

| Pos | Name | Category | Club | Time |
|-----|--------------------|----------|--------------------|----------|
| 1 | Chris Holdsworth | M | Ribble Valley H | 02:15:08 |
| 2 | Jack Wood | M | Ilkley H | 02:17:54 |
| 3 | Dan Mills | M | Barlick FR | 02:23:12 |
| 4 | Sam Watson | M | Wharfedale H | 02:26:50 |
| 5 | Thomas Corrigin | M | Ribble Valley H | 02:27:21 |
| 6 | David Mirfield | M | Barlick FR | 02:27:45 |
| 7 | Mark McGoldric | M | Wharfedale H | 02:28:31 |
| 8 | Victoria Wilkinson | W40 | Bingley AC | 02:29:08 |
| 9 | David A Poole | M | Barlick FR | 02:30:57 |
| 10 | Luke Maude | M | Barlick FR | 02:32:10 |
| 11 | Andy Laycock | M | CleMH | 02:33:40 |
| 12 | Nick Treitl | M | Barlick FR | 02:33:58 |
| 13 | Julian Goudge | M45 | Horwich RMI H | 02:34:44 |
| 14 | Matthew Richardson | M | Saltaire Striders | 02:35:17 |
| 15 | Oliver Heaton | M | Preston H | 02:35:32 |
| 16 | Graeme Brown | M40 | Todmorden H | 02:35:41 |
| 17 | Ken Sutor | M45 | Cheshire HashHouse | 02:36:48 |
| 18 | Max Cole | M45 | Rosendale H | 02:38:00 |
| 19 | Andrew Schofield | M50 | Borrowdale | 02:39:08 |
| 20 | David Bagot | M | CleMH | 02:39:35 |
| 21 | Sam Downey | M40 | Keighley & Craven | 02:40:06 |
| 22 | Richard Bradbury | M45 | Matlock AC | 02:40:14 |
| 23 | Mark Taylor | M45 | Calder Valley FR | 02:40:50 |
| 24 | John Shuttleworth | M45 | | 02:41:06 |
| 25 | David Kirkham | M40 | Wharfedale H | 02:42:01 |
| 26 | Will Herman | M40 | CleMH | 02:42:41 |
| 27 | Rory Harris | M | | 02:43:05 |
| 28 | Richard Smith | M | TheEndurance Store | 02:43:18 |
| 29 | Colin Brearley | M40 | Holme Pierrepont | 02:44:02 |
| 30 | Nick Barber | M40 | Todmorden H | 02:44:32 |
| 31 | Ross Bibby | M | Valley Striders | 02:44:41 |
| 32 | Matt Dunn | M45 | Holcombe H | 02:45:01 |
| 33 | John Ockenden | M | Bowland FR | 02:45:11 |
| 34 | Shaun Livesey | M40 | Ribble Valley H | 02:45:17 |
| 35 | Matthew Hayes | M45 | East Hull Harriers | 02:45:49 |
| 36 | Andy Berry | M40 | Barlick FR | 02:46:18 |
| 37 | Dan Gilbert | M40 | Horwich RMI H | 02:47:46 |
| 38 | Daniel Latham | M | Buxton AC | 02:48:10 |
| 39 | Ross Litherland | M40 | Pennine FR | 02:48:35 |
| 40 | Mark Whittaker | M45 | | 02:48:38 |
| 41 | Robert Henderson | M40 | Saltaire Striders | 02:49:23 |

| | | | | |
|----|-------------------|------|---------------------|----------|
| 42 | John Murfin | M45 | Settle H | 02:49:59 |
| 43 | Michael Lomas | M | Ilkley H | 02:50:08 |
| 44 | Philip Withnall | M | Lonsdale FR | 02:50:26 |
| 45 | Lawrence Eccles | M | Penny Lane Striders | 02:50:38 |
| 46 | Adam Storer | M45 | | 02:50:46 |
| 47 | Joseph Waller | M | Rossendale H | 02:51:15 |
| 48 | Dave Motley | M | Ribble Valley H | 02:51:32 |
| 49 | Paul Hobbs | M40 | Todmorden H | 02:51:43 |
| 50 | Adam Lomas | M | Hyde Park Harriers | 02:51:48 |
| 51 | Jim Garside | M45 | Trawden AC | 02:51:54 |
| 52 | John Allan | M | Calder Valley FR | 02:51:58 |
| 53 | Chris Balderson | M50 | Bowland FR | 02:52:08 |
| 54 | John Horrocks | M | Blackburn H | 02:52:20 |
| 55 | Howard Dracup | M | | 02:52:45 |
| 56 | Mark Pursell | M40 | Pennine FR | 02:52:57 |
| 57 | Joseph Hobbs | M | Lonsdale FR | 02:53:02 |
