

Pos	Name	Category	Club	Time
1	Karl Steinegger	M	Ambleside	00:34:00
2	Lawrence Eccles	M	Penny Lane	00:34:48
3	Duncan Anderson	M	Red Rose	00:35:32
4	Tim Campbell	M40	Astley & Tyldesley	00:35:40
5	Will Lloyd	M	Vegan	00:35:53
6	Jonathan Smith	M	Lymm	00:36:05
7	William Rawson	MU23		00:36:56
8	Darren Fishwick	M45	Chorley	00:37:00
9	Thomas Harkin	M40		00:37:06
10	Sean Bolland	M40	Bowland	00:37:18
11	Christopher Rayner	M40	Chorlton	00:37:26
12	Mark Rogers	M45	Wigan Harriers	00:37:53
13	Ian Magill	M45	Liverpool RC	00:38:00
14	John Mullion	M	Liverpool RC	00:38:05
15	James Simon	M	Red Rose	00:38:19
16	John Horrocks	M	Chorley	00:38:21
17	Chris McCarthy	M	Lytham	00:38:23
18	Andy Staveley	M55	Burnden RR	00:38:25
19	George Butler	MU23	Burnden RR	00:38:37
20	Matthew Thompson	M45	Southport Waterloo	00:38:40
21	Thomas Bardwell	M	Manchester Fronrunners	00:38:42
22	Kye Byrne	M	Warrington	00:38:44
23	Matthew Robinson	M	Newburgh Nomads	00:38:54
24	Karl Tuzio	M50	Newburgh Nomads	00:39:21
25	John Shepherd	M50	Red Rose	00:39:35
26	Colin Faulds	M	Burnden RR	00:39:41
27	Fiona Hughes	L		00:39:42
28	Martin Quinn	M40	Chorley	00:39:44
29	Ross White	M	Penny Lane	00:39:46
30	Paul Bryers	M40	Wigan Harriers	00:39:55
31	Dave Lawton	M	Liverpool RC	00:40:06
32	Keith Thomas	M55	Burnden RR	00:40:14
33	Michael Harris	M45	Wigan Harriers	00:40:25
34	Carl Murphy	M	Liverpool RC	00:40:59
35	Paul Boardman	M50	Horwich	00:41:07
36	Daniel Brady	MU23	Skelmersdale	00:41:14
37	Christopher Gallivan	M40	Liverpool RC	00:41:15
38	Peter Charnley	M40	Bowland	00:41:18
39	Martin Pennington	M		00:41:34
40	Simon Tobin	M50	Southport Waterloo	00:41:36
41	Ken Addison	M60	Red Rose	00:41:45

42	Warren Moorfield	M45	Wigan Harriers	00:41:49
43	Stephen McNicholas	M50	Penny Lane	00:41:51
44	William Beckett	M50	Chorley	00:41:56
45	Phil Rowen	M40	Lymm	00:42:00
46	Craig Hoy	M	Liverpool RC	00:42:06
47	Steve Myerscough	M40	Wesham	00:42:18
48	Norman Hayhurst	M55		00:42:21
49	John Naylor	M	Red Rose	00:42:34
50	John McMaster	M	Liverpool RC	00:42:39
51	Nick Kearsey	M40		00:42:40
52	Gary Kenny	M50	Southport Waterloo	00:42:57
53	Simone Capponi	M40	Penny Lane	00:43:03
54	Michael Kay	M40	Horwich	00:43:16
55	Rob Garth	M	Penny Lane	00:43:29
56	Daryl Mullen	M50	Newburgh Nomads	00:43:34
57	Keith Swift	M40	Southport Waterloo	00:43:42
58	Alex Bentley	M	Knowsley	00:43:44
59	Martin Sutton	M40	Southport Waterloo	00:43:46
60	Matthew Tobin	MU23	Southport Waterloo	00:43:53
61	Stewart Jones	M55	Burnden RR	00:44:12
62	Jim Dawson	M50	Lymm	00:44:20
63	Marcus Taylor	M45	Burnden RR	00:44:23
64	Dave Barr	M45	Liverpool Harriers	00:44:25
65	Andrew Biddle	M40	Penny Lane	00:44:35
66	Mike Aisbitt	M40	Skelmersdale	00:44:45
67	Maria Cook	L40	Parbold PP	00:44:56
68	Melissa Ronan	L	Liverpool RC	00:45:01
69	Alex Rigby	M	Liverpool RC	00:45:02
70	Liz Whitfield	L	Spectrum	00:45:03
71	Kenny Forster	M55	Spectrum	00:45:05
72	Andy Dines	M40		00:45:09
73	Andrew Hudson	M50	Southport Waterloo	00:45:11
74	Peter Lloyd	M55	Lymm	00:45:13
75	Richard Harris	M50	Newburgh Nomads	00:45:24
76	Alice Swift	L	Chorlton	00:45:32
77	Thomas Madden	M40		00:45:37
78	Mark Checkley	M50	Lostock	00:45:51
79	Lewis Johnston	M	Warrington	00:45:53
80	Rob Cosgrove	M50	Southport Waterloo	00:46:06
81	James Bellis	M	Liverpool RC	00:46:12
82	Andrew Glen	M50	Knowsley	00:46:19
83	Lauren Morley	L	Shrewsbury	00:46:30
84	Mark Swindell	M45	Horwich	00:46:33
85	Suzanne Budgett	L50	Horwich	00:46:39

