

Pos	Name	Category	Club	Time
1	Brennan Townshend	M	Keswick AC	02:50:22
2	Ricky Lightfoot	M	Ellenborough AC	02:52:05
3	Carl Bell	M	Keswick AC	02:55:44
4	Tom Owens	M	Shettleston Harriers	03:00:15
5	Daniel Haworth	M	Matlock Athletic Club	03:02:37
6	Billy Cartwright	M	Matlock Athletic Club	03:04:08
7	Harry Holmes	M	Matlock Athletic Club	03:04:34
8	Karl Gray	MV40	Calder Valley Fell Runners	03:05:51
9	Nick Leigh	MV40	Horwich R M I Harriers	03:05:53
10	Phil Marsden	M	Horwich R M I Harriers	03:05:57
11	Daniel Connolly	MU25	Mercia Fell Runners	03:06:50
12	Ted Mason	MV40	Wharfedale Harriers	03:08:06
13	Steve Franklin	M	Totley AC	03:10:21
14	Kieran Cooper	MU25	University Of St. Andrews Cross Country	03:10:38
15	Ian Holmes	MV50	Bingley Harriers & AC	03:10:41
16	Owen Beilby	MV40	Wharfedale Harriers	03:12:16
17	Mark McGoldrick	MV40	Wharfedale Harriers	03:12:25
18	Joe Kenny	M	Helm Hill Runners	03:13:27
19	Sam Watson	M	Wharfedale Harriers	03:14:50
20	Alistair Thornton	MU25	Horwich R M I Harriers	03:17:20
21	Andy Laycock	M	Clayton-le-Moors Harriers	03:17:23
22	Ben Coop	M	Bury Athletic Club	03:19:02
23	Paul Jones	MV40	Mercia Fell Runners	03:19:24
24	Andrew Worster	M	Todmorden Harriers	03:19:38
25	Robin Howie	MU25	Wharfedale Harriers	03:19:49
26	Victoria Wilkinson	WV40	Bingley Harriers & AC	03:20:01
27	Alex Pilcher	M	Matlock Athletic Club	03:23:31
28	Niall McAlindenAttackpoint	M	Westerlands Cross Country Club	03:24:43
29	Greg Hopkinson	M	Beeston AC	03:25:18
30	David Bagot	M	Clayton-le-Moors Harriers	03:25:25
31	Jayson Cavill	MV40	Montane/Scott	03:25:51
32	Spencer Riley	MV40	Wharfedale Harriers	03:26:21
33	Nick Treitl	M	Barlick Fell Runners	03:26:57
34	Richard Pattinson	MV50	Pudsey & Bramley AC	03:27:55
35	Dan Golding	MV40	Ambleside AC	03:28:18
36	Matthew Fortes	MV40	Eryri Harriers	03:30:46
37	Matthew Richardson	M	Saltaire Striders	03:31:35
38	Andrew Carlin	M	Sale Harriers Manchester	03:31:44
39	Alistair Shuttleworth	MV40		03:31:55
40	Nicholas Charlesworth	MV50	Wharfedale Harriers	03:32:37
41	Tom Carthey	M	Freedom Racing	03:32:43

42	Christopher Armit	M	Dark Peak Fell Runners	03:33:35
43	James Gray	M	Bowland Fell Runners	03:33:50
44	Jack Wood	M	Ilkley Harriers AC	03:34:16
45	Floyd Ratcliffe	MU25	Mile High	03:34:26
46	Phil Livermore	MV40	North Leeds Fell Runners	03:34:32
47	Tim Werrett	MV40	Mercia Fell Runners	03:34:53
48	Sam Green	M	Inov-8	03:35:25
49	John Hunt	MV50	Dark Peak Fell Runners	03:35:32
50	Sam Downey	MV40	Keighley & Craven AC	03:35:56
51	Ross Bibby	M	Valley Striders AC	03:36:07
52	Jonathan Pownall	M	Valley Striders AC	03:36:07
53	Karl Steinegger	M	Ambleside AC	03:36:14
54	Shaun Livesey	MV40	Ribble Valley Harriers	03:37:01
55	Roger Sillito	MV40	Northumberland Fell Runners	03:37:09
56	Charlie McIntosh	MV50	Pudsey & Bramley AC	03:37:58
57	Robert Hamlin	M	Westerlands Cross Country Club	03:38:00
58	Chris Newman	M	Wharfedale Harriers	03:38:00
59	James Harkin	MU25		03:38:11
60	Sam Pole	M	West End Runners	03:38:49
61	John Navis	M	Pudsey & Bramley AC	03:39:07
62	Gary Thorpe	MV50	Ambleside AC	03:39:23
63	Jonathan Young	M	Kirkstall Harriers	03:39:43
64	Mark Burton	MV40	Calder Valley Fell Runners	03:39:55
65	Matthew Hayes	MV40	East Hull Harriers & AC	03:40:01
66	Adam Stirk	M	Wharfedale Harriers	03:40:36
67	Ben Thomas	M		03:40:47
68	Annie Roberts	WU25	Todmorden Harriers	03:41:02
69	Kristof Nowicki	M		03:41:18
70	Jonny Croston	MV40	Calder Valley Fell Runners	03:41:31
71	Nathanael Booker	M		03:41:58
72	Stuart Stoddart	MV50	Eden Runners	03:42:13
73	Tom Martin	M	Metro Aberdeen Running Club	03:43:03
74	Mark Whittaker	MV40		03:43:05
75	Colin Walker	MV40	Pudsey & Bramley AC	03:43:34
76	Tom Gomersall	M	Bingley Harriers & AC	03:43:44
77	Tim Street	M	Holmfirth Harriers AC	03:43:49
78	Andy Gibbons	M	Warrington Road Runners	03:43:52
79	Andrew Jackson	MV40	Bowland Fell Runners	03:44:20
80	Andrew Britton	MV40	Wharfedale Harriers	03:44:31
81	Katie Kaars Sijpesteijn	W	Keswick AC	03:45:07
82	Zach Jennings	MU25	University Of Nottingham AC	03:45:13
83	Nic Ward	M	Northern Fells Running Club	03:45:13
84	Joseph Torr	M	Otley AC	03:45:31
85	David Williams	M	Ellenborough AC	03:45:42