| 58 | Stephen Shorrock | M40 | Barlick FR | 02:53:39 |
| 59 | Ian Ferguson | M55 | Bingley AC | 02:54:12 |
| 60 | Barry Awan | M45 | Team Bath | 02:54:20 |
| 61 | David Middlemas | M45 | Valley Striders | 02:54:59 |
| 62 | Mel Price | W45 | Mercia | 02:55:30 |
| 63 | Ian Willis | M45 | Keighley & Craven | 02:55:48 |
| 64 | Simon Vallance | M50 | Valley Striders | 02:56:05 |
| 65 | Benjamin Laverick | MU23 | | 02:56:18 |
| 66 | Tobias Fletcher | M | | 02:56:18 |
| 67 | Paul Evans | M | Elvet Striders | 02:56:30 |
| 68 | Matt Fawthrop | M | Rossendale H | 02:56:36 |
| 69 | John M Greenwood | M40 | | 02:56:39 |
| 70 | Nathan Crossley | M50 | Horsforth H | 02:56:45 |
| 71 | Ben Timbers | M40 | Keighley & Craven | 02:57:10 |
| 72 | Martin Haworth | M40 | | 02:57:23 |
| 73 | David Ryder | M40 | | 02:57:28 |
| 74 | Darren Fishwick | M45 | Chorley A & T | 02:57:38 |
| 75 | Stuart Lewis | M40 | Rossendale H | 02:57:43 |
| 76 | John Sutton | M45 | Ribble Valley H | 02:57:46 |
| 77 | Tom Lynch | M | Otley AC | 02:57:54 |
| 78 | Gary Rowling | M | Queensbury RC | 02:58:02 |
| 79 | Benjamin Hoyle | M40 | Barlick FR | 02:58:05 |
| 80 | Dave Nuttall | M50 | Bowland FR | 02:58:09 |
| 81 | Mark Walsh | M50 | Horwich RMI H | 02:58:29 |
| 82 | Chris Snell | M | CleMH | 02:58:53 |
| 83 | Patrick Wardle | M | Wharfedale H | 02:59:03 |
| 84 | Pete Lloyd | M | Keighley & Craven | 02:59:06 |
| 85 | Duncan Cannon | M | Todmorden H | 02:59:28 |

| | | | | |
|-----|-------------------|------|--------------------|----------|
| 86 | Marc Sennett | M | Wharfedale H | 02:59:52 |
| 87 | Matt Machouki | M45 | Scarborough AC | 02:59:55 |
| 88 | Ben Snell | M | Macclesfield H | 02:59:56 |
| 89 | Andy Gibbons | M | Bingley AC | 03:00:03 |
| 90 | David Murphy | M50 | Rossendale H | 03:00:04 |
| 91 | David Whitfield | M55 | | 03:00:05 |
| 92 | Ben Whitehead | M | Barlick FR | 03:00:22 |
| 93 | Karl Robb | M | | 03:00:35 |
| 94 | Declan Bulmer | M | Wharfedale H | 03:01:14 |
| 95 | Amy Freeman | W | Darwen Dashers | 03:01:24 |
| 96 | Jimmy Wright | M | Barlick FR | 03:01:44 |
| 97 | Simon Jones | M | Abbey Runners | 03:01:47 |
| 98 | Helen Leigh | W | Blackburn H | 03:02:28 |
| 99 | Nick Hammond | M45 | Framlingham Flyers | 03:02:37 |
| 100 | Mark Webster | M50 | | 03:02:46 |
| 101 | Tom Cosway | M | Trawden AC | 03:02:50 |
| 102 | Dan Withers | M | | 03:03:00 |
| 103 | Andy Wright | M40 | Calder Valley FR | 03:03:18 |
| 104 | Andrew Britton | M40 | Wharfedale H | 03:03:25 |
| 105 | Steve Long | M55 | Tring Running Club | 03:03:42 |
| 106 | Rowan Temple | M | Kirkstall H | 03:03:49 |
| 107 | Dave Soles | M55 | Pennine FR | 03:03:58 |
| 108 | Leigh Warburton | M60 | Bowland FR | 03:04:08 |
| 109 | Oliver Gaillemin | M45 | Sale Harriers | 03:04:15 |
| 110 | Jamie Partridge | MU23 | Eden Runners | 03:04:35 |
| 111 | Jon Cleaver | M | Barlick FR | 03:04:43 |
| 112 | Daniel Miller | M | TheEndurance Store | 03:05:02 |
| 113 | Mark Wildsmith | M45 | Settle H | 03:05:14 |
| 114 | Leigh Hinchcliffe | M45 | Pudsey Pacers | 03:05:30 |
| 115 | Paul Hesketh | M50 | CleMH | 03:05:34 |
| 116 | Martin Terry | M55 | CleMH | 03:05:35 |
