

Pos	Name	Category	Club	Time
1	James Kevan	M	Horwich	00:31:07
2	Peter Bray	M	Chorlton	00:32:55
3	Ben Hobson	M	Chorlton	00:33:35
4	Liam Burthem	MU23	Liverpool Harriers	00:34:55
5	Andy Lloyd	M45	Horwich	00:34:59
6	Christopher Rayner	M40	Chorlton	00:35:16
7	George Norris	MU23	Chorley	00:35:27
8	Thomas Harkin	M45		00:35:44
9	Daniel Hughes	M	Red Rose	00:36:06
10	Andrew Haney	M40	Chorlton	00:36:12
11	Charlie Sharpe	M	Time2run	00:36:21
12	Darren Fishwick	M45	Chorley	00:36:27
13	Richard Weeks	M	Liverpool Pembroke & Sefton	00:36:42
14	John Hunt	M50	Dark Peak	00:36:51
15	John Heyes	M45	Wigan Harriers	00:36:56
16	Robert Short	M	Burnden Rr	00:37:33
17	Sam France	M		00:38:02
18	Steve Nolan	M55	Burnden Rr	00:38:04
19	Paul Duke	M40	Burnden Rr	00:38:13
20	Matthew Holmes	M	Red Rose	00:38:13
21	Greg Callaghan	M55	Liverpool Pembroke & Sefton	00:38:33
22	Marcus Taylor	M45	Burnden Rr	00:38:42
23	Gregory Beer	M	Manchester Front Runners	00:38:50
24	David Riding	M40	Newburgh Nomads	00:39:00
25	Warren Moorfield	M45	Wigan Phoenix	00:39:01
26	Neil Tate	M	Lytham	00:39:16
27	James Moles	M40	Manchester Front Runners	00:39:24
28	Ross White	M	Penny Lane	00:39:27
29	Martin Quinn	M45	Chorley	00:39:44
30	Richard Beesley	M45	Liverpool Pembroke & Sefton	00:39:45
31	Ian Hewitt	M40	Liverpool Running Bugs	00:39:50
32	Gary English	M55	Liverpool Rc	00:40:00
33	Kevin Walker	M40	Skelmersdale	00:40:01
34	Andrew Barnes	M		00:40:15
35	Paulo Felix	M40	Skelmersdale	00:40:24
36	Paul Brown	M	Chorlton	00:41:06
37	John Naylor	M	Red Rose	00:41:15
38	Amy Welch	L	Chorlton	00:41:22
39	Jamie Elvidge	M	Skelmersdale	00:41:23
40	Tony Harvey	M55		00:41:25
41	Steven Foley	M50	Newburgh Nomads	00:41:26

42	Stephen Dunn	M40	Blackpool Wyre & Fylde	00:41:27
43	Carl Balshaw	M45	Horwich	00:41:54
44	Paula Pilling	L40	Burnden Rr	00:41:56
45	Paul Gregory	M40	Wesham	00:42:01
46	Adam Cook	M		00:42:08
47	Stephen Hall	M	The Coffee Boys	00:42:17
48	Simone Capponi	M40	Penny Lane	00:42:20
49	Philip Lawrenson	M45	Mad	00:42:30
50	Richard Rose-Coulthard	M	Wigan Harriers	00:42:44
51	Steve Monaghan	M55	Achille Ratti	00:42:59
52	Richard Monksmith	M40	Delamere	00:43:01
53	Stuart Hamilton	M	Wigan Harriers	00:43:08
54	Karen Moorfield	L	Wigan Phoenix	00:43:10
55	Andrew Hudson	M55	Southport Waterloo	00:43:16
56	Graham Tracey	M45	Vegetarian	00:43:44
57	Karl Tuzio	M50	Newburgh Nomads	00:44:07
58	Christopher Bridge	M	Red Rose	00:44:17
59	Tony Wall	M60	Burnden Rr	00:44:22
60	Jayne Dickinson	L40	Bolton	00:44:24
61	Matthew Forrest	M		00:44:30
62	Emma Tollefson	L	Chorlton	00:44:33
63	Thomas Hillman	M40	Kayleigh Fitness	00:44:34
64	Wayne Pascoe	M		00:44:39
65	Honor Thompson	L40	Skelmersdale	00:44:40
66	Andy Birkbeck	M50	Red Rose	00:44:46
67	Martin Carr	M50		00:44:51
68	Paul Fitzsimmons	M50	Wigan Harriers	00:44:52
69	Mark Hudson	M55	Liverpool Pembroke & Sefton	00:44:57
70	Dean Wilson	M40	Liverpool Rc	00:44:59
71	Michael Chalfont	M45		00:45:03
72	Maria Cook	L40	Parbold Pp	00:45:16
73	Isaline Kneale	L50	Burnden Rr	00:45:24
74	Ian Sharpe	M45	Chorlton	00:45:31
75	Anne Ferguson	L60	Burnden Rr	00:45:36
76	Christophe Menand	M50	Burnden Rr	00:45:38
77	Richard Harris	M55	Newburgh Nomads	00:45:50
78	Paul Dixon	M45	Thornton	00:45:52
79	Ian Tate	M40	Lytham	00:46:00
80	Steve Livesey	M50	Thornton	00:46:03
81	Bridget Glaister	L45	Parbold Pp	00:46:05
82	Charlotte Sanderson-Rigby	L	Penny Lane	00:46:07
83	Nicola Hughes	L	Red Rose	00:46:08
84	Dave Bamford	M55	Wigan Phoenix	00:46:09
85	Tim Waldron	M	Liverpool Rc	00:46:10

