



English Fell Running Championship 2019

Men's Open Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)
Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Carl Bell	Keswick AC	52	52					104
2	Mark Lamb	Keswick AC	49	48					97
3	Daniel Haworth	Matlock Athletic Club	44	44					88
4	Kim Collison	Borrowdale Fell Runners	39	47					86
5	Rob Jebb	Helm Hill Runners	35	49					84
=6	Harry Holmes	Matlock Athletic Club	41	42					83
=6	Tom Saville	Dark Peak Fell Runners	37	46					83
8	Rhys Findlay-Robinson	Dark Peak Fell Runners	46	36					82
9	Karl Gray	Calder Valley Fell Runners	38	43					81
=10	Robert Hope	Pudsey & Bramley AC	45	35					80
=10	Max Wainwright	Dark Peak Fell Runners	43	37					80
12	Mario Yeomans	Cumberland Fell Runners	36	39					75
13	Matthew Elkington	Ambleside AC	48	24					72
14	Phil Davies	Borrowdale Fell Runners	25	40					65
=15	Steven Hebblethwaite	Keswick AC	28	28					56
=15	Michael Ainsworth	Helm Hill Runners	22	34					56
17	Dan Mills	Keswick AC	13	41					54
18	Ian Holmes	Bingley Harriers & AC	27	25					52
19	Josh Williams	Dark Peak Fell Runners	33	17					50
20	Simon Bailey	Mercia Fell Runners	47						47
=21	John Battrick	Keswick AC	34	11					45
=21	Billy Cartwright	Matlock Athletic Club		45					45
23	Daniel Connolly	Mercia Fell Runners	42						42
24	Sam Watson	Wharfedale Harriers	12	29					41
25	Matthew Roberts	Calder Valley Fell Runners	40						40
26	Peter Bray	Ambleside AC	7	32					39
=27	Adam Perry	Helm Hill Runners	11	27					38
=27	James Appleton	Keswick AC		38					38
29	Darren Kay	Calder Valley Fell Runners	14	23					37
30	Alistair Thornton	Horwich R M I Harriers	17	19					36
=31	John Helme	Ambleside AC	18	16					34
=31	Mark McGoldrick	Wharfedale Harriers	8	26					34
=33	Paul Tierney	Ambleside AC	15	18					33
=33	Andrew Worster	Todmorden Harriers		33					33
35	Mark Addison	Helm Hill Runners	32						32

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
=36	Joshua Jardine	Helm Hill Runners	31						31
=36	Calum Tinion	Keswick AC		31					31
=38	Nick Leigh	Horwich R M I Harriers	30						30
=38	James Harris	Ambleside AC		30					30
40	Alasdair Campbell	Matlock Athletic Club	29						29
=41	Joe Baxter	Pudsey & Bramley AC	26						26
=41	Jack Agnew	Mercia Fell Runners	19	7					26
43	Peter Davies	Dark Peak Fell Runners	10	15					25
44	Will Boothman	Dark Peak Fell Runners	24						24
45	Ted Mason	Wharfedale Harriers	23						23
46	Oli Johnson	Dark Peak Fell Runners		22					22
=47	Sam Stead	Keswick AC	21						21
=47	Andrew Schofield	Borrowdale Fell Runners		21					21
=49	Matthew Battley	Coventry Godiva Harriers	20						20
=49	Andy Laycock	Clayton-le-Moors Harriers		20					20
51	Adam Osborne	Calder Valley Fell Runners	6	13					19
52	Jack Wright	Ambleside AC	16						16
=53	Adam Cresswell	Cumberland Fell Runners	5	9					14
=53	Mark Roberts	Borrowdale Fell Runners	2	12					14
=53	Kieran Hodgson	Helm Hill Runners		14					14
56	Zak Hodgkinson	Matlock Athletic Club		10					10
57	James Kevan	Horwich R M I Harriers	9						9
58	Shaun Livesey	Ribble Valley Harriers		8					8
59	Paul Aitken	Helm Hill Runners		6					6
60	Jonathan Pownall	Valley Striders AC		5					5
=61	Joseph Oldfield	Matlock Athletic Club	4						4
=61	Edward Gleadowe	Black Combe Runners		4					4
=63	Jonathan Rylance	Ambleside AC	3						3
=63	Daniel Jones	Eden Runners		3					3
65	Lawrence Eccles	Penny Lane Striders		2					2
=66	Martin Howard	Calder Valley Fell Runners	1						1
=66	Joel Jameson	Helm Hill Runners		1					1



