

Pos	Name	Category	Club	Time
1	Andrew Barrington	MSEN	Victoria Park Harriers And Tower Hamlets AC	00:54:36
2	Jack Ramm	MSEN	Dulwich Runners AC	00:54:56
3	Maximilian Nicholls	MSEN		00:55:37
4	William Stanley	MSEN	Victoria Park Harriers & Tower Hamlets AC	00:57:55
5	Matthieu Marshall	MSEN	Fulham Running Club	00:59:00
6	Sam Birch-Machin	MSEN	Dark Peak Fell Runners	00:59:47
7	Hugh Torry	M40	Serpentine	00:59:52
8	Jack Dickenson	MU23	Herne Hill Harriers	01:00:37
9	James Chettle	MSEN	Thames Hare And Hounds	01:00:53
10	Nicholas Wright	MSEN		01:01:31
11	Angus Butler	MSEN	Herne Hill Harriers	01:01:37
12	Josh Pewter	MSEN	Herne Hill Harriers	01:01:45
13	Tim Lawrence	MSEN	Kent AC	01:02:00
14	Joe Dale	MSEN	Victoria Park Harriers & Tower Hamlets AC	01:02:01
15	Eoin Brady	MSEN	Herne Hill Harriers	01:02:05
16	James Riley	M40	Ranelagh Harriers	01:02:41
17	Kris Davidson	M40	Ranelagh Harriers	01:02:56
18	Ben McGeown	MSEN	Kent AC	01:03:27
19	Edward Chuck	MSEN	Dulwich Runners AC	01:03:32
20	Sam Appleton	MSEN	Dark Peak	01:03:55
21	Liam Vandamme	MU23	Barts And The London Running Club	01:04:06
22	Stephen Wilkes	M40	Bishops Stortford RC	01:04:11
23	Lewis Greaves	MSEN	Serpentine RC	01:04:20
24	Tarbo Fukazawa	MSEN	Cambridge Harriers	01:04:47
25	Andrew Reeves	M40	Serpentine RC	01:05:11
26	Ian Ellwood	MSEN	Kent AC	01:05:11
27	Fraser Dawson	M50	Dorking & Mole Valley AC	01:05:25
28	Jon Andueza	MSEN	Victoria Park Harriers & Tower Hamlets AC	01:05:28
29	Gavin Brandie	M40	Clapham Chasers	01:05:32
30	David Finch	M40	Victoria Park Harriers	01:05:36
31	Daniel Reynolds	MSEN		01:05:36
32	Simon Barnett	M40	Tring RC	01:06:19
33	Dan Kelly	MSEN		01:06:24
34	Christian Poulton	M50	Cambridge Harriers	01:06:32
35	William Cole	MSEN	Runhead AC	01:06:34
36	Remy Shaieb	MSEN	Imperial College Cross Country And Athletics Club	01:06:34
37	Joe Elliott	MSEN	Herne Hill Harriers	01:06:39
38	Glen Lewis	MSEN	St George's Hospital AC	01:06:41
39	Sebastian Jones	MSEN	Clapham Chasers	01:07:00
40	Chris Beecham	M50	Highgate	01:07:01
41	James Gillanders	M40	Serpentine RC	01:07:03

42	Merlin Hetherington	MSEN	Barts And The London Running Club	01:07:05
43	James Hodgson	MSEN	Ambleside AC	01:07:06
44	Tom Davies	M40	SLOW	01:07:10
45	Lewis Commons	MSEN	Fulham Running Club	01:07:29
46	David Campbell	MSEN	Serpentine RC	01:07:37
47	Anthony Page	M40	Reading Roadrunners	01:07:38
48	Joseph McKeown	MSEN	London Heathside	01:07:44
49	Chris Lazenby	M40	Dorking & Mole Valley AC	01:07:46
50	Samuel Royle	MSEN	Ealing Eagles	01:07:48
51	Jasper Craib	MU23	Barts And The London Running Club	01:07:51
52	Anton Weatherhead	MSEN	Barts And The London Running Club	01:07:53
