

Results for : The Roaches
Distance : 15 Miles
Date : Sunday, 10. November 2019



Mow Cop Runners

Position	Name	Bib No	Time	Vet Class	Club
1	Simon Harding	108	02:02:51	M	Macclesfield Harriers
2	Alastair Graves	80	02:07:22	M	Dark Peak FR
3	Simon Bailey	126	02:10:06	M	Mercia FR
4	Matthew Basnet	184	02:20:29	M	Staffordshire Moorlands AC
5	Alex Lawton	141	02:20:59	M	Torq Fitness
6	Jack Foxall	162	02:22:11	M40	Dark Peak FR
7	Dermot Bryes	197	02:23:28	M	Victoria Park Harriers
8	Sam Pole	78	02:23:56	M	Fleckney and Kibworth
9	Sophie Horrocks	85	02:26:14	L	Rossendale
10	Louis Wood	190	02:26:15	M40	Steel City Striders
11	Ralph Skrimshire	169	02:26:18	M40	Dark Peak FR
12	Paul Rowley	132	02:26:49	M	Pennine FR
13	Mathew Nichols	17	02:27:58	M	Matlock AC
14	Matthew Statham	188	02:28:05	M40	Staffordshire Moorlands AC
15	Andy Davies	38	02:28:35	M50	Mercia FR
16	Colin Brearley	97	02:28:55	M40	Home Pierrepont RC
17	Matt Owens	127	02:29:05	M40	Chortlton Runners
18	Adrian Payne	69	02:29:20	M	Badgers
19	John Atyeo	39	02:29:29	M50	Mercia FR
20	Ian Capleton	163	02:29:56	M	Dark Peak FR
21	Neil Walker	66	02:30:06	M40	Altrincham AC
22	Isaac Elkington	196	02:30:44	M	Staffordshire Moorlands AC
23	Ben Beaumont	63	02:31:09	M	BRAT
24	Norman Hayhurst	177	02:31:26	M55	Unattached
25	James Halse	129	02:32:45	M40	Dark Peak FR
26	Ian Halley	116	02:33:28	M	Ripley
27	Chris Wilshaw	171	02:34:12	M	Shelton Striders
28	Pez Holda	164	02:34:24	M40	Dark Peak FR
29	Tom Bush	128	02:34:34	M	Pennine FR
30	Mark Pursell	172	02:34:41	M40	Pennine FR
31	Paul Swindles	161	02:34:42	M40	Pennine FR
32	Martin Rouse	152	02:35:04	M	Unattached
33	Chris Lawson	20	02:35:41	M45	Dark Peak FR
34	Mel Price	12	02:35:50	L45	Mercia FR
35	Will Reed-Wright	34	02:36:13	M	Orion Harriers
36	Arran McCloskey	86	02:36:41	M	Knutsford Tri Club
37	Alice Swift	142	02:37:30	L	Chortlton Runners
38	David Brockbank	22	02:37:41	M45	Macclesfield Harriers
39	Chris Barnes	32	02:37:52	M45	Dee Orienteering
40	Sally Fawsett	112	02:38:37	L	Dark Peak FR
41	Andrew Sprague	36	02:39:10	M45	Black Country Bonk Runners
42	Ben Williams	77	02:39:40	M	Staffordshire Moorlands AC
43	Richard Bate	35	02:39:53	M	Mercia FR
44	Matt Lyans	37	02:40:56	M50	Themes Hare and Hounds
45	Billy Naylor	189	02:40:58	M40	Unattached
46	Chris Wright	19	02:41:21	M	Mow Cop Runners
47	Wade Foden	29	02:41:55	M40	Long Eaton RC
48	Dan Croft	174	02:42:52	M50	Macclesfield Harriers
49	Paul Bones	33	02:43:07	M50	Shrewsbury AC
50	Paul Cates	27	02:43:17	M55	Orion Harriers
51	Chris Rhodes	167	02:43:26	M	Home Pierrepont RC
52	Lee Wilkinson	83	02:43:27	M40	South Cheshire Harriers
53	Lee Caves	182	02:43:50	M40	Centurion RC
54	Dominic Watts	130	02:43:59	M50	Dark Peak FR
55	Nigel Barnes	187	02:44:12	M45	Steel City Striders