86	Tom Lynch	M	Otley AC	03:45:51
87	George Hartley	M		03:45:54
88	David Oldfield	M	Harrogate Harriers & AC	03:46:11
89	Paul Haigh	MV40	Calder Valley Fell Runners	03:46:48
90	Rhys Goodhead	M		03:47:21
91	Dave Prosser	MV50	Keswick AC	03:47:56
92	Richard Cooper	MV40		03:48:08
93	Simon Adney	M	Mercia Fell Runners	03:48:23
94	Sarah Hodgson	WU25	Leeds City Athletic Club	03:48:52
95	James Symonds	MV40		03:49:14
96	Chris Atherton	M	Ambleside AC	03:49:28
97	Mark Walsh	MV50	Horwich R M I Harriers	03:49:38
98	Daniel Pratt	M	Wharfedale Harriers	03:49:49
99	Michael Malyon	M	Baildon Runners	03:50:06
100	Joe Parsons	M		03:50:16
101	Kevin Folan	MV40		03:51:06
102	Tom Millard	M	Wharfedale Harriers	03:51:10
103	Will Hirst	M		03:51:50
104	Mark Lunt	M	Carnethy Hill Running Club	03:51:54
105	Ali Burns	M	Wharfedale Harriers	03:52:11
106	Marc Sennett	M	Wharfedale Harriers	03:52:15
107	Hinda Hardaker	WV40	Keighley & Craven AC	03:52:17
108	Jake Turnbull	M	Harrogate Harriers & AC	03:52:25
109	Chris Walsh	M	Hunters Bog Trotters	03:52:41
110	Neal Edmondson	M	Horsforth Harriers	03:52:58
111	Patrick Wardle	M	Wharfedale Harriers	03:53:03
112	Matt Owens	M	Chorlton Runners	03:53:09
113	Adam Jackson	MV40	Northern Fells Running Club	03:53:56
114	Olivier Gaillemin	MV40	Sale Harriers Manchester	03:54:07
115	Benjamin Laverick	MU25		03:54:28
116	Mark Potts	MV40		03:54:31
117	Robert Carr	MV40	Wharfedale Harriers	03:54:34
118	Louis Wood	MV40	Steel City Striders RC	03:54:37
119	Paul Crease	MV40	Okehampton RC	03:54:58
120	Andrew Shipley	M	Highgate Harriers	03:55:09
121	Kate Archer	WV40	Ilkley Harriers AC	03:55:11
122	Daniel McKeown	MV40	Ilkley Harriers AC	03:55:12
123	Gary Johnson	M	Otley AC	03:55:25
124	Adam Storer	MV40		03:55:28
125	John Horrocks	M	Blackburn Harriers & AC	03:55:39
126	Stephen Shorrock	MV40	Barlick Fell Runners	03:55:42
127	Damian Kilpin	MV40	Penistone Footpath Runners & Athletic Club	03:55:59
128	Paul Carman	MV40	Ilkley Harriers AC	03:56:05
129	Thomas Jordan	M	Pendle Athletic Club	03:56:12

130	Anthony Lee	MV40	Todmorden Harriers	03:56:33
131	Tom Sutton	M	Freedom Racing	03:56:37
132	Mel Price	WV40	Mercia Fell Runners	03:56:44
133	Ruth Thackray	WV40	Bingley Harriers & AC	03:56:58
134	Stuart Hunn	M	Wharfedale Harriers	03:57:11
135	James Allard	M	Wharfedale Harriers	03:57:34
136	Ben Lowans	MV40		03:57:35
137	Jon Smith	MV40	Calder Valley Fell Runners	03:57:41
138	Roger Comellas	MU25		03:58:31
139	Mark Chippendale	MV50	Bowland Fell Runners	03:58:51
140	Matt Rowat	M		03:59:02
141	Declan Bulmer	MU25	Wharfedale Harriers	03:59:08
142	Joe Baker	M	Stadium Runners	03:59:22
143	Alex Roberts	M	Ellenborough AC	03:59:24
144	Dave Haygarth Flickr Pinterest	MV40	Rossendale Harriers & AC	03:59:27
145	Ian Ferguson	MV50	Bingley Harriers & AC	03:59:40
146	Leo Blamire	M		03:59:43
147	Pete Lloyd	M	Keighley & Craven AC	03:59:50
148	Jon Waller	M	Penistone Footpath Runners & Athletic Club	03:59:52
149	Jenn Mattinson	W	Keswick AC	04:00:10
150	Dan Marsden	M	Calder Valley Fell Runners	04:00:10
151	Peter Allen	M	Pickering Running Club	04:00:23
152	Daniel Hurd	M	Wharfedale Harriers	04:01:00
153	Matthew Nuttall	MV50	Blackburn Harriers & AC	04:01:11
154	Jonathan Cleaver	M	Barlick Fell Runners	04:01:28
155	Robin Mitton	MV40	Pennine Fell Runners	04:01:33
156	Heather Tuffs	W	York Acorn Running Club	04:01:41
157	Paul Mitchell	MV50	Bingley Harriers & AC	04:01:57
158	Peter German	M	Helm Hill Runners	04:02:07
159	Monica Padilla	W	Wharfedale Harriers	04:02:18
160	David Murphy	MV50	Rossendale Harriers & AC	04:02:25
161	Craig Jarratt	M		04:02:25
162	Ethan Hassell	M	Wharfedale Harriers	04:02:45
163	Sean Davis	M		04:02:47
164	Andy Berry	MV40	Barlick Fell Runners	04:02:54
165	James McCreanor	MV40	Harrogate Harriers & AC	04:03:12
166	Gary Davies	M	McCarkiss Endurance Project	04:03:14
167	Walter Henderson	MV50	Shettleston Harriers	04:03:18
168	Luke Wallwork	MV40	Barlick Fell Runners	04:03:22
169	Ryan Barker	MV40	Halifax Harriers & AC	04:03:48
170	Colin Williams	MV40	Moorfoot Runners	04:04:02
171	Luke Meleschko	MV40	Calder Valley Fell Runners	04:04:14
172	Keith Swainson	M		04:04:29
173	David Brockbank	MV40	Macclesfield Harriers & AC	04:04:38

