

'The ALS never disappoints and this year's addition was no different. It goes without saying that the second you open the car door on Penistone Hill you get hit by a blast of ice cold air and a wave of enthusiasm that you get at a Woodentops race. After a quiet word with Dave and a couple of quid in his back pocket the race route changed to my preferred option. On reflection this was a terrible mistake because it meant an entire race of plodding through freezing cold bogs and not a single good stride but I loved every second. Without wanting to sound like a broken record my route choice wasn't the best which Holmsey took full advantage of and he flew past me on the descent from the Stoop.

Along with Jonny and Bucko we had a four way race back to the finish and I just sneaked the win.

The costumes and enthusiasm were better than ever and it was fantastic to see so many folk having a grand, if rather chilly, day out. The prize giving was legendary as you would expect but I think Dave is getting a little less loud in his advancing years. This is definitely not a bad thing! Hopefully see everyone there next year.' said 4 times ALS champion Alistair Brownlee. To quote the Yorkshire Post 'This event attracts both elite runners and those taking part in fancy dress meaning the field had everything from Olympians to Ostriches and for everyone there was a bottle of Daleside beer. Al has been competing in the race for more than 10 years, brother Jonny won the race back in 2012 finishing 3rd this time. British triathlete champion Mark Buckingham came in 2nd, while Ian Holmes who dominated the race for a decade finished in 4th and first V40'.

'I had been looking forward to the race, even more so because I'd been injured and in the weeks before Christmas wasn't sure whether I'd be able to make it. I had to miss last year's ALS so was determined to get to the start line this time around! I'd heard a lot about the race from club mates and had been warned that you need to make a fast start before the track narrowed. But there were so many people it wasn't that easy! I managed to get ahead of the other girls who had made a fast start and finally ahead of Caitlin on the climb, so assumed I was in the lead at that point. It was hard work in all that mud; really sapping, and so I made the most of the flat part under the snow. There was one section where two runners I passed were up to their thighs in a bog (sorry I didn't stop to help, but I promise they looked ok!!)!! I was so determined to win my first ALS race, so there was no stopping me on the way back and I felt strong. There was so much support from spectators near the end. I probably didn't look like I was enjoying it because I was working hard, but I did!! And as is typical for Dave, I'd hardly caught my breath before the camera was out!!

As for the pub afterwards.....well, you've got to be there to believe it. Packed in like sardines and a great atmosphere. I shall have to keep up the training to work off all those chocolates and biscuits!! I needed my club mates to help me out to the car with all my prizes!

2014 has been a great year for me on the fells, and what better way to end it than to get my name on that ALS trophy.' said 2014 FV40 British and English Fell Running champion Helen Berry. Stoop fell race winner Caitlin Rice finished 2nd loving the deep mud just in front of top triathlete Rhys Davey who probably didn't. Third in the race was Nichola Jackson while BOFRA champion Emma Hopkinson finished 4th.

The icy conditions meant a route change and a few more problems for the event so a massive thanks must go to all who helped make the event so enjoyable and possible, but a special thanks and numerous claps on the back must go to Dick Ballantine who used his 4X4 to ferry the beer up to the cricket club and on race day lay down 10 bags of grit on the track on to Penistone Hill at 6am and then ran the race finishing in 99<sup>th</sup> place out of the 397 runners, **now that's a hero!**

1	<b>AL</b>	<b>38.28</b>	<b>ALISTAIR BROWNLEE</b>	<b>BINGLEY</b>	
2	SHARKEY	38.35	MARK BUCKINGHAM	HOLMFIRTH	
3	JONNY	38.44	JONNY BROWNLEE	BINGLEY	
4	<b>IAN</b>	<b>38.52</b>	<b>IAN HOLMES</b>	<b>BINGLEY</b>	<b>V40</b>
5	1	40.36	GORDON BENSON	LEEDS CITY	
6	WILL	40.56	WILLIAM NEILL	MERCIA FR	
7	500	41.10	CHRISTIAN HOLMES	WHARFEDALE	V40
8	RICHARD	41.15	RICHARD VARGA	SLOVAKIA	
9	ADAM	41.18	ADAM OSBORNE	LEEDS CITY	
10	ALEX	41.30	ALEX WHITTEM	CALDER	
11	371	41.35	CHRISTOPHER HOLDSWORTH	CLAYTON	
12	188	41.48	JULIAN HOOD	BARLICK FR	
13	CHRIS	42.03	CHRIS LEIGH	PENNINE	V40
14	304	42.16	MATT NUTTALL	BLACKBURN	V40
15	KILLIAN	42.33	KILLIAN MOONEY	HORWICH RMI	
16	12	42.56	NICHOLAS CHARLESWORTH	WHARFEDALE	V40
17	359	43.02	BEN STEVENS	ILKLEY HARRIERS	
18	9	43.15	ANDY BROWN	BINGLEY	V40
19	22	43.47	DAVE LUND	DARK PEAK FR	
20	478	43.51	DAVE KIRKHAM	WHARFEDALE	
21	105	43.53	MATTHEW HALLAM	VALLEY STRIDERS	
22	489	43.54	LUKAS SISKA	USA	
23	59	43.57	MARK RUSSELL	SWINTON RC	V40
24	375	44.00	GRAHAM MOFFATT	DARK PEAK FR	V40

