

Pos	Name	Category	Club	Time
1	Christopher Holdsworth	M	Ribble Valley Harriers	00:32:31
2	Andrew Worster	M	Todmorden Harriers	00:32:44
3	Grant Cunliffe	M	Rossendale Harriers	00:32:53
4	James Kevan	M	Horwich RMI	00:34:08
5	Martin Howard	MU23	Calder Valley FR	00:36:13
6	Dan Gilbert	M40	Horwich RMI	00:36:49
7	Ashley Holt	M40	Rossendale Harriers	00:37:20
8	Adrian Cheetham	M40		00:37:27
9	Oliver Heaton	M	Bowland FR	00:37:35
10	Peter Coates	M40	Clayton-le-Moors H	00:37:49
11	Matt Dunn	M45	Holcombe H	00:38:28
12	Dave Motley	M	Clayton-le-Moors H	00:38:36
13	Andy Berry	M40	Ribble Valley Harriers	00:38:40
14	Ian Symington	M40	Todmorden Harriers	00:39:13
15	Glen Goodwin	M50	Accrington RR	00:39:19
16	Andrew Britton	M40	Wharfedale H	00:39:35
17	Mark Whittaker	M45		00:39:43
18	Lee Shimwell	M40	Calder Valley FR	00:39:55
19	Dave Nuttall	M50	Bowland FR	00:40:16
20	Dominic Howell	M45		00:40:36
21	David McCabe	M45	Trawden AC	00:41:02
22	Dave Garner	M50	Todmorden Harriers	00:41:09
23	Craig Stansfield	M50	Clayton-le-Moors H	00:41:20
24	Maurice O'Brien	M45	Holcombe H	00:41:31
25	David Peel	M40	Holcombe H	00:41:40
26	Chris Halstead	M40	Accrington RR	00:42:25
27	Michael Toman	M50	Accrington RR	00:42:31
28	Thomas Ratcliffe	M	York Knavesmire	00:42:42
29	Alexander Bowden	M45	Calder Valley FR	00:42:43
30	Chris Seddon	M50	FRA	00:42:58
31	Geoffrey Gough	M60	Clayton-le-Moors H	00:43:00
32	Scott Cunliffe	M45	Clayton-le-Moors H	00:43:03
33	Kieron Mitchell	M45	Clayton-le-Moors H	00:43:05
34	Graham Stevens	M45	Holcombe H	00:43:06
35	Simon Pipe	M55	Mercia FR	00:43:33
36	DEBORAH GOWANS	F55	Accrington RR	00:43:45
37	Andy Haines	M40	Radcliffe AC	00:44:06
38	Ralph Baines	M50	Clayton-le-Moors H	00:44:24
39	Andy Holden	M55	Wharfedale H	00:44:36
40	Damien Brock	M45		00:44:44
41	James Riley	M45	Todmorden Harriers	00:45:12