174	Tom Ratcliffe	M	York Knavesmire Harriers	04:04:38
175	J Robert Williams	MV40	Bingley Harriers & AC	04:04:49
176	Ady Humphrys	MV40	Darwen Dashers RC	04:05:13
177	Thomas Randall	MV40	Penistone Footpath Runners & Athletic Club	04:05:30
178	Martin Greenwood	M	Trawden Athletic Club	04:05:31
179	Daniel Clark	M	Bowland Fell Runners	04:05:36
180	Philip Montgomery	MU25	Todmorden Harriers	04:05:45
181	Dom Leckie	M	Todmorden Harriers	04:05:45
182	Mark Bradbury	M	Wilmslow Running Club	04:05:50
183	Steve Rhodes	MV50	Hyde Park Harriers	04:05:56
184	Stuart Heaviside	M	Barlick Fell Runners	04:06:12
185	Shaun Wilkinson	MV50	Keighley & Craven AC	04:06:18
186	Andrew Webster	MV40	Clayton-le-Moors Harriers	04:06:22
187	Mark Rogerson	MV40		04:06:29
188	Steven Sladdin	M	Halifax Harriers & AC	04:06:33
189	Thomas Beaumont	M	Totley AC	04:06:45
190	Jim Thompson	MV50	Saltwell Harriers	04:06:52
191	Tim Pigott	M	Barlick Fell Runners	04:07:02
192	Richard Snowden	MV50	Totley AC	04:07:06
193	Jamie Partridge	MU25	Eden Runners	04:07:09
194	Paul Hesketh	MV50	Clayton-le-Moors Harriers	04:07:14
195	Stephen Bark	MV40	Lincoln & District Runners	04:07:16
196	Scott McCredie	MV40	Barlick Fell Runners	04:07:17
197	Graham Stephenson	M	Saltwell Harriers	04:07:25
198	Will Buckton	M	Ilkley Harriers AC	04:07:32
199	Lorraine Slater	WV40	Barlick Fell Runners	04:07:36
200	Zac Kaye	MU25	Barlick Fell Runners	04:07:40
201	Dave Christie	MV50	Knaresborough Striders	04:07:46
202	Phil Slingsby	MV50		04:07:56
203	Leah Williams <a href="#">Linked In</a>	WU25	LUOC	04:08:06
204	John Armitstead	MV60	Otley AC	04:08:07
205	Rob Furness	M	Wharfedale Harriers	04:08:25
206	Stephen Kenworthy	MV50	Dark Peak Fell Runners	04:08:29
207	Simon Vallance	MV50	Valley Striders AC	04:08:39
208	James Morrison	MV40	Tiverton Harriers	04:08:51
209	Gaynor Keane	WV40	Saddleworth Runners Club	04:08:52
210	Simon Rycroft	MV40	Pickering Running Club	04:08:58
211	Mick Loftus	MV50	Valley Striders AC	04:09:01
212	Paul Jackson	MV40	Dark Peak Fell Runners	04:09:02
213	Andrew Haworth	M	Trawden Athletic Club	04:09:03
214	John Bristow	MV40	Mercia Fell Runners	04:09:17
215	John Gill	M	Dallam Running Club	04:09:19
216	Dermot Bryers	M	Victoria Park Harriers And Tower Hamlets	04:09:25
217	Philip Payne	M	Haywards Heath Harriers	04:09:44

218	Ben Ayres	MV40	Stadium Runners	04:09:48
219	Alasdair Menmuir	M	Steel City Striders RC	04:09:55
220	Colin Archer	M	Morpeth Harriers & AC	04:10:31
221	Simon Dixon	MV50	Dark Peak Fell Runners	04:10:52
222	Gary Rowling	M	Queensbury Running Club	04:10:52
223	Daniel Greenwood	MV40	Meltham AC	04:10:53
224	Roger Laycock	MV60	Settle Harriers	04:11:04
225	David Carberry	MV40	FRA	04:11:08
226	Nathan Crossley	MV50	Horsforth Harriers	04:11:12
227	Bobby Gard-Storry	MU25		04:11:52
228	Adam Moger	MV40	Kirkstall Harriers	04:11:53
229	Sam Allsopp	M	Settle Harriers	04:13:01
230	Craig Neville	MV40		04:13:10
231	Luke Wakelin	M	Nidd Valley Road Runners	04:13:20
232	Andy Hauser	MV60	Holmfirth Harriers AC	04:13:23
233	Thomas Hodgson	M		04:13:32
234	Mark Midgley	MV50	Bowland Fell Runners	04:13:35
235	Allan McKeown	MV40	Bowland Fell Runners	04:13:40
236	Nik Tarrega	W	York Knavesmire Harriers	04:13:43
237	Charles Hazlerigg	M	Tyne Bridge Harriers	04:14:20
238	Nickey Russell	WV40	Bowland Fell Runners	04:14:26
239	Phil Grimes	MV60	Halifax Harriers & AC	04:14:29
240	Jamie Helmer	MV40	Glossopdale Harriers	04:14:40
241	Andy Preedy	MV40	Rosendale Harriers & AC	04:14:43
242	Rhona Marshall	W	Scarborough Athletic Club	04:14:48
243	James Roddis	MV40		04:14:49
244	Pete Dimitrijevic	MV40	Wharfedale Harriers	04:14:52
245	Paul Bennett	M	Unknown Runner	04:15:34
246	Jose Dias	MV40	Danum Harriers	04:15:47
247	Alastair Jewsbury	M	Bingley Harriers & AC	04:15:56
248	David Whitfield	MV50	Macclesfield Harriers & AC	04:16:09
249	Paul Cook	MV40	Durham Fell Runners	04:16:09
250	Tremayne Cowdry	MV40	100 Marathon Club	04:16:10
251	Mark Smith	MV40		04:16:13
252	Toby Evans	MV40	Rosendale Harriers & AC	04:16:19
253	Darren Earnshaw	MV40	Calder Valley Fell Runners	04:16:22
254	Dave Stephenson	MV50	Bingley Harriers & AC	04:16:31
255	Tim Gears	MV40	Oswestry Olympians	04:16:34
256	Jake Lodge	M	Pudsey & Bramley AC	04:16:36
257	Mariusz Felczerek	MV40	Doncaster Athletic Club	04:16:50
258	Simon Hoggart	M		04:17:11
259	James McLaughlin	MV50	Hook Norton Harriers	04:17:25
260	Chris Jackson	M	Pennine Fell Runners	04:17:28
261	Jon Osborne	M		04:17:40

