

Pos	Name	Category	Club	Time
1	Andy Douglas	ELITE-M	Scotland	01:04:04
2	Martin Demattei's	ELITE-M	Italy	01:06:33
3	Bernard Demattei's	ELITE-M	Italy	01:07:06
4	Zak Hanna	ELITE-M	Rep Of Ireland	01:08:09
5	James Espie	ELITE-M	Scotland	01:08:50
6	Mike Cayton	ELITE-M	England	01:09:52
7	Ewan Brown	ELITE-M	Scotland	01:10:08
8	Joe Baxter	ELITE-M	England	01:10:14
9	Billy Cartwright	ELITE-M	England	01:10:19
10	Mark Hopkinson	ELITE-M	Wales	01:10:20
11	Russell Bentley	ELITE-M	Wales	01:10:35
12	Ben Livesey	ELITE-M	Royal Air Force	01:10:54
13	Dan Haworth	ELITE-M	England	01:10:55
14	Killian Mooney	ELITE-M	Rep Of Ireland	01:11:02
15	John Yells	ELITE-M	Scotland	01:11:25
16	Ben Coop	MOPEN	BURY AC	01:11:29
17	Aaron Mcgrady	ELITE-M	Northern Ireland	01:12:01
18	Dave Archer	MOPEN	MATLOCK AC	01:12:22
19	Ian Holmes	M50+	Bingley	01:12:29
20	Harry Holmes	MOPEN	MATLOCK AC	01:12:59
21	Szabo Sandor	ELITE-M	Hungary	01:13:29
22	Sam Sahli	ELITE-M	USA	01:13:47
23	Sam Stead	MOPEN	KESWICK AC	01:14:08
24	Mark Stephens	ELITE-M	Rep Of Ireland	01:14:26
25	Daniel Bodman	ELITE-M	Wales	01:14:29
26	Stuart Bond	M40+		01:14:41
27	Michael Corrales	ELITE-M	Wales B	01:14:44
28	Tim Johnson	ELITE-M	Northern Ireland	01:14:46
29	Sarah McCormack	ELITE-F	Rep Of Ireland	01:14:49
30	Richard Roberts	ELITE-M	Wales	01:14:59
31	Alistair Thornton	MOPEN	HORWICH RMI HARRIERS	01:15:09
32	Elisa Sortini	ELITE-F	Italy	01:15:11
33	Chris Mcmillan	MOPEN	WESTON AC	01:16:11
34	Michael Kallenberg	MOPEN	CARDIFF AACRoyal Air Force	01:16:31
35	Hatti Archer	ELITE-F	England	01:17:17
36	Sam Watson	MOPEN	WHARFEDALE HARRIERS	01:17:24
37	Conor O'Mahony	ELITE-M	Rep Of Ireland	01:17:28
38	Jonathan Scott	ELITE-M	Northern Ireland	01:18:08
39	Ian Conroy	MOPEN	HORWICH RMI HARRIERS	01:18:14
40	Owain Williams	ELITE-M	Wales B	01:18:18
41	Luke Beresford	MOPEN	RIPLEY RC	01:18:33

42	Emma Gould	FOPEN	MERCIA FELL RC	01:19:05
43	Ryan Farrugia	ELITE-M	Malta	01:19:40
44	Etienne Blumstein-Jones	ELITE-M	Australia	01:19:43
45	Shane Donnelly	ELITE-M	Northern Ireland	01:20:06
46	Tristan Evans	ELITE-M	Wales B	01:20:12
47	Joel Gomes	MOPEN	WREXHAM AAC	01:20:19
48	Emlyn Owen	M45+	ERYRI HARRIERS	01:20:22
49	Sam Orton	M45+	ERYRI HARRIERS	01:20:32
50	David Poole	MOPEN	BARLICK FELL RUNNERS	01:20:42
51	John Butters	M40+	NORTHUMBERLAND FELL RUNNERS	01:21:03
52	Benjamin Mark Davidson	MOPEN		01:21:07
53	Rory Johnson	MOPEN	ERYRI HARRIERS	01:21:28
54	Joseph Murray	MOPEN	MALDWYN H	01:21:33
55	Brendan Rothery	M40+	ERYRI HARRIERS	01:21:38
56	Anthony Allan	M40+	CONGLETON HARRIERS AC	01:21:42
57	Dave Kirkham	M40+	WHARFEDALE HARRIERS	01:21:43
58	Ian Edwards	MOPEN	ERYRI HARRIERS	01:21:46
59	Kelli Roberts	ELITE-F	England	01:21:47
60	Sam Green	MOPEN		01:21:49
61	Peter Rigby	MOPEN	HELM HILL RUNNERS	01:22:15
62	Matthew Fortes	M40+	ERYRI HARRIERS	01:22:19
63	Ethan Hassell	MOPEN	WHARFEDALE HARRIERS	01:22:52
64	Ifan Dafydd	MOPEN		01:23:03
65	Matthew Richardson	MOPEN	SALTAIRE STRIDERS	01:23:07
66	Scout Adkin	ELITE-F	Scotland	01:23:08
67	Chris Donnelly	M40+	SALE HARRIERS MANCHESTER	01:23:09
68	Eddie Fletcher	MOPEN	KESWICK AC	01:23:30
69	Francesco Pedrazzoli	ELITE-M	CSI Morbegno	01:23:46
70	Miranda Grant	ELITE-F	Scotland	01:23:50
71	Duncan Harris	M50+		01:23:56
72	Alex Fowler	MOPEN	HORWICH RMI HARRIERS	01:24:00
73	Michael Cunliffe	MOPEN	FULHAM RUNNING CLUB	01:24:12
74	Megan Wilson	ELITE-F	Northern Ireland	01:24:14
75	Andrew Cox	MOPEN	MOORFOOT RUNNERS	01:24:18
76	Conner Smith	MOPEN	DARK PEAK FELL RUNNERS CLUB	01:24:26
77	Dyfed Whiteside Thomas	M40+	ERYRI HARRIERS	01:24:31
78	Jason Williams	M40+	HERMITAGE HARRIERS RC	01:24:35
79	Rhys Goodhead	MOPEN		01:24:38
80	Andrew Reynolds	MOPEN	NEATH HARRIERS	01:24:38
81	David Price	MOPEN	WORCESTER AC	01:24:43
82	Clive Morgan	M40+	MALDWYN H	01:24:55
83	Dilwyn Powell-Jones	MOPEN		01:24:59
84	Warren Swords	MOPEN		01:25:07
85	Tim Chadwick	MOPEN	BARLICK FELL RUNNERS	01:25:16

