

Pos	Name	Club	Time	Cat.
1	Lewis Banton	Clowne	1.50.40	
2	Keith Dowson	NYMAC	1.56.40	V
3	Roy Ruddle	Ilkley	1.57.16	V
4	Ian Ellmore	Scarborough	1.58.25	V
5	David Eiser	IND.	2.02.36	
6	Jeff winder	Scarborough	2.07.21	VV
7	Peter Connor	NYMAC	2.08.26	VV
8	Ian Shaw	IND.	2.10.07	V
9	Dave Robinson	NYMAC	2.10.48	V
10	Steve Honeyman	NYMAC	2.17.29	V
11	Mark Edwards	NYMAC	2.21.51	V
12	Ronnie Sherwood	New Marske Harriers	2.22.19	VVV
13	Brian Evans	IND.	2.23.07	VV
14	Caroline Pollard	NYMAC	2.24.19	VV
15	Richie Clarke	NYMAC	2.26.41	VVV
16	Christopher Wright	NYMAC	2.32.11	V
17	Philip Bailey	Scarborough	2.37.13	VV
18	Dave Parke	Scarborough	2.42.24	VV
19	Robert Haworth	IND.	2.44.09	V
20	Adrian heath	IND	2.44.37	
21	Geoff Bell	Retired		
22	Val Bell	Retired		
23	Rowena O'Donnell	Retired		

Team Prize NYMAC