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# Bit at the Front - Neil Denby

I was in Atlanta around the time of the 1994 Soccer World Cup. For the footballing world, this was a hundred per cent spectacle; a must-see; the pinnacle of four years effort. Fifty miles from Atlanta, they had not heard of the event.

Why? Because Americans don't play much soccer. Now, how about Malaysians and mountain running? The World Trophy, in wanting to become a truly world event, has gone off in search of .. what? Those places in the world where mountain running is a sport or those places where there happen to be mountains to run? It seems that ever more exotic locations to which the average fell runner has little chance of access are generally considered 'better' because they have

mountains, not mountain runners. One AGM motion asks for the membership's backing to bring this event 'home' - to bid for it to come to Sedbergh in 2001 (therefore the first World Trophy of the new Millennium which, as every educated person knows, starts on January 1st 2001). I hope that you will back this bid.

The results of the World Trophy, with all the UK and Ireland runners who competed in either the official or Open events, are in the results section as are the leading Championship prize winners.

The full list of Championship point scorers will appear in the next issue; this one is always tight for space due to the number of results at this time of year.

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Centre pages contain around 200 sets of race reports and results, including World Trophy and Championship winners.

# FRA MILLENNIUM CALENDAR

By now all Race Organisers should have received their registration forms for next year's FRA Calender.

Anyone who hasn't yet got their forms ring Dave Jones on 0161 485 1639 as soon as possible

Would Organisers who have got their forms please ensure that they are returned no later than <u>Saturday</u>. 30th October so as to ensure that the Calendar can be produced before Christmas.

### **COMPUTERS**

Please provide copy on floppy, wherever possible. ASCII., WORD, WRITE, RTF, MAC OS, even RISC OS will do. Even if it's a weird format, send the disc with the printout anyway, it may save us TIME and FRA MONEY!!!

# **GILBERT SCOTT 1932-1999**

It is with great sadness I have to report the death of Gilbert, who died in June after a long battle with cancer.

Although Gilbert's name will be unfamiliar to newcomers to fell running, older readers may remember that his star shone brightly in the mid 80's when he was a regular at Lake District races and won the Over 50's category of the British Championship in his first full season in 1984.

The day after his death, I ran to the top of Watch Hill near Cockermouth, where we had often trained, and looked out over the Lakeland Fells. There wasn't a single peak in view which we hadn't run up together, and suddenly all the memories came flooding back in a hot rush of tears.

Unaware of his sporting pedigree or that he was almost 20 years my senior, I first met Gilbert at a sponsored run at our local track. He had only recently taken up road running and was obviously out to make a mark. We ran shoulder to shoulder, until after 40 laps of attrition we both reluctantly agreed to call it a day. From that moment we became firm friends and training partners. I soon found out that he had been a cyclist of near international status (although he was the most self effacing of men, he always believed that only the demands of his job as a self employed plumber and heating engineer, and the geographical remoteness of his home in Maryport prevented him from achieving even greater success). As if this wasn't enough, during his National Service in the Far East he had trained regularly with the great Bruce Tulloh and had given him some very good races on the track. More recently he had become a highly competent canoist: a favourite day out was to paddle across the Solway, eat his sandwiches, turn round and paddle back!

Over the next few years he established himself as a popular and highly competitive figure on the local road and XC circuits and in the early 80's began to try the occasional fell race. It was immediately obvious that his great strength made him well suited to courses with steep climbs and descents and he decided to take up the sport seriously. His British Championship success of 1984 may have come as a surprise to many but not to those of us who had witnessed his near legendary toughness and the thoroughness of his preparation. That he never repeated

this success was largely a matter of bad luck and injuries including operations on both knees, and in 1986 a badly broken arm when he fell near the end of the Coniston race (he picked himself up and ran on to finish 1st Over 50). In 1987, after having led the championship for most of the season, he lost out in the final race, finishing a very close 3rd to Danny Hughes and Bill Gauld. After this, his appearances on the fells became fewer and fewer as continued problems with his knees forced him out of running and back to his first love cycling, where for the next few years he continued to turn out very respectable time trial results.

Throughout his illness, Gilbert fought with the same gritty determination he ran and cycled his races. It was as if he refused to accept there was anything wrong with him or that there was anything stronger than his own indomitable spirit. He seldom complained, even towards the end when he was clearly in a lot of pain, and whenever I visited him he always seemed more interested in my trivial injuries and problems than his own far more serious ones. During his spells of remission, he continued to cycle and occasionally turned up to marshal checkpoints during fell races. When I met him at one such checkpoint on Clough Head shortly after his first bout of chemotherapy he was in typically buoyant mood, and as we walked down together his main preoccupation was whether his knees would see him to Threlkeld.

I last saw Gilbert three weeks before his death. When I called, he was standing on a neighbour's shed, blowtorch in hand, busily repairing the roof.

Although he had just undergone a course of radiotherapy and was painfully thin, he was still talking optimistically about getting out on his bike again. In one final act of defiance he cycled to see his horrified doctor a few days later.

Gilbert was a man who was well liked and respected by all who met him. His family, local community, profession, and many friends in the cycling and running fraternities are much the poorer for his loss and he will be greatly missed. He has, however, left behind many happy memories and I sincerely hope that he has taken as many with him.

Colin Webb CFR

# AFFILIATION TO REGIONS OF UK ATHLETICS

Since its formation, the existence of the FRA has always been based on *Individual* membership. During negotiations to link with the AAA of England in the early 80s, we were pressed into accepting Club affiliation, because it was said, athletics is *Club* orientated.

Most Clubs at that time were affiliated to the North of England AA (or Midland or South), and willingly paid a fee to affiliate to the FRA. A few others became affiliated to the FRA only.

When all Athletic Associations were brought together under the British Athletic Federation in 1992, they introduced a levy for each discipline resulting in those Clubs affiliated to both a Regional AA and the FRA paying twice for the same benefits. The FRA therefore ceased to accept any further club affiliations, (though one or two slipped through during a messy transition), and encouraged all FRA only clubs to affiliate to their Regional AA.

Today there are still a few active Fell Running Clubs not affiliated to their Regional AA, and we have tended to turn a blind eye. I think the time has come to regularise the situation because:

- 1. Two of these Clubs, Mercia Fell Runners and Bowland Fell Runners, are becoming more successful in competition and are gaining awards, to some extent funded by the Regional AAs and UK Athletics, and therefore by all the other clubs.
- 2. Applications to affiliate to the FRA are not accepted nowadays, and new Clubs such as Northumberland Fell Runners have quite properly affiliated to the North of England AA.

I PROPOSE that with effect from January 2000, so far as England is concerned, only Clubs affiliated to the appropriate Regional AA will be eligible to compete in British and English Championships.

Thus Mercia, Bowland, and any other FRA only Clubs wishing to compete in Championships would have to fall in line with the other 265 Clubs affiliated to a Regional AA for Fell Running.

Submitted for your consideration.

Mike Rose, General Secretary

# Secretary's Corner

With the Annual General Meeting looming up it is worth reminding our membership how the FRA is managed.

The AGM is a formal business meeting to elect the Executive Committee for the forthcoming year, and to consider motions for the general management of Fell Running and for the benefit of the membership as a whole. It is not a forum to be hi-jacked to pursue minority personal grievances.

The Executive Committee, comprising 18 elected members including 10 officers, meets up to 8 times each year to discuss relevant issues. Subcommittees give in-depth consideration to championships and international matters for approval by the main committee. The day-to-day running of the FRA is in the hands of the officers who follow the principles laid down by the AGM and the Executive Committee.

Three Committee Meetings have taken place since the last issue. These have been long winded meetings and much of the discussion would probably bore readers stiff. Items which may be of interest are:

# **KENDAL, 16 MAY 1999**

- 1. Agreed in principle to FRA web site, see Bill Waine article, page 2 June magazine. In the meantime Ambleside AC pages have FRA and champs info: http://www.xldh.demon.co.uk/acc/sourc e.htm.
- 2. Noted AW advertisement for applications to fill post of Head of Policy and Support Team, Fell and Hill. Subsequently Robin Morris of Carnethy appointed.
- 3. Discussion anomalies arising from current definitions of long, medium and short races. General feeling that in reality any problems are minor and hassle of change hardly justified. This topic is now a motion for AGM, see agenda.
- 4. Following criticisms, committee confirmed it is satisfied with organisation and safety provision for Welsh 1000m Peaks British Championship Race.

# KENDAL, 3 JULY 1999

1. Dave Woodhead has complained about Secretary's response to his criticisms of FRA published in Horwich RMI newsletter. Committee supports Secretary's action and contents of response.

- 2. Secretary reports no takers to organise junior and senior dinners. FRA grateful to Debbie Thompson, Keswick AC and agreeing to look after trophies and medals for this year only. Volunteer still sought for future.
- 3. Agreed motion to AGM that from January 2000, so far as England is concerned, only clubs affiliated to a Regional AA may compete in British and English Championships.

# **KENDAL, 11 SEPTEMBER 1999**

- 1. Noted with regret Pete Bland's resignation as England Team Manager after 10 years. Job has grown considerably since Pete was first appointed and to spread load which he has undertaken with enthusiasm and dedication, sub-Committee recommends role be shared by two people. Malcolm Patterson and Robin Bergstrand appointed as joint Team Managers for next year.
- 2. Agreed to advertise in The Fell Runner for two Assistant Team Managers.
- 3. Agreed motions for AGM, see agenda.
- 4. Discussed nominations for Executive Committee, see agenda.
- 5. Approved sub-Committee proposals for 2000 English Champs Races: Short Wrekin, Dale Head. Medium Kentmere, Fairfield. Long Three Peaks, Ennerdale.
- 6. Noted British Champs Races approved by UK Athletics Policy and Support Team: Short Slieve Donard (NI), Dalehead (England). Medium Clachnaben (Scotland), Cader Idris (Wales). Long Ennerdale (England), Two Breweries (Scotland).
- 7. Brett Weeden, Barry Slater and Alastair Scholey have kindly taken over organisation of Junior Presentation Do. Note new venue, Rolls Royce Club, Barnoldswick. See advert.
- 8. Many thanks to JoAnne Prowse who has taken on the booking arrangements for seniors Presentation Dinner at Shap Wells. See advert.
- 9. Agreed Press Officer role will include development and management of FRA web site.

Mike Rose, General Secretary

# News and Views

#### THE FELLRUNNER

Three observations relating to the June issue:

First, with reference to the Lank Rigg 'n' Back race results - how jolly unsporting of Mssrs. Bland, Schofield, Byers and Austin to belong to clubs other than CFR and spoil the otherwise uniform results list. What about honorary membership for the occasion, Irvine?

Second, Philip Helliwell's formula (News & Views) would certainly 'standardise' the results but I'm not sure that they would be 'normalised'. Do times actually follow a Normal distribution? Another possibility would be to use speed (distance/time) rather than time. It would be interesting to investigate these measures of performance – has anyone done so?.

Third, with reference to the letter from John McIntosh. As a subscriber to the Zenrunners 'n' climbers magazine myself, the sporadic appearance of which makes its title "But is it really there?" remarkably apposite, I too noted the haiku and thought it strangely beautiful. But it can only be Mr. McIntosh's impish sense of humour which leads him to translate the last line - "tho' we exist as weightless spirit" - as "tho' we came with unleaded petrol". However, perhaps your French readers would maintain that this kept intact the essence of the poem!

Yours sincerely

Peter Normington

# **WELSH 1000 METRE PEAKS**

The Gorphwysfa Club are endeavouring to draw up an archive of the Welsh 1000 metres Peaks Race, and then hopefully publish a history of the event for next year, the 30th anniversary. I am writing to ask if any of your readers could help us in any way with information from the early years (1970 +) or later?

We feel this classic fell race needs a permanent record of it's history as it was part of the early fell running scene in Snowdonia.

There is no doubt that the race is very much a classic in the fellrunning

calendar, and we owe Dr Ieuan Jones and his late wife Joan, a very big "thankyou" for coming up with the concept.

We need any pre 1975 results, anything of interest that has been published about the race and any personal recollections of the race.

We would be very grateful for any help and we will ensure that they will be returned safely. Hopefully we will publish them in booklet form for the New Year.

Your sincerely

Harvey Lloyd

# CALCULATING CHAMPIONSHIP PERFORMANCES

Philip Helliwell (letters, June 1999 issue) suggests using standardised normal deviates as a measure of performance in races to provide a comparison of individual results relative to the mean. Unfortunately, this also takes account of the spread of results (standard deviation), which is not desirable for championship placings, since the normal deviate will then regard positions in weak races equal to positions in strong races, and so is practically the same as using rankings (as now). For a simple illustration, consider two races, each with only 3 runners, the first race with finishing times of 1, 2 and 3 hours, the second race with finishing times of 1 hour 59 minutes, 2 hours and 2 hours 1 minute. In both races, the mean (and median) time is 2 hours, while the standard deviation of the first race is 1 hour and that of the second is 1 minute. Thus calculating the standardised normal deviate will result in the winners of both races being awarded 1 "point" (lhour/lhour and 1minute/1minute). Using percentage of median speed will give the first winner 200% and the second winner 120/119=101%. Which do you think is the better performance? Although this is only a trivial example, the same point will hold for races with different variation - i.e. quality of field.

Dividing by a median time (or speed in my suggestion, since the distribution of this is symmetric) will only account for the distance of the race, not the quality of the field.

Yours sincerely, Howard Grubb Notts Uni OB.

#### TORSIDE SCAMPER

In my report for the Scamper last year I used the phrase "took a shortcut" to illustrate the reason for the disqualifications, I did not mean to imply that anybody was intentionally cheating and I offer my apologies to the runners concerned for the misunderstanding.

I have been fell running and racing for 15 years and I have never encountered a case of deliberate cheating, I consider myself lucky to be involved in such a sport.

Yours in sport,

Ted Woodhouse, Glossop

# INSPIRATION, ADVICE AND GUIDANCE

In June, I organised a training weekend for my club, Norman Matthews joined us for the Saturday to share his coaching expertise. He took us through the principles and practice of training linked to goal setting, and led practical sessions on stretching, circuits, strengthening exercises, stretch band work and a hill session. It proved an excellent weekend, with everyone learning and starting to think about their own training and future goals.

Norman is an inspiring and informative coach who has provided the enthusiasm and impetus for me to develop future coaching sessions for the club. I wholly recommend Norman to other clubs, and know he would be delighted to provide a similar day or weekend for others who would be interested in developing themselves and their fell running.

Yours truly,

Jacky Smith, Dark Peak Fell Runners (Level II fell coach)

## **PERIODICALS**

I wonder if I could ask your readership if they have any editions of the following obsolete periodicals that they wish to get rid of...

Runner's Review, Athletics Today (when monthly), Marathon and Distance Runner, Athletes World and Athletics Monthly.

I am trying to amass a collection of all such magazines for private research purposes. I am currently preparing for a number of projects relating to the history of the various road and cross country championships held. I would, subject to prior agreement, be prepared to offer a reasonable price for any editions that I am missing.

Please contact me on 0117 932 6713

Yours sincerely,

Chis Holloway (Tipton Harriers)

# ANDY WALMSLEY

On Saturday September 4th I was running with a very close friend of mine, Andy Walmsley, when he had a bad fall of somewhere around 100 plus feet off Sharp Edge.

After an air rescue he was taken to Carlisle hospital where he's still being cared for. He is still very poorly as infection needs to be controlled and we're still not clear how things are shaping up inside, but he's smashed his right kneecap badly, lacerating the tendon and broken a rib plus a myriad of cuts - some superficial, some not.

Hopefully, by the time you read this he will be much better and back at home where he can be contacted on (01257) 410753.

The reason I've put this message in is that he is going to need lots of moral support over the next few months and if you know Andy even just a little - as many of you do - I'm sure he'd love to hear from you.

(If for some reason he's not at home, ring me on (01254) 830616 to get contact details).

Tim Kelly

## LDMTA AGM and slide show:

# The first ascent of Mont Blanc

The Lake District Mountain Trial Association will be holding it's A.G.M. on Friday evening, 12th November at the Kings Head Hotel, Thirlspot, near Keswick at 7.30 pm.

As usual, a professionally-presented slide show will follow and this year, Brian Martland will be presenting "Pioneers and Primulas" - the story of the First Ascent of Mont Blanc.

Everyone welcome - no charge

# Calendar Update

# SUN. DEC, 18th 1999: LLYN ELSI RACE (BS)

Please note change of venue (and organiser);

From Glan Aber Hotel, Betws Y Coed, North Wales.

Details; S.P. Jones, Llys Gain, Trefriw, North Wales (H) 01690 760190 (W) 01492 641430

# **URGENT URGENT URGENT!!!**

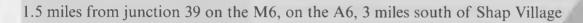
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at:

# The Shap Wells Hotel

Cumbria's Largest Family Hotel



Saturday 30th October Dinner at 7.30pm £15.00 per head

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Overnight accommodation available at £22.00 a head for room and breakfast in a double / twin bedroom.
£30 single.

Please contact the Hotel direct to book.

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JUNIORS!

Tickets £5

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**Sunday 14th November** 

# Rolls - Royce Club Barnoldswick

(Where the Barnoldswick weeks race starts)

Run the Charlotte Starter Memorial Race in the morning Juniors 11.00am • Seniors 11.30am

(£3000 plus raised for children's cancer charity CANDLELIGHTERS last year)



Special guests include Bob Whitfield, Rob Jebb and more.

\* T-shirts to all prize winners. \* Entertainment. \* Teenage games. \* Disco. \*Videos. \* Photo exhibition by Peter Hartley.





# Membership Schemes - a warning from north of the border

Mark Rigby

How will you feel when one or other 'governing body' prevents you from competing in fell races until you pay them a tenner?! Or won't let you run on another body's 'patch' without paying extra? Or won't let you count in the championship until you pay them a tenner?! Or, if you organise a race, insists on you 'policing' all this by making 'non-members' pay extra, or worse, not letting them run? And, especially, when all this comes about after a sham democratic process involving your club secretary rather than any consultation with you?

Well, it's happened in Scotland and now (like the poll tax!) it's about to affect you. Like me, you're probably turned off by politics in sport, but here's an issue that I think you'll agree is too important to ignore. So I think you ought to know about it - I'm amazed this issue hasn't hit the pages of The Fellrunner previously - and I hope someone on the FRA committee will be able to provide more details alongside this article as to what it all means for you and assuring you that they are 'on the case'.

### How did Scotland get in this mess?

A very short history lesson: Hillrunning in Scotland became part of the Scottish Athletics Federation (SAF) about ten years ago. Hillrunning interests within SAF are covered by a Hill Running Commission (not a blazer brigade, but a volunteer bunch of active runners - e.g. me!). This negotiates an annual budget from SAF to fund certain activities, by far the most expensive of which is sending Scottish teams of hill runners to home internationals, European and World Trophy events. In turn, SAF gets its money mostly from the Scottish Sports council (i.e. the taxpayer) and partly through club affiliation fees. The hillrunning budget does NOT cover costs of producing the annual Scottish fixtures calendar, holding the Scottish championship etc etc These items are the responsibility of a separate organisation called Scottish Hill Runners (SHR), a non-profit making body that produces a fixture calendar and newsletters - in that respect, a Scottish version of the FRA.

A couple of years ago, however, someone in SAF had the bright idea that athletics would benefit from 'professional' administrators / coaches / advisors and from three times as much money coming into the sport. The Scottish Sports Council agreed to increase their grant three-fold to fund this, but only if the money coming from within the sport was raised three-fold too. So, suddenly, SAF had to raise three times more from grass roots runners than they had done previously. To do this they imposed a compulsory membership scheme: £10 from every Scottish athlete, before they could take part in ANY Scottish races.

That's when the trouble started. Because most fell runners believe their sport should remain one of the cheapest, accessible and red-tape-free sports going and that no one should be forced to become a member of anything to enjoy competing in fell races. (Sure, they may see the advantage of joining a club, or Scottish Hill Runners, or the FRA, but that should be on merit, not by compulsion.) And because most race organisers object to having to administer and police such a scheme they have to go to the trouble of checking names off lists, and taking extra money off non-members, which includes any of you visiting from south of the border, as you'll have no doubt discovered by now at Ben Nevis.

# Where does the money go?

Well, not back to the individuals - all they get is an occasional 'news sheet' (OK, the aspiring Olympians among them may gain access to coaching etc). Nor to race organisers, who still pay the same £20 to SAF for their 'permit' (i.e. insurance cover; that, incidentally, is why most organisers up here are reluctant to pay yet more for duplicate insurance through the FRA). Nor to the SAF commissions - the hill running commission budget remains unaltered in real terms, and we still have to ask our Internationalists to pay towards representing their country! Nor to clubs - they actually pay MORE to affiliate to SAF than they did before, so they can hardly reduce the subscription rates for their members. (Indeed club membership is now discouraged, simply because it is optional whereas scheme membership is compulsory.) So that leaves the professional salaries -



Mark Rigby. Photo: Peter Hartley

£150,000 - and the cost of administering the scheme - over £20,000. In addition, there's no accountability to members: next year, we've been told, membership's going up to £11......

This whole experience has severly strained the relationship of the hill running commission with SAF. We have protested about all the iniquities (all the above points and many others!) to SAF management ad nauseam yet, despite initial promises that our misgivings were being listened to and that the scheme might be adapted, it seems to have come to nothing. One minor concession we did gain was that SAF agreed to waive the non-membership-levy at Melantee, because we pursuaded them it was a 'British' event on Scottish soil and that to impose the levy there would be particularly unfair.

# So what next? What might it mean for you?

Scottish Hill Runners will be holding an extraordinary meeting in November to discuss what to do next. The mood seems to be to administer domestic hill running independently of SAF and its red tape, leaving the international side of things behind with SAF. But of course that wouldn't solve the problem of the cross country and road races that many hillrunners enjoy doing in their spare time. There seems little option but to carry on trying to get SAF to listen to us. We are in a cleft stick!

As for south of the border, I confess I don't fully understand the English governing body hierarchy, as it's somewhat different from up here.

Most of you reading this are members of clubs, which in turn belong to (and hence are governed by, in terms of competition) the English AAA, and perhaps regional organisations too, and to a new national body called, with breathtaking originality, 'Athletics UK'. I understand all of these bodies are considering 'membership schemes', which actually means 'money-making scheme' of course, and that must mean some sort of financial compulsion that will affect YOU. I shudder when I read in the athletics press that the Scottish set-up is considered a good 'model' for the rest of the UK! There's also the potential complication of 'reciprocal rights' between schemes in adjacent areas. (Note: there is also currently a Welsh scheme, which doesn't involve non-member levies but does involve compulsory membership for their championship.)

The FRA is uniquely placed to attempt to prevent such iniquities being landed on you. So I hope it has genuine influence, and that the FRA can tell you the current situation and reassure us all. I am well aware that in writing this I risk taunts of 'there go Scotland, cocking things up again'. But I hope you'll see that hillrunners up here have never been given a genuine opportunity to influence what was being done by their governing body, and that something very similar is about to happen to you down there. You have been warned.

# Mike Rose, FRA Secretary comments:

UK Athletics expects the several Regions to become self-financing. Money has to be raised somehow. Every UK Region has decided that rather than a significant increase to the subscriptions of affiliated clubs, it would be more equitable to introduce registration of individual athletes. Surely a UK wide scheme would have been sensible, but apparently each Region is going its own way. Mark has described what has happened in Scotland. I will refer to the North of England since that's where the vast majority of English fell runners and clubs are located. (Incidentally, Mark implies that UK Athletics is English but in fact UK means UK).

The North of England AA (NEAA) has recently been touring the Region to introduce their ideas for implementing a registration scheme next year, and all affiliated clubs have had the opportunity

to enter into the discussions. Proposals are not yet finalised but my understanding of the main ingredients are:

Only members of affiliated clubs may register. The clubs will collect the annual fee (£3) from each member and pass to the NEAA.

Registration is voluntary and club members choosing not to register will be considered to be 'unattached'.

Current club levy of £15 for each athletic discipline will be abolished.

Reciprocal arrangements for athletes registered n another Region.

As your rep to the NEAA I regularly discuss developments with the secretary. Personally I have no problem with the proposition that all participating athletes contribute to the management of their sport. Money collected in this way is not intended to finance a bureaucratic empire, but will be ploughed back into local athletics. The AAA of England and the NEAA give generous grants to FRA funds and without this aid your FRA subs would increase. Anybody got better ideas for financing athletics in the Region?

So far as Fell Running is concerned, I have reservations about expecting race organisers to collect levies from unattached athletes. I personally believe the only practical sanction against 'free riders' is not to allow them to compete in championships. (Someone has to pay for medals and trophies!)

Nothing has been decided yet and the FRA will address this issue when we receive positive proposals.



Scotland's Neil Wilkinson at Snowdon

# THE JOSS NAYLOR LAKELAND CHALLENGE

Mountain weather in Lakeland in early summer was anything but 'flaming June' and up to the end of that month only three challengers succeeded. These and others had to contend with unseasonal westerly gales and much rain, all guaranteed to make a mockery of carefully planned schedules.

In mid-May, Jack Escritt, Bingley, started the ball rolling with a good run in the M65 group - not that he was best pleased to have his splits blown backwards from Dunmail onwards. He was confident of being within the M60 time, but the westerlies decreed otherwise. Words of wisdom from Joss on Bowfell and this strong mountain man relaxed into a time well within his own age group. On the same day, Phil Turner was making a second attempt as a M50, but those winds and a sore leg caused him to abandon.

Jan Atkins, Chorley, made the most of a weather window in June and was welcomed as only the second W50 to try the challenge. She outran her modest schedule and nearly outran her roadside, Sty Head and finish supporters too, when finishing close to the M50 limit. This is great news for women and our total is now just three. Jan's run should inspire more to go for it.

At the time of going to press, Sept 4, one other run has been confirmed, by George Foot, LDWA. He set the ball rolling for the deep, deep south - Devon, to be exact But he is a Bob Grahamist, and his laid back approach evidenced familiarity with northern mountains. Leo Pollard, Horwich has also run the time, but his charity and other details are awaited and there should be others to announce in October.

I would remind all that the sample schedules on offer are only a guide and can rarely be followed exactly. Several reccees are needed and familiarity with the terrain is of the essence. All fell runners have differing strengths and weaknesses, and conditions prevailing on the day can have a dramatic effect either way. I say this because I think we are attracting some would-be contenders who are less familiar with the fells than was previously the case.

Another point I think worth mentioning is that we have never had success with those who try running as a pair, let alone as a group. It is meant as a solo, supported run and those who would turn it into a group event are going a little against the spirit of the challenge - and it doesn't work!

# Confirmed Runs to Sept. 4th

26. Jack Escritt M65 May 22
 27. Jan Atkins W50 June 12
 28. George Foot M60 June 21

Information, SAE please: Monica Shone, 21 Woburn Drive, Hale, Altrincham, Cheshire. WA15 8LZ



England Juniors winning teams in Germany: l-r Lee Siemaszko; Jonathon Parker, Joe Symonds. Front row Natalie White; Laura Hughes; Sarah Gatford. Photo Norman Matthews

# JUNIORS SHOW THE WAY AT KNOCKHDU

I know that the results of Knockhdu were in the last magazine and that Gareth Webb gave an excellent report of the tremendous performances of Simon and Kate Bailey in winning the senior races, but I would like to further mention the results of the other juniors who also had outstanding runs, and the fact that this year for the first time we had a junior girls team competing. I had noticed when taking up the post of England Junior Coach that two anomalies existed with regard to the junior girls. One, there was no representative team for Knockhdu, and second, there was only one team - U/18 - at the Junior Home International, whereas in both cases the junior boys had teams competing. I am pleased to say that the FRA committee has now agreed to equal representation for the girls. This change does however bring with it the responsibility to encourage and develop this section of fell running so that meaningful competition is available, and I would ask all club captains and coaches to reflect on this. Certainly at Knockhdu the England junior boys and girls once again showed the standard of the England squad by winning both team races. Michael Cayton was again amongst the senior internationals finishing in 11th place overall, with Andrew Symonds (15th) and Lee Siemaszko (18th) giving excellent support. It was disappointing in the junior girls race to see no teams from Scotland or Ireland this year, but

this did not detract from the fine performances of the England girls, with Laura Hughes winning the race outright – even to the embarrassment of the two boys competing. With Natalie White and Sarah Gatford in 2<sup>nd</sup> & 3<sup>rd</sup> and strong support from Lisa Richardson in her first fell international, it was an impressive team performance.

Norman Matthews. England Junior Coach

International Black Forest Teenager Games. July 10/11th 1999. Sasbachwalden. Germany

# DOUBLE GOLD FOR ENGLAND JUNIORS

This year's journey to the Teenager Games reverted once again to the overland trip by minibus – as opposed to last years funded trip by air. On reflection it was probably the better choice, as again the time spent with the team on the long journey proved invaluable as friendships were made and team spirit created. Old hands Sarah Gatford – on her third trip, and Natalie White on her second -ensured that new team members Laura Hughes, Jonathan Parker, Lee Seimaszko and Joseph Symonds knew what to expect - especially on the theme park rides.

An overnight stay in Dover allowed the juniors, and team management Pete, Ann, and myself to relax - after a training run of course! - with a fine meal at the local Italian restaurant.

An early ferry crossing the following day allowed us to arrive in Sachbachwalden in plenty of time to settle in before the evening meal. As always the friendliness and efficiency of our hosts was superb.

This year we had the pleasure of a Scottish squad joining us - who under the SAF umbrella had obtained generous kit allowance and funding. Managed by Carol Sharp, the squad made an immediate impact by winning the 800m sprint races. They were very quick, mostly track based youngsters who also wiped the board in the 800m relay races, and not surprisingly did brilliantly in the uphill race. Well done the Scots!

Everyone in the England squad knew that last years results on the Berglauf were a hard act to follow, when the girls won team gold and the boys silver - plus the bonus of individual gold for Kate Bailey and silver for Adam Sutton. The task was not made any easier with the inclusion of three additional countries. But the team spirit was high and after a relaxing day? in a theme park the day before —with free goes on any ride — and there were some very big rides! The juniors set about the business they had come for, to have fun, and to win races.

The temperature was kind at the race start, as Jonathan Parker - the current U/16 British Fell Running champion started the race as he meant to continue - right at the front - and was never headed to win with a record breaking run. When considering those past junior athletes, who had gone before Jonathan, it was a truly outstanding run. Favourite for the race Julius Helm last years winner and current Junior German mountain running champion had to concede to the climbing strength of Jonathan. Lee Siemaszko knowing what was required for team gold had also gone from the gun with a determined effort to support Jonathan and battled his way up through the steep wooded section to place seventh, a brilliant effort after his early fast pace on the road. With myself and Ann placed strategically in the wood, Joseph Symonds was encouraged to give his all, as the team gold loomed. Joe duly responded and with an all-out effort that saw him collapse over the line, sealed the victory for the boys, in an outstanding team performance.

The junior girls not to be outdone by the boys also rose to the occasion, with Laura Hughes taking individual silver in her first games. The current England U/16 Champion battled hard against the diminutive figure of Veronika Koren of Slovenia who floated up the steps in the steep wooded section. The quality of her run showed in the winning time, as Laura in second, sliced 17 seconds off Kate Bailey's winning time last year. The backup of fellow team members Sarah Gatford and Natalie White was never in doubt as both girls used their past experience of the course to great effect.

Sarah who has not been able to train for more than a couple of months at a time through illness and injury - gave her usual 100% effort to finish in fifth place, and with Natalie equally impressive, with a time of fourteen minutes, just two seconds off sixth place. In the dying stages of the race with the positions very tight, both girls were under immense pressure from the Slovakian runners, but with tremendous determination they hung on to make it a unique double gold for England. It was however a nervous half-hour as Pete's rough calculations of our win finally proved correct. The girls had won by one place, another brilliant team performance.

It now only remained for the annual golf tournament, which I have to confess we 'The Management' had a handicap to deal with this year, as Ann was in the middle of changing her swing! This minor adjustment to improve her game proved to be our undoing, and we conceded to a jubilant boy's team.

Not before Jonathan realised that he can't be good at everything and that no matter how bad you are at this game, with three years practise even Sarah got better!

Norman Matthews. England Junior Coach

Junior Ladies. Berglauf; Up Hill only. 2.500m/ Height Climbed 275m

1	Veronika Koren	Slovenia	12:34.41
2	Laura Hughes	England	12:51.41
3	Jana Suchtova	Slovakia	12:58.16
4	Claire Wilson	Scotland	13:10.41
5	Sarah Gatford	England	13:44.48
6	Iveta Kurcikova	Slovakia	13:58.36
7	Dasa Blazeniakova	Slovakia	13:58.74
8	Natalie White	England	14:00.56
9	Freya Murray	Scotland	14:14.22
1(	Annekatrin Helm	Germany	14:30.68

#### **Teams**

1) England.15 2) Slovakia 16. 3) Scotland 25. 4) Slovenia 25. 5) Germany 39. 6) Ukraine 54.

**Junior Men**. Berglauf; Up Hill only. 2.500m/ Height Climbed 275m

1 Jonathan Parker	England	10:31.61
(rec)		
2 Julius Helm	Germany	10:37.38
3 Ratislav Galovic	Slovakia	10:45.51
4 Andrew Lemoncello	Scotland	11:10.91
5 Craig Poole	Scotland	11:13.17
6 Igor Jesenovec	Slovenia	11:15.83
7 Lee Seimaszko	England	11:17.83
8 Nejc Brodar	Slovenia	11:28.76
9 Sergin Bajan	Moldavia	11:35.90
10Joseph Symonds	England	11:40.26

#### **Teams**

1) England 18. 2) Scotland 25. 3) Slovakia 26. 4) Slovenia 27. 5) Germany 39. 6) Moldavia 42.



Start of the junior international open race at Knockdhu - photo Adrian Woods

# **JUNIOR TRAINING**

Resistance Training for Junior's

I have always advocated resistance training for juniors long before it became fashionable and an accepted means of conditioning. The dilemma in the past for parents and coaches has always been the problem of how much, how often and for whom. Unlike running - which juniors can do unsupervised for most of the time - any form of strength training requires supervision if the resistance exercises are to be individually tailored for each junior.

I hope this article offers some guidelines on how to pursue this aspect of training and also allows the junior athletes an insight into what they should be doing if they wish to pursue their athletics seriously.

All juniors who participate in athletics have a requirement for good physical preparation - resistance training has a great potential to address this need and is great for improving any junior's physical ability to tolerate sport stresses, to improve performance, and to avoid athletic injury.

Children initially need to develop cardiovascular fitness, flexibility, and motor skills as well as strength. The responsibility for any coach who determines a resistance program for his junior athlete is great. They must decide if the physical and psychological work of the program is suited to that individual, and that a one to one situation exists. The program must be designed for each child's needs, and the proper exercise techniques and safety considerations employed.

One area of development for all children is upper-body strength. It's been shown that upper body strength in both boys and girls is declining. Upper-body strength limits many sport-specific tasks even at the recreational level. Because of

this lack of strength, specific exercises need to be emphasised in a resistancetraining program. The design of any program must also take into consideration the developmental differences. Children do differ from each other physically and emotionally. It's important to realise that children are not just "little adults" and that children of a similar age are not always equal either physically or emotionally. Understanding some of the basic principles of growth and development will allow a more realistic program to be created. This understanding will also help when developing goals and exercise progressions, it's important that an exercise program match's the physical and emotional level of the child. Each junior has a chronological age and a physiological age - the physiological age is the most important aspect and usually determines the capabilities and performance for that child.



Hard training = good results. Andrew Norman, Altrincham, 4th inter at Settle Hills pPH

# INDIVIDUALISED TRAINING PROGRAMS

When designing a resistance-training program it must be a part of a total conditioning package. The junior should begin with a basic program that exercises all the major muscle groups of the body and muscles around each joint of the body. Warm-up, cool-down, and flexibility exercises should be a part of each session. Additional sport-specific exercises and exercises based on individual need can be added to the program after the junior has learned basic techniques. Individualising a program requires considering the strengths, weaknesses, and goals of each junior. No major distinction between boys' and girls' resistance training programs needs to be made. Successful performance of a particular sport skill depends on the strength and power of particular muscle groups and not the gender of the participant. To promote proper growth and development, the importance of the child's ability to tolerate the exercise stress cannot be overemphasised, the importance of individualised exercises, and proper supervision, cannot be overstated.