86	Richard Bell	ELITE-M	Northern Ireland	01:25:49
87	Katie Walshaw	ELITE-F	England	01:25:52
88	Marc Sennett	MOPEN	WHARFEDALE HARRIERS	01:26:01
89	Bernard Fortune	M45+		01:26:13
90	Kieran White	ELITE-M	Royal Air Force	01:26:17
91	Karl Steinegger	MOPEN	AMBLESIDE AC	01:26:29
92	Jonathan Rhys	MOPEN	RHEDWYR HEBOG RUNNERS	01:26:39
93	Martin Owen	MOPEN	RHEDWYR HEBOG RUNNERS	01:26:44
94	Josh Matthews	MOPEN		01:26:49
95	Matt Clark	MOPEN	HELM HILL RUNNERS	01:27:07
96	Emma Clayton	ELITE-F	England	01:27:20
97	Jason Bennett	M45+	BUXTON DISTRICT AC	01:27:26
98	Siôn Edwards	MOPEN		01:27:30
99	Adam Buckley	MOPEN		01:27:35
100	Andrew Britton	M40+	WHARFEDALE HARRIERS	01:27:40
101	Gavin Smith	MOPEN	SKIPTON AC	01:27:44
102	Chris Callaghan	M40+	BUCKLEY RC	01:27:48
103	Jemima Elgood	ELITE-F	England	01:28:04
104	James Harvey	MOPEN		01:28:13
105	Twm Morgan	MOPEN	RHEDWYR HEBOG RUNNERS	01:28:16
106	Jill Mykura	ELITE-F	Scotland	01:28:18
107	Mel Price	F45+	MERCIA FELL RC	01:28:24
108	Gregor Davidson	MOPEN	LOCHABER AC	01:28:37
109	Becky Quinn	ELITE-F	Rep Of Ireland	01:28:42
110	Gethin Armstrong	MOPEN		01:28:42
111	Louise Mercer	ELITE-F	Scotland	01:29:00
112	Adrian Williams	M45+	ERYRI HARRIERS	01:29:07
113	Karl Ashworth	MOPEN		01:29:10
114	Tom Mollekin	MOPEN	MYNYDD DU MOUNTAIN RUNNERS	01:29:25
115	Llyr Ap Gruffydd	MOPEN		01:29:26
116	Katie Beecher	ELITE-F	Wales	01:29:29
117	Al Smithson	MOPEN	MERSEY-TRI	01:29:37
118	Michael Stansfield	M40+	EAST CHESHIRE HARRIERS TAMES	01:29:38
119	Ian Ellis	M40+		01:29:42
120	Rhys Owen	M40+	CYBI STRIDERS	01:29:46
121	Mariusz Felczerek	M40+	DONCASTER AC	01:29:50
122	Owen Humphreys	M50+		01:29:52
123	Shaun Davies	M40+	ERYRI HARRIERS	01:30:00
124	Rachel Pilling	FOPEN	PUDSEY BRAMLEY AC	01:30:09
125	Ross Roberts	MOPEN	ERYRI HARRIERS	01:30:11
126	Fraser Mackenzie	MOPEN	LOCHABER AC	01:30:17
127	Richard Stevenson	M40+	CLAYTON-LE-MOORS HARRIERS	01:30:22
128	Stephen Smithies	M50+	CALDER VALLEY FELL RUNNERS	01:30:36
129	Katherine Davis	F50+	NORTHUMBERLAND FELL RUNNERS	01:30:37

