

Pos	Name	Category	Club	Time
1	Alistair Thornton	M23	Loughborough Uni OC	01:16:26
2	Lloyd Taggart	M50	Manx Fell Runners	01:16:40
3	Peter Bray	M	Chorlton Runners	01:18:13
4	Lawrence Eccles	M	Penny Lane Striders	01:20:04
5	Adam Fieldhouse	M23	Loughborough Uni OC	01:24:54
6	Harry Bolton	M23	Loughborough Uni OC	01:28:00
7	David Appleton	M	Bowland Fell Runners	01:28:17
8	Simon Edwards	M40	Buckley Runners	01:28:25
9	Al Smithson	M	Mersey Tri	01:28:51
10	Luke Beresford	M	Ripley RC	01:28:54
11	Matt Owens	M40	Chorlton Runners	01:29:12
12	Michael Corrales	M	Dark Peak Fell Runners	01:30:32
13	Simon Duckett	M40	Tattenhall Runners	01:30:36
14	Richard Evans	M50	Altrincham + District AC	01:31:00
15	Darren Fishwick	M40	Chorley Harriers	01:32:44
16	Sophie Horrocks	W	Rosendale Harriers	01:32:51
17	Robert Chambers	M40	Tattenhall Runners	01:33:07
18	Nick Biggs	M40	Mynydd Du	01:33:27
19	Mark Burley	M	Macclesfield Harriers	01:33:40
20	Paul Bowes	M50	Shrewsbury AC	01:36:25
21	Norman Hayhurst	M50		01:36:31
22	Tom Smith	M50	Bowland Fell Runners	01:36:31
23	Daniel Jones	M	Denbigh Harriers	01:36:56
24	Malcolm Fowler	M50	Cheshire Hill Racers	01:37:23
25	Graham Smith	M40	St Albans Striders	01:37:28
26	Jeremy Randell	M50	Meirionnydd RC	01:37:52
27	William Phythian	M23	Loughborough Uni OC	01:38:02
28	Alice Swift	W	Chorlton Runners	01:38:56
29	Mike Clayton	M	Calder Valley Fell Runners	01:38:59
30	Stuart Russell	M40	Calder Valley Fell Runners	01:39:09
31	Simone Capponi	M40	Penny Lane Striders	01:40:48
32	John Rolton	M	Clwydian Range Runners	01:41:00
33	Nick Holmes	M60	Tattenhall Runners	01:41:23
34	Jim O'Hara	M	Helsby Running Club	01:41:38
35	Tim Raffle	M50	Altrincham + District AC	01:41:47
36	Stuart Thomas	M40	Buckley Runners	01:42:39
37	Leigh Warburton	M60	Bowland Fell Runners	01:42:41
38	Lee Carrington	M	Vale Royal AC	01:42:42
39	Helen Brown	W40	Mynydd Du	01:43:25
40	Simon Ellis	M50	Chester Triathlon Club	01:43:54
41	Paul Shannon	M60	Tattenhall Runners	01:44:27

42	Chris Beadle	M40	Holmfirth Harriers	01:44:56
43	Matthew Jones	M40	Ripley RC	01:46:27
44	Stephen Nicholls	M	Wigan Harriers	01:46:59
45	Iain Wood	M60	Chester Triathlon Club	01:48:51
46	Richard Borne	M50	Abergele Mysteruns	01:49:20
47	Neil Gooding	M40	Pensby Runners	01:50:40
48	Jeff Adams	M60	Pensby Runners	01:50:44
49	Jonathan Mercer	M40		01:50:58
50	Andrew Carruthers	M50	Halesowen AC	01:51:05
51	David Green	M	Pensby Runners	01:51:22
52	Andy Hauser	M60	Holmfirth Harriers	01:51:58
53	Greg Wasinski	M40	Meirionnydd RC	01:52:06
54	Sallie Holt	W40	Wallasey AC	01:52:23
55	Matthew Dowsett	M40		01:52:45
56	Andrew Howarth	M40	Chester Triathlon Club	01:53:39
57	Helen Buchan	W40	Ribble Valley Harriers	01:54:18
58	Jenna Williams	W23	Loughborough Uni OC	01:55:36
59	Eddie Lesniak	M60	Achille Ratti CC	01:55:52
60	Matthew Davies	M40		01:56:18
61	Neil Conway	M50	North Leeds Fell Runners	01:57:16
62	Michael O'Rourke	M	Penny Lane Striders	01:57:39
63	Alan Duncan	M60	Bowland Fell Runners	01:57:54
64	Karen Forster	W50	Spectrum Striders RC	01:57:57
65	Rebecca Massey	W40	Tattenhall Runners	01:58:13
66	Katy Baugh	W	Denbigh Harriers	01:59:01
67	Craig Mitchley	M		01:59:23
68	Will Garton	M	Clwydian Range Runners	01:59:48
69	Frederick Smith	M	Clwydian Range Runners	01:59:48
70	Dan Martell	M	Altrincham + District AC	02:00:17
71	Paul Challender	M40	Pensby Runners	02:00:19
72	Lenka Vidamour	W	Penny Lane Striders	02:01:29
73	Danny Jenkins	M60		02:01:45
74	Kenny Forster	M60	Spectrum Striders RC	02:02:23
75	Daniel Stubbs	M		02:02:54
76	Jessica Smith	W40	Wallasey AC	02:03:10
77	Nigel Crompton	M50	Pensby Runners	02:03:20
78	John Sedman	M50		02:04:35
79	Steven Brown	M40	Prestatyn RC	02:05:46
80	Julie Taylor	W40	Ivanhoe Runners	02:07:10
81	Jean Shotter	W50	Holmfirth Harriers	02:07:15
82	Mick Flatley	M	Calder Valley Fell Runners	02:14:07
83	Carole Morrison	W50	Pensby Runners	02:14:33
84	Lisa Grantham	W40	Pensby Runners	02:14:34
85	Frank Whitehead	M50	Mere Runners	02:14:38

86	Richard Macilwaine	M60	Spectrum Striders RC	02:14:41
87	Sioned Griffiths	W	Denbigh Harriers	02:14:50
88	Menai Baugh	W60	Denbigh Harriers	02:14:58
89	Clare Page	W40		02:15:12
90	John Morris	M70	Buckley Runners	02:18:06
91	Gary Parker	M	Pensby Runners	02:20:52
92	Amanda Navin	W	Altrincham + District AC	02:21:23
93	Wayne Walsh	M60	Bowland Fell Runners	02:25:57
94	Ian Thompson	M50		02:26:54
95	Tim Gears	M40	Oswestry Olympians	02:27:45
96	Matthew Knapper	M40	Oswestry Olympians	02:27:50
97	Gary Clarke	M40	Oswestry Olympians	02:27:53
98	Alison Butlin	W40	Ripley RC	02:32:26
99	Darren Burns	M50		02:33:01
100	Jackie Keasley	W60	Helsby Running Club	02:33:39
101	Sue Buck	W50	Helsby Running Club	02:33:39
102	Thelma James	W50		02:34:50
103	Sharon Eaton	W50	Tattenhall Runners	02:34:50
104	Jayne Price	W	Pensby Runners	02:35:09
105	Andrew Sumner	M40	Pensby Runners	02:35:10
106	Matt Hail	M		02:39:46
107	Nathanael Booker	M	Macclesfield Harriers	DNF