English Fell Running Championship 2019

Men's U23 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship:

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Ranking is calculated on points scored in up to 3 of the 4 races

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Black (M)	Grise dale (M)	Ilam (S)	Total
1	Max Wainwright	Dark Peak Fell Runners	12				12
2	Martin Howard	Calder Valley Fell Runners	9				9
3	Marcus Preedy	Rosendale Harriers & AC	8				8
4	Joe Law	Dark Peak Fell Runners	7				7
5	Joe Starling	Mercia Fell Runners	6				6
6	Harry Scott	Black Combe Runners	5				5
7	Martin Askew	Helm Hill Runners	4				4
8	Billy Starling	Mercia Fell Runners	3				3
9	Connor Smith	Dark Peak Fell Runners	2				2



English Fell Running Championship 2019

Men's V40 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Rob Jebb	Helm Hill Runners	38	42					80
2	Robert Hope	Pudsey & Bramley AC	42	37					79
3	Karl Gray	Calder Valley Fell Runners	39	39					78
4	Phil Davies	Borrowdale Fell Runners	35	38					73
5	Ian Holmes	Bingley Harriers & AC	36	35					71
6	Mark McGoldrick	Wharfedale Harriers	30	36					66
7	Darren Kay	Calder Valley Fell Runners	31	34					65
8	John Helme	Ambleside AC	32	31					63
9	Adam Osborne	Calder Valley Fell Runners	29	29					58
10	Mark Roberts	Borrowdale Fell Runners	27	28					55
11	Kieran Hodgson	Helm Hill Runners	25	30					55
12	John Murfin	Settle Harriers	20	26					46
13	Simon Coldrick	Pennine Fell Runners	26	18					44
=14	Jon Wright	Todmorden Harriers	24	16					40
=14	John Hunt	Dark Peak Fell Runners	15	25					40
=16	Nick Leigh	Horwich R M I Harriers	37						37
=16	Rob Hope	Pudsey & Bramley AC		37					37
18	Will Boothman	Dark Peak Fell Runners	34						34
=19	Ted Mason	Wharfedale Harriers	33						33
=19	Tim Cowin	Helm Hill Runners	22	11					33
=19	David Birch	Keswick AC	21	12					33
=19	Mark Burton	Calder Valley Fell Runners	19	14					33
=19	Mark Taylor	Calder Valley Fell Runners	18	15					33
=19	Oli Johnson	Dark Peak Fell Runners		33					33
25	Andrew Schofield	Borrowdale Fell Runners		32					32
=26	Ian Mills	Pennine Fell Runners	23	7					30
=26	Jack Foxall	Dark Peak Fell Runners	17	13					30
28	Paul Cornforth	Ambleside AC	6	23					29
29	Jonathan Rylance	Ambleside AC	28						28
30	Shaun Livesey	Ribble Valley Harriers		27					27
=31	John Hooson	Ambleside AC	5	19					24
=31	Barry Wilkinson	Borrowdale Fell Runners		24					24
33	John Deegan	Ambleside AC		22					22
34	Paul Fauset	Dark Peak Fell Runners		21					21
35	Gary Thorpe	Ambleside AC		20					20

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
36	Joe Blackett	Dark Peak Fell Runners		17					17
37	Steven Knowles	Pennine Fell Runners	16						16
38	John Atyeo	Mercia Fell Runners	14						14
39	Nigel Wood	Helm Hill Runners	13						13
40	Will Acland	Helm Hill Runners	12						12
41	Richard Bradbury	Matlock Athletic Club	11						11
=42	Ralph Skrimshire	Dark Peak Fell Runners	10						10
=42	Paul Reilly	Helm Hill Runners	8	2					10
=42	Dan Duxbury	Ambleside AC		10					10
=45	Michael Fanning	Holmfirth Harriers AC	9						9
=45	Rick Stuart	Helm Hill Runners		9					9
47	Craig Stansfield	Rosendale Harriers & AC		8					8
48	Charlie McIntosh	Pudsey & Bramley AC	7						7
49	Oliver Waters	Helm Hill Runners		6					6
50	James Haworth	Keswick AC		5					5
=51	Tim Werrett	Mercia Fell Runners	4						4
=51	Craig Smith	Keswick AC		4					4
=53	Jim Masters	Cumberland Fell Runners	3						3
=53	Dave Prosser	Keswick AC		3					3
55	Thomas Foster	Mercia Fell Runners	2						2
=56	Pete Vale	Mercia Fell Runners	1						1
=56	Steve Angus	Keswick AC		1					1



