

Pos	Name	Category	Club	Time
1	Rob Samuel	MOPEN		00:41:39
2	Alex Pilcher	MOPEN	DERBY AC	00:42:12
3	Christopher Richards	MOPEN	SALFORD HARRIERS AC	00:44:05
4	Glenn Hughes	MOPEN	SERPENTINE RC	00:44:56
5	Harry Coates	MOPEN	WHARFEDALE HARRIERS	00:45:49
6	Josh Tighe	MOPEN	NORTHUMBERLAND FELL RUNNERS	00:46:29
7	Steve Franklin	MOPEN	TOTLEY AC	00:47:18
8	Rob Grantham	MV40	PENSBY RUNNERS	00:47:33
9	Billy Cartwright	MOPEN	MATLOCK AC	00:47:43
10	Daniel Lewis	MV40	MICKY MORRIS RACING TEAM	00:48:03
11	David Mirfield	MOPEN	BARLICK FELL RUNNERS	00:48:59
12	Paul Vincent	MV40	MERCIA FELL RC	00:49:11
13	Matthew Edmonds	MOPEN	MICKY MORRIS RACING TEAM	00:49:32
14	Mark Jennings	MV40	MICKY MORRIS RACING TEAM	00:49:36
15	Ben Cartwright	MOPEN	MATLOCK AC	00:49:58
16	Brendon Taylor	MV40	ROSSENDALE HARRIERS AC	00:50:21
17	Tristan Evans	MOPEN	MEIRIONYDD RUNNING CLUB	00:50:36
18	Beth Hanson	FOPEN	AMBLESIDE AC	00:51:16
19	Matthew Collins	MOPEN	MICKY MORRIS RACING TEAM	00:52:21
20	Caitlin Rice	FOPEN	Ribble Valley Harriers	00:52:42
21	Ifan Dafydd Jones	MOPEN		00:52:48
22	David Poole	MOPEN	BARLICK FELL RUNNERS	00:53:06
23	Charles Baker	MOPEN	TOTLEY AC	00:53:13
24	Jonathan Melia	MV50	ROSSENDALE HARRIERS AC	00:53:26
25	Paul Targett	MV50	HOLCOMBE HARRIERS	00:54:11
26	Nick Griffiths	MV40	AMMAN VALLEY HARRIERS	00:54:17
27	Helen Thornhill	FU20	BUXTON DISTRICT AC	00:54:37
28	Chris Jackson	MOPEN	PENNINE FELL RUNNERS	00:54:48
29	Ryan Mcflynn	MOPEN	MICKY MORRIS RACING TEAM	00:54:56
30	Matthew Nichols	MOPEN	MATLOCK AC	00:55:04
31	Alan Lundberg-Bury	MV50	ROSSENDALE HARRIERS AC	00:55:31
32	Kieran Lewis	MOPEN		00:55:50
33	Sara Wilchoit	FOPEN	MERCIA FELL RC	00:56:17
34	Gary Davies	MOPEN	MCCARKISS ENDURANCE PROJECT	00:56:38
35	Dafydd Roberts	MV50		00:57:17
36	Hannah Jarvis	FOPEN		00:57:23
37	Gonks Hughes	MV40	Rhedwyr Hebog Runners	00:57:39
38	Siobhan Evans	FOPEN		00:58:00
39	Timothy Gears	MV40	OSWESTRY OLYMPIANS	00:58:03
40	John Parkinson	MV40	ERYRI HARRIERS	00:58:06
41	Paul Jones	MV40	ERYRI HARRIERS	00:58:11

42	Ronnie Turner	MV50	ROSSENDALE HARRIERS AC	00:58:34
43	David Murphy	MV50	ROSSENDALE HARRIERS AC	00:58:38
44	Leo Nathan	MOPEN		00:58:54
45	Paul Crook	MV50		00:58:54
46	Natasha Sheel	FOPEN	SERPENTINE RC	00:58:58
