

Pos	Name	Category	Club	Time
1	Chris Newman		Wharfedale	00:43:48
2	Chris Edis		Keswick	00:44:13
3	Sam Ware		Eden	00:44:23
4	Rick Stuart	M40	Helm Hill	00:44:34
5	Chris Reade	M40	Bowland	00:45:07
6	Seb Sillito		Helm Hill	00:45:12
7	Alan Smith	M50	Deeside	00:45:29
8	John Nicholl		Keswick	00:45:46
9	Mike Johnson	M50	Bowland	00:46:15
10	Quentin Harding	M40	Bowland	00:46:35
11	Neil Ashcroft	M40	Ambleside	00:47:08
12	Jack Dugdale		Clayton	00:47:30
13	Ian Davies		Keswick	00:48:26
14	Craig Smith	M40	Keswick	00:48:38
15	Paul Barnes		Borrowdale	00:48:50
16	Phil Whiting	M50	Kendal	00:50:03
17	Andrew Slattery	M40	Keswick	00:50:08
18	John Beetham		Keswick	00:50:27
19	Stan Charles		Clwyddian R R	00:51:07
20	Paul Savage		Ambleside	00:51:47
21	Allan Miller	M50	Kendal	00:52:18
22	Huw Price	M40	Bowland	00:52:28
23	Neil Shepherd	M40	Bowland	00:52:30
24	Jim Tyson		Ambleside	00:52:41
25	Graham Lobb		U/A	00:52:47
26	Peter Taylor	M40	Black Combe	00:52:51
27	David Bagot		Clayton	00:52:55
28	Sam Dalby		U/A	00:53:01
29	John Shedwick		Ambleside	00:53:09
30	Mark Nutter	M40	Clayton	00:53:38
31	Mark Taylor		Clayton	00:53:55
32	Nigel Wood		Coniston	00:54:16
33	William Nichol		U/A	00:54:22
34	LOU ROBERTS	L	KENDAL	00:54:49
35	Tim Jackson	M40	Settle	00:55:11
36	Gerard Menaud	M50	U/A	00:55:53
37	Anthony Cooper		U/A	00:55:58
38	SHARON MCDONALD	W40	SETTLE	00:56:21
39	Albert Sunter	M50	Horwich	00:56:45
40	Peter Thompson	M50	Clayton	00:57:12
41	Simon Thompson		Keswick	00:57:21

42	Richard Pyne		Kendal	00:57:29
43	Paul Riley		Coniston	00:57:53
44	Sam Harrison		U/A	00:58:38
45	Paul Simpson	M40	Kendal	00:58:55
46	Andrew Dugdale	M40	Clayton	00:59:29
47	Dave Appleyard	M40	Helm Hill	00:59:41
48	Justin Eckersley		U/A	00:59:44
49	Mike Mitchell	M40	Fife AC	00:59:49
50	Stephen Moor	M40	Settle	00:59:54
51	CAROL EVANS	W40	Settle	00:59:59
52	Rigby Jerram	M40	Kendal	01:00:48
53	Tim Jackson	M40	Settle	01:01:04
54	Quentin Merritt	M50	Keswick	01:01:48
55	Dave Scott-Maxwell	M40	Black Combe	01:02:06
56	SUE HODKINSON	L	Black Combe	01:03:13
57	SALLY OZANNE	L	U/A	01:03:21
58	Bob White		Robin Wood	01:05:21
59	KATE ROGAN	L	WHARFEDALE	01:05:39
60	Peter Dugdale	M50	Clayton	01:05:47
61	SARAH BENNETT		KESWICK	01:05:54
62	LESLEY MALARKY	W60	KESWICK	01:06:09
63	David Carruthers		U/A	01:06:18
64	RACHAEL SLATTERY	W40	KESWICK	01:07:21
65	Phil Devine		Kendal	01:07:25
66	Stephen Earle		U/A	01:08:11
67	Eddie Lesniak	M50	Achille Ratti	01:08:38
68	Colin Reid	M40	Cosmic	01:10:12
69	Tony Varley	M60	Horwich	01:11:27
70	KIM CLARK	W50	KESWICK	01:12:22
71	Chris Clark	M60	Keswick	01:12:23
72	Mark Sammon		Lostock	01:13:26
73	Dave Timmins	M60	U/A	01:14:11
74	JO TAYLOR	W40	BOWLAND	01:15:22