

Pos	Name	Category	Club	Time
1	Tristan Evans	Senior Men	Meirionnydd Running Club	00:52:44
2	Richard Roberts	Men >40	Eryri Harriers	00:55:14
3	Karl Steinegger	Senior Men	Ambleside AC	00:55:51
4	Graeme Knott	Senior Men	Harwich Runners	00:56:07
5	Matthew Nichols	Senior Men	Matlock AC	00:56:19
6	David Chetta	Senior Men	Mercia Fell Runners	00:56:28
7	Matthew Fortes	Men >40	Eryri Harriers	00:56:52
8	Sara Willhoit	Senior Women	Mercia Fell Runners	00:58:31
9	Stewart Bellamy	Men >40	Mercia Fell Runners	00:59:51
10	Adrian Williams	Men >40	Eryri Harriers	01:00:31
11	Emlyn Owen	Men >40	Eryri Harriers	01:00:57
12	Miranda Grant	Senior Women	Eryri Harriers	01:00:59
13	Anthony Powell	Men >40	Maldwyn Harriers	01:02:12
14	Sian Williams	Women >40	Rhedwyr Hebog	01:02:41
15	Jimmy Carter	Men >40	Meirionnydd Running Club	01:02:57
16	Darren Hesleton	Men >40	Bro Dysynni AC	01:03:10
17	Steve Cooper	Men >40	Harwich Runners	01:03:18
18	Rhys Davies	Senior Men		01:03:35
19	Stephen Jones	Men >60	Eryri Harriers	01:03:38
20	Victor Belsham	Men >50	Denbigh Harriers	01:03:59
21	Dave Farrow	Men >50	Mercia Fell Runners	01:04:17
22	Leo Nathan	Senior Men		01:04:34
23	Gruffydd Martin	Junior Men	Maldwyn Harriers	01:04:55
24	Hayley Evans	Senior Women	Buckley Runners	01:04:59
25	Rhodri Ap Dyfrig	Men >40		01:05:21
26	Matthew Friend	Senior Men	Harwich Runners	01:05:27
27	Sarah Seery	Senior Women	Eryri Harriers	01:05:35
28	Dave Powell	Men >50	Aberystwyth AC	01:05:38
29	John Rolton	Senior Men	Clwydian Range Runners	01:05:41
30	Jack Westwood	Junior Men	Aberystwyth University	01:05:45
31	Andy Davies	Men >50	Mercia Fell Runners	01:06:14
32	Ieuan Belsham	Senior Men		01:06:18
33	Siobhan Evans	Senior Women		01:06:38
34	Mark Atherton	Men >40	Welsh Fell Running Association	01:06:51
35	Edward Davies	Men >60	Mercia Fell Runners	01:07:09
36	Steve Toogood	Men >50	Buckley Runners	01:07:39
37	Dylan Evans	Men >50	Meirionnydd Running Club	01:07:51
38	Jay Mitchell	Men >40		01:08:07
39	Dan Collister	Men >40		01:08:37
40	Rob Martin	Men >50	Maldwyn Harriers	01:09:20
41	Iwan Edgar	Men >60	Eryri Harriers	01:10:54

42	Leon Davies	Men >40	North Wales Road Running Club	01:11:25
43	Ben Wells	Men >40	Meirionnydd Running Club	01:11:40
44	Bernie Morris	Men >40	Buckley Runners	01:12:24
45	Louise Barker	Women >40	Aberystwyth AC	01:13:02
46	Huw Lewis	Men >50	Buckley Runners	01:13:16
47	Rhys Lewis	Men >40		01:13:34
48	Neil Owen	Men >60		01:13:38
49	Martin Green	Men >60	Maldwyn Harriers	01:14:03
50	Neil Hindle	Men >60	Welsh Fell Running Association	01:17:27
51	Hugh Morgan Jones	Men >50	Welsh Fell Running Association	01:21:16
52	Glyn Rowlands	Men >60	Meirionnydd Running Club	01:21:20
53	Chris Taylor	Men >60	Mercia Fell Runners	01:21:30
54	Juliet Edwards	Women >50	Meirionnydd Running Club	01:21:39
55	Andrew Smith	Men >60	Welsh Fell Running Association	01:21:46
56	Anne Mynott	Women >50	Colwyn Bay AC	01:22:59
57	Gary Gunner	Men >70	Croft Ambrey RC	01:29:34
58	Peter Nicholls	Men >60	Meirionnydd Running Club	01:30:54
59	Iwan Evans	Senior Men	Meirionnydd Running Club	01:35:05
60	Alwyn Oliver	Men >70	Eryri Harriers	01:35:27
61	Alice Williams	Women >40	Clwydian Range Runners	01:37:48
62	Anja King	Women >40	Trail Running Association	01:39:31
63	Stuart Dovey	Men >50	Mercia Fell Runners	01:41:00
64	Maggie Oliver	Women >70	Eryri Harriers	01:43:54
65	Richard Griffiths	Men >60	Bro Dysynni AC	01:44:09
66	Stuart Thomas	Men >40	West Cheshire AC	01:45:22
67	Richard Roberts	Senior Men		01:45:23
68	Tom Carter	Junior Men	Aberystwyth University	01:47:28
69	Jim Rhodes	Men >50	Fell Running Association	01:47:35
70	Richard Borne	Men >50	Mysteruns	01:48:56
71	Becki Law	Senior Women	Eryri Harriers	01:48:59
72	Rhiannon Kamink	Junior Women	Aberystwyth University	01:50:50
73	Huw Williams	Men >40	Llanmyr Llyn Striders	01:51:48
74	Jan Powell	Women >40	Severn Striders	02:05:01
75	Russell Bentley	Senior Men	Eryri Harriers	Dnf