For any program to succeed there is a fundamental need to communicate with the junior regardless of the child's age. All adults should encourage discussion and feedback and should listen to the juniors concerns and fears. Most important, is the need to use common sense and to provide exercise variations, active recovery periods, and rest from training. No single best program exists. Juniors should start with a program that they find acceptable but that becomes more aggressive as they grow older. Changes in the tolerance to resistance training programs can reflect the increased maturity of a child. It's important not to overestimate the child's ability to tolerate an exercise or program. It's far better to start out conservatively than to overload the child's exercise tolerance and reduce the enjoyment of participation. With the proper principles of resistance training, a program can be designed that reflects the child's developmental stage. Using the right guidelines for progression, a resistance exercise program can be started at each stage of development that does not compromise enthusiasm and does not overestimate exercise tolerance.

# **BODYWEIGHT EXERCISES**

Most junior athletes are already doing resistance training of one form or another, whether it is at the club on a circuit session or doing some press ups before getting into bed. This is resistance training with ones own body

weight and is an excellent way to condition the major muscle groups. Simple exercises like sit ups or Chinnies, press ups, squat jumps or treadmill running, (not the machine!) half squats or back to back with a partner are all recommended by the National Coaching Authority.

They indicate the advantages as:

- They can be done at any time, anywhere.
- The common exercises are likely to be natural and therefore safe.
- They are limitless in their extent.
- · They achieve success

Bodyweight exercises are the starting line for all junior athletes, and regular sessions per week are an essential aspect of good body conditioning that prepares the youngsters for the rigors of future training requirements.

# STRETCH BANDING

A further step up in the resistance ladder is the use of resistance stretch banding. This easy to use method of resistance training is inexpensive at about £3 for a suitable length of banding. The bands come in various colours denoting the resistance strength of the band. The exercise variations are again limitless and cover all the muscle groups. The action of the band is very smooth and none straining - if the right band strength is used. A twenty-minute session with a gradual progression in repetitions can have a super strengthening effect over time. This method of strengthening is used extensively by Physiotherapists in the rehabilitation of injured patients, and as such is an excellent method of strength building for juniors. I have used the method extensively with junior athletes and found it the most effective way to introduce resistance training that is both progressive and safe.

#### APPARATUS & EQUIPMENT

A further progression in strength building is the use of apparatus and selected equipment. One of the most underrated methods is the use of the medicine ball. Its image is possibly one of 'old fashioned' but I can assure you that with knowledge of the right exercises a medicine ball workout can be very demanding. One of the problems when using equipment is whether or not it is safe. There are a multitude of bodyweight exercises that can be made more demanding by the inclusion of a piece of equipment, the inclusion of a box to rest your feet on when doing press-ups can cut down the number of reps and quickly add to the intensity by the elevation.

This is a simple and safe method, but using an improvised chinning bar that you don't know the strength of can be dangerous if it snaps. Certainly within the gym at school the use of ropes. boxes and the likes of parallel bars can be a great addition, but the improvisation of equipment at home is not recommended. Possibly the best piece of equipment that has come on to the market in recent times is the multigym. This piece of equipment if used under supervision can accommodate all the requirements of those juniors who have previously been involved with body weight exercises. The stations are free from danger and with the right weight and number of reps is a great way of resistance training. It goes without saving that no junior should exercise on a multi-gym without qualified supervision.

#### **DRILL WORK**

Another underestimated means of conditioning is drill work at the track, going through a series of sprint drills practising technique can be very demanding and again requires careful supervision. The good thing about drill work is that the juniors are building strength and stamina in a form that is event specific and as such is very beneficial.

### HILL RUNNING

One of the best conditioning exercises and resistance training techniques is the use of hill running. No matter what running discipline a junior may follow hill work of one form or another is an excellent way to build leg strength. This is not only an event specific exercise for junior fell runners but is great for all juniors, even those who run track. Again the gradient, distance, time running and the time recovering are all a matter of good coaching practice with the training load matching the juniors ability.

# IN CONCLUSION

There is no doubt that a junior who embarks on a well planned strength and conditioning program will reap the benefits as they mature through the age groups. It does take time and dedication to do ancillary exercises, but it is time well spent and will save many unknown hours of training down time by staying comparatively injury free in relation to those athletes who choose to ignore this aspect of training.

If you require any further information please feel free to contact me.

Norman Matthews

England Junior Coach.

Tel. 01204 468390

# ROCHDALE HARRIERS 6th ANNUAL 3 DAY EVENT

at Norden, Rochdale 11th June to 13th June 1999

This event superbly organised by Phil Roberts and Rochdale Harriers is now firmly established in the calendar.

The three races take place from the Brown Cow Pub, Norden, near Rochdale and consist of a 6 mile road race, a six and a half mile multi-terrain race and the final event is the 6 miles, 1800ft category A Knowl Hill Fell Race.

# Rob Jackson, (Horwich RMI Harriers) Gives us his view....

# Day 1, Friday 11th June – Race 1 6 miles Road Race

Friday evening saw over 100 runners on the start line for the race, but how many would still be there by Sunday?

The course is a tough one, but very scenic with half of it on country lanes.

The first one and a half miles is all uphill, after some respite there is a one and a half mile descent which can be quite punishing on the 'quads'. The finish is just off the main road where it started.

Personally, this was the race I enjoyed the most, but maybe that's because I won it by almost a minute!

The other contenders for the overall title were Dale Gartley, Stockport's leading fell runner in second place, and Ian Shakeshaft of Bolton Harriers who had a great run to finish third overall and 1st veteran over 40. Meanwhile, leading the over 45 challenge was Rob Taylor – team-mate, travelling companion and drinking partner of Dale!

The ladies race was looking competitive with Saddleworth's Lucy Whittaker taking victory by half a minute over Rochdale's Julie Ashworth.

Radcliffe A.C. came over in large numbers and were rewarded with a new team victory over Rochdale Harriers, with Rochdale taking the women's team prize.

# Day 2, Saturday 12th June – Race 2: 6fi miles multi-terrain Race

The weather for Saturday afternoon's race was similar to the previous evening – overcast and mild.

Unfortunately everyone's legs were not as fresh as last night which made an already testing course seem even more demanding. After an initial road section the course consisted of three laps of undulating cross country terrain with a couple of sharp climbs per lap, with a road section to the finish.

Dale was in determined mood and showed it by running the race without a vest and charging into the lead.

Over the three laps I shared the lead with Dale and was able to make a decisive break for the finish in the final 400 yards, winning by six seconds.

Ian Shakeshaft enjoyed another good run for third place again and first over 40

Lucy Whittaker took a strong field of the women's overall race with almost a two minute victory margin over Julie Ashworth. Team results were the same again.

Most of the post-race chat consisted of debates about how to recover best for the final race, the most popular being eating, sports drinks, massage, radox bath and sleep, but not necessarily in that order! Maybe the best idea is just to try to forget about it and trick your body that you don't have to race again tomorrow.

# Day 3, 13th June – Race 3: 6 miles & 1800ft (category A) Knowl Hill Fell Race

Race day dawned warm with some good spells of sunshine.

The three day competitors were all suffering aching and tired legs, but our main fear was that this final race would be invaded by fresh-legged fell runners just doing this one race out of the three. Although this did happen it wasn't on the large scale expected. Almost 150 started the race.

The route involved a long climb to the summit with a steep 'hands on knees' climb in the middle, the terrain being mainly paths and tracks with some tussocks. The return to the finish was by a different route with a sharp descent and climb again in the muddle.

Again Dale ran vestless and together with myself and a fresh-legged Paul Dobson of Leeds set the pace. The three of us turned together at the summit.

On the return Dale made a very determined effort to make up the overall time deficit on me, which he did beating me by 28 seconds.



Lucy Whitaker climbing up Dalehead. Photo Alec Beconsall

Unfortunately for him, this still kept him in second place overall, as my third place in the fell race was enough to give me the overall 3 Day Event title by 35 seconds.

Also, Paul had sufficient freshness to win this final race by 15 seconds, denying Dale an individual race victory.

Ian Shakeshaft maintained his fine form to finish 5th and 1st over 40 in the fell race. This gave him 3rd overall and the over 40 veterans title in the 3 Day event.

In the women's race Lucy made it three wins out of three, winning the fell race by almost a minute from Rochdale's Sheila Wilde. Julie finished 6th in this race, but it was enough to give her 2nd overall in the 3 Day Event with Sheila Norris 3rd overall and first lady O/45 veteran in the 3 Day Event.

The men's team event in the fell race was won by Rossendale Harriers with Radcliffe second and Rochdale third. This gave Radcliffe the overall team title for the first time ever.

Rochdale restored home pride by taking the women's team race title both in the fell race and overall.

The other main category overall winners were Rob Taylor (O45), Jamie Dore (O/50), Bill Backley (O/55) and in the ladies O/35 Jayne Platt, Jeannette Coleman (O/40), Sue Geldeart (O/50) and Doreen Madden (O/55).

Overall it was a great 3 Day Event. Phil Roberts, the race organiser, is a real hero. Nothing was too much trouble for him. Everything went really well – good races, good courses, presentations and results. Phil and the rest of his Rochdale Harriers organising team deserve a really big 'thank-you'.

Rob Jackson (Results in centre section)

# IT'S OFFICIAL – WOMEN CAN'T READ A MAP!

Dear Editor.

At the obvious risk of upsetting my female club colleagues I thought it might be of some interest for your readers to learn of this startling new evidence that I came across recently written by the science editor of the Times entitled "Women can't read a map"-allegedly! For years it would seem men have known this to be true-however recently scientists in London have produced documentary evidence confirming this long-lasting belief.

Men and women apparently use their brains differently- something else that men have known about for sometime 1 suspect! Women are not as good as men at spatial tasks, but are better at dealing with complex verbal information [for example "fetch me my slippers" or "shut up and get on with the ironing"].

Psychological testing had previously indicated these differences, but now revolutionary new brain imaging techniques have shown that they are caused by men and women using their brains differently when they carry out the same tests.

Dr Tonmoi Sharma a very eminent megabrain from the institute of Psychiatry in London, showed the Human Brain Mapping conference in Dussledorf brain images, taken using a technique called functional magnetic resonance imaging- clever stuff you might think? Twenty volunteers, divided equally between the sexes, had their brain activity monitored while taking memory and language tests. The idea was to see which parts of the



Sue Parkin navigates her way to her seventh Ladies win at the LDTMA. Photo: Peter Hartley

brain were activated for the tasks shown by enhanced blood flow.

In the language test, women's brains were more active in an area known as the prefrontal cortex, used for manipulating information [women always were more manipulative in the cortical sense of the word!] Apparently men showed more activity in the supplementary motor area [i.e. make better car mechanics!] In this test, large areas of the male brain were activated compared with smaller areas of the female brain. Now does any of this come as a shocking revelation to us blokes? I think not. We've been conducting similar but less highly sophisticated tests up on areas like Bleaklow and Black Hill on Sunday mornings for many years and have come to the exact same conclusions as the good Dr.Sharma- most men are superior with the old map and

compass! We fellrunners could have probably saved him and his institute a lot of time and money, but there you have it-the marvels of modern science.

Dr.Sharma's final conclusion was that "When you read a map, it is the spatial working memory that is needed, and this is to do with using the entire circuitry rather than just one particular area of the brain." In plain simple English if you've a screw loose or simply a short fuse you've not much chance of finding your way around a Harveys 1:40,000!

Should women therefore embark on more regular circuit training? Should they simply remain in the kitchen on Sunday's and prepare that roast dinner like the eminent doctor seems to be suggesting?

All this goes with apologies to my wife who can always manage to find her way to and from Sheffields' Meadowhall shopping complex and always seems before me to be able to locate my car keys with pinpoint navigational skills in a morning even without a map and compass [although I usually suspect she has unwittingly transferred them from the previous safe place where I last left them, leaving me at a considerable disadvantage in my frantic daily search].

Now I once received a letter from the right honorable Madge Sharples –veteran London Marathoner- who didn't seem to share my sense of humor in another article I'd written in a running mag. So it's now I feel that I ought to add my disclaimer before I get a tirade of abusive letters and irate female club colleagues queuing at my door to batter me over the head with their hand/bum-bags. I am merely telling it as I read it [with journalistic license].

Yours jokingly [with apologies], *Dave Lindop M.C.P. Penistone F.R.* 

# INDEPENDENCE DAY CELEBRATION

By Willie Goforit

This year's Oxenhope straw race on 4th July, with the theme Independence Day ensured the fancy dress included masses of Statues of Liberty, Majorettes, line dancers, cowboys and Indians and all things American.

Of course Star Wars, Star Trek, Doctors and Nurses, Policemen, Cartoon characters, men dressed up in ladies clothes and even a team of Naked Chefs – with just an apron to hide their credentials, all made an appearance.

Numerous implements and devices are used to aid carrying the bale; these include prams, stretchers, various poles, roller skates and even skateboards. But the true Yorkshire way is to use ones back and bare hands and show true Yorkshire grit!

Several fell runners once more enjoyed this day out in a West Yorkshire village, where 182 teams of two dashed from the Wagon &

Horses to the Dog & Gun, drinking beer and carrying a full or half bales of straw. The male athlete section was won by Pete Pollitt and his brother Michael in a time of 19.14, and the ladies trophy won by J. Gerdes and J. Clarkson. Fell runners dominated the mixed team section, first Kate Boobyer and Phil Davies, P&B, timed at 22.28, second Julie and Rob Haworth, Middleton Harriers, 10 seconds behind, and third the Bingley team of Jane and Michael Smith. This section is by far the hardest to compete in, because it involves drinking five pints and carrying a full bale of straw over the 3 mile/600ft race route.

The open category was interesting, because the winners Sam Wadsworth and Ted Mason, and second team Lee Thompson and Dave Nuttall are athletes of some note, with the winners actually recording 18.55, some 19 seconds faster than the athletes section.

Next year is the 25th Silver anniversary of the event, so see the FRA calendar advert or send a SAE to Judith Fisher, 17 Lawcliffe Crescent, Haworth, Keighley, W. Yorkshire, to be on the entry form mailing list.



Lee Thompson and Dave Nuttall, 1999 Oxenhope Straw race - photo: Woodhead

# Everyone A Winner

'Whoosh, whoosh' the express train had started. I stepped back a couple of paces to behind the imaginary yellow line for fear of being run over. "Go on Andy" I yelled. As usual there was not a flicker of recognition on Andy's face, he remained a picture of concentration as he tried to keep tabs on Mark. The express train continued. Another ten or so runners had gone by at full pelt. I sat down and opened my rucksack. It was a cold day, far too cold for Adie to be wearing his infamous 'Glossopdale Summer Shirt'. I was in a good position for feeling smug. At this point the runners were several miles into the course, many would be tired, hungry, cold and thoroughly wet. They would not be relishing this uphill section. However I was well wrapped up and nice and warm and I reached for my hot drink and mars bar. A solitary runner went by and gave me an envious look. Yes, I was definitely in a good position for feeling smug!

"Go on Frank, go on Simon" I shouted as my husband's team mates ran by. They gave me a wave. I decided it was time to temporarily abandon my snack and get my camera ready as my husband would no doubt soon appear. "Go on Andy" I shouted and clapped and took the obligatory photo. I knew it would give him a boost to see me. Now that my wifely duty(!) was over I sat down and continued my snack. A bunch of runners left the path and ran towards me, I pointed them back to the path. I then lay my walking pole down on the ground realising that it looked like a course marker. "Which way now?" asked another runner, I indicated that he should continue in the same direction. I am often mistaken for a marshall, sometimes to the point of causing confusion, even though I am only spectating. My husband tells me it is because I look the part. "Well done Bill" was my next utterance as the tall figure in the familiar yellow tee shirt approached.

"Oh hello, how are you?" he said.

"Not too bad." was my reply." How are you?"

"Knackered" came the response. He would be wringing the sweat out of that tee shirt at the end of the race as usual.

The express train had slowed right down now and some of the runners were walking a bit.

"Well done. Well done" I tried to encourage them.

"Thank you for coming out and supporting us" said one man. (This remains the nicest thing a runner has said to me during a race).

"It's good to be here" I replied, "you've no idea."

"Well done Selwyn," Selwyn nearly stopped dead in his tracks, he was a long way from home and wasn't expecting anyone to be supporting him on this race. "Stella!" came the surprised reply.

The next person I recognised was John. I was surprised to see him so far back in the field. He came across and sat down beside me. He explained that he was coming back from injury and was just running round with one of the ladies from his club. The lady in question huffed and puffed her way past and John continued on his way.

The train was now much more like an old chugging steam train as the tail enders crept by. I'd swear that the gradients get steeper for those at the back. It's the same with stiles, the further back you are in the race the higher the stile. It's the same phenemenon as the way they put the mile markers further and further apart at the end of a marathon.

I packed up my rucksack and continued on my way. I like to walk in the opposite direction of the race so that I can see the runners approach and so can get out of their way. On a previous occasion I had been walking in the same direction as the runners and looking back over my shoulder meant I missed my footing and fell over in front of a bunch of runners and felt rather stupid.

The next runner I encountered must have been in the over 60's category. However he was still trotting along quite sprightly and I told him that he was going well as many runners were walking at this stage. For this I received a polite 'thank you' as I often do from some of the slower runners who have more time for life's little pleasantries.

"Ooh look at the view!" two ladies running together stopped and admired the sights. The front runners probably saw next to nothing of the views on the course. The last runner was a rather round wobbly lady. "You're doing alright" I tried to encourage her but she seemed to be struggling.

I made my way back to the start of the course and the prize giving. Most of the runners would have finished ages ago and would be conducting various "post-mortems" in the rather sweaty, smelly atmosphere of the village hall, and comparing their latest injuries. Even though I was only walking part of the course all of the runners would be at the finish a lot, lot quicker than me. Indeed the marker posts had gone and I hoped I wouldn't get lost! The prize giving was in full swing by the time I reached the village hall and had sniffed out my husband. "And finally" said the race organiser "the prize for the last finisher."

"Oh no how embarrassing" said a voice beside me. I turned to see the round, wobbly lady who with a rather red face shuffled forward to collect her race tee shirt. "Well done" I said.

"But I came last" said the round wobbly lady.

"I wish I was that good" I replied.

"What do you mean?" she looked surprised.

"You see, I think that everyone who completes a fell race is a winner. It's the losers who don't get to the start line. You didn't come last, you were just the slowest winner."

This article is meant as a tribute to all runners but especially to my heroes at the back. While I can appreciate the performances of the faster runners I feel that the efforts of those at the back are often overlooked. They are out on the course a lot longer and it takes a lot more out of them. However they are often just as committed, determined and competetive as as those at the front. And of course they achieve a great deal when compared to ordinary human mortals.

The above is a fictitious race using comments and experiences I have had when spectating at various races. However if anyone recognises themself and feels that I have got the pecking order wrong then I apologise.

Stella Judd



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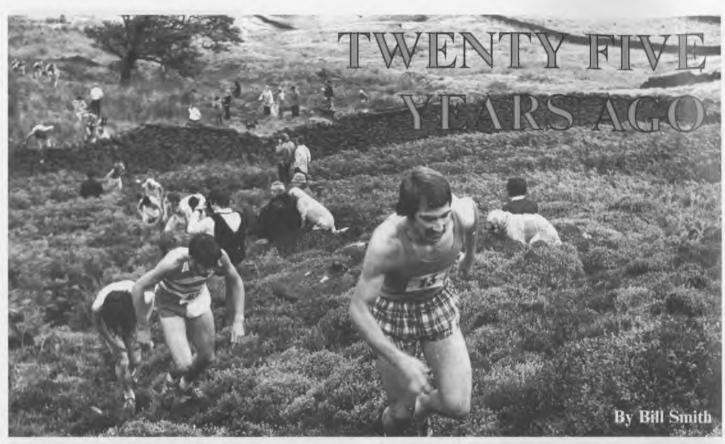
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Harry Walker, Burnsall 1974. Note that the ascent in 1974 is now the famous descent! Photo Bill Smith

Sunday, August 11th: The original plan for the first amateur Borrowdale Fell Race was for a course to link the Scafell Hotel, Rosthwaite, with the New Dungeon Ghyll Hotel, Langdale, both owned by the race sponsor, Miles Jessop, but the one eventually devised by Keswick AC officials, including the Stonethwaite stonemason, Chris Bland, was virtually identical to the one run today, the minor exception being a checkpoint in Tongue Gill, on the descent from Dale Head summit to the finish, which was afterwards dropped in favour of the higher path through Rigg Head Quarry.

A fine summer day greeted competitors and the first runners to reach the Scafell Pike checkpoint were Dave Halstead (Blackburn), Andy Churchill (Clayton), Mike Short (Horwich) and Mike Nicholson (Kendal), though by Great Gable summit, Halstead had established a definite lead, two minutes ahead of Churchill, who in turn was a minute clear of Short and Nicholson. The Clayton runner, winner at Wasdale a month earlier, gained on his Blackburn adversary crossing to Honister, where he was only one minute behind, but Halstead, 2nd at Wasdale, proved the stronger climber on this occasion and had built up a fourminute advantage on reaching the Dale Head checkpoint, finally storming home to a decisive victory in 3.05.07, with Churchill 2nd: 3.12.22, Short 3rd: 3.13.17 and Nicholson 4th: 3.17.04. Other leading results attained by names familiar to most of today's readers were: Peter Hartley (Rossendale) 6th, Pete Bland (Kendal) 8th, Jim Smith (Bury – now Todmorden) 10th,

Harry Blenkinsop (Kendal – now Keswick) 11th, Bob Jackson (Sale – now Horwich) 13th, Tony Shaw (Rochdale – now Todmorden) 14th and Rod Futrell (Holmfirth) 20th.

Saturday, August 24th: Another grand day for Burnsall Feast Sports and Harry Walker led the climb virtually to the cairn (by today's descent route, including the high wall), closely pursued by Rod Duerden (Sheffield UH), who briefly assumed the lead up here, only for Harry to plunge ahead once more at the start of the descent (same as today's route), leaving Duerden to eventually fade to 18th. Meanwhile, an "unknown" named Andy Styan of Holmfirth Harriers (William's father), who had reached the cairn in 6th place, launched himself into what soon came to be recognised as one of his trademark reckless descents, taking a few tumbles on his way down but managing to overhaul Walker at the gate leading into the muddy walled lane, beyond which point he powered ahead to win by five seconds in 13.21, with another noted descender, Martin Weeks (Bingley) 3rd in 13.40.

Brian Robinson (Kendal), outstanding both as a junior and senior during the '70s till a mystery virus brought his athletic career to an end in 1980 (from which he eventually recovered, incidentally), triumphed in the Dales Junior Fell Race to the fell gate and back, after turning in 2nd place. His time of 6.47 was seven seconds faster than that of runner-up E. Walsh (Bingley).

Saturday, September 7th: Since 1970, Dave Cannon (Kendal) had achieved two victories, one second placing and a third in the Ben Nevis Race, and by 1974 had virtually forsaken fell racing altogether to concentrate on road-running in order to further his ambition of winning an international vest- which he eventually did realise, incidentally, after transferring to Gateshead Harriers a year later. He had not, however, lost any of his fell running prowess.

Bad weather prevailed for the 1974 event as he battled up and down the mountains with his old adversary, Brian Finlayson (Lochaber), whom he had narrowly defeated in both 1971 and '72, but his superior road speed proved the deciding factor yet again over the final mile from Achintee to the Fort William New Town Park at Claggan, where he arrived with a 53-second advantage in 1.3017, 1973 winner Harry Walker finished 3rd and 1970 winner Jeff Norman 4th. Cannon went on to win the next two Ben Nevis Races to bring his total of victories to five, setting a new record of 1.26.55 in 1976 which was to stand till 1983 when John Wild reduced it to 1.25.35.

Sunday, September 15th: Rain and mist made for interesting conditions in the Lake District Mountain Tral (then called the Vaux Mountain Trial after its sponsor), run this year from the Coledale Hotel at Braithwaite. The first control in Hobcarton Gill surprisingly (for this event) led quite a few competitors to reach it by a fast road run up Whinlatter Pass, while others followed a ridge route by Grisedale Pike. The next two were straightforward enough,

being located in Gasgale Gill and on Knott Rigg, but No. 4 on High Spy gave a wider route choice, with some opting for a ridge route along Littledale Edge and over Dale Head, though both Jos Naylor (Kendal) and Pete Walkington (Blackburn) took a lower line by Keskadale and Newlands Beck, which involved a steep climb to the control. The final checkpoints were on Aikin Knott and Outerside.

Jos Naylor continued his practice of recent years by being last to start and first to finish, his time of 3.43.50 being 23 minutes faster than that of runner-up Pete Walkington, while Naylor's former Karrimor partner, Allen Walker (Kendal), came in 3rd. Jos was to win his tenth Mountain Trial in 1979, after which Billy Bland embarked on his run of nine victories. Among those still competing today, Harry Walker was 5th, Andy Churchill 6th, Peter Trainor (Keswick), a former Rugby League player, 7th and Harry Blenkinsop 10th.

Saturday, September 21st: An upset for Jos Naylor – and the forecasting of several experts! - in the Langdale Horseshoe when Mike Short (Horwich), who had only been fell running for eighteen months, scored his first-ever victory with a fine performance in 2.10.27, only 2.07 outside Naylor's 1973 inaugural record, with Jos himself only 17 seconds adrift in 2nd place and one of the top Scottish hill runners of the period, Bobby Shields (Clydesdale - but here representing his second-claim club, Kendal) a further 2 and a half minutes down in 3rd. In those early races, incidentally, most competitors headed from Thunacar Knott to the top of Stake Pass, reached Bowfell by the Esk Pike ridge, and descended from Blisco down Redacre Gill

to where the path crosses the stream before contouring across to the Blea Tarn road checkpoint.

Saturday/Sunday, October 5th/6th: This year's Karrimor was based at Hethpool in the College Valley of the Cheviots, though it was unfortunately overshadowed by the untimely death of one of its chief organisers, Lol Clarke, less than a month before. Harry Walker had entered with his 1973 partner, Dave Halstead, but the latter had to withdraw due to being asked to represent the Lancashire Fire Brigade in a relay race from London to Edinburgh the day before. As it transpired, the 1972 and '73 winner, Norwegian Stig Berge, a past World Orienteering Champion, was also without his previous partner, Carl Martin Larsen, so chief organiser Gerry Charnley suggested that Harry and Stig should team

It proved to be a highly successful partnership, with them finishing the first day with almost an hour's lead over the second-placed pair, Eric Roberts (Borderliners OC & Kendal AC) and Derek Hartley (Edinburgh Southern OC). They considerably increased this advantage on the second day to emerge overall winners with a time of 10.22.53, with Roberts and Hartley retaining their second place in 11.39.57, followed by two more orienteering teams, Geoff Peck and Tom Lunne (3rd) and David Rosen and Alistair Wood (4th).

Jos Naylor and Pete Walkington finished 5th after losing an hour-and-a-half looking for the fourth control on the first day, but they were, however, to emerge victorious in the 1975 event from Ennerdale. Jos had previously won the Karrimor with his

Kendal AC partner, Allen Walker, in both 1970 and '71. The unrelated Harry Walker wrote a very interesting account of his experiences with Stig Berge in the 1974 issue of The Fellrunner (only one published that year) and mentioned how some of the teams of fell runners had unsuccessfully tried to utilise the Norwegian's navigational skill on the first day: "They were watching every move Stig Berge made and were following easily. Stig told me to take it easy and just let them follow ...... The easier Standard Class, introduced in 1971, was won by the Clayton-le-Moors duo of John North and Roman Halenko. while two Outward Bound instructors, Peter Booth and Peter Surfleet, triumphed in the inaugural "B" event.

Sunday, October 20th: 1974 saw the Three Towers Race from Horwich to Holcombe, via moorland, cross-country and a little road, being extended from 18 to 20 miles, with the extra mileage being gained by a crossing of Anglezarke Moor to a new checkpoint on Great Hill, between Rivington Pike and Darwen Tower, and a further diversion beyond here to Cadshaw and Entwistle, en route for Pilgrim's Cross and Holcombe Tower. Mike Short led at Rivington Pike but Jeff Norman was ahead at all subsequent checkpoints and finally won with a time of 1.58.23 from previous triple-winner Colin Robinson (Rochdale), 2.05.21, and Short, 2.05.34. Norman was to eventually match Robinson's total of three victories by winning again in 1976 and '77. Competitors were treated to a cooling shower of rain and sleet between Great Hill and Darwen Tower but the weather afterwards improved.

# <u>The final Gale</u> <u>fell race</u>

Sunday October 31st will signal the end of an era of fell racing in a small corner of Lancashire, as The 33rd annual - and final - Gale fell race will be run, from the former Gale Inn near Littleborough, Rochdale. The race was first run in 1967 to settle a friendly argument between regulars at The Gale and in 1969, Preston's Andy Holden, later to become one of Tipton's great marathon runners set a record time of 23min 52 which stood for 26 years, until the Modern Great Ian Holmes of Bingley came over for a run. The pub has now been sold but will no longer be used as licenced premises. However, organiser Allan Greenwood is already planning a successor to the race for the year 2000, from another pub a few miles down the road....



Mike Short, Langdale winner, pictured at Pendle. Photo Bill Smith

# Where will you be celebrating the Millennium?

Will it be joining the crowds in Trafalgar Square, flocking to the Millennium Dome festivities, jetting on Concorde to Time Square, New York or putting your best foot forward to compete in the LAST FELL RACE THIS CENTURY.

The sixth Old Lang Syne, with its humble surroundings of Penistone Hill, Haworth is the setting for this unique event, and you can be a part of it! This once in a lifetime experience is brought to you by the Woodentop organisers, who cannot

guarantee the weather, but can guarantee you one "full on, in your face" celebration.

Teaming up with Brisco's Brewery this ensures every finisher will receive a unique momento in the form of a pint bottle of very strong Briscoe Ale. As you know we have had a competition going to find a name for the beer, and possibly a motif, logo or design for the label. Who's

won it? .... Well you'll have to turn up on the 31st December 1999 to find out! The lucky winner will be presented with 12 bottles of the master brew, along with having the satisfaction of seeing their winning design and name on the bottle label.

Also on offer this year to all finishers is an aptly named limited edition 2000, Cadbury's Aztec chocolate bar, some of you may remember them the first time round when they made an appearance in the early seventies. You'll think you've died and gone to heaven when you sprint across the finish line, and feel the euphoria as you clutch your beer and chocolate.

The actual race itself ascends Oxenhope Stoop, before following the wall side to the top of Stairs; a short descent is followed by running alongside a water channel, before descending the Stoop for the dash back to Penistone Hill. This is not a technically difficult fell race, although it will test you're stamina and is an ideal introduction to running the hills. Ian Holmes, is actually the only men's winners name on the Sneck Lifter handpump trophy, with a record time of 34.20 from 1996. The ladies has only had two winners Carol Greenwood, three times, and Sarah Rowell twice, this includes winning the

'Ghost Race'. This occurred in 1996 when very deep snow caused the race to be postponed, but since seventy-odd well clad, but clearly deranged runners, still managed to make it to the start line, it was decided to offer a race. Hence the 'Ghost race'. Sarah Rowell also has the distinction of being



The 'ghost' Auld Lang Syne. Photo: Woodhead

the record holder from 1995 from a time of 40.05.

Once you've recovered with the free biscuits and coffee make sure the Old Sun Inn hostelry is your next port of call, this is where the real revelry begins!

The prize-giving is second to none, especially since all prizes are of the alcoholic beverage style, just to put you in the mood for the forthcoming night's festivities. Besides the customary free soup and roll to all, platters of free sandwiches are on offer, similar to Woody's 40th Birthday Bash race. Race winners will

be asked to cut a special celebration chocolate cake baked by no other than Sarah Rowell herself, as the rest of you let fire with your party poppers, and streamers which are freely flowing by this time.

Briscoe's Brewery have guaranteed to produce a hand pulled beer to celebrate the occasion which will be available in the pub. If you still feel the need of a challenge after all this, why not try your hand at a half or full yard of ale, be warned this is only for the brave of you out there!

After reading all this the only thing you'll be wondering is "what if the weather's not too clever", especially since it has snowed in the past. Well no matter what the elements throw at the organisers they'll be there, so if they can make it, we're dam sure you can.

This profile was brought to you by M.T. GLASS



There are vast acres of beautiful countryside in the Yorkshire Dales. Fell-runners have to leg over thousands of stiles, stone walls and streams in pursuing this traditional sport. One old runner won three races in one day in the 1920s: another won more than 100 races over thirty years. Over 300 fell-runners take part on Haworth Moor every New Year's Eve for a bottle of Yorkshire ale. We dedicate this fine Yorkshire beer to all Fell-runners.

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World Trophy p.39 Championships p.40

Girls day out!

Main picture: Natalie White Yorkshire
U118 Champion (Steve Bateson)

Inset: Ul16 Helen Booth at Settle Hills (Peter Hartley), Laura Hughes of Horwich at Settle (Steve Bateson), Jo Smith - first lady at Turnslack (Steve Bateson)

# RAVENSTONES BROW FELL RACE Lancashire BM/10m/1250ft 1.5.99

An excellent field of runners was matched by near perfect conditions. The new route confused some runners but local knowledge showed when Ray Gren led the race home. The race, designed to provide an interesting and demanding route has had to be amended to comply with environmental restrictions but it still had steep rocky ascents and descents, moorland running and fast country tracks.

Many thanks to all runners who supported the event and to all those who helped with organisation.

Bob Waterhouse

THE TOTAL		
1. R. Green	Sadd.	1.13.54
2. P. Targett	Clay	1.14.12
3. R. Crossland	BfdA	1.14.33
4. T. Longman	Macc	1.15.11
5. C. Davis	Sadd	1.15.42
6. M. Salkild	HolmeP	1.17.25
7. B. Johnson	Macc	1.17.56
8. A. Alty	Chor	1.18.22
9. M. O'Donnell	Chor	1.18.55
10. D. Franklin	Sadd	1.19.08
VETERANS O/40		
I. R. Crossland	BfdA	1.14.33
2. C. Davis	Sadd	1.15.42
3. T. Hargreaves	Stock	1.19.38
4. D. Asquith	Skyrac	1.25.20
5. R. Griffith	Holm	1.26.16
VETERANS O/45		1120110
1. T. Longman	Macc	1.15.11
2. D. Overend	Holm	1.19.18
3. F. Fielding	Gloss	1.20.00
4. R. Kersey	Holm	1.21.16
5. S. Butler	Wake	1.23.58
	wake	1.23.36
VETERANS O/50	**	1 00 15
1. B. Wheatley	Unatt	1.22.45
2. M. Crook	Horw	1.22.59
3. G. Breeze	Skyrac	1.25.34
4. R. Baines	Unatt	1.25.35
5. R. Bradley	Holm	1.27.11
VETERANS O/60		
1. M. Houghton	Chor	1.38.10
LADIES		
1. R. Dunnington O/35	EChesh	1.25.44
2. K. Mather O/35	Sadd	1.25.57
3. K. Wood	Gloss	1.28.49
4. C. Lorimer O/40	Cosmic	1.28.55
5. S. Exon O/40	Traff	1.34.31
6. B. Hilton	Macc	1.35.29
7. G. Hope	B'pool	1.53.57
8. L. Yates O/35	Sale	1.54.38

# STUC A' CHROIN 5000 Perthshire AL/15m/5000ft 1.5.99

The Stuc A' Chroin 5000 Hill Race was held on what was probably the best day of the year for weather. The number of entrants was up on the previous year and although no records were broken, a most satisfactory day was enjoyed by runners and race officials.

We are again indebted to our sponsors, Invergordon Distillers for prizes, and Highland Spring Water for providing refreshment on the hill.