25	98	44.08	JULIAN GOUDGE	CHORLEY	V40
26	133	44.10	MARTIN DAWSON	N. DERBYSHIRE	
27	207	44.17	DAVID ALCOCK	PUDSEY & BRAMLEY	
28	60	44.29	JONNY McLEAN	HOLMFIRTH	
29	33	44.43	DAVID PARKIN	SWINTON RC	
30	342	44.50	EDWARD EVANS	CRAVEN ENERGY	
<b>31</b>	<b>HELEN B</b>	<b>44.57</b>	<b>HELEN BERRY</b>	<b>HOLMFIRTH</b>	<b>FV40</b>
32	407	45.10	CHRIS JACKSON	GLOSSOPDALE	
33	422	45.18	MARC SENNETT	WHARFEDALE	
34	485	45.24	SCOTT BAIRSTOW	KEIGHLEY & CRAVEN	V40
35	115	45.29	STEPHEN SMITHIES	CALDER VALLEY	V40
<b>36</b>	<b>237</b>	<b>45.35</b>	<b>JOHN MASON</b>	<b>WAKEFIELD HARRIERS</b>	<b>V50</b>
37	222	45.38	MATT HIGHAM	STAINLAND LIONS	V40
38	413	45.42	ANDREW POWELL	LINCOLN & DISTRICT	V40
39	CAITLIN	45.44	CAITLIN RICE	GLOSSOPDALE	F
40	RHYSIE BOY	45.49	RHYS DAVEY	BRAMHOPE DEERS	
41	14	45.53	RALPH TENCH	ILKLEY	V40
42	190	45.55	CHRIS BALDERSON	BOWLAND FR	V50
<b>43</b>	<b>355</b>	<b>45.59</b>	<b>TOMMY BUCKLE</b>	<b>LEEDS BRAD TRI</b>	<b>U18</b>
44	275	46.06	NEIL HARDIMAN	CLAYTON	V40
45	226	46.22	PAUL CRABTREE	KEIGHLEY & CRAVEN	V40
46	143	46.27	JONATHAN COLLINS	STAINLAND LIONS	
47	21	46.30	NIGEL WARD	CONISTON	
48	488	46.33	PAUL MITCHELL	BINGLEY	V50
49	31	46.35	IAN SYMINGTON	CALDER VALLEY	
50	368	46.39	JAMES CLARK	PUDSEY PACERS	
51	224	46.40	ROBERT WINDARD	LINCOLN & DISTRICT	
52	CONROY	46.42	IAN CONROY	HORWICH RMI	
53	257	46.43	MICHAEL GEOGHEGAY	PORTOBELLO RC	
54	<b>47</b>	46.47	NIALL BOURKE	PUDSEY & BRAMLEY	
55	334	46.53	MARK WHARTON	CALDER VALLEY	V40
56	41	46.55	SIMON FARRAR	KEIGHLEY & CRAVEN	V50
57	487	47.03	GARRY WILKINSON	CLAYTON	V50
58	408	47.04	LEE SMITH	CLAYTON	
59	34	47.09	PAUL HOBBS	TODMORDEN	
60	399	47.11	NICHOLA JACKSON	PRESTON	F
61	370	47.12	NEIL HOLDING	WEST PENNINE	V50
62	129	47.28	STEPHEN BOOTH	UA	V50
63	EMMA	47.35	EMMA HOPKINSON	WHARFEDALE	F
64	333	47.40	IAIN POWELL	CALDER VALLEY	V40
65	198	47.43	NICK BEANLAND	UA	
66	310	47.46	NEIL McGRAW	GLOSSOPDALE	V40
67	174	47.48	ROSS BIBBY	VALLEY STRIDERS	
68	52	48.01	DAVE MOTLEY	CLAYTON	
69	28	48.02	JAMIE GIBB	UA	
70	322	48.06	DAVID BAGOT	CLAYTON	
71	6	48.09	JOHN ALLAN	TODMORDEN	
72	441	48.13	GORDON WEIGHT	BINGLEY	
73	<b>231</b>	48.18	SHANE EWAN	OTLEY	
74	476	48.27	COLIN MOSES	WHARFEDALE	V40
75	CLAIRE	48.28	CLAIRE GREEN	PUDSEY & BRAMLEY	F
76	433	48.31	IAN WILLIS	KEIGHLEY & CRAVEN	V40
77	477	48.35	SHAUN ADDISON	HELM HILL	V50
78	436	48.40	DAVID PARKINSON	PRESTON	V50
79	210	48.54	SHANE GREEN	PUDSEY & BRAMLEY	V50
80	72	48.56	GARRETH HUMPHRIES	HOLMFIRTH	V40
81	197	49.02	STUART McALEAVY	MARSH HARRIERS	V40
82	483	49.07	NIGEL ATKINSON	KEIGHLEY & CRAVEN	V40
83	400	49.12	DARREN FISHWICK	CHORLEY	V40
84	314	49.16	BENJAMAN WOLSTENHOLME	SADDLEWORTH	
85	419	49.26	JON TURPIN	SPENBOROUGH	
86	155	49.31	LUCY NEEDHAM	WHARFEDALE	F
87	335	49.35	JOHN EWART	HOLMFIRTH	V50

