

Pos	Name	Category	Club	Time
1	Zac Hudd	MU21		00:44:39
2	Josh Hartley	MSEN	Black Combe Runners	00:44:42
3	Tom Durcan	MSEN	Derwent Ac	00:44:44
4	Dan Mills	MSEN	Keswick Ac	00:44:48
5	Ben Abdelnoor	MSEN	Ambleside Ac	00:44:55
6	Adam Frankham	MSEN	Netherhall Ac	00:48:11
7	Tim Ripper	MSEN	Black Combe Runners	00:48:31
8	Jim Masters	M40	Cumberland Fell Runners	00:49:34
9	James Harris	MSEN	Ambleside Ac	00:49:38
10	John Messenger	M40	Northern Fells	00:50:07
11	Adam Jackson	M45	Northern Fells	00:50:12
12	Mike Robinson	M45	Dark Peak	00:50:14
13	Alex Roberts	MSEN	Ellenborough Ac	00:50:50
14	David Williams	MSEN	Ellenborough Ac Ac	00:51:21
15	Gary Thorpe	M55	Ambleside Ac	00:51:38
16	Luke Armitage	MSEN	Northern Fells	00:51:47
17	Ian Barnes	MSEN	Ambleside Ac	00:52:04
18	Simon Hunter	M50	Keswick Ac	00:52:08
19	Mark Blackwell	M40	Cumberland Fell Runners	00:52:11
20	Guy Illingworth	M50		00:52:26
21	Emily Robinson	WSEN	Cumberland Fell Runners	00:52:28
22	John Boyle	M45	Cumberland Fell Runners	00:52:42
23	Stuart Ackerley	MSEN	Ellenborough Ac	00:52:47
24	David McCabe	M45	Trawden Ac	00:52:52
25	Andy Beaty	M60	Cumberland Fell Runners	00:53:54
26	David Buckden	M40		00:54:31
27	Steve Bone	M40		00:54:33
28	Andy Wrigley	M45	Cumberland Fell Runners	00:54:36
29	Arran Horne	MU21	Northern Fells	00:56:12
30	Brian Thompson	M55	Cumberland Fell Runners	00:56:22
31	Jim Skelton	M45		00:56:24
32	Elena Davies	WSEN	Cumberland Fell Runners	00:56:36
33	Tony Thompson	M40	Netherhall Ac	00:57:11
34	Andy Bradley	M55	Cumberland Fell Runners	00:57:15
35	Philip Pearson	M55	Northern Fells	00:57:17
36	Nick Selbey	M55	Black Combe Runners	00:58:03
37	Andy Myers	M40		00:58:20
38	Rod Welford	M50		00:58:23
39	Andrew Graham	M50	Cumberland Fell Runners	00:58:25
40	Paul Cullen	M55		00:58:28
41	Mark Nixon	M50		00:58:33

42	Natalie Hawkrigg	W45	Northern Fells	00:58:38
43	Peter Crompton	M60	Cumberland Fell Runners	00:58:43
44	Helen Morne	W50	Northern Fells	00:58:46
45	Edward Iredale	MSEN	Netherhall Ac	00:58:58
46	Chris Curtis	M50	Northern Fells	00:59:03
47	Andy Ross	M50	Northern Fells	00:59:15
48	Ben Goodwin	MU21	Wcoc	00:59:21
49	Carlos Bedson	M45	Cheshire Hill Racers	00:59:36
50	Richard Clarke	M45	Northern Fells	00:59:39
51	Tim Cook	M40		01:00:13
52	Frank Hewer	M45	Cumberland Ac	01:00:22
53	Mia Easthope	WU21	Cumberland Fell Runners	01:04:03
54	Claire Russell	W45	Cumberland Fell Runners	01:04:06
55	Alice Briscoe	MSEN	Northern Fells	01:04:23
56	Ian Todd	M45	Cumberland Fell Runners	01:04:25
57	Jenny Lee	W40	Northern Fells	01:04:32
58	Jess Lawrence	WSEN	Black Combe Runners	01:04:40
59	Daniel Mullinder	M45	Dh Runners	01:04:49
60	Mark Wise	M55	Cumberland Fell Runners	01:04:52
61	Craig Wilkinson	M50	Blackburn Road Runners	01:05:03
62	Graham Morgan	M50		01:05:09
63	Andy Rogers	M50		01:05:12
64	Lucy Stobbart	WSEN	Cumberland Ac	01:05:16
65	Peter Hall	M50	Cumberland Fell Runners	01:05:22
66	Matt Searson	MSEN		01:05:24
67	Barry Baxter	M50	Netherhall Ac	01:05:27
68	Louise Ireland	WSEN	Netherhall Ac	01:05:33
69	Jean Powell	W50	Wharfedale Harriers	01:05:53
70	Trevor Symonds	M60	Northern Fells	01:05:57
71	Mark Storey	M50	Dh Runners	01:06:14
72	David Rodger	MU21		01:06:21
73	Michael Sandelands	M45	Cumberland Ac	01:06:23
74	Colin Valentine	M55	Keswick Ac	01:06:34
75	Debbie Walker	W40	Derwent Ac	01:06:48
76	Kate Beaty	W60	Cumberland Fell Runners	01:06:52
77	Heidi Dyson	WSEN	Derwent Ac	01:07:25
78	Steven Breeze	M45	Cumberland Fell Runners	01:07:40
79	Karen Clegg	W40	Netherhall Ac	01:07:45
80	David Clarkson	M60	Northern Fells	01:08:17
81	Tracey Park	W50	Cumberland Fell Runners	01:08:32
82	Nicholas Downes	M40	Cumberland Ac	01:09:20
83	Ben Cooper-Holmes	M45		01:09:33
84	Beth Rivers	WSEN	Black Combe Runners Runners	01:09:51
85	Philip Stones	M60		01:10:02

86	Andrew Cross	MSEN	Northern Fells	01:10:09
87	Alan Jennison	M45		01:10:11
88	Ian Grimshaw	M55	Cumberland Fell Runners	01:10:47
89	Dean Porthouse	M45	Netherhall Ac	01:12:38
90	Andrew Johnson	M55	Netherhall Ac	01:12:49
91	Kurtis Walker	M45		01:13:04
92	Lindsey Stables	WSEN	Netherhall Ac	01:13:33
93	Rob Sanders	M65	Black Combe Runners	01:14:06
94	Ben Mitchinson	M45	Cumberland Fell Runners	01:14:14
95	Mel Bradley	W55	Cumberland Fell Runners	01:14:26
96	Kim Clark	W60	Keswick Ac	01:14:42
97	Tom Lawson	M40	Netherhall Ac	01:20:13
98	Chris Clark	M65	Keswick Ac	01:20:21
99	Lindsay Buck	W55	Cumberland Fell Runners	01:23:05
100	Jane Hornsby	W55	Black Combe Runners	01:23:29
101	Mike Hind	M65	Borrowdale	01:24:30
102	Cliff Gosden	M65	Northern Fells	01:24:52
103	Alistair Ripper	M55		01:30:26
104	Trevor Metcalfe	M65	Wharfedale Harriers	01:31:04