A. Bennie

1. J. Davies	Вогг	2.03.52
2. M. Rigby	W'lands	2.07.45
3. J. Coyle	Solway	2.17.31
4. D. McGonigle	Shettle	2.21.44
5. R. Gallagher	W'lands	2.22.57
6. M. Higginbottom	Carn	2.24.53
7. A. Anderson	Solway	2.28.11
8. D. Rodwell	Carn	2.29.47
9. G. Tompsett	Unatt	2.30.03
10. N. Raitt	DundeeHH	2.32.44
VETERANS O/40		
1. I. Cowie	Mercia	2.33.25
2. M. Laing	Fife	2.39.32
3. J. Blair-Fish	Carn	2.39.50
4. M. MacLeud	W'lands	2.48.36
5. G. Hodges	Macc	2.49.49
VETERANS O/50		
1. C. Love	DundeeHH	2.43.59
2. T. Ross	Fife	2.46.21
3. K. Burns	Carn	2.51.54
4. G. Houghton	CaldV	2.57.30
5. J. Holden	Fife	2.59.14
LADIES		
1. J. Higginbottom	Carn	3.04.26
2. C. Stewart	DundeeRR	3.06.44
3. E. Scott	W'lands	3.10.25
4. L. Tidmarsh	Unatt	3.17.57
5. L. Provan	Fife	3.29.42
6. E. Whiteley	Unatt	3.47.47
7. S. Micalizzi	Carn	3.54.53
8. J. Howard O/40	Unatt	4.02.46

# CALLOW Shropshire AS/3.5m/1617ft 2.5.98

194 runners enjoyed this new and surprisingly tough course starting and finishing in Minton village. To quote one of the finishers "There was none of this pussy-footing flat stuff was there?"

A fine warm day brought out many spectators but a "very" disappointingly low number of runners. The course had dried up nicely to give a good firm footing.

An exciting finish saw Gavin Bland steal the lead from Rob Jebb in the final metres of the race. The ladies' race was won by Janet King with Polly Gibb taking second place.

Thanks to the villagers of Minton, Mercia and Ludlow Runners for their help and support.

Phil Harris

il Harris		
I. G. Bland	Borr	29.12
2. R. Jebb	Bing	29.14
3. S. Willis	Tod	30.48
4. M. Palmer	ForestD	30.51
5. M. Keys	Ross	30.57
6. P. Sheard	P&B	31.09
7. G. Devine	P&B	31.09
8. D. Neill	Mercia P&B	31.27
9. G. Oldfield		31.39
10. M. Kinch	Bing	31.48
11. R. Hope	P&B	32.18
12. N. Sharp	Kesw	32.20
13. S. Stainer	Amble	32.21
14. A. Wrench	Tod	32.22
15. M. Wallis	Clay	32.34
16. N. Spence	Kend	32.39
17. G. Schofield	Horw	32.47
18. D. Troman	Kesw	32.56
19. J. Longue	Horw	33.01
20. P. Cadman	Mercia	33.09
VETERANS O/40		
1. M. Keys	Ross	30.57
2. D. Neill	Mercia	31.27
3. M. Wallis	Clay	32.34
4. G. Schofield	Horw	32.47
5. D. Woodhead	Horw	34.00
	1101 W	54.00
VETERANS O/50		
1. T. Hesketh	Horw	33.15
2. M. Walsh	Kend	33.28
3. K. Taylor	Ross	34.30
4. J. Holt	Clay	35.08
5. D. Tate	DkPk	35.43
VETERANS O/60		
I. B. Waldie	Carn	36.54
2. F. Gibbs	Bing	40.03
3. P. Norman	Wrex	40.55
	WICK	40.55
LADIES		
1. J. King	CFR	37.49
2. P. Gibb	P&B	38.10
3. K. Slater O/40	Kghly	39.03
4. L. Osborn	Kesw	39.38
5. S. Newman	Gloss	40.06
6. H. Johnson	Ilk	40.47
7. J. Shotter	P&B	41.49
8. A. O'Kearney	Altr	41.51
THE RESERVE OF THE PARTY OF THE		



Rob Hope, just outside the top ten at Callow, here seen winning Pendleton Photo: Peter Hartley

# WRAY CATON MOOR FELL RACE Lancashire BM/6m/1000ft 3.5.99

Well what a wonderful day it was. It was by far the warmest sunniest day of the year up to then. It had been dry for the whole of the Wray Scarecrow Festival and the grand finale, the May Day Fair at Wray, was the best of them all. with 7000 visitors crowding into this small village of 500 residents.

1999 saw a record number of entries in the Wray Caton Moor Fell Race with 223 starters in the senior race and 121 juniors in their race. The juniors start immediately afterwards with a mass start with all three age categories starting off together. They turn round at three different places with increasing distance and footage with age.

All this endeavour took place after a frantic weekend of altering the senior route. Just three weeks before the race, when making our courteous round of calls to reaffirm permission for the race route, we learned that the top of the fell had been sold to a new owner. We believe it is the new owner's intention to turn the top section of Caton Moor into a new grouse moor. In keeping with the shooting fraternity's reputation, permission was withheld at the eleventh hour. Fortunately, the other landowners in the area are the 'salt of the earth' and a new route was worked out over the preceding weekend. In fact we were complimented on the new route which goes round the fell when the summit is within sight, descending into a little moorland valley before the descent gets under way proper. Such was the added spice of interest that the general consensus of opinion was that we keep on going that way in the future even if we get the top of the fell back.

Congratulations to the winner, Neil Wilkinson, who gained three places over last year's winner, Craig Roberts.

Peter Edge

Her Eage		
1. N. Wilkinson	Salf	35.34
2. P. Leybourne	Salf	35.46
3. S. Willis	Tod	35.55
4. C. Roberts	Kend	37.07
5. G. Flatley	Horw	37.21
6. D. Houlsworth	Kend	37.31
7. S. Culshaw	Horw	37.54
8. G. Hall	Holm	38.22
9. M. Cayton	Horw	39.00
10. T. Plant	Belpel	39.14
VETERANS O/40		
1. D. Houlsworth	Kend	37.31
2. P. Brannon	Clay	39.26
3. N. Hume	Nfylde	40.46
4. A. McDaid	Kend	40.54
5. A. Shepard	Settle	41.44
VETERANS O/50		
1. P. McWade	Clay	39.49
2. K. Taylor	Unatt	40.10
3. P. Lyons	Ross	42.12
4. B. Rawlinson	Ross	43.05
5. J. Nolan	?RR	44.47
VETERANS O/60		
1. D. Brown	Clay	51.42
2. R. Moulding	B'burn	52.45
3. H. Johnson	NewbNom	54.41
LADIES		
1. E. Tomes O/40	Kghly	46.20
2. J. Rawlinson O/40	Ross	47.59
3. L. Hargreaves	Acer	48.17
4. A. Green	Spen	48.37
5. J. Robinson O/40	Garstang	49.06
6. M. Edgerton	Unatt	50.21
7. K. Rogan	Wharfe	54.33
8. A. Carrrington	DkPk	55.15
-		

# BUTTERMERE SAILBECK HORSESHOE Cumbria AM/9.4m/4250ft 9.5.99

A weather window gave gave the race a lift from otherwise bad conditions. Full running kit was mandatory. A field of 109 set off and the leading group of four broke away comprising the first three finishers from Borrowdale - Jonny Bland, Andrew Davies and Jim Davies, plus Mark Horrocks from Clayton.

By Causey Pike at the start of the ridge run, the Borrowdale three had pulled clear and by Whiteless, it was Jonny and Andrew just ahead of Jim. Jonny pulled out just over half a minute on Andrew to win in a time just three minutes down on Simon Booth's championship win last year. A great run in very windy conditions.

The ladies' race was easily won by Yvette Baker - a storming run to come in 28th out of 106 finishers. Second lady was Ruth Dorrington and third lady and first veteran over 50 was Maureen Bridge.

Only men's teams were contested - four to count - won by Borrowdale with the above three plus Stephen Hicks.

Thanks to the ground crew, checkpointers, St John's Ambulance and to the Staggs for field hire/refreshments.

Sadly, this was the last Buttermere. Cumberland Fell Runners have regretfully decided that due to escalating race costs, low race entries, calendar conflicts and low ground support, to call it a day. Thanks to everyone for all your support over the years.

#### R. Eastman

 asimun			
1. J. Bland	Borr		1.27.14
2. A. Davies	Borr		1.27.49
3. J. Davies	Borr		1.28.24
4. M. Horrocks	Clay		1.32.34
5. D. Nuttall	Clay		1.37.47
6. D. Troman	Kesw		1.38.27
7. S. Shuttleworth	Amble		1.38.50
8. J. Hemsley	Ilk		1.39.38
9. S. Jackson	Horw		1.40.30
10. P. Whiting	Kend		1.40.35
	KCIIU		1.40.55
VETERANS O/40			
1. P. Whiting	Kend		1.40.35
2. D. Allen	DkPk		1.41.54
3. D. Hyde	CaldV		1.52.43
4. I. Harland	Kghly		1.52.57
5. C. Taylor	Mercia		1.53.13
VETERANS O/45			
1. S. Jackson	Horw		1.40.30
2. L. L'Anson	Borr		1.48.47
3. J. Winder	CaldV		1.51.43
4. D. Schofield	Ross		1.52.05
5. J. Marsh	Teviot		1.56.00
	101100		1.50.00
VETERANS O/50			
1. M. Walsh	Kend		1.41.16
2. J. Holt	Clay		1.42.02
3. B. Schofield	Tod		1.47.00
4. K. Carr	Clay		1.48.10
5. G. Houghton	CaldV		1.54.21
VETERANS O/55			
1. J. Nuttall	Clay		1.51.19
2. A. Evans	Amble		1.56.41
3. J. Ely	Unatt		2.09.33
VETERANS O/60			
1. R. Mitchell	Teviot		2.21.54
	Teviot	2	2.21.34
VETERANS O/65			
1. C. Henson	DkPk		2.17.51
2. H. Catlow	Dallam		2.22.23
<ol><li>D. Clutterbuck</li></ol>	Roch		2.33.43
LADIES			
1. Y. Baker	P&B		1.51.17
2. R. Dorrington	Abbey		2.07.33
3. M. Bridge O/50	Kesw		2.22.54
4. S. Campbell O/45	Totley		2.45.31
5. F. Hutchinson O/45	Tyne		2.50.41
C. I. Haveninson O/TS	2 3 110		2.50.71

# KENMAR HORBURY HIKE West Yorkshire CL/21m/1500ft 9.5.99

The firm to heavy conditions made a new record unlikely, although the winning time was only one minute down on last year's record! If only Shane Green didn't get lost so many times!!

After a brisk start downhill to the "Canal Turn", the field as usual strung out through the undulating scenery up towards Bretton, the leading due of S. Green and S. Tibbs alternating the lead with S. Boulby, A. Meskimmon and N. Mannion forming the chasing group, the pelaton deciding to let them get on with it and judge their own survival pace.

This format continued through Deffer Woods, Skelmanthorpe and up onto Emley. From this vantage point, S. Green used his vast experience to pull away from S. Tibbs to finish first.

Without C. Greenwood, this year's ladies' race was somewhat behind the pace but still well contested.

Hopefully, the route will be back to front next year which should prove interesting. Thanks to all.

#### Tony Audsley

TE J	nuusies		
	1. S. Green	P&B	2.26.00
	2. S. Tibbs	Wake	2.32.00
	3. S. Boulby	DenbyD	2.41.00
	4. A. Meskimmon	HolmeV	2.43.00
	5. P. Davies	P&B	2.43.00
	6. N. Mannion	Wake	2.46.00
	7. A. Marshal	Abbey	2.57.00
	8. S. Hall	Unatt	2.56
	9. J. Marsh	TarrenH	2.56.00
	10. J. Harley	DenbyD	2.58.00
	VETERANS O/40		
	1. M. Collinson	DenbyD	3.13.00
	2. S. Blackford	DenbyD	3,16,00
	3. P. Isaccs	Wake	3.32.00
	4. A. Brown	Barnsley	5.09.00
		·	

VETERANS O/45		
1. R. McArthur	Meltham	3.06.00
2. N. Hill	Meltham	3.06.00
3. S. Butler	Wake	3.07.00
4. P. Fenlon	Unatt	3.09.00
5. R. Kent	P'stone	3.20.00
VETERANS O/50		
1. I. Bimrose	Arran	3.15.00
2. L. Morse	YorksM	3.17.00
3. I. Gamble	YorksM	3.23.00
4. B. Hunter	Holm	3.51.00
5. M. Bennett	Unatt	4.03.00
VETERANS O/55		
1. J. Marsh	TarrenH	2.56.00
2. P. Andrews	DenbyD	3.32.00
3. G. Firth	Ackworth	4.00.00
VETERANS O/60		
1. S. Anderson	Wake	3.38.00
LADIES		
1. J. Harley O/35	DenbyD	2.58.00
2. E. Gamble 0/40	YorksM	3.57.00
3. A. Morse O/50	YorksM	3.57.00
4. S. Brown O.45	Barnsley	5.09.00

# CARLTON CHALLENGE -NORTHERN RUNNER MID-WEEK SERIES Cleveland BS/5m/850ft 11.5.99

H'pool

34.36

1. P. Stephenson

1. I. Stephenson	11 poor	24.20
2. D. Gamble	Mand	35.01
3. R. Burn	ThirskS	35.15
4. R. Harrison	RichZ	35.23
5. J. Rogers	EHull	35.35
6. M. Burn	ThirskS	35.37
7. F. Smith	Saltwell	35.39
8. M. Wynne	Saltwell	36.17
9. P Buckby	NEVAC	37.02
10. R. Hill	Saltwell	37.27
VETERANS O/40		
1. R. Burn	ThirskS	35.15
2. F. Smith	Saltwell	35.39
3. P. Buckby	NEVAC	37.02
4. I. Ellmore	S'borough	37.29
5. P. Kelly	Darling	37.31
VETERANS O/50		
1. M. Hetherton	Nestle	41.42
2. V. Thwaites	Mand	43.16
3. A. Wikeley	ThirskS	43.40
4. M. Brooks	RichZ	43.40
5. E. Huck	ThirskS	44.56
VETERANS O/60		
1. R. Sherwood	NMarske	43.38
2. R. Bainbridge	Mand	46.07
LADIES		
1. A. Raw	Darling	41.40
2. S. Yardley O/40	H'pool	45.30
3. K. White	Morpeth	46.50
4. S. Gayter	NMarske	49.05
5. S. Jemson O/45	NMarske	51.15
6. S. Leyland O/40	Unatt	51.37

# STANAGE STRUGGLE Derbyshire BM/6.75m/950ft 11.5.98

After last year's "pilot" run, the first Stanage Struggle took place and after a week of good weather, it was just typical that the conditions were atrocious with torrential rain and wind. However, this did not put off the 123 runners taking part not to mention the thirty marshals and helpers including the local fire-fighters who brought along their fire engine for shelter!!

Starting on the local school field in the glorious location of Hathersage in the Hope Valley, the classrooms were full of shivering bodies anticipating the seven mile run over a very mixed terrain. After a gentle start, the route went steeply through the North Lees Estate, eventually reaching the top of Stanage Edge, usually frequented with numerous keen climbers but, on such a night, not one in sight! After a run along the top of the edge past the trig point, the runners took a steep rocky descent whichgraduated out into a varied terrain of woodland, wide open fields, bog and track.

Congratulations to all the runners for their endurance on such a bad night and it was a relief to see them all return safely but, alas, without a number in sight! Next year - definitely waterproof numbers! After the initial confusion, the results were sorted and generous prizes donated by "Outside" of Hathersage were awarded. Apologies to all those who hung around in the cold whilst the results were processed.

Thanks to all the helpers, firemen and "Outside" and for all the helpful comments from participants after the run.

Alison Hartley

1. J. Stevenson	DkPk	41.02
2. A. Buckley	DkPk	42.31
3. S. Bell	DkPk	43.25
4. T. Morrey	Stoke	43.38
5. W. Sullivan	DkPk	43.40
6. C. Hetherington	Sheff	43.43
7. M. Salkild	HolmeP	43.59
8. A. Shedden	Howgill	44.25
9. J. Chambers	NDerby	45.14
10. C. Rowe	Derby&C	45.29
VETERANS O/40		
1. T. Morrey	Stoke	43.38
2. D. Tait	DkPk	45.45
3. A. Jones	Beaul.	45.50
4. K. Holmes	Unatt	46.12
5. M. Rhodes	Achilles	49.09
6. R. Marlow	DkPk	49.15
7. C. Bednall	SheffTri	49.20
8. T. HargreavesP	Stock	49.20
LADIES		
1. J. Smith O/40	DI.DI.	50.00
2. W. Barnes	DkPk Barns	52.00
3. P. Leach	DkPk	52.59 53.20
	DkPk	
4. D. Pelly O/40 5. M. Mills	HolmeP	53.55 56.10
6. S. Hulbert		
o. s. Huiberi	Unatt	56.44

## BLACKSTONE EDGE FELL RACE Lancashire AS/3.5m/1200ft 12.5.99

Well, that's a hat-trick of wins for Merv Keys and all on the trot! It must be the first time a Veteran has won in one of my races. The time, as expected, was not very fast and well outside Colin Donnelly's 1989 record of 26.33. Mind you, we had had loads of rain prior to the race - the usual boggy bit was really boggy. Merv was pushed at times by Sean Willis who was only 21 seconds adrift at the the finish. He just lost it coming back down the track and three times winner, Gary Devine, was third. You must admit that over the last ten years, Gary's been very consistent.

Sorry to everyone about the three extra gates. It was a shock to me when I saw them and all the fencing that the farmer had put up, and it's on common land! They are putting the squeeze on us organisers ' he's always moaning about something. To be honest, if the farmer at the finish did not let us use his field, I don't think the race could go on.

Anyway, thanks to all of you for turning up and thanks to my helpers.

Kev Shana

eν	Shand		
	1. M. Keys	Ross	28.20
	2. S. Willis	Tod	28.41
	3. G. Devine	P&B	29.06
	4. A. Whalley	P&B	31.10
	5. P. Harwood	Alder	31.12
	6. S. Culshaw	Horw	31.16
	7. A. Payne	Clay	31.17
	8. J. Hemsley	Ilk	31.19
	9. J. Feeney	Bing	31.22
	10. D. Cole	Tod	31.33
	VETERANS O/40		
	1. M. Keys	Ross	28.20
	2. R. Crossland	Unatt	32.23
	3. P. Taylor	Ross	32.29
	4. S. Gelsthorpe	StBedes	33.17
	5. D. Thompson	CaldV	33.51
	VETERANS O/45	Cular	33.31
	1. P. Grimes	TIC.	22.16
		Hfx	32.16
	2. T. Spicer 3. B. Horsley	Ross CaldV	34.26
	4. D. Beels	Ross	34.34
	5. S. Hounslow	Wharfe	34.45 34.47
		wharte	34.47
	VETERANS O/50		
	1. K. Taylor	Ross	32.50
	2. B. Rawlinson	Ross	34.21
	3. R. Poulter	Tod	37.02
	4. M. Standring	Roch	39.39
	5. R. Bradley	Sadd	41.31
	VETERANS O/55		
	1. D. McNeil	Sadd	39.24
	2. P. Blagborough	Sadd	40.10
	3. G. Corbishley	Unatt	41.51
	VETERANS O/60		
	1. D. Clutterbuck	Roch	45.12
	LADIES		
	1. K. Rogan	Wharfe	38.59
	2. J. Rawlinson	Ross	39.25
	3. S. Wilde	Unatt	40.02
	4. J. Smith	Bing	40.04
	5. Sally ?	Settle	41.32
	6. L. Hayles	Hfx	42.20
	7. S. Kiveal	Sadd	42.56
	8. S. McNulty	Rad	43.17
	*		

# VANESSA CAMPBELL FELL RACE Cheshire BM/6.5m/1200ft 12.5.99

There were 184 runners this year, which was a record turnout. There was also good weather which is always appreciated by the marshals. The winner this year was a newcomer to the race, John Cookson, who managed to go off course five times but was shouted back on route (grudgingly!!) by the chasing field (what sportsmen!!).

The ladies' winner was Cheryl Reason with a comfortable forty five seconds over Estelle McGuire in second place.

Graham Morson, a veteran over 45, was well up with the front runners, finally finishing in sixth place, just fifty seven seconds behind John Cookson.

There is no course record this year due to agricultural change to the route. Once again, our thanks to all who turned out to help with the race. Once again, monies will go to the Mountain Rescue.

#### Dale Gartley & D Madden

L. J. Cookson	Sale	43.50
2. S. Fairmaner	Traff	44.12
3. N. Leigh	Altr	44.27
4. D. Gartley	Unatt	44.38
5. N. Bassett	Staffs	44.43
6. G. Morson	Bux	44.47
7. D. Keeling	Traff	45.04
8. K. Worral	Traff	45.22
9. G. Watson	Altr	45.37
10. A. Carruthers	Crawley	45.41
VETERANS O/40		
1. D. O'Brien	Bux	47.24
	Dux	41.24
VETERANS O/45		
1. G. Morson	Bux	44.47
VETERANS O/50		
1. P. Nolan	Macc	52.41
	***************************************	02111
VETERANS O/55	D.	E 1 00
1. J. Morris	Penn	51.03
VETERANS O/60		
1. B. Thackery	DkPk	58.20
LADIES		
1. C. Reason	Altr	53.32
2. E. McGuire	Stock	54.17
3. B. Hilton	Macc	55.05
4. V. Perry O/40	Altr	55.52
5. M. Chippendale O/50		64.29
6. J. Taylor O/45	Traff	74.51
7. M. Harrison O/60	Stock	88.59
7. IVI. PIAITISON O/OU	STOCK	00.39

# CARADOC CLASSIC Shropshire AS/3,5m/880ft 12,5,99

This year's Caradoc attracted a record field of 120 runners. Andrew Davies pushed Wrekin Streak winner into third place and continued his recent domination of the event. Caradoc is the second race in the now well established evening fell series. All series information and results are available on line at www.dawsy.freeserve.co.uk.

# Simon Daws

1. A. Davies	Mercia	23.19
2. T.Werratt	Mercia	23.25
3. N. Barrable	Liv	23.33
4. P. Cadman	Mercia	24.23
5. C. Lancaster	TAC	25.06
6. S. Shinwell	Unatt	25.19
7. I. Hughes	Unatt	25.46
8. A. Pickles	TAC	25.48
9. R. Lamb	Mercia	25.51
10. C. Taylor	Mercia	26.08
VETERANS O/40		
1. A. Pickles	TAC	25.48
2. C. Taylor	Mercia	26.08
3. I. Cowie	Mercia	26.31
4. M. Ligema	CAmbrey	26.47
5. R. Mapp	Mercia	27.02
VETERANS O/45		
1. B. Dredge	Mercia	26.44
2. G. Spencer	Mercia	28.41
3. P. Sanderson	TAC	28.45
VETERANS O/50		
1. J. Coombes	Mercia	27.26
2. T. Davies	CAmbrey	29.35
3. G. Machin	Telf	29.44
VETERANS O/55		
1. R. Sandland	TAC	32.06
2. M. Edwards	Wrex	33.43
3. R. Bailey	ShropsShuff	34.18
	Guropastiuli	J4.10
VETERANS O/60		
1. J. White	Ludlow	38.37

LADIES		
1. P. Gibb	Mercia	27.57
2. S. Connop O/35	CAmbrey	29.45
3. R. Matthews Jun	Shrews	32.00
4. S. Butcher O/45	ShropsShuff	34.10
5. M. Price O/35	Prest	35.28
6. G. Harris O/40	Mercia	35.34
7. W. Roberts O/40	Mercia	35.49
8. M. Spurling	ShropsShuff	36.18
JUNIORS		
1. N. Pilsbury	Unatt	28.20

# WEST NAB FELL RACE West Yorkshire AM/6.25m/2042ft 15.5.99

Once again, West Nab proved a popular race for the English Junior Championship with entries up both in the senior and junior races.

The race saw, Simon Bailey, Michael Cayton and Andrew Norman, all juniors come in 1, 2, 3 with Bailey breaking the course record by two minutes.

With the race set up for juniors, there was some very exciiting racing in all age groups.

#### G. White

I. S. Bailey U/20	StaffsM	40.15
2. M. Cayton U/20	Horw	40.37
3. A. Norman U/20	Altr	42.38
4. J. Hornby	Spen	42.38
5. D. Woodhead O/40	Horw	44.08
VETERANS O/40	TO C 1 A	45.05
1. R. Crossland	BfdA	45.05
2. C. Davies	Sadd	46.14
3. A. Sheppard	Settle	49.11
4. N. Burrows	Unatt	50.53
5. D. Lindop	Penn	51.00
VETERANS O/45		
1. P. Grimes	Hfx	44.18
2. H. Jarrett	CFR	44.49
3. R. James	CFR	46.57
4. R. McArthur	Melth	48.19
5. R. Kersey	Holm	49.44
VETERANS O/50		
1. D. Tait	DkPk	46.12
2. A. Styan	Holm	47.40
3. R. Futrell	Holm	48.32
4. S. Moss	Spen	52.11
5. R. Bradley	Holm	52.52
,	HOIIII	34.34
VETERANS O/60		
1. D. Bamforth	HVSG	66.43
LADIES		
1. R. Donnington	Abbey	54.08
2. S. Dugdale	Skipton	54.46
3. S. Taylor U/20	Bing	

YORKSHIRE JUNIOR CHAMPIONSHIP (See Yorkshire Championship Page 38)

# DARREN JONES CLOUGHA PIKE RACE Lancashire

BM/7m/1400ft 15.5.99

Another fine day for the race! Pleasant temperatures but very wet and muddy underfoot resulting in many slips.

No changes to the course. An excellent run by Mark Croasdale and only eight seconds outside his record in such difficult conditions underfoot. He finished as if going for the record with nohody in sight. A creditable performance by orienteer. Tom Hart, running in flats. He was on his backside a few times. How much closer to Mark might he have been in studs? Good to see Andrew Leck having a good run in this race for once. Entry numbers up as well.

Another good turnout in the junior cross country races. Within the Under 12 and Under 15 races, extra voucher prizes were given to boy and girl age group winners. Congratulations to Robert Parker who last year won the Under 12 race in a new record and this year won the Under 15 event (as a 12 year old) only thirty seconds off the record in such poor underfoot conditions. One to watch in the future!

Thanks to all the helpers before and on the day including past and present club members, their wives, pupils of Morecambe High School. Generally, it is the same overall team who turn out each year.

It was, of course, the 10th Anniversary running of the Clougha Pike Fell Race as the "Darren Jones" and all finishers received an anniversary coaster.

A donation was once again given by Mr & Mrs Jones to Lancaster & Morecambe AC to benefit youngsters. Mrs Mulervy, family and friends also donated towards voucher prizes for the juniors and also provided a donation to Lancaster & Morecambe AC to benefit youngsters.

Thanks to the main sponsor "R P Winder (Wholesale Meat)" in their third year and to all those who made donations.

#### John Cibbicon

hn Gibbison		
1. M. Croasdale	Bing	50.43
2. T. Hart	LancUniv	53.16
3. A. Leck	LancM	56.10
4. K. Hargate	LancM	58.06
5. B. Forrester	LancUniv	59.17
6. S.Umpleby	LancM	59.32
7 1 Taylor	Clay	59.53
7. J. Taylor 8. S. Worsley	LancM	60.04
9. W. Joyce	LancUniv	60.07
10. S. Anderton	Tod	60.07
	100	00.19
VETERANS O/40		
1. T Ryan	B'burn	61.08
2. J. Rodgers	Bowland	62.45
3. B. Davey	S'portW'loo	62.55
4. P. Roberts	Garst	63.57
5. M. Peat	LancM	65.00
VETERANS O/50		
1. J. Oldroyd	LancM	66.13
2. R. Barlow	Unatt	68.07
3. B. Suringar	Bolt	68.09
4. T. Peacock	Clay	69.47
5. G. James	B'poolF	70.23
	D poort	147,200
VETERANS O/60		
1. D. Brown	Clay	74.20
2. G. Arnold	Unatt	79.53
3. F. Makin	LancM	81.26
LADIES		
1. J. Robinson O/35	Garst	73.31
2. W. Bennett U/21	LancUniv	77.37
3. W. Dodds O/35	Clay	79.21
4. J. Taylor O/35	LancM	81.25
5. J. Eason	Unatt	82.20
6. T. Target	Clay	91.29
7. D. Griffiths O/35	Garst	91.39
8. J. Cooper	Kend	93.04
· ·		
JUNIORS U/21		#O 1#
I. B. Forrester	LancUniv	59.17
2. W. Joyce	LancUniv	60.07
3. P. Longton	RipleySch	72.06
4. W. Bennett Lady	LancUniv	77.37
JUNIOR CROSS COU	NTRY RACES U	/15 BOYS
1. R. Parker	QESKirbLons	14.45
UNDER 15 GIRLS		
L. Davenport	Arnold	18.16
	. 1111/14	10.70
UNDER 12 BOYS		
1. M. Devlin	LancM	9.26
UNDER 12 GIRLS		
1. H. McGregor	LancM	10.13

# THE FAIRFIELD HORSESHOE Cumbria AM/9m/3000ft 16.5.99

1. M. Croasdale	Bing	79.17
	Borr	79.23
3. C. Roberts	Kend	80.16
4. S. Stainer	Amble	81.45
5. N. Spence	Kend	83.05
6. G. Schofield	Horw	83.30
7. J. Hemsley	Ilk	84.19
8. S. Murdoch	Border	84.55
9. D. Birch	Kesw	84.58
10. N. Drinkall	Unatt	85.08
VETERANS O/40		
1.G. Schofield	Horw	83.30
2. B. Roberts	Mand	88.03
3. A. Beaty	Unatt	88.56
4. F. Smith	Saltwell	89.04
5, D. Thompson	CaldV	90.20
•		
VETERANS O/50		26.20
1. M. Walsh	Kend	86.39
2. M. Litt	CFR	91.54
3. S. Sharpe	CFR	96.48
4. B. Rawlinson	Ross	97.42
5. G. Breeze	Skyrac	141.03
VETERANS O/60		
1. R. Jaques	Clay	104.11
2. B. Hood	Mand	119.32
3. H. Catlow	Dallam	120.36
LADIES		
1. C. Young	Leeds	101.16
2. J. Smith O/40	DkPk	102.57
3. K. Beaty O/40	CFR	104.58
4. A. Raw	Darling	107.11
5. J. Jowes	Kesw	108.20
6. L. Cowell	Kesw	109.20
O. L. COWCII	X 2 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	107.20

# DONARD-COMEDAGH Northern Ireland AM/7m/3100ft 22.5.99

lan Holmes led a feast of record breaking in the British Championship Donard/Commedagh Fell Race held in the wind swept Mournes. He knocked almost a minute off his own time set in 199 7. Holmes was in the leading group early on along with Robbie Bryson and Deon McNeilly with Rob Jebb, Simon Booth, Mark Rigby and Dave Neill all well placed.

Holmes and Jebb took over at the top of Donard, reached in 33 minutes, with Jebb leading his Bingley clubmate as they moved to Commedagh in a further 12 minutes, with the record now under serious threat. Booth was now third with Bryson and McNeilly disputing fourth. Holmes produced a storming fast descent in 18 minutes to take the lead and had a 48 second advantage at the end over Jebb as he set the new record. Booth, Bryson, McNeilly and Neill followed with Northern Ireland Champion, Brian Ervine, running well for tenth place with next local being Neil Carty in fourteenth position.

Angela Mudge, a dual British Champion at Fell and Cross Country, smashed her own two year old time by almost four minutes. Tracey Brindley led in the early stages but Angela soon took over, finishing in 27th place overall.

Jim Patterson took maximum points in the Over 50 section as he bids for a third successive British title. The Albertville runner was almost three minutes clear of Dave Tait. In the Veteran Over 40 section, Dave Neill was six minutes ahead of Mervyn Keys and in sixth place overall.

The male open first team was convincingly claimed by Borrowdale with all five counters in the first 17 places and a points score of 53. Second were Newcastle AC on 111, closely followed by Pudsey & Bramley on 114. CFR were the leading male veterans' team with 43 points and Ambleside second on 88 points. While Carnethy easily won the female team with 18 points, the remaining team places were closely fought, being decided by the positions of the last two female runners. Ambleside eventually claimed second place on 45 points, with CFR on 47 and Eryri on 49 points.

#### Ian Taylor

ŝ	iuyun		
	1. I. Holmes	Bing	1.03.29
	2. R. Jebb	Bing	1.04.17
	3. S. Booth	Borr	1.04.49
	4. R. Bryson	N'castle	1.06.03
	5. D. McNeilly	N'castle	1.06.16
	6. D. Neill	Mercia	1.06.28
	7. J. Davies	Вогт	1.06.50
	8. M. Rigby	Amble	1.07.26
	9. J. McQueen	Eryri	1.07.32
	10. B. Ervine	Ballyd	1.07.37
	11. M. Roberts	Borr	1.08.36
	12. G. Devine	P&B	1.09.31
	13. S. Stainer	Amble	1.09.37
	14. N. Carty	Belf	1.10.12
	15. G. Bland	Воп	1.10.32
	16. A. Ward	Carn	1.10.33
	17. A. Schofield	Вот	1.11.34
	18. D. McKibbin	N'castle	1.11.38
	19. S. Green	P&B	1.11.56
	20. P. Nolan	P&B	1.12.01
	21. N. Raitt	DundHawk	1.12.04
	22. J. Hunt	CFR	1.12.10
	23. D. Brannigan	N'castle	1.12.13
	24. S. Bottomley	Eccles	1.12.15
	25. J. Patterson	Albert	1.12.16
	26. M. Keys	Ross	1.12.19
	27. A. Mudge	Carn	1.12.51
	28. B. Whalley	P&B	1.13.06
	29. J. Hemsley	Ilk	1.13.08
	30. H. Jarrett	CFR	1.13.47
		CIN	1.45.111
	VETERANS O/40		
	1. D Neill	Mercia	1.06.28
	2. M. Keys	Ross	1.12.19
	3. H. Jarrett	CFR	1.13.47
	4. P. Howie	Larne	1.14.44
	S. R. Whitfield	Bing	1.14.45
	VETERANS O/50		
	1. J. Patterson	Albert	1.12.16
	2. D. Tait	DkPk	1.14.58
	3. J. Holt	Clay	1.15.50
	4. K. Taylor	Ross	1,16.33
	5. J. Hayes	Bally	1.22.14
	T A DEPTH		
	LADIES	~	1 10 71
	1. A. Mudge	Carn	1.12.51
	2. T. Brindley	Cosmic	1.16.43
	3. J. Rae	Amble	1.21.16
	4. N. Davis O/40	Borr	1.22.43
	5. K. Slater O/40	Kghly	1.24.20
	6. J. King	CFR	1.24.42
	7. K. Jenkins	Carn	1.25.52
	8. J. Prowse O/40	Kghly Ervri	1.27.10
	9 I Dewsnan	PTVII	1/(31)

10. K. Powell

1.29.07



"Without whom ...." - summit marshalls freezing on Pen-y-Ghent Photo: Allan Greenwood

# OLD COUNTY TOPS RACE Cumbria AL/35m/9000ft 22.5.99

Due to falling numbers in recent years and race clashes this year, the race date was changed. Unfortunately, the deadline for the February issue was missed and so via BT and Bill posting races, as many people as possible were informed sorry to those we missed. Numbers, however, were slightly up and once the new date is established, perhaps the trend will continue.

On the day, conditions were initially good and the weather clear but high winds on the tops made things difficult for both marshals and runners. The consequent variation in temperatures caused the most trouble with gear constantly being donned and discarded. Visibility was good mainly but deteriorated into mist and rain late in the day. This, combined with the apparent resemblance between Coniston Old Man and Dow Crag caused some late confusion but, in general, most runners seemed to enjoy the day.

Thanks again to the marshals and radio operators, particularly the ones on Coniston Old Man who suffered most. See you all next year.

