

Pos	Name	Category	Club	Time
1	Finlay Wild	M	Lochaber AC	00:26:49
2	Alasdair McLeod	M	Shettleston Harriers	00:27:48
3	Jamie Crowe	M	Central AC	00:27:56
4	Mark Lamb	M	Keswick AC	00:28:00
5	James Espie	M	Deeside Runners	00:28:20
6	Alexander Chepelin	M	Carnethy	00:28:30
7	Jack Wood	M	Ilkley Harriers	00:28:38
8	Carl Bell	M	Keswick AC	00:28:45
9	Marc Austin	M	Howgill Harriers	00:28:51
10	Tom Martyn	M	HBT	00:28:56
11	Gareth Hughes	M	Mercia	00:29:01
12	Robert Simpson	M	Shettleston Harriers	00:29:03
13	Alasdair Campbell	M	Matlock AC	00:29:13
14	Andrew Barrington	M	Lochaber AC	00:29:20
15	Josh Jardino	M	Helm Hill Runners	00:29:24
16	John Battrick	M	Keswick AC	00:29:27
17	Steve Hebblethwaite	M	Keswick AC	00:29:28
18	Max Wainwright	M	Dark Peak	00:29:37
19	Josh Williams	M	Dark Peak	00:29:39
20	Andrew Worster	M	Todmorden Harriers	00:29:41
21	Rob Jebb	M40	Helm Hill Runners	00:29:49
22	Sam Stead	M	Keswick AC	00:29:57
23	Tom Saville	M	Dark Peak	00:30:01
24	Adam Osborne	M40	Calder Valley	00:30:06
25	Adam Perry	M	Helm Hill Runners	00:30:34
26	John Yells	M	Lochaber AC	00:30:37
27	Oli Johnson	M40	Dark Peak	00:30:47
28	James Appleton	M	Keswick AC	00:30:52
29	Sam Alexander	M	Westerlands	00:30:56
30	Paul Jones	M40	Mercia	00:31:01
31	Will Boothman	M40	Dark Peak	00:31:03
32	Lova Chechik	M	Dark Peak	00:31:03
33	Nicholas Barber	M	Helm Hill Runners	00:31:04
34	Ryan Stewart	M	Shettleston Harriers	00:31:05
35	Murray Strain	M	HBT	00:31:06
36	Huw Davies	M	Mercia	00:31:06
37	Andrew Gilmore	M	Highland Hill Runners	00:31:06
38	Mark Roberts	M50	Borrowdale Fell Runners	00:31:09
39	Richard Roberts	M40	Eryri Harriers	00:31:10
40	Dessie Flanagan	M40	Carnethy	00:31:17
41	Chris Grant-Pantrey	M	Shettleston Harriers	00:31:25

42	Jim Davies	M50	Borrowdale Fell Runners	00:31:35
43	Niall McAlinden	M	Westerlands	00:31:41
44	Jack Ward	M	Highland Hill Runners	00:31:44
45	Phil Mowbray	M40	HBT	00:31:49
46	Justin Carter	M40	Cambuslang Harriers	00:31:52
47	Charlie Lowther	M40	Eden Runners	00:31:55
48	Matthew Sullivan	M	Shettleston Harriers	00:32:02
49	Shaun Godsman	M40	Calder Valley	00:32:06
50	Kieran Hodgson	M40	Helm Hill Runners	00:32:15
51	Graeme Brown	M40	Todmorden Harriers	00:32:18
52	Dave Taylor	M50	Dark Peak	00:32:19
53	John Connaghan	M40	Shettleston Harriers	00:32:19
54	Peter Davies	M	Dark Peak	00:32:32
55	Pete Rigby	M	Helm Hill Runners	00:32:44
56	Stephen Winter	M40	Shettleston Harriers	00:32:49
57	Kelli Roberts	F	Helm Hill Runners	00:33:01
58	Jill Stephen	F	HBT	00:33:13
59	Michael Fanning	M50	Borrowdale Fell Runners	00:33:18
60	Mark Burton	M40	Calder Valley	00:33:23
61	Tom Tipping	M50	Helm Hill Runners	00:33:25