130	Faye Johnson	ELITE-F	Wales	01:30:40
131	Ian Whistance	M45+	MYNYDD DU MOUNTAIN RUNNERS	01:30:47
132	Simon Adney	MOPEN	MERCIA FELL RC	01:30:49
133	Seth Davies	MOPEN	CARDIGAN RC	01:30:52
134	James Williamson	MOPEN	CLAYTON-LE-MOORS HARRIERS	01:30:54
135	Elliw Haf	ELITE-F	Wales	01:31:06
136	Gwyn Williams	MOPEN	ERYRI HARRIERS	01:31:15
137	Bryan Simpson	MOPEN	LOCHABER AC	01:31:40
138	Paul Jeggo	M55+	SPRINGFIELD STRIDERS RC	01:31:45
139	Sian Williams	F40+	RHEDWYR HEBOG RUNNERS	01:31:45
140	Dylan Thomas	MOPEN		01:31:57
141	Bryan Mckenna	M40+	CARNETHY HILL RC	01:31:58
142	Alex Mason	M40+	DELAMERE SPARTANS	01:31:59
143	David Crowder	MOPEN		01:32:00
144	Gareth Bowyer	M50+		01:32:11
145	Noel Crane	M55+	ERYRI HARRIERS	01:32:14
146	Ruaraidh Mackenzie	MOPEN	LOCHABER AC	01:32:21
147	David Murphy	M50+	ROSSENDALE HARRIERS AC	01:32:24
148	Robin Howie	MOPEN	WHARFEDALE HARRIERS	01:32:28
149	Robert Costello	MOPEN		01:32:32
150	Ian Luke	M40+	POOLE RUNNERS	01:32:33
151	Dyfan Dwyfor	MOPEN		01:32:39
152	Tomos Jones	MOPEN	ERYRI HARRIERS	01:32:49
153	Aine McCann	ELITE-F	Northern Ireland	01:32:54
154	Huw Roberts	MOPEN		01:33:19
155	Zac Kaye	MOPEN		01:33:27
156	Monica Padilla	FOPEN	WHARFEDALE HARRIERS	01:33:29
157	Daniel Sands	MOPEN	WHARFEDALE HARRIERS	01:33:51
158	Sinead Murtagh	ELITE-F	Rep Of Ireland	01:33:52
159	Gemma Moore	ELITE-F	Wales	01:33:58
160	Sarah Graham	ELITE-F	Northern Ireland	01:34:00
161	Owain Llewellyn	M40+		01:34:14
162	Aron Huw Jones	MOPEN	RHEDWYR HEBOG RUNNERS	01:34:20
163	Phillip Turnbull	MOPEN	MALDWYN H	01:34:23
164	Mark Fussell	MOPEN	CUMBERLAND FELL RUNNERS	01:34:26
165	Matt Allen	ELITE-M	Royal Air Force	01:34:29
166	Nick Jones	M40+	BUXTON DISTRICT AC	01:34:36
167	David Griffith	M45+	GOG TRIATHLON CLUB	01:34:38
168	Gwion Williams	M45+	ERYRI HARRIERS	01:34:55
169	Hannah Kallenberg	FOPEN	WHARFEDALE HARRIERS	01:34:58
170	Josh Harris	M45+	WESTON AC	01:35:00
171	Gareth Bryer	M40+	MYNYDD DU MOUNTAIN RUNNERS	01:35:05
172	Rhian Probert	F50+	MYNYDD DU MOUNTAIN RUNNERS	01:35:10
173	Leah Williams	FOPEN	SOUTHEND-ON-SEA AC	01:35:14

174	Sophie Noon	FOPEN	CUMBERLAND FELL RUNNERS	01:35:18
175	Christian Poulton	M50+	CAMBRIDGE HARRIERS	01:35:23
176	Adam Wallwork	MOPEN	TRAWDEN ATHLETIC CLUB	01:35:33
177	Tasha Sexton	F45+	PEMBROKESHIRE HARRIERS AAC	01:35:37
178	Gonks Hughes	M45+	RHEDWYR HEOG RUNNERS	01:35:43
179	Shileen O'Kane	ELITE-F	Northern Ireland	01:35:52
180	Andrew Peers	MOPEN	BUCKLEY RC	01:35:54
181	Nik Tarrega	FOPEN	YORK KNAVESMIRE HARRIERS	01:35:56
182	Annie Roberts	FOPEN		01:36:02
183	Gareth Lee	MOPEN		01:36:03
184	Peter Jones	M40+	OSWESTRY OLYMPIANS	01:36:07
185	Hannah Jones	FOPEN	MICKLEOVER RUNNING CLUB	01:36:12
186	Paul Griffiths	M40+	FORMULA ONE CC	01:36:12
187	Aaron Mansell Griffiths	MOPEN		01:36:32
188	Colin Latham	MOPEN		01:36:55
189	Jack Holder	MOPEN	WHARFEDALE HARRIERS	01:37:10
190	Hefin Rowlands	MOPEN	MALDWYN H	01:37:12
191	Stuart Thomas	M40+	BUCKLEY RC	01:37:13
192	Alan Smith	M55+	DEESIDE RUNNERS	01:37:29
193	Andrew Martindale	M50+	NORTHERN FELLOWS RUNNING CLUB	01:37:37
194	Gary Pearson	M45+	CROFT AMBREY RC	01:37:40
195	Adam Jones	MOPEN		01:37:40
196	David Baugh	M55+	DENBIGH HARRIERS	01:37:41
197	Simon Waring	M45+		01:37:56
198	Daniel Thurston	M40+	WREKIN ROAD RUNNERS	01:38:02
199	Simon Wood	M40+		01:38:06
200	Jennifer Charlton	F40+	ERYRI HARRIERS	01:38:11
201	Andrew Thomas	MOPEN		01:38:11
202	Bryn Russell	MOPEN		01:38:13
203	Jim Roberts	M50+	KEIGHLEY CRAVEN AC	01:38:17
204	Sean Hughes	MOPEN		01:38:18
205	Joe Cooper	MOPEN		01:38:23
206	Rhys Pippard	MOPEN	MYNYDD DU MOUNTAIN RUNNERS	01:38:26
207	Emma Weston	F45+	CONGLETON HARRIERS AC	01:38:27
208	Daniel Peers	MOPEN	SPECTRUM STRIDERS RC	01:38:33
209	Ian Hutchinson	M40+	DERWENT VALLEY TRAIL RUNNERS	01:38:33
210	Ed Harmer	M50+	ERYRI HARRIERS	01:38:34
211	Owen Pooley	MOPEN		01:38:37
212	Rebecca Jane Law	FOPEN	ERYRI HARRIERS	01:38:39
213	Gethin Thomas	M40+	ERYRI HARRIERS	01:38:43
214	Gary Mason	M45+	NORTHUMBERLAND FELL RUNNERS	01:38:50
215	Cai Owen	MOPEN		01:38:54
216	Christopher Hemsley	MOPEN	EMERSONS GREEN RUNNING CLUB	01:38:57
217	Richard Tarrega	MOPEN	YORK KNAVESMIRE HARRIERS	01:38:57

