15	Denis	Wood	MV70	1:03:04	Borrowdale	
193	154	David	Rosen	MV60	1:03:45	Lancaster & Morecambe AC	

**MEN**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	259	Phil	Marsden	Man	27:26	Horwich Harriers	1st Man
2	164	James	Hall	Man	27:52	Wharfedale	2nd Man
3	4	Michael	Ainsworth	Man	28:01	Helm Hill	3rd Man
4	221	Jack	Wright	Man	28:07	Ambleside	
5	244	Adam	Perry	Man	28:27	Helm Hill	
6	222	Jonny	Malley	Man	28:35	Ambleside	
7	54	Michael	Barron	Man	28:39	Ambleside AC	
8	59	Joshua	Jardine	Man	29:18	Helm Hill	
9	51	Tom	Addison	Man	29:21	Helm Hill	
10	108	Joshua	Liddle	MU21	29:31	Eden Runners	1st MU21
11	94	Oliver	Heaton	Man	29:41	Preston Harriers	
12	191	Duncan	Birtwhistle	Man	29:46	Unattached	
13	91	Ben	Procter	Man	29:59	Helm Hill Runners	
14	196	Doug	Love	Man	30:09	Bowland	
15	260	Laurie	Kearsey	Man	30:18	Helm Hill	
16	99	Phil	Mather	Man	30:21	Lonsdale	
17	211	Philip	Withnall	Man	30:25	Lonsdale Fell Runners	
18	185	Jacob	Aubrey	MU21	30:51	Helm Hill Runners	
19	209	Joseph	Conner	MU21	31:05	Helm Hill	
20	90	William	Sisson	Man	31:13	Kendal AAC	
21	162	Tom	Simpson	Man	31:29	Unattached	
22	143	Lewis	Bowness	MU21	31:34	Helm Hill	
23	240	Michael	Dugdale	MU21	31:59	Helm Hill Runners	
24	95	Jonathon	Lowther	Man	32:01	Helm Hill	
25	253	Jack	Simpson	Man	32:11	Helm Hill	
26	123	Theo	Johnson	Man	33:00	Unattached	
27	1138	David	Goadby	Man	33:08	Helm Hill	
28	56	Andy	Wilkin	Man	33:12	Unattached	
29	137	Richard	Wilson	Man	33:13	Kendal	
30	207	Ross	Jenkin	Man	33:17	Howgill harriers	
31	116	Steven	Procter	Man	33:24	Settle Harriers	
32	187	Peter	Lawson	Man	33:32		
33	10	Jake	Lowther	Man	33:48	Helm Hill	
34	71	Sean	Robinson	Man	33:55	Howgill Harriers	
35	61	Wayne	Dunn	Man	34:08	Settle Harriers	
36	217	Robert	Moffat	Man	34:24	Howgill Harriers	
37	129	Adrian	Beckwith	Man	34:26	Howgill Harriers	
38	228	Peter	Rigby	Man	34:33	Unattached	
39	146	Martin	Askew	MU21	34:49	Helm Hill	
40	237	James	Todhunter	Man	34:54	Helm Hill	
41	98	Rowan	Wood	Man	35:10	Lonsdale	
42	183	Ben	Whitham	Man	35:17	U/A	
43	79	Jake	Cooper	MU21	35:19	Leven Valley	
44	234	Justin	Evans	Man	35:30	Helm Hill	
45	157	Danny	Seddon-Roberts	Man	35:32	FRA	
46	263	Tim	Pickering	Man	35:36	Helm Hill	
47	136	Declan	Bulmer	Man	35:42	Wharfedale	
48	126	Chris	Downham	Man	36:31	Unattached	
49	257	Justin	Dixon	Man	36:36	kendal tri club	
50	13	Gareth	Davies	Man	36:56	Darwen dashers	
51	86	Joey	Umpleby	MU21	36:57	Kendal AAC	
52	220	Richard	Smith	Man	37:25	Helm Hill	
53	257	Justin	Dixon	Man	37:33	kendal tri club	
54	205	Ronald	Hummelink	Man	37:44	Lonsdale fell runners	
55	35	Craig	Peart	Man	39:16	LMAC	
56	152	Mark	Taylor	Man	39:50	Clayton le Moors	
57	57	Ryan	Smith	Man	39:55	Unattached	
58	105	Paul	Corkill	Man	39:56	Levens Valley AC	
59	194	Dominic	Merchant	Man	40:16	Helm Hill	
60	75	Andy	Mingay	Man	40:18	Eden Runners	