62	Alasdair Anthony	M40	Ochil Hill Runners	00:33:27
63	Sara Willhoit	F	Mercia	00:33:29
64	Stephen Pyke	M50	Dark Peak	00:33:33
65	Stuart Crutchfield	M	Lochaber AC	00:33:35
66	Dominic Moore	M		00:33:37
67	Jonathan Wright	M40	Todmorden Harriers	00:33:53
68	Matthew Fortes	M40	Eryri Harriers	00:33:59
69	Mark Taylor	M40	Calder Valley	00:34:02
70	Matthew Macdonald	M	Lochaber AC	00:34:03
71	Rachel Parker	F	Mercia	00:34:04
72	Dan Gilbert	M40	Horwich	00:34:09
73	Paul Reilly	M40	Helm Hill Runners	00:34:18
74	Craig Freshwater	M	HBT	00:34:29
75	Des Crowe	M50	Penicuik Harriers	00:34:30
76	Jamie Thin	M50	HBT	00:34:41
77	James Callender	M	Westerlands	00:34:43
78	Sharon Taylor	F	Helm Hill Runners	00:34:50
79	Stuart Malcolm	M50	Highland Hill Runners	00:34:54
80	Miranda Grant	F	Eryri Harriers	00:34:59
81	Hannah Russell	F	Helm Hill Runners	00:35:03
82	Martin Askew	MJ	Helm Hill Runners	00:35:09
83	Alasdair MacInnes	M	Westerlands	00:35:11
84	Jon Morgan	M50	Dark Peak	00:35:11
85	Matthew Nichols	M	Matlock AC	00:35:12

86	Paul Cornock	M	Shettleston Harriers	00:35:22
87	Adam Anderson	M50	Hartfell HRC	00:35:23
88	Francisco Javier Cabrera Valdes	M	Highland Hill Runners	00:35:27
89	Robert Matthews	M	Westerlands	00:35:28
90	Iain Pender	M	Shettleston Harriers	00:35:29
91	David Gallie	M50	Highland Hill Runners	00:35:33
92	Fraser MacKenzie	M	Lochaber AC	00:35:38
93	Samuel Williams-Duncan	M	Dark Peak	00:35:40
94	Rod Scott	M40	Helm Hill Runners	00:35:42
95	Simon Patton	M50	Dark Peak	00:35:44
96	Steve Angus	M50	Keswick AC	00:35:45
97	Nick Barber	M40	Todmorden Harriers	00:35:46
98	Jake Willis	M40	Lochaber AC	00:35:48
99	Walter Henderson	M50	Shettleston Harriers	00:35:53
100	Adrian Davis	M50	Lomond Hill Runners	00:36:03
101	Gregor Davidson	M	Lochaber AC	00:36:06
102	Kevin Peebles	M40	Lomond Hill Runners	00:36:08
103	Ben Murphy	M	HBT	00:36:11
104	Chris Butler	M	Westerlands	00:36:14
105	Catriona Morrison	F40	Highland Hill Runners	00:36:18
106	Kristian Groom	M40	Dark Peak	00:36:25
107	Eugene Mackie	M	Highland Hill Runners	00:36:27
108	Ruaraidh Mackenzie	M	Lochaber AC	00:36:28
109	Helen Berry	F40	Holmfirth Harriers	00:36:30
110	Steve Macdonald	M	Lochaber AC	00:36:32
111	John Busby	M	Carnethy	00:36:37
112	John Tullie	M60	Teviotdale Harriers	00:36:39
113	Angela Mudge	F40	Carnethy	00:36:43
114	Niall Bourke	M	Pudsey & Bramley	00:36:51
115	Russell Owen	M60	Eryri Harriers	00:36:53
116	James Barron	M50	Helm Hill Runners	00:37:02
117	Heather Anderson	F40	Fife AC	00:37:09
118	Darren Tweed	M40	Todmorden Harriers	00:37:14
119	Milan Misak	M	Carnethy	00:37:20
120	Rachel Pilling	F	Pudsey & Bramley	00:37:24
