

Ilkley Trail Race – 30th May 2016

Results

1	Tom Adams	Ilkley	M	38.44
2	Matthew John	NLFR	M	40.50
3	Alisdair Burns	Valley Striders	M	42.28
4	Daryl Hibberd	Valley Striders	M	45.33
5	Ruaridh Mon Williams	Ilkley	M	42.44
6	Chris Williams	Queensbury RC	M	43.24
7	Marc Sennett	Wharfedale	M	43.56
8	Mark Smith	Horsforth	M	44.02
9	Stephen Tilford	U/A	M	44.15
10	Nicholas Charlesworth	Wharfedale	M50	44.22
11	Simon Midwood	Valley Striders	M	44.33
12	Ben Sheppard	Ilkley	M	44.56
13	Jack Cummings	Ilkley	M	45.12
14	Robin Outersides	Otley	M	45.20
15	David Stoneman	Skyrac	M40	45.28
16	Oliver Smith	U/A	M	45.33
17	Brian Shaw	Darwen	M45	45.40
18	Hannah Oldroyd	Saltaire	F	45.55
19	David Bogot	CLM	M	46.22
20	Scott Smith	Selby	M	46.48
21	Graham Lake	Otley	M	46.49
22	Simon Rycroft	Pocklington	M40	46.51
23	Scott Watson	Hyde Park	M	46.55
24	Alistair McInnes	Ilkley	M	46.59
25	Jonathan Collins	Stainland	M	47.08
26	Kevin Armstrong	Saltaire	M	47.12
27	Jason Hemsley	Wharfedale	M45	47.15
28	Gerrard Skippins	Spenborough	M40	47.22
29	Ian Livesey	Barlick	M	47.29
30	Ian Sampson	NLFR	M55	47.39
31	Paul Carman	Ilkley	M	47.42
32	Jack Crawford	Valley Striders	M	47.47
33	Martin Hartley	U/A	M	47.48
34	Paul Cornock	Kirkstall	M	47.50
35	Rob Cunningham	Ilkley	M	47.57
36	Graham Jones	U/A	M50	47.58
37	Aiveen Smith	Horsforth H	F	48.06
38	James Morris	Dewsbury	M40	48.10
39	Tom Pollard	Hyde Park H	M	48.12
40	Stephen Coy	Ilkley	M40	48.14
41	Danny Wilson	East Hull	M	48.19
42	David Foyston	Ilkley	M40	48.24
43	Gavin Smith	Skipton	M	48.31
44	Stuart Dunbar	Saltaire Striders	M50	48.33
45	Faye Beckett	Wakefield	WU23	48.38
46	Karl Edwards	Hartlepool	M60	49.17

47	Craig Kent	Abbey	M	49.22
48	Mike Dearden	Chapel Allerton	M	49.25
49	Andrew McClee	Skipton	M40	49.26
50	Jamie Hutchinson	Ilkley	M45	49.27
51	Nuno Cesar deSa	Skyrac	M40	49.33
52	Colin Tranter	Hyde Park	M	49.43
53	Rob Greenland	U/A	M40	49.46
54	Leon Winder	Idle	M	49.53
55	John Hayes	Ilkley	M45	49.54
56	Pete Lloyd	K+C	M	50.04
57	Debbie Dilasser	Nidd Valley	W	50.07
58	Rebecca Cesar de Sa	Skyrac	W35	50.13
59	John Conroy	U/A	M40	50.20
60	Damien Pearson	U/A	M	50.22
61	Ian Sanderson	Valley Striders	M45	50.26
62	Rob Critler	Wharfedale H	M40	50.38
63	Ed Ashton	Burnden	M50	50.39
64	Jonathan Sinclair	Ilkley	M55	50.40
65	Ian Stanthorpe	Northern Masters	M50	50.43
66	Ian Elliott	Ilkley	M45	50.51
67	Ben Joynson	Ilkley	M	50.55
68	Adam Nodwell	Kirkstall	M	51.02
69	Simon Frazer	U/A	M40	51.12
70	Nick Pearce	Ilkley	M60	51.17
71	Nicolas Kendal	Barlick	M	51.35
72	Paul Smith	Valley Striders	M45	51.41
73	Ian Sheppard	St Theresa's	M	51.46
74	Lucy Etchells	Manchester F	W	51.51
75	Andy Smith	U/A	M40	52.19
76	Michael Duffield	U/A	M45	52.22
77	Steve Murray	U/A	M45	52.24
78	Mike Cheseldine	U/A	M50	52.27
79	Adrian White	Rugby & Northant	M55	53.15
80	David Mevvit	Valley Striders	M	53.16
81	Nick Oddy	Skipton	M40	53.19
82	Jane Fletcher	Machester F	W	53.21
83	Niamh Jackson	Kirkstall H	W	53.27
84	Lucy Williamson	Ilkley	WU23	53.37
85	Peter Butterworth	CLM	M60	53.51
86	Chris Whittel	Craven Energy	M50	53.53
87	Paddy Hagan	Ilkley	M50	53.57
88	Jeremy Frain	Wakefield	M45	53.58
89	Robert Gatenby		M	54.04
90	Gerrard Watson	U/A	M	54.08
91	Rachel Carter	Ilkley	W40	54.19
92	Christian Ellis	U/A	M40	54.25
93	James Vickers	Hyde Park H	M	54.31
94	Michael Vinegrad	Chapel Allerton	M	54.33
95	Liz Wood	Valley Striders	W40	54.41
96	Monica Padilla	Hyde Park	W	54.53