88	54	49.42	STEVEN BAMBER	BOWLAND FR	V50	
89	353	49.44	PHILIP HOBBS	HOLMFIRTH	V50	
90	148	49.45	BRENDON WAIN	WAKEFIELD TRI	U18	
91	427	49.48	RYAN BELSHAW	CLAYTON		
92	363	49.49	SPENCER RILEY	WHARFEDALE	V40	
93	163	49.50	MARTIN HARTLEY	UA		
94	113	49.52	JOHN ROBSON	ST. THERESA'S		
95	345	50.02	CRAIG NEVILLE	UA	V40	
96	351	50.05	MICHAEL KEEDY	SKIPTON AC	V40	
97	276	50.13	DAVE COLLINS	TODMORDEN	V50	
98	416	50.14	DANIEL COE	MARSH HARRIERS	V40	
99	182	50.17	DICK BALLANTINE	KEIGHLEY & CRAVEN	V40	
100	62	50.23	GRAHAM PILLING	PUDSEY & BRAMLEY		
101	212	50.32	MARK PIGFORD	STAINLAND LIONS	V40	
102	29	50.40	GAVIN LONGLEY	UA		
103	447	50.47	CHRIS SYLGE	CALDER VALLEY	V40	
104	63	50.51	RACHEL PILLING	PUDSEY & BRAMLEY	F	
105	208	50.58	LEON RICKETTS	UA		
106	57	50.59	IAN CONEY	LINCOLN & DISTRICT	V50	
107	83	51.02	PAUL JENKINSON	ERYRI	V40	
108	264	51.18	DUNCAN MARLOW	ASKERN & DISTRICT		
109	114	51.23	ADAM MOGER	KIRKSTALL HARRIERS		
110	17	51.25	PAUL SIMPSON	LEEDS BRAD TRI	V40	
111	367	51.30	ADRIAN BAKER	DARK PEAK FR	V50	
112	100	51.31	RICHARD SUNDERLAND	CALDER VALLEY	V40	
113	180	51.33	SIMON MAUGHAN	UA	V40	
114	201	51.41	<b>UNOFFICIAL RUNNER ON REPORT NOW</b>			
115	191	51.43	IAN FERGUSON	HAWORTH ALL STARS	V50	
116	320	51.44	NICK ROSCOE	CLAYTON	V40	
117	379	51.50	CHRIS GLOVER	KIRKSTALL HARRIERS	V50	
118	161	51.51	PIERS BARBER	WHARFEDALE	V40	
119	354	52.02	RICHARD BUCKLE	LEEDS BRAD TRI	V40	
120	170	52.11	PETER SMITH	CRAVEN ENERGY		
<b>121</b>	<b>323</b>	<b>52.20</b>	<b>ALI KEATES</b>	<b>UA</b>	<b>FV50</b>	
122	142	52.30	ALY RAW	BINGLEY	FV50	
123	192	52.32	BEN TIMBERS	UA		
124	10	52.35	MIKE WARD	ABBEY RUNNERS		
125	460	52.37	MICHAEL TOMAN	ROSSENDALE	V40	
126	283	52.43	RICHARD FOSTER	AIRIENTEERS		
127	248	52.46	CRAIG HALL	UA	V40	
128	247	52.51	DAVID WEBB	CALDER VALLEY	V40	
129	420	52.57	DAVID McCHESNEY	UA		
130	455	53.00	CRAIG COOPER	KEIGHLEY & CRAVEN	V40	
131	136	53.07	PETER BARR	RETFORD AC		
132	169	53.13	TONY BOOTH	KEIGHLEY & CRAVEN	V40	
133	296	53.24	RICHARD BRISCOE	CLAYTON		
134	93	53.25	ROBERT GOULSBRA	STOCKPORT		
135	209	53.30	GEMMA RICKETTS	UA	F	
136	179	53.30	JOHN MINTA	CALDER VALLEY	V40	
137	411	53.32	RICHARD STONE	SALTAIRE STRIDERS	V40	
138	92	53.34	COLIN GILMOUR	UA	V50	
139	382	53.37	LAURENCE DODDY	IDLE AC	V40	
140	149	53.38	BARRIE WAIN	WAKEFIELD TRI	V40	
141	297	53.41	JAMES HILL	WEST 4 HARRIERS	V40	
142	79	53.43	SIMON BLACKMAN	LINCOLN & DISTRICT	V40	
143	36	53.44	DAN MILNER	UA		
144	299	53.46	NIGEL BATTY	SKYRAC	V40	
145	381	53.47	JAMES GRAY	FRA		
146	338	53.49	JOHN BOOTHMAN	BARLICK FR	V50	
<b>147</b>	<b>458</b>	<b>53.53</b>	<b>TONY HESKETH</b>	<b>HORWICH RMI</b>	<b>V60</b>	
148	184	54.00	LINDSEY OLDFIELD	CALDER VALLEY	F	
149	409	54.03	JOHN MERRITT	BINGLEY		
150	234	54.07	RICHARD WILSON	ROTHWELL	V40	