61	176	Tosh	Shepherd	Man	42:18	Unattached	
62	70	Sam	Thom	MU21	43:22	KCAC	
63	97	Mike	Binks	Man	45:10	Unattached	
64	180	Grant	Remington	Man	46:53	Unattached	
65	227	Luke	Harding	Man	50:02	Kendal Tri Club	
66	238	Jack	Taylor	Man	54:47	Unattached	

**MEN UNDER 21**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	108	Joshua	Liddle	MU21	29:31	Eden Runners	1st MU21
2	185	Jacob	Aubrey	MU21	30:51	Helm Hill Runners	
3	209	Joseph	Conner	MU21	31:05	Helm Hill	
4	143	Lewis	Bowness	MU21	31:34	Helm Hill	
5	240	Michael	Dugdale	MU21	31:59	Helm Hill Runners	
6	146	Martin	Askew	MU21	34:49	Helm Hill	
7	79	Jake	Cooper	MU21	35:19	Leven Valley	
8	86	Joey	Umpleby	MU21	36:57	Kendal AAC	
9	70	Sam	Thom	MU21	43:22	KCAC	



**MEN - VET 40**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	29	Jon	Rylance	MV40	29:10	Ambleside AC	1st MV40
2	248	Tim	Cowin	MV40	29:52	Helm Hill	
3	30	Brian	Pennington	MV40	30:57	Howgill Harriers	
4	172	Paul	Reilly	MV40	31:08	Helm hill	
5	256	Richard	Stevens	MV40	31:31	Ambleside Ac	
6	31	James	Graham	MV40	31:35	Ambleside	
7	200	Alastair	Dunn	MV40	32:10	Helm Hill	
8	60	Garry	Beardwood	MV40	32:16	Helm Hill	
9	139	Calvin	Routledge	MV40	32:21	Ambleside	
10	24	Craig	Burrow	MV40	32:46	Hel Hill Runners	
11	49	Jacob	Dyer	MV40	32:47	Helm Hill	
12	32	Stuart	Dickson	MV40	32:48	Ambleside AC	
13	36	Joe	Todd	MV40	32:58	Kendal	
14	115	Matt	Wilson	MV40	33:02	Kendal AC	
15	135	Carl	Pawson	MV40	33:09	Barlick Fell Runners	
16	26	Daniel	Malcolm	MV40	33:15	Helm Hill	
17	50	Rob	Harper	MV40	33:19	Ambleside	
18	73	Rod	Scott	MV40	33:27		
19	46	Sam	Brummitt	MV40	33:29	Settle Harriers	
20	47	Will	Acland	MV40	33:41	Helm Hill	
21	77	Rob	Crawford	MV40	34:16	HOWGILL HARRIERS	
22	188	Jonny	Marchant	MV40	34:50	Helm Hill Runners	
23	25	Tom	Matthew	MV40	34:54	Bowland	
24	128	James	Coulthard	MV40	35:16	Howgill Harriers	
25	145	Anthony	Bowness	MV40	35:34	Kendal AC	
26	53	Steven	Middleton	MV40	35:35	Howgill Harriers	
27	27	Jason	Edmondson	MV40	35:43	Ambleside	
28	218	Paul	Macfarlane	MV40	35:45	Helm Hill	
29	174	Alistair	Hearn	MV40	36:03	Helm Hill	
30	1139	Paul	Turner	MV40	36:05	Helm Hill Runners	
31	124	Stuart	Roberts	MV40	36:13	Unattached	
32	223	Simon	Waller	MV40	36:33	Helm Hill	
33	147	Matt	Bourne	MV40	37:19	Bowland Fell Runners	
34	203	Toby	Johnson	MV40	37:36	Helm Hill Runners	
35	190	Nick	Oddy	MV40	37:51	Skipton	
36	258	Mark	Dixon	MV40	38:03	kendal tri club	
37	265	Graeme	Stott	MV40	38:10	Howgill Harriers	
38	88	Steven	Roberts	MV40	38:20	Kendal	
39	40	Jonny	Grisedale	MV40	38:46	Helm Hill	
40	232	Andy	Bryan	MV40	38:49	Dallam	
41	210	John	Tombs	MV40	39:11	Eden	
42	215	Philip	Harrington	MV40	39:51	Helm Hill	
43	204	Gary	Lane	MV40	40:05	Howgill Harriers	
44	150	Darren	Woodhams	MV40	40:08	N/a	
45	78	Peter	Bascombe	MV40	40:28	Bowness Badminton	
46	44	Sam	Gibbs	MV40	40:55	Helm Hill	
47	38	Jeremy	Wilkinson	MV40	41:10	KCAC	
48	119	Mark	Charnley	MV40	41:59	Settle Harries	
49	193	Daniel	Rayson	MV40	43:50		
50	175	Al	Bradley	MV40	45:06	Ambleside	
51	132	Robin	Haywood	MV40	45:57	Howgill Harriers	
52	113	Ian	Oakey	MV40	47:46	Settle Harriers	
53	133	Gareth	Bradburn-Sims	MV40	49:38	Howgill Harriers	