262	George Domaille	M	Wakefield District H & AC	04:17:40
263	Ronan Loftus	MU25	Valley Striders AC	04:17:41
264	Neil Wilkes	MV40		04:17:42
265	Elaine Bisson	WV40	Elvet Striders	04:17:44
266	Carol Evans	WV50	Settle Harriers	04:17:55
267	Adam Hartley	M	York Triathlon Club	04:18:00
268	David Parker	MV50	Littledown Harriers	04:18:06
269	Richard Baldwin	M	Holme Pierrepont RC	04:18:06
270	Karl Robb	M	Barlick Fell Runners	04:18:08
271	Paul Hurden	MV40	Tri Preston	04:18:14
272	Jonathan Mould	M	Bournville Harriers	04:18:19
273	Victoria Stainburn	W	Otley AC	04:18:27
274	Emma Taylor	W	Barlick Fell Runners	04:18:27
275	Paul Taylor	MV50	Darwen Dashers RC	04:18:29
276	Michael Wilding	MV40	Darwen Dashers RC	04:19:30
277	Adam Nodwell	M	North Leeds Fell Runners	04:19:38
278	David Griffin	MV50	Helm Hill Runners	04:20:04
279	Maurice Obrien	MV40	Holcombe Harriers	04:20:12
280	Lorna Hubbard	W	Keighley & Craven AC	04:20:27
281	Seamus O'Riordan	MV40	Rossendale Harriers & AC	04:20:35
282	Paul Bradford	MV40		04:20:43
283	Nicky Sutton	WV40	Freedom Racing	04:20:45
284	Amy Young	W	Hyde Park Harriers	04:21:01
285	Tobiah Venn	M		04:21:06
286	Eleanor Lunt	W	Long Eaton Running Club	04:21:06
287	Michael Buckenham	MV40		04:21:16
288	Allan Sumner	MV50	Lancaster & Morecambe AC	04:21:20
289	Tim Hill	MV40	Tonbridge AC	04:22:00
290	Neil Sidaway	MV50	Cumberland Fell Runners	04:22:00
291	Jeremy Jackson	MV50		04:22:13
292	Ian McGrann	M		04:22:16
293	James Austin	M	Barlick Fell Runners	04:22:24
294	Ian Sampson	MV50	North Leeds Fell Runners	04:22:33
295	Despina Berdeni	W	Totley AC	04:22:35
296	Christine Waller	W		04:22:38
297	Mark Collinson	MV40		04:22:53
298	Steve Bone	MV40		04:23:03
299	Steve Lowe	MV40	Pontefract AC	04:23:19
300	John Boothman	MV50	Barlick Fell Runners	04:23:20
301	Simon Taylor	MV40	Darwen Dashers RC	04:23:21
302	Avril Duckworth	WV50	Clayton-le-Moors Harriers	04:23:29
303	Ian Beckingham	MV50	Redhill Road Runners	04:23:48
304	Martin Farrar	MV50	Wharfedale Harriers	04:23:58
305	Chloe Lumsdon	W	Helm Hill Runners	04:24:00

306	Barney Horne	MV40		04:24:07
307	Matthew Calvert	MV40		04:24:30
308	Victoria Peel	WU25	Barlick Fell Runners	04:24:44
309	Dominic Hirst	MV40		04:24:55
310	Paul Castle	MV40	Ilkley Harriers AC	04:25:05
311	David Whitfield	MV50		04:25:20
312	Andrew Thomson	MV50		04:25:28
313	Rosie Evans	W		04:25:32
314	Darren Rodmell	MV40	Penny Lane Striders	04:25:38
315	Neil Wallace	MV40	Pudsey & Bramley AC	04:25:46
316	Tim Brook	M	Northowram Pumas Running Club	04:26:02
317	Richard Kirby	MV40	Northumberland Fell Runners	04:26:06
318	Shaun Heys	M	Trawden Athletic Club	04:26:13
319	Janie Oates	W	Helm Hill Runners	04:26:46
320	Craig Greenough	MV40	Blackburn Harriers & AC	04:26:47
321	James Knapper	M	Glossopdale Harriers	04:26:49
322	Ben Beaumont	M	Birmingham Running Athletics&Triathlon Club (BRAT)	04:27:15
323	Rebecca-Jane Law	W	Eryri Harriers	04:27:31
324	Simeon Paton	MU25	Cambridge & Coleridge AC	04:28:27
325	Stephen Myers	MV50	Holcombe Harriers	04:28:41
326	Jeanette Holmes Thomson	WV40		04:28:46
327	Michael Lomas	M	Ilkley Harriers AC	04:28:53
328	Peter Heald	M	Centurion RC	04:28:58
329	Gavin Peach	M		04:29:04
330	Matt Dumenil	MV40	Pennine Fell Runners	04:29:12
331	Mark Cox	M	Badgers	04:29:18
332	Toby White	MV50		04:29:22
333	Anna Wildman	W	Pennine Fell Runners	04:29:25
334	David Stainthorpe	MV40	Selby Striders	04:29:26
335	Jon Greenwood	M	Pudsey Pacers RC	04:29:30
336	Honor Baldry	W	Hyde Park Harriers	04:29:31
337	Andy McCue	MV40	Skyrac Athletic Club	04:29:33
338	Ted Welton	MV40	Knaresborough Striders	04:29:36
339	James Aird	M		04:29:39
340	Jason Broadley	MV40	Wakefield Triathlon Club	04:29:39
341	Darren Tweed	MV40	Todmorden Harriers	04:29:44
342	Kim Spence	WV40	Valley Striders AC	04:30:38
343	Andrew Crowther	MV40	Lonsdale Fell Runners	04:30:58
344	Simon Blackman	MV40	Lincoln & District Runners	04:31:14
345	Andrew Hallam	M		04:31:17
346	Chris Funnell	MV50	Clayton-le-Moors Harriers	04:31:18
347	Ian Canaway	M	Saddleworth Runners Club	04:31:19
348	Edoardo Piano	M	Nidd Valley Road Runners	04:31:47
349	Graham Lake	MV40	Otley AC	04:31:47