151	269	54.09	CHRIS CAVEY	CALDER VALLEY	V40
152	319	54.14	JOHN WILCOCK	CLAYTON	V50
153	301	54.17	CHRIS BARNES	BLACKBURN	
154	30	54.23	TOM PRATT	LEEDS BRAD TRI	
155	241	54.35	PHIL MAYO	UA	V40
156	96	54.37	NICHOLAS WALSH	ROCHDALE	V40
157	439	54.41	STEPHEN HUNT	SPENBOROUGH	V50
158	71	54.46	NEIL JONES	STADIUM RUNNERS	
159	295	54.59	PAUL BOARDMAN	HORWICH RMI	V50
160	308	55.01	MARK WHITAKER	TODMORDEN	V50
161	343	55.06	SHONA STONE	BINGLEY	FV40
162	272	55.09	MICHAEL REES	PUDSEY & BRAMLEY	V50
163	256	55.12	CHRIS STACEY	OTLEY	V40
164	266	55.15	DAN COBB	BAILDON	
165	438	55.18	NATASHA GEERE	SPENBOROUGH	FV40
166	137	55.20	JUSTIN BRAMALL	UA	
167	165	55.26	PETE DIMITRIJEVIC	WHARFEDALE	
168	153	55.27	BEN MARCHANT	SALTAIRE STRIDERS	
169	68	55.37	DAVE COOPER	PUDSEY PACERS	V40
170	20	55.39	NEIL TAYLOR	SKELMERSDALE	V40
171	122	55.47	ADRIAN NETHERWODD	BINGLEY	V50
172	309	55.49	CHRISTINE WHITAKER	WHARFEDALE	FV50
173	456	56.04	CLAIRE COOPER	KEIGHLEY & CRAVEN	F
174	196	56.08	KARL MILLIGAN	MARSH HARRIERS	
175	132	56.10	MARCUS SAUNDERS	LINCOLN & DISTRICT	V40
176	268	56.15	STUART PRESTON	KEIGHLEY & CRAVEN	
177	219	56.20	KEVIN JAGGER	STAINLAND LIONS	V40
<b>178</b>	<b>BRONWEN</b>	<b>56.32</b>	<b>BRONWEN JENKINSON</b>	<b>ERYRI</b>	<b>FU18</b>
179	453	56.34	JOHN SHORROCKS	UA	
180	336	56.35	TONY SHEPHERD	UA	V40
181	305	56.42	SHAUN LENNON	UA	V50
182	43	56.49	JANE MELLOR	PENNINE	FV40
183	457	56.51	ANTHONY MAWSON	PUDSEY PACERS	V50
184	450	56.52	MARIAMA DRYAK	DURHAM UN. AXC	F
185	3	57.00	STEPHEN BODDY	OTLEY	
186	364	57.01	LUKE McQUADE	PUDSEY PACERS	
187	265	57.21	JEN WILLINGHAM	SALTAIRE STRIDERS	F
188	258	57.26	LESLEY WATSON	BINGLEY	FV40
189	279	57.27	MARCUS LANCASTLE	LINCOLN & DISTRICT	V40
190	<b>225</b>	57.28	JOHN LUDVIGSEN	WAKEFIELD HARRIERS	V50
191	452	57.30	GERALD PAXFORD	FRA	V50
192	373	57.31	FRED CLAPHAM	RIPON RUNNERS	V40
193	214	57.35	DAVID HUTCHINGS	STAINLAND LIONS	V40
194	349	57.36	ANNA SMITH	QUEENSBURY RC	FV50
195	374	57.39	DAVID MAGEE	PUDSEY PACERS	V40
196	288	57.42	NEIL HINDLE	FRA	V60
197	426	57.43	JOHN McDONALD	TRAWDEN AC	V50
198	316	57.58	ANDREW TAYLOR	UA	
199	220	58.01	PAUL PATRICK	STAINLAND LIONS	V50
200	330	58.02	LUKE SALMONS	UA	
201	73	58.08	DAVID BLACK	CLAYTON	V40
202	350	58.21	JAYNE BUTTERWORTH	SKIPTON AC	FV50
203	172	58.24	RICHARD LANGRON	UA	V50
204	152	58.25	LAURA MARCHANT	SALTAIRE STRIDERS	F
205	318	58.32	GARETH TAYLOR	DARWEN DASHERS	
206	404	58.40	MARTIN RALPH	PENDLE FOREST CYCLE CLUB	V40
207	119	58.46	FLORENCE EVANS	UA	F
208	480	58.50	RACHEL HUDSON	UA	F
209	111	58.55	LEANNE HAGUE	UA	FV40
210	385	58.57	MARK DYE	YORK TRI	V40
211	7	59.06	VICKY HEYS	CLAYTON	FV40
212	<b>396</b>	59.09	JOHN FIRTH	UA	
213	261	59.11	JOHN COATES	UA	V50

