

Pos	Name	Category	Club	Time
1	Jack Agnew	MSEN	Mercia Fell Runners	00:20:07
2	Matthew Yapp	MSEN	Croft Ambrey RC	00:20:22
3	Andy WatinsInstagram	MSEN	Mercia Fell Runners	00:21:18
4	Aidan Yapp	MU23		00:21:26
5	Stuart Smith	MSEN	Shrewsbury AC	00:21:40
6	Joseph Murphy	MU23	Brecon AC	00:22:28
7	James Thomas	MSEN	Cirencester AC	00:22:30
8	Jack Byrne	MU23	Helm Hill Runners	00:22:49
9	Wyndham Turner	MSEN	Mynydd Du Mountain Runners	00:22:59
10	Sara Willhoit	FSEN	Mercia Fell Runners	00:23:06
11	Tom Arthur	MSEN	Alehouse	00:23:23
12	Matthew Pollard	MSEN		00:23:27
13	James Craig	MSEN	Mercia Fell Runners	00:23:32
14	Tristan Cumberland	MU23	Brecon AC	00:23:37
15	Reuben AlldridgeInstagram	M40		00:23:50
16	Simon Lanckham	MSEN	Mercia Fell Runners	00:24:25
17	Beverley Whitfield	F40		00:24:27
18	Andy Davies	M50	Mercia Fell Runners	00:24:35
19	Mel Price	F40	Mercia Fell Runners	00:24:38
20	Paul Beeson	M50	Maldwyn Harriers	00:24:40
21	Joseph Hibbert	MU23		00:24:48
22	Neil Gerrity	M40	Newcastle Staffs AC	00:24:51
23	Chris Doran	M40	Telford Harriers	00:24:56
24	Stephen Minnikin	M40	RAF Athletics Club	00:25:00
25	Jordan Stamp	MSEN		00:25:02
26	Tom Treasure	MSEN	Mercia Fell Runners	00:25:31
27	Simon Neeves	M40	Mercia Fell Runners	00:25:34
28	Hayley Wells	FSEN		00:25:40
29	Mark Agnew	M50	Mercia Fell Runners	00:25:42
30	Daniel Hazell	MSEN		00:25:44
31	Ben Huntington	MSEN	Mercia Fell Runners	00:25:46
32	Benjamin Hartshorne	MU23		00:26:08
33	Dave Farrow	M50	Mercia Fell Runners	00:26:20
34	Richard Bate	MSEN	Mercia Fell Runners	00:26:25
35	George Arthur	MU23	Shropshire Shufflers	00:26:30
36	Simeon Lloyd	M40		00:26:32
37	Tom Turner	MSEN	Mynydd Du Mountain Runners	00:26:36
38	Guy Holloway	M40	Bayston Hill Salad Dodgers	00:26:39
39	Stuart Proctor	M50	Mercia Fell Runners	00:26:48
40	Jared Forte	MU23	Mercia Fell Runners	00:26:50
41	Kristan McKenna	M40	AEE	00:26:57

42	Simon Webb	M40	Mercia Fell Runners	00:27:30
43	Dominic Williams	M40		00:27:35
44	Toby Lansdell	MSEN		00:27:37
45	Simon Daws	M60	Mercia Fell Runners	00:27:42
46	Daniel Hartshorne	M40		00:27:46
47	Calvin Wright	M50	Shropshire Shufflers	00:27:47
48	Duncan JonesTwitterInstagram	M50	Shrewsbury AC	00:27:51
49	Charlie Wragg	MSEN		00:28:18
50	Charlotte WhiteInstagramStrava	FSEN		00:28:39
51	Simon PipeFacebookPower Of TenLinkedIn	M50	Mercia Fell Runners	00:28:51
52	Huw Jones	M60		00:29:00
53	Graham Chidley	M50	Mercia Fell Runners	00:29:08
54	Kevin Jones	M40	Maldwyn Harriers	00:29:13
55	Eloise LeeInstagramPower Of Ten	FSEN	Mercia Fell Runners	00:29:15
56	Peter Holmes	M40	Whitchurch Whippets	00:29:22
57	Matt Hodgson	M40	SYTRI (Shrewsbury Triathlon)	00:29:36
58	James Healey	M40	Mercia Fell Runners	00:29:50
59	Sarah Cordingley	F40	Maldwyn Harriers	00:29:59
60	Jake Hirst	MSEN		00:30:08
61	Ifan Jones	M50	Maldwyn Harriers	00:30:17
62	Colin Wells	M60	Mercia Fell Runners	00:30:18
63	Sam Edwards	MSEN		00:31:00
64	Nikki Harrison	FSEN	Shropshire Shufflers	00:31:00
65	Mark Lampitt	MSEN		00:31:19
66	Wil Evans	M40		00:31:26
67	Daphne Jones	FU23	Shrewsbury AC	00:31:28
68	Alison Preece	F40	Telford AC	00:31:40
69	Leo Furnivall	MSEN		00:31:41
70	Georgie Jones	FSEN		00:31:46
71	Danny Beeson	MSEN	Maldwyn Harriers	00:31:47
72	Tim JonesTwitterStrava	M50	Croft Ambrey RC	00:31:49
73	Adrian Clark	M50	Mercia Fell Runners	00:32:04
74	Christopher Weston	MSEN		00:32:10
75	Simon AllenFacebook	M50	Mercia Fell Runners	00:32:11
76	Ian Hosley	M40		00:32:25
77	Sarah Blackwell	FSEN	Mercia Fell Runners	00:32:31
78	Andy Lewis	M60	Shrewsbury AC	00:32:38
79	Mark Macam	MSEN		00:32:41
80	Laura Gale	F40	Bournville Harriers	00:32:44
81	Guy Whitmarsh	M70	Croft Ambrey Running Club	00:33:01
82	Robert Ingham	M50	Whitchurch Whippets	00:33:13
83	Danielle Donaldson	FSEN		00:33:24
84	Tim Jones	M50	Shropshire Shufflers	00:33:29
85	David Manuel	M40	Maldwyn Harriers	00:33:48

86	Emily Grandfield	FSEN	Whitchurch Whippets	00:33:53
87	Humphrey Dunn	M50	SYTRI (Shrewsbury Triathlon)	00:34:02
88	Gary Gunner	M70	Croft Ambrey RC	00:34:10
89	Jo Grandfield	F50	Whitchurch Whippets	00:34:11
90	Richard PalmerPower Of Ten	M40	Telford Harriers	00:34:13
91	Stephen Riley	M40	Shropshire Shufflers	00:34:53
92	Kirsty Briggs	F40	Mercia Fell Runners	00:34:55
93	Thomas Whiting	MSEN		00:35:02
94	James Rainbow	M40	Whitchurch Whippets	00:35:19
95	Philip Hadland	M60	Mercia Fell Runners	00:35:21
96	Holly Sheldon	F40		00:35:25
97	Paul Fotheringham	M60		00:35:59
98	Charlie Holland	M60	Shropshire Shufflers	00:37:49
99	Janet Hill	F60	Ludlow Runners	00:39:01