47	Matthew Coffey	MOPEN		00:59:05
48	Becki Robinson	FOPEN	SALFORD HARRIERS AC	00:59:23
49	Iona Roberts	FV40		00:59:41
50	Dan Jackson	MV40		00:59:41
51	Ben Beachell	MV40	ERYRI HARRIERS	01:00:39
52	Aled Edwards	MOPEN	ERYRI HARRIERS	01:01:08
53	Sarah Bell	FOPEN	Ribble Valley Harriers	01:01:37
54	Kye Byrne	MOPEN	WARRINGTON RUNNING CLUB	01:01:46
55	Neil Shepherd	MV50	BOWLAND FELL RUNNERS	01:02:01
56	Rhian Probert	FV40	MYNYDD DU MOUNTAIN RUNNERS	01:02:04
57	Nic Brook	MV40	ERYRI HARRIERS	01:02:08
58	Jonathan Mercer	MV40		01:02:21
59	Arwel Lewis	MV50	ERYRI HARRIERS	01:02:32
60	David Buse	MOPEN	ERYRI HARRIERS	01:02:54
61	Peter Daly	MV50	PENNINE FELL RUNNERS	01:02:58
62	Owen Humphreys	MV40	BEAUMARIS TOWN ROAD RUNNERS	01:03:41
63	Richard Anthony	MV40	ABERYSTWYTH AC	01:04:01
64	Rhiannon Kamink	FU20	COLWYN BAY AAC	01:04:37
65	Megan Lynne Hughes	FV40	ERYRI HARRIERS	01:04:49
66	Leighton Rawlinson	MOPEN	MICKY MORRIS RACING TEAM	01:05:17
67	Andrew Dickens	MV40	MYNYDD DU MOUNTAIN RUNNERS	01:05:25
68	Kay Welsby	FOPEN	ROCHDALE HARRIERS AC	01:05:36
69	Ed Fray	MV40	RHEDWYR HEBOG RUNNERS	01:05:38
70	Tom Gloster	MOPEN	RHEDWYR HEBOG RUNNERS	01:06:16
71	Suzy Cumming	FV40		01:06:24
72	Stephen Burthem	MV50	WARRINGTON AC	01:06:32
73	Gethin Thomas	MV40	ERYRI HARRIERS	01:06:42
74	Tom Taverner	MOPEN		01:06:43
75	Oliver Russell	MOPEN	MERCIA FELL RC	01:06:50
76	John Deasey	MV50	ROCHDALE HARRIERS AC	01:06:59
77	Owain Roberts	MOPEN		01:07:11
78	Ian Cronshaw	MOPEN	SWINTON RC	01:07:12
79	John Robson	MV50		01:07:20
80	Mark Midgley	MV50	BOWLAND FELL RUNNERS	01:07:23
81	Tomos Jones	MOPEN	ERYRI HARRIERS	01:07:27
82	Lewis Litherland	MOPEN		01:07:44
83	Emma Weston	FV40	CONGLETON HARRIERS AC	01:07:47
84	Sammi Toop	FOPEN	MYNYDD DU MOUNTAIN RUNNERS	01:08:03
85	Darrell Walsh	MV40	OSWESTRY OLYMPIANS	01:08:05

86	Matthew Walter	MOPEN		01:08:12
87	Guto Edwards	MV50	ERYRI HARRIERS	01:08:21
88	Gary Porter-Jones	MV50	ERYRI HARRIERS	01:08:35
89	Emily Wood	FV50	ERYRI HARRIERS	01:08:39
90	Hannah Jones	FOPEN	BETSI RUNAWAYS	01:08:43
91	Lindsay Buck	FV50	CUMBERLAND FELL RUNNERS	01:09:12
92	Ali Thomas	FV50	ERYRI HARRIERS	01:09:19
93	Geoff Cooper	MV50	MATLOCK AC	01:09:29
94	Marie Robson	FV50	HELM HILL RUNNERS	01:09:36
95	Ben Hudson	MV40	NORTH WALES ROAD RUNNERS	01:09:53