| 117 | Andrew Fairburn | M40 | Trawden AC | 03:05:36 |
| 118 | Tony Little | M45 | Bowland FR | 03:05:48 |
| 119 | Tim Straughan | M50 | Valley Striders | 03:05:50 |
| 120 | Darren Tweed | M40 | Todmorden H | 03:05:58 |
| 121 | Claire Nance | W | Lonsdale FR | 03:06:07 |
| 122 | Pete Dimitrijevic | M40 | Wharfedale H | 03:06:42 |
| 123 | Scott McCredie | M40 | Barlick FR | 03:06:44 |
| 124 | Robert Gray | M40 | Todmorden H | 03:06:58 |
| 125 | Anthony Lee | M | Darwen Dashers | 03:07:06 |
| 126 | Will Buckton | M | Ilkley H | 03:07:17 |
| 127 | Ady Humphrys | M45 | Darwen Dashers | 03:07:22 |
| 128 | Barry Scott | M45 | Wharfedale H | 03:07:48 |
| 129 | Steve Lowe | M40 | Pontefract AC | 03:07:56 |

| | | | | |
|-----|------------------|------|--------------------|----------|
| 130 | Helen Wood | WU23 | Ilkley H | 03:08:13 |
| 131 | Aidan Raftery | M55 | Sale Harriers | 03:08:45 |
| 132 | Lucas Payne | M50 | Barlick FR | 03:09:30 |
| 133 | Stephen Morran | M60 | Calder Valley FR | 03:09:34 |
| 134 | Neil Jones | M40 | | 03:09:52 |
| 135 | Mick Procter | M50 | CleMH | 03:09:58 |
| 136 | Paul Hurden | M40 | Tri Preston | 03:10:10 |
| 137 | Colin Moses | M50 | Wharfedale H | 03:10:37 |
| 138 | Dave Grimshaw | M40 | Trawden AC | 03:10:43 |
| 139 | Stephen Bark | M45 | Lincoln & District | 03:10:50 |
| 140 | Mark Wharton | M50 | Calder Valley FR | 03:10:53 |
| 141 | Andrew Collins | M | Barlick FR | 03:11:00 |
| 142 | Andy Armstrong | M45 | CleMH | 03:11:04 |
| 143 | John Bristow | M40 | Mercia | 03:11:21 |
| 144 | Carol Morgan | W45 | Nidd Valley RR | 03:11:32 |
| 145 | Toby Cotterill | M | Calder Valley FR | 03:11:33 |
| 146 | Andy Nichol | M45 | Bingley AC | 03:11:39 |
| 147 | Simon Jones | M55 | Bingley AC | 03:11:41 |
| 148 | Luke Wallwork | M40 | Barlick FR | 03:11:47 |
| 149 | Gary Pearse | M50 | Blackburn H | 03:12:04 |
| 150 | Mark Liptrot | M55 | Lostock AC | 03:12:11 |
| 151 | Matt Rowat | M | | 03:12:18 |
| 152 | Lewis Grundy | M50 | | 03:12:19 |
| 153 | Anthony Fryer | M40 | Valley Striders | 03:12:20 |
| 154 | Maurice O'Brien | M45 | Holcombe H | 03:12:33 |
| 155 | Gerald Gibson | M | | 03:12:51 |
| 156 | Alan Life | M50 | CleMH | 03:12:53 |
| 157 | Monica Padilla | W | Wharfedale H | 03:12:56 |
| 158 | Ben Wolstenholme | M | Bramhall Runners | 03:12:57 |
| 159 | Emma Taylor | W | Barlick FR | 03:13:27 |
| 160 | Lewis Wright | M40 | | 03:14:07 |
| 161 | Chris Funnell | M50 | CleMH | 03:14:09 |
| 162 | Andrew McFarlane | M50 | Rosendale H | 03:14:28 |
| 163 | Michael Wilding | M45 | Darwen Dashers | 03:14:40 |
| 164 | Jean Brown | W50 | CleMH | 03:14:54 |
| 165 | Allan McKeown | M40 | Bowland FR | 03:15:06 |
| 166 | Steven Duncan | M | FRA | 03:15:18 |
| 167 | Frazer Durriss | M40 | Trawden AC | 03:15:47 |
| 168 | Darren Sheppard | M45 | Framlingham Flyers | 03:16:07 |
| 169 | Matthew Robinson | M40 | Newburgh N | 03:16:16 |
| 170 | Martin Greenwood | M | Trawden AC | 03:16:45 |
| 171 | Shaun Heys | M | Trawden AC | 03:16:46 |
| 172 | Craig Storozuk | M | Trawden AC | 03:16:47 |
| 173 | David Fort | M45 | Trawden AC | 03:16:48 |

| | | | | |
|-----|---------------------|-----|----------------------|----------|