English Fell Running Championship 2019

Men's V45 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Karl Gray	Calder Valley Fell Runners	42	42					84
=2	Ian Holmes	Bingley Harriers & AC	39	38					77
=2	Phil Davies	Borrowdale Fell Runners	38	39					77
4	Darren Kay	Calder Valley Fell Runners	37	37					74
5	Mark Roberts	Borrowdale Fell Runners	36	35					71
6	John Murfin	Settle Harriers	32	33					65
7	John Hunt	Dark Peak Fell Runners	28	32					60
8	Jon Wright	Todmorden Harriers	35	24					59
=9	Tim Cowin	Helm Hill Runners	34	20					54
=9	David Birch	Keswick AC	33	21					54
=11	Mark Burton	Calder Valley Fell Runners	31	22					53
=11	Mark Taylor	Calder Valley Fell Runners	30	23					53
=11	Paul Cornforth	Ambleside AC	23	30					53
14	John Hooson	Ambleside AC	22	26					48
15	Barry Wilkinson	Borrowdale Fell Runners	10	31					41
16	Gary Thorpe	Ambleside AC	13	27					40
17	Rick Stuart	Helm Hill Runners	18	19					37
18	Andrew Schofield	Borrowdale Fell Runners		36					36
19	Shaun Livesey	Ribble Valley Harriers		34					34
=20	Steven Knowles	Pennine Fell Runners	29						29
=20	Jon Deegan	Ambleside AC		29					29
22	Paul Fauset	Dark Peak Fell Runners		28					28
23	John Atyeo	Mercia Fell Runners	27						27
=24	Richard Bradbury	Matlock Athletic Club	26						26
=24	Craig Stansfield	Rosendale Harriers & AC	8	18					26
=26	Michael Fanning	Holmfirth Harriers AC	25						25
=26	Joe Blackett	Dark Peak Fell Runners		25					25
28	Charlie McIntosh	Pudsey & Bramley AC	24						24
29	Tim Werrett	Mercia Fell Runners	21						21
=30	Thomas Foster	Mercia Fell Runners	20						20
=30	Dave Prosser	Keswick AC	5	15					20
32	Pete Vale	Mercia Fell Runners	19						19
33	Craig Burrow	Helm Hill Runners	12	6					18
=34	Mike Nolan	Dark Peak Fell Runners	17						17
=34	James Baron	Helm Hill Runners	15	2					17

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
=34	William Procter	Helm Hill Runners	9	8					17
=34	James Haworth	Keswick AC		17					17
=38	Ian Grindley	Mercia Fell Runners	16						16
=38	Craig Smith	Keswick AC		16					16
40	Andrew Slattery	Keswick AC	4	11					15
=41	Virgil Barton	Barlick Fell Runners	14						14
=41	Steve Angus	Keswick AC		14					14
43	Andy Simpson	Barrow Runners		13					13
=44	Paul Jeggo	Springfield Striders RC	7	5					12
=44	Leigh Warburton	Bowland Fell Runners		12					12
46	Stephen Smithies	Calder Valley Fell Runners	11						11
47	Rob Harper	Ambleside AC		10					10
48	Mike Harrison	Cumberland Fell Runners		9					9
49	Matt Beresford	Ambleside AC		7					7
50	Andy Lloyd	Horwich R M I Harriers	6						6
51	Chris Davies	Saddleworth Runners		4					4
=52	Mark Walsh	Horwich R M I Harriers	3						3
=52	Steve Bell	Dark Peak Fell Runners		3					3
54	Colin Walker	Pudsey & Bramley AC	2						2
=55	David Griffin	Helm Hill Runners	1						1
=55	Michael Reynolds	Mercia Fell Runners		1					1