#### T.A. Davies

1. L. Dowthorne/L. Orr	Bowland	7.46.00
2. A. Duncan/R. Woodal	lMersey/Mercia	8.19.00
3. P. Cheek/T. Longman	Maccles	8.27.00
4. S. Cliff/Y. Tridimas	Maccles/Mersry	8.39.00
LADIES		
1. M. White/M. Huyton	Horwich/Maccles	9.27.00
2. M. Calvert/A. Morris	Maccles/CFR	10.38.00

# CLAY BANK WEST - NORTHERN RUNNER MID-WEEK SERIES Cleveland

# BS/5m/850ft 25.5.99

1. P. Stephenson	H'pool	30.27
2. R. Burn	ThirskS	30.34
3. M. Burn	ThirskS	30.37
4. B. Roberts	Mand	31.02
5. D. Rose	Quak	31.38
6. N. Salkild	HolmeP	31.43
7. R. Hall	ThirskS	32.07
8. J. Dickinson	Tyne	32.12
9. D. Wyatt	T&Wfire	32.40
10. C. Choules	ThirskS	32.47
VETERANS O/40		
1. R. Burn	ThirskS	30.34
2. B. Roberts	Mand	31.02
3. V. Salkild	HolmeP	31.43
4. J. Dickinson	Tyne	32.12
5. K. Maynard	Quak	33.00
VETERANS O/50		
1. A. Wikeley	ThirskS	38.24
2. D. Plews	Unatt	38.26
3. E. Huek	ThirskS	38.30
4. N Piper	RichZ	38.38
VETERANS O/60		
1 R. Sherwood	NMarske	38.43
2. R. Bainbridge	Mand	40.50
LADIES		
I. A. Raw	Darling	36.16
2. R. Dorrington	Abbey	36.30
3. S. Yardley O/40	H'Pool	38.32
4. S. Jackson	M&C	39.36
5. S. Milburn O/40	NewtonAyc	40.32
6. S. Jemson O/45	NMarske	43.39
7. M. Gibbs O/50	ThirskS	44.39

## DOCKRAY FELL RACE Cumbria AM/10m/2500ft 26.5.99

This was the second in the three race series, the others being Common Fell and Royal Dockray Helvellyn. It was also the second year that this evening race was shrouded in poor visibility weather which once again proved navigationally challenging to many runners. From my vantage point well wrapped up in duvet and waterproofs huddled behind the summit cairn of Stybarrow Dodd, I witnessed several different styles of navigation. The first runner to appear out of the mist seemed totally untroubled by the conditions, arriving directly on the right line, armed with compass bearing for his immediate departure and was away without hesitation to maximise his 35 second lead. Others behind him didn't have quite the same confidence or efficiency. Most made it to my summit competently, bravely leaving the path just at the right point some 150 metres to the west. Wendy Dodds in particular seemed to have a lot of loyal followers tailing her, while several other experts, including some names who I won't mention, appeared from all directions, a few having visited Sticks Pass and Raise? A total of ten runners retired due to misplacement, many sensibly commandeering transport back

This is a long race for a short summer's evening and the race management is considering one of two things next year either we run a shorter amended course if the weather is at all bad, or simply switch to that shorter route anyway. It would be a shame not to allow people to run this wonderful route if the weather is perfect, so the former is probably the best way forward. Your opinions are welcome and our decision will be detailed in next year's calendar. Finally, thank you for running and staying safe, it makes my beer taste even better.

#### loe Faulkner

1. K. Hagley SWRR 1.19.57 2. A. Miller Kend 1.22.16 3. P. Tuson Kend 1.22.44 4. B. Lowdon NFR 1.26.09 5. N. Spence Kend 1.29.06 6. J. Fisher Howgill 1.29.23 7. S. Ashworth Kesw 1.29.44 8. N. Davies Borr 1.30.12 9. P. Brittleton Howgill 1.30.23 10. J. Oldrtoyd LancsM 1.30.24  VETERANS O/40 1. A. Miller Kend 1.22.16 2. P. Tuson Kend 1.22.44 3. J. Fisher Howgill 1.29.23 4. J. Humble N'berland 1.34.21 5. P. Whiting Kend 1.35.16  VETERANS O/50 1. B. Lowdon NFR 1.26.09 2. J. Oldrtoyd LancsM 1.30.24 3. D. Mitchell Kend 1.30.12 4. P. Dowker Kend 1.32.34 5. D. Harrison Kesw 1.48.02  LADIES 1. N. Davies O/40 Borr 1.30.12 2. W. Dodds O/45 Clay 1.48.20 3. T. Wright Borr 1.53.05	I wanter		
VETERANS O/40 1. A. Miller Kend 1.22.16 2. P. Tuson Kend 1.22.44 3. J. Fisher Howgill 1.29.23 4. J. Humble N'berland 1.34.21 5. P. Whiting Kend 1.35.16  VETERANS O/50 1. B. Lowdon NFR 1.26.09 2. J. Oldrtoyd LanesM 1.30.24 3. D. Mitchell Kend 1.30.12 4. P. Dowker Kend 1.32.34 5. D. Harrison Kesw 1.48.02  LADIES 1. N. Davies O/40 Borr 1.30.12 2. W. Dodds O/45 Clay 1.48.20	2. A. Miller 3. P. Tuson 4. B. Lowdon 5. N. Spence 6. J. Fisher 7. S. Ashworth 8. N. Davies 9. P. Brittleton	Kend Kend NFR Kend Howgill Kesw Borr Howgill	1.22.16 1.22.44 1.26.09 1.29.06 1.29.23 1.29.44 1.30.12 1.30.23
1. A. Miller Kend 1.22.16 2. P. Tuson Kend 1.22.44 3. J. Fisher Howgill 1.29.23 4. J. Humble N'berland 1.34.21 5. P. Whiting Kend 1.35.16  VETERANS O/50 1. B. Lowdon NFR 1.26.09 2. J. Oldrtoyd LancsM 1.30.24 3. D. Mitchell Kend 1.30.12 4. P. Dowker Kend 1.32.34 5. D. Harrison Kesw 1.48.02  LADIES 1. N. Davies O/40 Borr 1.30.12 2. W. Dodds O/45 Clay 1.48.20	10. J. Oldrtoyd	LanesM	1.30.24
1. B. Lowdon     NFR     1.26.09       2. J. Oldrtoyd     LancsM     1.30.24       3. D. Mitchell     Kend     1.30.12       4. P. Dowker     Kend     1.32.34       5. D. Harrison     Kesw     1.48.02       LADIES       1. N. Davies O/40     Borr     1.30.12       2. W. Dodds O/45     Clay     1.48.20	1. A. Miller 2. P. Tuson 3. J. Fisher 4. J. Humble	Kend Howgill N'berland	1.22.44 1.29.23 1.34.21
	1. B. Lowdon 2. J. Oldrtoyd 3. D. Mitchell 4. P. Dowker 5. D. Harrison LADIES 1. N. Davies O/40 2. W. Dodds O/45	LancsM Kend Kend Kesw Borr Clay	1.30.24 1.30.12 1.32.34 1.48.02
		2011	1100100

# LOUGHSHANNAGH HORSESHOE -(RACE 7 HILL & DALE SERIES) County Down, Northern Ireland AS/4m/1700ft 27.5.99

After the one week gap for the British Championship race over Donard and Commedagh the Hill & Dale Series returned with the seventh of eleven races, the Loughshannagh Horseshoe. This is the longest race of the series but arguably, also the one with the best scenery, on a clear night. Fortunately, for the competitors and marshals alike, it was a fine clear night making navigation an easy task.

This year the Horseshoe was run in a clockwise direction, climbing from the start above the Spelga Dam to the top of Slieve Ott, dropping and contouring to the col before climbing Slieve Loughshannagh. A swift descent takes the runners to the lunar landscape of the central Mournes crossing the spongy turf to the top of Doan. A steep descent to the shores of Loughshannagh itself around the lough complete with stretches of sand, before the sting in the tail a steep, very steep climb to the summit of Carn, before the fast grassy drop to the finish.

The Loughshannagh race has never attracted an above average entry, maybe due to its severity but it has been a record breaking year and an amazing 94 runners toed the start line, including the top contenders for both the men and ladies' championship. The start was fast and furious, as expected, with the summit of Ott reached by the leaders inside five minutes. It was a sea of Newcastle AC's red and yellow at the front, with defending champion, Davy McKibbin, past champion, Robbie Bryson, current series leader, Deon McNeilly, past Scottish Champion, Dermot McGonigle (on a flying visit home from Glasgow), ahead of top veteran in the series, Peter Howie, Damien Brannigan, Paul Rodgers and Jim Brown.

The ladies' category has become much more competitive this year with newcomer, Shileen Donnelly, taking part in only her fourth fell race, leading out from Valene Murney and defending champion, Anne Sandford. Just behind her was another past winner, Roma McConville.

On the administration side of the Series, it is worth mentioning the marshals and officials who do an excellent job in both checking the safety of the runners and in pulling together a swift results service. Namely, Martin McVeigh, fresh from celebrity status having recently appeared on the BBC, where he had clearly taken a happy pill, and his protege, Paul Mawhirt, who between them (and their various other temporary helpers) keep runners and spectators amused at the start and finish area. This Thursday, there was also Billy McNeilly, the infamous Banjo, who made it to the top of Doan only to be harassed by several runners for marking the descent with plastic bags (at least he recovered them himself on the return route) and the less than fit Vincie McAlinden, who generously volunteered, in a manner of speaking, for the top of Carn for the longest wait.

Meanwhile, Bryson led McNeilly around Loughshannagh itself, but McNeilly dug in on the climb of Carn crossing the wall at the summit only three seconds down. This was enough for him to unleash a flying final descent to come home 25 seconds clear of Bryson, breaking Jim Patterson's nine-year old record in the process. Behind, were McKibben in third, McGonigle fourth and Brannigan fifth.

Donnelly came home first lady only 17 seconds adrift of McConville's seven year old record with Murney second and Sandford third. First Veteran Over 40 was Howie in sixth overall and first Veteran Over 45 was Billy McKay in ninth overall, both men practically securing their respective series titles after only seven races. First Veteran Over 50 was John Sloan in 19th overall and first Veteran Over 55 was Billy Magee with Tom Donnelly first Veteran Over 60.

### Martin McVeigh

un meveign		
1. D. McNeilly	N'castle	38.49
2. R. Bryson	N'castle	39.14
3. D. McKibbin	N'castle	41.39
4. D. McGonigle	N'castle	43.28
5. D. Brannigan	N'castle	44.21
6. P. Howie	Larne	44.27
7. J. Brown	BARF	45.46
8. P. Rodgers	N'castle	46.42
9. B. McKay	Albert	46.51
10. B. Graham	ACKC	47.01
VETERANS O/40		
1. P. Howie	Larne	44.27
2. N. Dicky	NBelf	49.05
3. I. McMurray	BARF	53.00
VETERANS O/45		
1. B. McKay	Albert	46.51
2. P. McGookin	ACKC	50.16
3. W. Kytelle	ACKC	51.39
VETERANS O/50		
1. J. Sloan	ACKC	51.03
2. D. Connolly	Armagh	51.59
3. D. Rankin	BARF	52.16
VETERANS O/55		
I. B. Magee	Larne	54.44
2. G. Geddis	Ballyd	58.05
3. H. Young	Ballyd	63.47
VETERANS O/60		
I. T. Donnelly	ACKC	64 24
	ACKC	04.24
LADIES	1 11	54.05
1. S. Donnelly	Unatt	54.07
2. V. Murney	N'castle	55.55
3. A. Sandford	Ballyd	58.33

# PONTESBURY FELL RACE Shropshire AS/3m/1160ft 28.5.99

A good night for running. Last year's winner, who is currently coming back from injury, helped marshal this year's race. The men's record still stands whilst the ladies' record was broken by three seconds.

#### J B Fernie

-	EIME		
	1. C. Lancaster	Telf	22.50
	2. H. Jones	Mercia	24.12
	3. G. Jones	Shrews	24.19
	4. P. Martin	Mercia	24.22
	5. J. Combes	Mercia	24.33
	6. S. Dawes	Shrews	24.40
	7. B. Couth	Mercia	24.47
	8. A. Pickles	Telf	24.55
	9. R. Lamb	Mercia	25.08
	10. B. Dredge	Mercia	25.17
	VETERANS O/40		
	1. G. Jones	Shrews	24.19
	2. S. Dawes	Shrews	24.40
	3. B. Couth	Mercia	24.47
	4. A. Pickles	Telf	24.55
	5. R. Mapp	Mercia	25.19

VETERANS O/45		
I. B. Dredge	Mercia	25.17
2. R. Hellis	Mercia	26.40
3. M. Langford	Mercia	31.07
4. V. Stockwell	Unatt	32.29
5. W. Owen	Unatt	35.23
VETERANS O/50		
1. J. Combes	Mercia	24.33
2. P. Booth	Wrekin	27.29
3. H. Scrivens	Unatt	27.58
4. T. Scales	Shrews	29.41
VETERANS O/55		
I. M. Edwards	Wrex	30.14
2. K. Matthews	Shrews	31.28
3. G. Lloyd	Wrex	34.05
LADIES		
1. W. Walton O/40	ShropShuff	29.11
2. R. Matthews Jun	Shrews	29.34
3. S. Butcher O/40	ShropShuff	30.36
4. G. Harris O/40	Mercia	31.45
5. K. Preston O/50	ShropShuff	32.12
6. P. Matthews O/50	Shrews	33.49
7. M. Splirling	ShropShuff	34.09
8. S. Dredge	Mercia	34.37
JUNIORS		
I. C. Atherton	Unatt	30.07

# ISLE OF JURA FELL RACE Isle of Jura AL/16m/7500ft 29.5.99

This year there were 123 starters, slightly down on past years when we were turning entries away but quite reasonable in light of what seems to be the trend in other long races. As last year, Jura was closely sandwiched between two British Championship fixtures and would have necessitated much travelling. Perhaps the good runners are also getting more sensible or focused in not trying to run themselves into the ground. What wimps!

Of those who started, 114 successfully completed the course and another three were timed out.

The race was run in good conditions, the tops mostly clear of cloud and the rocks mostly dry. The course was particularly wet however, on the way to CP1 and down to the Three Arch Bridge. Thankfully no safety problems or serious injuries this year but that doesn't mean I am not still considering making survival blankets compulsory!

After previous years' 4th and 5th positions and being runnerup last year, congratulations to Robin Lawrence for his fine run. The split times show him some twelve minutes ahead on Beinn an Oir, reduced to six minutes at the finish. In her first outing in the Jura Fell Race, Christine Creswell's time was also a good one given the underfoot conditions.

All records were safe apart from Davie Mack's own Jura record which he lowered by four seconds. Along with Jack Holt and Andy Styan, these three old men of the Jura race pressed several younger veterans into lower positions but were unable to oust Ian Cowie who ran twenty four minutes faster than his previous outing in 1997 to take the first Veteran Over 40 prize. Club results are always difficult to get right on the day. Clayton were clear winners as announced but Ambleside were second and Mercia third, these two only separated by two minutes.

Thanks as usual to all who make this race happen, in particular the local (and not so local) men and lady volunteer checkpoint marshals, those on the day volunteers who help with registration, timing and results, and the isle of Jura Distillery for their generous sponsorship. I am sure you will with us wish the Distillery Manager. Willie Tait, and his wife, Christine, all the best in their new mainland post and thank them for their personal help and support over 17 years of Jura Fell Pages.

Next year's race will be held on 27 May 2000, the usual (English) holiday weekend. See you then.

### Andy and Ann Curtis

1. R. Lawrence	Bing	3.38.02
2. G. Thorpe	Amble	3.44.13
3. L. Thompson	Clay	3.44.22
4. J. Hunt	CFR	3.44.40
5. K. Webster	Matlock	3.45.45
6. R. Gallagher	W'lands	3.46.15
7. S. Bottomley	Eccles	3.46.44
8. B. Bolland	N'burgh	3.47.09
9. I. Cowie	Mercia	3.48.12
10. J. Holt	Clay	3.52.24
VETERANS O/40		
1. I. Cowie	Mercia	3.48.12
2. P. Browning	Clay	4.15.39
3. F. Fielding	Gloss	4.17.05
4. I. Warhurst	Penn	4.20.19
5. G. Davies	Mercia	4.21.05
VETERANS O/50		
1. J. Holt	Clay	3.52.24
2. D. Mack	Jura	3.54.54
3 A Stvan	Holm	3.57.43

Clay DkPk	4.22.19 4.28.29
	4.57.43
CFR	5.01.04
Tod	6.14.03
NottsAC	4.21.20
Mercia	4.36.34
Kend	4.47.30
Kesw	4.48.41
Unatt	5.05.04
IIk	5.18.59
CaldV	5.36.49
Tod	5.43.05
	Carn CFR Tod  NottsAC Mercia Kend Kesw Unatt Ilk CaldV



Chris Wilkinson on the final climb at Grisedale

# LANGORSE LOOP Monmouthshire AS/5.5m/1900ft 29.5.99

This year's Loop may not have had the fireworks of the 1998 race when as a Welsh Championship Short, Colin Donnelly and Ann Nixon smashed the course records. But it had its own excitement when a race that started in hazy sunshine ended in a spectacular thunderstorm.

Lyndon Gwillym, recently elevated to veteran status, led Julian Bass, Steve Littlewood, John Darby, Chris Gildersleve, Russell May, Adrian Orringe and 19-year old David Morgan up to the trig point on Mynydd Troed. The steep descent off of the far end of the ridge gave Bass the opportunity to drop ahead of the pack. Despite an unintentional departure from the marked course in farmland between the two hills, Gwillym, always a strong climber, pushed hard to get back in touch with Bass at the summit of Mynydd Llangorse but made no further impression on the winning lead of 3/4 minute, followed closely by the fast-finishing third-placer, Ade Orringe.

Debbie Evans, returning to running at age 31 after club running in her teens, showed great potential on her first attempt on the fells with a fine win over the experienced Sue Ashton, followed by another debutante, Carol Maggs.

#### Dick Finch

1. J. Bass	ForestD	49.13
2. L. Gwillym	MDC	49.59
3. A. Orringe	MDC	50.04
4. S. Littlewood	Mercia	51.43
5. J. Darby	MDC	51.53
6. C. Gildersleve	Brych	52.29
7. R. Mapp	Mercia	52.49
8. D. Morgan	Unatt	53.13
9. D. Finch	MDC	53.31
10. S. Jones	MDC	54.33
VETERANS O/40		
1. L. Gwillym	MDC	49.59
2. A. Orringe	MDC	50.04
3. S. Littlewood	Mercia	51.43
4. C. Gildersleve	Brych	52.29
5. R. Mapp	Mercia	52.49
VETERANS O/50		
1. D. Finch	MDC	53.31
2. E. Meredith	MDC	58.51
3. G. Cheshire	MDC	61.58
4. G. Evans	Blaen	69.00
5. M. Mugridge	Chepstow	69.23
LADIES		
I. D. Evans	Chepstow	66.44
2. S. Ashton O/40	MDC	68.33
3. C. Maggs	lUnatt	80.23
		00.20
JUNIORS		
1. D. Morgan	Unatt	53.13

# **CADER IDRIS** Gwynedd AM/10.5m/3000ft 29.5.99

Colin Donnelly had his fifth consecutive win at Cader Idris but he was just over a minute slower than his record time of 1.21.18. Second was his team-mate, Emlyn Roberts.

The first lady home was Dawn O'Shea with Victoria Musgrove second.

The couple who got married during the London Marathon took part in the race - their first outing since their marriage

All the runners had the chance of a hot drink and sandwiches afterwards. Many enjoyed the chance of a sit-down and a chat

1. C. Donnelly	Eryri	1.24.12
2. E. Roberts	Eryri	1.27.12
3. P. Evans	Unatt	1.34.16
4. A. Duncan	MerseyFR	1.39.01
5. T. Houston	Bowland	1.39.52
6. J. Williams	Eryri	1.41.28
7. P. Jones	Unatt	1.42.24
8. S. Elliott	Notts	1.43.39
9. G. Jones	Eryri	1.44.08
10. S. Ellis	Tatten	1.44.47
VETERANS O/40		
I. T. Houston	Bowland	1.39.52
VETERANS 0/45		
1. A. Duncan	MerseyFR	1.39.01
VETERANS O/50		
1. D. Whiteside	Eryri	1.45.42
VETERANS O/55		
1. P. Jones	Prestatyn	1.58.32
VETERANS O/60		
1. P. Norman	Wrexham	1.58.11
VETERANS O/65		
1. J. Carson	Eryri	2.16.59
LADIES		
1. D. O'Shea	N'brooke	2.00.23
2. V. Musgrove	EryriP	2.00.35
3. G. Darby	LivPembSef	2.01.50
4. E. Rees O/35	Totley	2.12.10
5. B. Jones O/55	BroDys	2.20.59

# SADDLEWORTH FELL RACE Lancashire AS/3m/950ft 30.5.99

107 runners took part in this year's Saddleworth Fell Race. In 1999 the race was the second in the Saddleworth Three Day Event. Sean Willis had a fine win opening up a gap of well over a minute, but Ricky Wilde's twenty one year old record is safe for another year. Ross Dunnington was the first lady with an impressive four minute lead over the second lady.

Several runners took part in the race specifically to pay their respects after the sad loss of Frank Sykes, Saddleworth Run-Club Chairman and race organiser, who collapsed and

l while out on a club run on	Sunday 23 May	1999.
		Sue Kive
1. S. Willis	Tod	20.41
2. D Wilkinson	Roch	22.21
3. P. Harwood	Ald&Fam	22.33
4. M. Hayman	DkPk	22.42
5. T. Taylor	Salf	22.45
6. A. Maloney	Roch	22.53
7. R. Green	Saddle	23.18
8. M. Howard	Roch	23.24
9. P. Aird	DSDees	23.34
10. A. Carroll	EastChes	23.36
VETERANS O/40		
1. P. Aird	DSDees	23.34
2. G. Terry	Bing	25.56
3. M. Breakspear	Saddle	26.23
4. T. Tombs	Unatt	26.32
5. B. Bridgestock	Saddle	26.53
VETERANS 0.45		
1. B. Waterhouse	Saddle	23.50
2. A. Steele	Radc	24.26
3. R. Kersey	Holm	25.24
4. A. Bocking	Penn	25.40
<ol><li>R. Dunnington (Lady)</li></ol>	EastChesh	25.50
VETERANS O/50		
1. A. Carroll	EastChesh	23.26
2. P. Lyons	Ross	23.54
3. T. Hulme	Penn	24.17
4. J. Dore	Roch	24.53
5. R. Leah	Unatt	26.57
VETERANS O/55		
1. G. Royle	Saddle	28.46
2. P. Davies	Oldham	31.39
VETERANS O/60		
I. R. Vutts	Longwood	32.02
2. D. O'Leary	M/cYMCA	34.28
LADIES		
1. R. Dunnington O/45	EastChesh	25.50
2. H. Berry	Holm	29.56
3. S. McNulty 0/35	Rade	30.03
4. S. Kiveal O/35	Saddle	30.25
5. K. Fitzpatrick	Unatt	30.45
6. G. Barber O/35	Saddle	30.58
7. K. Law	Unatt	31.26
8. A. McLaughlin	M/cYMCA	31.54



Michael Cayton of Horwich at Two Lads - and many others! Photo: Steve Bateson

# UPPER NIDDERDALE FELL RACE **North Yorkshire** BS/5m/1000ft 30.5.99

This is the third year of the Nidderdale Fell Race. It has become the companion event to the 24 mile mountain bike challenge and the "boneshakers" downhill timed event.

Last year an international runner told us that if we made the fell race longer and higher, she would get other internationals

The day's events are a fund raising exercise for community projects; there are side events, stalls, a beer tent, a barbecue and the local brass band plays. This year's mountain bike challenge attracted 350 riders, some coming considerable distances. There is a special "family" category with each family getting an averaged time. The whole day itself is a great family event.

Later in the day some of the riders were also able to do the fell race at 4.00 p.m.

This year, as the were quite a lot of competing events on the bank holiday, we didn't have as many competitors as last year. this was a pity since we had extended the climb from 450 to 900ft and the distance is now only a little short of six miles. The course is very spectacular for those with time to admire the views! - a climb on each side of the valley, sections along the two ridges with a steep descent and river crossing. After last year's confusion over the marshalling, we put out 100 flags along the course so as to use the marshals as mere gate openers!

A group of Stockport Harriers did the registration and results with maximum efficiency.

The race was won by Steve Oldfield. Roger Ingham did the commentary and the actress Francesca Annis set the races off. This year there was a further increase in the number of visitors and as someone said "This event is going to be a hard one to

Come and give us a try next year.

P.S. As I have facilities for summer language courses (25 beds), would any running clubs be interested in using the house for club running weekends?

A. Bamber

1. S. Oldfield	BfdA	28.56
2. P. Stevenson	P&B	30.47
3. S. Webb	ValleyS	30.55
4. R. Crossland	BfdA	31.25
5. A. Bissel	Knaves	31.43
6. C. Moses	Bing	32.23
7. A. Shelbourne	Barns	32.41
8. N. Pearce	Ilk	33.36
9. P. Hinchliffe	Barns	34.14
10. C. Hawxby	Acom	34.34
VETERANS O/40		
1. S. Oldfield	BfdA	28.56
2. R. Crossland	BídA	31.25
3. R. Hawksby	Otley	34.54
VETERANS O/50		
1. N. Bush	Unatt	36.09
2. W. Wade	Holm	36.54
3. B. McGrogan	ValleyS	39.31
LADIES		
1. S. Corbin	P&B	37.35
2. G. McFarlane	Imperial	39.49
3. L. Woodwark O/40	Unatt	40.22

# GREAT HAMELDON HILL RACE Lancashire BM/6m/1100ft 30.5.99

This year marked the 20th anniversary of the inaugural event (1979). As my last as organiser, I decided to revert to the Bank Holiday Sunday having had the race mid-week for the last two years. I expected the "lost" 100 entrants, when moving to mid-week, would return. It did not happen. The field of 195 runners was the lowest of the twenty years. Is this the general picture in running and, more particularly, in fell running?

The final placings were fairly much steady throughout the race. Shaun continued to increase his margin steadily until finishing Iminute 46 seconds ahead. The next four covered only sixteen seconds between them. Clayton dominated with seven out of the top eight placings.

Debbie Gowans had a tremendous run finishing well clear of Alison Martin. Both Accrington and Clayton ladies gained similar points but Accrington came home first to take the honours. Records set by Colin Donnelly and Sarah Rowell in 1990 and 1991 were never in doubt - perhaps due to the heavy

The family fun run also struggled for numbers - only 30 entered/

Pai

и	l Healey (Over and out to a	Lee Passco!)	
	1. S. Livesey	Clay	38.44
	2. M. Brown	Clay	40.30
	3. G. Wilkinson	Clay	40.39
	4. B. Whalley	P&B	40.43
	5. I. Greenwood	Clay	40.46
	6. J. Wieczorek	Clay	41.30
	7. L. Aspin	Clay	41.32
	8. J. Harbour	Clay	41.34
	9. K. Harding	Tring	42.27
	10. M. Theaker	Acc	42.30
	VETERANS O/40		
	1. T. Taylor	Ross	42.49
	2. J. Houghton	NFylde	43.10
	3. J. Greenwood	Hfx	44.40
	4. N. Stone	Stoke	44.57
	5. G. Biscomb	Acc	45.03
	VETERANS O/50		
	1. B. Breckell	Clay	46.30
	2. D. Scott	Clay	47.18
	3. A. Healey	Bury	49.29
	4. T. Bolton	Acc	49.41
	5. J. Gretsy	Skelmers	51.20
	VETERANS O/60		
	1. R. Jaques	Clay	51.31
	2. I. Turnbull	Bury	56.11
	3. D. Clutterbuck	Roch	58.28
	LADIES		
	1. D. Gowans	Acc	48.26
	2. A. Martin	Clay	51.22
	3. H. Sandelands	Newburgh	53.09
	4. A. Smith	Clay	54.49
	5. A. Harding	Tring	56.45
	6. J. Coleman O/40	Chorley	57.20
	7. G. Craske	Acc	57.55
	8. A. Titterington O/40	NFylde	58.36
	JUNIORS - BOYS		
	I. B. Western	Unatt	46.28
	2. M. Haworth	RedR	50.12
	3. G. McCoy	Ross	51.10
	JUNIORS - GIRLS		
	1. B. Hinchcliffe	Unatt	83.52



Andrew Davies (Borrowdale), second at Hellvellyn Photo: Peter Hartley

# DODD FELL RACE North Yorkshire BS/5m/1000ft 30.5.99

WANTED TO	OUIC DOLLAR	
1. S. Bailey	StaffsM	27.50
2. M. Horrocks	Clay	28.25
3. M. Cayton	Horw	29.28
4. A. Norman	Altr	29.55
5. S. Gren	P&B	30.07
6. C. Shuttleworth	Prest	30.45
	Rich	31.20
8. B. Harrison	LancsM	31.25
9. M. Holroyd	Borr	31.29
10. P. Taylor	Ross	31.38
VETERANS O/40		
1. C. Shuttleworth	Prest	30.45
2. P. Taylor	Ross	31.38
3. G. Morson	Bux	31.40
4. P. Edgerton	Unatt	33.55
5. H. Symonds	Kend	34.18
VETERANS O/50		
1. S. Kirkbride	Kend	32.59
2. P. Jackson	Tod	37.04
3. P. Doyle	Hoad Hill	38.18
4. C. Prenderghast	Felland	39.02
5. G. Webster	VallStr	39.08
LADIES		
1. A. Srivastava	P&B	38.36
2. S. Dugdale	Skipton	39.35
3. S. Taylor	Bing	39.45
4. L. Bostock O/40	Clay	42.47
5. J. Bellis O/35	Bolt	43.07
INTERMEDIATES - M	IEN	
1. M. Cayton	Horw	29.28
2. A. Norman	Altr	29.55
3. B. Harrison	LancsM	31.25
INTERMEDIATES - L	ADIES	
1. S. Dugdale	Skipton	39.35
2. S. Taylor	Bing	39.45
JUNIORS U/18		
1. A. Symonds	Kend	12.32
2. J.Parker	Owls	12.48
3. S. Savage	Amble	13.01
4. D. Yates	Matlock	13.06
5. C. Hayes	Prest	13.11
JUNIORS U/16		
1. J. Symonds	Kend	13.13
2. R. Edgar	LancsM	13.36
3. M. Smith	Horw	14.22
4. A. Foster	Settle	14.22
5. C. Jones	Wirral	14.28
JUNIORS U/14		
1. C. Doyle	Barrow	10.39
2. M. Buckingham	Holm	10.59
3. M. Smith	Horw	11.33
4. A. Whaites	Settle	11.40
5. K. Boardman	Horw	11.42
JUNIORS U/12		
1. C. Robinson	Kend	7.16
2. R. Newton	Prest	7.21
3. D. Shepherd	Settle	7.30
4. G. Robinson	Unatt	7.34
S. J. Walker	CFR	7.53

## BENTHAM GALA 10 Lancashire CM/10m/800ft 31.5.99

Ideal conditions - cool and dry underfoot. Disappointing entry with about half of normal number - apparently there is a race now on the same day at neighbouring village of Austwick.

#### G. Kenneth Robertson

1. P. Miller	Wrekin	53.44
2. S. Donahue	Spen	53.46
3. J. Nieczorer	Clay	54.54
4. G. Taylor	DarwenD	56.10
5. B. Horrocks	Clay	56.46
6. S. Addison	Clay	57.08
7. P. Bramham	Unatt	57.37
8. N. Holding	DarwenD	57.48
9. P. Dennison	FellandD	58.35
10. J. Fisher	Howgill	59.01
**************************************		
VETERANS O/40		
1. P. Miller	Wrekin	53.44
2. B. Herrocks	Clay	56.46
3. P. Bramham	Unatt	57.37
4. N. Holding	DarwenD	57.48
5. P. Dennison	FellandD	58.35
VETERANS O/50		
1. A. Mellor	Tod	63.37
2. W. Murphy	FordHaz	67.39
3. P. Gelderd		71.17
3. P. Gelderd	Garstang	71,17
LADIES		
1. C. Young	Leeds	65.19
2. P. Childs O/50	Leeds	76.38
3. S. Middleton	Clay	79.32

## HELVELLYN FELL RACE Cumbria AM/11m/4500ft 31.5.99

This was the 6th Helvellyn Race from Bram Cragg Brough. Seventy eight keen runners arrived on the start line in perfect conditions (a first for this race), with mist on the summit only.

Andrew Davies led for 90% of the race with Jim Davies gaining his first place on the steep descent off Calf How Pike and winning with a fifty five second lead and 1 minute 50 seconds outside the record.

Beverley McWade took the ladies' prize and Borrowdale the team prize.

A large veteran turnout made their classes competitive and also for the ten ladies who turned out, many to their first Helvellyn Race.

Thanks to all those who gave their time to marshal, timekeep and cater etc. for all those who came to run. May we see you all again next Bank Holiday Monday.

#### Duncan Stuart

1. J. Davies	Borr	1.38.54
2. A. Davies	Borr	1.39.49
3. S. Scott	NFR	1.45.08
4. J. Hepburn	Loch	1.46.23
5. B. Roberts	Mand	1.51.24
6. F. Smith	Salt	1.53.36
7. I. Powell	Westbury	1.53.54
8. D. Tait	DkPk	1.54.01
9. P. Pollitt	Bolton	1.55.34
10. T. Houston	Bowland	1.55.36
THE TERM A DIC O / 40		
VETERANS O/40 1. B. Roberts	Mand	1.51.04
2. F. Smith	Salt	1.51.24 1.53.36
3. T. Houston	Bowland	1.55.36
4. A. Miller	Kend	1.58.33
5. N. Pearce	llk	2.01.25
J. IN. Pearce	11K	2.01.23
VETERANS O/50		
1. D. Tait	DkPk	1.54.01
2. D. Kearnes	Bolton	2.08.36
3. I. Charlton	Kesw	2.09.32
4. B. Wheatley	Unatt	2.11.24
5. J. George	B'pool	2.14.04
VETERANS O/60		
1. B. Booth	Kesw	2.24.43
2. R. Smith	Amble	2.34.24
Y ADVIDO		
LADIES	Cl	0.11.22
1. B. McWade	Clay	2.11.33
2. A. Sykes	Dartm	2.14.46
3. J. Smith O/40	Bing Unatt	2.27.24
4. M. Edgerton	Unatt	2.28.44
5. R. Gooch O/40	IIK	2.30.31

# AUSTWICK AMBLE North Yorkshire BM/8m/1200ft 31.5.99

After years and years of anonymous mediocrity spent plodding (enjoyably) around the middle of the field in fell races of every description, I'd decided to take the advice of some "mates". Organise a race - it's the only way you'll get your name in the Calendar! What a job it turned out to be! On a perfectly fine morning at the end of May, I can only thank the 57 runners who turned up for making it a relaxed and memorable day - one that I am being pressured into continuing for several years to come.

A fast start that was only slightly hindered by the barrier tape getting tangled around a few legs and they were off out of the village and steeply up the tarmac to the fell. A slight "detour" saw a shaken but unstirred pack top Norber and continue over the limestone pavements. An undulating run a fine terrain led up to Nick Pot and a generally fast descent back via Sulber Gate and Crummock.

For a first running, the comments were highly favourable and there's a plan next year to include junior races to complement a thoroughly enjoyable day out. See you there! *Rob Gale* 

1. S. Webb	VallStr	0.59.10
2. P. Butterworth	Clay	1.00.48
3. A. Life	Clay	1.01.51
4. A. Shepherd	Settle	1.01.57
5. S. Galloway	Tod	1.03.43
6. I. Rowland	Unatt	1.03.45
7. R. Limmer	Bowland	1.03.52
8. C. Harvey	DOSS	1.04.20
9. J. Hemsley	Ilk	1.04.45
10. G. Read	Roch	1.04.52
VETERANS O/40		
1. A. Shepherd	Settle	1.01.57
LADIES		
1. W. Dodds	Clay	1.12.00
2. M. Hobley	Felland	1.13.23
3. S. Quarmby	StBedes	1.15.57
4. J. Hindle	Clay	1.17.19
5. C. Preston	Kghly	1.18.52
6. J. Taylor	LancsM	1.20.13

# MYND MYFYR HILL RUN Shropshire CS/4.5m/500ft 31.5.99

A very successful event with the second highest entry in its seven year existence. There was a new Veteran's record by Mike Weedall

There was a record entry of 26 for the children's races over 500 metre, 1,000 metre and 1,500 metre courses.