121	Neil McLure	M50	Carnegie Harriers	00:37:27
122	Bryan Lomas	M50	Congleton Harriers	00:37:31
123	Donald Lamont	M	Lochaber AC	00:37:33
124	Mark Walsh	M50	Horwich	00:37:36
125	Gordon Stewart	M60		00:37:41
126	Bianca Dyer	F40	Helm Hill Runners	00:37:43
127	Bryan McKenna	M40	Carnethy	00:37:43
128	Donald McCarthy	M40	BASOC	00:37:44
129	Phillipa Gullett	F	Highland Hill Runners	00:37:51

130	Judith Jepson	F50	Dark Peak	00:38:17
131	Alan Renville	M40	Carnethy	00:38:18
132	Frazer Munro	M		00:38:22
133	Alan Hogg	M60	Carnethy	00:38:23
134	Kevin Davie	M	Carnegie Harriers	00:38:25
135	Peter Simpson	M60	Carnegie Harriers	00:38:27
136	Veronique Oldham	F50	Cosmics	00:38:28
137	William Proctor	M60	Helm Hill Runners	00:38:33
138	Andrew Aitken	M		00:38:33
139	Paul Tucker	M50	Mynydd Du	00:38:34
140	Graham Pilling	M40	Pudsey & Bramley	00:38:41
141	Stuart Forrest	M	Highland Hill Runners	00:38:53
142	Alastair Pringle	M50	Shettleston Harriers	00:39:09
143	Josie Lloyd	F	Mercia	00:39:12
144	Ella Peters	F	Westerlands	00:39:15
145	Neil Burnett	M50	Carnethy	00:39:22
146	Bruce Smith	M50	Carnethy	00:39:24
147	Mark Agnew	M50	Mercia	00:39:25
148	Ellen Paton	FJ	Dark Peak	00:39:26
149	Tom Finch	M	Westerlands	00:39:26
150	Dougie Macdonald	M40	Highland Hill Runners	00:39:30
151	Helen Wood	F	Ilkley Harriers	00:39:36
152	Chris Wilkinson	M	Highland Hill Runners	00:39:43
153	Ali Kennedy	M50	Lochaber AC	00:39:45
154	Manny Gorman	M50	Westerlands	00:39:49
155	Peter German	M	Helm Hill Runners	00:39:56
156	Keith McCarthy	M40	RAF	00:40:01
157	Robert Taylor	M70	Pennine Fell Runners	00:40:02
158	Michael Mallen	M60	Keswick AC	00:40:07
159	Gordon Pryde	M60	Lomond Hill Runners	00:40:14
160	Geoff Gough	M60	Clayton Le Moors	00:40:41
161	Tim Pott	M50	Forres Harriers	00:40:48
162	James Riley	M40	Todmorden Harriers	00:40:51
163	Joe Law	M	Dark Peak	00:41:04
164	John Stevenson	M50	Ochil Hill Runners	00:41:07
165	Don Reid	M60	Westerlands	00:41:15
166	Richard Jennings	M40		00:41:19
167	Mairi Gilmour	F	Westerlands	00:41:22
168	Suzy Devey	F40	Lochaber AC	00:41:30
169	Lee Murphy	M40	Carnethy	00:41:36
170	Rebecca Patrick	F50	Todmorden Harriers	00:41:39
171	Nicola Parkin	F50	Dark Peak	00:41:41
172	Georgia Stevens	F	Helm Hill Runners	00:41:44
173	Gerald Angus	M50	Keith & District AAC	00:41:50

174	Ewan Paterson	M60	Highland Hill Runners	00:41:58
175	Rebecca Law	F	Eryri Harriers	00:41:59
176	Dagmar Borrowman	F40	Highland Hill Runners	00:42:03
177	Alasdair McCallum	M50	Norham RC	00:42:06
178	Johannes Mathis	M		00:42:06
179	Lee Holland	M50	Carnegie Harriers	00:42:14
180	Dave Turner	M40	Lomond Hill Runners	00:42:15