97	Mark Bennett	Wharfedale	M40	55.02
98	Kevin Holmes	U/A	M50	55.03
99	Jann Smith	Ilkley	W45	55.04
100	Mark Montanana	U/A	M	55.19
101	Ian Patchett	U/A	M50	55.21
102	Ian Jenkins	Saltaire	M45	55.23
103	Chris Jones	Hyde Park H	M55	55.28
104	David Eaton	U/A	M45	55.30
105	Jack Verity	Saltaire	M55	55.45
106	Alistair Smyth	Valley Striders	M55	55.51
107	Paul E Koch	Barlick	M40	55.54
108	James Abel	City of Hull	M55	55.55
109	David Howe	Ilkley	M40	55.57
110	Robin Warden	U/A	M45	55.58
111	Paul Stephens	Ilkley	M55	56.12
112	Chris Stanley	U/A	M	56.15
113	Chris Hall	U/A	M	56.23
114	Andrew Mascarenhas	Ackworth	M	56.26
115	John Coates	Northern Masters	M50	56.28
116	Phil McGeever	Horsforth H	M50	56.41
117	Jennifer Battersby	Wharfedale	W40	56.43
118	Tom Cockbur	Fellandale	M	56.45
119	Amanda Stirling	K&C	W45	56.50
120	James Mangeolles	Horsforth	M	56.53
121	Andrew Berwick	U/A	M	56.55
122	Stuart Thompson	Bingley	M65	56.56
123	Andrew Stokes	U/A	M60	57.09
124	Sally Sutcliffe	Wharfedale	W40	57.13
125	Daniel Benjamin	Wakefield	M	57.14
126	Tim Norris	U/A	M40	57.24
127	Andrew Perry	Wharfedale	M45	57.27
128	Sarah Edwards	Ilkley	W	57.30
129	Darren Stockdale	Darlington	M	57.37
130	Robin Culshaw	Hyde Park	W	58.01
131	Phillip Hirst	Ilkley	M55	58.04
132	Leanne Farmery Hague	U/A	W40	58.07
133	Kamil Zakowski	Saltaire Striders	M	58.09
134	Michael Robins	U/A	M55	58.10
135	David Farmery Hague	U/A	M45	58.12
136	Neil Hindle	FRA	M60	58.27
137	Joanne Bitcliffe	Wakefield	W40	58.31
138	Jane Webster	Horsforth	W45	58.35
139	Jacqueline Shaw	Darwen	W45	58.36
140	Richard Morris	Ilkley	M50	58.39
141	Steve Mustard	U/A	M50	58.44
142	Rebecca Mon Williams	Ilkley	W45	58.46
143	Chris Hudson	Kirkstall	M40	58.50
144	Richard Beckett	U/A	M50	58.52
145	Andrew Webster	Otley	M40	59.07
146	Anne Middleton	Denby Dale	W55	59.19