English Fell Running Championship 2019

Men's V50 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

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Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
=1	Ian Holmes	Bingley Harriers & AC	32	29					61
=1	Phil Davies	Borrowdale Fell Runners	29	32					61
3	Mark Roberts	Borrowdale Fell Runners	28	27					55
4	John Murfin	Settle Harriers	26	26					52
5	John Hunt	Dark Peak Fell Runners	25	25					50
6	David Birch	Keswick AC	27	18					45
7	Paul Cornforth	Ambleside AC	21	23					44
8	John Hooson	Ambleside AC	20	20					40
9	Barry Wilkinson	Borrowdale Fell Runners	13	24					37
=10	Rick Stuart	Helm Hill Runners	19	17					36
=10	Gary Thorpe	Ambleside AC	15	21					36
12	Andrew Schofield	Borrowdale Fell Runners		28					28
13	Craig Stansfield	Rosendale Harriers & AC	11	16					27
14	John Atyeo	Mercia Fell Runners	24						24
=15	Michael Fanning	Holmfirth Harriers AC	23						23
=15	Dave Prosser	Keswick AC	9	14					23
=17	Charlie McIntosh	Pudsey & Bramley AC	22						22
=17	William Procter	Helm Hill Runners	12	10					22
=17	Jon Deegan	Ambleside AC		22					22
=20	James Baron	Helm Hill Runners	16	5					21
=20	Joe Blackett	Dark Peak Fell Runners	2	19					21
22	Andrew Slattery	Keswick AC	8	11					19
=23	Mike Nolan	Dark Peak Fell Runners	18						18
=23	Paul Jeggo	Springfield Striders RC	10	8					18
25	Ian Grindley	Mercia Fell Runners	17						17
26	Craig Smith	Keswick AC		15					15
27	Stephen Smithies	Calder Valley Fell Runners	14						14
28	Steve Angus	Keswick AC		13					13
29	Leigh Warburton	Bowland Fell Runners		12					12
30	Matt Beresford	Ambleside AC		9					9
=31	Mark Walsh	Horwich R M I Harriers	7						7
=31	Chris Davies	Saddleworth Runners		7					7
=33	David Griffin	Helm Hill Runners	6						6
=33	Steve Bell	Dark Peak Fell Runners		6					6
=35	Calvin Wright	Shropshire Shufflers	5						5

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
=35	Michael Reynolds	Mercia Fell Runners	1	4					5
37	Mark Agnew	Mercia Fell Runners	4						4
=38	Matt Machouki	Scarborough Athletic Club	3						3
=38	Ken Maynard	Sunderland Strollers		3					3
40	Roger Laycock	Settle Harriers		2					2
41	Carlos Bedson	Cheshire Hill Racers		1					1



English Fell Running Championship 2019

Men's V55 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Mark Roberts	Borrowdale Fell Runners	32	32					64
2	Paul Cornforth	Ambleside AC	29	29					58
3	John Hooson	Ambleside AC	28	27					55
4	Gary Thorpe	Ambleside AC	26	28					54
5	Rick Stuart	Helm Hill Runners	27	25					52
=6	William Procter	Helm Hill Runners	25	22					47
=6	Dave Prosser	Keswick AC	23	24					47
=6	Joe Blackett	Dark Peak Fell Runners	21	26					47
9	Paul Jeggo	Springfield Striders RC	24	21					45
10	David Griffin	Helm Hill Runners	22	17					39
11	Michael Mallen	Keswick AC	20	15					35
12	Andrew Fox	Glossopdale Harriers	18	16					34
13	Chris Davies	Saddleworth Runners Club	12	20					32
14	Roger Laycock	Settle Harriers	10	18					28
15	David Allen	Dark Peak Fell Runners	14	11					25
16	Leigh Warburton	Bowland Fell Runners		23					23
=17	Simon Entwisle	Pennine Fell Runners	19						19
=17	Ken Maynard	Sunderland Strollers		19					19
19	Dave Farrow	Mercia Fell Runners	17						17
=20	Ian Warhurst	Pennine Fell Runners	16						16
=20	Colin Shuttleworth	Preston Harriers	9	6					15
=22	Mike Wallis	Clayton-le-Moors Harriers	15						15
=22	Jack Holt	Clayton-le-Moors Harriers	3	12					15
24	Andy Hauser	Holmfirth Harriers AC		14					14
=25	Andy Beaty	Cumberland Fell Runners	13						13
=25	Dave Sargent	Eden Runners		13					13
=27	John Rainford	Preston Harriers	11						11
=27	Nick Brooke	Dorset Doodlers RC	6	5					11
=29	Brian Hickey	FRA		10					10
=29	Bernard Grant	Harrogate Harriers & AC	1	9					10
=31	Shaun Addison	Helm Hill Runners		8					8
=31	John Bagge	Helm Hill Runners	8						8
=33	Neil Sidaway	Cumberland Fell Runners		7					7
=33	Tom Mcgaff	Cheshire Hill Racers	7						7
35	Andy Barnett	Dark Peak Fell Runners	5						5

