

Pos	Name	Category	Club	Time
1	Harry Boltan	Male Senior	LOUGHBOROUGH STUDENTS	00:11:42
2	Carl Bell	Male Senior	KESWICK AC	00:11:48
3	Dan Mills	Male Senior	KESWICK AC	00:12:39
4	Tobias Barthelmas	Male Senior	KESWICK AC	00:12:41
5	Sam Holding	Male Senior	CFR	00:12:46
6	Isaac Mcadam	Male Senior	LOUGHBOROUGH STUDENTS	00:12:58
7	George Beardmore	Male Senior	LOUGHBOROUGH STUDENTS	00:12:59
8	Joeseeph Twigg	Male Senior	LOUGHBOROUGH STUDENTS	00:13:19
9	Peter Harrison	Male Senior	KESWICK AC	00:13:24
10	Tom Mortimer	Male Senior	LOUGHBOROUGH STUDENTS	00:13:44
11	Simon Mccarthy	Male Senior	ELLENBOROUGH	00:13:52
12	Alex Roberts	Male Senior	ELLENBOROUGH	00:14:55
13	Lewis Holloway	Male V50	BEVERLY AC	00:15:13
14	Brian Thompson	Male V50	CFR	00:15:59
15	Helen Leight	Female Senior	BLACKBURN HARRIERS	00:16:00
16	Paul Jennings	Male V50	CFR	00:16:21
17	Darren Sheppard	Male V50	FRAMLINGHAM FLYERS	00:16:27
18	Andrew Bradley	Male V50	CFR	00:16:31
19	Lucy Stobbart	Female Senior	CFR	00:16:32
20	Charles Lescott	Male V40	SERPENTINE	00:16:34
21	Barry Greaves	Male V60	ROYTON	00:16:34
22	Bryn Jones	Male V40	TUNBRIDGE WELLS HARRIERS	00:17:07
23	Karolina Woloszczyk	Female Senior		00:17:54
24	Ryan Crellin	Male Senior	CFR	00:18:03
25	Darren Parker	Male V50	CFR	00:18:08
26	Milena Dent	Female Senior		00:18:52
27	David Burton	Male V60	KESWICK AC	00:19:07
28	Richard Heslop	Male V40	PRUDHOE PLODDERS	00:19:15
29	Lindsay Buck	Female V60	CFR	00:19:53
30	Billy Stobbart	Male V40	CFR	00:20:13
31	Vic Wilson	Female Senior	CUMBERLAND AC	00:20:52
32	Nick Woffender	Male V40		00:21:20
33	Jane Mottram	Female V60	CFR	00:24:25
34	John Hetherington	Male V50	BODYFIT	00:24:26