

Pos	Name	Category	Club	Time
1	Chris Arthur	M Sen	Bowland Fell Runners	00:31:14
2	Jack Eyre	M Sen	Eden Runners	00:34:15
3	Harry Greenbank	Mu18	Keswick AC	00:34:39
4	Simon Netherway	M Sen	Keswick AC	00:35:42
5	Michael Holliday	M Sen	DH Runners	00:36:23
6	Hannah Horsburgh	F Sen	Keswick AC	00:36:30
7	Mark Likeman	M Sen	Cumberland Fell Runners	00:36:55
8	Craig Holliday	M Sen	Carlisle Tri Club	00:37:15
9	Harvey Lord	M Sen	Blackcombe Runners	00:37:28
10	Adam Frankham	M Sen	Netherhall AC	00:37:32
11	Keith Melvin	M Sen		00:37:33
12	Rob Stein	M Sen	Cumberland F.R.	00:37:34
13	Scott Keough	Mv40	Netherhall AC	00:37:39
14	Jos Addison	M Sen	Helm Hill Runners	00:37:49
15	Alex Roberts	M Sen	Ellenborough RC	00:37:55
16	Steve Birkinshaw	Mv40	Borrowdale F.R.	00:37:57
17	Jonathan Kent	M Sen	Eden Runners	00:38:00
18	Tim Irlam	M Sen	Cumberland F.R.	00:38:05
19	Paul Reilly	Mv40	Helm Hill Runners	00:38:09
20	Sophie Noon	F Sen	Cumberland Fell Runners	00:38:51
21	Paul Neild	Mv40	Bowland Fell Runners	00:39:06
22	Adam Maynard	M Sen	Keswick AC	00:39:10
23	Catherine Spurden	F Sen	Keswick AC	00:39:24
24	David McCabe	Mv40	Trawden AC	00:39:27
25	Ben Opie	Mv40	Cumberland Fell Runners	00:39:30
26	Jacob Tonkin	M Sen	Keswick AC	00:39:35
27	Craig Marsh	M Sen	Keswick AC	00:39:40
28	Arthur Raffle	Mu23	Altrincham & Dist. AC	00:39:45
29	Peter Kemp	Mv40	Ellenborough RC	00:39:52
30	Jamie Rennie	Mv40	FRA	00:39:54
31	Jon Waller	M Sen	Pennistone Footpath Runners	00:40:19
32	Ryan Parker	M Sen	Cumberland F.R.	00:40:48
33	Samuel Graham	Mu18		00:40:54
34	Chris Snell	M Sen	Clayton Le Moors	00:41:00
35	Robert Jones	M Sen	Keswick AC	00:41:05
36	Victor Belshaw	Mv50	Denbigh Harriers	00:41:06
37	James Thomas	M Sen		00:41:11
38	Philippa Wakefield	Fv40	DH Runners	00:41:20
39	Tim Slater	M Sen	Eden Runners	00:41:29
40	Abi Johnson	F Sen	Eden Runners	00:41:32
41	Philip Pearson	Mv50	Northern Fells	00:41:33