96	Phil Targett	MV50		01:10:00
97	David Soley	MV50	ERYRI HARRIERS	01:10:12
98	Chris Bates	MV40	FRA	01:10:18
99	Lee Bannon	MOPEN		01:10:49
100	Mark Hatfield	MOPEN		01:10:50
101	Peter Fleming	MV50		01:11:34
102	Ian Mulligan	MV50	CYBI STRIDERS	01:11:44
103	Sarah Sherratt	FV40	WESHAM ROAD RUNNERS AC	01:11:47
104	James Holden	MOPEN		01:12:09
105	Richard Hunt	MV40	WEST CHESHIRE AC	01:12:14
106	Wil Evans	MV50		01:12:23
107	Gary Clarke	MV40	OSWESTRY OLYMPIANS	01:12:27
108	Charlotte Rose Wilton-Jones	FOPEN	NORTH WALES ROAD RUNNERS	01:12:32
109	Chris Vincent	MV50		01:12:32
110	Michael Beynon	MV50		01:12:33
111	Andy Kern	MV40	MOUNTAIN RESCUE LOSENSTEIN	01:12:34
112	Edward Edwards	MV60	ERYRI HARRIERS	01:12:42
113	Anne Mynott	FV50	COLWYN BAY AAC	01:14:01
114	Lou Summers	FV50	MYNYDD DU MOUNTAIN RUNNERS	01:14:12
115	Kevin Taylor	MV50	RYSTON RUNNERS AC	01:14:17
116	Peter S Nuttall	MV50		01:14:31
117	Andrew Smith	MOPEN		01:14:45
118	Ian Taylor	MV50	COLWYN BAY AAC	01:14:55
119	Paul Stevenson	MV60	SINFIN RC	01:14:58
120	Nick Forrester	MV40		01:15:27
121	Dyfnallt Huws	MV40	CYBI STRIDERS	01:15:55
122	Joanne Moss	FV40	CONGLETON HARRIERS AC	01:16:33
123	Rhianydd Evans	FOPEN	PARC BRYN BACH RUNNING CLUB	01:16:50
124	Stuart Elliott	MV40		01:17:01
125	Sarah Ferguson	FOPEN	NORTH WALES ROAD RUNNERS	01:17:10
126	Maldwyn Evans	MV50	ERYRI HARRIERS	01:18:12
127	Jack Robertson	MOPEN	BETSI RUNAWAYS	01:18:35
128	Dean Thomas	MV40		01:18:45
129	Kate Potter	FV50	ERYRI HARRIERS	01:19:52

130	Sarah Taylor	FV50	RYSTON RUNNERS AC	01:20:14
131	Gwyn Evans	MV60	ERYRI HARRIERS	01:20:19
132	Stephen Shakespeare	MV40	RHEDWYR HEBOG RUNNERS	01:21:06
133	Nicola Parry	FOPEN		01:21:14
134	David Yetton	MV60	PORTSMOUTH JOGGERS CLUB	01:21:51
135	Robin Williams	MOPEN	ERYRI HARRIERS	01:22:39
136	Sissel Lundberg-Bury	FV50	ROSSENDALE HARRIERS AC	01:22:50
137	Elen Williams	FOPEN	CYBI STRIDERS	01:22:58
138	David Billington	MOPEN	CYBI STRIDERS	01:23:48
139	David Richards	MV50	FORMULA ONE CC	01:24:11
140	Stuart Burthem	MV50		01:24:21
141	Robert Cook	MOPEN		01:24:33
142	Paul Walsh	MV70	BOWLAND FELL RUNNERS	01:26:00
143	John Lavelle	MV50	ROSSENDALE HARRIERS AC	01:27:56
144	Allison Donnelly	FV50	ERYRI HARRIERS	01:28:14
145	Ben Holden	MOPEN		01:30:41