

Pos	Name	Category	Club	Time
1	James Best	M	Tavistock AC	00:29:06
2	Tim Lenton	MV40	Axe Vally Runners	00:30:03
3	Andy Vallance	M	Okehampton RC	00:31:12
4	James Jackson	MV40	Dartmoor Runners	00:31:18
5	Paul Crease	MV40	Okehampton RC	00:32:59
6	Julian Wills	MV40	Velotive-Mounts Bay Harriers	00:33:27
7	Patrick Beacon	MU18		00:35:55
8	Adrian Kettle	M	Okehampton RC	00:36:17
9	Richard Best	MV50	Tavistock AC	00:37:03
10	Nigel Worsey	MV50	Dartmoor Runners	00:37:06
11	David Phillips	MV40		00:37:19
12	Robin Carter	FV50	Dartmoor Runners	00:37:35
13	Andrew Knights	M		00:38:01
14	Chirs Simpson	M	South Molton Strugglers	00:38:58
15	Giles Forsyth	MV40	Okehampton RC	00:40:25
16	Ben Bowler	M	Okehampton RC	00:41:25
17	John Binns	MV50	Okehampton RC	00:41:52
18	Paul Seaston	MV40		00:42:15
19	Lucy Skye	F	Okehampton RC	00:42:28
20	Darren Duffy	MV40		00:43:20
21	Ashley Lenczuk	M	Plymouth Musketeers RC	00:45:26
22	Karen Vallance	FV40	Okehampton RC	00:54:19
23	Joanne Fletcher	F	Okehampton RC	00:54:19