**MEN - VET 50**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	74	Rick	Stuart	MV50	31:38	Helm Hill Runners	1st MV50
2	87	Scott	Umpleby	MV50	31:46	Kendal AAC	
3	224	Mike	Berners-Lee	MV50	32:57	Unattached	
4	69	Tim	Thom	MV50	33:05	KCAC	
5	171	Jim	Andrews	MV50	33:51	Helm Hill	
6	45	James	Baron	MV50	34:37	Helm Hill	
7	117	Simon	Fox	MV50	34:45	Darwen Dashers	
8	84	Tom	Smith	MV50	34:52	Bowland	
9	127	John	Rainford	MV50	34:56	Preston Harriers	
10	177	David	Griffin	MV50	35:12	Dallam	
11	5	Shaun	Addison	MV50	35:37	Helm Hill	
12	212	Paul	Tynan	MV50	35:40	Lonsdale	
13	140	John	Jones	MV50	35:44	Kendal AAC	
14	131	John	Robson	MV50	35:48	Helm Hill	
15	42	Andy	Holden	MV50	35:56	Wharfedale Harriers	
16	206	Graham	Lubb	MV50	36:26	Unattached	
17	142	Michael	Toman	MV50	36:27	Rosendale Harriers	
18	9	Philip	Rigby	MV50	36:45	Helm Hill	
19	241	Paul	Dugdale	MV50	37:30	Helm Hill Runners	
20	85	Ian	Hutchinson	MV50	37:31	Bowland Fell Runners	
21	110	William	Coupe	MV50	38:01	Helm Hill	
22	122	Martin	Ramsay	MV50	30:05	Helm Hill	
23	235	Tyrone	Lewis	MV50	38:24	Dallam	
24	163	Chris	Schofield	MV50	38:27	Helm Hill	
25	62	David	Appleyard	MV50	38:35	Helm Hill	
26	184	Roger	Aubrey	MV50	38:43	Helm Hill Runners	
27	199	Phillipe	Jumeau	MV50	38:48	Unattached	
28	12	Tim	Murray	MV50	38:56	Helm Hill	
29	19	Spencer	Samson	MV50	39:47	Kendal AC	
30	243	Andrew	Russell	MV50	39:53	Helm Hill Runners	
31	169	David	Hollingham	MV50	40:33	Kendal Tri Club	
32	160	David	Burton	MV50	40:39	Keswick AC	
33	109	Stephen	Armstrong	MV50	40:42	Unattached	
34	167	Mark	Glater	MV50	40:49	Skelmersdale	
35	144	Mike	Addison	MV50	41:01	Unattached	
36	138	Mike	Woodbridge	MV50	41:08	Dallam	
37	1140	Tony	Shepherd	MV50	41:14	Wharfedale Harriers	
38	170	Nial	Johnston	MV50	41:16	Unattached	
39	255	Chris	Buxton	MV50	41:25	LOC	
40	148	John	Graham	MV50	42:05	Bowland Fell Runners	
41	213	Mark	Walker	MV50	42:12	Kendal AAC	
42	156	Andy	Dickson	MV50	42:38	Coniston	
43	250	David	Cowperthwaite	MV50	44:28	N/A	
44	151	Gordon	Thompson	MV50	46:16	Preston Harriers	
45	202	Greg	Oulton	MV50	48:45	Lytham	
46	153	Steven	Roberts	MV50	49:54	Unattached	
47	125	Mark	Birbeck	MV50	57:07	Achille Ratti	

**MEN - VET 60**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	16	Graham	Schofield	MV60	34:44	Horwich RMI Harriers	1st MV60
2	112	David	Houlsworth	MV60	35:23	Unattached	
3	192	Brian	Thompson	MV60	35:28	Helm Hill	
4	67	Jack	Holt	MV60	36:10	Clayton le Moors	
5	159	Leigh	Warburton	MV60	36:53	Bowland Fell Runners	
6	89	Dave	Kershaw	MV60	37:40	Chorley athletic and tri	
7	6	David	Barnes	MV60	38:50	Horwich	
8	111	Mike	Walsh	MV60	39:41	Kendal AAC	
9	106	Peter	Singleton	MV60	40:35	Blackpool	
10	173	Michael	McLoughlin	MV60	43:43	Preston Harriers	
11	247	Alan	Miller	MV60	43:53	Kendal	
12	103	John	Taylor	MV60	44:14	Bowland FR	
13	55	Barry	Scholes	MV60	44:20	Settle Harriers	
14	242	Richard	Simpson	MV60	44:48	Dallam	
15	230	Ian	Peters	MV60	45:30	Glaxo	
16	66	Philip	Corris	MV60	53:29	Lancashire Constabulary	
17	198	Richard	Handford	MV60	54:34	Settle Harriers	
18	104	Alan	Smaly	MV60	55:15	Blackpool	
19	107	Bernard	Singleton	MV60	55:16	Blackpool	
20	120	Philip	Kirkby	MV60	57:51	Coniston	
21	92	James	Robinson	MV60	58:12	Red Rose Road Runners	
22	21	Bob	Gibbs	MV60	1:00:16	LOC	
23	154	David	Rosen	MV60	1:03:45	Lancaster & Morecambe AC	