218	Simon Taylor	M40+	DARWEN DASHERS RC	01:39:04
219	Roger Thompson	M50+		01:39:08
220	Graham Maynard	M55+	CAMBRIDGE HARRIERS	01:39:14
221	Gaynor Keane	F40+	SADDLEWORTH RUNNERS	01:39:15
222	Gwydion Ap Wynn	M40+	RHEDWYR HEBOG RUNNERS	01:39:15
223	Joseph King	MOPEN		01:39:18
224	Carwyn Thomas	MOPEN		01:39:37
225	Emlyn Roberts	M55+	ERYRI HARRIERS	01:39:45
226	Clem Dixon	M55+	CAMBRIDGE HARRIERS	01:39:51
227	Matt Lovett	M45+	POPLAR RUNNING CLUB	01:39:56
228	Gary Howarth	M45+		01:39:58
229	Iwan Edgar	M60+	ERYRI HARRIERS	01:40:02
230	Richard Cheney	MOPEN		01:40:07
231	Kevin Clark	M50+		01:40:16
232	Steven Eastwood	MOPEN		01:40:19
233	Guto Edwards	M50+	ERYRI HARRIERS	01:40:33
234	Alissa Ellis	F40+	HAILSHAM HARRIERS	01:40:34
235	Richard Bouglas	MOPEN	BUXTON DISTRICT AC	01:40:40
236	Jon Davies	MOPEN		01:40:41
237	Sarah Seery	FOPEN	ERYRI HARRIERS	01:40:42
238	Dafydd Evans	MOPEN		01:40:48
239	Michael Reynolds	M50+	MERCIA FELL RC	01:40:51
240	Joe Todd	M40+	KENDAL AAC	01:40:51
241	Dylan Huws	M60+	ERYRI HARRIERS	01:40:54
242	Julie Cashell	F40+	MYNYDD DU MOUNTAIN RUNNERS	01:40:54
243	Robin Sandham	MOPEN		01:40:59
244	Victoria Peel	FOPEN	BARLICK FELL RUNNERS	01:41:02
245	Tim Hargreaves	M50+	BUCKLEY RC	01:41:02
246	Christopher Whitfield	M40+		01:41:10
247	Craig Mitchley	MOPEN		01:41:22
248	Nicholas Mitchell	MOPEN		01:41:24
249	Samantha Willis	F40+	BUXTON DISTRICT AC	01:41:25
250	Clare Patterson	F40+	MYNYDD DU MOUNTAIN RUNNERS	01:41:26
251	Emily Brown	ELITE-F	Royal Air Force	01:41:31
252	Ron Edwards	M40+		01:41:45
253	Helen Morgan	FOPEN	ERYRI HARRIERS	01:41:53
254	Jason Parry Jones	MOPEN	ERYRI HARRIERS	01:41:57
255	Llyr Roberts	MOPEN	TAF RUNNING ORIENTEERING (TR	01:42:02
256	Robert Maclean	M50+	LOCHABER AC	01:42:04
257	Rob Barber	M45+		01:42:13
258	Gary English	M55+	LIVERPOOL RC	01:42:35
259	Steve Toogood	M55+	BUCKLEY RC	01:42:39
260	Matthew Leonard	M45+	ERYRI HARRIERS	01:42:42
261	William Miller	MOPEN	ERYRI HARRIERS	01:42:56

262	Matthew Roberts	MOPEN		01:43:01
263	Dylan Evans	M55+	MEIRIONYDD RUNNING CLUB	01:43:02
264	John Hampton	M45+		01:43:10
265	David Edwards	MOPEN		01:43:19
266	Nathan Jones	M40+		01:43:23
267	Iwan Ap Trefor	MOPEN	RHEDWYR HEBOG RUNNERS	01:43:29
268	Wayne Mcintosh	MOPEN	CLAYTON-LE-MOORS HARRIERS	01:43:30
269	Howard Owen	MOPEN	LES CROUPIERS RC	01:43:34
270	Gary Porter-Jones	M50+	ERYRI HARRIERS	01:43:36
271	Andrzej Bojarski	M45+		01:43:40
272	Andrew Burgess	MOPEN		01:43:44
273	Paul Tucker	M50+	MYNYDD DU MOUNTAIN RUNNERS	01:43:44
274	Daniel Rodrigues	MOPEN		01:43:46
275	Gerallt Hughes	MOPEN		01:43:52
276	Natalie Murphy	F50+	ROSSENDALE HARRIERS AC	01:43:54
277	Richard Gregson	MOPEN		01:43:54
278	Hailey Fletcher	FOPEN		01:43:57
279	Adam Mitchell	M40+		01:43:58
280	Thomas Lindesay	MOPEN		01:44:00
281	Salvatore Tarabini	ELITE-M	CSI Morbegno	01:44:05
282	Laurence Dawson	M40+		01:44:08
283	Osian Wyn	MOPEN	ABERYSTWYTH AC	01:44:13
284	Paul Minton	MOPEN	BELLE VUE RACERS	01:44:17
285	Owain Roberts	MOPEN		01:44:21
286	Simon Lacey	MOPEN		01:44:24
287	Shaun Cromie	MOPEN	WREKIN ROAD RUNNERS	01:44:30
288	Ian Mulligan	M50+	CYBI STRIDERS	01:44:48
289	Stephen Bellis	M60+		01:44:55
290	Steve Hurn	M50+	STROUD DISTRICT AC	01:45:03
291	Andy Robinson	M55+	MERCIA FELL RC	01:45:08
292	Jay Mitchell	M40+		01:45:10
293	Oliver Sheppard	MOPEN	ROYAL SUTTON COLDFIELD AC	01:45:16
294	Mark Jones	M45+	COLWYN BAY AAC	01:45:17
295	Claudette Fleming	FOPEN		01:45:18
296	Steven Pearce	MOPEN		01:45:26
297	Tom Williams	MOPEN		01:45:27
298	Richard Lawson	M45+	WILMSLOW RC	01:45:28
299	Andrew Wood	MOPEN	CORSHAM RC	01:45:37
300	Claire Bidwell	FOPEN		01:45:40
301	David Marham	M55+	LEIGHTON BUZZARD AC	01:45:47
302	Gavin Rogerson	MOPEN		01:45:52
303	Daniel Latham	MOPEN	BUXTON DISTRICT AC	01:45:53
304	Neil Swan	M40+	PRESTWICH AC	01:45:59
305	Sabina Botta	ELITE-F	CSI Morbegno	01:46:08