53	Andrew Shipley	MSEN	Highgate Harriers	01:08:05
54	Rick Jenner	M40	Ranelagh Harriers	01:08:15
55	Seán Mooney	MSEN	London City AC	01:08:20
56	Andrew Han	M40	Fulham Running Club	01:08:20
57	Dan Horton	M40	Get Box Hill Done!!	01:08:21
58	Andrew Orr	M40	Serpentine	01:08:24
59	Joe Thompson	MU23	Barts And The London Running Club	01:08:33
60	Simon Olney	MSEN	Wimbledon Windmilers	01:08:48
61	Ian Healy	MSEN	Clapham Chasers	01:08:49
62	Graham Little	M40	Dulwich Runners	01:08:56
63	Mark Brown	M50	Crystal Palace Tri	01:08:58
64	Scott Collier	MSEN	Cornwall Orienteering Club	01:09:07
65	Philip Whitehouse	MSEN	Serpentine	01:09:10
66	Edmond Jackson	M50	Ambleside AC	01:09:13
67	Becky Phillips	WSEN	Serpentine Running Club	01:09:13
68	Matilde Lomba	WSEN	Wimbledon Windmilers	01:09:23
69	Calum Harington-Vogt	MU23	St George's Hospital AC	01:09:49
70	Ed Fisher	MSEN		01:10:12
71	Hugh Lindsay	MSEN		01:10:13
72	Willem Gerritsen	M40	Serpentine RC	01:10:14
73	Ian Helm	M50		01:10:32
74	Niall Macgregor	M40	Reigate Priory Athletics Club	01:10:35
75	Daniel Ansell	MSEN	Kent AC	01:10:44
76	Gareth Tomlinson	M40	Wimbledon Windmilers	01:10:49
77	Duane Matthews	MSEN	Herne Hill Harriers	01:10:49
78	Darren Cartwright	MSEN	Crystal Palace Tri	01:10:49
79	Katie Williams	WSEN	Serpentine Running Club	01:10:57
80	Chris Egan	M50	Tring RC	01:10:57
81	Joe Hook	MSEN		01:11:01
82	Alice Duncan	WSEN	Clapham Chasers	01:11:11
83	Gakuya Kitada	MU23	Barts And The London Running Club	01:11:13
84	Suzy Whatmough	WSEN	Ranelagh Harriers	01:11:20
85	Philip Reeves	M40	Wimbledon Windmilers	01:11:33

86	Joel Hallberg	MSEN		01:11:33
87	See Wah Cheng	MSEN	Runhead AC	01:11:46
88	Louise Astley	WSEN		01:11:49
89	Oliver Edwards	MSEN	SHAEF Shifters	01:12:06
90	Martin Filer	M40	Striders Of Croydon	01:12:09
91	Tim Beale	MSEN	Southern Navigators	01:12:19
92	Ben Stanton	MSEN	Serpentine RC	01:12:24
93	Sarah Pemberton	WSEN	Serpentine RC	01:12:41
94	Jonathan Moscrop	M40	Serpentine RC	01:12:48
95	Mirek Stiles	MSEN	London Mountaineering Club	01:12:50
96	Becky Atkinson	W40	Maidenhead AC	01:13:03
97	Greg Fernandes-Lawes	MSEN	Ealing Eagles Running Club	01:13:11
98	Stuart Prentice	M40	Dorking & Mole Valley AC	01:13:12
99	Chris Howell	MSEN		01:13:14
100	Ross Rook	MSEN	Dulwich Runners AC	01:13:19
101	Isaac Griffiths	MSEN	Crystal Palace Tri	01:13:23
102	Heinrich Hummel	MSEN	Imperial College Cross Country And Athletics Club	01:13:25
103	Lee Mccarthy	MSEN		01:13:44
104	Simon Hawkesworth	M40		01:14:04
105	Luke Burden	MSEN	Striders Of Croydon	01:14:12
106	Charlie Chute	M40	Fulham Running Club	01:14:14