**MEN - VET 70**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	246	John	Hodgson	MV70	45:35	Dallam	1st MV70
2	82	Graham	Breeze	MV70	54:50	Wharfedale Harriers	
3	101	George	James	MV70	1:00:27	Blackpool	
4	15	Denis	Wood	MV70	1:03:04	Borrowdale	

**ALL SENIOR LADIES**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	225	Kelli	Roberts	Lady	32:55	U/A	1st Lady
2	23	Imogen	Burrow	LU21	34:59	Helm hill	2nd Lady/1st L
3	219	Clare	Nance	Lady	35:24	Lonsdale	3rd Lady
4	261	Emma	Johnston	Lady	35:47	Helm Hill Runners	
5	48	Bianca	Dyer	LV40	36:38	Helm Hill	1st LV40
6	100	Ellie	Maddocks	Lady	36:39	Lonsdale	
7	130	Amy	Slattery	LU21	36:47	Helm Hill	
8	195	Nina	Walkingshaw	LV40	36:50	Howgill Harriers	
9	17	Ali	Richards	LV40	37:39	Helm Hill Runners	
10	197	Joanna	Rycroft	Lady	37:43	Unattached	
11	236	Lucie	Todhunter	Lady	38:19	U/A	
12	252	Rachel	Simpson	Lady	38:45	Helm hill	
13	165	Bridget	Glaister	LV40	39:00	Parbold Pink Panthers	
14	189	Debbie	Copley	LV50	39:04	Dallam	1st LV50
15	8	Jayne	Rigby	LV40	40:22	helm hill	
16	226	Allison	Daly	LV40	40:31	Kendal	
17	178	Caroline	Lambert	LV40	40:37		
18	76	Heather	Eccles	Lady	40:52	Eden Runners	
19	233	Joanne	Mcleod	LV50	40:57	Barrow and Furness Striders AC	
20	22	Jacqueline	Nowell	LV50	41:06	Kendal	
21	168	Claire	Farrington	Lady	41:46	Unattached	
22	63	Erica	Evans	Lady	42:09	Unattached	
23	264	Anne Marie	Swallow	LV40	42:11	Unattached	
24	141	Lorna	Askew	LV40	42:15	Helm Hill	
25	179	Wendy	Dodds	LV60	42:17	Clayton Le Moors Harriers	1st LV60
26	33	Leah	Albion	LU21	42:22	Broughton	
27	18	Helen	Samson	LV40	42:26	Helm Hill Runners	
28	34	Joanne	Pennington	LV40	42:45	Kendal AAC	
29	201	Katie	Palmer	LV40	43:01	Helm Hill	
30	52	Michelle	Middleton	Lady	43:05	Howgill Harriers	
31	149	Rachel	Slattery	LV40	43:10	Helm Hill	
32	102	Jo	Taylor	LV50	43:14	Bowland FR	
33	65	Katherine	France	LV40	43:19	Helm Hill	
34	20	Kat	Evans	Lady	43:27	Ambleside	
35	231	Victoria	Upton	Lady	43:33	Helm Hill Runners	
36	14	Claire	Hardy	Lady	43:37	Darwen dashers	
37	28	Niki	Rylance	LV40	43:42	Ambleside AC	
38	208	Lucy	Johnson	LV40	44:08	Helm Hill	
39	161	Libby	Dixon	LV40	44:16	Ambleside	
40	64	Kate	Brayshaw	LV40	44:17	Helm Hill	
41	181	Amy	McGowan	Lady	44:23	Helm Hill Runners	
42	186	Liz	McNally	LV40	44:31	Leven Valley	
43	216	Jackie	Chapman	LV50	44:33	LOC	
44	11	Sarah	Senior	LV50	44:35	Helm Hill	
45	39	Joanne	Grisedale	LV40	44:39	Helm Hill	
46	96	Helen	Barker	LV40	45:01	Kendal AAC	
47	121	Gill	Ramsay	LV50	45:05	Helm Hill	
48	81	Meredith	Revill	Lady	45:12	Helm Hill	
49	118	Katy	Thompson	LV60	45:17	Clayton le Moors	
50	80	Georgia	Cooper	LU21	45:21	Leven Valley	
51	229	Jo	Rodham	Lady	45:31	Unattached	
52	245	Patty	Davies	LV50	45:43	Helm Hill	
53	214	Jane	Latham	LV40	45:49	Unattached	
54	58	Anastasia	Winder	Lady	45:53	Leven Valley	
55	158	Paula	Bowen	LV40	45:54	Ambleside	
56	41	Lynn	Whittaker	LV50	46:06	Wharfedale Harriers	
57	182	Hazel	Pearson	LV50	46:29	Helm Hill	
58	72	Zoe	Robinson	Lady	46:34	Howgill Harriers	
59	37	Jo	Cater	Lady	46:39	Helm Hill	
60	249	Elaine	Cowperthwaite	LV40	47:00	N/A	