306	Stephen Roberts	M65+	OSWESTRY OLYMPIANS	01:46:11
307	James Lindesay	MOPEN		01:46:18
308	Richard Goff	MOPEN	BUXTON DISTRICT AC	01:46:28
309	Tony Keech	M60+	HUMAN ENERGY AC	01:46:35
310	Greg Czerniawski	MOPEN		01:46:59
311	Stefan Imiolczyk	MOPEN		01:47:10
312	Sarah Sherratt	F45+	BOWLAND FELL RUNNERS	01:47:29
313	Leon Davies	M40+	NORTH WALES ROAD RUNNERS	01:47:35
314	Vincent Edwards	M45+		01:47:38
315	Simon Rees	M40+		01:47:40
316	Bernie Morris	M45+	BUCKLEY RC	01:47:57
317	Andy Neill	M50+	TRING RC	01:48:10
318	Jaclyn Artist	FOPEN	ERYRI HARRIERS	01:48:11
319	David Burton	M55+	KESWICK AC	01:48:21
320	Mark Midgley	M50+	BOWLAND FELL RUNNERS	01:48:27
321	David Williams	MOPEN		01:48:43
322	Darren Hutchings	M40+	MYNYDD DU MOUNTAIN RUNNERS	01:48:49
323	Huw Williams	MOPEN	DENBIGH HARRIERS	01:48:52
324	Ifan Morgan	MOPEN		01:48:57
325	Dean Rees Thomas	M45+		01:48:59
326	James Hooton	M45+	CYBI STRIDERS	01:49:12
327	Huw Gwilym	M40+		01:49:15
328	Ioan Davies	M40+		01:49:22
329	Patrick Wardle	MOPEN	WHARFEDALE HARRIERS	01:49:26
330	Derfel Owen	MOPEN		01:49:37
331	Toby Smith	MOPEN		01:49:40
332	Ben Wells	M40+	MEIRIONYDD RUNNING CLUB	01:49:51
333	Andrew Dickens	M45+	MYNYDD DU MOUNTAIN RUNNERS	01:49:51
334	Claire Chatterton	ELITE-F	New Zealand	01:49:53
335	Adrian Baker	M55+	DARK PEAK FELL RUNNERS CLUB	01:50:02
336	Megan Hughes	F40+	ERYRI HARRIERS	01:50:08
337	Ifan Jones	M50+	MALDWYN H	01:50:13
338	Dylan Owen	MOPEN		01:50:22
339	Shane Jones	MOPEN	RHEDWYR HEBOG RUNNERS	01:50:22
340	Kevin Roberts	M45+		01:50:25
341	Richard Wykes	M45+		01:50:42
342	Richard Jones	M40+	RHEDWYR HEBOG RUNNERS	01:50:46
343	Dewi Snelson	MOPEN	TAF RUNNING ORIENTEERING (TR	01:50:50
344	Edward Goldsmith	MOPEN		01:50:53
345	Jason Stott	M50+	WILMSLOW STRIDERS	01:51:09
346	Geoff Cooper	M50+	MATLOCK AC	01:51:17
347	Michael Kelly	M50+	LEIGHTON BUZZARD AC	01:51:19
348	Justin Clarkson	M45+		01:51:21
349	Alice Evans	FOPEN		01:51:23