86	Greg Carns	M45	St Helens	00:46:46
87	Karen Moorfield	L	Wigan Harriers	00:46:47
88	Fiona Johnston	L45	Parbold PP	00:46:53
89	Darren Tyldesley	M50	Salford	00:46:57
90	David Barnes	M55	Horwich	00:46:58
91	Ian Doyle	M40	Southport Waterloo	00:47:01
92	Jane Lowe	L45	Spectrum	00:47:05
93	Lesley Fisher	L55	Burnden RR	00:47:17
94	Tracey Allan	L	Southport Waterloo	00:47:31
95	Nicola McConville	L		00:47:38
96	Sharon James	L40	Liverpool RC	00:47:47
97	Nigel Foo	M45	Penny Lane	00:47:54
98	Jamie Dowdall	M40	Darwen Dashers	00:47:57
99	Ben Gent	M40	Warrington	00:47:59
100	Geoff Hand	M60	Spectrum	00:48:14
101	Brian Halton	M55	Lostock	00:48:17
102	Stephen Wall	M40	Liverpool RC	00:48:24
103	Kieron Carr	M45	Knowsley	00:48:30
104	Heather Hughes	L		00:48:32
105	David Miller	M60	Chorley	00:48:39
106	George McCann	M45	Liverpool RC	00:48:40
107	Catherine Schofield	L50	Lostock	00:48:44
108	Michael Crook	M65	Horwich	00:48:46
109	Carl Yu	M40	Liverpool RC	00:48:57
110	Mark Glaister	M50	Skelmersdale	00:49:02
111	Edwin Sherstone	M50	Southport Waterloo	00:49:03
112	Carly Glover	L	Chorley	00:49:09
113	Sally McCoy	L50	Lostock	00:49:14
114	Kieran Lomas	M	Astley & Tyldesley	00:49:27
115	Cristina Puccini	L45	Penny Lane	00:49:30
116	Tony Marlow	M50	Chorley	00:49:34
117	Mark Butler	M50	Burnden RR	00:49:38
118	Andrew Nightingale	M40	Wigan Phoenix	00:49:57
119	Anne Ferguson	L55	Burnden RR	00:49:59
120	Stephen Green	M	Liverpool RC	00:50:01
121	Janet Robertson	L50	Helsby	00:50:12
122	Alan Spencer	M55	Knowsley	00:50:15
123	Tony Dagnall	M60	St Helens	00:50:17
124	Joseph Bramhall	M	Southport Waterloo	00:50:22
125	Kenny Worrall	M40	Liverpool RC	00:50:28
126	Kevin Gillibrand	M50	Warrington	00:50:34
127	Shirley Staveley	L50	Burnden RR	00:50:36
128	Arthur Cross	M55	Knowsley	00:50:38
129	Darren Baker	M45	FRA	00:50:44