42	Owen Baines	MU17		00:45:17
43	Andrew Webster	M45	Clayton-le-Moors H	00:45:23
44	Mark Taylor	M	Clayton-le-Moors H	00:45:33
45	Chris Haddock	M	Rossendale Harriers	00:45:43
46	Chris Usher	M45	Newburgh Nomads	00:45:45
47	Thomas O'Gorman	MU17		00:45:54
48	Matt Wilcock	M50	Trawden AC	00:45:57
49	Joe Curran	M55	Accrington RR	00:46:00
50	LISA PARKER	F40	Accrington RR	00:46:09
51	Andrew Stevenson	M	Cheshire Hill Racers	00:46:12
52	Jack Holt	M70	Clayton-le-Moors H	00:46:25
53	HELEN BUCHAN	F40	Ribble Valley Harriers	00:46:38
54	Chris Kirkham	M50	RNRMTR	00:46:45
55	Mark Nutter	M55	Clayton-le-Moors H	00:47:17
56	Doug Fleming	M60	Horwich RMI	00:47:23
57	Peter Dugdale	M60	Clayton-le-Moors H	00:47:33
58	John Thompson	M50	Newburgh Nomads	00:47:44
59	Robert Halstead	M55	Todmorden Harriers	00:47:53
60	Robert Quinn	M	Rossendale Tri	00:48:27
61	Wally Coppelov	M60	Newburgh Nomads	00:49:04
62	Stuart Hayton	M50	Trawden AC	00:49:16
63	David Cowburn	M40	Chorley	00:49:19
64	ELLA DORRINGTON	FU17	Clayton-le-Moors H	00:49:24
65	Alan Dorrington	M50	Clayton-le-Moors H	00:49:34
66	JEAN POWELL	F50	Wharfedale H	00:49:39
67	Gary Thompson	M55	Love Trail Running	00:49:41
68	Fred Duenbier	M60	Newburgh Nomads	00:49:43
69	Peter Nuttall	M60	Rossendale Harriers	00:49:53
70	Phil Hodgson	M60	Todmorden Harriers	00:50:01
71	Graham Barnes	M60		00:50:06
72	Andrew Dugdale	M55	Clayton-le-Moors H	00:50:10
73	TRACY MITCHELL	F45	Clayton-le-Moors H	00:50:43
74	Martin O'Gorman	M45	Bowland FR	00:50:51
75	FIONA GLEN	F40	Clayton-le-Moors H	00:51:02
76	MARY O'GORMAN	F	Bowland FR	00:51:08
77	Neil Hindle	M65	FRA	00:51:14
78	ELIZABETH BROCK	F	Todmorden Harriers	00:51:48
79	Wayne McIntosh	M	Clayton-le-Moors H	00:51:52
80	Andrew Hollas	M50	Accrington RR	00:52:06
81	JULIE TOWNSON	F55	Trawden AC	00:52:37
82	John McDonald	M55	Trawden AC	00:53:09
83	Arthur Warren	M65	FRA	00:53:33
84	Alan Heaton	M60	Bowland FR	00:54:06
85	LISA MILES	F45	Littleborough	00:54:06

86	JANE LEONARD	F60	Todmorden Harriers	00:54:10
87	Steven Melling	M60	Rossendale Harriers	00:54:13
88	LINDA LORD	F70	Clayton-le-Moors H	00:54:28
89	Christopher Ball	M60		00:54:40
90	Nick Harris	M70	Rossendale Harriers	00:54:44
91	LYNN WHITTAKER	F55	Wharfedale H	00:55:00
92	SOPHIE ASHWORTH	FU17	Clayton-le-Moors H	00:57:18
93	Liam Moden	M50	Accrington RR	00:57:32
94	SARAH HELLIWELL	F	Clayton-le-Moors H	00:58:07
95	MICHELLE FULLER	F45	Todmorden Harriers	00:58:17
96	Ross Whittaker	M		00:58:40
97	Martin Ellis	M55	Halifax Harriers	00:58:42
98	Leo Cramp	M40	Rossendale Tri	01:00:04
99	Anil Bose	M55	Newburgh Nomads	01:00:28
100	LORNA HOLT	F40	Rossendale Harriers	01:00:46
101	KATHERINE GREGSON	F40	Accrington RR	01:00:53
102	MANDY GOTH	F55	Todmorden Harriers	01:01:15
103	ELAINE CORCORAN	F40	Trawden AC	01:03:23
104	Paul Jackson	M50	Chorley	01:04:28
105	Steve Hunn	M55	Skipton AC	01:05:14
106	KAREN WINDLE	F55	Trawden AC	01:06:47
107	Michael Frost	M60	Clayton-le-Moors H	01:06:52
108	KARIN GOSS	F70	Clayton-le-Moors H	01:07:30
109	HILARY FARREN	F55	Rossendale Harriers	01:07:53
110	PAMELA McCULLAGH	F40	Accrington RR	01:07:56
111	Phil Martin	M70	Bowland FR	01:12:05
112	Andrew Houghton	M55	Kayleighs Fitness	01:12:08
113	Neil Hargreaves	M70		01:13:29
114	JO STEVENS	F40	Holcombe H	01:15:46
115	Antonio Cardinale	M70	Otley AC	01:23:12