350	Natalie Murphy	WV50	Rossendale Harriers & AC	04:31:48
351	Robin Clough	MV40	Penistone Footpath Runners & Athletic Club	04:31:51
352	Hannah Thom	WU25	Keighley & Craven AC	04:31:57
353	Will Roberts	M		04:32:08
354	Michael Hewitt	M	Eden Runners	04:32:58
355	Sophie Kirk	WV40	Macclesfield Harriers & AC	04:33:10
356	William Lowe	MV60	Rossendale Harriers & AC	04:33:17
357	Andy Kay	MV50		04:33:27
358	Matthew Harris	M	Norwich Road Runners	04:33:50
359	Nick Wishart	MV50	Delamere Spartans	04:34:12
360	Paul Young	MV40	Rossendale Harriers & AC	04:34:14
361	Annette Haines	W		04:34:18
362	Seb Bufton	M	Saltwell Harriers	04:34:18
363	Tony Little	MV40	Bowland Fell Runners	04:34:31
364	Paul Wilson	MV40	Northern Fells Running Club	04:34:54
365	Holly Wootten	WU25		04:35:23
366	Alex Venn	MV50		04:35:34
367	Tom Beebe	MV40	Barlick Fell Runners	04:35:40
368	Steve Haswell	MV50	Northumberland Fell Runners	04:35:58
369	Oliver Nokes	M	Royal Navy Athletics Club	04:36:06
370	Gary Mason	MV40	Northumberland Fell Runners	04:36:11
371	Michael Green	MV40		04:36:17
372	Alison Richards	WV40	Helm Hill Runners	04:36:28
373	Clem Dixon	MV50	Cambridge Harriers	04:36:45
374	John Hobson	MV40	Wirksworth Running Club	04:36:45
375	Marcus Moss	MV40	Roundhay Runners	04:36:46
376	David Wass	MV50	Worksop Harriers	04:36:53
377	Sam Gibbs	MV40	Helm Hill Runners	04:37:13
378	Rob Chambers	MV50	Rossendale Harriers & AC	04:37:21
379	Boyd Brad	MV40		04:37:28
380	Andy Collings	MV50	Tring RC	04:37:29
381	Adrian Leigh	MV60	Bentham Beagles Running Club	04:37:48
382	Laura McCabe	WV40	Otley AC	04:37:49
383	John Morris	M	Sale Harriers Manchester	04:37:50
384	Gavin Longley	MV40	Wetherby Runners AC	04:38:23
385	Paul Heeley	MV40	Horsforth Fellandale Club	04:38:26
386	Leon Severn	M	Stainland Lions Running Club	04:38:36
387	Paula Cullen	WV40	Barlick Fell Runners	04:38:42
388	Chris Williams	M	Queensbury Running Club	04:38:49
389	Jacqueline Collins	W	Barlick Fell Runners	04:39:13
390	Rowan Scott	M	Agile Orange	04:39:15
391	Andrew Sumner	MV40	Pensby Runners	04:39:17
392	Ian Hutchinson	MV40	Derwent Valley Trail Runners	04:39:19
393	Thomas Hodgson	M		04:39:29

394	Craig Blackwell	MV40	Baildon Runners	04:39:35
395	Nicholas Cooper	MV40	Southern Navigators Orienteers	04:39:38
396	Matthew Bourne	MV40	Bowland Fell Runners	04:39:40
397	Giles Bailey	MV50	Meltham AC	04:40:14
398	Graham Porter	MV60		04:40:26
399	John Conroy	MV40	Keighley & Craven AC	04:40:29
400	Peter Shipley	M	Sale Harriers Manchester	04:40:29
401	Bruce Humphrey	MV40		04:40:36
402	Geoff Davis	MV60	Northumberland Fell Runners	04:40:39
403	Jamie McAllister	MV50	Harborough AC	04:40:44
404	Michael Toman	MV50	Accrington Road Runners	04:40:52
405	Mark Bown	M	Esk Valley Fell Club	04:40:54
406	Catherine Litherland	WV40	Pennine Fell Runners	04:41:03
407	Emma Wilkins	W	Baildon Runners	04:41:05
408	Ben Small	MV40		04:41:07
409	Lisa Parker	WV40	Accrington Road Runners	04:41:15
410	Jonathan Coles	MV50		04:41:20
411	James Tingle	M	NON	04:41:30
412	David Ward	MV40	Rossendale Harriers & AC	04:41:32
413	Sam Healy	MV40	North York Moors AC	04:41:44
414	Derek Queenan	MV40	COLT	04:41:48
415	Daniel Taylor	MV40		04:41:54
416	Tony Booth	MV40	Keighley & Craven AC	04:41:57
417	Tony Millard	MV40	Blue Lagoon Triathlon Club	04:42:00
418	Kimberley Cavill	W	Pickering Running Club	04:42:01
419	Ben Cook	M	Ely Runners	04:42:06
420	Alan Kirton	MV50	Keighley & Craven AC	04:42:10
421	Stuart Raven	MV40	Springfield Striders RC	04:42:53
422	Gareth Taylor	M	Darwen Dashers RC	04:43:03
423	Nichola Moreland	W	Hyde Park Harriers	04:43:09
424	Chris Eggett	MV40	Northumberland Fell Runners	04:43:18
425	Matthew Haworth	M	Trawden Athletic Club	04:43:20
426	Paul Calderbank	MV50	Ilkley Harriers AC	04:43:26
427	Robert Halstead	MV50	Todmorden Harriers	04:43:32
428	Alison Wilson	WV50	Horsforth Fellandale Club	04:43:36
429	Bethan Nadin	WU25	Highland Hill Runners	04:43:41
430	Anna Keys	W	Pudsey Pacers RC	04:43:50
431	Leon Winder	M	Idle AC	04:43:52
432	Nigel Barnes	MV50	Garstang Running Club	04:43:53
433	Brian Stallwood	MV60	Settle Harriers	04:44:10
434	Danny Lim	M	Elvet Striders	04:44:18
435	Geoff Cooper	MV50	Matlock Athletic Club	04:44:19
436	Lee Murphy	M	Newport And District RC	04:44:25
437	David Naughton	MV50	Clayton-le-Moors Harriers	04:44:26

