

- 01) 00:29:46 - Wilshaw, Chris (357) M, Shelton Striders
- 02) 00:31:10 - Moore, Brendan (417) M40, Ilkeston RC
- 03) 00:32:07 - Ball, Jason (302) M40, Sinfin RC
- 04) 00:33:38 - Murden, Ed (753) M50, Long Eaton RC
- 05) 00:33:52 - Fryers, Tom (487) JM, Penistone FR
- 06) 00:34:07 - Salkild, Mark (747) M60, Vegan Runners
- 07) 00:34:14 - Raynor, Tim (324) M50, Redhill RR
- 08) 00:34:20 - Kataria, George (323) M50, Sinfin RC
- 09) 00:35:19 - Hibbert, Trevor (334) M40, Sinfin RC
- 10) 00:35:31 - Gelderd, Steve (457) M50, Redhill RR
- 11) 00:35:43 - Baker, Matt (394) M, Ripley RC
- 12) 00:36:11 - Fryer, James` (488) JM, Penistone FR
- 13) 00:36:27 - Devlin, Brendan (372) M40, Sinfin RC
- 14) 00:36:40 - Birch, John (453) M60, Matlock AC
- 15) 00:36:52 - Scott, Caroline (333) W40, Sinfin RC
- 16) 00:37:32 - Long, Matt (451) M40, South Derbyshire RC
- 17) 00:38:10 - Moore, Jon (461) M40, Un
- 18) 00:38:58 - Fryers, Paul (751) M50, Penistone FR
- 19) 00:39:40 - Smith, Dean (358) M40, Rolls Royce Harriers
- 20) 00:39:42 - Eldridge, Emma (452) W40, Vegan Runners
- 21) 00:41:06 - Johnson, David (278) M40, Un
- 22) 00:41:46 - Sneddon, Alan (290) M50, Un
- 23) 00:42:00 - Edwards, Chris (735) M40, Dark Peak FR
- 24) 00:42:49 - Powis, Bill (292) M60, Ripley RC
- 25) 00:43:53 - Howett, Francesca (752) JW, Ripley RC
- 26) 00:45:15 - Heithus, Julie (301) W50, Sinfin RC
- 27) 00:45:29 - Ward, Andrew (749) M60, Rolls Royce Harriers
- 28) 00:47:27 - Godley, Dawn (748) W50, Penistone FR
- 29) 00:47:27 - Fryers, Helen (750) W, Penistone FR
- 30) 00:48:47 - Young, Graham (329) M70, Sinfin RC
- 31) 00:59:33 - Gordon, Tim (277) M60, Un
- 32) 00:60:33 - Keegan, David (321) M70, Shelton Striders