214	440	59.16	BECKY WEIGHT	BINGLEY	FV50
215	145	59.17	ANDREW COONEY	DATCHET DASHERS	V40
216	160	59.21	DAVE GARNER	TODMORDEN	V40
217	312	59.21	SAM BENTLEY	UA	
218	154	59.24	JEAN POWELL	WHARFEDALE	FV40
219	95	59.26	PAUL KELLY	DURHAM FR	V50
220	76	59.28	STEVE BOAM	PUDSEY PACERS	V40
221	392	59.33	ANDY PETTIT	CRAVEN ENERGY	V40
222	167	59.34	GARY CHAPMAN	KEIGHLEY & CRAVEN	V40
223	315	59.36	JAMES STABLES	SADDLEWORTH	
224	101	59.39	JEREMY WRIGHT	SALTAIRE STRIDERS	V50
225	417	59.40	NATHANIEL SNELL	ROAD RUNNERS	
226	146	59.43	COLIN WOOLFORD	CLAYTON	
227	239	59.45	ROWEN RATCLIFFE	SADDLEWORTH	F
228	50	59.52	KATIE MANSELL	CALDER VALLEY	FV40
229	414	59.59	DAVID PICKERING	RETFORD AC	V40
230	365	60.04	MIKE AYERS	ABBEY RUNNERS	V50
231	326	60.11	PETER TURNER	UA	V40
232	186	60.12	JOHN LOVELL	UA	V40
233	218	60.16	JOHN NUNN	CALDER VALLEY	V50
234	JACK D	60.30	JACK DENTON	CALDER	U18
235	127	60.34	ANDY WEBSTER	OTLEY	V40
236	11	60.35	JOHN MASON	UA	
237	112	60.36	CATRIONA PURDY	UA	FV40
238	120	60.38	MARK SMALES	BARNSLEY	V50
239	454	60.39	JANE LEONARD	TODMORDEN	FV50
240	259	60.40	JOHN MERRICK	BINGLEY	V40
241	281	60.42	SIMON BILTON	LINCOLN & DISTRICT	V50
242	107	60.44	DANIEL CARIS	CALDERDALE TRI	
243	472	60.49	SAM GIBBS	HELM HILL	V40
244	362	60.57	SUE FULTON	BINGLEY	FV50
245	479	61.09	KATHERINE KIRKHAM	WHARFEDALE	F
246	280	61.11	SIMON PRATT	UA	V50
247	40	61.13	ANDY HOLDEN	WHARFEDALE	V50
248	270	61.15	IAN HARTMAN	BAILDON	V60
249	70	61.16	KEVIN HOLMES	UA	V40
250	157	61.18	MOIRA ALDERSON	CALDER VALLEY	FV40
251	366	61.20	JOE ATHERTON	KEIGHLEY & CRAVEN	
252	97	61.21	GRAHAM BARNES	UA	V60
253	181	61.25	LEE POTTS	UA	
254	138	61.30	JOHN SINCLAIR	RETFORD AC	V50
255	77	61.32	NEIL ' THE SCOT' WALLACE	PUDSEY PACERS	V40
256	66	61.35	STEVE CARTER	KEIGHLEY & CRAVEN	V60
257	341	61.53	GARETH EVANS	UA	V50
258	187	62.08	KAREN HOOD	SKIPTON AC	F
259	394	62.09	PAUL HARRIS	CRAVEN ENERGY	
260	202	62.11	PAT HIGGINS	MARSH HARRIERS	V50
<b>261</b>	<b>124</b>	<b>62.13</b>	<b>MALCOLM COLES</b>	<b>VALLEY STRIDERS</b>	<b>V70</b>
262	125	62.18	SHARON WILLIAMS	ABBEY RUNNERS	FV50
263	361	62.22	BRUCE DUNCAN	BINGLEY	V60
<b>264</b>	<b>221</b>	<b>62.25</b>	<b>AILEEN BALDWIN</b>	<b>STAINLAND LIONS</b>	<b>FV60</b>
265	255	62.26	TIM WHITCOMBE	FRA	V50
266	461	62.28	WILLIAM TITLEY	TRAWDEN AC	V40
267	8	62.33	ANGELA SHIAN	CLAYTON	F
268	200	62.58	JOHN EGAN	WHARFEDALE	V40
269	249	63.01	CHRIS PRESTON	TODMORDEN	FV50
270	159	63.02	MICHELLE FULLER	MIDDLETON	FV40
271	109	63.03	JASON BUCKLEY	KIRKSTALL HARRIERS	
272	128	63.07	PAUL HOLT	UA	V50
273	446	63.11	LOUISE MARIX EVANS	CALDER VALLEY	FV40
274	45	63.17	PAUL WILSON	WHARFEDALE	V50
275	397	63.32	WENDY DODDS	CLAYTON	FV60
276	102	63.33	KIEREN O'BRIEN	KIRKSTALL HARRIERS	