#### Doug Morris

ug Morris		
1. M. Weedall	ValeR	21.15
2. K. Begley	WChesh	21.42
3. M. Donnelly	Tyne	21.49
4. D. Turvey	Hales	21.51
5. L. Heathcote	Hales	21.55
6. H. Matthews	Shrews	22.54
7. D. Broadhurst	Unatt	22.57
8. C. Davies	Deestriders	23.00
9. H. Jones	Mercia	23.06
10. J. Rodgers	Bristol	23.20
VETERANS O/40		
I. M. Weedall	ValeR	21.15
2. B. Thompson	Hales	23.31
3. S. Wood	ValeR	24.02
4. R. Robson	Mercia	25.19
5. N. Evans	Brody	25.28
VETERANS O/45		
1. D. Broadhurst	Unatt	22.57
2. G. Manson	OswestO	23.47
3. J. Hancock	OswestO	24,31
4. M. Mielczarek	Hales	25.24
5. R. Craig	Nnorfold	26.22
VETERANS O/50		
1. B. Hastings	WChesh	26.39
2. M. Blake	Eryri	26.57
3. B. Frost	Wrex	26.58
4. J. Taylor	Mercia	29.07
5. M. Harrington	OswestO	29.11
VETERANS O/55		
I. B. Jackson	Brody	27.20
2. A. Morris	ShropShuff	27.29
3. M. Lamb	WChesh	29.13
VETERANS O/60		
1. P. Norman	Wrex	27.26
2. T. Ashcroft	ShropShuff	30.48
3. T. Partridge	Wrex	30.54
LADIES	*******	0.0.0.4
1. S. Candy O/35	ShropShuff	27.19
2. V. Musgrove O/40	Eryri	27.39
3. J. Wilcox O/35	Unatt	28.47
4. G. Roberts O/40	Mercia	30.11
5. J. Edwards O/40	Unatt	30.18
6. A. Talbot	OswestO	30.10
7. M. Hood O/40	Unatt	30.35
8. J. Hatton O/35	Mercia	31.23
o, J, Hatton Orad	11201010	21.62

# CONISTON OLD MAN "UP AND DOWN" Cumbria AS/3.5m/2400ft 1.6.99

The "new" Water Festival race route (straight up and down the Old Man) was well received. This format will be retained in the future and comments like "an instant classic" did much to encourage the organisers. Norman Drinkall impressed everyone with a seemingly effortless 32.29 climb and 13.50 descent.

We hope to see more local runners next year when we hope to have more prizes, more beer and more food!

If anyone is interested in either organising or running a junior race, please contact me.

Dick Palmer

1. N. Drinkall	Unatt	46.19
2. D, Duxbury	Amble	48.08
3. S. Bottomley	Eccles	49.05
4. C. Valentine	Kesw	51.32
5. A. Holden	Wharfe	51.49
6. S. Anderton	Tod	52.17
7. P. Edgerton	Unatt	52.24
8. B. Harrison	LancsM	53.29
9. C. Miller	Hgte	53.47
10. K. Dacre	Kend	54.21
VETERANS O/40		
1. P. Edgerton	Unatt	52,24
2. K. Dacre	Kend	54.21
3. J. Winder	CaldV	54.29
4. G. Read	Roch	54.51
VETERANS O/50		
1. D. Fell	Unatt	56.57
VETERANS O/60		
1. R. Dearden	Clay	66.53
LADIES		
1. J. Leather	Amble	64.47
2. K. Finn	Howgill	70.02
3. L. Buck	CFR	70.12
4. S. Jollie	Eccles	75.11
5. C. Rogers	Tod	86.42
6. H. Kelsey O/40	Unatt	91.08

# KETTLESHULME VILLAGE FELL RACE Cheshire BM/6m/850ft 2,6.99

While we pegged out the course, the heavens opened and we had a downpour with thunder and lightening. We were worried no one would turn up for the race. By 6.45 p.m. the village started to fill up and by 7.30 p.m., there were 173 starters.

The winner was Ged Cudahy, who has come second many times. He was followed by John Cookson and third was last year's winner, Malcolm Fowler. First lady was Estelle Maguire with Sally Gilliver second and Rebecca Hilton third.

We know that the weather put off a lot from running that night but checking last year's list, there were 144 runners who ran last year that didn't run this year.

A.K. Boothby

h.e	Dooinoy		
	1. G. Cudahy	Stock	37.15
	2. J. Cookson	Sale	37.48
	3. M. Fowler	Sale	38.07
	4. D. Gartley	LevensSt	38.29
	5. N. Leigh	Altr	38.37
	6. S. Fairmaner	Traff	38.45
	7. M. Hutchinson	Traff	38.55
	8. L. Taggart	Bux	38.56
	9. D. Keeling	Traff	39.06
	10. E. Gamble	Stock	39.11
	VETERANS O/40		
	1. D. O'Brien	Bux	42.03
	2. A. Howie	Penn	42.32
	3. N. Hindle	Altr	43.50
	4. M. Beecher	Bux	44.04
	5. N. Stone	Stoke	44.38
	VETERANS O/45		
	1. G. Morson	Bux	39.13
	2. J. Kershaw	Macc	40.31
	3. R. Taylor	Penn	41.36
	4. T. Longman	Macc	43.02
	5. A. Bocking	Penn	44.26
	VETERANS O/50		
	I. T. Hulme	Penn	42.21
	2. J. Morris	Penn	44.56
	3. P. Gorvett	DkPk	45.50
	4. N. Griffith	Spec	45.54
	5. P. Nolan	Macc	46.20
	VETERANS O/60		
	1. B. Thackery	DkPk	52.02
	2. D. O'Leary	ManchYMCA	60.00
	3. V. Holland	Stock	62.48

LADIES		
1. E. Maguire	Stock	47.39
2. S. Gilliver O/35	Penn	47.55
3. R. Hilton	Macc	48.42
4. J. Phizacklea	Bux	50.16
5. K. Forster O/35	Spec	50.42
6. J. Gardener O/35	Bux	52.20
7. A. Calvert O/35	Macc	52.33
8. E. Richardson	Unatt	55.23

## WALKER RUN West Yorkshire AS/2.25m/625ft 2.6.99

I counted them out and I counted them back in and apart from the start and finish, that was all there was to see of this year's Walker Run. The clag (a Pennine mixture of low cloud and drizzle) hid the scenic course with runners able to see only a few yards in front of their faces.

Nevertheless, that didn't stop the flying veteran, Steve Oldfield, from finding his way around a course where last year he went adrift and lost his chance of victory. He made amends this year, beating off a spirited challenge from Andy Shaw who, in turn, held off Andy Maloney, a Walker Run regular who, despite being always among the front runners, has yet to win this demanding little up-and-down event. Fourth was Oldfield's team-mate, another veteran, Richard Crosland.

First lady home was Helen Berry, a former England Fell Champion, but she was well outside Carol Greenwood's record set in the sun and dust of 1997. A special mention to 14-year old Mark Smith who came home in eleventh position - obviously a name to watch for in the future!

Penistone Footpath Runners chose this year's race as one of their championship events (they're more than welcome to do so again next year) so there was a good turnout with Dave Griffiths being their first man home.

Many thanks to the landowners who once again allowed the event to cross their land and to the marshals who acted as navigation beacons for several runners who obviously left their maps and compasses at home. Hopefully, next year the sun will shine and both runners and spectators will enjoy the views.

Dave Overend

V	e Overend		
	1. S. Oldfield	BfdA	15.27
	2. A. Shaw	Holm	15.45
	3. A. Maloney	Roch	16.08
	4. R. Crossland	BfdA	16.16
	5. P. Stevenson	P&B	16.24
	6. S. Gelsthorpe	StBedes	16.36
	7. A. Shelbourne	Barns	16.51
	8. D. Griffin	P'stone	17.53
	9. C. Cliphant	P&B	18.02
	10. N. Gilbert	Holm	18.08
	VETERANS O/40		
	1. S. Oldfield	BfdA	15.27
	2. R. Crossland	BfdA	16.16
	3. S. Gelsthorpe	StBedes	16.36
	4. C. Smith	Holm	19.47
	5. D. Foster	P'stone	20.16
	VETERANS O/50		
	1. R. Bradley	Holm	19.59
	2. R. Brown	P'stone	21.18
	3. T. Cock	Holm	21.22
	4. M. Cartwright	P'stone	21.33
	5. D. Cartwright	P'stone	21.47
	LADIES		
		Holm	
	H. Berry     S. Cockerham	Unatt	
	3. M. Millward	P'stone	
		P'stone	
	4. S. Higham O/35	P'stone	

# TWO RIGGS Cumbria BM/6.5m/1350ft 2.6.99

The gusty, damp and overcast evening attracted fewer runners than usual for this scenic six and a half mile lakeland route. Gavin was the hare everyone chased but never caught. His time was one minute and six seconds outside his record.

Borrowdale took the team prize from CFR who were also out in force. Andy Schofield took the joint prize for best position overall in this and the Helvellyn race.

Ever willing volunteers marshalled, catered and processed names and numbers into results - to them and to all those who ran, for some their first ever fell race, thanks, and see you next year.

I. G. Bland	Borr	40.20
2. J. Bland	Borr	41.41
3. M. Amor	CFR	42.43
4. A. Schofield	Borr	43.18
5. B. Taylor	CFR	45.06
6. M. Fanning	Borr	45.13
7. H. Jarrett V	CFR	45.25
8. I. Turnbull	Borr	46.06
9. S. Hicks	Borr	46.30
10. T. Wilkinson	CFR	47.39

VETERANS O/40		
1. H. Jarrett	CFR	45.25
2. J. Winn	CFR	47.45
3. R. Davidson	CFR	51.17
4. P. Tuson	Kend	51.44
5. J. Mayo	Kend	53.17
FIRST VETERAN O/O	50	
1. B. Booth	Kesw	57.26
LADIES		
1. S. Lewsley 0/40	Kes	56.25
2. D. Thopson O/40	Kes	59.25
3. L. Buck	CFR	64.06
4. M. Bridge O/50	Kes	64.11
5. S. Dring	Unatt	70.30
FIRST JUNIOR		
1. C. Miller	Harr	50.49

## CHEVIN FELL RACE West Yorkshire AS/3.5m/900ft 2.6.99

After a day of heavy thunderstorms, the weather cleared and the twentieth Chevin Fell race was run in fairly dry condition, but giving the hillside a tropical rainforest look. The rain returned during the prize giving the perfect excuse to stay longer in the Red Lion. Mick Hawkins and Mark Horrocks provided the challenge to the usual Pudsey & Bramley dominance, and both reflected afterwards "if they had set off a bit faster on the road at the start, the course record of Mick Hill's would have been challenged". No records were set this year, possibly due to the conditions underfoot. The marshal at the foot of the stairs noted a look of fear on several speeding descenders.

Next year will be the twenty first anniversary of the Chevin Fell Race, and even more prizes will be given (this year twenty seven handed out). There will also be junior races U/13, U/15 and U/17, starting at 0645pm approx. Please help to make the twenty first a success by turning up in droves. Good Luck to all for the rest of the season.

Ne

ell			
	1. M. Hawkins	Bing	17.51
	2. M. Horrocks	Clay	18.11
	3. S. Green	P&B	18.29
	4. J. Hemsley	llk	18.43
	5. P. McTigue	P&B	18.59
	6. T. Gill	Leeds	19.11
	7. A. Whalley	P&B	19.24
	8. P. Winskill	Penn	19.50
	9. S. Macina	Eccles	20.02
	10. D. Britton V	Fellan	20.28
	VETERANS O/40	F.11.	20.20
	1. D. Britton	Fellan	20.28
	2. R. Hamilton	Ilk	20.35
	3. R. Falls	Fellan	21.10
	4. R. Hawksby	Otley	21.35
	5. M. Jeffrey	Otley	21.31
	VETERANS O/50		
	1. B. Wade	Holm	22.51
	2. D. Hainsworth	Fellan	25.05
	3. R. Burnell	Kippax	26.53
	LADIES		
	I. A. Scrivastava	P&B	23.37
	2. L. Harris	Kippax	25.39
	3. H. Maud O/35	Fellan	26.12
	4. C. McCarthy O/35	Kippax	26.43
	5. A. Hunter O/35	Kippax	27.14
	6. K. Boopyer	P&B	27.18
	7. J. Saul O/35	N'land	27.31
	8. L. Hinchliffe	Barns	28.44



Mark Horrocks, second at the Chevin, pictured on the summit of Pen-y-Ghent Photo: Allan Greenwood

## ROCKY Nothern Ireland AS/4m/1300ft 3.6.99

Deon McNeilly sealed the 1999 Hill & Dale title at the Rocky Race. This is surprisingly McNeilly's first Hill & Dale series victory and it was won the hard way, beating recent winners and club-mates, Davy McKibbin and Robbie Bryson.

After a day of much rain, the evening cleared leaving the route easy to follow for the runners. From the start just across the river at Leitrim Lodge, the runners climbed sharply to the top of Rocky before picking up an undulating route first to Tomamrock, then to Pierces Castle and finally to Altnataggart before the rough track run back to the starting point.

After an adventurous piece of route choice on the climb up Rocky, Bryson caught and tracked McNeilly all the way around the course. However, he was unable at any time, to steal a significant lead. McNeilly, a true competitor, instead broke away on the rocky track to win by sixty one seconds and set a new record mark, forty six seconds inside Brian Ervine's old mark/

Shileen Donnelly also set a new record inside Anne Sandford's old mark. Donnelly, in only her fifth ever fell race now has two wins and two seconds and is fast becoming the favourite for the ladies' title. Behind her, the young Mourne star, Valene Murney, came home second again and now has three wins and two seconds to stay just ahead overall. However, she is going to have to beat Donnelly at least once in the remaining three races if she is going to secure the title herself.

It was also great to see the young husband and wife team, Eddie and Martina Hawkins, home for three weeks from California with recently born baby, both competing well. Eddie was tenth overall, proving that rock climbing is keeping him in good shape and Martina finished ninety second and sixth lady. In the veteran stakes, Pete Howie has now won seven of the eight races in the Veteran Over 40 category, with second placed Billy Dicky twisting his ankle on the rough track descent and completing in ninety sixthand last place. Another victim was Peter McGookin, lying second in the Veteran Over 45 category, but this time finishing well down in fiftieth overall after too doing some ankle damage near the end of the race when in twentieth place. This could well have been the race with the greatest camage, yet with most of it done on the finishing track, seemingly off the rougher going.

Billy McKay has secured the Veteran Over 45 title for the second year running with five wins and a second place, whilst in the Veteran Over 50 category, John Sloan has now edged ahead of Dessie Connolly with three races to go. George Geddis still leads the Veteran Over 55 category with three wins and three seconds but Billy Magee now has five wins from the five races which he has done and one more race might well see him secure the title. Finally in the Veteran Over 60 category, Tom Donnelly has secured the title with six wins now and this week finished sixty eighth out of ninety six leaving many youngsters, some up to nearly forty years younger, in his wake.

# Martin McVeigh

1. D. McNeilly	N'castle	31.21
2. R. Bryson	N'castle	32.22
3. D. McKibbin	N'castle	33.45
4. D. Brannigan	N'castle	34.33
5. J. Brown	BARF	35.17
6. P. Howie	Lame	35.27
7. S. Linton	NOW	35.59
8. G. Somerville	LVO	36.10
9. S. Begley	Albert	36.25
10. E. Hawkins	N'castle	37.35
VETERANS O/40		
1. P. Howie	Larne	35.27
2. F. O'Hagan	Newry	41.28
3. I. McMurray	BARF	41.39
	Dilli	71.57
VETERANS O/45		
1. B. McKay	Albert	38.58
2. M. Barton	ACKC	41.08
3. W. Kytelle	ACKC	41.21
VETERANS O/50		
1. J. Sloan	ACKC	40.54
2. D. Connolly	Armagh	41.18
3. F. Strickland	Ballyd	41.33
VETERANS O/55		
I. B. Magee	Lame	41.13
2. G. Geddis	Ballyd	45.05
3. H. Young	Ballyd	48.21
2	Danya	10.21
VETERANS O/60		
1. T. Donnolly	ACKC	47.41
LADIES		
1. S. Donnelly	Unatt	43.34
2. V. Murney	N'castle	44.57
3. R. McConville	NDown	48.27

## TOTLEY MOOR Derbyshire BS/5m/800ft 3.6.99

Lovely day although a bit of rain to keep the marshals happy and going boggy. King of the Hill T-shirt and race series leader meant the field of one hundred and eighty eight knew who to chase - Karl Webster pulled away on the last climb for another convincing win. Thanks to the many volunteers and the landlord of the Cricket Inn.

#### Will Alves

1. K. Webster	Matl	35.01
2. S. Penney	Ches'field	35.26
3. S. Bell	DkPk	35.54
4. W. Sullivan	DkPk	36.37
5. A. Carruthers	Crawl	36.45
6. A. Buckley	DkPk	36.52
7. A. Ward	DkPk	36.55
8. M. Hayman	DkPk	37.11
9. L. Banton	Clowne	37.27
10. A. Sealy	DkPk	37.50
VETERANS O/40		
1. D. Allen	DkPk	38.53
2. F. Fielding	Gloss	39.48
3. W. Alves	Totley	40.55
4. R. Bory	ValleyHill	41.28
5. M. Rhodes	Unatt	41.38
VETERANS O/50		
	70-41	41.10
1. C. Ellis	Totley	41.12
2. A. Ashforth	Hallam DVO	41.33
3. R. Defaye		
4. N. Oxley	Unatt	42.44 44.29
5. D. Higgs	Shep	44.29
VETERANS O/60	1.4-41	46.00
1. B. Howitt	Matl	46.33
2. B. Thackery	DkPk	49.41
3. T. Platts	Clowne	49.25
LADIES		
1. C. Cresswell	Notts	42.15
2. W. Rothenbaugh	Shelt	43.33
3. J. Smith O/40	DkPk	43.39
4. P. Leach	DkPk	44.10
5. D. Pelly O/40	DkPk	46.06
6. J. Bednall	Sheff	46.38
7. L. Evans O/40	DerbyL	48.03

# WHORLTON CHASE Cleveland

#### BM/7m/1200ft 3.6.99

One retirement due to a 'short' navigational error. There were also sixty four competitors who made navigational errors too numerous to mention. On investigation it was found that tapes in the middle section of the course had been removed and placed in a misleading manner up 'Jacob's Ladder.' May I comment that the first strategy for dealing with this in a fell race is to ignore the tapes, if pre-race advice has not been given about changes to the route. In other words follow the map. A second strategy which only applies to mid week events, is that if in normal circumstances you don't encounter any tape or other markers for four hundred yards then you are off course and you should then retrace your steps to the last position where tape is visible, or you are confident that you know where you are so that you can reposition yourself on the course. Well that's the joy of hill running, hope the minor problems didn't put anyone off, as I must commend the attitude of everyone I spoke to who took the minor problems in good part. Best Wishes.

### David Parry NE Fell Running Convenor

1. A. Normandale O/40	Nestle	52.38
2. R. Harrison	R&Z	52.48
3. K. Edwards O/40	H'pool	53.07
4. A. Tate	Nestle	53.12
5. P. Figg	Swale	53.40
6. M. Wynne	Salt	53.52
7. K. Maynard O/40	Okrs	54.03
8. K. Wilson O/40	Mand	54.11
9. M. Hetherton	Nestle	54.12
10. A.Raw	Darl	54.16
VETERANS O/50		
I. M. Hetherton	Nestle	54.12
2. A. Wikeley	T&S	56.39
3. D. Plews	Unatt	57.59
4. M. Coles	Skyrac	58.05
5. S. Hutchinson	Mand	61.55
5. R. Stevenson	Mand	61.55
NETTER AND OVER		
VETERANS O/60	NIN ATT	50.04
1. R. Sherwood	NMH	58.24
LADIES		
1. A. Raw	Darl	54.16
2. S. Gayter	NewMske	56.06
3. M. Gibbs O/50	T&S	64.06
4. S. Yardley O/40	HBR	71.56
5. P. Kirby O/45	T&S	72.10
FIRST LOCAL		
I. N. Keetley	SwainCelt	72.35

## BEACON HILL FELL RACE Northumberland AS/5.75m/1500ft 3.6.99

A few more new faces among the sixty three starters in this testing 'A' short race. Shaun Scott fit as ever set the pace as usual and made it a hat trick of wins, this time only eleven seconds outside his own forty six minutes and twenty four seconds record. Karen Robertson set a new ladies record taking thirty four seconds off Alison Raw's 1998 time.

#### R. Hayes

I. S. Scott	NFR	46.35
2. A. Green	Tyne	48.44
3. M. Donnelly	Tyne	49.36
4. J. Dickinson V	Tyne	50.10
5. P. Gaines	Tyne	50.45
6. D. Armstrong	NFR	51.22
7. M. Broadhurst V	Tyne	51.44
8. J. Ross	NFR	51.50
9. D. Scott	Tyne	52.58
10. C. Dentice V	Morp	54.31
TITLED AND OUR		
VETERANS O/40	rds.	50.10
1. J. Dickinson	Tyne	50.10
2. M. Broadhurst	Tyne	51.44
3. L. Turnbull	Norham	54.46
4. J. Christie	Aln	57.11
5. P. Scott	NFR	57.34
VETERANS O/45		
1. C. Dentice	Могр	54.31
2. J. Dallinson	NFR	57.27
3. J. Humble	NFR	59.38
4. W. Hutchinson	Concord	61.26
5. J. Blythe	Norham	61.42
VIETED AND OVER		
VETERANS O/50	MED	55.22
1. B. Lowdon	NFR	55.33
2. R. Dawson	NFR	58.23
3. H. Forrest	NFR	61.31
4. T. Hart	Blyth	62.58
5. R. Gray	NFR	65.21
FIRST VETERAN O/55		
1. R. Hayes	NFR	61.49
FIRST VETERAN O/60		
1. J. Garbarino	NFR	69.39
		07.07
LADIES		
1. K. Robertson	NFR	58.56
2. J. Lumsden	Blyth	69.39
3. S. Porteous	NFR	72.06
4. J. Saul	NFR	72.58
5. P. Cooper O/35	NFR	75.43
6. A. Mitchell O/35	Morp	78.15



Harry Atkinson (Bingley) who has handed over the reigns after ten years organising Pen-y-Ghent Photo: Allan Greenwood



Jonathon Wright (Todmorden) at Holme Moss Photo: Steve Bateson

# PEN Y GHENT North Yorkshire AS/5.5m/1650ft 5.6.99

After heavy rain all week and on a day with heavy showers forecast, the 198 strong field set off from Horton Gala Field in bright sunshine. The mainly dry ascent up from Brackenbottom onto the summit saw Mark Horrocks leading ahead of Steve and Gary Oldfield and Sean Livesey. The descent was carefully chosen to allow the mud to be a factor, it saw Mark Horrocks stretch his 7 second lead to 36 seconds by the finish, with Steven taking second.

Helen Johnson had a good run coming in 42nd after dropping only two places from the summit. Mike Walsh was first Veteran Over 50 in an excellent ninth place overall.

Alan Greenwood did a superb job obtaining summit times and positions having helped mark the course with Keith, Harry and myself. Thanks to all those who helped me in my first attempt - to Raynet for doubling as marshals and above all to the Cave & Fell Rescue guys for assisting the injured lady from the mountain. Their advice on clothing was well founded. Lost property consisted of one blue top. I hope the keys were found by the non-starter! Better luck next year!

#### Nick Percival

ek Percivai		
1. M. Horrocks 2. S. Oldfield 3. G. Oldfield 4. S. Livesey 5. J. Hornby 6. S. Green 7. S. Sweeney 8. S. Webb	Clay BfdA P&B Clay Spen P&B Bowland ValleyS	45.42 46.18 46.52 47.43 48.32 49.05 49.49 50.05
9. M. Walsh	Kend	50.21
10. N. Conway	DkPk	50.48
VETERANS O/40 1. S. Oldfield 2. C. Shuttleworth 3. R. Crossland 4. R. Hamilton 5. A. Nixon	BfdA Prest BfdA IIk Unatt	46.18 51.37 52.10 53.11 53.38
VETERANS O/50		
<ol> <li>M. Walsh</li> <li>S. Kirkbride</li> <li>A. Mellor</li> <li>R. Marlow</li> <li>J. Baker</li> </ol>	Kend Kend Tod DkPk EHull	50.21 52.44 58.42 59.19 60.41
VETERANS O/60		
1. F. Gibbs 2. B. Wade 3. R. Jaques	Bing Holm Clay	56.28 59.21 61.50
LADIES 1. H. Johnson 2. D. Gowans 3. A. Srivastava	IIk Acc P&B	55.35 60.02 63.12
J. A. SHVASIAVA	LOCID	00.12

# RAS MYNYDDOEDD 1000 METR CYMRU Gwynedd AL/21m/8500ft 5.6.99

Some one hundred and fifty runners set off in light drizzle to boulder hop our way through the environmentally sensitive Snowdonia

The weather quickly cleared as we climbed up by the Aber Falls and on to the Carneddau to give excellent running terrain and grand views from Carnedd Llewelyn and Dafydd. The

second half of the race provides a stark contrast between the wet, sapping ground up the Cwm Gwern Gof and through the Pen Y Pass (more boulders please!) and then the long rocky climb up the Pyg track to Crib y Ddysgl and finally Snowdon.

At the front the Borrowdale and Bingley crew were safely guided through to Pen y Pass by local Eryri runners James McQueen and Colin Donnelly, before the order changed to see seven runners beat Donnelly's old record - by all of ten minutes by winner Gavin Bland and second placed Rob Jebb, with Simon Booth again third. Borrowdale were first Championship team.

The ladies race was even more impressive - another superb run from Angela Mudge (sixteenth overall) beat the old record by nearly thirty minutes. Second placed Janet King was also inside that record, with Jenny Rae third. Carnethy were first ladies team

Many thanks to the organising Gorphwysfa Club and additional helpers; the pasta party and the prize giving were well attended and appreciated.

#### Brian Martin

1. G. Bland	Borr	3.27.20
2. R. Jebb	Bing	3.27.35
3. S. Booth	Воп	3.28.45
4. J. Bland	Borr	3.29.12
5. C. Donnelly	R Eryri	3.33.45
6. J. McQueen	R Eryri	3.33.54
7. B. Bardsley	Borr	3.34.41
8. M. Rigby	Amble	3.39.12
9. I. Holmes	Bing	3.40.06
10. A. Davies	Borr	3.40.21
11. J. Davies	Вогг	3.43.03
12.E. Roberts	R Eryri	3.43.27
13. M. Roberts	Borr	3.43.49
14. D. Neill O/40	Merc	3.46.44
15. A. Schofield	Borr	3.52.05
16. A. Mudge	CarnL	4.02.39
17. J. Hunt	Cumb	4.03.06
18. S. Shuttleworth	Amble	4.03.18
19. G. Schofield O/40	Horw	4.03.56
20. M. Wallis O/40	Clay	4.04.47
21. N. Carty	NIreFRA	4.05.50
22. P. Maggs	MdeC	4.08.25
23. R. Owen O/40	R Eryri	4.08.41
24. M. Holroyd	Borr	4.09.31
25. S. Bourne	Alt	4.10,34
26. T. Jones	R Eryri	4.11.36
27. H. Grubb	NottUniOB	4.13.38
28. G. Devine	P&B	4.16.36
29. 1. Cowie O/40	Merc	4.17.06
30. S. Fairmaner	Traff	4.17.41
VETERANS O/50		
1. J. Patterson	NIreFRA	4.24.08
2. D. Tait	DkPk	4.26.02
3. T. Hesketh	Horw	4.34.11
4. M. Anglim	Hardley	4.51.15
5. M. Walford	Kend	4.59.05
FIRST VETERAN O/60		
1. P. Norman	Wrex	6 07 11
	WICX	6.07.11
LADIES		
1. A. Mudge	Carn	4.02.69
2. J. King	Cumb	4.20.25
3. J. Rae	Amble	4.34.20
4. N. Davies O/40	Воп	4.41.21
5. K. Jenkins	Carn	4.43.05
6. K. Slater O/40	Kly&Cvn	4.49.23
7. J. Lloyd	R Eryri	4.49.54
8. P. Gibb	Merc	4.55.33
9. J. Prowse O/40	Kly&Cvn	4.59.09
10. R. Dorrington	Abbey	5.12.52

# ALWINTON FELL RACES Northumberland BL/14m/2500ft 5.6.99

As usual the race was based on the Rose and Thistle, Alwinton, and run in conjunction with the North of Tyne Mountain Rescue Team's Alwinton Round walk. The weather conditions were good for running, mild with a slight breeze. Conditions underfoot on the fell section were described as, 'wet'. A little excitement was added with the prospect of thunder and lightening. This duly occurred as forecast around mid-day and rattled around nearby hills. Entries for the long course were down on last year with sixty one runners participating. The short course however was reduced to ten entries and the juniors to four.

Shaun Scott of Northumberland Fell Runners won the senior men's race for a second year and became the North East Counties Athletics Association Fell Running Champion. Peter Hammond of Alnwick and Gordon Dixon of Morpeth were second and third respectively in both the fell race and fell running championship.

The ladies race was won by Karen Robertson from last years winner Alison Raw of Darlington. First team prizes went to NFR for the men and Morpeth for the ladies.

#### К Нооре

1. S. Scott	NFR	1.34.19
2. P. Hammond	Aln	1.40.02
3. G. Dixon	Morp	1.42.16
4. N. Armsworth	Morp	1.43.29
5. P. Gaines	Tyne	1.44.23
6. D. Henderson O/40	Aln	1.45.33
7. M. Broadhurst O/40	Tyne	1.46,09
8. D. Tyers	CFR	1.47.26
9. P. Kelly O/40	Darl	1.48.36
10. G. Owens O/40	NFR	1.50.34
VETERANS O/45		
I. A. Curtis	NFR	1.54.18
2. J. Dallinson	NFR	1.58.49
3. T. Dodds	Morp	2.04.32
VETERANS O/50		
1. D. Cockburn	Mam	2.05.55
2. M. Brown	Morp	2.09.24
3. R. Gray	Morp NFR	2.09.24
S. K. Citay	NFK	2.09.29
VETERANS O/55		
1. P. Lancaster	Els	1.55.46
2. K. Rawlinson	Unatt	2.11.00
3. R. Hayes	NFR	2.12.09
· ·		
VETERAN O/60		
1. W. Wright	Aln	2.37.56
LADIES		
1. K. Robertson	NFR	1.55.40
2. A. Raw	Darl	1.59.04
3. J. Saul	NFR	2.18.14
4. S. Porteous	Morp	2.32.30
5. J. Duggan O/40	Morp	2.32.30
6. A. Mitchell O/40	Morp	2.37.14
o. A. Mitchell 0/40	Morb	2.37.14

# ENNERDALE HORSESHOE FELL RACE Cumbria AL/23m/7500ft 5.6.99

This was one of the smallest field since the race started. Race clashes had led to changing the date. Despite the low numbers the same atmosphere of good humour existed as people set off and completed this the hardest (one of) the fell races. The weather was humid and mostly dry, only one person retired and nobody got lost. A great day out on the fells.

1. A. Davies	Borr	3.47.23
2. L. Thompson	Clay	4.05.14
3. L. Dowthwaite	Bowl	4.17.45
4. M. Davies		4.18.06
5. K. Carr O/50	Clay	4.28.06
6. R. James O/45	CFR	4.30.28
7. T. Houston O/40	Bowl	4.31.25
8. R. Ansell	DkPk	4.35.13
9. I. Block O/45	CFR	4.46.19
10. M. Yearsley	CFR	4.48.50
FIRST VETERAN O/55		
1. J. Ely	Unatt	5.15.32
FIRST VETERAN O/60		
1. J. Naylor	CFR	5.31.22
LADIES		
1. J. Jones	Kesw	5.27.09
2. H. Krynen	Kesw	5.27.09

# KELBROOK FELL RACE Lancashire BS/3m/700ft 5.6.99

The short but telling route once again tested all competitors. The conditions underfoot were wet and boggy in sections, but the weather stayed fine on the day. The entry was forty up on last year in the senior race and resulted in a closely contested exciting race. Once again race officials and marshals attended to their duties in a professional and jovial manner.