86	Michael Casey	M50	Wigan Harriers	00:46:11
87	Tony Hesketh	M70	Horwich	00:46:14
88	Mike Wharton	M40	Sale	00:46:18
89	Geoff Hand	M60	Spectrum	00:46:23
90	James McGlynn	M65	Wigan Harriers	00:46:27
91	Jon Philips	M45		00:46:33
92	Chris Bowker	M	Lytham	00:46:39
93	Peter Singleton	M60	Blackpool Wyre & Fylde	00:46:49
94	Stuart Mairs	M	Salford	00:46:50
95	Lucy Etchells	L	Manchester Front Runners	00:46:52
96	Gwen Kinlock	L55	Burnden Rr	00:46:53
97	Ged Turner	M55	Burnden Rr	00:46:57
98	Shirley Staveley	L50	Burnden Rr	00:47:11
99	Steven Bate	M40	Burnden Rr	00:47:12
100	Paul Carter	M50	Wigan Harriers	00:47:13
101	Tom Peacock	M45		00:47:41
102	Elliot Costello	M	Wesham	00:47:42
103	Andrew Glen	M55	Liverpool Running Bugs	00:47:43
104	Sarah Hall	L	Kayleigh Fitness	00:47:49
105	Sam Carr	MU23	Liverpool Pembroke & Sefton	00:48:08
106	Nigel Shepherd	M60	Wesham	00:48:11
107	Vicki Hamer	L	Burnden Rr	00:48:15
108	Neil Cook	M40		00:48:19
109	Keiron Carr	M45	Liverpool Running Bugs	00:48:23
110	Katherine Klunder	L	Chorley	00:48:25
111	Mark Butler	M55	Burnden Rr	00:48:36
112	John Kleiser	M40	Delamere	00:48:50
113	Jayne Salloum	L45	Wigan Harriers	00:48:57
114	Lyndsay Darbyshire	L50	Burnden Rr	00:49:05
115	James Smith	M		00:49:07
116	Andrew Lawrenson	M	Mad	00:49:17
117	Paul Land	M45	Kayleigh Fitness	00:49:18
118	Janet Robertson	L50	Helsby	00:49:22
119	David Miller	M60	Chorley	00:49:23
120	Andrew Clegg	M50		00:49:29
121	Theresa Shaw	L45	Salford	00:49:32
122	Craig Baker	M40	Edge Hill	00:49:55
123	David Broadhurst	M45	Burnden Rr	00:50:13
124	Ian Doyle	M40	Liverpool Pembroke & Sefton	00:50:43
125	Colm OBrien	M55	Burnden Rr	00:51:04
126	Graham Hobson	M60	Garstang	00:51:07
127	Shona Taylor	L50	Wigan Harriers	00:51:12
128	Ollie Hulbert	M40	Skelmersdale	00:51:21
129	Chris Lee	M45	Liverpool Running Bugs	00:52:16