350	Lyndon Roberts	M40+		01:51:27
351	John Pritchard	M55+		01:51:33
352	Gordon Hughes	MOPEN		01:51:36
353	Patrick Phelan	M55+		01:51:42
354	Melissa Turnbull	FOPEN	MALDWYN H	01:51:43
355	Darren Fairclough	M45+	CROOK DISTRICT AC	01:51:44
356	Edward Edwards	M65+	ERYRI HARRIERS	01:51:45
357	Mark Taylor	MOPEN	CLAYTON-LE-MOORS HARRIERS	01:51:49
358	Michael Shepherd	M50+		01:51:58
359	Richard Evans	M50+	ERYRI HARRIERS	01:51:58
360	Llyr Rees	M45+		01:52:02
361	Lauren Kedar	FOPEN		01:52:03
362	Anthony Jones	MOPEN		01:52:12
363	Sam Edwards	MOPEN		01:52:21
364	Eric Davies	M60+		01:52:24
365	Arwyn Williams	M45+	CLWB RHEDEG DVT RUNNING CLUB	01:52:24
366	Enid Gruffudd	F45+	ABERYSTWYTH AC	01:52:25
367	Wil Evans	M50+	ERYRI HARRIERS	01:52:33
368	Ian Gladwell	M55+	WEST END RUNNERS	01:52:43
369	Jeff Adams	M60+	PENSBY RUNNERS	01:52:45
370	Bernie Jones	M60+	MALDWYN H	01:52:47
371	Lynne Parry	F40+		01:52:48
372	Chris Vincent	M55+		01:52:50
373	Lou Summers	F50+	MYNYDD DU MOUNTAIN RUNNERS	01:52:56
374	Geoff Hicks	MOPEN		01:53:07
375	Paul Dobson	M55+	NORTHERN FELLS RUNNING CLUB	01:53:12
376	Emma Watson	FOPEN	WHARFEDALE HARRIERS	01:53:15
377	Paul Chadwick	M60+	WELLS CITY HARRIERS	01:53:21
378	Emma Britton	FOPEN		01:53:31
379	Stephen Leslie McGuckin	MOPEN		01:53:32
380	Kevin Pygall	M45+		01:53:38
381	Andrew Hallam	MOPEN		01:53:43
382	Gerallt Wyn Morris	MOPEN		01:53:46
383	Jeff Fidler	M50+	KNUTSFORD TRI CLUB	01:53:48
384	Charlotte Pollock	F40+		01:53:51
385	Rowland Sharp	M55+	RHEDWYR HEBOG RUNNERS	01:53:55
386	Emily Hutchinson	ELITE-F	Royal Air Force	01:53:55
387	Stephen Dunnett	M60+	FRAMLINGHAM FLYERS	01:54:01
388	Colin Britton	M40+		01:54:04
389	Paul Swyers	M50+	RADCLIFFE AC	01:54:20
390	Kramar Donachie	M45+		01:54:22
391	Matt Crompton	M40+	GLOSSOPDALE HARRIERS	01:54:24
392	Alan French	M65+	RUN FREE FELL RUNNERS	01:54:29
393	Nigel Crompton	M55+	PENSBY RUNNERS	01:54:30

394	Caroline Harding	F45+	PUDSEY BRAMLEY AC	01:54:45
395	Rob Williams	MOPEN		01:54:47
396	Adrian Murphy	M50+		01:54:59
397	Angela Champion	F40+	MYNYDD DU MOUNTAIN RUNNERS	01:55:06
398	Carl Hopkinson	M50+	RIPLEY RC	01:55:08
399	Wyn Roberts	M45+	PRESTATYN RC	01:55:17
400	Rhys Williams	MOPEN		01:55:17
401	Mari Williams	FOPEN	DENBIGH HARRIERS	01:55:20
402	Deiniol Griffiths	MOPEN		01:55:22
403	John Jones	M70+		01:55:24
404	Steffan Jones	MOPEN		01:55:26
405	Nichola Dugdale	F60+	CLAYTON-LE-MOORS HARRIERS	01:55:38
406	Carla Lauder	F40+	RHEDWYR HEBOG RUNNERS	01:55:40
407	Stephen Brown	M60+	CAMBRIDGE HARRIERS	01:55:46
408	Arwel Davies	MOPEN		01:55:51
409	Dyfnallt Huws	M40+	CYBI STRIDERS	01:56:01
410	Stewart Thomson	M55+		01:56:04
411	Mark Davies	MOPEN		01:56:09
412	Dan Nuttall	MOPEN		01:56:52
413	Antony Dala	M50+	PENSBY RUNNERS	01:56:55
414	Llew Rhys	M40+	RHEDWYR HEBOG RUNNERS	01:57:04
415	Robert Cook	MOPEN		01:57:06
416	Ian Macintyre	M40+	LOCHABER AC	01:57:11
417	Colin Goulder	MOPEN		01:57:13
418	Justin Pilkington	M45+	MEIRIONYDD RUNNING CLUB	01:57:14
419	Gareth Vogan	MOPEN		01:57:20
420	Tristan Murfitt	MOPEN		01:57:21
421	Jonathan Beaumont	MOPEN		01:57:21
422	Harri Roberts	M55+	ERYRI HARRIERS	01:57:22
423	Jo Shelmerdine	FOPEN	SLINN ALLSTARS	01:57:24
424	Marc Sinclair	MOPEN	CONGLETON HARRIERS AC	01:57:32
425	Marcus Orlik	MOPEN		01:57:35
426	Marc Evans	MOPEN		01:57:36
427	Tasmin Leighton	FOPEN	ABERYSTWYTH AC	01:57:38
428	Ben Bolton	MOPEN		01:57:41
429	Luke Hughes	MOPEN	DENBIGH HARRIERS	01:57:47
430	Heledd Owens	FOPEN		01:57:50
431	Emily Wood	F50+	ERYRI HARRIERS	01:57:57
432	Dave Raby	MOPEN		01:57:59
433	Kevin Jones	M40+	MALDWYN H	01:58:03
434	Rekha Hughes	FOPEN		01:58:05
435	Alvin Philips	M40+		01:58:05
436	Samantha Hook	F40+		01:58:08
437	Aeddan Ap Garth	MOPEN		01:58:10