277	331	63.36	FIONA ARMER	TODMORDEN	FV40
278	369	63.38	DAVE CULPAN	CALDER VALLEY	V50
279	217	63.39	JASON HAIGH	HOLMFIRTH	V40
280	123	63.46	LUCY CHURM	KIRKSTALL HARRIERS	F
281	273	63.48	ANDREW BIDDLE	WEST PENNINE	V60
282	386	63.51	MANDY CLARKE	BINGLEY	FV40
283	344	64.06	PETER STONE	UA	V40
284	284	64.07	TIMOTHY WALKER	LINCOLN & DISTRICT	V50
285	466	64.11	PAUL CRUTHERS	TODMORDEN	V50
286	204	64.13	DIANE WHITEOAK	KEIGHLEY & CRAVEN	FV40
287	402	64.17	HUGH PEARSON	OTLEY	V50
288	2	64.21	KATIE McHALE	BRAMHOPE DEERS	F
289	475	64.23	MICHELLE MORRIS	BAILDON	F
290	89	64.27	STEPHEN FISH	CLAYTON	V60
291	168	64.30	SUE STRAW	UA	FV40
292	421	64.32	RAYMOND MIGOCZ	UA	V60
293	16	64.33	DAVID IBBOTSON	ILKLEY HARRIERS	V50
294	27	64.43	CLIVE PARPWORTH	SPA STRIDERS	
295	339	64.56	CHRIS BURRELL	HALIFAX	V50
296	32	65.05	NORMAN BUSH	ILKLEY HARRIERS	V70
297	282	65.15	LEWIS BILTON	LINCOLN & DISTRICT	
298	51	65.20	MARK DAVIES	MERCIA FR	V40
299	194	65.25	NIKKI TIMMINS	UA	F
300	203	65.41	JULIE NAREY	UA	FV50
301	311	65.47	NEVILLE McGRAW	GLOSSOPDALE	V60
302	230	65.50	JIM GODDARD	BAILDON	V50
303	37	65.53	BLUE HAYWOOD	LINCOLN TRI	F
304	144	65.59	JEREMY HOYLE	HOLMFIRTH	V40
305	474	66.06	RICHARD CHISEM	PONTEFRACT AC	
306	156	66.15	STEVEN BOYER	CALDER VALLEY	V50
307	469	66.20	KIRSTY PATTEN	TODMORDEN	F
308	254	66.23	LISA PARKINSON	ROSSENDALE	F
309	253	66.24	CRAIG STANSFIELD	TODMORDEN	V40
310	262	66.31	LINDA HAYLES	CALDER VALLEY	FV60
311	140	66.31	NICK LYONS	LINCOLN & DISTRICT	V60
312	69	66.33	MARK ARMITAGE	UA	V40
313	468	66.34	DANIEL WASS	HYDE PARK HARRIERS	
314	293	66.41	KATH HOYER	FRA	FV50
315	244	66.45	COLIN BRUNOLD	UA	V50
316	238	67.08	SIMON PYMM	UA	
317	91	67.15	RICHARD HORNER	MERCIA FR	V50
318	80	67.27	STEPHEN BANKS	LINCOLN & DISTRICT	V40
319	18	67.32	JAMES HODGSON	UA	
320	121	67.38	STEPHANIE EVANS	UA	FV50
321	75	67.44	SHARON HAGUE	PUDSEY PACERS	FV40
322	53	67.47	ROBERT HIRST	CLAYTON	V60
323	BO BO	68.00	BO HAYWODD	LINCOLN TRI	F
324	376	68.17	GAIL TOMBS	CALDER VALLEY	FV60
325	432	68.28	CATHERINE HILL	WHARFEDALE	F
326	486	68.31	CATH BRADLEY	WHARFEDALE	F
327	243	68.34	CHRIS BRUNOLD	OTLEY	FV40
328	437	68.38	TREVOR METCALFE	WHARFEDALE	V60
329	5	68.40	ROSE WIGGLESWORTH	ACKWORTH RR	F
330	19	68.43	BECKY GIBBS	HELM HILL	F
331	39	68.50	SALLY HAYWOOD	LINCOLN TRI	FV50
332	38	68.51	RUSSELL HAYWOOD	UA	V50
333	35	68.56	LYNNE WHITAKER	WHARFEDALE	FV50
334	424	69.14	ROBERT SPAVIN	UA	V40
335	423	69.19	JOANNE SPAVIN	UA	FV40
336	236	69.23	RAYMOND MOONEY	STAINLAND LIONS	V50
337	292	69.30	JILL DAVIES	SADDLEWORTH	FV60
338	139	69.51	LESLIE GUDALAJTYS	UA	V40
339	242	69.57	SARAH SMITH	VALLEY STRIDERS	FV40