61	166	Nicola	Johnston	LV40	47:36	Parbold Pink Panthers	
62	262	Lindsay	Harrod	LV50	47:59	Helm Hill Runners	
63	3	May	Crawford	Lady	48:12	Helm Hill	
64	68	Pam	Bagot	LV40	48:54	Settle	
65	114	Peta	Rowand	LV40	50:12	Ambleside	
66	134	Kellie	Bradburn-Sims	LV40	51:33	Howgill Harriers	
67	83	Rebecca	Atkinson	Lady	51:42		
68	93	Jill	Gates	LV50	53:26	Settle Harriers	
69	155	Miriam	Rosen	LV60	53:32	Lancaster & Morecambe AC	
70	7	Anna	Stevens	LV40	54:42	Helm hill	
71	239	Rachel	Taylor	Lady	54:46	Unattached	
72	2	Wendy	Smith	LV40	56:38	Helm Hill	
73	43	Becky	Gibby	LV40	1:00:15	Helm Hill	
74	254	Marie	Robson	LV50	1:03:48	Helm Hill	

**LADIES**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	225	Kelli	Roberts	Lady	32:55	U/A	1st Lady
2	23	Imogen	Burrow	LU21	34:59	Helm hill	2nd Lady/1st L
3	219	Clare	Nance	Lady	35:24	Lonsdale	3rd Lady
4	261	Emma	Johnston	Lady	35:47	Helm Hill Runners	
5	100	Ellie	Maddocks	Lady	36:39	Lonsdale	
6	130	Amy	Slattery	LU21	36:47	Helm Hill	
7	197	Joanna	Rycroft	Lady	37:43	Unattached	
8	236	Lucie	Todhunter	Lady	38:19	U/A	
9	252	Rachel	Simpson	Lady	38:45	Helm hill	
10	76	Heather	Eccles	Lady	40:52	Eden Runners	
11	168	Claire	Farrington	Lady	41:46	Unattached	
12	63	Erica	Evans	Lady	42:09	Unattached	
13	33	Leah	Albion	LU21	42:22	Broughton	
14	52	Michelle	Middleton	Lady	43:05	Howgill Harriers	
15	20	Kat	Evans	Lady	43:27	Ambleside	
16	231	Victoria	Upton	Lady	43:33	Helm Hill Runners	
17	14	Claire	Hardy	Lady	43:37	Darwen dashers	
18	181	Amy	McGowan	Lady	44:23	Helm Hill Runners	
19	81	Meredith	Revill	Lady	45:12	Helm Hill	
20	80	Georgia	Cooper	LU21	45:21	Leven Valley	
21	229	Jo	Rodham	Lady	45:31	Unattached	
22	58	Anastasia	Winder	Lady	45:53	Leven Valley	
23	72	Zoe	Robinson	Lady	46:34	Howgill Harriers	
24	37	Jo	Cater	Lady	46:39	Helm Hill	
25	3	May	Crawford	Lady	48:12	Helm Hill	
26	83	Rebecca	Atkinson	Lady	51:42		
27	239	Rachel	Taylor	Lady	54:46	Unattached	

**LADIES UNDER 21**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	23	Imogen	Burrow	LU21	34:59	Helm hill	2nd Lady/1st L
2	130	Amy	Slattery	LU21	36:47	Helm Hill	
3	33	Leah	Albion	LU21	42:22	Broughton	
4	80	Georgia	Cooper	LU21	45:21	Leven Valley	