Position	Name	Bib No	Time	Vet Class	Club
56	Simon Hoggart	195	02:46:28	M	Unattached
57	Richard Tunnicliffe	153	02:46:53	M	Unattached
58	Peter Agnew	64	02:48:11	M55	Buckley Runners
59	Stuart Thomas	60	02:48:38	M40	Buckley Runners
60	Stuart Atkinson	40	02:48:41	M40	Delamere Spartans
61	Rupert Holden	16	02:49:41	M50	Matlock AC
62	Neil Wilkes	159	02:50:11	M40	Mercia FR
63	Paul Lewis	21	02:50:14	M50	Long Eaton RC
64	Rachael Lundgren	51	02:50:18	L	Totley AC
65	James McMurtry	136	02:50:45	M50	Ashbourne RC
66	Steve Swallow	125	02:50:48	M50	Macclesfield Harriers
67	Chris Bottomley	114	02:51:13	M	Unattached
68	Joanne Mosley	59	02:51:14	L	Unattached
69	Eleanor Lunt	175	02:51:16	L	Long Eaton RC
70	Stefan Phillips	107	02:51:23	M45	Macclesfield Harriers
71	Miroslav Siska	81	02:51:28	M45	Unattached
72	Gillian Allen	122	02:51:37	L	Steel City Striders
73	Barnaby Crawshaw	179	02:52:10	M	Pennine FR
74	Marcel Darling	18	02:53:09	M45	Shelton Striders
75	Tobiah Venn	176	02:53:41	M	Unattached
76	Mark Ramsell	186	02:53:49	M45	Steel City Striders
77	Tim Raffle	72	02:54:05	M55	Altrincham AC
78	Julian Brown	166	02:54:14	M50	Macclesfield Harriers
79	Rachel Munday	84	02:54:43	L40	Macclesfield Harriers
80	Mark Eastman	202	02:54:47	M	Poynton Runners
81	Thomas Walker	65	02:54:53	M	Congleton Harriers
82	Drew Sambridge	185	02:54:54	M	Stratford AC
83	David Whitfield	24	02:55:05	M50	Macclesfield Harriers
84	Sam Booth	138	02:55:35	M	Ramsbottom RC
85	Simon Fox	73	02:56:01	M50	Macclesfield Harriers
86	Dave Farrow	58	02:56:19	M55	Mercia FR
87	Pat Kinch	100	02:56:25	M50	Unattached
88	Simon Pipe	160	02:56:45	M55	Mercia FR
89	Simon Davies	198	02:56:47	M	Unattached
90	Dave Clark	124	02:56:52	M40	Congleton Harriers
91	Oliver Cook	50	02:58:02	M50	Long Eaton RC
92	James McMurdo	99	02:58:10	M40	Macclesfield Harriers
93	David Brock	46	02:58:22	M55	Orion Harriers
94	Geoff Osbaldestin	1	02:58:40	M45	Mow Cop Runners
95	Lee Catforth	11	02:58:43	M	Kimberley and District Striders
96	Kevin McCloskey	87	02:59:37	M50	Knutsford Tri Club
97	Andrew Watson	52	03:00:20	M45	Matlock AC
98	Daniel knowles	208	03:00:38	M45	Unattached
99	Chris Whelpton	140	03:00:46	M45	Buxton AC
100	Stephen Gill	41	03:00:59	M50	Wrekin Road Runners
101	Malcom Busfield	137	03:01:04	M45	Ashbourne RC
102	Neil Colquhoun	206	03:01:26	M	Goyt Valley Striders
103	Daniel Gill	71	03:01:43	M40	Unattached
104	George Yates	165	03:02:22	M45	Dark Peak FR
105	Jay Mitchell	76	03:02:29	M45	Unattached
106	Tim Knight	13	03:02:46	M55	Unattached
107	Mark Kemp	155	03:02:47	M40	Hermatage Harriers
108	Jon Hicks	211	03:03:13	M	Unattached
109	Sarah Polgloss	210	03:03:14	L	Unattached
110	Andy Roberts	117	03:05:07	M50	Congleton Harriers
111	Gavin Fletcher	90	03:05:19	M40	Derby Tri Club
112	Eloise Lee	62	03:05:21	L	Mercia FR
113	Frank Holmes	89	03:05:55	M45	BRJ Run and Tri
114	Oscar Trevena	113	03:06:08	M	Macclesfield Harriers
115	Alison Wainwright	204	03:06:40	L50	Dark Peak FR
116	Jimmy Dewis	68	03:08:18	M45	Badgers
117	Jim Londesborough	91	03:08:22	M55	Unattached