| 174 | Jon Underwood | M45 | Calder Valley FR | 03:17:05 |
| 175 | Fionnuala Swann | W45 | Trawden AC | 03:17:20 |
| 176 | Carlos Benson | M45 | Cheshire Hill Racers | 03:18:10 |
| 177 | Tony Marlow | M50 | Lostock AC | 03:18:18 |
| 178 | Jack Rose | M | Hyde Park Harriers | 03:18:22 |
| 179 | Simon Denny | M | Bentham Beagles RC | 03:18:35 |
| 180 | Martin Farrar | M55 | Wharfedale H | 03:18:42 |
| 181 | Dave Copping | M50 | Keighley & Craven | 03:18:46 |
| 182 | Matthew Hirst | M45 | Bowland FR | 03:18:58 |
| 183 | Helena Croft | W | Holmfirth H AC | 03:19:31 |
| 184 | Adam Todd | M | Rosendale Tri Club | 03:19:32 |
| 185 | Rebecca Patrick | W45 | Todmorden H | 03:19:42 |
| 186 | Paul Heeley | M40 | Fellandale | 03:19:44 |
| 187 | Helen Price | W45 | Harrogate H | 03:19:45 |
| 188 | Lee Hardy | M | Kirkstall H | 03:20:32 |
| 189 | Albert Sunter | M55 | Lostock AC | 03:20:38 |
| 190 | Andrew Smith | M55 | Barlick FR | 03:20:51 |
| 191 | James Crook | M45 | Trawden AC | 03:20:54 |
| 192 | Jonathan Turner | M45 | Ilkley H | 03:21:28 |
| 193 | Jim Roberts | M50 | Keighley & Craven | 03:21:43 |
| 194 | Simon Bellwood | M55 | Keighley & Craven | 03:21:58 |
| 195 | Paul Cook | M40 | Durham Fell Runners | 03:22:05 |
| 196 | Simone Capponi | M40 | Penny Lane Striders | 03:22:19 |
| 197 | Matthew Little | M45 | Trawden AC | 03:22:26 |
| 198 | Stephen Myers | M50 | Holcombe H | 03:22:30 |
| 199 | Gary Bradley | M50 | Barlick FR | 03:22:36 |
| 200 | Stuart Wolstenholme | M45 | Todmorden H | 03:22:44 |
| 201 | Andrew Foster | M50 | CleMH | 03:22:47 |
| 202 | John Singh | M | Saltaire Striders | 03:22:51 |
| 203 | Allan Sumner | M45 | Lancaster & MorcAC | 03:23:21 |
| 204 | Mark Storey | M50 | Trawden AC | 03:23:58 |
| 205 | Ivan Whigham | M55 | CleMH | 03:24:09 |
| 206 | Deborah Millington | W45 | Mercia | 03:24:11 |
| 207 | Rebecca Howard | W | Settle H | 03:24:23 |
| 208 | Paul Young | M40 | Rosendale H | 03:24:25 |
| 209 | Peter Jackson | M60 | Barlick FR | 03:24:30 |
| 210 | Fiona Lynch | W40 | Radcliffe AC | 03:24:31 |
| 211 | Andrew Webster | M45 | CleMH | 03:24:39 |
| 212 | Maria Cook | W40 | Parbold Pink P's | 03:24:49 |
| 213 | Richard Campbell | M45 | Rosendale H | 03:25:03 |
| 214 | Neil Garrido | M | | 03:25:08 |
| 215 | Tom Smith | M50 | Bowland FR | 03:25:18 |
| 216 | Natalie Murphy | W50 | Rosendale H | 03:25:19 |
| 217 | Mark Midgley | M50 | Bowland FR | 03:25:55 |

| | | | | |
|-----|---------------------|-----|---------------------|----------|
| 218 | Martin Garnett | M | MGPT | 03:26:07 |
| 219 | Duncan Ritchie | M45 | Todmorden H | 03:26:15 |
| 220 | Lisa Parker | W40 | Accrington RR | 03:26:18 |
| 221 | Steve Wathall | M60 | Black Combe R | 03:26:30 |
| 222 | Andreas Mayer | M40 | Valley Striders | 03:26:45 |
| 223 | David Parker | M50 | St. Therasas AC | 03:26:55 |
| 224 | Chris Usher | M45 | Newburgh N | 03:26:58 |
| 225 | Colin Rigby | M50 | Burnden RR | 03:27:18 |
| 226 | Matthew Davis | M45 | Carnethy HRC | 03:27:40 |
| 227 | Tom Beebe | M45 | Barlick FR | 03:27:43 |
| 228 | Anne-Marie Hindle | W45 | Rossendale H | 03:27:45 |
| 229 | Sarah Andrew | W | | 03:27:54 |
| 230 | Fiona Hall | W40 | Trawden AC | 03:28:04 |