130	Colin Oxley	M60	Liverpool RC	00:50:47
131	Jason Pierce	M45	Liverpool RC	00:50:52
132	Ben Croad	M	Chorlton	00:50:53
133	Michael Devereux	M65	Penny Lane	00:50:54
134	Lee Ward	M40	Liverpool RC	00:50:57
135	Andy Bates	M	Penny Lane	00:51:00
136	Rhona Barker	L45	Swinton	00:51:18
137	Karen Pickersgill	L45		00:51:25
138	Shane Cliffe	M50	Red Rose	00:51:30
139	Adrian Skett	M60	Lymm	00:51:31
140	Don Nichol	M60	Burden RR	00:51:35
141	Mark Sammon	M40	Seloc	00:51:49
142	Martin Catterall	M40	Warrington	00:52:07
143	Ian Wharton	M50	Red Rose	00:52:22
144	Brian Barnes	M55	Chorlton	00:52:29
145	Sophie Cunningham	L	Chorlton	00:53:21
146	Richard Costain	M	Penny Lane	00:53:24
147	Abbie Dutton	L	Chorlton	00:53:25
148	Michael Maloney	M60	Knowsley	00:53:33
149	Billy Hargreaves	M65	Southport Waterloo	00:53:37
150	Peter Burton	M50	Lymm	00:53:40
151	Jon Windle	M40	Penny Lane	00:53:48
152	Stuart Atherton	M40	Knowsley	00:53:56
153	Vicki Hudson	L50	Southport Waterloo	00:53:59
154	Michele Sunter	L55	Horwich	00:54:00
155	Albert Sunter	M55	Horwich	00:54:01
156	Dawn Fairclough	L	Liverpool RC	00:54:07
157	Paul Gilbertson	M40	Liverpool RC	00:54:12
158	Hayley Fairclough	L	Liverpool RC	00:54:14
159	John Wiseman	M50	Red Rose	00:54:18
160	David Marsh	M55	Southport Waterloo	00:54:24
161	Graham Schofield	M60	Chorley	00:54:37
162	Davie Thompson	M		00:54:47
163	Janet Farrow	L45	Parbold PP	00:55:23
164	Debbie Porter	L45	Red Rose	00:55:26
165	Julia Rolfe	L50	Lytham	00:55:50
166	Lydia Willson	L	Lymm	00:56:07
167	Helen Osborne	L	Penny Lane	00:56:38
168	Billy Sergeson	M45	Penny Lane	00:56:38
169	Gill Collen	L55	Warrington	00:57:02
170	Sue Stewart	L65	Southport Waterloo	00:57:20
171	Neville Griffiths	M70	Spectrum	00:57:36
172	Greg Oulton	M45	Lytham	00:57:47
173	Wayne Hope	M50	Red Rose	00:57:55

174	Rebecca Burke	LU23	Liverpool RC	00:58:48
175	Robert Burke	M50	Liverpool RC	00:58:49
176	Helen Cheston	L40	Parbold PP	00:58:50
177	Tony Fishwick	M45	Kirkby	00:58:52
178	David Gara	M50		00:58:55
179	Thomas Gara	MU23		00:58:56
180	Colin Grime	M70	Spectrum	00:59:06
181	Vikki Goodyear	L50	Lostock	00:59:27
182	Sally Adams	L45	Parbold PP	00:59:36
183	Robert Lowther	M40	Southport Waterloo	00:59:38
184	Alison Mercer	L55	Red Rose	00:59:44
185	Katie Pownell	L	Knowsley	00:59:46
186	Hannah McCandless	LU23	Lytham	00:59:55
187	Stephen Fish	M60	Clayton Le Moors	01:00:04
188	Karen Forster	L50	Spectrum	01:01:05
189	Bhav Mistry	L45	Kirkby	01:01:07
190	Christopher Sullivan	M40	Kirkby	01:01:07
191	Brenda Carrier	L50		01:01:38
192	Mark Carrier	M50		01:01:39
193	Chris Nightingale	M45	Wigan Phoenix	01:01:52
194	Abigail Willmitt	L	Liverpool RC	01:02:36
195	Jessica Garrigan	L	Liverpool RC	01:02:37
196	Kerry Lomas	L	Astley & Tyldesley	01:02:42
197	Emma Hastie	L	Parbold PP	01:02:55
198	Amena Madden	L40	Liverpool RC	01:02:56
199	Tracey Carr	L50	Knowsley	01:03:05
200	Paul Walsh	M70	Bowland	01:03:25
201	Jenny Fairclough	L55	Red Rose	01:03:27
202	Mick O'brien	M45	Knowsley	01:04:11
203	Christine Parkinson	L45	Parbold PP	01:04:40
204	Denise Garrigan	L	Kirkby	01:04:45
205	Kathryn Horsley	L40	Knowsley	01:04:52
206	Elaine Jones	L	Liverpool RC	01:04:57
207	Eunice Nopondo	L50	Penny Lane	01:05:10
208	Jane Hurn	L	Parbold PP	01:05:15
209	Wendy Ward	L45	Red Rose	01:07:44
210	Sarah Haslam	L40	Red Rose	01:08:16
211	Aimee Midgley	L40	Red Rose	01:08:35
212	Frankie Fixten	L	Knowsley	01:08:37
213	Anne Green	L55	Kirkby	01:13:08
214	Jane Blacklin	L55	Southport Waterloo	01:15:27
215	Tom Hilton	M65	Red Rose	01:17:31
216	David Dodd	M40	Knowsley	01:18:10
217	Alex Waddelove	M	Preston	Dnf

218	Yvonne Wyke	L45	Parbold PP	Rtd
219	Paul Muller	M55	Horwich	Rtd