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
=36	Peter Stobbs	Trawden Athletic Club		4					4
=36	Andrew Bradley	Cumberland Fell Runners	4						4
38	Keith G Holmes	Dark Peak Fell Runners		3					3
=39	Robert Halstead	Todmorden Harriers		2					2
=39	Andrew Shaw	Holmfirth Harriers AC	2						2
41	Steve Wathall	Black Combe Runners		1					1



English Fell Running Championship 2019

Men's V60 Championship



*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*

The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)
Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	William Procter	Helm Hill Runners	22	19					41
2	Michael Mallen	Keswick AC	19	15					34
3	Andrew Fox	Glossopdale Harriers	17	16					33
4	Chris Davies	Saddleworth Runners Club	12	18					30
5	Roger Laycock	Settle Harriers	11	17					28
6	David Allen	Dark Peak Fell Runners	14	12					26
7	Leigh Warburton	Bowland Fell Runners		22					22
=8	Colin Shuttleworth	Preston Harriers	10	10					20
=8	Jack Holt	Clayton-le-Moors Harriers	7	13					20
10	Simon Entwisle	Pennine Fell Runners	18						18
=11	Nick Brooke	Dorset Doodlers RC	8	9					17
=11	Bernard Grant	Harrogate Harriers & AC	6	11					17
=11	Andy Hauser	Holmfirth Harriers AC	3	14					17
14	Ian Warhurst	Pennine Fell Runners	16						16
15	Mike Wallis	Clayton-le-Moors Harriers	15						15
16	Andy Beaty	Cumberland Fell Runners	13						13
17	Andy Buck	Steel City Striders RC	5	6					11
18	Tom McGaff	Cheshire Hill Racers	9	1					10
19	Robert Taylor	Pennine Fell Runners	4	5					9
20	Keith G Holmes	Dark Peak Fell Runners		8					8
21	Steve Wathall	Black Combe Runners		7					7
22	Andy Watts	Cheshire Hill Racers		4					4
23	David Gould	Mercia Fell Runners		3					3
=24	Kieran Carr	Clayton-le-Moors Harriers	2						2
=24	Ronald Rees	Pennine Fell Runners		2					2
26	Graham Moffat	Howgill Harriers	1						1



English Fell Running Championship 2019

Men's V65 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)
Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
1	Jack Holt	Clayton-le-Moors Harriers	19	22					41
2	Nick Brooke	Dorset Doodlers RC	22	18					40
3	Bernard Grant	Harrogate Harriers & AC	18	19					37
4	Robert Taylor	Pennine Fell Runners	17	16					33
5	Andy Watts	Cheshire Hill Racers	14	15					29
6	Keith G Holmes	Dark Peak Fell Runners	10	17					27
7	David Gould	Mercia Fell Runners	11	14					25
8	Stephen Dixon	Valley Striders AC	9	13					22
9	Kieran Carr	Clayton-le-Moors Harriers	16						16
10	Stewart Kemp	Dark Peak Fell Runners	15						15
11	Brian Thompson	Helm Hill Runners	13						13
=12	Mick Chambers	Saltaire Striders	12						12
=12	Graham McAra	Cheshire Hill Racers		12					12
14	Anthony Spicer	Rosendale Harriers & AC		11					11
15	David Fell	Cumberland Fell Runners	8						8
16	David Tait	Dark Peak Fell Runners	7						7
17	Michael McLoughlin	Preston Harriers	6						6
18	Ken Jones	Dark Peak Fell Runners	5						5
19	John Williams	Pennine Fell Runners	4						4
20	Arthur Clare-Hay	Mercia Fell Runners	3						3