42	Ryan Galea	M Sen	Uknetrunner	00:41:34
43	Andrew Martindale	Mv50	Northern Fells	00:41:35
44	John Beetham	Mv40	Keswick AC	00:41:37
45	Pez Bullen	Mv50	Keswick AC	00:41:49
46	Chris Smith	M Sen	Keswick AC	00:41:51
47	Andy Staveley	Mv50	Burden Road Runners	00:41:55
48	Andrew Bradley	Mv50	Cumberland F.R.	00:42:01
49	Sean Robinson	Mv40	Howgill Harriers	00:42:04
50	Ben Long	Mv40	Keswick AC	00:42:07
51	Rhys Morris	M Sen	Keswick AC	00:42:37
52	Zack Archbold	M Sen	Borrowdale F.R.	00:42:41
53	Paul Jennings	Mv50	Cumberland F.R.	00:42:42
54	Mike Harrison	Mv40	Cumberland F.R.	00:42:49
55	Gary Jackson	Mv40	Eden Runners	00:43:08
56	Peter German	M Sen	Helm Hill Runners	00:43:11
57	Martin Adam	M Sen		00:43:13
58	Chris Green	Mv40	Ambleside A.C.	00:43:20
59	Claire Russell	Fv40	Cumberland F.R.	00:43:24
60	Shaun Lomas	M Sen		00:43:46
61	Richard Todd	Mv40	Northern Fells	00:43:47
62	Ben Breeze	Mu18	Cumberland Fell Runners	00:43:48
63	Natalie Mccarron	F Sen	Cumberland AC	00:43:50
64	John Oakey	Mv40	Eden Runners	00:43:56
65	Arran Horne	Mu18	Northern Fells	00:44:01
66	Lauren Munro-Bennett	F Sen	Ambleside A.C.	00:44:02
67	Ian Hodgson	M Sen	Carlisle Tri Club	00:44:04
68	Matt Davis	M Sen	Howgill Harriers	00:44:06
69	Stephen Hartley	Mv50	Eden Runners	00:44:48
70	Keith Loan	Mv60	Keswick AC	00:44:51
71	Richard Clarke	Mv40	Northern Fells	00:45:04
72	Michael Elliott	M Sen		00:45:19
73	Emily Robinson	F Sen	Cumberland F.R.	00:45:22
74	Rebecca Guy	F Sen		00:45:27
75	Richard Millener	M Sen	Tri Lakeland	00:45:29
76	Andy Rodger	Mv50		00:45:30
77	Natalie Hawkrigg	Fv40	Northern Fells	00:45:33
78	Annabel Holmes	Fv40	Keswick AC	00:45:58
79	Chris Draper	M Sen	Cumberland Fell Runners	00:46:30
80	Conrad Slack	Mv40		00:46:33
81	Rose Singleton	F Sen	Northern Fells	00:46:34
82	James Archbold	Mv50	Borrowdale F.R.	00:46:37
83	Andrew Murray	Mv40	Keswick AC	00:46:50
84	Rachael Eaton	F Sen	Cumberland Fell Runners	00:47:08
85	Callum Crow	M Sen	Tri Lakeland	00:47:14

86	Cameron Clouston	Mu23		00:47:22
87	Micheal Walsh	Mv60	Kendal AC	00:47:26
88	Harry Hyslop	Mu18	Northern Fells	00:47:36
89	Graham Morgan	Mv50		00:47:40
90	Lucy Jones	F Sen	East Hull Harriers & AC	00:48:01
91	Angela Davies	F Sen	Keswick AC	00:48:09
92	Meghan Mccarthy	F Sen	Durham Fell Runners	00:48:09
93	Chris Little	Mv50	Keswick AC	00:48:11
94	Jennie Chatterley	Fv40	Cumberland F.R.	00:48:13
95	Louise Brown	Fv50	Keswick AC	00:48:24
96	Mark Wise	Mv50	Cumberland Fell Runners	00:48:32
97	Maggie Ulyatt	M Sen		00:48:33
98	John Horne	Mv50	Northern Fells	00:48:54
99	John Revill	M Sen	Cumberland Fell Runners	00:49:10
100	John Kelly	Mv40		00:49:34
101	Michael Sandelands	Mv40	Cumberland AC	00:49:37
102	Ben Cooper-Holmes	Mv40		00:49:38
103	Jim Downie	Mv60	Keswick AC	00:49:44
104	Ruth Graham	F Sen	Cumberland Fell Runners	00:49:47
105	Ann Cummings	Fv50	Cumberland Fell Runners	00:50:07
106	Steven Breeze	Mv40	Cumberland Fell Runners	00:50:36
107	Heather Eccles	F Sen	Eden Runners	00:50:40
108	Raymond Keenan	Mv40	Cumberland AC	00:50:54
109	Nicholas Downes	Mv40	Cumberland AC	00:50:58
110	Ross Williams	M Sen		00:51:03
111	Anita Barker	Fv40	Cumberland F.R.	00:51:06
112	Jane Fanning	Fv50	Keswick AC	00:51:07
113	Anna Blackburn	Fv50	Cumberland F.R.	00:51:38
114	Claire Guest	F Sen	Northern Fells	00:51:43
115	Lucy Stobbart	F Sen	Cumberland AC	00:51:44
116	Graham Watson	Mv50	Cumberland F.R.	00:51:53
117	Kathleen Batty	F Sen	Northern Fells	00:52:00