181	Jean Brown	F50	Clayton Le Moors	00:42:16
182	Richard Corporaal	M		00:42:16
183	Alastair Matthewson	M50	Highland Hill Runners	00:42:23
184	Melanie Blackhurst	F50	Todmorden Harriers	00:42:26
185	Owen Bass	M50	Solway	00:42:35
186	Kirsty Bryan-Jones	F40	Dark Peak	00:42:36
187	Robert Maclean	M50	Lochaber AC	00:42:37
188	Karen Lyons	F40	Highland Hill Runners	00:42:42
189	David Bryan	M40	East Sutherland	00:43:02
190	Graham Kelly	M50	Westerlands	00:43:05
191	Lorna Askew	F50	Helm Hill Runners	00:43:07
192	Scott Crossett	M		00:43:13
193	Steve Wathall	M60	Black Combe Runners	00:43:18
194	Jenn Ruddick	F	Westerlands	00:43:22
195	Rafal Tomaszewski	M40		00:43:28
196	Philip Kammer	M60	Cosmics	00:43:29
197	Trevor Shaw	M50	Lochtayside	00:43:43
198	Carrie Gibson	F40	Helm Hill Runners	00:43:45
199	Fiona Kelsall	F40	Ochil Hill Runners	00:43:47
200	Jean Powell	F50	Wharfedale Harriers	00:44:05
201	Rhian Evans	F	Strathearn Harriers	00:44:10
202	Lucy Needham	F	Wharfedale Harriers	00:44:16
203	Angus Bowman	M60	Lomond Hill Runners	00:44:17
204	Saki Nakamura	F	Westerlands	00:44:34
205	Manouk Bakermans	F	Highland Hill Runners	00:44:47
206	Tim Smith	M40		00:45:03
207	Roderick Pugh	M60	Kilmarnock Harriers	00:45:16
208	Jo Wilcox	F50	Helm Hill Runners	00:45:21
209	Daniel Grant	M		00:45:30
210	Rebecca Fode	F	Victoria Park Harriers	00:45:32
211	Hilary Ritchie	F50	Fife AC	00:45:36
212	Christopher Mitchell	M70		00:45:37
213	Chastain Lairent	M40		00:45:41
214	Ronald Rees	M60	Pennine Fell Runners	00:45:48
215	Michael Watson	M50		00:45:48
216	Kerry Cunningham	F	Westerlands	00:45:49
217	Rory Simpson	M50		00:45:54

218	Kate Worthington	F40	Eryri Harriers	00:45:56
219	Alistair Boyer	M	Westerlands	00:45:58
220	Claire Green	F	Pudsey & Bramley	00:46:03
221	Robert Phillips	M		00:46:04
222	Duncan Gorman	M	Westerlands	00:46:06
223	John MacEwan	M50	Ochil Hill Runners	00:46:09
224	Dougal Spenceley	MJ		00:46:18
225	Richard Goff	M	Buxton AC	00:46:18
226	Kate Mansell	F40	Todmorden Harriers	00:46:20
227	Arianne Holland	F	Carnegie Harriers	00:46:20
228	Andy Chapman	M40	Cosmics	00:46:21
229	Joan Wilson	F50	Lomond Hill Runners	00:46:23
230	Scott Johnston	M		00:46:52
231	David Oliver	M60	Deeside Runners	00:46:59
232	Michelle Best	F40	Carnegie Harriers	00:47:03
233	Colin Wilson	M50	Lomond Hill Runners	00:47:06
234	Mark Hartree	M50	Carnethy	00:47:10
235	Colin Ledlie	M50	Carnethy	00:47:12
236	Caroline Harding	F40	Pudsey & Bramley	00:47:13
237	Colin Silver	M40		00:47:16
238	Douglas Milligan	M70	Solway	00:47:20
239	Judy Howells	F40	Wharfedale Harriers	00:47:27
240	Andrew Sim	M50	Carnegie Harriers	00:47:35
