

Pos	Name	Category	Club	Time
1	Tom Adams	MSen	Ilkley Harriers	00:52:51
2	Jack Wood	MSen	Ilkley Harriers	00:53:39
3	Robin Howie	MSen	Wharfedale Harriers	00:56:33
4	Ethan Hassell	MSen	Wharfedale Harriers	01:00:15
5	Matthew Cox	MV40	Ilkley Harriers	01:00:42
6	Bob Addey	MV40		01:01:53
7	Jon Denniss	MSen	Ilkley Harriers	01:02:59
8	Adam Stirk	MSen	Wharfedale Harriers	01:03:15
9	Adam Lomas	MSen	Hyde Park Harriers	01:03:42
10	Mike Gurney	MV40		01:03:46
11	Sam Stell	MV40		01:05:08
12	Paul Gidlow	MV40	Horsforth Harriers	01:05:35
13	Gavin Lamb	MV40	Ilkley Harriers	01:05:47
14	Holly Page	FSen	Calder Valley	01:06:11
15	Adam Hartley	MSen		01:06:19
16	Ross McCall	MSen	Otley	01:06:51
17	Dave McGuire	MV50	Wharfedale Harriers	01:07:24
18	Richard Smith	MSen	Otley	01:08:23
19	Graham Pilling	MV40	P&B	01:08:41
20	Tom Smith	MV50	Bowland	01:09:04
21	Annie Roberts	FSen	Todmorden Harriers	01:09:07
22	Dale Foster	MV40		01:10:02
23	Alan Russell	MSen	Saltaire Striders	01:10:04
24	Ian Furlong	MSen	NLFR	01:10:14
25	Rachel Pilling	FSen	P&B	01:10:30
26	Steve Webb	MV50	Valley Striders	01:11:07
27	Daniel Clayton	MV40		01:11:30
28	Matthew Blakely	MV40	Roundhay Runners	01:12:30
29	Nicola Walmsley	FSen	Roundhay Runners	01:13:02
30	Alan Life	MV50	Clayton	01:13:28
31	Helen Wood	FSen	Ilkley Harriers	01:13:41
32	Paul Calderbank	MV60	Ilkley Harriers	01:13:53
33	Monica Padilla	FSen	Wharfedale Harriers	01:15:29
34	John Boothman	MV50	Barlick	01:16:14
35	Michael Toman	MV50	Accrington RR	01:16:15
36	Matt Wilcock	MV50	Trawden	01:17:08
37	Marcus Moss	MV40	Roundhay Runners	01:17:30
38	Lawrence Martin	MSen	Pudsey Pacers	01:18:56
39	Andrew Carruthers	MV50	Halesowen	01:19:12
40	Jo Rhodes	FSen	Hyde Park Harriers	01:25:07
41	Niamh Jackson	FSen	Roundhay Runners	01:25:51

42	Mark Evans	MV50	M'boro & Cleveland H	01:25:52
43	Neil Fairburn	MV50	Baildon Runners	01:26:41
44	Jessica McMullan	FV40	Roundhay Runners	01:27:55
45	Carole Fryer	FV50	Calder Valley	01:30:01
46	Amanda Seims	FV40	Valley Striders	01:30:11
47	Paul Bennett	MV50	Bramley Breezers	01:32:20
48	John Walker	MV50	Roundhay Runners	01:33:05
49	David Yeuy	MSen		01:34:04
50	Marc Short	MV40	Horsforth Fellandale	01:34:52
51	Thomas Carnforth	MSen		01:36:21
52	Nick Harris	MV70	Rosendale	01:38:26
53	Rob Myers	MV60	Baildon Runners	01:38:27
54	Helen Underwood	FSen	Roundhay Runners	01:39:18
55	Phil Robinson	MV50	Nidd Valley	01:39:36
56	Sue Morley	FV60	Knaresborough Striders	01:39:49
57	Emma Lane	FSen	NLFR	01:41:13
58	Joanne Sunderland	FV40	Roundhay Runners	01:43:06
59	Geoff Thompson	MV60	Wharfedale Harriers	01:47:08
60	Andrew Allan	MV50	Pudsey Pacers	01:51:25
61	Edna Wood	FV50	Knaresborough Striders	01:53:19
62	Ruth Gillott	FV40		01:54:41
63	Julie Lavercock	FV50	Salford Harriers	02:07:11
64	Antonio Cardinale	MV70	Otley	02:30:20