| 231 | Kevin Smith | M50 | Red Rose | 03:28:16 |
| 232 | Amanda Seims | W40 | Valley Striders | 03:28:26 |
| 233 | Dave Stephenson | M55 | Bingley AC | 03:28:50 |
| 234 | Richard Needham | M55 | Dark Peak FR | 03:29:20 |
| 235 | Stuart Russell | M45 | Calder Valley FR | 03:29:38 |
| 236 | Stephen Huyton | M | Newburgh N | 03:29:52 |
| 237 | John Boothman | M55 | Barlick FR | 03:29:59 |
| 238 | Mark Nutter | M55 | CleMH | 03:30:00 |
| 239 | Stephen Bone | M40 | | 03:30:10 |
| 240 | Mick Cooper | M50 | Baildon R | 03:30:12 |
| 241 | Sarah Sherratt | W45 | Wesham RR | 03:30:16 |
| 242 | James Kermode | M | Davenport Runners | 03:30:40 |
| 243 | Luke Addison | M | Clwydian Range R | 03:30:44 |
| 244 | Justin Barritt | M40 | | 03:30:51 |
| 245 | Al Smithson | M | Mersey Tri | 03:30:58 |
| 246 | Alison Wainwright | W50 | Dark Peak FR | 03:31:01 |
| 247 | Jamie McIlvenny | M | Trawden AC | 03:31:05 |
| 248 | Mark Shuttleworth | M50 | Lostock AC | 03:31:17 |
| 249 | Jean Powell | W50 | Wharfedale H | 03:32:08 |
| 250 | Robert Green | M40 | | 03:32:15 |
| 251 | Stephen Lysaczenko | M55 | Quantock Orienteers | 03:32:18 |
| 252 | Andrew Price | M | Baildon R | 03:32:32 |
| 253 | Kevin Fenton-Clough | M40 | Trawden AC | 03:32:42 |
| 254 | Richard Irvine | M45 | Valley Striders | 03:32:49 |
| 255 | John A Donnelly | M40 | | 03:33:00 |
| 256 | Darren Earnshaw | M40 | Calder Valley FR | 03:33:09 |
| 257 | Daniel Owens | M | | 03:33:21 |
| 258 | Joanna Goorney | W45 | Lytham St. Annes | 03:33:22 |
| 259 | Neil Wallace | M40 | Pudsey & Bramley | 03:33:30 |
| 260 | James Morrison | M40 | Tiverton H | 03:33:32 |
| 261 | Chris Taylor | M45 | Lostock AC | 03:33:33 |

| | | | | |
|-----|----------------------|-----|-----------------------|----------|
| 262 | Nathan Smith | M45 | Harrogate H | 03:33:38 |
| 263 | Kate Mansell | W45 | Todmorden H | 03:33:45 |
| 264 | Eddie Lesniak | M60 | Achille Ratti AC | 03:34:04 |
| 265 | Josie Greenhalgh | W45 | Lostock AC | 03:34:06 |
| 266 | Andrew Sugden | M55 | | 03:34:17 |
| 267 | Catherine Litherland | W40 | Pennine FR | 03:34:22 |
| 268 | Jason Schofield | M45 | Wharfedale H | 03:34:44 |
| 269 | Richard Mackey | M | Saddleworth RC | 03:34:52 |
| 270 | Nicholas Walsh | M50 | Rochdale H & AC | 03:34:58 |
| 271 | Thomas Hodgson | M | | 03:35:01 |
| 272 | Paul Castle | M40 | Ilkley H | 03:35:03 |
| 273 | Jonathan Hardman | M | Cheshire HR | 03:35:10 |
| 274 | Jacqueline Collins | W | Barlick FR | 03:35:18 |
| 275 | Catherine Holden | W40 | Calder Valley FR | 03:35:25 |
| 276 | Bill Beckett | M50 | Chorley A & T | 03:35:30 |
| 277 | Andrew Sandercock | M | North Leeds FR | 03:35:35 |
| 278 | Greg Webster | M45 | Holcombe H | 03:35:37 |
| 279 | John Appleby | M55 | Holcombe H | 03:35:41 |
| 280 | Kerrie-A Bretherton | W40 | Trawden AC | 03:35:50 |
| 281 | Simon Franklin | M50 | Fellandale | 03:36:01 |
| 282 | Ian Race | M55 | Helm Hill | 03:36:08 |
| 283 | Rosemary Darwood | W45 | | 03:36:18 |
| 284 | Jenny Garside | W45 | Trawden AC | 03:36:20 |
| 285 | Richard Kennaugh | M50 | Altrincham & Dist. AC | 03:36:42 |
| 286 | Catriona Purdy | W45 | North Leeds FR | 03:36:55 |
