

Pos	Name	Category	Club	Time
1	Ted Ferguson	MU23	Borrowdale	00:38:47
2	Tom Simpson	MU23	Ambleside	00:41:09
3	Dan Duxbury	M40	Ambleside	00:42:25
4	Phil Wilkinson	MSEN	Mercia	00:42:37
5	Paul Cornforth	M50	Ambleside	00:42:43
6	Tim Cowen	M40	Helm Hill	00:43:22
7	Mike Robinson	M40	Dark Peak	00:43:43
8	Paul Reilly	M40	Helm Hill	00:43:50
9	Robert Green	MSEN	Achille Ratti	00:44:30
10	John Horrocks	MSEN	Blackburn	00:46:11
11	Chris Donnelly	MSEN	Sale Harriers	00:48:10
12	Claire Nance	WSEN	Lonsdale	00:49:07
13	Adrian Harvey	MSEN	Howgill	00:50:07
14	Ian Furlong	MSEN	North Leeds	00:50:37
15	Craig Walling	MSEN	Hunters Bog Trotters	00:50:44
16	Adam Oliver	MSEN	Helm Hill	00:51:33
17	Don Reid	M60	Westerlands	00:52:14
18	Darren Fishwick	M40	Chorley	00:52:16
19	Leigh Warburton	M60	Bowland	00:52:25
20	Owen Pollard	MU23	Achille Ratti	00:52:34
21	Ryan Parker	MSEN	CFR	00:52:43
22	David Anderson	M40	Pudsey & Bramley	00:52:55
23	Ben Burrell	MSEN	Porter Valley	00:53:13
24	Ross Butler	M40	Keswick	00:53:16
25	Adam Malloy	MSEN	Vegan Runners	00:53:26
26	Annie Roberts	WSEN	Todmorden	00:53:50
27	Bianca Dyer	W40	Helm Hill	00:54:37
28	Michael Reynolds	M50	Mercia	00:54:42
29	Colin Valentine	M50	Keswick	00:54:52
30	Thomas Harkin	M40		00:55:00
31	Bill Williamson	M50	CFR	00:55:06
32	Dave Hammond	M50	Calder Valley	00:55:07
33	Paul Simpson	M50	Ambleside	00:55:16
34	Kenneth Murphy	M50	Lonsdale	00:55:18
35	Gary Mason	M50		00:55:30
36	David Mathew	M40	Serpentine	00:56:03
37	Roger Taylor	M50	Preston	00:56:44
38	Holly Martin	WSEN	Pennine	00:56:45
39	Mark Burton	M40	Calder Valley	00:56:53
40	Ben Grant	M60	Harrogate	00:58:33
41	Kerry Cornforth	W40	Keswick	01:00:03

42	Richard Bardon	M40	Achille Ratti	01:00:04
43	David Appleyard	M50	Helm Hill	01:00:10
44	Nick Sebley	M50	Blackcombe	01:00:16
45	Dave Sykes	M40	Lonsdale	01:01:43
46	Richard Wilkinson	M50	Long Eaton	01:01:46
47	Richard Smith	MSEN	Helm Hill	01:02:08
48	Wendy Dodds	W60	Clayton	01:02:45
49	Jonathan Weir	M40		01:02:56
50	Adi Baker	M50	Dark Peak	01:03:12
51	Jo Simpson	WU23	Ambleside	01:03:20
52	Jean Powell	W50	Wharfedale	01:04:00
53	Andrew Firth	M60	Clayton	01:06:32
54	Alastair Fale	M50	Valley Striders	01:07:35
55	Iain Hunter	MSEN		01:07:36
56	Paul Bates	M60	Lonsdale	01:07:45
57	Alan Braithwaite	MSEN	Hampshire Scout	01:07:50
58	Richard Simpson	M60	Dallam	01:08:33
59	Oliver Robinson	MSEN	Hampshire Scout	01:08:34
60	Mike Binks	MSEN		01:09:14
61	Vicky Atkinson	W40	Helm Hill	01:09:30
62	Lesley Malarkey	W60	Keswick	01:09:31
63	Dave Tait	M70	Dark Peak	01:10:26
64	Hannah Boyd Carson	WSEN		01:10:43
65	May Crawford	WSEN	Helm Hill	01:11:41
66	Sue Roberts	W50	Todmorden	01:11:50
67	Nicky Butler	W50	Keswick	01:12:29
68	Jeff Hignet	M60	Rosendale	01:12:30
69	Eddie Dealtry	M70	Kendal	01:13:10
70	Michael McLoughlin	M60	Preston	01:14:51
71	Robyn Anderson	W40	Preston	01:15:06
72	Ross Morley	MSEN	Hampshire Scout	01:16:31
73	Richard Tait	M60	Ambleside	01:16:59
74	Rebecca Oldfield	WSEN		01:17:00
75	Denis Boyd Carson	M60		01:18:20
76	Mike Troup	M60	Ambleside	01:18:51
77	Rob Sanders	M60	Blackcombe	01:19:33
78	Helen Carter	WSEN	Sale Harriers	01:21:52
79	Rich Hill	M40	Eden	01:25:38
80	Phil Kirby	M60	Coniston	01:33:41