

| Pos | Name               | Category | Club                | Time     |
|-----|--------------------|----------|---------------------|----------|
| 1   | Andrew Worster     | MSEN     | Todmorden Harriers  | 00:25:37 |
| 2   | Chris Jackson      | MSEN     | Pennine             | 00:29:10 |
| 3   | Simon Pymm         | MSEN     | Horwich RMI         | 00:29:22 |
| 4   | Marc Barrett       | M40      | Rossendale Harriers | 00:29:27 |
| 5   | Mike Gradwell      | MSEN     | Saddleworth Runners | 00:29:48 |
| 6   | Danny Bennett      | M45      | Rochdale Harriers   | 00:30:39 |
| 7   | Alan Lundberg-Bury | M50      | Rossendale Harriers | 00:31:02 |
| 8   | Ronnie Turner      | M55      | Rossendale Harriers | 00:31:41 |
| 9   | Ben Edmondson      | M55      | Rossendale Harriers | 00:32:05 |
| 10  | Alex Frost         | M50      | Rochdale Harriers   | 00:33:08 |
| 11  | Dan Taylor         | M40      | Todmorden Harriers  | 00:33:50 |
| 12  | Andy Pooler        | M45      | Achille Ratti       | 00:34:08 |
| 13  | John Bramwell      | M45      | Rochdale Harriers   | 00:34:13 |
| 14  | Mark Walker        | M50      | Rochdale Harriers   | 00:34:34 |
| 15  | Jon Underwood      | M45      | CVFR                | 00:34:53 |
| 16  | Heather Dagleish   | WSEN     | Rossendale Harriers | 00:35:18 |
| 17  | Andy Hewitt        | M55      | Rossendale Harriers | 00:35:28 |
| 18  | Jenny Pilling      | WSEN     | Rochdale Harriers   | 00:35:33 |
| 19  | Nicholas Walsh     | M50      | Rochdale Harriers   | 00:35:35 |
| 20  | Christopher Hoare  | M40      |                     | 00:36:06 |
| 21  | Jill Butterworth   | W40      | Rochdale Harriers   | 00:36:39 |
| 22  | Simon Varley       | M45      |                     | 00:36:46 |
| 23  | Robert Lee         | MU21     | Lancaster Uni       | 00:37:15 |
| 24  | Derek Donohue      | M55      | Todmorden Harriers  | 00:37:21 |
| 25  | Simon Fisher       | M45      | CVFR                | 00:37:37 |
| 26  | John Birchenough   | M60      | Rossendale Harriers | 00:38:37 |
| 27  | Caroline Harding   | W45      | Pudsey & Bramley    | 00:39:31 |
| 28  | Peter Browning     | M55      | Clayton-le-Moors    | 00:39:51 |
| 29  | John Lavelle       | M55      | Rossendale Harriers | 00:40:25 |
| 30  | Rowen Pymm         | WSEN     | Horwich RMI         | 00:40:30 |
| 31  | Peter O'Gorman     | M55      | Rossendale Harriers | 00:40:55 |
| 32  | Ian Holloway       | M65      | Rochdale Harriers   | 00:42:01 |
| 33  | Craig Wellens      | M45      |                     | 00:45:31 |
| 34  | Stephen Wild       | M55      | Rochdale Harriers   | 00:46:51 |
| 35  | Andrew Biddle      | M60      | Rossendale Harriers | 00:48:13 |
| 36  | Hilary Farren      | W55      | Rossendale Harriers | 00:49:31 |
| 37  | Aimee Walker       | WSEN     |                     | 00:54:59 |
| 38  | Martha Higgins     | WSEN     |                     | 01:01:34 |
| 39  | Ruth Higgins       | WSEN     |                     | 01:02:00 |