R			

1. T. Chew	Clay	18.38
2. A. Waterworth		19.00
	Clay	
3. A. Hartley	Clay,	19.05
4. G. Wilkinson	Clay	19.17
5. A. Payne	Clay	19.41
6. A. Maloney	Roch	19.54
7. G. Cunliffe V	Clay	20.09
8. R. Barrett	Skip	20.21
9. G. Hawkins	Skip	20.25
10. P. Brannon V		
10. P. Diamion v	Clay	20.34
VETERANS O/40		
	Cl	20.00
1. G. Cunliffe	Clay	20.09
2. P. Brannon	Clay	20.34
3. J. Emmott	Kly	21.15
4. G. Biscombe	Acc	21.48
5. J. Tomlinson		
J. J. TOTHINISON	Clay	21.53
VETERANS O/45		
1. J. Pickup	Clay	21.26
	Clay	21.36
2. R. Hirst	Clay	25.38
3. J. Edwards	Burn	29.17
VETERANS O/50		
1. B. Mitchell	Clay	20.53
2. B. Breckell	Clay	22.17
3. P. Jackson	Tod	23.21
4. G. Murray	Clay	24.04
5. D. Munroe	Clay	24.34
VETED AND OZO		
VETERANS O/60		
1. T. Orrell	Clay	25.25
2, P. Knott	Fly	27.15
3. J. Amos	Clay	28.06
	Clay	20.00
LADIES	Ciay	20.00
LADIES	Clay	20.00
LADIES  1. K. Drake	Ciay	20.00
LADIES	Clay	20100
LADIES 1. K. Drake VETERANS O/45		
LADIES 1. K. Drake VETERANS O/45 1. J. Pickup	Clay	21.36
LADIES 1. K. Drake VETERANS O/45 1. J. Pickup 2. R. Hirst	Clay Clay	21.36 25.38
LADIES 1. K. Drake VETERANS O/45 1. J. Pickup	Clay	21.36
LADIES 1. K. Drake VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards	Clay Clay	21.36 25.38
LADIES 1. K. Drake VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards VETERANS O/50	Clay Clay Burn	21.36 25.38 29.17
LADIES 1. K. Drake VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards VETERANS O/50 1. B. Mitchell	Clay Clay Burn	21.36 25.38 29.17
LADIES 1. K. Drake VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards VETERANS O/50 1. B. Mitchell 2. B. Breckell	Clay Clay Burn	21.36 25.38 29.17
LADIES 1. K. Drake VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards VETERANS O/50 1. B. Mitchell 2. B. Breckell	Clay Clay Burn Clay Clay	21.36 25.38 29.17 20.53 22.17
LADIES 1. K. Drake VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson	Clay Clay Burn Clay Clay Tod	21.36 25.38 29.17 20.53 22.17 23.21
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray	Clay Clay Burn Clay Clay Tod Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04
LADIES 1. K. Drake VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson	Clay Clay Burn Clay Clay Tod	21.36 25.38 29.17 20.53 22.17 23.21
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe	Clay Clay Burn Clay Clay Tod Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60	Clay Clay Burn Clay Clay Tod Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell	Clay Clay Burn Clay Clay Tod Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott	Clay Clay Burn Clay Clay Tod Clay Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell	Clay Clay Burn Clay Clay Tod Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos	Clay Clay Burn Clay Clay Tod Clay Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15
LADIES 1. K. Drake VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos LADIES	Clay Clay Burn Clay Clay Tod Clay Clay Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06
LADIES 1. K. Drake VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos LADIES	Clay Clay Burn Clay Clay Tod Clay Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos	Clay Clay Burn Clay Clay Tod Clay Clay Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos  LADIES 1. K. Drake O/35 2. J. Rawlinson O/40	Clay Clay Burn  Clay Clay Clay Clay Clay Clay Clay Cla	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06 24.13 24.39
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos  LADIES 1. K. Drake O/35 2. J. Rawlinson O/40 3. K. Rogan	Clay Clay Burn  Clay Clay Tod Clay Clay Clay Clay Fly Clay Spen Ross Wharf	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06 24.13 24.39 24.53
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos  LADIES 1. K. Drake O/35 2. J. Rawlinson O/40 3. K. Rogan 4. C. Spain	Clay Clay Burn  Clay Clay Tod Clay Clay Clay Clay Spen Ross Wharf Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06 24.13 24.39 24.53 24.53 25.43
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos  LADIES 1. K. Drake O/35 2. J. Rawlinson O/40 3. K. Rogan 4. C. Spain 5. A. Smith	Clay Clay Burn  Clay Clay Clay Clay Clay Clay Clay Spen Ross Wharf Clay Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06 24.13 24.39 24.53 25.43 26.18
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos  LADIES 1. K. Drake O/35 2. J. Rawlinson O/40 3. K. Rogan 4. C. Spain 5. A. Smith 6. D. Robson	Clay Clay Burn  Clay Clay Tod Clay Clay Clay Clay Spen Ross Wharf Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06 24.13 24.39 24.53 24.53 25.43
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos  LADIES 1. K. Drake O/35 2. J. Rawlinson O/40 3. K. Rogan 4. C. Spain 5. A. Smith 6. D. Robson	Clay Clay Clay Clay Clay Clay Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06 24.13 24.39 24.53 25.43 26.18 26.54
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos  LADIES 1. K. Drake O/35 2. J. Rawlinson O/40 3. K. Rogan 4. C. Spain 5. A. Smith 6. D. Robson 7. L. Bostock	Clay Clay Burn  Clay Clay Tod Clay Clay Clay Fly Clay Spen Ross Wharf Clay Clay Clay Clay Clay Clay Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06 24.13 24.39 24.53 25.43 26.54 26.54 27.09
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos  LADIES 1. K. Drake O/35 2. J. Rawlinson O/40 3. K. Rogan 4. C. Spain 5. A. Smith 6. D. Robson 7. L. Bostock 8. J. Kelly	Clay Clay Burn  Clay Clay Clay Tod Clay Clay Clay Fly Clay Spen Ross Wharf Clay Clay Clay Clay Clay Clay Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06 24.13 24.39 24.53 25.43 26.18 26.54
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos  LADIES 1. K. Drake O/35 2. J. Rawlinson O/40 3. K. Rogan 4. C. Spain 5. A. Smith 6. D. Robson 7. L. Bostock	Clay Clay Burn  Clay Clay Clay Tod Clay Clay Clay Fly Clay Spen Ross Wharf Clay Clay Clay Clay Clay Clay Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06 24.13 24.39 24.53 25.43 26.54 26.54 27.09
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos  LADIES 1. K. Drake O/35 2. J. Rawlinson O/40 3. K. Rogan 4. C. Spain 5. A. Smith 6. D. Robson 7. L. Bostock 8. J. Kelly  JUNIORS - SHORT CO	Clay Clay Burn  Clay Clay Clay Tod Clay Clay Clay Fly Clay Spen Ross Wharf Clay Clay Clay Clay Clay Clay Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06 24.13 24.39 24.53 25.43 26.18 26.54 27.09 29.20
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos  LADIES 1. K. Drake O/35 2. J. Rawlinson O/40 3. K. Rogan 4. C. Spain 5. A. Smith 6. D. Robson 7. L. Bostock 8. J. Kelly  JUNIORS - SHORT CO 1. R. Parker	Clay Clay Burn  Clay Clay Clay Tod Clay Clay Clay Fly Clay Spen Ross Wharf Clay Clay Clay Clay Clay Clay Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06 24.13 24.39 24.53 26.18 26.54 27.09 29.20
LADIES 1. K. Drake  VETERANS O/45 1. J. Pickup 2. R. Hirst 3. J. Edwards  VETERANS O/50 1. B. Mitchell 2. B. Breckell 3. P. Jackson 4. G. Murray 5. D. Munroe  VETERANS O/60 1. T. Orrell 2. P. Knott 3. J. Amos  LADIES 1. K. Drake O/35 2. J. Rawlinson O/40 3. K. Rogan 4. C. Spain 5. A. Smith 6. D. Robson 7. L. Bostock 8. J. Kelly  JUNIORS - SHORT CO	Clay Clay Burn  Clay Clay Clay Tod Clay Clay Clay Fly Clay Spen Ross Wharf Clay Clay Clay Clay Clay Clay Clay Clay	21.36 25.38 29.17 20.53 22.17 23.21 24.04 24.34 25.25 27.15 28.06 24.13 24.39 24.53 25.43 26.18 26.54 27.09 29.20

# DUDDON VALLEY FELL RACE Cumbria BL/14m/2500ft 5.6.99

This year saw the second lowest number of runners in the races history (in 1984 only thirty one runners took part). Perhaps championship races and unfounded rumours of the cancellation of the race took its toll. However those that came along seemed to enjoy the day with a good run in mixed weather conditions.

Many thanks to all those who make the race a success year after year, too numerous to mention individually but without whom we couldn't run the event. I do however have to give special thanks to the local community, Chris Burgess, Pete Bland and S&N for their continued support over the years. Many thanks to you all.

in the nath

Martyn Jones

RESULTS - SHORT RA	ACE	
1. K. Dacre O/40	Kend	1.43.46
2. P. Dowker O/50	Kend	1.46.36
3. P. Brooks O/40	Eryri	1.47.01
4. D. Smith		1.48.43
5. L. Thompson	Amble	1.49.30
6. K. Lindley O/50	BCR	1.50.30
7. S. Dunn O/40	E Antrim	1.53.36
8. S. Wright O/40	Amble	1.53.30
9. M. Campbell O/50	Warrior	1.56.12
10. D. Parminter O/40	BCR	1.56.13
LADIES		
I. C. McNeill O/40	Amble	1.56.21
2. U. Wood O/35	BCR	2.19.28
3. V. Gill O/35	BCR	2.21.59
4. C. Crawshaw O/40	BCR	2.31.42
5. L. Eden O/40	Nidd	2.55.26
RESULTS - LONG RA	CE	
1. A. Trigg	Gloss	3.17.32
2. P. Clark O/40	Kend	3.17.51
3. S. Hicks	Borr	3.20.06
4. P. Pollitt	Bolt	3.25.46
5. S. Bottomley	Eccles	3.35.07
6. T. Houston O/40	Bowl	3.35.08
7. R. James O/40	CFR	3.37.13
8. A. Duncan O/40	Mersey	3.38.41
9. L. Огт	Bowl	3.43.12
10. B. Healey O/40	Nidd	3.55.42
VETERANS O/50		
1. G. Houghton	Calder	4.01.08
2. G. James	B'pool	4.21.44
3. D. Brown	Clay	4.42.15
LADIES		
1. D. Walker O/35	Kend	5.22.37
2. C. Biourge	BCR	5.27.21

# MUNCASTER LUCK FELL RACE Cumbria BM/10m/1800ft 6.6.99

The race was led from start to finish by the 1996 and 1998 winner, Martin Amor of Cumberland Fell Runners. It was a comfortable win by over eight minutes from team mate and seven times winner of the race, Harry Jarrett, who was the first veteran over forty, Harry was followed by two more veterans over forty, Phil Whiting of Kendal and Willie Bell of CFR. Michael Litt was the first veteran over fifty home finishing ninh overall, just ahead of the first lady, course record holder Angela Brand-Barker of Keswick.

CFR	1.18.20
CFR	1.26.58
Kend	1.29.05
CFR	1.30.44
Clay	1.34.09
CFR	1.34.16
Kend	1.34.32
CFR	1.34.36
CFR	1.34.44
Kesw	1.34.44
	0.06.17
Dallam	2.06.17
Kesw	1.34.44
Unatt	1.56.49
CFR	1.58.21
CFR	2.01.21
CFR	2.02.09
	CFR Kend CFR Clay CFR Kend CFR CFR Kesw Dallam Kesw Unatt CFR CFR CFR

# EDENFIELD FELL RACE Lancashire BM/7.5m/1600ft 6.6.99

International Matthew Moorhouse from Salford quickly found his way around the course but from the front. As usual Beels of Rochdale led the competitors from the cricket pitch and out onto the moor. Moorhouse had never run the race before nor did he have the local knowledge, so he must have done his homework. Pete Jepson had a good run winning the over fifty five class with his Rossendale pal, Pete Lyons awarded first over fifty class. Whitaker raced to the ladies' prize untroubled. K Smith

1. M. Moorhouse	Salf	44.39
2. J. Logue	Horw	44.53
3. G. Gough V	Clay	45.36
4. M. Fowler	Salf	45.41
5. G. Watson	Alt	46.24
6. S. Culshaw	Horw	47.20
7. S. Williams V	Salf	47.25
8. C. Seddon	Horw	48.11
9. A. Carruthers	Crawl	49.17
10. R. Stott	Ross	49.48
VETERANS O/40		
1. G. Gough	Clay	45.36
2. S. Williams	Salf	47.25
3. T. Ryan	B'burn	51.07
4. G. McNell	Hels	51.53
5. D. Soles	DkPk	52.04

VETERANS O/45		
1. D. Beels	Roch	52.12
2. D. Archer	Bury	52.22
<ol><li>K. Parkinson</li></ol>	Tod	56.02
4. G. McAra	Hels	56.35
5. J. Hignett	Bury	59.21
VETERANS O/50		
1. P. Lyons	Ross	51.09
2. J. Dorb	Roch	52.38
3. B. Rawlinson	Ross	53.31
4. G. Breeze	Skyrac	54.56
5. Corless	M/cYMCA	57.08
VETERANS O/55		
1. P. Jepson	Ross	55.59
2. P. Fleming	Horw	59.23
3. J. Mitchieson	RonHill	62.18
VETERANS O/60		
I. R. Tunstall	Hels	56.58
2. 1. Turnbull	Bury	63.05
LADIES		
1. L. Whittaker	Sadd	57.11
2. J. Rawlinson O/40	Ross	59.18
3. L. Hayles O/45	H'fax	63.31
4. J. Hindle O/40	Clay	66.17
5. S. Charman O/45	Hels	69.40
6. M. Ashton O/45	Clay	69.50
7. K. Williams O/40	Salf	71.41
8. I. Limbrick O/40	Mid'ton	72.49

# MALLERSTANG AND NINE STANDARDS YOMP Cumbria BL/23m/4000ft 6.6.99

This year's Yomp was another record breaking event with six hundred and sixty one entries and three time records broken amongst the seventeen trophies awarded.

Weather conditions on the fells varied from fine though cloudy to heavy rain squalls and it was very wet underfoot, but the spirit amongst the dedicated individual runners, teams and casual family entrants was excellent.

Ninety four Rotarians, Round Tables, Red Cross, Mountain Rescue, Raynet, friends and volunteers worked hard to ensure that the day ran smoothly and was safe.

WILD BOAR CUP - FASTEST MALE

I. A. Sheddon Howg 3.03
MALLERSTANG CUP - FASTEST FEMALE
1. H. Krynen Kes 3.52
NINE STANDARDS VETERAN CUP - FASTEST O/60
I.J. Harrison 4.35
HOWGILL CUP - FASTEST MALE U/16
1. D. Murray 5.09
GLITSCH CUP - FASTEST FEMALE U/16
1. S. Tunstall Howg 5.09
K SHOES SHIELD - FASTEST TEAM - FULL YOMP
1. Howg Harriers 10.24
FARADAY SHIELD - FASTEST MALE - HALF YOMP
1. P. Brittleton Howg 1.43
NINE STANDARDS CUP - FASTEST FEMALE - HALF YOMP
1. S. Fawcett 2.30
KIRKBY STEPHEN TROPHY - FASTEST TEAM
HALF YOMP
1. HQ145(HC)BDE Aldershot 7.05

# LARA SHINING CLIFFS FELL RACE Derbyshire

BS/5m/900ft 6.6.99			
D3/3III/9	0.0.99		
1. S. Penney	Chest'field	28.34	
2. B. Edwards	DkPk	31.09	
3. A. Metaxas	Matlock	31.23	
4. C. Rowel	Matlock	31.59	
5. P. Pittson	Erewash	33.40	
6. L. Page	Derby	33.41	
<ol><li>K. Brailsford</li></ol>	Derby	33.50	
8. R. Hyde	Erewash	33.51	
9. D. Harrison	Derby	34.22	
10. R. Amor	Matlock	34.50	
VETERANS O/50			
1. M. Edwards	Burton	41.55	
VETERANS O/60			
1. K. Brown	Bell Harp	44.11	
LADIES			
1. C. Fulton	DVO	45.30	
JUNIOR U/15 - LONG	ER RACE		
1. J. Powis	Ripley	37.03	
SHORTER RACE			
1. C. Young U/15	Matl	16.23	
2. C. Sleath U/12	WtePk	17.05	
3. J. Hall	Uttox	17.23	
4. H. Ruckledge	DerbyFS	18.10	
5. W. Maxwell U/15		21.26	
6. E. Amor U/11	Matl	21.56	
7. J. Amor U/7	Matl	22.04	
8. D. Conibear	Nott	22.39	
9. W. Kershaw	Nott	26.30	
10. M. Robinson	Derby	26.30	

## WAUGH'S WELL FELL RACE Lancashire AS/4m/1000ft 8.6.99

A smaller field of 111 started the 7th Waugh's Well Race on a fine, dry evening. In the absence of Mervyn Keys, a close race between Andy Wrench and Mark Horrocks saw Horrocks come home first by five seconds. In the ladies' race, Vanessa Peacock retained her title from last year placing an excellent 30th overall. In the team race, it wasn't surprising that Todmorden took the prizes given the great number of 37 Tod Harriers in the race!!

Many thanks must go to the sponsors, Fisherman's Retreat, Bury Motor Bodies, Farm Swiss School and Edenfield Garden Services and, of course, thanks also to Bleakholt Animal Sanctuary, Rossendale Search and Rescue and all of the helpers and marshals. Graham Fecitt provided an excellent results' service and perhaps the only thing missing was beer! This will be available next year as it is proposed to have the prize presentation at the Fisherman's Retreat.

Thanks to all participants and see you again next year.

Cath Hignett

n mignen		
1. M. Horrocks	Clay	29.58
2. A. Wrench	Tod	30.03
3. J. Logue	Horw	30.29
4. S. Thompson	Clay	31.00
5. A. McVey	Horw	32.50
6. A. Maloney	Roch	33.21
7. A. Carruthers	Crawley	33.34
8. S. Anderton	Tod	33.59
9. S. Cameron	Hallam	34.03
10. T. Taylor	Ross	34.31
VETERANS O/40		
1. T. Taylor	Ross	34.31
2. G. Webb	Horw	35.28
3. D. Schofield	Ross	35.37
VETERANS O/45		
1. D. Archer	Bury	36.24
2. T. Spicer	Ross	36.46
3. K. Parkinson	Tod	38.21
VETERANS O/50		
I. J. Dore	Roch	37.42
2. R. Poulter	Tod	37.46
3. A. Mellor	Tod	39.23
VETERANS O/55		
I. T. Peacock	Clay	39.48
2. R. Blakeley	Tod	41.25
3. G. Corbishley	Ross	45.19
VETERANS O/60		
1. A. Shaw	Tod	39.30
2. J. Smith	Tod	46.42
VETERANS O/65	100	10.72
1. J. Newby	Tod	51.19
LADIES	100	31.17
1, V. Peacock O/45	Class	37.35
2. L. Whittaker	Clay Sadd	39.36
3. J. Rawlinson O/45	Ross	41.45
4. S. Becconsall O/35	Tod	43.50
5. M. Goth O/35	Tod	45.50
	100	40.40
JUNIORS	11	22.50
1. A. McVey	Horw	32.50
2. M. Neary	Radc	43.10

# **GREENALLS PADDYS POLE FELL RACE** Lancashire AS/4.5m/1100ft 8.6.99

First an apology. All race times are understated by an unknown number of seconds. This was caused by the start gun being discharged too close to my ear and the resulting discomfort meant there was a delay in starting the clock.

I hope you enjoyed the anti-clockwise route around the fell tops this year. It was made possible by the new owner of Wolf Fell agreeing to the use of the fell gates rather than the ladder stiles over the high wall. Its likely that this route will be used again next year.

The traditional pie n peas supper was again provided free to all runners returning to the Talbot Hotel in Chipping. Unfortunately I was not able to secure the cans of Boddingtons this year - last years misdemeanours cause the sponsor to pull out.

1. I. Greenwood	Clay	32.41
2. P. Pollitt	Bolt	32.53
3. C. Shuttleworth V	Prest	33.07
4. C. Seddon	Horw	33.10
5. C. Reade	Bowl	33.39
6. B. Harrison	L&M	34.07
7. J. Harbour	Clay	34.13
8. A. Alty	Chor	34.19
9. M. Proctor	Clay	34.23
10. A. Orr	Clay	34.31
VETERANS O/40		
1. C. Shuttleworth	Prest	33.07
2. D. Thompson	CalderV	35.18
3. S. Taylor	Clay	35.25
4. J. Houghton	N.Fly	35.32
5. A. Nixon	Prest	35.34

VETERANS O/50		
1. M. Christie	Chorl	35.55
2. M. Tergett	Clay	36.48
3. D. Simpson	Prest	41.07
LADIES		
1. D. Gowans	Acc	39.01
2. B. McWade	Clay	40.06
3. J. Robinson O/40	Garst	42.30
4. D. Thompson O/40	Kesw	43.02
5. N. Higgins	Horw	44.25

# COLEDALE HORSESHOE **FELL RACE** Cumbria AM/9m/3000ft 9.6.99

Congratulations to Simon on a superb run and an emphatic new record, and to Johnny on also breaking the old record. The conditions for running were good, but it was cold for the marshals on the summits. Grateful thanks to them and to everyone else who helped to make this another successful

Ro

arry		
1. S. Booth	Borr	1.13.44
2. J. Bland	Borr	1.15.42
3. A. Schofield	Вогг	1.18.11
4. S. Stainer	Amble	1.19.55
5. M. Amor	CFR	1.20.43
6. D. Birch	Kesw	1.21.14
7. M. Davies	Unatt	1.21.21
8. H. Jarrett V	CFR	1.21.48
9. B. Taylor	CFR	1.21.56
10. M. Donnelly	Tyne	1.22.53
VETERANS O/40		
1. H. Jarrett	CFR	1.21.48
2. A. Beaty	CFR	1.23.03
3. J. Winn	CFR	1.26.52
4. A. Miller	Kend	1.27.52
5. P. Tuson	Kend	1.28.06
VETERANS O/50		
1. J. Holt	Clay	1.26.41
2. M. Litt	CFR	1.30.14
3. S. Sharp	CFR	1.34.35
4. D. Mitchell	Kend	1.35.51
5. A. Harmer	DkPk	1.38.00
FIRST VETERAN O/6	0	
1. B. Booth	Kes	1.40.41
LADIES		
1. N. Davies O/40	Borr	1.35.02
2. K. Beaty O/40	CFR	1.41.14
3. J. Jones	Kes	1.44.06
4. L. Cowell	Kes	1.45.31
5. S. Lewsley	Kes	1.46.34
6. C. Kenny	Kend	1.48.26
7. M. Bridge	Kes	1.55.34
8. L. Buck	CFR	1.58.12

# WILL RAMSBOTHAM BADGER STONE RELAY West Yorkshire 3x2.5m/5909ft 9.6.99

A record turnout of thirty five teams. A new course record for the Pudsey & Bramley men's team, who just managed to hold off the Hawkins brother team.

Its interesting to see some peoples route choice from the last check point to the finish which is not flagged (not mentioning any names). Both men's and women's leg records remained firmly intact despite a strong field.

1 y DEVINE		
RESULTS - MENS	TEAMS	
1. Pudsey & Bramle	ey	48.43
2. Hawkins Brother	'S	48.57
3. Wharedale		52.57
VETERAN MENS	TEAMS	
1. Fellandale		57.30
2. Wharfedale		58.16
RESULTS - LADIE	S TEAMS	
1. Ilkley		63.28
2. Kly & Craven		65.40
3. Pudsey & Bramle	ey	70.32
FASTEST MENS L	.EG	
1. M. Hawkins		15.32
FASTEST LADIES	LEG	
1. H. Johnson	Ilk	19.36

# THREE PIKES FELL RACE Northumberland CM/8m/950ft 10.6.99

The race had to be held up for a few minutes while Ruth Fletcher managed to unlock her car with the assistance of the RAC after locking herself out before the race. It was fortunate that she arrived early and managed to do all this before the start at 7.00 p.m. She eventually won the ladies' veteran's

Shaun Scott continued his amazing run of success by winning the race for the second year in succession but this year he broke the record of Ben Evans, followed closely by Andy Green

Despite the good showing by Northumberland Fell Runners, Tynedale won the team prize from NFR with James Dickinson, Andy Green and Morgan Donnelly. Incidentally, Morgan Donnelly had raced the Coledale Horseshoe the evening

In the ladies' section, Karen Robertson won, again a new record, having within the previous week won the ladies' prize at Simonside Cairns Race and Alwinton.

Again it was good to see runners from more distant clubs with Andy Lewsley from Keswick, representatives from Holmfirth and Les Stephenson from Kendal who of late has won quite a few local races in the Veteran Over 50 category.

There were thirty one runners in all (down on last year) but a good class field giving strong competition on a course which was wet but not as wet as the year before.

Thank you to Kielder Castle Cafe for the food and drink and for providing the prize-giving venue away from the midges which decided to descend upon us on a damp still evening. One of these years we will have bright sunshine

hn	Humble		
	1. S. Scott	NFR	58.51
	2. A. Green	Tyne	59.12
	3. J. Dickinson	Tyne	62.25
	4. I. Mulvey	NFR	63.21
	5. A. Lewsley	Kesw	63.51
	6. M. Donnelly	Tyne	63.56
	7. D. Scott	Tyne	65.09
	8. P. Gaines	Tyne	66.31
	9. T. Fountain	Holm	66.37
	10. G. Owens	NFR	66.39
	VETERANS O/40		
	1. J. Dickinson	Tyne	62.25
	2. A. Lewsley	Kesw	63.51
	3. G. Owens	NFR	66.39
	4. P. Scott	NFR	71.24
	VETERANS O/45		
	I. A. Curtis	NFR	68.24
	2. B. Parker	Tyne	78.24
	VETERANS O/50	, -	
	1. B. Lowdon	NFR	68.34
	2. R. Dawson	NFR	72.53
	3. L. Stephenson	Kend	75.03
	4. J. Wilkinson	NFR	96.38
	VETERANS O/55		
	1. R. Hayes	NFR	75.07
	2. M. Sanderson	NFR	88.08
	VETERANS O/60		00.00
	1. J. Garbarino	NFR	86.24
	LADIES	MIK	00.24
	1. K. Robertson	NFR	71.34
	2. R. Fletcher	NFR	83.41
	3. J. Saul	NFR	91.31
	4. P. Cooper	NFR	92.11
	5. F. Hutchinson	Tyne	96.38
		Tytic	90.56
	JUNIORS	T	(5.00
	1. D. Scott	Tyne	65.09

# BINNIAN TO THE TOP **Mourne Mountains**

AS/2m/2000ft 10.6.99			
1. R. Bryson	N'castle	23.21	
2. D. Meneilly	N'castle	24.09	
3. D. McKibbin	N'castle	25.28	
4. B. McKay V	A'ville	26.37	
5. S. Begley	A'ville	26.38	
6. D. McNeilly	B'drain	26.41	
7. P. Howie V	Larne	26.45	
8. D. Brannigan	N'castle	27.37	
9. J. Brown	BARF	28.50	
10. P. Rodgers	N'castle	29.00	
VETERANS O/40			
I. P. Howie	Larne	26.45	
2. I. McMurray	BARF	33.01	
3. P. Turkington	ACKC	33.02	
VETERANS 0/45			
I. B. McKay	A'ville	26.37	
2. P. McGookin	ACKC	30.54	
3. K. Balmer	BARF	31.20	
VETERANS O/50			
1. J. Sloan	ACKC	30.39	
2. F. Strickland	B'drain	32.32	
3. K. Quinn	N'castle	32.37	
FIRST VETERAN O/5	5		
1. G. Geddis	B'drain	34.51	
FIRST VETERAN O/6	0		
1. T. Donnelly	ACKC	39.59	
LADIES			
I. S. Donnelly	BARF	30.55	
2. K. Wilton	Lisburn	33.03	
3. V. Murney	N'castle	34.02	
4. T. Brown	ACKC	34.15	
5. A. Sandford	B'drain	34.19	

# ROCHDALE HARRIERS 3 Day Event 11/13.6.99

Overall Results:		
Men:		
1. Rob Jackson	Salford H	1.53.15
2. Dale Curtley	Stockport H	1.53.50
3. Ian Shakeshaft		
(1st O/40)	Bolton H	1.58.19
1st O/45 Rob Taylor	Stockport H	2.01.38
1st O/55 Bill Buckley	Glossop H	2.25.50
1st O/50 Jamie Dore	Rochdale H	2.12.43
Women:		
1. Lucy Whittaker	Saddleworth	2.18.53
2. Julie Ashworth	Rochdale H	2.28.14
3. Sheila Norris (1st O/45)	Horwich H	2.30.42
1st O/35 Jayne Platt	Radcliffe AC	2.35.42
1st O/40 Jeannette Coleman	Chorley H	2.35.00
1st O/50 Sue Geldeart	Rochdale H	2.55.42
1st O/55 Doreen Madden	Glossop H	6.00.12

# CASTLETON FELL RACE Derbyshire AM/6m/1500ft 11.6.99

The weather which was overcast, misty and damp throughout the day cleared slightly for the event which was again well supported with one hundred and thirty three runner in the senior event, but only eight runners in the junior competition. Junior race was won by Mark Hudson of Chapel-en-le-Frith running for Goyt Valley.

Castleton fell race regulars, Paul Deauville, Nick Bassett, Mark Hayman and Andrew Carruthers have all finished in the top ten places since the event started, but still can't win the event. This year they were beaten by Ged Cudahy from Buxton running for Stockport Harriers.

The ladies event was won by Phillipa Leach for the second time. She last won in 1996, with Mary Mills being second lady. Mary has been second lady 1997 and fourth lady 1995.

Dave Tait and Billy Wilson continue to do well in this event and it is always pleasing to welcome regulars especially Dave Yetton, Chris Hack and friends from Portsmouth and others too many to mention by name. The event sponsors Brian and Marion Johnson of the 'Old Barn Outdoor Clothing and Equipment shop' in Castleton, even managed to get back from their marshalling post at the top of Loose Hill to present the prizes.

izes.		
1. G. Cudahy	Stock	41.41
2. P. Deauville	Kinder	43.26
3. A. Shaw	Holm	43.27
4. N. Bassett	Staffs	43.56
5. M. Hayman	DkPk	44.37
6. A. Carruthers	Crawl	44.43
7. P. Young	Unatt	45.08
8. M. Salkild V	DkPk	45.33
9. M. Wilson	Hallam	45.57
10. C. Hetherington	Sheff	45.59
VETERANS O/40		
1. M. Salkild	DkPk	45.33
2. S. Entwhistle	Gloss	46.04
3. D. O'Brien	Bux	47.14
4. K. McGrath	DkPk	48.07
5. P. Elliott	DkPk	48.14
VETERANS O/45		
1. P. Pittson	Erewash	51.02
2. C. Leal	Ryde	54.03
3. E. Marples	Hallam	54.04
4. G. McAra	Hels	54.19
5. D. Yetton	P'mouthJog	54.43
	r mouning	34,43
VETERANS O/50		
1. D. Tait	DkPk	47.55
2. R. Marlow	DkPk	51.29
3. G. Revell	Unatt	53.11
4. R. Hopkkinson	DkPk	53.31
5. P. Nolan	Macc	53.58
VETERANS O/55		
1. B. Wilson	DkPk	54.10
2. W. Murphy	Ford Haz	58.56
3. M. Edwards	Burton	60.56
		00.50
FIRST VETERAN O/60		50.40
1. B. Howitt	Matl	58.42
LADIES		
1. P. Leach	DkPk	54.17
2. M. Mills	HolmeP	55.51
3. M. Edgerton	Unatt	56.06
4. J. Wilson	Hallam	56.10
5. D. Young	Hallam	56.34
6. E. McGuire	Stock	56.41
7. J. Phizacklea	Buxton	57.17
8. J. Bednall	Sheff	58.27
JUNIORS		
1. M. Hudson	GoytV	24.36
2. T. Field	C'ton	26.04
3. L. Booth	Unatt	20.04
J. L. DOUII	Onatt	

## TRAPRAIN LAW RACE East Lothian CM/6.5m/650ft 12.6.99

As ever, Scottish hill racing is in political turmoil. The recently imposed Scottish Athletics Federation membership scheme would have prevented my own (host) club members (if they had not joined the new scheme) from competing if I had operated under an SAF permit. Non-club members (nor SAF members) would have been admitted on payment of an additional levy of £1. So I withdrew the race from SAF control and threw the race open to all - with no levies or petty bureaucracy. What a daft membership scheme! It continues to create great unrest at the time of writing. But we'll get the professional bureaucrats under control. Long live the FRA.

The race was wet and greasy with waist deep river crossing for the shorter runners. Ronnie Gallagher romped in with no competition in sight. Young athlete Angus Wardlaw finished in overall second place - an impressive marker for the future. Local Traprain farmer, John Smith (get some sheep back on the hill John!) secured his usual veterans' win. Veteran Joyce Salvona showed her form with a women's overall win as well. Haddington and East Lothian Pacemakers secured the team prize with fragmented competition due to a number of other races on the day.

This race will stay an open race under FRA Rules and insurance until SAF get their act together. We're trying to help them if they'll listen.

#### Keith Burns

1. R. Gallagher	West'land	40.42
2. A. Wardlaw	CtyEdin	41.36
3. C. Farquharson	HBT	42.48
4. R. Hope	HELP	43.48
5. J. Smith V	HELP	43.50
6. T. Harley V	HELP	44.10
7. I. Sills	Dunbar	44.16
8. A. Robertson	Bfd/Aire	44.38
9. A. Urquahart	CtyEdin	44.50
10. B. Smith	Std Lfe	46.16
LADIES		
LADIES	L'eton	19 16
I. J. Salvona O/35	L'ston	48.16
1. J. Salvona O/35 2. L. Harrison J	CtyEdin	51.56
1. J. Salvona O/35 2. L. Harrison J 3. H. Spenceley O/35	CtyEdin Carn	51.56 54.44
1. J. Salvona O/35 2. L. Harrison J	CtyEdin	51.56
1. J. Salvona O/35 2. L. Harrison J 3. H. Spenceley O/35 4. A. McNeilage	CtyEdin Carn	51.56 54.44
1. J. Salvona O/35 2. L. Harrison J 3. H. Spenceley O/35	CtyEdin Carn HBT	51.56 54.44 64.17
1. J. Salvona O/35 2. L. Harrison J 3. H. Spenceley O/35 4. A. McNeilage  JUNIORS 1. A. Wardlaw	CtyEdin Carn HBT CtyEdin	51.56 54.44 64.17 41.36
1. J. Salvona O/35 2. L. Harrison J 3. H. Spenceley O/35 4. A. McNeilage JUNIORS	CtyEdin Carn HBT	51.56 54.44 64.17

# BARNSLEY BOUNDARY RELAY RACE South Yorkshire CL/72m 12.6.99

The course has been changed twice, in 1994 and again this year, each change having the effect of significantly increasing the distance. We are going to start from scratch therefore and declare this year's times as the bench mark for comparison in future years.

08.39
09.05
09.06
09.13
09.26
09.59
10.30
10.41
10.53
11.04

# EDALE COUNTRY DAY FELL RACE Derbyshire BS/5m/1200ft 13.6.99

I would like to thank you for taking part in the Edale Country Day Fell Race and we hope to see you next year. Please see the FRA handbook and local press for details.

# John Connors

1. A. Trigg	Gloss	39.08
2. B. Charlton	Merc	43.08
3. D. Allen V	DkPk	44.14
4. T. Hulme V	Penn	44.18
5. D. Tait V	DkPk	44.28
6. T. Longman V	Macc	44.31
7. S. Entwisle V	Gloss	44.44
8. C. Rowe	Matl	44.53
9. P. Light V	Merc	44.54
10. I. Walker	Wake	45.12
VETERANS O/40		
1. D. Allen	DkPk	44.14
2. S. Entwisle	Gloss	44.44
3. D. O'Brian	Unatt	45.31
4. I. Warhurst	Penn	45.33
5. M. Beecher	Bux	46.32

VETERANS O/45		
1. T. Longman	Macc	44.31
2. A. Brentnall	Penn	47.16
3. K. Holmes	Unatt	48.04
4. A. Bocking	Penn	48.39
5. O. Mullarky	Hels	48.57
VETERANS O/50		
1. T. Hulme	Penn	44.18
2. D. Tait	DkPk	44.28
3. R. Marlow	DkPk	49.51
4. P. Jackson	Tod	51.02
5. M. Threlfall	Anab	51.40
EMPTER A ST CO (CO		
VETERAN O/60		
1. M. Roden	Linc	58.39
LADIES		
1. P. Leach	DkPk	52.24
2. C. Lorimar O/40	Cosmic	53.38
3. J. Phizacklea	Bux	55.45
4. J. Mellor	Penn	56.30
5. J. Reeve	Unatt	57.21
FIRST LADY O/45		
I. A. Brentnall	Penn	59.46
I. A. Dienthall	Pellil	39.46
FIRST LADY O/50		
1. M. Chippendale	Penn	59.34

# SHEEPSTONES RELAY West Yorkshire AS/3x3m/1000ft 15.6.99

Some of the regular teams were missing this year, but solid support from Keighley. Wharfedale and Rossendale ensured a respectable turnout.

There were a number of good performances particularly from the two junior teams who ran the full relay. Many thanks to all who supported and helped on this race.

Wharfedale A		80.58
2. Kly & Craven A		83.35
3. Calder Valley A		84.38
4. Fellandale Vets A		84.54
5. Rossendale Q		85.04
6. Dewsbury R R		87.17
7. Wharfedale Vets A	Λ	87.44
8. Rossendale Z		88.41
9. Rossendale Y		89.06
10. Kly & Craven Vet	S	89.29
FIRST JUNIOR TEA	AM	
1. Rossendale Junior	S	94.02
JUNIOR RACE		
l. C. Weatherall	Kly&Cvn	21.37
2. J. Weedon	Kly&Cvn	23.36
3. M. Parker	Kly&Cvn	24.34

# COCK HOWE UP AND DOWN Cleveland AS/3m/800ft 15.6.99

1. P. Stephenson	H'pool	18.40
2. M. Burn	T&S	18.40
3. P. Lowe	Mand	18.44
4. R. Burn O/40	T&S	18.46
5. A. Tate	Nestle	19.36
6. S. O'Grady	NewMske	19.40
7. P. Buckby O/40	Mand	19.44
8. A. Normandale O/40	Nestle	19.46
9. C. Choules	T&S	19348
10. P. Figg	Swale	19.54
VETERANS O/50		
1. A. Wikeley	T&S	23.09
2. M. Hetherton	Nestle	23.52
3. J. Kettle	NMH	24.02
	IAIVIII	24.02
VETERANS O/60		
1. R. Sherwood	NMH	24.15
2. R. Bainbridge	Mand	25.42
LADIES		
1. A. Raw	Darl	22.38
2. K. White	Могр	24.16
3. S. Gayter	NMH	26.13
4. S. Jemson O/45	NMH	27.06
5. M. Gibbs O/50	T&S	27.18
6. P. Kirby O/45	T&S	28.40
7. L. Porter O/40	R&Z	37.01
JUNIOR RACE		
1. A. Dent U/15	Mand	22.18
2. S. Lewis U/15	Mand	25.19
3. K. Shaw U/13	Mand	25.30
4. G. Carton U/13	Mand	30.24



Holcombe Two Towers - Donna Martin, 1st lady Photo: Peter Hartley

# HOLCOMBE TWO TOWERS FELL RACE Lancashire BS/5.2m/1000ft 16.6.99

Race started by youngest son of last year winner. Rob Haworth. Mark Horrocks quickly pulled away up the longest climb to the tower for the first time. In the good conditions Mark set a new course record, taking some two minutes off Rob Haworth's inaugeral record last year. Rob was some twenty seconds slower this year in fourth place. Bury had four in the top twenty.