438	Joseph Berry	M		04:44:29
439	Jason Schofield	MV40	Wharfedale Harriers	04:44:30
440	Richard Willis	MV40	Harrogate Harriers & AC	04:44:32
441	Andrew Sugden	MV50		04:44:35
442	Neil Swan	MV40	Prestwich AC	04:44:39
443	Richard Stone	MV50	Saltaire Striders	04:44:41
444	Richard Jones	M	North Leeds Fell Runners	04:44:46
445	Dan Oldfield	MV40	FRA	04:44:57
446	Ross Bell	M	Swaledale Outdoor Club	04:45:09
447	James Torbett	MV40	Northumberland Fell Runners	04:45:10
448	Sophie Philbrick	W	Westerlands Cross Country Club	04:45:18
449	Andrew Miller	M		04:45:36
450	Simon Hanson	MV40	Fareham Crusaders Running Club	04:45:39
451	Kristopher Hopkins	M	East Hull Harriers & AC	04:45:41
452	Stuart Reeves	M	Peace Frog Extreme	04:45:44
453	Xavier Soler	MV40	Warrington Road Runners	04:45:49
454	David Sexton	MV40	Settle Harriers	04:45:51
455	Ivan Whigham	MV50	Clayton-le-Moors Harriers	04:45:51
456	Shona Stone	WV40	Bingley Harriers & AC	04:45:54
457	Christopher Leech	MV60	Leighton Buzzard Triathlon Club	04:45:57
458	Tim Tunnard	MV40	Wetherby Runners AC	04:46:08
459	Ben Clithero	MV40	Steel City Striders RC	04:46:16
460	Rowena Browne	WV50	Bowland Fell Runners	04:46:19
461	Carl Hitchens	MV50	Bingley Harriers & AC	04:46:21
462	Dick Waddington	MV40	Ilkley Harriers AC	04:46:32
463	Fionnuala Swann	WV40	Trawden Athletic Club	04:46:35
464	Ian Moody	MV40		04:46:40
465	Richard, Charles Briscoe	MV40	Clayton-le-Moors Harriers	04:46:50
466	Christian Stretton	MV40	Helm Hill Runners	04:46:57
467	Stuart Hayton	MV50	Trawden Athletic Club	04:47:11
468	Marcus Taylor	MV40	Horwich R M I Harriers	04:47:18
469	Louise Williams	WV40	Otley AC	04:47:23
470	Garth De Roux	MV40	Horsforth Harriers	04:47:24
471	Rod Welford	MV50		04:47:26
472	Mark Wise	MV50	Cumberland Fell Runners	04:47:28
473	Simon Franklin	MV50	Horsforth Fellandale Club	04:47:48
474	Rebecca Gray	W	Hyde Park Harriers	04:48:04
475	Gareth Webb	MV40	Sale Harriers Manchester	04:48:16
476	Kate Bell	WV40	North Leeds Fell Runners	04:48:23
477	Daniel Owens	M		04:48:50
478	Andrew Smith	MV50	Barlick Fell Runners	04:49:07
479	Catherine Musetti	WV50	Ambleside AC	04:49:13
480	Laura Hastings	W	Hyde Park Harriers	04:49:22
481	Simon Eaton	MV40	Ambleside AC	04:49:26

