

15/09/2019 - Lake District Mountain Trial - Medium

Pos	Name	Category	Club	Time
1	Zoe Harding	F	Edinburgh University Hare And Hounds	03:15:34
2	Robert Finch	M	Southampton Orienteering Club	03:54:58
3	Matthew Smith	MV50	Forth Valley Orienteers	04:06:38
4	Matthew Pickering	M	UBOC	04:07:49
5	Steph Jones	F	Ambleside AC	04:10:56
6	Charlie McIntosh	MV50	Pudsey & Bramley AC	04:11:07
7	Colin Valentine	MV50	Keswick AC	04:13:33
8	Michelle Foxwell	FV40	Ambleside AC	04:26:49
9	Matthew Seddon	M	Pudsey & Bramley AC	04:27:21
10	Simon Oxley	MV50	Settle Harriers	04:30:42
11	Geoff Briggs	MV60	Pennine Fell Runners	04:32:17
12	Malcolm McMillan	M	Helm Hill Runners	04:33:47
13	Lucie Todhunter	F	SROC Red Rose Orienteering Club	04:38:36
14	Matt Foxwell	MV40	Kendal Amateur Athletic Club	04:41:05
15	Rebekah Beadle	FV50	Lakeland Orienteering Club	04:42:17
16	Joe Murphy	MV50	SROC Red Rose Orienteering Club	04:42:52
17	Martha Hart	F	Dark Peak Fell Runners	04:45:59
18	Paul Taylor	MV50	Saddleworth Runners Club	04:49:43
19	Rowena Browne	FV50	Bowland Fell Runners	04:51:36
20	Alice Fellbaum	F	Ambleside AC	04:56:19
21	Michael Buckenham	MV40		05:03:07
22	Edmund Rooney	MV50	Lauderdale Limpers Running Club	05:07:28
23	Catherine Wilson	FV40	Rosendale Harriers & AC	05:11:01
24	Oli Read	M	Eborienteers	05:13:18
25	Iain Bell	MV50	Deeside Orienteering Club	05:15:16
26	David Fountain	M	Wharfedale Harriers	05:15:40
27	Paul Simpson	MV50	Ambleside AC	05:18:21
28	Mick Garratt	MV60	Esk Valley Fell Club	05:25:00
29	Sally Hempzell	FV50	Ambleside AC	05:25:22
30	Chris Clay	MV40	Dark Peak Fell Runners	05:29:29
31	Katie Godfrey	F	Royston Runners	05:29:50
32	Debbie Thompson	FV60	Borderliners OC	05:38:16
33	Jenny Russell	FV40	Northern Fells Running Club	05:40:02
34	Derek Fryer	MV60	Lakeland Orienteering Club	05:42:23
35	Andrew Blanshard	M		05:45:17
36	Paul Hunt	MV50	Goyt Valley Striders	05:50:04
37	Wendy Dodds	FV60	Clayton-le-Moors Harriers	05:50:33
38	Richard Townsend	MV50	Saltwell Harriers	05:52:24
39	Lewis Johnston	M	Warrington Road Runners	05:53:26
40	Sue Carter	FV50	South London Orienteers	05:54:28
41	Alison Bramall	FV60	Ambleside AC	05:58:19

42	Graham Arthur	MV70	Highland Hill Runners	06:01:04
43	Julian Warren	MV50	Northern Navigators	06:03:28
44	Timothy May	MV50	ESOC	06:50:42
45	Trevor Matty	MV50	Dark Peak Fell Runners	07:06:44
46	Charles Vereker	M		07:08:42
47	Georgina Wilkins	F		M6-7
48	Christine Goulding	FV50	Borderliners OC	Rtd