107	Andrew Phillips	MSEN		01:14:15
108	Rebecca Pease	WSEN	Barts And The London Running Club	01:14:19
109	Victoria Crawford	WSEN	Serpentine RC	01:14:23
110	Oliver Spear	MU23	Barts And The London Running Club	01:14:24
111	Alejandro Del Campo	M40	Maidenhead AC	01:14:31
112	Matthew Guy	MSEN	Runhead AC	01:14:33
113	Max Catterall	MSEN	Dulwich Runners AC	01:14:41
114	Tom Vincent	MSEN	Crystal Palace Tri	01:14:42
115	Katie Styles	WSEN	Dulwich Runners AC	01:15:13
116	James Ritchie	M40	Ranelagh Harriers	01:15:16
117	Will Abson	MSEN		01:15:33
118	Miles Lemmer	MSEN	Epsom & Ewell	01:15:37
119	Des Crinion	MSEN	Dulwich Runners AC	01:15:57
120	Simon Wright	MSEN	Wimbledon Windmilers	01:16:03
121	Dan Cole	M40		01:16:04
122	Chris Hall	MSEN		01:16:36
123	Mark Foster	M50		01:16:39
124	Seve Shaieb	MU23		01:16:42
125	Lawrence Bate	M50	Dorking & Mole Valley AC	01:16:42
126	Jodie Gray	WSEN	Striders Of Croydon	01:16:42
127	Rosie Hodgson	WU23	Ambleside AC	01:16:50
128	Ella Waddingham	W40	Wimbledon Windmilers	01:16:53
129	Karl Martin	MU23	Barts And The London Running Club	01:17:00

130	Martin Holt	M40	Get Box Hill Done!!	01:17:04
131	Andrew Bovell	MSEN	Fulham Running Club	01:17:05
132	Dimitar Gospodinov	MSEN		01:17:20
133	Tom Carpenter	MSEN		01:17:23
134	Gareth Stace	M50	Dorking & Mole Valley AC	01:17:25
135	Gareth Williams	M40	Ranelagh Harriers	01:17:38
136	Norman Urquia	M50	Wimbledon Windmilers	01:17:40
137	Maddi Bell	WSEN		01:17:42
138	Matthew Hearne	M40	Serpentine Running Club	01:17:43
139	Simon Pipe	M50	Mercia Fell Runners	01:17:54
140	Gerard O'Brien	M40	Ealing Eagles Running Club	01:18:01
141	Jose Manuel Pabon	MSEN	Ealing Eagles Running Club	01:18:09
142	Jillian Convey	W40	Serpentine Running Club	01:18:15
143	Sally Minchella	W40		01:18:17
144	Ben Cale	MSEN	Ealing Eagles	01:18:21
145	Anne Edwards	WSEN	Thames Valley Orienteering Club	01:18:21
146	Anthony Hall	M40	Maidenhead AC	01:18:25
147	Andrea Ceccolini	M50	Dulwich Runners	01:18:26
148	Dan Skeldon	M40	Get Box Hill Done!!	01:18:28
149	Michael Tohill	M40		01:18:36
150	Leah Walland	WSEN	Fulham Running Club	01:18:39
151	Colin Jackson	M60	Get Box Hill Done!!	01:18:44
152	Will Greenfield	MSEN		01:18:46
153	Bruce McLaren	M50	Ranelagh Harriers	01:19:43
154	Jonathan Wells	MSEN		01:19:43
155	A Nom	M40		01:19:47
156	Jane Swarbreck	WSEN		01:19:58
157	Jacob Knight	MU23	Imperial College Cross Country And Athletics Club	01:20:05
158	Rosalind Johnson	WSEN	Dulwich Runners AC	01:20:20
159	Selwyn Smith	M40	Crystal Palace Tri	01:20:25
160	Thomas Walker	MSEN		01:21:26
161	Jack Prosser	MSEN		01:21:44
162	Jhia Jiat Teh	MSEN	Imperial College Cross Country And Athletics Club	01:21:46