In the ladies race, what a delight of local girl Donna Martin to win. Not as fast as Garol Greenwood, but what a delight to win. Donna was over the moon.

#### K Smith

1. M. Horrocks	Clay	33.36
2. J. Lodge	Horw	34.03
3. J. Cookson	Mid'ton	34.36
4. N. Leigh	Alt	34.37
	Mid'ton	35.38
5. R. Haworth V		
6. P. Dugdale	Horw	36.20
7. P. Bates V	Bury	36.33
8. G. Sumner	Ross	36.38
9. P. Minshull	NewBgh	36.44
10. J. Harbour	Clay	36.58
VETERANS O/40		
I. R. Haworth	Mid'ton	35.38
2. P. Bates	Bury	36.33
3. R. Hamilton	Ilk	38.05
4. G. Webb	Horw	38.28
5. D. Glover	LkeCty	39.08
VETERANS O/45		
1. D. Archer	Bury	39.29
2. B. Smith	Ross	42.04
3. G. Corless	M/cYMCA	42.25
4. D. Hammer	B'burn	44.02
5. B. Kennedy	NewBgh	44.05
J. B. Keillieuy	Newngn	44.00
VETERANS O/50		
1. D. Kearns	Bolt	40.01
2. B. Syringar	Bolt	41.26
3. A. Healey	Bury	42.48
4. J. Windle	Clay	43.15
5. D. Stanworth	Bury	45.16
	2013	
VETERANS O/55		
1. J. Mitchell	B'burn	46.42
2. J. Mitchinson	RonHill	47.10
3. D. Navan	Ross	47.29
VETERANS O/60		
1. I. Turnbull	Bury	50.17
	Rade	58.18
2. D. Dunkley	Rauc	30.10
LADIES		
I. D. Martin	Bury	44.43
2. N. Higgins	Horw	45.03
3. L. Richardson	B'burn	46.16
4. J. Haworth	Mid'ton	47.19
5. S. Barker	Unatt	47.23
6. J. Bills O/35	Bolt	48.46
7. S. Middleton O/35	Clay	49.03
8. L. Bostock O/40		49.03
o. L. DOSIOCK U/40	Clay	49.29

# TEBAY FELL RACE Cumbria AM/8m/3000ft 16.6.99

One hundred and twenty six runners started the event this year which took place on a fine evening, although runners reported conditions as being rather cold on the high points of the run, and very heavy going in places.

There was an exciting sprint finish for the first two places between Gavin Bland of Borrowdale and fellow club member Andrew Davies - last years winner. Gavin won by two seconds!

As always presentation of trophies was made in Tebay clubthis year by Mr Keith Walling of Newcastle Breweries who supported the event and provided a welcome free drink to every competitor.

,		
1. G. Bland	Borr	1.15.35
2. A. Davies	Borr	1.15.37
3. D. Birch	Kesw	1.18.25
4. M. Holroyd	Borr	1.18.36
5. J. Blackett	Mand	1.18.57
6. A. Beatty V	CFR	1.19.02
7. M. Walsh V	Kend	1.19.15
8. L. Douthwaite	Bowl	1.19.53
9. A. Carruthers	Crawl	1.20.50
10. P. Whiting V	Kend	1.20.50
VETERANS O/40		
1. A. Beatty	CFR	1,19.02
2. P. Whiting	Kend	1.20.50
3. C. Speight	Kend	1.21.40
4. P. Tuson	Kend	1.21.51
5. S. Lumb	Q Darl	1.22.47
VETERANS O/50		
1. M. Walsh	Kend	1.19.15
2. M. Walford	Kend	1.32.58
3. P. Dowker	Kend	1.34.03
4. J. Oldroyd	L&M	1.35.16
5. M. Moss	Howg	1.36.47
LADIES		
1. N. Davies	Вогт	1.27.54
2. K. Beatty	CFR	1.33.58
3. J. Jones	Kesw	1.35.04
4. S. Lewsley	Kesw	1.37.17
5. R. Clayton	DerwentV	1.38.25
6. T. Douglas	Eden	1.45.14
7. C. McNeill	Amble	1.45.16
8. J. Taylor	L&M	1.52.09

# COITY RACE Gwent BS/5m/1000ft 16.6.99

Ongoing problems with access to the sports centre for few children necessitated that we ran the race in the same direction as last year, to finish at 'The Whistle Pub' where children are more than welcome.

A low turnout at only twenty nine soles set off in good weather and as usual took diverse routes up the first climb. In the end Adrian Woods showed his downhill speed to beat Julian Matthews by a mere six seconds. The veterans race was even closer, with Simon Blease holding on by five seconds for local runner Lynden Gwillym.

A series of coincidences deprived me of my regular helpers so I ended up as registration, starter, lead car, time keeper and finally collector of markers. Thanks though to all who helped with the marshalling and at the finish. I really enjoyed my pint of puddles at 10.45pm. I've never been on the course at night before, perhaps if we put the start back a couple of hours, next year you could all share the rather pleasant tranquility of sunset over the Beacons and the lights of Bleanavan - Only joking honest!

# Gareth Buffett

1. A. Woods	42.29
2. J. Matthews	42.35
3. S. Blease O/40	43.28
4. L. Gwillym O/40	43.33
5. M. Collis	43.35
6. L. Maggs	44.48
7. J. Darby O/40	45.00
8. C. Gildersleeve O/40	45.45
9. A. Reilly	46.02
10.T. Gibbs	46.16
\$150mmm 4 \$10 O 150	
VETERANS O/50	
1. E. Meredith	50.31
VETERANS O/60	
1. N. Willamson	59.49
1. N. Willamson	39.49
LADIES	
I. J. Huybs	52.20
*	

# RIBER RUN Derbyshire BS/5m/1000ft 16.6.99

Matlock policeman, Karl Webster, was soon on the winning trail in the 1999 Riber Run held on Wednesday 16th June.

Despite a bold challenge from Dark Peak and Buxton runners, Matlock AC took the spoils, winning both male and female prizes.

Held in sunny, dry but very humid conditions there were no records broken and the 1996 record time, set by Paul Gebbett of thirty minutes and thirty five seconds was unbeaten.

#### Michael A Overend

1. K. Webster	Matl	32.14
2. M. Salkild O/40	DkPk	33.29
3. 1. Wark	Bux	33.52
4. M. Brown O/40	Merc	34.14
5. C. Rowe	Matl	34.55
6. D. Soles	DkPk	36.32
7. A. Brooks	SheltStdrs	36.34
8. J. Hurley O/40	Matl	36.36
9. K. Emery		36.55
10. R. Martin O/40	Sutton	37.13
LADIES		
1. T. Erskin	Matl	40.37
2. E. Rees	Tot	46.43
3. N. Kuszynski	Matl	46.51
4. D. Hopkinson	DkPk	53.52

# HILL AND DALE SERIES 1999 -RACE 10 Mourne Mountains AS/3m/1500ft 17.6.99

1. D. McNeilly	N castle	28.38
2. R. Bryson	N'castle	28.54
3. D. Brannigan	N'castle	31.14
4. P. Howie O/40	Larne	31.44
5. D. McNeilly	B'drain	32.12
6. J. Brown	BARF	32.33
7. S. Linton	Unatt	32.37
8. G. Somerville	LVO	33,46
9. B. McBurney	N'castle	34.05
10. I. Gourley	BARF	34.25
~		
VETERANS O/45		
1. P. McGookin	ACKC	36.40
VETERANS O/50		
1. F. Strickland	B'drain	36.28
VETERANS O/55		
1. B. Magee	Larne	36.36
LADIES		
1. S. Donnelly	BARF	38.10
2. V. Murney	N'castle	39.55
3. A. Sandford	B'drain	39.57
4. R. McConville	N Down	42.18
5. H. Brown	BARF	47.22
J. II. DIOWII	DAM	71-66

# GRINDLEFORD CARNIVAL FELL RACE Derbyshire BS/4m/550ft 17.6.99

A fine evening and good river conditions enables us to complete the course with the traditional river crossing to the finish. A closely contested race for fast conditions saw a new record for the men.

#### Frank Galbraith

nk Galbraith		
1. G. Cudahy	Stock	31.16
2. D. Whiting	Hallam	31.21
3. S. Penney	Chest'field	31.57
4. R. Patton	DkPk	31.58
5. S. Bell	DkPk	32.02
6. K. Webster	Matl	32.21
7. M. Bishop	Hallam	32.52
8. S. Patton	Unatt	33.20
9. N. Bassett	Staffs	33.24
10 M, Hayman	DkPk	33.43
VETERANS O/40		
1. M. Salkild	DkPk	33.47
2. S. Entwistle	Gloss	34.13
3. D. O'Brien	Bux	34.13
4. D. Allen	DkPk	34.55
	DKFK	34.33
VETERANS O/50		
1. D. Tait	DkPk	35.27
2. R. Marlow	DkPk	38.02
3. P. Gorvet	DkPk	38.41
4. R. Pritchar	Unatt	38.56
5. A. Smith	Holm	39.12
LADIES		
I. G. Patton	Hallam	37.15
2. C. Cresswell	Notts	38.22
3. J. Smith	DkPk	40.24

# JAMES BLAKELEY HARDEN MOSS FELL RACE West Yorkshire BS/3.25m 19.6.99

Due to the fact that up until seven days before this year's race, the landowner insisted there would be no race at all, things looked a bit grim for the 62nd running of this event. However, due to some intervention from where we know not, we were granted permission to use the race course field via the return leg of the usual race, denying runners the moments of freefall into the ravine! So, with what we had to hand, we devised an alternative route which was to favour us rather than an out and back scenario.

So, with all this in mind, a smaller, but non-the-less competitive, field were led out out of the trial field by Under 14 Mark Buckingham. As the race went out of view, Buckingham slipped into third where he was comfortable to the finish. The race was on for first place between Rob Jackson and Andy Shaw with Jackson disappearing from view leading Shaw into the wood. It was to be Shaw's day as he appeared out of the wood and into the finish with a clear winning margin of 18 seconds.

#### Julian Rank

1A Shaw	Holm	20.27
2. R. Jackson	Salf	20.45
3. M. Buckingham	Holm	21.58
4. R. Griffiths	Holm	22.54
5. M. Seddon	Holm	24.33
6. R. Kent	P'stone	24.39
7. R. Barker	DenbyD	24.40
8. G. Corless	M/cYMCA	24.51
9. R. Bradley	Holm	24.57
10. S. Crowther	Holm	25.50
VETERANS O/40		
I. R. Griffiths	Holm	22.54
2. G. Corless	M/cYMCA	24.51
	MICTALLIA	27.571
VETERANS O/45		
1. M. Seddon	Holm	24.33
2. R. Kent	P'stone	24.39
VETERANS O/50		
1. R. Bradley	Holm	24.57
2. S. Crowther	Holm	25.50
VETERANS O/55		
I. T. Cock	Halas	26.10
I. I. COCK	Holm	26.18
JUNIOR U/14		
1. M. Buckingham	Holm	21.58

# PATRICK FELL RACE Isle of Man AM/10m/2800ft 19.6.99

A fairly small field set off in this year's race which was held in wet and windy conditions. Victory went to David Young in a new course record after fighting off fast finish Phil Cain. Cain had struggled on the very difficult ascent from from the first checkpoint near Lhag Ny Keeley to Cronk Ny Iree Laa, a climb that is almost rock climbing. The Onchan postman gradually pulled back Young but was still some fifty seconds in arrears at the finish. After the race, the competitors enjoyed and excellent buffet courtesy of hard working Club President, Margaret Quirk. Ian Callister

1. D. Young	MFR	1.31.24
2. P. Cain	NAC	1.32.09
3. 3. T. Rowley	MFR	1.33.15
4. R. Moughtin	WAC	1.37.04
5. B. Osbourne	MFR	1.40.33
6. R. Stevenson	MFR	1.41.48
VETERANS O/40		
I. P. Cain	NAC	1.32.09
2. R. Moughtin	WAC	1.37.04
3. R. Stevenson	MFR	1.41.48
VETERANS O/50		
1. D. Young	MFR	1.31.24
2. R. Callister	MFR	1.43.12
3. D. Corrin	MH	1.51.26
LADIES		
I. R. Hooton	MH	1.56.51

# 28TH ALFRED HULME GREAT HILL FELL RACE Lancashire

I. S. Livesey	Clay	35.08
2. M. Cayton	Horw	36.12
3. K. Johnston	Chor	36.29
4. S. Williams O/40	Salf	36.38
5. S. Sweeney	Bowl	37.05
6. C. Seddon	Horw	37.06
7. R. Haworth O/40	Mid'ton	37.08
8. D. Nuttall	Clay	37.30
9. T. Taylor O/40	Ross	37.36
10. C. Heyes	Prest	37.49

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BS/5.75m/1300ft 19.6.99

VETERANS 0/45		
1. T. Ryan	B'burn	39.05
2. S. Kelly	Bolt	42.08
3. D. Shinn	Kend	44.02
4. I. Smith	Horw	44.40
5. A. Blinkhorn	Horw	46.47
VETERANS O/50		
1. P. Gillham	Chor	42.46
2. A. Healey	Bury	43.27
3. A. Turner	Clay	44.17
4. J. Oldroyd	L&M	44.32
5. L. Stephenson	Kend	44.51
VETERANS O/55		
1. J. Nuttall	Clay	42.34
2. P. Jepson	Ross	43.25
3. A. Daniels	AchRat	48.42
	Aciikat	70.72
VETERANS O/60		
1. P. Taylor	Border	46.30
2. J. Barker	Clay	46.52
3. G. Arnold	Prest	50.13
INTERMEDIATES		
I. C. Heyes	Prest	37.49
	riest	37.49
LADIES		
I. S. Webb O/35	Horw	43.36
2. B. Carter	Chor	46.22
3. J. Coleman O/40	Chor	48.40
4. J. Pound O/40	Chor	49.06
5. J. Bellis O/35	Bolt	49.52
6. L. Unsworth	Chor	50.08
7. J. TaylorO/35	L&M	51.07
8. H. Bell O/35	Darwen	51.45
JUNIORS U/13 BOYS -		10.50
1. R. Newton	Prest	12.52
2. G. Farrell	Prest	13.04
3. J. Gill	Bing	13.06
4. C. Miller	Fa.1	13.28
5. S. Mitchell	Bing	13.37
<b>JUNIORS U/13 GIRLS</b>	- 2 MILES	
I. R. Long	Bing	14.52
2. S. Snape	Chor	15.04
3. C. McMonagle		15.50
4. H. Ryan	B'burn	16.41
5. J. Fitch	Chor	17.11
JUNIORS U/15 BOYS -	3 MILES	16.05
1. B. Taylor	70.1	16.05
2. S. Clegg	Bing	16.40
3. J. Coleman	Bing	16.44
4. L. Johnson	Bing	16.47
5. B. Finch	Horw	17.22
<b>JUNIORS U/15 GIRLS</b>	- 3 MILES	
1. K. Ingram	Chor	17.58
2. V. Snape	Chor	18.48
3. N. Johnson	Bing	19.31
4. L. Naylor	Bing	20.50
5. L. Geldart	Bing	27.46
		27770
JUNIORS U/17 BOYS -		
D. Fearnley	B'burn	15.11
2. P. Dickenson	Chor	15.42
3. A. Marr	Wirral	16.03
4. A. Johnson	Bing	16.29
5. A. Walker	Bing	16.43
JUNIOR GIRL U/17 - 3	MILES	
1. V. Stainburn	Bing	22.30



lan Holmes winning Buckden Pike Photo: Steve Bateson

# HUNSHELF 'AMBLE South Yorkshire 7.3m/1000ft 19.6.99

Sponsored by the Hunshelf Parish Council, this new race was dominated by Penistone Footpath Runners who collected most of the prizes. Andrew Carruthers of Crawley AC was the first man home, with Penistone's John Rippon and veteran Roy Hale some distance behind.

All the runners appreciated this new and very varied course round the parish boundaries. Next year on 24th June this tiny parish (population of two hundred and fifty four) is partying, everyone invited, bring the kids and the rest of the family. Fell race first then the fun and games!

#### David Horsfall

1. A. Carruthers	Crawl	0.55.54
2. S. Rippon	P'stone	1.00.23
3. R. Hale O/40	P'stone	1.01.09
4. J. Griffin	P'stone	1.02.26
5. M. Cartwright O/50	P'stone	1.04.27
6. D. Foster O/40	P'stone	1.06.04
7. J. Birch	Unatt	1.06.40
8. A. Corn	Denby	1.06.59
9. M. Jones	Unatt	1.09.16
10. I. Wragg	P'stone	1.12.07
FIRST VETERAN O/66		
		1 0 1 00
I. B. Blakely	StlCty	1.34.30
LADIES		
1. S. Higham O/45	P'stone	1.14.02
2. J. Swire O/35	P'stone	1.14.49
3. K. Goldthorpe	P'stone	1,17.00
4. G. Grobler O/35	P'stone	1.28.10
4. A. Smythe O/35	P'stone	1.28.10

# BUCKDEN PIKE North Yorkshire AS/4m/1500ft 19.6.99

Well, the rain held off this year - just. Good running conditions prevailed however, and Ian Holmes produced a time only fourteen seconds short of Colin Donnelly's 1988 record. The small friendly field no doubt was a victim of the English Championship fixture the following day. Bingley won the men's team award. Unfortunately no female team completed.

Todd Oates, winner of the under eighteen category also won the first local unattached award. I erroneously presented it to the wrong person. Apologies to those concerned.

For the statistically minded, the following fastest times in the nineteen year history of Buckden Pike may be of interest:

Course record	30.51	Colin Donnelly 1988
2nd fastest	30.59	lan Holmes 1995
3rd fastest	31.05	Ian Holmes 1999
4th fastest	31.08	Ian Holmes 1993
4th fastest	31.08	

Not a bad performance over the years from Mr Holmes. Can he take the record? I'm sure he won't give up trying.

#### Pete Jeb

1. I. Holmes	Bing	31.05
2. M. Horrocks	Clay	33.39
3. R. Lawrence	Bing	34.59
4. G. Schofield V	Horw	35.19
5. A. Waterworth	Clay	36.08
6. C. Moses	Bing	36.51
7. S. Macina	Eccles	36.52
8. D. Walker	Clay	37.13
9. S. Bottomley	Eccles	37.48
10. A. Simpson	Penn	37.49
VETERANS O/40		
1. G. Schofield	Horw	35.19
2. R. Hamilton	Ilk	38.01
3. K. Delaney	Unatt	39.41
4. A. Robinson	Clay	41.04
5. L. Sands	Clay	41.07
VETERANS O/50		
1. A. Sudd	Fellan	41.25
2. N. Bush	Unatt	42.16
3. G. Unsworth	Kend	42.44
4. A. Mellor	Tod	43.26
5. P. Jackson	Tod	43.39
VETERANS O/60		
1. B. Leathley	Clay	50.51
2. R. Cutts	L'wood	51.49
3. B. Pycroft	Unatt	52.40
LADIES		
1. S. Rowell	P&B	39.05
2. C. Lorimer O/35	Cosmic	46.40
3. S. Taylor U/20	Bing	47.14
4. J. Leather	Amble	50.03
5. S. Jollie	Eccles	51.20
6. T. Targett	Clay	56.10
7. J. Cooke	llk	58.23
JUNIOURS U/18		
1. T. Bates	Unatt	45.55
2. G. Dudley	Unatt	48.53
3. M. Chamley	Unatt	53.07

# GLEN ROSA HORSESHOE HILL RACE Isle of Arran AL/13m/5500ft 19.6.99

The race was a Scottish Championship event this year, and this helped to boost the numbers. Although many who preentered did not turn up because of the weather. The conditions were poor, windy, wet and low visibility, this gave a distinct advantage to those acquainted with the course. The first four, all previous competitors, produced very good times in these conditions.

As usual Arran Mountain Rescue team did a good job of keeping track of everyone as they proceeded around the course, and there were only a few anxious moments.

Due to a problem with the marquee - it blew away - we will probably be reverting back to the original '89 start from the Ranger Centre next year.

1. A. Davenhill 2. D. Cummins	Shett Shett	2.31.59 2.32.22
3. J. Stevenson O/40	Irvine	2.34.06
4. G. Allsop	Arran	2.34.21
5. J. Stevenson	Ochil	2.44.17
6. A. Ward	Carn	2.44.29
7. M. Laing O/40	Fife	2.46.40
8. C. Brash	Girvan	2.51.03
9. T. Ross O/50	Fife	2.51.47
10. J. Hope O/40	AchRat	2.52.50
11. M .MacLeod O/40	W'lands	3.05.57
12. D. Makin	AchRat	3.06.05
13. D. Smith		3.06.06
14. P. Buchanan	Ochil	3.19.04
15. C. Brown	Ochil	3.19.11
16. D. Duncan O/40	Ochil	3.19.17
17. G. Simpson	HRT	3.19.41
18. J. Hepburn	Loch	3.20.31
19. M. Creber	Carn	3.26.33
20. T. Harley O/40	HELP	3.26.34
21. R. Cunningham		3.26.35
22. M. Cooper		3.33.30
23. J. Gallacher O/40	Ochil	3.34.43
24. M. Abram O/40	Arran	3.36.19
25. S. Abram O/40	Arran	3.36.19
26. H. Smith	AchRat	3.37.29
27. J. Nixon O/50	AchRat	3.43.26
28. N. Bullos	Artan	3.49.37
29. D. Lockwood		3.53.50
30. C. Turbett O/40	Arran	3.54.01
LADIES		
I. M. Creber	Carn	3.26.33
2. L. Burt	Fife	4.15.51
3. E. Scott	W'lands	4.31.41

# FLAGSTAFF TO CARLINGFORD Northern Ireland AL/11m/3000ft 20.6.99

The race was run in excellent conditions and there was a record entry of forty four runners with forty two finishers. While there were no records, the four women competitors produced three of the best times to date, with only one faster performance - the record by Patricia Sloan.

Once again, Armagh AC had a good turn out of helpers and checkpoints three, four, five and six were all manned. Laminated maps were on sale at fifty pence and were much appreciated.

This race is now attracting cross border racers which is helping entries. The race actually crosses the border from County Armagh in Northern Ireland to County Couth in the South.

Brian	Vallelely

1. D. McNeilly	N'castle	1.31.49
2. R. Bryson	N'castle	1.34.40
3. D. Brannigan	N'castle	1.36.45
4. N. Carty	N.Belf	1.38.44
5. J. Pattison O/50	A'ville	1.44.45
6. P. Howie O/40	Larne	1.44.47
7. B. McKay O/45	A'ville	1.50.26
8. J. Somerville	Unatt	1.51.28
9. E. Keith	IMRA	1.53.18
10. D. McNeilly J	B'drain	1.53.27
LADIES		
I. J. Flanagan	AJAX	2.06.36
2. S. Donnelly	BARF	2.10.20
3. V. Murrey	N'castle	2.16.27
4. E. Mulleady	Crus	3.39.00

# BOAR'S HEAD HILL RACE Cheshire BM/8m/1200ft 23.6.99

This year's race was run anti-clockwise again, as promised by the Organiser to Rob Taylor last year in recompense for having given him appalling advice as to the best line from the top of Lantern Wood to the Cage. The evening was warm and very humid before the race but a pleasant breeze sprang up which made conditions excellent for fast times, especially as the preceding dry spell had eradicated the huge mud patches which had been a feature of the section round the top of the Park for most of the spring/early summer. Ged Cudahy took full advantage of this and stormed round in fine style to win with a commanding lead of 2 minutes 15 seconds from Mike Hutchinson; not only that but he also broke lan Botheroyd's anti-clockwise record of 48.45 by 1 minute 35 seconds - all in all a most creditable performance.

The ladies' race was similarly dominated by a very on-form Cecilia Greasley, who not only won by a margin of 3 minutes 9 seconds from Sheryl Reason but also won the ladies' Veteran Over 40 prize and set a new ladies' anti-clockwise record by taking a substantial 3 minutes 10 seconds off Ros Sinnamon's time. Cecilia is now in the impressive position of holding both the clockwise and the anti-clockwise ladies' records!!

Both Paul Frusham and John Kershaw, in the Veteran Over 40 and Veteran Over 50 positions respectively, finished commendably high up the field in 8th.and 12th.places and Barry Thackeray finished in the first half of the field to take the Veteran Over 60 prize.

Alexis Dinsmor collected the ladies' Veteran Over 50 prize and the lads from Trafford, who seem to make the Lyme Park races very much their own, won the men's team, while Altrincham got the ladies' team.

Thanks to an outbreak of innumeracy at Tony Hulme's printers nearly a third of the whole race field collected T-shirts (thanks Tony !!) so Running Bear will now have an unexpectedly large amount of advertising running round the Peak District and despite the parsimony of whichever vast conglomerate has taken over Greenall's and withdrawn all sponsorship, we still managed to raise £250 for the Guide Dogs for the Blind - and because of the hot evening the Boar's Head sold an awful lot of beer. Everyone appeared to enjoy themselves and next year's Race will be in a clockwise direction on Wednesday 21st.June.

#### Dave Jones

e Jones		
1. G. Cudahy	Stock	47.10
2. M. Hutchinson	Traff	49.25
3. N. Leigh	Altr	49.32
4. J. Cookson	Sale	49.34
5. D. Gartley	Stock	49.46
6. D. Keeling	Traff	50.26
7. M. Hinson	Helsby	50.27
8. P. Frusham	Heslby	50.29
9. S. Fairmaner	Traff	50.38
10. G. Morson	Bux	50.41
VETERANS O/40		
1. P. Frusham	Helsby	50.29
VETERANS O/50		
I. J. Kershaw	Macc	51.17
VETERANS O/60		
I B. Thackery	DkPk	53.20
LADIES		
1. C. Greasley O/40	Macc	55.07
2. S. Reason	Altr	58.16
3. V. Perry	Altr	58.29

# HOLME MOSS June 20th

Men (16M, 4000ft; Inc. English champs race 4 of 6)

1. G. Bland	Воггом	2.07.23
2. P. Sheard	P&B	2.08.00
3. J. Davies	Borrow	2.09.58
4. D. Neill	Mercia, M40	2.12.04
5. G. Devine	P&B	2.14.02
6. A. Trigg	Gloss	2.14.08
7. M. Palmer	FoD	2.14.27
8. N. Spence	Kend	2.14.39
9. J. Logue	Horw	2.14.45
10. M. Mallis	Clay, M40	2.15.37
11. S. Stainer	Amble	2.15.56
12. A. Wrench	Tod	2.16.55
13. G. Oldfield	P&B	2.18.29
14. S. Shuttleworth	Amble	2.20.33
15. J. Wright	Tod	2.22.12
16. J. Hunt	CFR	2.22.21
17. P. Cadman	Mercia	2.22.37
18. S. Green	P&B	2.23.52
19. G. Schofield	Horw, M40	2.24.05
20. A. Ward	Dark Peak	2.24.28
VETERANS O/40		
4. J. Dickinson	Tyne	2.25.26
5. W. Bell	CFR	2.28.10
	CIK	2.20.10
VETERANS O/45	CED	2 25 24
1. H. Jarrett	CFR	2.25.34
2. S. Jackson	Horw	2.26.39
3. D. Ibbotson	Gloss	2.31.37
4. J. Wynne 5. R. James	CFR	2.37.45
	CFR	2.42.04
VETERANS O/50		
1. T. Hesketh	Horw	2.25.38
2. M. Walsh	Kend	2.26.48
3. J. Holt	Clay	2.29.19
4. B. Schofield	Tod	2.29.38
5. D. Tait	Dark Peak	2.30.00
VETERANS O/55		
1. B. Martin	Amble	2.59.19
2. K. Burgess	Alt	3.04.26
3. R. Bell	Amble	3.08.04
4. M. Coles	Sky	3.09.53
5. R. Mason	Totley	3.24.43
VETERANS O/60		
1. A. Shaw	Tod	3.02.47
O/40 TEAM		
1. Horwich		47
2. Cumberland Fell Run	ners	58
3. Kendal		61
4. Clayton-le-Moors		65

O/50 TEAM		
1. Todmorden		30
2. Dark peak		37
LADIES		
1. H. Johnson	Hk	2.36.33
2. J. King	CFR	2.37.15
3. N. Davies	Borrow	2.39.35
4. S. Newman	Goss	2.41.59
5. P. Gibb	Mercia	2.44.42
LADIES O/40		
1. K. Slater	K&C	2.45.17
2. J. Prowse	K&C	2.48.40
3. K. Harvey	Alt	2.58/55
4. J. Smith	Dark Peak	3.03.46
TEAM		
1 771 1 2 01 .	1 3.6 O YI	1.1

# LYME PARK FELL RACE CHAMPIONSHIP 1999

SENIOR YORKSHIRE CHAMPS Men. 1. Sheard; 2. Devine; 3. G. Oldfield. Team: Pudsey and Bramley Women: 1. Johnson; 2. Slater; 3. Prowse

Consisting of Vanessa Chappell Race, the Kettleshulme Race and the Boar's Head Hill Race

The Championship, consisting of the Vanessa Chappell Race, the Kettleshulme Race and the Boar's Head Hill Race, all of which take part of Lyme Park in their routes, was once again keenly contested. John Cookson took the men's honours with a convincingly low 7 points overall and Sally Gilliver won the ladies' championship with 193 points.

#### Dave Jones

1. J. Cookson	Sale	7pts
2. N. Leigh	Altr	11pts
3. D. Gartley	Stock	13pts
4. S. Fairmaner	Traff	17pts
5. D. Keeling		22pts
6. G. Morson	Bux	27pts
7. K. Worral	Traff	32pts
8. J. Kershaw	Macc	38pts
9. L. Taggart	Bux	39pts
10. A. Whittingham	Bux	53pts
VETERANS O/40		
1. G. Morson	Bux	27pts
VETERANS O/50		
1. J. Morris	Penn	115pts
VETERANS O/60		
1 B. Thackeray	DkPk	275pts
LADIES		
1. S. Gilliver	Penn	193pts
2. B. Hilton	Macc	214ptd
3. K. Forster	Spectrum	291pts
LADIES VETERANS		
1. A. Pritchard O/40	Spectrum	386pts
2. C. Jackson O/50	Stock	?pts

## LANGSTRATH RACE Cumbria AS/4.5m/1400ft 23.6.99

Warm and sunny conditions, and the inevitable midges greeted the runners for this low key, probably popular because of the liquid refreshments available at the finish. Gavin Bland continued his winning streak, setting a new course record, with second placed Simon Booth also within the old record time. Not surprising, Borrowdale took the men's team prize, whilst Keswick won the ladies.

Thanks to CFR for providing twenty eight of the seventy eight runners for a non-club championship race.

anks to CFR for providing		f the seventy
ners for a non-club champ	pionship race.	
1. G. Bland	Воп	35.22
2. S. Booth	Воп	36.09
3. M. Amor	CFR	38.40
4. N. Sharp	Kesw	39.06
4. M. Holroyd	Borr	40.45
5. P. Whiting V	Kend	42.24
6. M. Davies	Unatt	42.29
<ol><li>G. Crayston J</li></ol>	CFR	43.14
8. S. Hunter	CFR	43.33
<ol><li>R. Davidson V</li></ol>	CFR	43.33
VETERANS O/40		
1. P. Whiting	Kend	42.24
2. R. Davidson	CFR	43.33
3. S. Paling	Kesw	44.44
4. S. Holliday	CFR	48.46
5. G. Moffat	Howg	46.00
VETERANS O/50		
1. M. Litt	CFR	44.48
2. G. Unsworth	Kend	47.06
3. I. Charlton	Kesw	47.32
VETERANS O/60		
I. R. Booth	Kesw	51.26
2. K. Gresty	Wesh	55.20
3. R. Rutter	Unatt	66.34
JUNIORS U/16		
I. G. Crayston	CFR	43.14
2. J. Hartley	CFR	49.12
	CIR	77.12
LADIES	CED	45.10
1. J. King	CFR	45.10
2. N. Davies O/40	Borr	45.44 49.05
3. L. Osborne	Kesw	50.30
4. J. Jones 5. S. Lewsley O/40	Kesw Kesw	51.56
J. B. Lewsley 0/40	VESM	31.36

## MYTHOLMROYD FELL RACE West Yorkshire BM/7m/1350ft 23.6.99

1. M. Whitfield 2. M. Horrocks 3. S. Oldfield O/40 4. S. Willis 5. R. Crossland O/40 6. S. Gelsthorpe O/40 7. D. Cole 8. G. Sumner 9. P. McWade O/50 10. T. Taylor O/40	Bing Clay Bfd/Aire Tod Bfd/Aire StBds Tod Ross Clay Ross	48.08 48.37 49.28 51.50 52.38 53.31 53.37 53.47 54.05 54.10
VETERANS O/45		
1. C. Gilmore	Ross	57.56
2. V. Peacock	Clay	59.26
3. D. Beels	Roch	59.28
**************************************		
VETERANS O/50	CI.	54.05
1. P. McWade	Clay	54.05 59.33
2. G. Breeze 3. T. Pate	Skyrac Clay	59.33
3. L. Pate	Ciay	00.50
VETERANS O/55		
1. T. Peacock	Clay	65.12
2. A. Daniels	AchRat	69.16
3. A. Brown	Clay	75.12
FIRST VETERAN O/6	0	
1. D. Clutterbuck	Roch	76.40
LADIES	~	#0 #¢
1. V. Peacock O/45	Clay	59.26
2. L. Whittaker 3. J. Smith O/40	Sadd	63.47 69.53
4. L. Crabtree O/40	Bing H'fax	72.00
5. S. Kiveal	Sadd	73.13
6. J. Hill	GMPA	77.04
0. 5. 11111	Ciril	, 7.04

# BLACKAMOOR CHASE Derbyshire BM/6.5m/1400ft 24.6.99

Beautiful still and sunny evening with two hundred and thirteen competitors galloping off into the sunset. Another Dark Peak social event with them recognising each others vests. Men's team event was Dark Peak and women's was won by Totley. Karl Webster won again but its nice to see he has company to keep him on his toes.

The series is looking interesting with everything depending on the Terminator results.

Many thanks to the marshals and time keepers and apologies to the one complaint I received during the evening - "I'm sorry about the uneven path with rocks on it".

