

Position	Race No	Time	First Name	Surname	Category	Club	Course
1	209	1:06:49	Paul	Thomas	M40	MFR	Short (10km)
2	208	1:09:08	Paul	Sheard	M50	MFR	Short (10km)
3	204	1:10:04	Adam	Cubbon	MSEN	MFR	Short (10km)
4	213	1:23:21	Daniel	Roberts	M40	MFR	Short (10km)
5	202	1:23:21	Daniel	Phair	MU23	MFR	Short (10km)
6	203	1:24:22	Matt	Betteridge	MSEN	Unattached	Short (10km)
7	215	1:28:32	Rose	Hooton	W60	MFR	Short (10km)
8	206	1:30:22	Dave	Collister	M50	MFR	Short (10km)
9	205	1:30:22	Lesley	Webb	W40	MFR	Short (10km)
10	210	1:30:30	Nick	Collings	MSEN	Unattached	Short (10km)
11	214	1:31:56	Paul	Craine	MSEN	MFR	Short (10km)
12	207	1:33:12	James	Lace	MSEN	Unattached	Short (10km)
13	211	1:35:22	Terri	Salmon	W50	MFR	Short (10km)
14	212	1:35:22	Sharon	Donaldson	W50	MFR	Short (10km)
15	201	1:37:53	Ben	Scott	M40	WAC	Short (10km)
16	216	1:38:49	Michael	Connors	M50	MFR	Short (10km)
17	218	1:38:49	Stephen	Wilmott	M50	IOMVAC	Short (10km)
18	217	1:39:51	Carolyn	Hastings	W40	Unattached	Short (10km)