English Fell Running Championship 2019

Men's V70 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Ranking is calculated on points scored in up to 3 of the 4 races

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Black (M)	Grise dale (M)	Ilam (S)	Total
1	Jack Holt	Clayton-le-Moors Harriers	12				12
2	Bernard Grant	Harrogate Harriers & AC	9				9
3	Kieran Carr	Clayton-le-Moors Harriers	8				8
4	David Fell	Cumberland Fell Runners	7				7
5	David Tait	Dark Peak Fell Runners	6				6
6	Ken Jones	Dark Peak Fell Runners	5				5
7	Arthur Clare-Hay	Mercia Fell Runners	4				4



English Fell Running Championship 2019

Women's Open Championship



Organised by The Fell Runner's Association Ltd

& sponsored by Pete Bland Sports and inov-8

The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)

Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)

Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Nichola Jackson	Ribble Valley Harriers	32	29					61
=2	Rachel Parker	Mercia Fell Runners	28	26					54
=2	Sharon Taylor	Helm Hill Runners	26	28					54
=4	Hannah Horsburgh	Keswick AC	27	25					52
=4	Kelli Roberts	Helm Hill Runners	25	27					52
6	Mel Price	Mercia Fell Runners	24	22					46
7	Helen Berry	Holmfirth Harriers AC	22	23					45
8	Hannah Russell	Helm Hill Runners	23	18					41
9	Megan Wilson	Dark Peak Fell Runners	16	24					40
=10	Jenn Mattinson	Keswick AC	20	17					37
=10	Anna Lupton	Black Combe Runners	17	20					37
12	Victoria Wilkinson	Bingley Harriers & AC		32					32
13	Emma Gould	Mercia Fell Runners	29						29
14	Alice Forster	Black Combe Runners	18	9					27
15	Bianca Dyer	Helm Hill Runners	9	16					25
16	Joanna Rycroft	Helm Hill Runners	10	14					24
17	Eleanor Johnstone	Pennine Fell Runners	12	11					23
=18	Sophie Noon	Cumberland Fell Runners	21						21
=18	Rachel Pilling	Pudsey & Bramley AC	15	6					21
=18	Majka Kunicka	Dark Peak Fell Runners		21					21
=21	Annie Roberts	Todmorden Harriers	19						19
=21	Sally Fawcett	Dark Peak Fell Runners		19					19
23	Kate Archer	Ilkley Harriers		15					15
24	Rosie Watson	Cumberland Fell Runners	14						14
=25	Nicola Richards	Mercia Fell Runners	13						13
=25	Gemma Bradley	Saltwell Harriers		13					13
27	Catherine Slater	Helm Hill Runners		12					12
28	Kirsty Hall	Ribble Valley Harriers	11						11
29	Gillian Lindsey	Macclesfield Harriers		10					10
=30	Helen Elmore	Dark Peak Fell Runners	8						8
=30	Jean Brown	Clayton-le-Moors Harriers		8					8
=32	Ellen Downs	Sale Harriers Manchester	7						7
=32	Fiona Marley Paterson	Helm Hill Runners		7					7
34	Lily Higgins	Halesowen ACC	6						6

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
=35	Steph Curtis	Pennine Fell Runners	5						5
=35	Carol Evans	Settle Harriers		5					5
=37	Hollie Orr	Black Combe Runners	4						4
=37	Janie Oates	Helm Hill Runners		4					4
=39	Nicky Spinks	Dark Peak Fell Runners	3						3
=39	Michelle Foxwell	Ambleside AC		3					3
=41	Deborah Gowans	Accrington Road Runners	2						2
=41	Nicola Parkin	Dark Peak Fell Runners		2					2
=43	Zoe Webber	Keswick AC	1						1
=43	Alison Weston	Ilkley Harriers		1					1



English Fell Running Championship 2019

Women's U23 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship:

**Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)**

**Ranking is calculated on points scored in up to 3 of the 4 races
See FRA Handbook & Fixture Calendar for further details**