**LADIES - VET 40**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	48	Bianca	Dyer	LV40	36:38	Helm Hill	1st LV40
2	195	Nina	Walkingshaw	LV40	36:50	Howgill Harriers	
3	17	Ali	Richards	LV40	37:39	Helm Hill Runners	
4	165	Bridget	Glaister	LV40	39:00	Parbold Pink Panthers	
5	8	Jayne	Rigby	LV40	40:22	helm hill	
6	226	Allison	Daly	LV40	40:31	Kendal	
7	178	Caroline	Lambert	LV40	40:37		
8	264	Anne Marie	Swallow	LV40	42:11	Unattached	
9	141	Lorna	Askew	LV40	42:15	Helm Hill	
10	18	Helen	Samson	LV40	42:26	Helm Hill Runners	
11	34	Joanne	Pennington	LV40	42:45	Kendal AAC	
12	201	Katie	Palmer	LV40	43:01	Helm Hill	
13	149	Rachel	Slattery	LV40	43:10	Helm Hill	
14	65	Katherine	France	LV40	43:19	Helm Hill	
15	28	Niki	Rylance	LV40	43:42	Ambleside AC	
16	208	Lucy	Johnson	LV40	44:08	Helm Hill	
17	161	Libby	Dixon	LV40	44:16	Ambleside	
18	64	Kate	Brayshaw	LV40	44:17	Helm Hill	
19	186	Liz	McNally	LV40	44:31	Leven Valley	
20	39	Joanne	Grisedale	LV40	44:39	Helm Hill	
21	96	Helen	Barker	LV40	45:01	Kendal AAC	
22	214	Jane	Latham	LV40	45:49	Unattached	
23	158	Paula	Bowen	LV40	45:54	Ambleside	
24	249	Elaine	Cowperthwaite	LV40	47:00	N/A	
25	166	Nicola	Johnston	LV40	47:36	Parbold Pink Panthers	
26	68	Pam	Bagot	LV40	48:54	Settle	
27	114	Peta	Rowand	LV40	50:12	Ambleside	
28	134	Kellie	Bradburn-Sims	LV40	51:33	Howgill Harriers	
29	7	Anna	Stevens	LV40	54:42	Helm hill	
30	2	Wendy	Smith	LV40	56:38	Helm Hill	
31	43	Becky	Gibby	LV40	1:00:15	Helm Hill	

**LADIES - VET 50**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	189	Debbie	Copley	LV50	39:04	Dallam	1st LV50
2	233	Joanne	Mcleod	LV50	40:57	Barrow and Furness Striders AC	
3	22	Jacqueline	Nowell	LV50	41:06	Kendal	
4	102	Jo	Taylor	LV50	43:14	Bowland FR	
5	216	Jackie	Chapman	LV50	44:33	LOC	
6	11	Sarah	Senior	LV50	44:35	Helm Hill	
7	121	Gill	Ramsay	LV50	45:05	Helm Hill	
8	245	Patty	Davies	LV50	45:43	Helm Hill	
9	41	Lynn	Whittaker	LV50	46:06	Wharfedale Harriers	
10	182	Hazel	Pearson	LV50	46:29	Helm Hill	
11	262	Lindsay	Harrod	LV50	47:59	Helm Hill Runners	
12	93	Jill	Gates	LV50	53:26	Settle Harriers	
13	254	Marie	Robson	LV50	1:03:48	Helm Hill	

**LADIES - VET 60**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	179	Wendy	Dodds	LV60	42:17	Clayton Le Moors Harriers	1st LV60
2	118	Katy	Thompson	LV60	45:17	Clayton le Moors	
3	155	Miriam	Rosen	LV60	53:32	Lancaster & Morecambe AC	

**UNDER 17 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1064	Daniel	Sanderson	Boy	17:36	Ambleside	1st Boy
2	1081	Matthew	Knowles	Boy	17:49	Lancaster & Morecambe	2nd Boy
3	1133	Toby	Umpleby	Boy	18:00	Kendal	3rd Boy
4	1018	Ben	Edmondson	Boy	18:23	Ambleside	
5	1038	Jacob	Smith	Boy	18:36	Kendal AAC	
6	1087	Josh	Roelants	Boy	18:43	Helm Hill	
7	1107	Toby	Winnard	Boy	19:56	Settle Harriers	
8	1130	Harvey	Cooper	Boy	19:58	Leven Valley	
9	1120	Adam	Scott	Boy	23:28	Kendal	
10	1007	Vaughan	Samson	Boy	23:30	Helm Hill Runners	

**UNDER 17 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1029	Chloe	Rylance	Girl	19:29	Ambleside AC	1st Girl
2	1074	Maia	Doherty	Girl	21:17	Helm Hill	2nd Girl
3	1060	Iris	Palmer	Girl	21:46	Halifax Harriers	3rd Girl
4	1097	Lottie	Beardwood	Girl	23:58	Helm Hill	
5	1129	Erin	Bagge	Girl	24:18	Helm Hill	
6	1073	Becky	Dyer	Girl	24:52	Helm Hill	
7	1101	Annabelle	Taylor	Girl	25:02	Helm Hill	
8	1034	Tyla	Crook	Girl	26:47	Helm Hill	
9	1015	Simone	Rigby	Girl	30:12	Settle	
10	1134	Emily	Crossley	Girl	32:03	Settle Harriers	
11	1039	Anya	Bardsley	Girl	34:51	Unattached	