163	John Manning	M60	Tring RC	01:21:55
164	Tristan Daws	MSEN	Serpentine Running Club	01:21:57
165	Charlotte Barratt	WSEN	Imperial College Cross Country And Athletics Club	01:20:58
166	Marian Elliot	WSEN		01:22:01
167	Alan Hatvany	M60	Sheen Shufflers	01:22:03
168	Pippa Hurd	WSEN		01:22:26
169	Clem Dixon	M50	Cambridge Harriers	01:22:32
170	Rick Ansell	M50	Tring RC	01:22:48
171	Christopher Unger	M40		01:23:23
172	Sarah McArthur	WSEN	Scooniehill Running Club	01:23:42
173	Bob Empson	M60	Fulham Running Club	01:24:05

174	Rob Whitmarsh	MSEN	Serpentine RC	01:24:10
175	Martin Fitzsimons	MSEN		01:24:33
176	Steph Upton	W50	Striders Of Croydon	01:25:00
177	Jennifer Bushell	WSEN	Ealing Eagles Running Club	01:25:10
178	Susan Fairfax	W40	Crystal Palace Tri	01:25:15
179	Christopher Nicholls	M50	Tring RC	01:25:16
180	Neil Hindle	M60		01:25:23
181	A N Other	MU23		01:25:24
182	Vinh-Phuong Hoang	WSEN	SLOW	01:25:35
183	Alex Jeffreys	M40	Serpentine RC	01:25:39
184	David Carter	MSEN	Royston Runners	01:25:52
185	Ellen Easten	WSEN	Maidenhead AC	01:26:00
186	Jessica Davies	WSEN	Thames Hare And Hounds	01:26:06
187	Konrad Czornij	MSEN		01:26:07
188	Darren Woods	MSEN	Striders Of Croydon	01:26:08
189	Emma Dodds	WSEN	Crystal Palace Tri	01:26:09
190	Ian Leslie	M60	Ealing Southall & Middx AC	01:26:10
191	Thomas Wilson	M40	Dulwich Runners AC	01:26:18
192	Christina Dimitrov	WSEN		01:26:22
193	Sophia Vorderwuelbecke	WSEN	Imperial College Cross Country And Athletics Club	01:26:26
194	Pylin Parkes	WU23	Imperial College Cross Country And Athletics Club	01:26:50
195	Bethan Harris	WU23	Barts And The London Running Club	01:27:23
196	Elly O'Connell	WSEN		01:27:24
197	Becca Schulleri	WSEN	Dulwich Runners AC	01:27:51
198	Ian Hews	M50		01:28:05
199	Jarryd Hillhouse	MSEN	Ranelagh Harriers	01:28:11
200	Laura Vincent	WSEN	Dulwich Runners AC	01:28:11
201	Charlotte Wade	WSEN	Ealing Eagles Running Club	01:28:27
202	Natasha Cendrowicz	W40	Highgate	01:28:42
203	Claire Webb	WSEN	Runhead AC	01:28:49
204	Amanda Williams	W40	Orpington Road Runners	01:28:50
205	Tom Jackson	MSEN		01:28:54
206	Anoushka Sharp	WU23	Barts And The London Running Club	01:28:54
207	Paul Wateridge	MSEN		01:29:08
208	Mike Farmery	M60	Thames Hare And Hounds	01:30:07
209	Nigel Davison	M40		01:30:11
210	Owen Delaney	M40	SHAEF Shifters	01:30:16
211	Ally Whitlock	WSEN	Striders Of Croydon	01:30:49
212	Emma Casey	WU23	St George's Hospital AC	01:31:01
213	Stuart Williams	M40	Crystal Palace Tri	01:31:32
214	Lisa Wood	W40	Wimbledon Windmilers	01:31:36
215	Clare Harrison	WSEN		01:32:06
216	Luke Barron	MSEN	Serpentine RC	01:32:19