241	Colin Reynolds	M40	Carnegie Harriers	00:47:38
242	Stuart McMillan	M40	Carnethy	00:47:51
243	Digby Maass	M60	Carnethy	00:47:55
244	David Duncan	M60	Ochil Hill Runners	00:47:58
245	Anthony Simon	M40		00:48:08
246	Andrew Fullwood	M50	Westerlands	00:48:18
247	Nicki Diggins	F50	Cairngorm Runners	00:48:19
248	Rod Webster	M50	Highland Hill Runners	00:48:54
249	Jennifer Bradley	F40	Carnethy	00:48:58
250	Scott Ewan	M	Jog Scotland	00:49:00
251	Alison Whyte	F40	Carnegie Harriers	00:49:00
252	Rupert Williams	M50	Cosmics	00:49:35
253	Beverley Tucker	F50	Mynydd Du	00:49:49
254	Lizzie Cockle	F	Maldwyn Harriers	00:49:54
255	Elizabeth Bloomfield	F50	Fife AC	00:50:02
256	Jenny Lister	F		00:50:04
257	Susan Jane Ross	F50	Lochaber AC	00:50:05
258	Joanne Thin	F50	Carnethy	00:50:08
259	Iain Thomson	M70	Strathearn Harriers	00:50:14
260	Jocelyn Scott	F60	Fife AC	00:50:29
261	Russ Valentine	M50	Falkland Trail Runners	00:50:37

262	Dave Till	M60	Skye & Lochalsh RC	00:50:43
263	Denise Tunstall	F50	Durham Fell Runners	00:50:47
264	Lesley Reynolds	F50	Carnegie Harriers	00:50:50
265	Grace Kelleher	F	Dark Peak	00:51:12
266	Malcolm Easson	M50		00:51:14
267	Julie Spenceley	F40		00:51:37
268	Roy McLachlan	M60	Fife AC	00:51:40
269	Eleanor Munro	F50	Keith & District AAC	00:51:43
270	Ali Russell	M40		00:51:46
271	Ronald Fraser	M50	Dundee Road Runners	00:52:56
272	Bill Duff	M70	Falkland Trail Runners	00:53:04
273	Katie Hall	F		00:53:19
274	Amy Fisher-MacPherson	F		00:53:27
275	Annabel King	F	Vegan Runners	00:53:33
276	Hugh McPherson	M70	Tinto Hill Runners	00:53:39
277	Emma Seed	FJ	Inverness Harriers	00:53:46
278	Bev Wright	F40	Todmorden Harriers	00:53:59
279	Stefan Hamill	M40		00:54:08
280	Iain Beedie	M50	Lomond Hill Runners	00:54:28
281	Paul Wallace	M40		00:55:16
282	Rod Campbell	M70	Cosmics	00:55:47
283	Jane Oliver	F60	Deeside Runners	00:56:57
284	Brian Brennan	M60	Westerlands	00:57:46
285	Elizabeth Adams	F40	Helm Hill Runners	00:57:59
286	Emma Sinclair	F40	Cairngorm Runners	00:58:22
287	Ailsa Hewick	FJ	Inverness Harriers	00:59:16
288	Karen Forsyth	F	Carnegie Harriers	00:59:49
289	John Elrick	M60	Jog Scotland	01:00:43
290	Didier Putzeys	M50		01:01:07
291	Douglas Spalding	M		01:01:22
292	David Scott	M60	Ochil Hill Runners	01:01:58
293	Douglas McLeod	M50		01:02:36
294	Eliza McLachlan	F60	Fife AC	01:02:42
295	Thorsten Ingermann	M40		01:02:43
296	Alan Slesser	M60	Jarrow & Hebburn AC	01:04:28
297	Annie Fraser	F50	Cairngorm Runners	01:05:46
298	Stewart Davidson	M60	Fife AC	01:06:49
299	Mark Slesser	M	Jarrow & Hebburn AC	01:24:21
300	Brenda Paul	F40	Westerlands	01:25:24