

Pos	Name	Category	Club	Time
1	Jez Brown	V40	Buckley	00:30:38
2	Ifan Richards	V35	MTB Wales	00:30:50
3	Stephen Corbishley	Sen	Aberystwyth Univesity	00:31:15
4	Ben Goodtiller	Sen	Wrexham Tri	00:32:07
5	Jim O'Hara	V35	Helsby	00:33:08
6	Phil Pumford	Sen	Buckley	00:33:11
7	Laura Riches	FSen	Buckley	00:33:16
8	Simon Edwards	V40	Buckley	00:33:19
9	Simon Roberts	V40	Buckley	00:33:21
10	Adam Gordon	V40	Helsby	00:33:35
11	David Alexander	V40	West Cheshire	00:33:50
12	Colin Thompson	V35	Helsby	00:33:57
13	Danny Ryder	Sen	Helsby	00:34:30
14	Chris Fitzpatrick	V40	Helsby	00:35:35
15	Nick Jones	V35		00:36:28
16	Hayley Evans	FV35	Buckley	00:36:42
17	Colin Bishop	V50	Helsby	00:37:19
18	Eilir Evans	Sen	EGLS Inn	00:38:12
19	Rob Barber	V40	Wrexham AC	00:38:20
20	Justin Edwards	U20		00:38:24
21	Tim Palmer	V50	Helsby	00:38:57
22	Paul Samuels	V40	Wrexham AC	00:39:06
23	Susan Fourie	FV40	Chester Tri	00:39:24
24	Kean Rowland	V50	Eyri	00:39:37
25	David Michell	V35	Helsby	00:39:39
26	Laura Hughes	FV40	Helsby	00:39:40
27	Darrell Walsh	V40	Oswestry	00:39:50
28	Tim Hargreaves	V40	Buckley	00:39:50
29	Ellie Robinson	FV40	West Cheshire	00:39:56
30	Ian Rutherford	V40	Helsby	00:40:00
31	Alan French	V60		00:40:15
32	Paul Aird	V50	Last Inn Runners	00:40:16
33	David Smith	V35	Helsby	00:40:16
34	Steve Riley	V50	Helsby	00:40:48
35	Sean Butler	V50	Oswestry	00:40:55
36	Jim Jones	V50	Helsby	00:41:09
37	Freddie Woodward	Sen		00:41:57
38	Eric Campbell	V50	Buckley	00:41:59
39	Janet Owens	FV40	Knowsley Harriers	00:42:14
40	Janet Robertson	FV50	Helsby	00:42:38
41	John Morris	V70	Buckley	00:43:07

42	James Licence	Sen		00:43:12
43	Peter Hughes	V50	Wrexham	00:43:16
44	Christina Roach	FV50	Helsby	00:43:20
45	Charles Ashley	V50	Wrexham AC	00:44:09
46	Christine Cammilare	FSen	Deestridders	00:44:16
47	Denis Garnham	V50		00:44:28
48	Arthur Youd	Sen	UCL Athletics	00:45:21
49	Suzanne Fletcher	FV35	Helsby	00:45:37
50	Rachel Arnold	FV50	Helsby	00:45:46
51	Hamon Chaudhry	V40	MI	00:46:20
52	Marc Tipruric	V50		00:46:20
53	Debbie Read	FV50	Helsby	00:46:57
54	Geoff Collins	V60	Helsby	00:46:57
55	Paul Lewtey	V35	Deestridders	00:49:26
56	Mark Jones	V40	Chester Tri	00:49:28
57	Paul Cunningham	V40	Helsby	00:49:53
58	Roger Hughes	V40		00:50:15
59	Sarah Drummond	FV40		00:50:15
60	Sharon Basford	FV40	Tattenhall	00:52:37
61	Sue Buck	FV50	Helsby	00:53:08
62	Jack Thomas	V70	Buckley	00:58:17
63	Shaun Partington	V40	Wrexham AC	01:03:45
64	Willem Prooijen	V70	Clwydian Runners	48,10
65	Michelle Hardwick	FV35	Helsby	DNF