

| Pos | Name | Category | Club | Time |
|-----|------------------|----------|-------------------------------------|----------|
| 1 | Josh Hartley | M | Black Combe Runners | 00:53:48 |
| 2 | Garry Greenhow | M | Ambleside Athletic Club | 00:53:50 |
| 3 | Ben Procter | M | Helm Hill Runners | 00:54:31 |
| 4 | Oliver Heaton | M | Preston Harriers | 00:54:48 |
| 5 | Harvey Lord | M | Black Combe Runners | 00:55:43 |
| 6 | Tim Ripper | M | Black Combe Runners | 00:56:20 |
| 7 | Dan Gilbert | M40 | Horwich RMI Harriers | 00:57:05 |
| 8 | Alan Scott | M | Clapham Chasers | 00:57:13 |
| 9 | Matthew Green | M | | 00:57:40 |
| 10 | Matthew Rooke | M | Black Combe Runners | 00:57:46 |
| 11 | Darren Fishwick | M40 | Chorley Athletic And Triathlon Club | 00:57:51 |
| 12 | Paul Reilly | M40 | Helm Hill Runners | 00:58:08 |
| 13 | James Harris | M | Black Combe Runners | 00:58:14 |
| 14 | James Edwards | M40 | Lonsdale Fell Runners | 00:58:25 |
| 15 | Joseph Hobbs | M | Lonsdale Fell Runners | 00:58:33 |
| 16 | Jamie Baron | M50 | Black Combe Runners | 00:58:41 |
| 17 | Philip Withnall | M | Lonsdale Fell Runners | 01:00:12 |
| 18 | Richard Walker | M40 | Black Combe Runners | 01:00:26 |
| 19 | John Millen | M40 | Black Combe Runners | 01:01:16 |
| 20 | Holly Orr | W | Black Combe Runners | 01:03:04 |
| 21 | Gary Thorpe | M50 | Ambleside Athletic Club | 01:03:29 |
| 22 | Bobby Gard-Story | MU23 | | 01:03:40 |
| 23 | Carlos Bedson | M40 | Cheshire Hill Racers | 01:03:49 |
| 24 | Adrian Benson | M | | 01:03:54 |
| 25 | Nick Sebley | M50 | Black Combe Runners | 01:04:04 |
| 26 | Claire Nance | W | Lonsdale Fell Runners | 01:04:13 |
| 27 | Shaun Addison | M50 | Helm Hill Runners | 01:04:16 |
| 28 | Andrew Crowther | M40 | Lonsdale Fell Runners | 01:04:21 |
| 29 | Ben Clare | M | Queensbury Running Club | 01:05:55 |
| 30 | Pete Tayler | M50 | Black Combe Runners | 01:06:02 |
| 31 | Jim Bacon | M50 | Lonsdale Fell Runners | 01:06:28 |
| 32 | Matthew Allen | M | Black Combe Runners | 01:06:30 |
| 33 | Daniel Hartley | M40 | Black Combe Runners | 01:07:47 |
| 34 | John Evason | M | Black Combe Runners | 01:08:03 |
| 35 | John Robson | M50 | Helm Hill Runners | 01:09:29 |
| 36 | Sally Houghton | W50 | Ripon Runners | 01:09:33 |
| 37 | Clare Pearson | W | Wharfedale Harriers | 01:10:27 |
| 38 | Natalie Ruffell | W | Clapham Chasers | 01:13:35 |
| 39 | Judy Howells | W40 | Wharfedale Harriers | 01:13:49 |
| 40 | Mike Jewell | M50 | Black Combe Runners | 01:14:18 |
| 41 | Chris Roberts | M60 | Black Combe Runners | 01:14:47 |

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| 42 | Lynn Murray | W40 | Black Combe Runners | 01:14:49 |
| 43 | Jean Powell | W50 | Wharfedale Harriers | 01:15:26 |
| 44 | Roger Quayle | M50 | | 01:15:41 |
| 45 | Jess Lawrence | W | Black Combe Runners | 01:15:51 |
| 46 | Jayne Rigby | W40 | Helm Hill Runners | 01:16:03 |
| 47 | Marie Robson | W50 | Helm Hill Runners | 01:16:45 |
| 48 | Pat McIver | M50 | Black Combe Runners | 01:16:59 |
| 49 | John Orrell | M50 | Blackburn Harriers & Athletic Club | 01:16:59 |
| 50 | Jonathan Bailey | M40 | Black Combe Runners | 01:17:25 |
| 51 | Steve Wathall | M50 | | 01:17:59 |
| 52 | James Goffe | M50 | Black Combe Runners | 01:20:35 |
| 53 | Jo Taylor | W50 | Bowland Fell Runners | 01:20:47 |
| 54 | Richard Wilkinson | M50 | Long Eaton Running Club | 01:21:03 |
| 55 | Rob Overton | M40 | Acre Street Runners | 01:21:05 |
| 56 | Martin Brady | M50 | Clayton-le-Moors Harriers | 01:21:49 |
| 57 | John Taylor | M60 | Bowland Fell Runners | 01:23:02 |
| 58 | Susan Ross | W40 | Black Combe Runners | 01:23:26 |
| 59 | Vicky Kirkwood | W40 | Dallam Running Club | 01:24:19 |
| 60 | Steve Jeffs | M50 | Dallam Running Club | 01:25:56 |
| 61 | James Malone | M | Penny Lane Striders | 01:25:56 |
| 62 | Ian Peters | M60 | Glaxo Hoad Hill Harriers | 01:29:23 |
| 63 | Lindsay Buck | W50 | Cumberland Fell Runners | 01:30:02 |
| 64 | Mike Berry | M60 | | 01:30:06 |
| 65 | Jennifer Salt | W40 | Wesham Road Runners | 01:31:10 |
| 66 | Nigel Coe | M60 | Ambleside Athletic Club | 01:31:14 |
| 67 | Andrew Gittins | M50 | Black Combe Runners | 01:37:41 |
| 68 | John Sharples | M60 | Wesham Road Runners | 01:39:32 |
| 69 | Rhian Davies | W | Lonsdale Fell Runners | 01:48:21 |
| 70 | Karl Fursey | M40 | Black Combe Runners | 01:49:48 |
| 71 | David Rosen | M60 | Lancaster & Morecambe AC | 01:58:14 |
| 72 | Miriam Rosen | W60 | Lancaster & Morecambe AC | 01:58:14 |