482	Anthony Morton	MV40	Idle AC	04:49:28
483	Roy Gardner	MV50	Saddleworth Runners Club	04:49:32
484	Stephen Bethell	MV50	Staffs Moorlands AC	04:49:34
485	Stuart Lemanski	MV40		04:49:40
486	Jon Richardson	MV40	Rossendale Harriers & AC	04:49:46
487	Paddy Sturman	MV40	Ilkley Harriers AC	04:49:51
488	Shaun Preston	M		04:49:53
489	Richard Gordon	MV40		04:49:53
490	John Merrick	MV50	Bingley Harriers & AC	04:50:02
491	Victoria Merrick	WU25	Bingley Harriers & AC	04:50:02
492	Andrew Nicoll	MV40	Bingley Harriers & AC	04:50:07
493	Matt Williams	MV40	Steel City Striders RC	04:50:08
494	Mark Evans	MV50	Middlesbrough & Cleveland Harriers	04:50:19
495	Paul Elcock	MV40	Barlick Fell Runners	04:50:22
496	Roy Davidson	MV60	Rossendale Harriers & AC	04:50:39
497	Richard Bembridge	MV40	Dark Peak Fell Runners	04:50:55
498	Damien Briscoe	M	Penistone Footpath Runners & Athletic Club	04:50:57
499	Alison Weston	WV50	Ilkley Harriers AC	04:51:09
500	Charlie Rowat	M		04:51:33
501	Duncan Marlow	MV40	Askern & District RC	04:51:42
502	James Wright	MV40	Baildon Runners	04:51:48
503	Billy Parkinson	M	Sandbach Striders	04:51:50
504	Ben Wells	MV40	Meirionnydd Running Club	04:52:03
505	Colin Rigby	MV50	Horwich R M I Harriers	04:52:38
506	Andrew Smallwood	MV50	Leeds & Bradford Triathlon Club	04:52:39
507	Huw Jones	MV50	Birmingham Running Athletics & Triathlon Club	04:52:39
508	Greg Webster	MV40	Holcombe Harriers	04:52:49
509	Dan Mead	M		04:52:50
510	Paul Dickens	M	Hyde Park Harriers	04:52:52
511	Mark Domaille	MV50	Wakefield District H & AC	04:53:07
512	John Eddington	MV40	Settle Harriers	04:53:07
513	Simon Beverley	MV40	Pudsey Pacers RC	04:53:13
514	Stephanie Wood	WV40	Macclesfield Harriers & AC	04:53:57
515	Iain Povey	MV50	New Marske Harriers Club	04:54:08
516	Jean Shotter	WV50	Holmfirth Harriers AC	04:54:29
517	Craig Perkins	MV40	Bentham Beagles Running Club	04:54:38
518	Ann Cummings	WV60	Cumberland Fell Runners	04:54:41
519	Paul Grist	MV50	Kirkstall Harriers	04:54:42
520	Andrew Sandercock	M	North Leeds Fell Runners	04:55:05
521	Deborah Mahoney	WV50	Settle Harriers	04:55:07
522	Ivor Potter	MV40	North Shields Polytechnic Club	04:55:11
523	Nick Dewell	MV40	Keighley & Craven AC	04:55:14
524	Emma Richardson	W	Rossendale Harriers & AC	04:55:15
525	Scott Kelly	MV50	Wakefield Triathlon Club	04:55:27

526	Nick Beanland	MV40		04:55:39
527	Andrew Templeman	MV40		04:56:02
528	Andrew Thornham	M		04:56:02
529	Simon Moffatt	MV50	Harrogate Harriers & AC	04:56:22
530	Matthew Hirst	MV40	Bowland Fell Runners	04:56:23
531	Crispin Halsall	MV50	Bowland Fell Runners	04:56:29
532	Andrew Wood	M	Corsham Running Club	04:56:39
533	James Purves	MV60	Gala Harriers	04:56:45
534	Eddie Lesniak	MV60	Achille Ratti	04:56:52
535	Stuart Russell	MV40	Calder Valley Fell Runners	04:56:57
536	Debbie Hope	WV40	Buxton AC	04:57:03
537	Edward Morris	MV40		04:57:08
538	Andrew Foster	MV50	Clayton-le-Moors Harriers	04:57:09
539	Robert Heggs	MV40	Sale Harriers Manchester	04:57:14
540	Michael Bell	MV50	Northumberland Fell Runners	04:57:19
541	Bill Beckett	MV50	Chorley Athletic And Triathlon Club	04:57:25
542	Spike Hird	M		04:57:29
543	Richard Ballantine	MV50	Keighley & Craven AC	04:57:33
544	George Waller	M		04:57:57
545	James Cripps	M		04:58:00
546	Michael Dean	MV50	Calder Valley Fell Runners	04:58:26
547	Robin Culshaw	W	Hyde Park Harriers	04:58:31
548	Rebecca Williams	W	Kent AC	04:58:36
549	Andrew Fox	MV40	Pocklington Runners	04:58:46
550	Terry Tillotson	MV40	Rothwell & District Harriers	04:58:51
551	William Duggan	MV50	Bingley Harriers & AC	04:58:52
552	Sian Davies	W	Rothwell Harriers & AC	04:58:53
553	Adrian Baker	MV50	Dark Peak Fell Runners	04:59:03
554	Kent Butcher	MV40	Desford Striders	04:59:04
555	Jean-Marc Lawton	MV50	Wester Ross Running Club	04:59:14
556	Emily Sanders	WV50	Ashbourne Running Club	04:59:51
557	Joseph Sharples	M	Preston Harriers	04:59:52
558	Andrew Harris	MV40	Nidd Valley Road Runners	05:00:00
559	Laurence Martin	M	Pudsey Pacers RC	05:00:37
560	Andy Smith	M	York Knavesmire Harriers	05:00:43
561	Jacqui Gears	WV40	Oswestry Olympians	05:01:00
562	David Burton	MV50	Keswick AC	05:01:04
563	Rob Newton	M		05:01:13
564	Sandrine Fraise	WV40	Saddleworth Runners Club	05:01:20
565	Peter Fleming	MV50		05:01:26
566	Tony Davis	M	Northumberland Fell Runners	05:01:30
567	Chris Day	MV40	Totley AC	05:01:34
568	Jez Edwards	MV40		05:02:19
569	Ben Costello	MU25	Bingley Harriers & AC	05:02:28