130	Tanya Foley	L50	Parbold Pp	00:52:29
131	Vicki Hudson	L50	Southport Waterloo	00:52:33
132	Phil Hayes	M50	Thornton	00:52:38
133	Paul Jackson	M50	Chorley	00:52:49
134	Mark Sammon	M45	Seloc	00:53:01
135	Claire Hinchcliffe	L40	Kayleigh Fitness	00:53:07
136	Simon Scarr	M55	Blackpool Wyre & Fylde	00:53:27
137	Gillian Pryor	L45	Thornton	00:53:48
138	Lurdes Corlett	L50	Liverpool Running Bugs	00:53:50
139	Sean Sergeant	M		00:53:56
140	Becky Boocock	L50	Parbold Pp	00:54:08
141	Liam Lofthouse	M		00:54:10
142	Jill Gregg	L	Parbold Pp	00:54:21
143	Graham Schofield	M65	Chorley	00:54:40
144	Sarah Cook	L45		00:54:42
145	Melissa Grove	L	Kayleigh Fitness	00:54:43
146	Stephen Maddock	M50	Liverpool Running Bugs	00:54:47
147	Billy Hargreaves	M70	Southport	00:54:52
148	Josh McGovern	M	Liverpool Running Bugs	00:54:53
149	Sheila Christie	L55	Burnden Rr	00:55:00
150	David Stonehouse	M45	Skelmersdale	00:55:06
151	Ian Shaw	M55		00:55:09
152	Don Taylor	M65	Burnden Rr	00:55:12
153	Amy Deacon	L		00:55:27
154	Ed Beattie	M45	Gb Ultras	00:55:56
155	Claire Naylor	L	Manchester Front Runners	00:56:02
156	Philip Glassbrook	M70	Burnden Rr	00:56:07
157	Emma Walker	L45	Burnden Rr	00:56:18
158	Dave Thompson	M60	Spectrum	00:56:59
159	Nadia Raza	L	Burnden Rr	00:57:00
160	Phil Lakeland	M60	Preston	00:57:08
161	Emma Reading	L		00:57:42
162	Chris Hatton	M65	Helsby	00:58:09
163	Nicola Johnson	L40	Parbold Pp	00:58:32
164	Sue Tonge	L60	Red Rose	00:58:45
165	Hannah Ahle	L	Chorlton	00:58:56
166	Jahzerah Sharman	M		00:58:57
167	Julia Patefield	L50	Garstang	00:59:11
168	Andrew Houghton	M55	Kayleigh Fitness	00:59:12
169	Greg Oulton	M50	Lytham	00:59:27
170	Louise Wall	L50	Burnden Rr	01:00:02
171	Neville Griffiths	M70	Spectrum	01:00:08
172	Liam Dawson	M	Liverpool Running Bugs	01:00:09
173	John Michael	M	Liverpool Running Bugs	01:00:38

174	Pete McDermott	M70	Preston	01:01:01
175	Elaine Sutton	L50	Southport Waterloo	01:01:21
176	Simon Harrison	M50		01:01:58
177	Diane Powell	L50	Parbold Pp	01:01:59
178	Leonie Caul	L40	Kayleigh Fitness	01:02:06
179	Ursula Cheetham	L45	Parbold Pp	01:02:07
180	Catherine Karn	L55	Red Rose	01:02:14
181	Katie Lloyd	L	Liverpool Running Bugs	01:02:28
182	Marianne Lyon	L45		01:02:51
183	Sally Cottrill	L50	Burnden Rr	01:02:54
184	Alec Cottrill	M55	Burnden Rr	01:02:55
185	Jennifer Turner	L40	Chorlton	01:02:59
186	Tracey Carr	L50	Liverpool Running Bugs	01:03:10
187	Michelle Tomlinson	L55	Thornton	01:03:19
188	Dawn Fairclough	L	Liverpool Rc	01:03:21
189	David Thompson	M		01:03:23
190	Alan Smart	M60	Blackpool Wyre & Fylde	01:03:54
191	Bernard Singleton	M65	Blackpool Wyre & Fylde	01:03:55
192	Alison Kirby	L	Kayleigh Fitness	01:05:06
193	Dawn Elliott	L40	Kayleigh Fitness	01:06:58
194	Sarah Rowan	L40	Kayleigh Fitness	01:08:55
195	Jayne Land	L45	Kayleigh Fitness	01:08:56
196	Andrew Hume	M45	Blackpool Wyre & Fylde	01:09:14
197	Hannah Wilson	L40	Kayleigh Fitness	01:09:23
198	Stuart Cann	M50	Red Rose	01:09:33
199	Jenny Fairclough	L55	Red Rose	01:09:33
200	Brian Forth	M45	Warrington	01:09:33
201	Lynn Melvin	L55	Red Rose	01:09:33
202	Sue Austin	L55	Red Rose	01:09:33
203	John Wiseman	M50	Red Rose	01:09:33
204	Karen Livesey	L50	Thornton	01:12:54
205	Phil Hewitt	M40	Liverpool Running Bugs	01:16:53
206	Cheryl Croft	L50	Liverpool Running Bugs	01:17:04
207	Marcus Howell	M45		Rtd