438	Charles Ashley	M60+	WREXHAM AAC	01:58:14
439	Jason Harper	M45+		01:58:30
440	David Manuel	M45+	MALDWYN H	01:58:39
441	Stephen Everett	MOPEN		01:58:53
442	Laurent Gorce	M40+	LLAMWYR LLYN STRIDERS	01:59:00
443	Emma Bayliss	FOPEN	MYNYDD DU MOUNTAIN RUNNERS	01:59:24
444	Lizzy Felton	FOPEN	RUN4ALL RC	01:59:38
445	Elen Baugh	FOPEN	DENBIGH HARRIERS	01:59:45
446	Manon Lloyd Williams	F40+		01:59:49
447	Linda Jones	F50+	WREXHAM AAC	01:59:57
448	Gwenllian Williams	FOPEN	CLWB RHEDEG DVT RUNNING CLUB	02:00:07
449	Meirion Jones	MOPEN		02:00:14
450	Sharon Woods	F55+	MYNYDD DU MOUNTAIN RUNNERS	02:00:24
451	Robert Ingham	M45+	WHITCHURCH WHIPPETS	02:00:26
452	Elsden Pierre	ELITE-M	France	02:00:38
453	Gurinder Dulai	M40+		02:00:42
454	Phil Harper	MOPEN	CLWB RHEDEG DVT RUNNING CLUB	02:00:44
455	Phillip Catcheside	M45+	OLNEY RUNNERS AC	02:01:01
456	Barri Edwards	M45+	PONTYPRIDD (ROADENTS) AC	02:01:04
457	Andrew Dugdale	M55+	CLAYTON-LE-MOORS HARRIERS	02:01:06
458	Lucy Fraser	FOPEN	LORDSHILL ROAD RUNNERS	02:01:10
459	Philip Hadland	M55+		02:01:15
460	David Jones	M55+		02:01:17
461	Ian Jones	MOPEN		02:01:19
462	Rhodri James	M45+		02:01:29
463	Glen Williams	MOPEN		02:01:44
464	Peter Holmes	M45+	WHITCHURCH WHIPPETS	02:01:53
465	Karl Davies	M55+	AMAZING FEET RC	02:02:00
466	Chris Houlton	M50+	ERYRI HARRIERS	02:02:03
467	Richard Hunt	M45+	WEST CHESHIRE AC	02:02:09
468	Will Froggatt	M40+		02:02:18
469	Steven Littlewood	M65+	HEREFORD TRIATHLON CLUB	02:02:31
470	Tim Smith	M60+		02:02:54
471	Maxwell Idris Thomas	MOPEN		02:02:58
472	Tom O'hare	MOPEN		02:03:01
473	Lee Buckley	MOPEN	EAST CHESHIRE HARRIERS TAMES	02:03:02
474	Paul Spurge	M65+	PORTSMOUTH JOGGERS CLUB	02:03:11
475	Paul Duddle	M40+		02:03:16
476	Stephen Shakespeare	M45+	RHEDWYR HEBOG RUNNERS	02:03:29
477	John Jennings	M55+		02:03:52
478	Craig Edwards	M45+	SANDBACH STRIDERS	02:03:52
479	Andrew Yates	M55+		02:03:53
480	Kevin Lane	M50+	RHEDWYR HEBOG RUNNERS	02:04:07
481	Thomas Galvin	M45+		02:04:42

482	Dei Jones	M65+	ERYRI HARRIERS	02:05:03
483	Paul Satchell	M60+		02:05:04
484	David Bryer	MOPEN		02:05:26
485	George Manley	M55+		02:05:31
486	Cristina Speziale	ELITE-F	CSI Morgebno	02:05:31
487	Dwynwen Pennant	F45+	RHEDWYR HEBOG RUNNERS	02:05:35
488	Brian Robbins	M70+	ERYRI HARRIERS	02:06:36
489	Paul Bates	M65+	LONSDALE FELL RUNNERS	02:06:45
490	Llinos Davies	FOPEN	MYNYDD DU MOUNTAIN RUNNERS	02:06:50
491	Abigail Lyall	F40+		02:06:54
492	Martin Campbell	MOPEN		02:06:55
493	Lisa Carter	F45+	RADCLIFFE AC	02:07:03
494	Adam Wild	MOPEN		02:07:03
495	Chris Cook	M55+	ERYRI HARRIERS	02:07:05
496	Karen Elvers	F45+	MYNYDDWYR DE CYMRU	02:07:07
497	Jackie Ellis	M50+		02:07:13
498	Nate Winstanley	M40+		02:07:14
499	Llinos Greenhalgh	FOPEN	ERYRI HARRIERS	02:07:18
500	Penny Adams	F45+		02:07:22
501	Richard Gratton	M50+		02:07:34
502	Dylan Davies	M40+		02:07:37
503	Caroline White	FOPEN	EMERSONS GREEN RUNNING CLUB	02:07:37
504	James Mahon	M55+	CYBI STRIDERS	02:07:37
505	Rebekah James	F45+		02:07:41
506	Colin Bostock	M60+	LONG EATON RC	02:07:43
507	Tony Bohana	M55+		02:07:52
508	Phillip Morgan	M45+		02:07:59
509	Andrew Harwood	M50+		02:08:21
510	Mark Roberts	M55+		02:08:34
511	Christopher Anagnostopoulos	MOPEN	MEIRIONYDD RUNNING CLUB	02:08:39
512	Chris Drew	M40+		02:08:42
513	Chrissy Faulder	ELITE-F	Royal Air Force	02:09:22
514	Lona Williams	F40+	RHEDWYR HEBOG RUNNERS	02:09:26
515	Liza Bell	F45+		02:09:33
516	Peter Bell	M40+		02:09:34
517	Kate Potter	F55+	ERYRI HARRIERS	02:09:50
518	Claire Halestrap	F50+		02:10:04
519	Ronnie Mcgavock	M55+		02:10:20
520	Gethin Owen	MOPEN		02:10:23
521	Ian Williams	MOPEN		02:10:36
522	Wendy Hooson	F55+		02:10:41
523	Richard Wellock	M60+		02:10:43
524	Fiona Macintyre	F40+		02:10:43
525	Delyth Evans	FOPEN	RHEDWYR HEBOG RUNNERS	02:10:44