147	Tom Smith	U/A	M	59.28
148	Dean Wilson	U/A	M50	59.33
149	Dale Marriott	City of Hull	M50	59.39
150	Robert Meadow		M45	59.40
151	Darren Smith	U/A	M	59.45
152	Harry Sime	Ilkley	M50	59.50
153	Robert Sime	Ilkley	MU23	59.51
154	Edward Smith	Fellandale	M40	59.53
155	Duncan Cooper	Ilkley	M45	59.57
156	Mark Brown	Chapel Allerton	M40	59.58
157	Dan Starley	U/A	M	1:00.02
158	Gemma Morris	Valley Striders	W	1:00.04
159	Stephen Clark	U/A	W	1:00.15
160	Sophie Barber	U/A	W	1:00.16
161	John Young	U/A	M60	1:00.17
162	Paul Davies	U/A	M40	1:00.19
163	David Heels	LBT	M50	1:00.20
164	John Blatherwick	Hyde Park	M	1:00.29
165	Alison Osborne	Wharfedale	W40	1:00.37
166	Chloe Hudson	Valley Striders	W35	1:00.50
167	Richard Thomas	Kirkstall	M50	1:00.59
168	Darren Longhorn	Bingley	M45	1:01.08
169	Paul Watson	Sunderland	M50	1:01.20
170	Glynn Williams	U/A	M45	1:01.22
171	Liz Norman	Stainland	W35	1:01.23
172	Des Keegan	Chapel Allerton	M	1:01.24
173	Guy Gibson	East Hull	M50	1:01.25
174	Paul Whitehurst	LBT	M40	1:01.26
175	Adela Reperecki	Ilkley	W55	1:01.27
176	Brian Watts	Askham	M70	1:01.33
177	Andy Moore	Bingley	M60	1:01.41
178	Hamish Ogilvie	Otley	M45	1:01.43
179	Gary McCartan	U/A	M45	1:01.53
180	Tony Breen	U/A	M50	1:01.55
181	Michael Kennedy	U/A	M45	1:01.57
182	Marion Muir	Kirkstall	W40	1:01.58
183	Theresa Duckett	Horsforth	W45	1:02.05
184	Angela Lee	Stainland	W55	1:02.06
185	Liz Reddington	Valley Striders	W50	1:02.08
186	Alan Douglas	Saltaire	M45	1:02.10
187	Samantha Harris	Valley Striders	W	1:02.12
188	Tim Whitcomb	FRA	M55	1:02.13
189				1:02.14
190	Sarah Hayes	Ilkley	W45	1:02.21
191	Graham Burns	Dragons	M	1:02.28
192	Steve Cummins	U/A	M45	1:02.31
193	Edward Bickerdike	Ilkley	MU23	1:02.34
194	Donald Richards	Horsforth	M	1:02.37
195	Bob Myers	Baildon	M	1:02.38
196	Heather Driver	Barlick	W	1:02.39

197	Honor Baldry	Horsforth	W	1:02.57
198	Rebecca Dwyer	Kirkstall	W35	1:03.08
199	Moirra Alderson	Stainland	W45	1:03.20
200	Beverley Firth	Crossgates	W	1:03.23
201	Carl Dunk	U/A	M45	1:03.44
202	Richard Barton	U/A	M45	1:03.47
203	Steve Boyer	U/A	M50	1:03.49
204	Zoe Sinclair	U/A	W	1:04.01
205	Alan Johnson	Lincoln	M65	1:04.11
206	Noel Akers	Eccleshill	M55	1:04.21
207	Maika Ohno	Hyde Park	W40	1:04.26
208	Jim Goddard	Baildon	M50	1:04.32
209	Liz Price	Ilkley	W45	1:04.46
210	Siobhan Mcgranaghan	Skipton	W	1:04.49
211	Serena Blackburn	Horsforth	W50	1:04.52
212	Richard Mark	U/A	M	1:04.57
213	Dan Hall	U/A	M	1:05.02
214	Catherine Young	U/A	W	1:05.04
215	Geoff Thompson	Wharfedale	M55	1:05.08
216	Ian Hartman	Baildon	M65	1:05.11
217	David Green	Ilkley	M50	1:05.27
218	Carlone Howe	Ilkley	W	1:05.36
219	Laura Kinnelbright	Dragons	WU23	1:05.37
220	Mark Smith	Pudsey Pacers	M45	1:05.57
221	Helen Freeman	U/A	W	1:05.59
222	Gareth Pennell	U/A	M55	1:06.05
223	Ellen Clarke	U/A	W55	1:06.07
224	Ray Mooney	Stainland	M50	1:06.12
225	James Nundy	Kirkstall	M	1:06.12
226	Peter Lewis	Ilkley	M65	1:06.17
227	Andrew Smith	U/A	M45	1:06.34
228	Emma Broadhurst	U/A	W35	1:06.43
229	Trudy Ellis	Horsforth	W40	1:07.06
230	Kath Owen	Chapel Allerton	W	1:07.15
231	Karen Kinnelbright	Dragons	W50	1:07.17
232	Katie Lee	U/A	W	1:07.23
233	Mandy Geary	U/A	W	1:07.23
234	Alex Hyde	Ilkley	M45	1:07.31
235	Terry Marlor-Gage	Stainland	M55	1:07.52
236	Donna Hattersley	Ilkley	W40	1:07.53
237	Luisa Dalla Riva	U/A	W	1:07.54
238	Laura Richardson	Saltaire	W	1:07.57
239	Sally Robinson	Burnden	W45	1:08.48
240	Charlotte Smithson	Ilkley	W40	1:09.20
241	Charlotte Bridger	U/A	W40	1:09.21
242	Tim Brooke	U/A	M40	1:09.21
243	Melanie Bermingham	U/A	W55	1:09.23
244	Hilda Coulsey	Ilkley	W60	1:09.25
245	Elaine Lines	U/A	W50	1:09.31
246	Rachel Hagan	U/A	W50	1:09.32