| 287 | James Austin | M | Barlick FR | 03:37:13 |
| 288 | Simon Conroy | M45 | Dark Peak FR | 03:37:31 |
| 289 | Robin Nicholson | M40 | Ilkley H | 03:37:38 |
| 290 | Toby Campbell | M50 | | 03:37:47 |
| 291 | Iain Asher | M50 | Darwen Dashers | 03:38:07 |
| 292 | Michael Aisbitt | M40 | Skelmersdale BH | 03:38:09 |
| 293 | Mark Taylor | M | CleMH | 03:38:26 |
| 294 | Jonathan Lane | M45 | Wharfedale H | 03:38:45 |
| 295 | Jim Bennett | M45 | | 03:39:32 |
| 296 | Jamie Dowdall | M40 | Darwen Dashers | 03:39:38 |
| 297 | Michael Hewitt | M | Eden Runners | 03:39:43 |
| 298 | Amie McAvoy | W | Garstang RC | 03:39:50 |
| 299 | Marcus Taylor | M45 | Burnden RR | 03:40:02 |
| 300 | Andy Bradley | M50 | CleMH | 03:40:20 |
| 301 | Stephanie Harrison | W | Rochdale H & AC | 03:40:25 |
| 302 | Jonathan Macdonald | M45 | | 03:40:41 |
| 303 | Dawn Denton | W45 | Wharfedale H | 03:40:43 |
| 304 | Andy Forbes | M45 | Todmorden H | 03:41:00 |
| 305 | Steve White | M50 | Holcombe H | 03:41:41 |

| | | | | |
|-----|--------------------|------|---------------------|----------|
| 306 | Simon Webster | M | | 03:41:53 |
| 307 | Fiona Steele | W | Leigh Harrier AC | 03:41:56 |
| 308 | Greg Carns | M50 | St.Helens Sutton AC | 03:41:58 |
| 309 | Timothy Tunnard | M45 | Wetherby Runners | 03:42:03 |
| 310 | David Large | M50 | Tri Preston | 03:42:05 |
| 311 | Eleanor Wainwright | WU23 | Dark Peak FR | 03:42:19 |
| 312 | Andrew Hallam | M | | 03:42:25 |
| 313 | Adrian Leigh | M60 | Bentham Beagles RC | 03:42:40 |
| 314 | Robert Foulke | M45 | | 03:42:45 |
| 315 | Rhys Feeney | M | | 03:42:58 |
| 316 | Jack Kelly | M | | 03:43:15 |
| 317 | Scott Leach | M40 | Fellandale | 03:43:25 |
| 318 | Dan Mead | M | | 03:43:32 |
| 319 | Jack Ingham | M | Barlick FR | 03:43:37 |
| 320 | Sam Healy | M40 | North York Moors AC | 03:43:41 |
| 321 | David Kouvarellis | M45 | Rosendale H | 03:44:31 |
| 322 | Peter Hampshire | M45 | Pensby Runners | 03:44:36 |
| 323 | James Penson | M45 | Stainland Lions | 03:44:39 |
| 324 | John Thompson | M50 | Newburgh N | 03:45:26 |
| 325 | Gary Mason | M45 | Northumberland FR | 03:45:40 |
| 326 | Alan Kirton | M50 | Keighley & Craven | 03:45:43 |
| 327 | Victoria Merrick | WU21 | Bingley AC | 03:45:57 |
| 328 | John Merrick | M50 | Bingley AC | 03:46:01 |
| 329 | Damian Thornton | M | | 03:46:55 |
| 330 | Thomas Hall | M | | 03:47:08 |
| 331 | Pete Welsh | M40 | Tri Preston | 03:47:35 |
| 332 | Andy Brightmore | M40 | | 03:47:49 |
| 333 | Gareth Webb | M40 | Sale Harriers | 03:48:06 |
| 334 | Gavin O'Connor | M | Trawden AC | 03:48:24 |
| 335 | Richard Briscoe | M40 | CleMH | 03:48:45 |
| 336 | Steven Jones | M55 | Dark Peak FR | 03:48:50 |
| 337 | Martyn Price | M55 | Harrogate H | 03:48:56 |
| 338 | Roger Haworth | M50 | Todmorden H | 03:49:09 |
| 339 | Peter Shipley | M | Sale Harriers | 03:49:26 |
| 340 | John Morris | M | Sale Harriers | 03:49:26 |
| 341 | David Milton | M50 | Holmfirth H AC | 03:49:27 |
| 342 | Tim Waldron | M | Liverpool Running C | 03:49:38 |
| 343 | Sandy Presly | M70 | Wolds Veteran | 03:50:47 |
| 344 | Mark Walker | M50 | Rochdale H & AC | 03:50:56 |
| 345 | Sean Constantine | M50 | Holcombe H | 03:50:58 |