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Black (M)	Grise dale (M)	Ilam (S)	Total
1	Hannah Russell	Helm Hill Runners	12				12
2	Ellen Downs	Sale Harriers Manchester	9				9
3	Lily Higgins	Halesowen ACC	8				8
4	Leah Williams	LUOC	7				7
5	Ellie Crownshaw	Dark Peak Fell Runners	6				6



English Fell Running Championship 2019

Women's V40 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)
Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to 3 of the 4 races

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Mel Price	Mercia Fell Runners	22	18					40
2	Helen Berry	Holmfirth Harriers AC	19	19					38
3	Anna Lupton	Black Combe Runners	18	17					35
4	Bianca Dyer	Helm Hill Runners	15	16					31
5	Victoria Wilkinson	Bingley Harriers & AC		22					22
6	Deborah Gowans	Accrington Road Runners	11	7					18
=7	Nicola Richards	Mercia Fell Runners	17						17
=7	Carol Evans	Settle Harriers	6	11					17
=7	Jean Brown	Clayton-le-Moors Harriers	5	12					17
10	Kirsty Hall	Ribble Valley Harriers	16						16
11	Kate Archer	Ilkley Harriers AC		15					15
=12	Helen Elmore	Dark Peak Fell Runners	14						14
=12	Rebecca Patrick	Todmorden Harriers	9	5					14
=12	Gemma Bradley	Saltwell Harriers		14					14
=15	Steph Curtis	Pennine Fell Runners	13						13
=15	Nicola Parkin	Dark Peak Fell Runners	4	9					13
=15	Gillian Lindsey	Macclesfield Harriers		13					13
18	Nicky Spinks	Dark Peak Fell Runners	12						12
=19	Kate Apps	Keswick AC	10						10
=19	Michelle Foxwell	Ambleside AC		10					10
=21	Deborah Millington	Mercia Fell Runners	8						8
=21	Alison Weston	Ilkley Harriers AC		8					8
23	Claire Duffield	Todmorden Harriers	7						7
24	Rowena Browne	Bowland Fell Runners		6					6
=25	Sue Richmond	Pennine Fell Runners	3	1					4
=25	Jackie Murdy	South Shields Harriers & AC		4					4
=27	Molly Ralphson	Barlick Fell Runners	1	2					3
=27	Helen Buchan	Calder Valley Fell Runners		3					3
29	Melanie Blackhurst	Todmorden Harriers	2						2



English Fell Running Championship 2019

Women's V45 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)
Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Mel Price	Mercia Fell Runners	22	19					41
2	Bianca Dyer	Helm Hill Runners	18	18					36
3	Deborah Gowans	Accrington Road Runners	14	12					26
4	Carol Evans	Settle Harriers	10	15					25
5	Jean Brown	Clayton-le-Moors Harriers	9	16					25
6	Helen Elmore	Dark Peak Fell Runners	17	7					24
7	Rebecca Patrick	Todmorden Harriers	13	10					23
8	Nicola Parkin	Dark Peak Fell Runners	8	14					22
9	Helen Berry	Holmfirth Harriers AC		22					22
10	Nicky Spinks	Dark Peak Fell Runners	15	6					21
11	Kirsty Hall	Ribble Valley Harriers	19						19
12	Gillian Lindsey	Macclesfield Harriers & AC		17					17
13	Steph Curtis	Pennine Fell Runners	16						16
14	Rowena Browne	Bowland Fell Runners	4	11					15
15	Molly Ralphson	Barlick Fell Runners	6	8					14
16	Alison Weston	Ilkley Harriers AC		13					13
17	Deborah Millington	Mercia Fell Runners	12						12
18	Claire Duffield	Todmorden Harriers	11	1					12
19	Marie Robson	Helm Hill Runners	5	5					10
20	Jackie Murdy	South Shields Harriers & AC		9					9
21	Melanie Blackhurst	Todmorden Harriers	7						7
22	Alison Wainwright	Dark Peak Fell Runners	3	3					6
23	Jean Powell	Wharfedale Harriers		4					4
24	Kathleen Aubrey	Helm Hill Runners	2						2
25	Kate Mansell	Todmorden Harriers		2					2
26	Jane Crowson	Dark Peak Fell Runners	1						1