**UNDER 15 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1006	Ollie	Sanders	Boy	08:30	Helm Hill	1st Boy
2	1003	Henry	Hunter	Boy	08:54	Helm Hill	2nd Boy
3	1050	William	Hall	Boy	08:55	Calder valley	3rd Boy
4	1054	Alex	Tallon	Boy	09:02	Helm Hill	
5	1037	Ben	Smith	Boy	09:12	Kendal AAC	
6	1045	Dylan	Cater	Boy	09:20	Helm Hill	
7	1049	Cameron	Coates	Boy	09:25	Ambleside	
8	1046	Joe	Ligema	Boy	09:48	Ambleside	
9	1053	Christopher	Brown	Boy	09:55	Clayton le Moors	
10	1100	Joe	Clayton	Boy	10:10	Helmhill	
11	1040	John	Bardsley	Boy	10:17	Unattached	
12	1088	Ben	Greenep	Boy	10:27	Kendal AC	
13	1076	Zach	Doherty	Boy	10:50	Dallam	
14	1084	Jack	Collett	Boy	11:00	lancaster & morecambe athletics	
15	1026	Frank	Exley-Harper	Boy	11:39	Ambleside	
16	1051	Finley	Grisedale	Boy	11:59	Helm Hill	
17	1113	Nathan	Ritchie	Boy	12:06	Hoad Hill Harriers	
18	1104	Jacob	Saunders	Boy	12:41	Unattached	
19	1121	Benjamin	Grundy	Boy	14:25	Unattached	

**UNDER 15 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1030	Sophie	Rylance	Girl	09:57	Ambleside AC	1st Girl
2	1028	Holly	Dobson	Girl	10:09	Ambleside AC	2nd Girl
3	1017	Elodie	Malcolm	Girl	10:37	Helm Hill	3rd Girl
4	1080	CJ	Middleton	Girl	10:58	Howgill Harriers	
5	1126	Freya	Richards	Girl	11:31	Helm Hill	
6	1011	Maisie	Evans	Girl	12:08	Ambleside	
7	1098	Ella	Beardwood	Girl	13:58	Helm Hill	
8	1131	Leala	Gornall	Girl	NTR	Ambleside	

**UNDER 13 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1009	Luke	Carrington	Boy	06:41	East Cheshire Harriers	1st Boy
2	1001	Joseph	Rigby	Boy	06:55	helm hill	2nd Boy
3	1013	Cal	McVey	Boy	06:56	Ambleside	3rd Boy
4	1025	Rowan	Ashworth	Boy	06:58	Ambleside	
5	1047	Ewan	Wilkinson	Boy	07:03	KCAC	
6	1063	Patrick	Casey	Boy	07:04	Calder Valley Fell Runners	
7	1002	Simon	Rigby	Boy	07:06	helm hill	
8	1089	Callum	Osborne	Boy	07:08	Trawden	
9	1106	Charlie	Barry	Boy	07:10	SETTLE HARRIERS	
10	1031	Caius	Pennington	Boy	07:22	Howgill Harriers	
11	1027	Tom	Ashworth	Boy	07:25	Ambleside	
12	1108	Daniel	Knowles-Stark	Boy	07:28	Settle	
13	1042	Joshua	Todd	Boy	07:38	Unattached	
14	1005	Richard	Goode-Smith	Boy	07:40	Ambleside	
15	1052	Harvey	Shaw	Boy	07:41	Ambleside	
16	1135	Jamie	Waller	Boy	07:43	Unattached	
17	1082	Jody	Middleton	Boy	07:46	Howgill Harriers	
18	1067	Marvin	Gibbs	Boy	07:48	Helm Hill	
19	1116	Euan	Wells	Boy	07:48	Howgill Harriers	
20	1083	Hal	Saner-Heigh	Boy	07:49	Helm Hill	
21	1069	Blake	Fleming	Boy	07:50	Hoad Hill Harriers	
22	1044	Alfie	Todd	Boy	07:51	Unattached	
23	1115	Samuel	Jackson	Boy	07:59	Helm Hill	
24	1085	Liam	Barr	Boy	08:01	Howgill Harriers	
25	1103	Joel	Saunders	Boy	08:02	Helm Hill	
26	1123	Isaac	Robinson	Boy	08:06	Howgill Harriers	
27	1004	Luke	Campbell	Boy	08:08	Ambleside	
28	1078	Toby	Harper	Boy	08:10	Ambleside	
29	1127	Arran	Revill	Boy	08:12	Helm Hill	
30	1032	Aaron	Smith	Boy	08:18	Howgill Harrier	
31	1057	Toby	Acland	Boy	08:20	Helm Hill	
32	1128	Matthew	Gornall	Boy	08:25	Ambleside	
33	1061	Oliver	Brummitt	Boy	08:28	Settle	
34	1114	Will	Brayshaw	Boy	08:34	Helm Hill	
35	1066	Ewan	Black	Boy	08:40	Helm Hill	
36	1111	Jude	Evans	Boy	08:42	Unattached	
37	1022	Jamie	Graham	Boy	08:44	Ambleside	
38	1041	Oliver	Willoughby	Boy	08:45	Helm Hill	
39	1095	Thomas	Hearn	Boy	08:56	Helm Hill	
40	1125	Theo	Robinson	Boy	08:57	Howgill Harriers	
41	1119	Sonny	Atkin	Boy	09:01	Settle	
42	1086	Felix	Cooper	Boy	09:04	Hoadhill harriers	
43	1024	Rory	Knowles	Boy	09:06	Ambleside	
44	1058	Zack	Capstick	Boy	09:08	Ambleside	
45	1036	Alfie	Almond	Boy	09:19	Unattached	
46	1059	Bobby	Wilkin	Boy	09:24	Ambleside	
47	1023	Patrick	Wood	Boy	09:32	Ambleside	
DNF	1099	Charlie	Clayton	Boy	DNF	Helmhill	