| 346 | Daryl Bentley | M45 | Bolton United H | 03:50:59 |
| 347 | Debbie Cooper | W40 | Bowland FR | 03:51:00 |
| 348 | Stephen Ainsworth | M60 | CleMH | 03:51:12 |
| 349 | Paula Cullen | W40 | Barlick FR | 03:51:23 |

| | | | | |
|-----|--------------------|------|--------------------|----------|
| 350 | Dave Reynier | M45 | Ilkley H | 03:51:30 |
| 351 | James McMurtry | M50 | Ashbourne RC | 03:52:00 |
| 352 | Kris Potts | M | | 03:52:00 |
| 353 | Ian Rodgers | M45 | Keighley & Craven | 03:52:48 |
| 354 | Phil Joyner | M | | 03:53:01 |
| 355 | Jim Maxfield | M65 | Newburgh N | 03:53:21 |
| 356 | Viitorio Muraro | M | | 03:53:39 |
| 357 | Paul Calderbank | M55 | Ilkley H | 03:53:49 |
| 358 | Chantal Busby | W50 | Ilkley H | 03:53:49 |
| 359 | Colin Gardner | M55 | | 03:54:03 |
| 360 | Logan Smith | M | | 03:54:17 |
| 361 | James Kelly | M | Keighley & Craven | 03:54:48 |
| 362 | James Thompson | MU23 | Liverpool Pembroke | 03:55:11 |
| 363 | Vicky Heys | W45 | CleMH | 03:55:26 |
| 364 | Julia Hartley | W45 | Accrington RR | 03:55:26 |
| 365 | Adela Reperecki | W55 | Ilkley H | 03:55:28 |
| 366 | Darren Baker | M50 | FRA | 03:55:43 |
| 367 | John McDonald | M55 | Trawden AC | 03:56:30 |
| 368 | John Graham | M50 | Bowland FR | 03:57:15 |
| 369 | Robert Boughen | M50 | Saltaire Striders | 03:57:18 |
| 370 | Graham Hobson | M60 | Garstang RC | 03:57:20 |
| 371 | Wally Coppelov | M60 | Newburgh N | 03:57:24 |
| 372 | Brian Halton | M55 | Lostock AC | 03:57:54 |
| 373 | Mike Ernill | M45 | Lostock AC | 03:57:55 |
| 374 | Kirsten Angus | W | Settle H | 03:58:02 |
| 375 | John Eddington | M45 | Settle H | 03:58:02 |
| 376 | Phil Gray | M55 | FRA | 03:58:36 |
| 377 | Leon Severn | M | Stainland Lions | 03:58:38 |
| 378 | Dave George | M55 | | 03:58:47 |
| 379 | Fred Duenbier | M60 | Newburgh N | 03:59:03 |
| 380 | Charlie Eldred | M50 | Tatten Hall R | 03:59:56 |
| 381 | Mark Checkley | M55 | Lostock AC | 04:00:26 |
| 382 | Mick Brankin | M45 | FRA | 04:00:37 |
| 383 | Daryl Mullen | M50 | Newburgh N | 04:01:25 |
| 384 | Chris King | M45 | Queensbury RC | 04:01:44 |
| 385 | Simon Anderton | M55 | Todmorden H | 04:03:13 |
| 386 | Hadley Nicholson | M | | 04:03:38 |
| 387 | Katie Morse | W | Wharfedale H | 04:03:44 |
| 388 | Jason Beckett | M45 | Bingley AC | 04:04:42 |
| 389 | Robert Heggs | M40 | Sale Harriers | 04:04:45 |
| 390 | Richard Butterwick | M45 | Todmorden H | 04:04:59 |
| 391 | Sarah Gresswell | W | | 04:05:39 |
| 392 | Tracey Hodgson | W | Keighley & Craven | 04:05:49 |
| 393 | Russell Fairhurst | M50 | Keighley & Craven | 04:05:49 |

| | | | | |
|-----|--------------------|-----|--------------------|----------|
| 394 | David McDonald | M45 | GB Ultras | 04:05:59 |
| 395 | Luisa Lauren | W50 | Keighley & Craven | 04:06:08 |
| 396 | Roger Wilkinson | M50 | | 04:06:23 |
| 397 | Trevor Matty | M50 | Dark Peak FR | 04:06:35 |
| 398 | Mike Alexander | M | Barlick FR | 04:07:22 |
| 399 | Dan Waters | M45 | | 04:07:45 |
| 400 | Clare Haycock | W40 | Smiley Paces | 04:07:50 |
| 401 | Paul Wilkinson | M45 | | 04:07:50 |
| 402 | Heather Driver | W | Barlick FR | 04:07:59 |
| 403 | Robert Sharkey | M40 | Lostock AC | 04:09:42 |