247	Kate Sykes	U/A	W45	1:09.32
248	Sarah Norris	U/A	W45	1:09.35
249	Phillip Ramsden	Horsforth	M55	1:09.37
250	John Ramsden	Bramhall	M50	1:09.39
251	David Aiken	Darlington	M	1:09.44
252	David Smart	LBT	M65	1:09.54
253	Sharon Marlor-Gage	Stainland	W45	1:10.15
254	Rebecca Howard	U/A	W	1:10.16
255	Sue Thompson	Wharfedale	W45	1:10.49
256	Deborah Heeley	U/A	W50	1:10.50
257	Sara Richard	Otley	W45	1:11.07
258	Kate Garside	U/A	W	1:11.20
259	Fiona Ashton	Burnden	W50	1:11.23
260	Chris Leese	U/A	M65	1:11.38
261	David Armstrong	Saltaire	M65	1:11.53
262	Mark Armstrong	Nidd Valley	M45	1:11.54
263	Ruth Jones	Ilkley	W45	1:12.17
264	Sheila Turbit	U/A	W60	1:12.27
265	Jamie Dilasser	Nidd Valley	M45	1:12.43
266	Kate Walker	Baildon	W55	1:12.49
267	Sue Williamson	Ilkley	W50	1:13.03
268	Don Helme	U/A	M55	1:14.05
269	Mavie Lawrenson	U/A	W40	1:14.12
270	Jeannette Denning	Dragons	W55	1:14.14
271	Helen Robinson	U/A	W50	1:14.16
272	Rob Bridgewater	U/A	M	1:14.21
273	Kate Ritchie	Chapel Allerton	W	1:14.40
274	Christy Holland	U/A	W40	1:14.44
275	Emma Amor	Hyde Park	W	1:14.53
276	Alex Johnston	U/A	M	1:14.54
277	Alistair Black	U/A	M60	1:15.06
278	Nicky Franks	U/A	W40	1:15.12
279	Lisa Hitchen	Abbey	W	1:15.21
280	John Hardman	U/A	M45	1:15.33
281	John Evans	U/A	M55	1:15.37
282	Karen Thruppelton	TRA	W50	1:15.45
283	Mark Raisin	U/A	M65	1:15.54
284	Ron Davies	U/A	M65	1:15.56
285	Laura Davies	Kirkstall	W35	1:16.04
286	Amanda Poppleton	U/A	W50	1:16.20
287	Sally Wright	Ilkley	W55	1:16.55
288	Melvyn Burton	Crosgates	M60	1:16.59
289	Teresa Fuentes	U/A	W55	1:17.07
290	Kate Lofthouse	Ilkley	W50	1:17.09
291	Patrick Nesdon	Kirkstall	M60	1:17.14
292	Anne Jones	U/A	W50	1:17.41
293	Sarah Chalmers	Nidd Valley	W50	1:17.44
294	Adam Leese	U/A	M	1:17.53
295	Linda Carey	Baildon	W55	1:18.06
296	Elisabeth Lewis	U/A	W	1:18.07

[illegible]