

Pos	Name	Category	Club	Time
1	Daniel Connolly	1M	Mercia	02:25:12
2	Jack Wood	2M	Ilkley Harriers	02:33:42
3	Pete Vale	3M (M45)	Mercia	02:35:50
4	Kristan McKenna	1M40	Avalanche Runners	02:42:20
5	Jack Agnew	M	Mercia	02:42:45
6	Seth Ford	M	Unattached	02:44:50
7	Kristaps Chehovics	M	Unattached	02:49:40
8	Nathaniel Booker	M	Macclesfield Harriers	02:50:54
9	Andrew Summers	M	Bridgnorth RC	02:55:30
10	John Ayteo	1M50	Mercia	02:57:00
11	Martin Rouse	M	Unattached	02:57:45
12	Chris Atherton	M	Ambleside	03:01:09
13	Simon Lanckham	M	Mercia	03:05:14
14	Paul Tucker	2M50	Mynydd Du	03:08:21
15	Josie Lloyd	1W	Mercia	03:09:52
16	Paul Jeggo	1M55	Springfield Striders	03:09:59
17	Stuart Proctor	3M50	Shrewsbury AC	03:11:47
18	James Thomas	M	Cirencester AC	03:12:06
19	Will Normand	M	Carnethy Hill RC	03:13:18
20	Matthew Farrer	M	Unattached	03:13:41
21	Dave Powell	2M55	Aberystwyth	03:13:41
22	Rachel Normand	2W	Carnethy Hill RC	03:13:45
23	Norman Titley	3M55	Shropshire Shufflers	03:13:45
24	Ben Huntington	M	Unattached	03:14:56
25	Mark Hill	4M50	Mercia	03:15:21
26	Stuart Ruston	5M50	Unattached	03:16:54
27	Chris Smallman	4M55	Mercia	03:17:52
28	John Taylor	6M50	Mercia	03:18:04
29	David Beasley	2M40	Mercia	03:18:27
30	Paul Beeson	7M50	Maldwyn H	03:19:35
31	Chris Usher	1M45	Newburgh Nomads	03:19:40
32	Oliver Cook	8M50	Long Eaton RC	03:20:06
33	Simon Cole	9M50	Shrewsbury AC	03:20:09
34	Richard Pepper	2M45	Shropshire Shufflers	03:20:30
35	Alex Cister	3M40	Unattached	03:20:43
36	Dan Croft	10M50	Macclesfield Harriers	03:20:51
37	Rob Barber	3M45	Unattached	03:21:16
38	Guy Holloway	4M45	Bayston Hill Salad Dodgers	03:23:19
39	Adrian Monk	4M40	Shrewsbury Tri	03:25:31
40	Peter Lowe-Werrell	5M40	Bridgnorth RC	03:26:50
41	Eloise Lee	3W	Mercia	03:27:47

42	Simon Daws	1M60	Mercia	03:28:06
43	James Healey	6M40	Mercia	03:30:10
44	Barry Worth	7M40	Unattached	03:30:30
45	Glyn Fletcher	5M55	Maldwyn H	03:30:57
46	Richard Love	6M55	Mercia	03:32:42
47	Shaun Western	11M50	Unattached	03:33:33
48	Andy Duggan	12M50	Wrekin Road Runners	03:35:03
49	Peter Jones	8M40	Oswestry Olympians	03:37:05
50	Andrea Frost	1W50	Vegan Runners	03:37:12
51	Mark Pearson	7M55	Mercia	03:37:44
52	Edward Bearos	8M55	Mercia	03:37:50
53	Libby Collinson	1W60	Shropshire Shufflers	03:39:04
54	Tom Treasure	M	Oswestry Olympians	03:40:29
55	Chris Woods	9M40	Unattached	03:42:21
56	Frank Atherton	13M50	Unattached	03:43:35
57	Ian Prentice	14M50	Unattached	03:44:38
58	Gill Evans	1W55	Shrewsbury AC	03:44:44
59	Nicholas Pollock	10M40	Shropshire Shufflers	03:46:04
60	David Wall	M	Lawley RC	03:46:12
61	James McAllister	15M50	Harborough AC	03:46:37
62	Mark Pepper	M	Unattached	03:46:37
63	John Holland	2M60	Mercia	03:48:37
64	Graham Rolfe	16M50	Harborough AC	03:50:18
65	Andrew Carruthers	9M55	Halesowen AC	03:50:33
66	Lee Murphy	11M40	Unattached	03:50:44
67	Kathleen O'Connell	1W40	Macclesfield Harriers	03:50:45
68	Robert Court	12M40	Mercia	03:56:39
69	Stephen Atherton	3M60	Ambleside	03:59:30
70	James Winney	M	Coventry Tri	03:59:30
71	Trevor Matty	17M50	Dark Peak	03:59:55
72	Tim Jones	18M50	Croft Ambrey	04:05:00
73	Claire Fisher	W	Eton Manor AC	04:07:04
74	Oscar Trevena	M	Macclesfield Harriers	04:09:58
75	Carol Fisher	2W60	Unattached	04:11:11
76	Nick Scott	5M45	Shropshire Shufflers	04:12:19
77	Adrian Forster	13M40	Shropshire Shufflers	04:12:19
78	Mark Slater	19M50	Shropshire Shufflers	04:13:44
79	Philip Link	14M40	Newport & District RC	04:14:10
80	Beverley Tucker	2W50	Brecon	04:20:56
81	Cheryl Higgins	3W50	Unattached	04:21:09
82	Sarah Cole	2W40	Unattached	04:25:36
83	Kevin Byrne	1M65	Headington RR	04:28:46
84	Flora Gunner	2W55	Croft Ambrey	04:32:50
85	Sally McConville	3W55	Unattached	04:37:44

86	Calvin Wright	20M50	Shropshire Shufflers	04:43:44
87	Gary Marsh	10M55	Shropshire Shufflers	04:43:44
88	Charlie Holland	4M60	Shropshire Shufflers	04:43:44
89	Mark Slater	21M50	Shropshire Shufflers	04:43:44
90	Martin Hughes	2M65	Unattached	04:49:15
91	Laure Pepper	4W50	Unattached	04:51:10
92	Jayne Hughes	4W55	Unattached	04:51:10