340	74	69.58	ROY JACKMAN	UA	V60
341	298	70.01	KIERAN BATTY	SKYRAC	U18
342	372	70.03	WAYNE McINTOSH	TRAWDEN AC	
343	471	70.16	HELENE WRIGHT	WREXHAM	F
344	324	70.17	PAUL STEVENSON	SINFIN	V50
345	467	70.29	ANDREW FALKINGBRIDGE	UA	V40
346	252	70.35	DAVE BESTON	ABBEY RUNNERS	V50
347	99	70.50	SALLY McCOY	LOSTOCK TRI & AC	FV40
348	232	70.52	MELANIE WEST	BAILDON	FV40
349	260	71.00	DAVID BYROM	PUDSEY PACERS	V40
350	277	71.02	ANDREW BYROM	PUDSEY PACERS	V40
351	118	71.09	JENNY PICKERSGILL	UA	FV40
352	151	71.10	JONATHAN MAYO	KENDAL	V50
353	228	71.26	KATE WALTER	BAILDON	FV50
354	418	71.31	GRAHAM TRUEMAN	WAKEFIELD TRI	
355	383	71.33	ROGER HALL	WHARFEDALE	V60
356	67	71.38	JENNY COOPER	PUDSEY PACERS	F
357	431	71.39	SUZANNE BECK	PUDSEY PACERS	F
358	294	71.46	NEIL LAW	UA	V40
359	158	72.33	LIZ NORMAN	CALDER VALLEY	F
360	340	72.35	ANGIE EVANS	CRAVEN ENERGY	FV50
361	26	72.48	SALLY WRIGHT	ILKLEY HARRIERS	FV50
362	328	72.56	PETER JAMES	WEST PENNINE	V50
363	390	73.24	LIGA MAGDALENOKA-KEEN	CHAPEL ALLERTON	F
364	389	73.26	NICK KEEN	CHAPEL ALLERTON	
365	448	73.36	SHARON NEWBOLD	WHARFEDALE	FV40
366	391	74.54	CHLOE GLOVER	STADIUM RUNNERS	F
367	78	75.14	JOHN WILLIAM TYAS	UA	V50
368	429	75.20	ANDREW TWIST	SWEATSHOP	
369	233	75.26	AMANDA DARBYSHIRE	BAILDON	F
370	307	75.56	PHILIP ROUTH	IDLE AC	V50
371	290	76.42	SUE RATCLIFFE	SADDLEWORTH	FV50
372	470	77.20	KERRY ROBINSON	UA	F
373	398	77.47	SIMON VALLANCE	UA	V40
374	285	77.56	LINDA HOWARD	TIDESWELL & AC	FV50
375	278	77.57	STEVE WOODWARD	RETFORD AC	V40
376	61	78.29	SARAH CHALMERS	NIDD VALLEY	FV50
377	445	78.43	DAVID DANBURY	UA	V60
378	46	78.53	SOPHIE BROWN	ILKLEY HARRIERS	FV40
379	378	79.02	ALYSON GLOVER	KIRKSTALL HARRIERS	FV40
380	274	79.05	PHILIP McCULLAGH	CHORLEY	V50
381	175	81.39	ANNE MILNER	WHARFEDALE	FV40
382	183	81.39	KAREN BALLANTINE	KEIGHLEY & CRAVEN	FV40
383	499	81.39	LISA HOLMES	WHARFEDALE	F
384	227	81.39	CAREN CRABTREE	KEIGHLEY & CRAVEN	FV40
385	205	81.39	SUE ROBERTS	TODMORDEN	FV50
386	177	81.39	SUE WILSON	UA	FV40
387	108	82.05	LINDA CAREY	BAILDON	FV50
388	64	82.45	LAURA DAVIES	KIRKSTALL HARRIERS	F
389	150	84.50	RICHARD NEWMAN	BINGLEY	
390	415	89.22	JOHN T FRANCIS	CLAYTON	V70
391	380	90.24	KAREN LONGFELLOW	KIRKSTALL HARRIERS	FV40
392	110	91.07	JILL BUCKLEY	KIRKSTALL HARRIERS	F
393	229	91.15	ANGELA PEGG	BAILDON	FV60
394	55	92.16	CHARMAIN HEATON	RETFORD AC	FV50
395	135	92.17	STEVE WATHALL	RETFORD AC	V50