217	Pippa Whitaker	WU23		01:32:21

218	Graham Bailey	M40		01:32:26
219	Sze Kiu Yeung	WSEN	Runhead AC	01:33:01
220	Elvira Gonzalo	WSEN	Serpentine RC	01:33:33
221	Stephen Allport	M40		01:33:48
222	Robin Holmes	M50		01:34:05
223	Jo Wint	WSEN	Runhead AC	01:34:07
224	Nicola Adams	W40	SLOW	01:34:15
225	Noriko Sugiyama	W50	Serpentine Running Club	01:34:17
226	Agnieszka Rozanska	W40	Daniel Wosik Travel Team	01:34:32
227	Guy Hammersley	M60	Purbeck Runners	01:34:34
228	Rich Astley	MSEN		01:35:51
229	James Brown	M40	Serpentine Running Club	01:35:53
230	Nick Shorter	M40	Get Box Hill Done!!	01:36:43
231	Tim Miller	M50	Ranelagh Harriers	01:36:45
232	Susan Ritchie	W50	Ranelagh Harriers	01:36:45
233	Matt Lawley	M40	Crystal Palace Tri	01:36:53
234	Grainne Devery	WSEN	Ealing Eagles Running Club	01:36:57
235	Sue Carter	W50	SLOW	01:37:59
236	Jessica Eichel	WU23	Imperial College Cross Country And Athletics Club	01:38:05
237	Amy Evans	WU23	St George's Hospital AC	01:38:10
238	Georgie Jackson	MSEN		01:38:15
239	Matthew Manning	MSEN	Tring RC	01:39:43
240	Chris Shaw	M70	HAVOC	01:39:58
241	Robert Mcdonald	MSEN	Striders Of Croydon	01:40:01
242	Peter Mackintosh	MSEN	Serpentine RC	01:40:10
243	Richard Langron	M60	San Peur Club De Course	01:40:44
244	Chris Fox	M50		01:40:59
245	Faye Whitear	WSEN		01:41:20
246	Nicole Prendeville	W40		01:41:44
247	Kevin Marsh	M40		01:43:21
248	Claire Morgan	W50	Wimbledon Windmilers	01:44:02
249	Josef Forman	MU23	St George's Hospital AC	01:44:08
250	Ashley Howard	MU23	Imperial College Cross Country And Athletics Club	01:46:10
251	James Hamilton	M40	Wimbledon Windmilers	01:45:50
252	Julie Lester	W40	Thurrock Nomads	01:46:59
253	Maria Fernandez	WSEN	Barts And The London Running Club	01:47:10
254	Anna Scott	WU23	St George's Hospital AC	01:47:33
255	Aggie Bebbington	WU23	St George's Hospital AC	01:47:33
256	Mary Belward	W50	Fulham Running Club	01:47:53
257	Lisa Watson	W40	Ealing Eagles Running Club	01:48:00
258	Brigit Brown	W50	Crystal Palace Tri	01:48:43
259	Bets Gerritsen	W70		01:48:46
260	Hassan Rafiq	MU23	St George's Hospital AC	01:48:48
261	Helen Locke	W50	SLOW	01:49:35

262	Anne Sampson	W50	Ealing Eagles Running Club	01:56:12
263	Patricia Santos	WSEN	Imperial College Cross Country And Athletics Club	01:56:16
264	Sharon Erdman	W40	Dulwich Runners AC	01:56:21
265	Matt Glendenning	MSEN	St George's Hospital AC	01:56:46
266	Julian Holden	M60	Ranelagh Harriers	02:25:34
267	Vanessa Lok	WU23	The Stragglers	02:32:57
268	Mirella Genziani	W40	The Stragglers	02:33:16
269	Alex Flockhart	MSEN		02:47:19
270	Ian Marshall	M70	Cambridge Harriers	Dnf