570	Antti Turkia	MV40	YrjÄnkadun Martat	05:02:36
571	Katie Morse	W	Wharfedale Harriers	05:02:59
572	Paul Whittle	MV50	Newburgh Nomads RC	05:03:13
573	Rachel Avison-Fell	WV40	Settle Harriers	05:03:49
574	Jon Macdonald	MV40		05:03:51
575	Gary Sparkes	MV50	Bearbrook Running Club	05:03:57
576	Jane Briggs	WV50	Northumberland Fell Runners	05:04:08
577	Angela Wilson	WV40	Northern Fells Running Club	05:04:12
578	Fredrik Nero	MV40	SOK Knallen	05:04:17
579	Marc Wright	M	Queensbury Running Club	05:04:29
580	Martin Smillie	MV60		05:04:33
581	Mark Taylor	M	Clayton-le-Moors Harriers	05:04:46
582	Ben Mason	MV40	Pudsey Pacers RC	05:04:47
583	Wendy Dodds	WV60	Clayton-le-Moors Harriers	05:04:53
584	Antony Mawson	MV50	Pudsey Pacers RC	05:04:55
585	Jared Dalby	M		05:05:10
586	Mathew Driscoll	MV40		05:05:11
587	Jill Barton	WV40	Rochdale Harriers & AC	05:05:18
588	Jo Rhodes	W	Hyde Park Harriers	05:05:59
589	Ian Stainthorpe	MV50	Rochdale Harriers & AC	05:06:00
590	Liz James	WV40		05:06:06
591	Arron Jackson	MV40	Worksop Harriers	05:06:29
592	Adam Hill	M		05:07:06
593	Russell Hirst	MV50		05:07:47
594	Laura Gale	WV40	Bournville Harriers	05:07:49
595	Alan Black	MV60	Cambridge Harriers	05:07:54
596	Isobel Webster	W	Kirkstall Harriers	05:07:59
597	Nick Kirkland	MV50	Shelton Striders	05:08:01
598	Martin Holding	MV50	Wakefield District H & AC	05:08:13
599	Jamie Stephenson	M		05:08:21
600	Jane Langham	WV50	Smiley Paces	05:08:27
601	Shaun Western	MV50		05:09:47
602	Stephen Forster	MV50	Wharfedale Harriers	05:09:52
603	Michael Taylor	MV40		05:09:55
604	Sara Abbott	WV40	Keighley & Craven AC	05:10:38
605	Stephen Radcliffe	MV40	Rosendale Harriers & AC	05:10:46
606	Martin O'Brien	MV50	Stainland Lions Running Club	05:11:14
607	Marc Gomes	MV40	Powergoat Trail Running	05:11:30
608	Gary Cattermole	MV50		05:11:38
609	Dveirel Kovalsky Gonzalez	WV40	Pudsey Pacers RC	05:12:50
610	Hannah Newbold	WU25	Barlick Fell Runners	05:13:01
611	Robert Spavin	MV40	T3 - Tadcaster Triathlon Team	05:13:08
612	Robin Warden	MV50	Abbey Runners	05:13:21
613	Mirsie Caka	WV40	Bellahouston Road Runners	05:13:40

614	James Bielak	M	Long Eaton Running Club	05:14:06
615	Joanne Henry	WV40	Bingley Harriers & AC	05:14:16
616	Phil Gray	MV60	FRA	05:14:26
617	Chris Smith	MV40		05:14:36
618	Jim Clapp	MV60	Durham Fell Runners	05:14:51
619	Eirik Stangnes	MV40	Valley Striders AC	05:15:16
620	Graeme Rolfe	MV50	Harborough AC	05:15:28
621	Patrick Garland	MV50		05:16:02
622	David Culpan	MV50	Stainland Lions Running Club	05:16:56
623	John Bassinder	MV60	Stainland Lions Running Club	05:17:00
624	Patrick Phelan	MV50		05:17:02
625	Sarah Gresswell	W		05:17:11
626	Andrew Price	MV40	Barrow Runners	05:17:23
627	Lucy Bird	WV40	Barrow Runners	05:17:26
628	Rowan Ranner	WV40	Helm Hill Runners	05:17:46
629	Charles Bogg	MV50	Quakers Running Club	05:17:55
630	Mark Estienne	MV40	York Acorn Running Club	05:17:55
631	Alex Frost	MV50	Rochdale Harriers & AC	05:18:08
632	Tanya Shepherd	W	Horsforth Fellandale Club	05:19:06
633	Adam Howard	M	Trawden Athletic Club	05:20:21
634	Christine Addison	WV50	Horsforth Fellandale Club	05:20:29
635	Rebecca Brimage	WV40	Stockport Harriers & AC	05:20:37
636	Tim Raynor	MV50	Redhill Road Runners	05:20:39
637	Louise O'Brien	WV40	Horsforth Fellandale Club	05:20:47
638	Craig Tipton	MV50	Ackworth Road Runners	05:20:49
639	Heather Driver	W	Barlick Fell Runners	05:21:17
640	Ian Smith	MV60	Bolton United Harriers & AC	05:22:55
641	Rose George	WV40	North Leeds Fell Runners	05:23:12
642	Stephen Atherton	MV60	Ambleside AC	05:23:15
643	Iain Simpson	MV40	Falkland Trail Runners	05:23:43
644	Andrew Wallace	M		05:23:54
645	Sean Brennan	MV40	Knaresborough Striders	05:24:51
646	Toby Campbell	MV50		05:27:04
647	Michael Alexander	M	Barlick Fell Runners	05:27:06
648	Timothy Knighton	M	Horsforth Harriers	05:27:07
649	Jenni Cowley	WV40	Wharfedale Harriers	05:27:40
650	Philip Hadland	MV50	Mercia Fell Runners	05:29:19
651	Peter Foulds	MV40	Darlington H & AC	05:30:33
652	Ryan Fulford	MV40	Mercia Fell Runners	05:30:55
653	Marc Recoquille	MV40		05:31:14
654	John Parry	MV50		05:31:27
655	Rebecca Emerton	WV40	Shelton Striders	05:31:46
656	Stephen Moor	MV50	Settle Harriers	05:32:05
657	Simon Gregory	MV40	Handsworth Roadhogs	05:32:10

658	Stephen Dicks	MV40	Olney Runners AC	05:33:00
659	John Andrew	MV40	Radcliffe AC	05:34:07
660	Nicholas Cousins	MV50	Pickering Running Club	05:34:47
661	Andrew Hunt	MV50		05:36:36
662	Christopher Cotton	MV40		05:36:52
663	Andy Quinn	MV40	Clayton-le-Moors Harriers	05:36:55
664	Christopher Lawrence	MV50	Clayton-le-Moors Harriers	05:36:59
665	Andrew Russell	MV50	Helm Hill Runners	05:37:16
666	Joseph Allan Wall	MV50	Handsworth Roadhogs	05:37:23
667	Kevin McGilvray	MV60	Rossendale Harriers & AC	05:43:58
668	Ian Sharpe	MV40	Chorlton Runners	05:48:29
669	Hadrian Knight	MV40	Rothwell Harriers & AC	05:50:16
670	Richard Johnson	MV40		05:56:00