English Fell Running Championship 2019

Women's V50 Championship



*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*

The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)
Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
=1	Carol Evans	Settle Harriers	7	8					15
=1	Jean Brown	Clayton-le-Moors Harriers	6	9					15
3	Deborah Gowans	Accrington Road Runners	8	5					13
=4	Steph Curtis	Pennine Fell Runners	12						12
=4	Nicola Parkin	Dark Peak Fell Runners	5	7					12
=4	Gillian Lindsey	Macclesfield Harriers & AC		12					12
7	Nicky Spinks	Dark Peak Fell Runners	9	2					11
=8	Rowena Browne	Bowland Fell Runners	2	4					6
=8	Alison Weston	Ilkley Harriers AC		6					6
=10	Melanie Blackhurst	Todmorden Harriers	4						4
=10	Marie Robson	Helm Hill Runners	3	1					4
12	Jackie Murdy	South Shields Harriers & AC		3					3
13	Alison Wainwright	Dark Peak Fell Runners	1						1



English Fell Running Championship 2019

Women's V55 Championship



*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*

The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)
Long: Howgills (6 Apr), Great Lakes (15 June)

Ranking is calculated on points scored in up to four of the races listed above

See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grisedale (M)	Ilam (S)	Total
1	Carol Evans	Settle Harriers	12	12					24
2	Rowena Browne	Bowland Fell Runners	9	9					18
3	Jane Crowson	Dark Peak Fell Runners	7	7					14
4	Kathleen Aubrey	Helm Hill Runners	8	5					13
5	Pat Goodall	Totley AC	1	8					9
=6	Ann-Marie Jones	Macclesfield Harriers & AC	6						6
=6	Tania Wilson	Buxton AC	3	3					6
=6	Jean Shotter	Holmfirth Harriers AC	2	4					6
=6	Wendy Dodds	Clayton-le-Moors Harriers		6					6
10	Kate Beaty	Cumberland Fell Runners	5						5
11	Sue Howarth	Mercia Fell Runners	4						4
12	Katy Thompson	Clayton-le-Moors Harriers		2					2
13	Denise Tunstall	Durham Fell Runners		1					1



English Fell Running Championship 2019

Women's V60 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)
Long: Howgills (6 Apr), Great Lakes (15 June)

**Ranking is calculated on points scored in up to four of the races listed above
See FRA Handbook & Fixture Calendar for further details**

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Howgill (L)	Great Lakes (L)	Black (M)	Grise dale (M)	Ilam (S)	Total
1	Pat Goodall	Totley AC	8	12					20
2	Wendy Dodds	Clayton-le-Moors Harriers	7	9					16
3	Ann-Marie Jones	Macclesfield Harriers & AC	12						12
4	Kate Beaty	Cumberland Fell Runners	9						9
5	Katy Thompson	Clayton-le-Moors Harriers		8					8
6	Kim Braznell	Mercia Fell Runners	6						6
7	Jane Leonard	Todmorden Harriers	5						5
8	Lesley Malarkey	Keswick AC	4						4
9	Jan Forrester	Matlock Athletic Club	3						3
10	Christine Bowen	Goyt Valley Striders	2						2



English Fell Running Championship 2019

Women's V65 Championship

*Organised by The Fell Runner's Association Ltd
& sponsored by Pete Bland Sports and inov-8*



The following races will determine the 2019 Championship :

**Short: Stretton Hills (17 Mar), Ilam (22 Sept)
Medium: Blackfell (6 Jul), Grisedale Horseshoe (7 Sept)**

Ranking is calculated on points scored in up to 3 of the 4 races
See FRA Handbook & Fixture Calendar for further details

Any queries to Carlos Bedson (statistician@fellrunner.org.uk)

Pos	Name	Club	Strett Hills (S)	Black (M)	Grise dale (M)	Ilam (S)	Total
1	Wendy Dodds	Clayton-le-Moors Harriers	12				12
2	Ann-Marie Jones	Macclesfield Harriers & AC	9				9
3	Lesley Malarkey	Keswick AC	8				8
4	Jan Forrester	Matlock Athletic Club	7				7

* Creation of this Race Category occurs where there are at least 5 competitors in each of 3 or more races