2 RETIREMENTS

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<b>MEN'S TEAM</b>	<b>BINGLEY ALISTAIR &amp; JONNY BROWNLEE, IAN HOLMES = 8</b>		
<b>LADIES TEAM</b>	<b>WHARFEDALE EMMA HOPKINSON, LUCY NEEDHAM &amp; CHRISTINE WHITAKER = 24</b>		
			<b>FANCY DRESS WINNERS</b>
		SHARK	NICK KEEN
		COUNT DRACULA	SHARON WILLIAMS
		BAYWATCH LIFEGUARD	LIGA MAGDALENKO
		BRITVIC 55	CHARMAIN HEATON
		NINJA TURLES	CATRIONA PURDY
			LEANNE HAGUE
			STEVE BOOM
			SHARON HAGUE
		GOTH PREACHER	GRAHAM PILLING
		CAVEGIRLS	KAREN BALLANTINE
			SUE WILSON
			CAREN CRABTREE
			ANNIE MILNER
			LISA HOLMES
		LEGO MAN	PETE DIMITRIJVIC
		CRUELLA	SALLY McCOY
		CAVEMAN	MICHAEL KEEDY
		KERMIT THE FROG	DAVID BYROM
		WET SUITED TRIATHLETE	GARY CHAPMAN
		GOLDEN STAR	RACHEL PILLING
		OSTRICH	NORMAN BUSH
		SUMO	ANDY HOLDEN
		ROBOT	NEIL 'THE SCOT' WALLACE
		DAVE WOODHEAD	CHRIS BARNES