526	Kevin Barnes	M55+	HEREFORD COURIERS RC	02:10:49
527	Huw Trainor	M40+	ERYRI HARRIERS	02:10:54
528	Paul Stevenson	M60+	SINFIN RC	02:10:59
529	Malcolm Jones	M65+	ERYRI HARRIERS Cymru	02:11:05
530	Donna Beales	FOPEN		02:11:05
531	Louis Balshaw	M70+		02:11:06
532	Nyfain Wynn	F45+	RHEDWYR HEOG RUNNERS	02:11:13
533	Oliver Barber	MOPEN	MACCLESFIELD HARRIERS AC	02:11:27
534	Neil Connor	M40+		02:11:29
535	Laurie Griffith	F45+	GOG TRIATHLON CLUB	02:11:46
536	Chris Eggleston	M45+		02:11:56
537	Laura Thomas	FOPEN		02:12:00
538	Andrew Thomas	M50+		02:12:01
539	Peter Nicholls	M65+	MEIRIONYDD RUNNING CLUB	02:12:05
540	Hayley Winder	F40+		02:12:09
541	Mike Leeson	M55+		02:12:14
542	Paul Taylor	MOPEN		02:12:17
543	Carolyn Meneaud	F40+		02:12:20
544	Piotr Strzesak	M60+	PRESTEIGNE PACERS RC	02:12:21
545	Nicola Parry	FOPEN		02:12:27
546	Beverley Tucker	F50+	MYNYDD DU MOUNTAIN RUNNERS	02:12:47
547	Alan Keane	M55+	SADDLEWORTH RUNNERS	02:12:49
548	Mike Hughes	M50+		02:13:02
549	Callum Floume	MOPEN		02:13:04
550	Anthony Kent	M45+	TRING RC	02:13:11
551	Rhianydd Evans	FOPEN	PARC BRYN BACH RUNNING CLUB	02:13:35
552	Anna Auchterlonie	F40+		02:14:01
553	Helen Elleker	F60+	DASH ATHLETICS	02:14:14
554	Stuart Fogarty	M55+		02:14:42
555	Kevin Morris	M55+		02:15:05
556	Mike Blake	M70+	ERYRI HARRIERS	02:15:15
557	Debbie Valentine	FOPEN		02:15:26
558	Simon Roberts	M50+		02:15:43
559	Maldwyn Evans	M55+	ERYRI HARRIERS	02:15:50
560	Katie Wilby	F40+	ERYRI HARRIERS	02:15:53
561	Fiona Owen	F40+	ERYRI HARRIERS	02:16:07
562	David Munday	M55+		02:16:08
563	Kelly O'donnell	FOPEN		02:16:10
564	Rhian Thomas	F45+		02:16:11
565	Robin Wilson	M60+		02:16:25
566	Leanne Baxter	FOPEN		02:16:33
567	Gwyn Evans	M60+	ERYRI HARRIERS	02:16:42
568	Martin Walsh	M70+	BOWLAND FELL RUNNERS	02:16:48
569	Neil Douthwaite	M45+	CROOK DISTRICT AC	02:17:13

570	Nikki Land	FOPEN		02:17:32
571	Bridget Woodward	F50+	MYNYDD DU MOUNTAIN RUNNERS	02:18:11
572	James Rainbow	M40+	WHITCHURCH WHIPPETS	02:18:20
573	Kristian Chambers	MOPEN		02:19:03
574	Kevin Evans	M55+	MEIRIONYDD RUNNING CLUB	02:19:25
575	Keith Dowell	M65+		02:19:39
576	Les Thurston	M65+	MATLOCK AC	02:19:44
577	Colin Pugh	M50+		02:19:55
578	Emma Phillips	F40+	STONE MASTER MARATHONERS	02:20:33
579	Gwyndaf Williams	M45+		02:20:38
580	Mark Jones	M45+		02:20:55
581	Peter Hadley	M70+	CAMBRIDGE HARRIERS	02:20:55
582	Ricky Turner	M40+		02:20:56
583	Michael Elms	M65+		02:20:58
584	Craig Rees	MOPEN		02:21:17
585	Sian Owen	F45+		02:22:10
586	Lucy J Morgan	F40+		02:22:12
587	Iolo Evans	M40+		02:22:42
588	Maggie Oliver	F70+	ERYRI HARRIERS	02:22:53
589	Paula Ace	F50+		02:23:15
590	Thomas Owen	MOPEN		02:23:23
591	Colin Wood	M65+	LOCHABER AC	02:26:52
592	Yi Chuan Cheng	FOPEN		02:27:18
593	Vivienne Edwards	F60+	ERYRI HARRIERS	02:29:27
594	Hugh Morgan	M45+	ERYRI HARRIERS	02:29:37
595	Stuart Hern	M45+		02:30:32
596	Lowri Jones	MOPEN		02:31:24
597	Cerys Williams	F50+		02:32:00
598	Mike Parker	M45+		02:32:01
599	Huw Williams	M45+	LLAMWYR LLYN STRIDERS	02:32:20
600	Paul Walsh	M70+		02:33:22
601	Rebecca Roberts	FOPEN		02:33:26
602	Leon Hughes	MOPEN	RHEDWYR HEBOG RUNNERS	02:33:49
603	Gareth Jones	M70+	MYNYDDWYR DE CYMRU	02:35:44
604	Peter Barnes	M55+	MEIRIONYDD RUNNING CLUB	02:37:37
605	Rachel Davies	F40+		02:37:53
606	Mark Andrew Wolfenden	M50+	RADCLIFFE AC	02:37:55
607	Kurmang . Rashid	M55+		02:42:47
608	Sarah Morris	FOPEN		02:47:21
609	Karen Williams	F40+		02:50:34
610	Phil Martin	M70+	BOWLAND FELL RUNNERS	02:55:27
611	Carmen Hili	ELITE-F	Malta	DNF
612	Rona Davies	F60+	MYNYDD DU MOUNTAIN RUNNERS	DNF
613	Lizzie Richardson	FOPEN	ERYRI HARRIERS	DNF

614	Karl Jones	MOPEN		DNF
615	John Roberts	M55+		DNF