**UNDER 13 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1035	Sarah	Smith	Girl	06:53	Helm Hill	1st Girl
2	1008	Clara	Samson	Girl	07:02	Helm Hill Runners	2nd Girl
3	1062	Bethan	Saunders	Girl	07:26	Leven Valley	3rd Girl
4	1056	Elise	Tallon	Girl	07:33	Helm Hill	
5	1079	Tilly	Knowles	Girl	07:52	Ambleside	
6	1091	Ella	Martindale	Girl	07:56	Helm Hill Runners	
7	1048	Megan	Wilkinson	Girl	08:09	KCAC	
8	1014	Martha	Rigby	Girl	08:11	Settle	
9	1020	Jessica	Edmondson	Girl	08:14	Ambleside	
10	1093	Charlotte	Pearl	Girl	08:17	Settle Harriers	
11	1137	Esme	Walkingshaw	Girl	08:22	Eden	
12	1077	Vicky	Woolf	Girl	08:31	Howgill Harriers	
13	1117	Lucy	Bagot	Girl	08:39	Settle	
14	1010	Joss	Evans	Girl	08:41	Ambleside	
15	1118	Connie-May	Scott	Girl	08:43	Kendal	
16	1021	Ruby	Duxbury	Girl	08:46	Ambleside	
17	1090	Tamzin	Osborne	Girl	08:50	Trawden	
18	1019	Emma	Duxbury	Girl	08:51	Ambleside	
19	1092	Madeleine	Martindale	Girl	09:03		
20	1033	Ellen	Dickson	Girl	09:04	Ambleside AC	
21	1068	Tess	Gibbs	Girl	09:11	Helm Hill	
22	1012	Emily	Pearl	Girl	09:14	Lancaster and Morecambe	
23	1016	Cate	Matthew	Girl	09:39	N/A	
24	1105	Sophie	Goodall	Girl	09:43	Unattached	
25	1075	Katie	Lewis	Girl	09:55	Howgill Harriers	
26	1071	Hannah	Dyer	Girl	09:56	Helm Hill	
27	1112	Georgia	France	Girl	09:56	Helm Hill	
28	1109	Poppy	Scott	Girl	09:57	Unattached	
29	1102	Ava	Saunders	Girl	10:05	Unattached	
30	1072	Noa	Calman	Girl	10:07	Ambleside AC	
31	1096	Alicia	Crawford	Girl	10:17	Helm Hill	
32	1124	Tess	Evans	Girl	10:21	Unattached	
33	1065	Eleanor	King	Girl	10:29	Helm Hill	
34	1070	Seren	Green	Girl	10:30	Ambleside	
35	1055	Megan	Harris	Girl	10:39	Helm Hill	
36	1136	Beau	Walkingshaw	Girl	10:47	Eden	
37	1132	Bridget	Atkinson	Girl	10:50		
38	1122	Robin	Blunden	Girl	11:57	Helm Hill	
39	1094	Sophie	Hearn	Girl	12:05	Unattached	
DNF	1110	Amelia	Knowles-Stark	Girl	DNF	Settle	



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