| 404 | David Smith | M55 | TheEndurance Store | 04:09:43 |
| 405 | Igs Robun | M40 | Saltaire Striders | 04:09:49 |
| 406 | Michael Crook | M70 | Horwich RMI H | 04:10:02 |
| 407 | Richard Gordon | M55 | | 04:10:19 |
| 408 | Peter Carter | M50 | Preston H | 04:11:05 |
| 409 | Anand Raval | M40 | Keighley & Craven | 04:11:11 |
| 410 | Jenni Cowley | W40 | Wharfedale H | 04:11:13 |
| 411 | Thomas Bennett | M | | 04:11:16 |
| 412 | Tony Rivers | M50 | Airecentre Pacers | 04:11:28 |
| 413 | Martin Walsh | M70 | Bowland FR | 04:11:38 |
| 414 | Peter Noble | M60 | Lostock AC | 04:12:17 |
| 415 | Colin Woolford | M40 | CleMH | 04:12:25 |
| 416 | Martin Bullock | M50 | Pudsey Pacers | 04:12:30 |
| 417 | Marc Hoche | M50 | | 04:14:20 |
| 418 | Stella Chrisanthou | W45 | Calder Valley FR | 04:14:28 |
| 419 | Christine Addison | W50 | Fellandale | 04:14:42 |
| 420 | Ian Smith | M65 | Bolton United H | 04:15:05 |
| 421 | Ian Hothersall | M55 | Trawden AC | 04:15:35 |
| 422 | Jordan Sunter | M | Lostock AC | 04:15:41 |
| 423 | Richard Bell | M50 | Wetherby Runners | 04:16:32 |
| 424 | Andy Quinn | M45 | CleMH | 04:16:58 |
| 425 | Robert Morrison | M45 | CleMH | 04:16:58 |
| 426 | Sarah Smith | W50 | Valley Striders | 04:17:37 |
| 427 | David Greenwood | M55 | Trawden AC | 04:17:43 |
| 428 | Katie Towers | W | Barlick FR | 04:18:20 |
| 429 | Anne Milner | W50 | Wharfedale H | 04:18:43 |
| 430 | Raj Madhas | M50 | Wharfedale H | 04:19:38 |
| 431 | Stephen Baker | M55 | Chorley A & T | 04:20:22 |
| 432 | Louise O'Brien | W45 | Kirkstall H | 04:20:23 |
| 433 | Rachael Sharples | W55 | Bingley AC | 04:20:35 |
| 434 | Helen Harrison | W | Barlick FR | 04:20:58 |
| 435 | Chris Lawrence | M55 | CleMH | 04:21:15 |
| 436 | Richard Hindle | M65 | Keighley & Craven | 04:21:21 |
| 437 | David Hereward | M40 | Rossendale H | 04:24:11 |

| | | | | |
|-----|-----------------------|-----|--------------------|----------|
| 438 | Lisa Carter | W45 | Radcliffe AC | 04:24:12 |
| 439 | Barbara Jachs | W | | 04:24:52 |
| 440 | Jane Grundy | W50 | | 04:25:21 |
| 441 | Ian Foster | M40 | | 04:29:27 |
| 442 | Johnnie Watson | M45 | Calder Valley FR | 04:29:28 |
| 443 | Paul Marsden | M45 | Trawden AC | 04:29:35 |
| 444 | Mick Dobson | M45 | Trawden AC | 04:29:35 |
| 445 | Sue Roberts | W55 | Todmorden H | 04:29:45 |
| 446 | Mandy Goth | W55 | Todmorden H | 04:29:45 |
| 447 | Diane Wright | W45 | Calder Valley FR | 04:30:25 |
| 448 | Mark Sammon | M45 | Seloc | 04:31:12 |
| 449 | Kerry Varden | W40 | Lostock AC | 04:31:12 |
| 450 | Darren Jukes | M45 | Baildon R | 04:31:35 |
| 451 | Jo Parden | W50 | Framlingham Flyers | 04:31:40 |
| 452 | Kevin Grogan | M55 | | 04:33:40 |
| 453 | Liam Gribben | M | | 04:35:06 |
| 454 | Chris Valerie Brunold | W50 | Otley AC | 04:36:14 |
| 455 | Alan Turner | M50 | Keighley & Craven | 04:36:14 |
| 456 | Peter Rowe | M50 | | 04:37:21 |
| 457 | Isobel Webster | W | Kirkstall H | 04:38:30 |
| 458 | Geoff Thompson | M55 | Wharfedale H | 04:45:15 |
| 459 | Anil Bose | M55 | Newburgh N | 05:00:37 |
| 460 | Sarah Bagley | W | Keighley & Craven | 05:04:19 |
| 461 | Carl O'Mara | M45 | | 05:09:31 |