

Pos	Name	Category	Club	Time
1	Orran Smith	M40	WAC	00:21:14
2	Lloyd Taggart	M50	MFR	00:21:25
3	Joseph Bond	MSEN	MFR	00:22:28
4	Ben Corkill	MSEN	MFR	00:22:49
5	Tom Cringle	MSEN	MFR	00:22:52
6	David Cain	MSEN		00:23:03
7	Sam Looker	MSEN	MFR	00:23:46
8	Chris Reynolds	M40	MFR	00:23:53
9	Phil Knox	MSEN		00:24:18
10	Adam Huxham	MSEN	MFR	00:24:45
11	Neil Brogan	MSEN	MFR	00:25:06
12	Jake Richmond	Yr11B	NAC	00:25:07
13	Cian Howard	Yr8B	NAC	00:25:09
14	Nigel Maddocks	M40	MFR	00:25:14
15	Alex Read	Yr11B	NAC	00:25:45
16	Paul Sheard	M50	MFR	00:25:53
17	Alice Forster	WSEN	MFR	00:26:02
18	Samuel Perry	Yr8B	NAC	00:26:14
19	Lucas Stennett	Yr8B	NAC	00:26:16
20	Eleanor Miklos	WSEN	MFR	00:26:50
21	Damien O'Toole	M40		00:26:57
22	Richard Shipway	M50	WAC	00:27:01
23	Paul Kneen	M50		00:27:24
24	Mia Dunwell	Yr10G	NAC	00:27:35
25	Charlie Swales	Yr9B	NAC	00:27:48
26	Gary Kelly	M40	MFR	00:27:52
27	Mark Murphy	MSEN	MFR	00:27:57
28	John Norrey	M50	MFR	00:28:00
29	Sian Coleman	WSEN		00:28:00
30	Charlie Teare	Yr8B	NAC	00:28:02
31	Mark Corrin	M40	MH	00:28:04
32	Richard George	M40	ManxTriClub	00:28:09
33	Peter Bradley	M40	MFR	00:28:11
34	Gary Christian	MSEN	MFR	00:28:20
35	Dan Richardson	M50		00:28:27
36	Jake Crowe	Yr8B	WAC	00:28:36
37	Robert Crichton	M40	MFR	00:28:47
38	Matthew Bettridge	MSEN	MFR	00:28:48
39	Tristan Kewley	MSEN		00:28:58
40	Chris Kneen	M40		00:29:06
41	Lorna Spiers	Yr13G	NAC	00:29:09

42	Rosy Craine	W40	MFR	00:29:24
43	Steve Callaghan	M50	MFR	00:29:24
44	Jim Reid	M40	MFR	00:29:36
45	Kevin Costain	MSEN	MFR	00:29:40
46	Catherine Perry	Yr10G	NAC	00:29:41
47	Richard Sille	M40	MFR	00:29:44
48	Madison McMullan	Yr9G	NAC	00:29:45
49	Cameron Comley	Yr12B	NAC	00:29:50
50	Ali Stennett	M40	NAC	00:30:24
51	Florence Griffin	Yr8G	MH	00:30:37
52	Dominic Dunwell	Yr8B	NAC	00:30:40
53	Thomas Bradley	Yr9B	MFR	00:30:42
54	Lewis Veale	M50	IOMVAC	00:30:44
55	David Griffin	M50	MFR	00:30:56
56	Carol Brogan	W40	MFR	00:31:18
57	Janette Gledhill	W50	MFR	00:31:19
58	Caroline Caren	W40	MFR	00:31:22
59	Sara Hinds	W40		00:31:30
60	Lottie Stennett	Yr9G	NAC	00:31:45
61	Owen Kneen	Yr9B		00:31:57
62	Chris Wade	M40	MFR	00:32:01
63	James Stanwick	MSEN		00:32:05
64	Voirrey Cashin	W40	NAC	00:32:06
65	Paul Craine	MSEN	MFR	00:32:06
66	Gary Sherry	M40	NAC	00:32:11
67	Rebecca Griffin	W50	FRA	00:32:17
68	Lisa Dunwell	W40	NAC	00:32:26
69	John Dunwell	M50	NAC	00:32:26
70	Ian Callister	M60	MH	00:32:56
71	Saul Bradley	U19B	British Army	00:33:03
72	Maggie Watkins	W50	MFR	00:33:11
73	David Smith	M50	MFR	00:33:19
74	Lee Alstead	M50	MFR	00:33:41
75	Lucy Connors	WSEN		00:33:58
76	Alan Brew	MSEN	NAC	00:34:05
77	Michael Connors	M50	MFR	00:34:30
78	Peter Cooper	M60	MFR	00:34:59
79	Dom Winrow	MSEN		00:35:12
80	John Watterson	M60	Western	00:35:16
81	Micheal Crook	M50	WAC	00:35:21
82	Jane Rose	W60	MFR	00:35:31
83	Chris Gledhill	M50		00:35:48
84	Douglas Quayle	Yr7B	NAC	00:36:10
85	Phil Swales	M50	NAC	00:36:28

86	Alex Parkes	M50	MFR	00:36:39
87	Rose Hooton	W60	MFR	00:36:39
88	Sarah Colley	W40		00:37:18
89	Stephen Willmott	M50	IOM Vets	00:39:01
90	Matt Bond	MSEN		00:39:06
91	Dave Corrin	M70	IOMVAC	00:39:10
92	Darcey Withington	Yr8G	NAC	00:39:29
93	Nigel Hendy	M60	ManxTriClub	00:39:32
94	Sarah Collings	WSEN	MFR	00:39:33
95	Beccy Miller	WSEN		00:40:37
96	Huw Jones	M60		00:41:31
97	Michelle Sherry	W40	NAC	00:41:36
98	Candice Jones	W60		00:44:36
99	Jenna Gelling	Yr8G		00:45:51
100	Dave Gelling	M40		00:45:52
101	Amber Moore	Yr11G	SNHS	00:47:04
102	Alan Pilling	M70	IOMVAC	00:49:01
103	Sharon Cain	W50	MH	00:56:56
104	Rob Clynes	M50	WAC	00:56:56