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118	Kathleen ODonnell	103	03:08:40	L40	Macclesfield Harriers
119	Fred Heath	70	03:08:43	M55	Nuneaton Harriers
120	Steph Wood	10	03:09:18	L50	Macclesfield Harriers
121	Jay Dale	4	03:09:29	M	Mow Cop Runners
122	Richard Mead	131	03:09:49	M45	Dark Peak FR
123	Benjamin Wolstenholme	134	03:09:52	M	Bramhall Runners
124	Richard Ross	149	03:09:59	M55	Unattached
125	Christine Howard	92	03:10:12	L45	Matlock AC
126	Rosa Sampson Gerosia	115	03:10:43	L	Steel City Striders
127	Andrew Hunter	5	03:11:08	M40	Beeston AC
128	Nicola Richards	57	03:11:16	L40	Mercia FR
129	Michael Griffiths	144	03:11:23	M55	Dark Peak FR
130	Elliot Newsam	75	03:12:02	M	Matlock AC
131	Ian Haigh	178	03:12:20	M45	Southwell RC
132	Jim Paxman	31	03:12:52	M60	Dark Peak FR
133	Edward Beards	143	03:13:02	M55	Mercia FR
134	Rachael Lawrence	56	03:13:50	L40	Macclesfield Harriers
135	Eleanor Wainwright	207	03:14:07	L	Dark Peak FR
136	Andy Baines-Davies	88	03:14:08	M45	Staffordshire Moorlands AC
137	Nicholas Hoyes	96	03:14:09	M	Uttoxeter Road Runner
138	Joanne Holden	79	03:14:11	L40	Unattached
139	Nick Manasseh	82	03:14:21	M	Unattached
140	Paul Chrisp	55	03:14:47	M55	Delamere Spartans
141	David Rennie	145	03:15:44	M45	Unattached
142	John Gorman	94	03:18:05	M65	North Derbyshire
143	Matt Leech	191	03:18:20	M50	Macclesfield Harriers
144	Ruth Brandon	104	03:18:50	L45	Home Pierrepont RC
145	Nicole Humphreys	2	03:18:51	L	Mow Cop Runners
146	Bill Belcher	101	03:19:38	M55	Bingley Harriers
147	Warren Hadfield	139	03:20:30	M50	Unattached
148	Jacob Ratcliffe	192	03:20:31	M	Unattached
149	Mark Stanbridge	133	03:22:34	M50	Macclesfield Harriers
150	Mark Platton	121	03:22:55	M50	Steel City Striders
151	Leigh Harris	93	03:23:55	M45	Uttoxeter Road Runner
152	Cheryl Dewis	67	03:24:00	L45	Badgers
153	Mick Cochrane	28	03:24:52	M70	Dark Peak FR
154	Ian Johnson	8	03:26:55	M60	Dark Peak FR
155	Caroline Burrell	14	03:27:20	L45	Wirksworth RC
156	Ian Mason	120	03:31:21	M50	Kingstone Runners
157	Julie Taylor	135	03:31:59	L40	Ivanhoe Runners
158	Ann-Marie Jones	25	03:31:59	L65	Macclesfield Harriers
159	Geoff OMeara	148	03:34:27	M45	Unattached
160	Rick Ansell	61	03:34:30	M55	Tring RC
161	Many Calvert	9	03:34:52	L55	Macclesfield Harriers
162	Andrew Rul	193	03:35:06	M55	Stockport Harriers
163	Paul Burchell	3	03:35:39	M60	Long Eaton RC
164	Paul Thorne	205	03:36:07	M45	Vegan Runners
165	Alex Waddington	106	03:36:14	M40	Marple Runners
166	Steven Jones	209	03:37:26	M55	Dark Peak FR
167	Zoe Woodward	30	03:37:36	L55	Orion Harriers
168	Tim Holloway	47	03:42:40	M50	Delamere Spartans
169	Graeme McCarthy	123	03:43:08	M55	Dark Peak FR
170	Chris Duro	156	03:44:11	M55	Derwent Runners
171	Steve Diesner	119	03:44:25	M55	Knutsford Tri Club
172	Debs Cripps	48	03:45:44	L45	Blengdale Runners
173	Michael Stubbs	15	03:45:55	M45	Unattached
174	Richard Anthony	151	03:46:17	M	Unattached
175	Rebecca Emerton	95	03:46:53	L40	Shelton Striders
176	Bob Gardner	154	03:48:14	M60	North Derbyshire
177	Sarah Proudmore	201	03:48:49	L45	Congleton Harriers
178	David Whittaker	200	03:48:50	M45	Congleton Harriers
179	Ness Lyons	111	03:49:31	L	Unattached

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180	Marc Kinch	26	03:50:31	M50	Long Eaton RC
181	Steve Hennessey	49	03:51:59	M60	Goyt Valley Striders
182	Paul Stevenson	7	03:53:41	M60	Long Eaton RC
183	Holly McCain	109	03:59:02	L	Beeston AC
184	Bernard McCarron	203	03:59:23	M55	Macclesfield Harriers
185	Angela Moore	199	04:02:21	L45	Unattached
186	Amanda Porter	180	04:02:41	L45	Southwell RC
187	Kirsty-Jane Birch	44	04:03:00	L40	Pennine FR
188	Emma Beveridge	43	04:03:01	L50	Macclesfield Harriers
189	Helen Jeffery	118	04:03:08	L40	Congleton Harriers
190	Helen Gray	105	04:05:25	L50	Goyt Valley Striders
191	Elizabeth Lakin	23	04:08:13	L40	Long Eaton RC
192	Peter Sherratt	45	04:08:38	M	Biddulph RC
193	Helen Jenkins	54	04:08:39	L	Biddulph RC
194	Robert Minton	53	04:08:40	M	Biddulph RC
195	Mark Rawlingson	146	04:09:18	M55	Unattached
196	Paul Stevenson	98	04:10:11	M40	Unattached
197	Vikla Murphy	147	04:10:25	L45	Bramhall Runners
198	Helen Croft	150	04:10:26	L40	Bramhall Runners
199	Iain Morrison	183	04:11:57	M40	Unattached
200	C Bostock	6	04:15:04	M60	Long Eaton RC
201	Irena Hulova	170	04:16:08	L	Shelton Striders
202	Paul White	181	04:19:47	M45	Unattached
203	Jenny Whiston	157	04:25:38	L	Trentham RC
204	Paul Hoban	158	04:25:39	M40	Trentham RC