#### William Alves

iiam 2	Alves		
1	K. Webster	Matl	40.23
	S. Penney	Ches'field	40.34
	W. Sullivan	DkPk	42.23
	S. Bell	DkPk	42.25
	A. Sealy	DkPk	43.19
	L. Banton	Clowne	43.33
	M. Salkild V	DkPk	43.50
8.	M. Wynne V	DkPk	44.04
	C. Hetherington	Sheff	44.14
	M. Chapman	DkPk	44.27
W 7 W 7	TENT 1 N.C. O.140		
	TERANS O/40	DIDI	42.50
	M. Salkild	DkPk	43.50
	M. Wynne	DkPk	44.05
3.	C. Speight	Kend	44.51
	K. McGrath K. Holmes	DkPk	45.58
٥.	K. Holmes	Unatt	45.58
VE	TERANS O/50		
1.	D. Tait	DkPk	45.11
2.	H. Todd	StlCty	47.04
3.	A. Ashforth	Hallam	47.52
4.	R. Hopkinson	DkPk	49.38
5.	D. Lockwood	DkPk	49.50
w. 1 w 11	TTT 1 21/1 0 //0		
	TERANS O/60	DI DI	55.04
	B. Thackery	DkPk	55.24
	C. Henson	DkPk	57.09
٥.	T. Platts	Clowne	58.24
LA	DIES		
1.	W. Roethenbaugh	Shelt	49.43
	J. Smith O/40	DkPk	50.42
	C. Cresswell	Notts	51.15
	R. Clayton O/40	DVO	53.04
5.	P. Straw	Totley	57.08
6.	A. Carrington	Shelt	58.25
7.	A. Jorgensen O/40	DkPk	59.30
8.	J. Gilchrist	Totley	59.37

## FOX & HOUNDS CHASE Cleveland BM/9m/1400ft 24.6.99

A little controversy at the finish, as some athletes had crossed a wall and entered rough pasture on the 'Nightingale Farm'. The committee decision hinged on several factors; 1 - All the lead four runners were somewhat unfamiliar with the area, 2 - having made an error of judgement they did then correct this, although they did not backtrack (clearly a point against them), 3 - it was still thought that they did not miss any of the designated checkpoints, a point in their favour, but still there should have been careful to follow the agreed route. It was thought that the leader was clearly well in front and was unlikely to be caught. A decision was therefore taken not to disqualify the first four athletes and leave the result in finishing order. What has also arisen from this is that next year the route will be altered to use a much higher path after crossing the ravine top and running along the road side, otherwise it is possible that the race itself will be endangered. A bucket drop or punch system will also be used to ensure that all athletes pass the new check. Hoping that all athletes accept this decision, as I know no matter what decision is reached there are always positive and negative points against any perspective. In this case it was clear that there was a very grey area and we had to make the best judgement we could.

Best wishes in sport

#### Dave Parry

1. M. Burn	T&S	63.00
2. S. O'Grady	NewMske	63.17
3. R. Burn O/40	T&S	63.36
4. A. Ward	DkPk	63.48
5. J. Blackett	Mand	64.58
6. F. Smith O/40	Salt	65.13
7. D. Gamble	Mand	65.48
8. B. Roberts O/40	Mand	65.50
9. A. Tate	Nestle	65.56
10. P. Kelly O/40	Darl	67.28
VETERANS O/50		
1. R. Firth	Mand	68.30
2. R. Howard	Loft	77.00
<ol><li>M. Hetherton</li></ol>	Nestle	77.56
4. A. Wikeley	T&S	79.45
<ol><li>M. Brooks</li></ol>	R&Z	81.14
EIDCT VETED AN OW	r0	
FIRST VETERAN O/O		00.20
1. R. Sherwood	NMH	80.30
LADIES		
I. A. Raw	Darl	75.07
2. S. Jackson	Midds	78.17
3. S. Yardley O/40	H'pool	80.28
4. S. Gayter	NMH	87.00
5. K. White	Могр	87.58
6. S. Jemson O/45	NMH	92.40
0. 0. 0		22.70

# DRINAHILLY Mourne Mountains AS/3.5m/1000ft 25.6.99

1. D. McNeilly

24.13

1. 1. 1. 1. 1. 101111	I'd COMITTEE	der T a 1 a/
2. D. McKibbin	N'castle	24.15
3. J. Brown	BARF	24,58
4. A. McKibben	N'castle	25.01
5. D. Brannigan	N'castle	25.04
6. D. McNeilly	B'drain	25.30
7. N. Cahoon V	A'ville	25.38
8. S. Begley	A'ville	25.40
9. R. Brown	B'drain	26.38
10. A. Hurst	A'ville	26.44
VETERANS O/40		
1. N. Cahoon	A'ville	25.38
2. P. Turkington	ACKC	30.31
3. D. Robinson	ACKC	30.47
4. I. McMurray	BARF	31.06
5. J. McBride	BARF	31.34
VETERANS 0/45		
I-P. McGookin	ACKC	28.41
2. F. Hammond	BARF	30.03
3. K. Balmer	BARF	30.03
4. J. White	LVO	30.34
5. W. John-Brown	N'castle	31.00
J. W. JOHN-DIOWN	N Castle	31.00
VETERANS O/50		
1. F. Boal	B'drain	30.12
2. F. Strickland	B'drain	30.40
3. R. Cowan	Unatt	30.54
4. A. Corish	A'ville	33.37
5. I. Taylor	BARF	35.18
LADIES		
1 S. Donnelly	BARF	30.26
2. V. Murney	N'castle	32.46
3. R. McConville	N Down	33.18
4. J. Munnis	N Down	37.23
5. H. Brown	BARF	38.18

# NANT-Y-MOCH SKYLINE RACE Ceredigion AL/12.5m/3900ft 26.6.99

The beautiful Plynlimon hills are neglected by most outdoor people, but in June 1999 their emptiness was briefly (if only slightly) disturbed by their first fell race. The route involves an unmarked circuit of Nant-y-moch hydro-electric reservoir, and takes in the odd hill for good measure (and not many paths).

35 runners set off in very warm, humid conditions, which must have accounted in part at least for the slower-than-expected times, though it is rumoured that the eventual winner, North Wales-based Paul Evans, owes a significant part of his time to his navigational skills, which allowed steady-starting supervet John Marsh to catch Paul by control 4. John then chased him for 1.5 hours, failing by just 30 seconds to get past - but nonetheless an amazing run. The margin in the ladies' race was more convincing, with veteran Victoria Musgrove finishing well clear of the field.

Fortunately the threatened thunderstorms held off just long enough for the last finisher, and for the prizegiving by Race President, local shepherd Erwyd Howells. *Richard Wilson* 

1. P. Evans	Unatt	2.27.57
2. J. Marsh	TarrenH	2.28.27
3. A Williams	Eryri	2.33.27
4. D. Thomas	Eryri	2.34.07
5. B. Martin	Amble	2.37.05
6. R. Mapp	Mercia	2.38.22
7. G. Oldrid	Unatt	2.46.52
8. D. Malia	FRA	2,47.32
9. B. Evans	Unatt	2.48.40
10. G. Spencer	Mercia	2.49.10
VETERANS O/40		
	Manda	2 20 22
1. R. Mapp	Mercia	2.38.22
2. G. Oldrid	Unatt	2.46.52
3. B. Evans	Unatt	2.48.40
VETERANS O/50		
1. J. Marsh	TarrenH	2.28.27
2. D. Thomas	Eryri	2.34.07
3. B. Martin	Amble	2.37.05
LADIES		
1. V. Musgrove O/40	Eryri	2.49.11
2. A. Evans	Unatt	3.12.59
3. J. York O/40	ShropSh	3,25.11
4. G. Roberts O/40	Mercia	3.51.59
5. B. Jones O/50	BroDvs	3.56.02

# THE CHEVY CHASE Northumberland BL/20m/4000ft 26.6.99

The final Chevy Chase of the Millennium was blessed with good running conditions - a little cooler would have meant perfection. One hundred and fifty nine entries was reduced to one hundred and fifteen starters - a rather unhealthy drop and a real shame for those entries who were turned down because the event was full several weeks before 26 June.

Congratulations to Northumberland Fell Runners for taking their first Chevy Chase Team Trophy, Saltwell Harriers having been the winners for several successive years, followed closely. Sean Scott breezed through the finish tape fresh as a daisy but disguising the tiredness every Chevy Chase runner accumulates over 20 miles of Northumberland's typically rough rolling high ground. Sean took home the winner's trophy for the third year in a row; he led all the way, faltered ascending the sapping slope of Hedgehope but the generous spirit that permeates Chevy Chase Day came to Sean's rescue when a competitor in the walking event handed him a drink and some chocolate.

Jane Saul, who was the first lady, added to Northumberland Fell Runners' triumphant day.

Thank you to all participants for contributing to a wonderful day in the Cheviot Hills.

#### Lawrence Heslop

rence Hestop			
1. S. Scott	NFR	2.56.29	
2. M. Broadhurst	Tyne	3.02.23	
3. F. Smith	Salt	3.06.47	
4. D. Armstrong	NFR	3.08.36	
5. K. Wood	Salt	3.10.02	
6. G. Owens	NFR	3.12.29	
7. R. Hill	Salt	3.18.05	
8. T. Dawson	Unatt	3.20.55	
9. F. Clark	Salt	3.21.50	
10. D. Rose	Quak	3.22.01	
VETERANS O/40			
1. M. Broadhurst	Tyne	3.02.23	
2. F. Smith	Salt	3.06.47	
3. G. Owens	NFR	3.12.29	
VETERANS O/50			
1. R. Hayes	NFR	3.46.22	
2. R. Gray	NFR	3.49.17	
3. G. Reauley	LDWA	3.50.11	
LADIES			
1. J. Saul	NFR	4.11.54	
2. D. Walker O/40	Kend	4.20.46	
3. N. Duggan	Unatt	4.41.49	

#### EILDON TWO HILLS Borders AS/4.5m/1500ft 26.6.99

One hundred and eight started and finished on a very warm dry day with a slight breeze - this was the twenty fifth running of the Two Hills race.

Phil Mowbray led from the start to finish, and this is the first time he has run our race. There was also a great run from first junior who finished sixth overall, Scott Cassidy.

The ladies, Angela Mudge, ninth overall won easy, and was only forty seven seconds outside the record.

1. P. Mowbray	HBT	27.44
2. A. Milligan	Fife	28.57
3. K. Varney V	Metro	29.16
4. A. Ward	Carn	29.52
5. T. Brand	L'ston	30.24
6. S. Cassidy J	Fife	30.45
7. A. Anthony	Central	30.49
8. C. Eades	L'ston	31.09
9. A. Mudge	Carn	31.15
10. J. Dickinson V	Tyne	31.47
VETERANS O/40		
1. K. Varney	Metro	29.16
2. J. Dickinson	Tyne	31.47
3. N. McGuiness	Hadd	31.50
4. J. Blair-Fish	Carn	32.08
5. J. Marsh	Teviot	33.17
VETERANS O/50		
1. J. Knox	Teviot	32.32
2. D. Milligan	Unatt	34.53
3. E. Harvey	Carn	38.15
4. A. Gordon	Unatt	40.12
5. D. Francis	Fife	41.19
INTERMEDIATES		
1. S. Cassidy	Fife	30.45
2. J. Seeley	Fife	31.59
3. G. Mathieson	Fife	35.27
LADIES		
1. A. Mudge	Carn	31.15
2. S. Armitage	Cosmic	33.30
3. T. Affleck O/35	Gala	35.30
4. D. MacDonald O/35	НВТ	38.55
5. L. Haining	Gala	40.33
6. C. Patterson O/35	WRcc	40.40
7. L. Howie	Gala	40.47

#### ROYAL DOCKRAY HELVELLYN FELL RACE Cumbria AL/21m/5500ft 26.6.99

It was 'back to basics' this year after hosting a Championship race in 1998, which unfortunately made a loss. We have also lost our sponsorship due to the close of Castle Eden Brewery, but I'm sure this didn't detract from your enjoyment.

It often amazes me that some race reports manage to carry so much detail about the race, after all, its not a very good spectator sport! However, I did manage to see most of you on the way across Bruts Moss, and all of you on Great Dodd; and only a handful of you got the best line to that summit.

The Borrowdale quartet, running close together, had a small lead on the Dodds, steadily increasing it and the pace no doubt, into a battle to the bitter end. I only just managed to beat Gavin and Simon back to The Royal direct from Great Dodd. Together on Hartside, Gavin took a high and wide line to Common fell, where as Simon dropped into and across the beck. His uncharacteristic choice paid off to allow him to win by one minute and forty six seconds, and slice a few minutes off the record set only last year. A good day for Borrowdale packing six in the top eight, and Nicola Davies being the first woman home in twentieth place. Some interesting and fiercely fought battles further down the field, including Clare Kenny and Wendy Dodds, and P.Haughton and Allan Buckley. Scott Watson went home with the prize for 'extreme sporting excellence' - finishing in the middle.

The weather was fine if not a bit humid and the rain stayed away till late in the evening. Due to worrying experiences caused by bad weather in our recent races we took a hard line on equipment to be carried, which caused a little consternation to some runners. We make no apology for this but remain pleased by the responsible attitude of our competitors.

#### Barry Thompson

L. G. Bland	Borr	2.24.12
2. S. Booth	Borr	2.25.58
3. J. Davies	Borr	2.32.44
4. A. Schofield	Borr	2.33.14
<ol><li>J. McQueen</li></ol>	Eryri	2.51.59
6. P. Clark V	Kend	2.53.09
7. M. Holroyd	Borr	2.55.04
8. S. Hicks	Вогт	2.56.07
9. P. Singleton	Unatt	3.01.24
10.T. Houston V	Bowl	3.09.26

VETERANS O/40		
1. T. Houston	Bowl	3.09.26
2. L. Warburton	Bowl	3.11.58
3. I. Harland	K&C	3.12.14
4. P. Browning	Clay	3.16.18
5. T. Tombs	Unatt	3.18.53
VETERANS O/45		
1. P. Clark	Kend	2.53.09
2. J. Holloway	Horw	3.11.07
3. N. Pearce	IIk	3.11.40
4. N. Hambrey	Kend	3.24.06
5. S. Butler	Wake	3.25.23
VETERANS O/50		
1. J. Nixon	AchRat	3.19.09
2. M. Walford	Kend	3.33.21
3. R. Baker	Amble	3.34.02
4. A. Buckley	Kesw	4.02.54
5. R. Davies	CFR	4.05.38
VETERANS O/60		
1. K. Gresty	Wesh	4.05.48
LADIES		
1. N. Davies O/40	Borr	3.20.45
JUNIOR RACE		
1. D. Hicks U/11		29.19
2. J. Stuart U/8		32.00

#### SETTLE HILLS RACES North Yorkshire AM/7m/1750ft 27.6.99

Another good day for the 8th running of the Settle Hills races. In the Senior race, Under 20 Simon Bailey scorched round the seven mile course to embarrass the other 150 runners in the field and smash Matt Whitfield's record from last year, despite damp conditions.

The Junior Championship brought 110 competitors to North Ribbledale Rugby Union Club, and the Symonds boys carried on a winning family tradition in the Under 18 and Under 16 hovs

FRA statesman, Mike Rose, gave out vouchers from local outdoor pursuits shop, Castleberg Sports, and sports gear company, View From.

One gripe, and one apology follow. A runner registered for the Senior race, and after his son had run, they both departed from the race, and drove home. Two hours after the Senior race had started, I was on the verge of calling out the Cave Rescue since we had not had the required number of finishers. A phone call however revealed that the 'missing' runner was at home in Ulverston. Please don't; do it again!!

My apology: we had a hiccup during the route marking on the Senior course, and the route was marked over a repaired wall that last year had a gap in it. We should have moved the route through an open gateway that was close by. I apologise to any runner who had difficulty here.

Thanks to all the local landowners whose fields we cross, North Ribb rugby club for their excellent venue, Settle Candlelighters who provide the food, Settle police for traffic control, and all Settle Harriers for working so hard again under John Crossland's unparallelled co-ordination.

Stoffon A

#### Chris Hirst

1 C Doilou

1. S. Baney	Starisivi	47.15
2. R. Hope	P&B	47.49
3. M. Horrocks	Clay	48.06
4. M. Cayton	Horw	48.43
5. G. Oldfield	P&B	49.02
6. A. Crossland	Traff	49.12
7. A. Norman	Altr	50.30
8. J. McQueen	Eryri	50.33
9. M. Sandamas	Kghly	50.53
10. M. Lee	Ross	51.17
VETERANS O/40		
1. P. Taylor	Ross	53.09
2. S. Williams	Salf	53.13
3. B. Whitfield	Bing	54.24
VETERANS O/50		
1. M. Walsh	Kend	52.34
2. P. Lyons	Ross	55.59
3. K. Taylor	Ross	56.19
VETERANS O/60		
1. R. Dearden	Clay	71.00
2. J. Amos	Clay	73.32
3. K. Matthews	Shrews	78.15
LADIES		
1. L.Lacon	Holm	60.47
2. S. Dugdale Inter	Skip	63.43
3. S. Taylor Inter	Bing	63.59
4. A. Liuba	Ilk	66.48
5. K. Taylor O/40	Ross	69.58
6. L. Hayles O/40	Hfx	70.19
7. K. Thompson O/40	Clay	73.37
8. L. Bostock O/40	Clay	74.16
INTERMEDIATES		
I. S. Bailey	StaffsM	47.15
2. M. Cayton	Horw	48.43
3. A. Crossland	Traff	49.12
4. A. Norman	Altr	50.30
5. B. Harrison	LancsM	53.05



Nicola Leishman in soggy going at Settle Photo: Peter Hartley

JUNIORS - BOYS U/18		
1. A. Symonds	Kend	25.26
2. L. Siemaszko	Kend	25.33
3. S. Savage	Amble	25.42
JUNIORS - GIRLS U/18		
1. K. Bailey	StaffsM	30.03
2. N. White	Holm	31.30
3. K. Rogan	Wharfe	34.24
JUNIORS - BOYS U/16		
1. J. Symonds	Kend	13,14
2. R. Edgar	LancsM	13.32
3. J. Selby-Sly	Matlock	13.49
JUNIORS - GIRLS U/16		
L. L. Hughes	Horw	15.02
2, S. Gatford	Telf	16.05
3. H. Booth	LancsM	16.42
JUNIORS - BOYS U/14		
1. M. Buckingham	Holm	10.16
2. C. Doyle	BarrowF	10.20
3. A. Whaites	Settle	10.56
JUNIORS - GIRLS U/14		
1. K. Ingram	Chor	11.21
2. K. Roberts	Kend	11.37
3. L. O'Gorman	P'stone	11.41
JUNIORS - BOYS U/12		
1. R. Parker	LancsM	8.31
2. C. Robinson	Kend	8.32
3. R. Newton	Prest	9.27
JUNIORS - GIRLS U/12		
1. C. Hamilton	B'burn	10.27
2. L. Agg	Radc	10.31
3. S. Snape	Chor	10.56
JUNIORS - BOYS U/11		
1. M. Cronshaw	LancsM	10.18
2. J. Walker	CFR	10.33
3. N. Dakin	HellSch	11.07
JUNIORS - GIRLS U/11		
1. H. Duggan	Settle	10.28
2. L. Bridge	Hynd	11.42
3. L. Mikkelsen-Barron	BorrSch	12.03



Matthew Smith (Horwich) about to lose a place to clubmate Brian Finch; Settle Photo: Peter Hartley

#### BEACON BATCH FELL RACE Somerset BS/5m/1000ft 29.6.99

Beacon Batch 1998 - this was where I ran rather well, was one of the first ten to reach the finish line, and the first runner home over fifty. Just my sort of race, much better than tarmac bashing. By the time it came to prize giving I felt quite carried away with enthusiasm, just then the race director announced he no longer wished to organise the event and would anybody like to volunteer. You can guess the rest.

Twelve months later after a very soggy morning and entries only on the night, I wait anxiously to see if there would be enough bodies for a race. Fifty five turn up, not bad, slightly up on last year, but not as many as I had hoped for. Added to this, we lose two late entries, taking the long walk to the start.

At the start I tell them to be careful, especially on the final descent to the finish. Then sending them on their way... I wait. All the hard work now completed, just thirty minutes until the first ones back.

First three competitors, now all in view, down the stony track to the time keeper, only twenty one seconds separate them, a good finish and the first veteran gets fourth. Very neat and tidy.

A review of the race afterwards concludes, that all the runners were well pleased with the marshalling and course marking. St Johns attended the last lady runner (a twisted ankle), justifying their attendance fee. Next year improvements need to be considered with the overall marketing of the event. On the whole, I am well pleased with this first effort.

Newly appointed race organiser - Roger Hart

	-	
1. P. Gebbet	Bath	32.22
2. M. Duxbury	T&C	32.29
3. O. Johnson	DkPk	32.44
4. M. Truman V	Burnham	33.08
5. S. Masters	Wells	33.13
6. A. Hatchard	T&C	33.40
7. D. Blewitt	T&C	34.16
8. J. Green V	Nailsea	35.32
9. M. Turner	BOK	35.52
10.C. Kenchington	Cheddar	36.13
VETERANS O/40		
1. M. Truman	Burnham	33.08
2. J. Green	Nailsea	35.32
3. P. Hicks	Cheddar	37.03
4. P. Brown	T&C	37.22
5. P. Johnson	BOK	39.11
VETERANS O/50		
1. B. Smith	Unatt	38.06
2. T. Sperrin	WAC	39.52
3. J. Sadd	BOK	44.23
4. A. Richards	NCOC	44.52
5. D. Andrews	T'bury	48.53
LADIES		
1. L. Pyne	T&C	40.35
2. L. Green O/55	Wyv	43.37
3. B. Gamblin	MDC	44.18
4. G. Constable O/45	Cheddar	45.40
5. J. Hallett O/35	BOK	45.55
6. D. Preedy	WAC	46.25
7. M. Hamm O/35	Unatt	50.22

#### LORD OF THE FOREST RACES Cumbria AS/5m/29.6.99

Both junior and senior races saw larger fields than last year. Dry weather probably helped swell the numbers of both runners and midges. New records for junior races but the senior marks remained unchallenged. An American film company took footage of the Grisedale Grind race that will feature in a promotional video of the Lake District. Could there be runners from across the pond challenging the British fell runners in the new millennium?

A highly efficient crew of marshals again helped us make sure that the events ran smoothly. Many thanks to them all.

Tony & Angela Brand-Barker

1. B. Taylor	CFR	35.52
2. J. Archbold	CFR	36.38
3. R. Mossop	CFR	36.52
4. C. Valentine	Kes	36.56
5. M. Mclver	Kes	37.03
6. C. Davies	Sadd	37.06
7. S. Holliday	CFR	37.14
8. S. Hunter	CFR	37.35
9. B. Short	Cumb	37.53
10. S. Collett	Borr	38.18
VETERANS O/40		
1. C. Davies	Sadd	37.06
2. S. Holliday	CFR	37.14
3. P. Stones	CFR	38.57
4. S. Walker		39.01
5. G. Read	Roch	39.32

VETERANS O/50		
1. I. Charlton	Kes	40.34
2. J. King	CFR	43.57
3. C. Kershaw	Cumb	44.16
4. D. Norton	CFR	45.42
5. D. Morgan	CFR	46.04
VETERANS O/60		
I. B. Booth	Kes	44.07
2. D. Rigg	CFR	46.31
3. M. McDougall	Cumb	47.46
LADIES		
1. L. Osbourne	Kes	42.08
2. L. Bertenshaw		47.59
3. L. Cowell	Kes	48.59
4. P. Parker O/40	Cumb	52.40
5. J. Tyson O/40	CASA	53.18
6. V. Daley O/40		54.38
7. S. Rodwell		54.52
8. S. Heaton	Cumb	58.10
JUNIOR RACE		
1. B. Walker U/14	CASA	19.02
2. J. Walker U/12	CFR	19.44
3. G. Robinson U/12	Unatt	21.02
4. L. Wood U/12	G'mere	21.10
5. B. Rooney U/12	CASA	21.25
6. W. Clark U/16	G'mere	21.29
7. M. Hawley U/14	CFR	22.49
8. D. Hawley U/16	CFR	22.56
9. J. Walker U/12	Unatt	24.15
10. P. Todhunter FU/14	CFR	25.26
11. A. Wood U/12	G'mere	26.06
12. L. Todhunter FU/14	CFR	28.21

#### HOPE WAKES FELL RACE Derbyshire BS/4m/650ft 30.6.99

The conditions, overcast and warm with little or no wind, the ground dry and firm, were ideal for fast running - and so it proved in the person of Jo Smith.

Jo set a new ladies course record of twenty seven minutes and twenty two seconds, easily breaking the 1988 record set by Carol Greenwood, and Jo became the first lady to go in a top ten place in the race (she was ninth) since when in 1980 Helen Ellekkor was probably the first ever lady entrant.

Ged Cudahay easily won the race establishing and extending his lead after the climb. Steve Penney similarly gained on the field on the run-in to finish a comfortable second, with Simon and Richard Patton just holding off Paul Young.

Also worth y of mention are Mark Salkild, first veteran in seventh place. Johnny Wilson an unattached runner who was the first Hope Valley local and David Tait placing eighteenth and first super veteran.

One hundred and fifty three runners started and finished, although an unaccounted runner didn't help by leaving soon after finishing and failing to give his telephone number. Form filling can be a bind and is often done in a hurry but an incomplete one may not only hamper results but delay a rescue attempt.

Derick Jewell

1. G. Cudahay	Stock	25.01
2. S. Penney	Ches'field	25.57
3. S. Patton	NewZea	26.39
4. R. Patton	DkPk	26.40
5. P. Young	Hallam	26.44
6. M. Wilson	Hallam	27.04
7. M Salkild V	ÐkPk	27.11
8. A. Buckley	DkPk	27.16
9. J. Smith	DkPk	27.22
10. N. Bassett	Staffs	27.33
VETERANS O/40		
1. M. Salkild	DkPk	27.11
2. P. Light	Merc	28.17
3. K. Holmes	Unatt	29.04
4. S. Oglethorpe	DkPk	29.14
5. J. Spencer	Hallam	30.19
VETERANS O/50		
I. D. Tait	DkPk	28.34
2. R. Marlow	DkPk	30.39
3. R. Bradley	Holm	31.07
4. P. Gorvett	DkPk	31.36
5. G. Seaman	DkPk	33.12
LADIESP		
1. J. Smith	DkPk	27.22
2. P. Leach	DkPk	31.33
3. D. Young	Hallam	33.20
4. J. Wilson	Hallam	34.02
5. K. Patton	NewZea	34.40
6. K. O'Brien	Bux	35.02
7. A. Jorgensen V	P'stone	35.07
8. J. Heybourne V	P'stone	35.34
JUNIORS		
1. M. Hudson	GoytV	14.14
2. P. Wain	B'well	15.07
3. A. Metcalfe	Edale	16.29
FIRST LOCAL BOY		
1. J. Orwin	Норе	20.49
FIRST LOCAL GIRL		
1. K. Harrison	Норе	18.39

#### GIANTS CHAIR Shropshire AS/3.5m/1210ft 30.6.99

1. A. Davies	Метс	27.52
2. N. Barrable	L'ston	28.16
3. P. Cadman	Merc	29.45
4. T. Werritt	Merc	31.09
5. A. Pickles O/40	Telf	31.12
6. I. Hughes	Unatt	31.16
7. R. Lamb	Merc	31.37
8. P. Rees	L'ston	31.54
9. G. Jones O/40	Shrews	32.44
10. H. Thomas	TarHen	32.46
FIRST VETERAN O/50		
1. J. Coombes	Merc	33.30
LADIES		
1. P. Gibb	Merc	35.48
2. R. Matthew	Shrews	39.42
3. W. Watton O/40	Shrop/Shuff	40.57
4. S. Butcher O/40	Shrop/Shuff	43.05
5. K. Preston O/50	Shrop/Shuff	43.16

#### TIDESWELL FELL RACE Derbyshire Bs/4.5m/30.6.99

A dry, not too warm evening with sixty seven runners, up on last year and a winning time -one hundred and twenty seconds faster than last year.

The runners found the course well marked and marshalled and appreciated the good first aid and refreshment facilities.

The organisers were delighted with the turnout and good spirit of the runners. Our runners enjoyed the run and promised to return next year.

ur	n next year.		
	1. B. Carlton	Merc	27.15
	2. M. Hayman	DkPk	27.33
	3. A. Sealy	DkPk	27.40
	4. M. Bradbury	Bux	27.48
	5. A. Whitlingham	Bux	28.07
	6. R. Taylor V	Stock	28.17
	7. C. Adams	DkPk	28.35
	8. I. Ward	Bux	28.42
	9. A. Barnet	Sheff	30.16
	10. W. Alvey V	Totley	30.19
	VETERANS O/40		
	1. R. Taylor	Stock	28.17
	2. W. Alvey	Totley	30.19
	3. D. Moseley	· ·	30.40
	4. A. Howie	Pennine	31.29
	5. S. Claye		31.51
	LADIES		
	I. H. Bloor	DkPk	33.49
	2. J. Phizacklen	Bux	35.27
	3. J. Gilchrist	Totley	37.34
	4. D. McDowell	Cobby	38.03
	5. S. Hewitt	Barns	39.17
	6. I. Pavlilova		40.21
	7. C. Parsons	Totley	40.39
	8. J. Morson	Buxton	41.22
	FIRST JUNIOR		
	I. N. Morson	Bux	35.18

#### GRISEDALE GRIND Cumbria AS/3m/1600ft 1.7.99

AS/SIII/1000IL 1.7.33			
1. M. Amor	CFR	28.26	
2. S. Booth	Borr	28.47	
3. A. Schofield	Borr	28.55	
4. H. Jarrett	CFR	30.57	
5. B. Taylor	CFR	31.06	
6. W. Bell	CFR	31.20	
7. J. Archbold	CFR	31.26	
8. M. Fleming	Amble	31.30	
9. G. Crayston	CFR	31.39	
10. A. Beaty	CFR	31.52	
VERTERANS O/40			
1. H. Jarrett	CFR	30.57	
2. W. Bell	CFR	31.20	
3. A. Beaty	CFR	31.52	
VETERANS O/50			
I. M. Litt	CFR	33.26	
2. J. Holt	Clay	33.39	
3. I. Charlton	Kesw	36.20	
VETERANS O/60			
1. B. Booth	Kesw	37.59	
LADIES			
1. K. Beaty O/40	CFR	37.11	
2. L. Osborne	Kesw	37.15	
3. L. Buck	CFR	42.03	
JUNIOR RACE			
1. T. Kidger U/16	Helm	14.09	
2. M. Stuart U/14	Kesw	14.28	
3. A. Graham U/16	CFR	14.55	
4. J. Walker U/12	CFR	15.29	
5. W. Clark U/16	Gramere	15.40	
6. R. Lightfoot U/16	CFR	15.55	
7. J. Downie U/12	Unatt	15.58	
8. A. Winder U/16	CFR	16.02	
9. L. Wood U/12	Grasmere	16.06	
10. D. Hodgson U/16	CFR	16.25	

#### AGGIE'S STAIRCASE Lancashire BS/4m/900ft 1.7.99

Steve Oldfield made the trip from Bradford to Darwen worth his while beating last year's winner, Brian Cole, at this popular mid-week race. Aggie's Staircase attracted 217 runners, including 36 females.

The four-miler with 900 feet of climbing tests the heart and lungs with its runnable climbs (for some!!) and fast descents.

Steve's time is remarkable when you check out the age category of Veteran Over 40. Simon Thompson was third in 28.51

The ladies' race was once again dominated by Vanessa Peacock, who finish 35th overall ahead of Deborah Gowans in 2nd and Beverly McWade in 3rd. Not to be outdone by daughter, dad, Pete McWade, won the Veteran Over 5 category in 16th overall. The first junior and featuring well at all the local races was Alex McVey who was placed 6th overall.

#### M Donnelly

U	onnetty		
	1. S. Oldfield	BfdA	28.04
	2. B. Cole	WPenn	28.13
	3. S. Thompson	Clay	28.51
	4. S. Culshaw	Horw	29.43
		Clay	29.45
	6. A. McVey	Horw	30.02
	7. S. Williams	Salf	30.15
	8. A. Payne	Clay	30.23
	9. N. Hatchard	Ross	30.35
	10. P. Minshull	Newburgh	30.36
	VETERANS O/40		
	1. S. Oldfield	BfdA	28.04
	2. S. Williams	Salf	30.15
	3. R. Crossland	BfdA	30.44
	VETERANS O/45		
	1. J. Singleton	Clay	33.32
	2. P. Booth	Clay	34.25
	VETERANS O/50		
	1. P.McWade	Clay	31.14
	2. B. Mitchell	Clay	No time
	3. P. Gillam	Chor	34.45
	4. A. Appleby	Prest	35.51
	VETERANS O/55		
	1. J. Gersty	SkemB	39.59
	2. J. Devlin	FRA	40.36
	3. J. Mitchell	BBRR	40.37
	VETERANS O/60		
	1. V. Houghton	Chor	40,44
	2. R. Moulding	BBRR	41.27
	3. I. Turnbull	Bury	41.47
	VETERANS O/70		
	I. A. Robinson	Horw	46.04
		TIOLW	40.04
	LADIES		
	1. V. Peacock O/45	Clay	33.33
	2. D. Gowans	Acc	36.12
	3. B. McWade	Clay	36.19
	4. L. Whittaker	Sadd	37.24
	5. D. Martin 6. J. Coleman O/40	Bury Chor	39.05 39.33
	7. L. Richardson	BBRR	40.05
	8. H. Sandilands O.35	Newburgh	40.05
	o. 11. Sandilands O.33	Newburgh	40.42

#### RAINOW HILL RACE Cheshire BS/5m/750ft 1.7.99

DOISHE / SOIL II/1/			
1. D. Gartley	Unatt	32.58	
2. M. Weedall	Penn	33.09	
3. E. Gamble	Stock	33.22	
4. J. Cookson	Sale	34.04	
5. G. Bergin	Spectrum	35.46	
6. M. Williams	Penn	35.57	
7. G. McNeil	Helsby	36.10	
8. T. McGaff	Wilms	36.31	
9. G. Watson	Altr	36.35	
10. J. Kettle	ValeR	36.51	
VETERANS O/40			
1. M. Weedall	Penn	33.09	
2. T. McGaff	Wilms	36.31	
3. T. Greenwood	B'burn	36.58	
4. I. Warhurst	Penn	37.16	
VETERANS O/50			
1. T. Hulme	Penn	38.06	
2. M. Fairs	Wilms	40.52	
3. N. Griffiths	Spectrum	41 21	
4. G. Wilson	Spectrum	42.54	
LADIES			
1. R. Pleeth	Macc	39.22	
2. J. Bateman	Wilms	44.49	
3. M. Calvert	Macc	45.56	
4. K. O'Brien	Bux	47.02	
5. J. Robertson	Spectrum	49.15	
6. C. Williams	DkPk	49.32	
7. D. Tanner O/40	Congle	50.35	
8. L. Hawthorne	Unatt	51.50	

#### GUTO NYTH BRAN Gwent BM/6m/1300ft 3.7.99

Once again we had a good turnout with the race being supported by ten clubs. In previous years it has been very hot but this year we had a storm just at the start which made it a lot cooler and very slippery underfoot.

For Matthew Collins, who won the race, it was third time lucky having recorded previous times of 43.56 (1995), 43.11(1996). He was closely followed by Andrew Jones and Nigel Webb who became a veteran this year and was once again in the top three and in the top five for the last six years.

#### Phillip Morris

1. M. Collins	MDC	42.14
2. A. Jones	Aberdare	42.40
3. N. Webb	MDC	44.02
4. J. Bass	ForDean	44.31
5. H. Richards	MDC	45.31
6. L. Gwillym	Blaen	47.11
7. C. Gildersleve	Brynch	47.20
8. P. Morris	Hereford	47.54
9. W. Darby	MDC	48.33
10. D. Roberts	Unatt	49.40
VETERANS O/40		
1. N. Webb	MDC	44.22
2. L. Gwillym	Blaen	47.11
3. C. Gildersleve	Brynch	47.20
4. S. Jones	MDC	50.00
5. T. Phillips	Griffiths	57.35
VETERANS O/45		
I. H. Ricahrds	MDC	45.31
2. P. Morris	Hereford	47.54
3. J. Darby	MDC	48.33
4. G. Parsons	Chepstow	52.40
5. G. Hicks	Islwyn	53.56
VETERANS O/50		
1. D. Ffinch	MDC	50.33
2. G. Evans	Blaen	50.33
Z. G. Evans	Biaen	52,45
VETERANS O/55		
1. E. Meredith	MDC	54.52
VETERANS O/60		
1. C. Jones	MDC	58.24
LADIES		
1. F. Coombs O/35	Unatt	64.46
2. E. Lewis O/35	Unatt	64.46
4. E. Lewis 0/33	Unall	04.39

#### ERRINGDEN MOOR FELL RACE West Yorkshire BM/8.5m/1900ft 3.7.99

A slightly better turnout than last year helped to raise £61.50 for the local hospice. Congratulations to Joe and Anna on their wins.

The men's race was closely contested with Andy Shaw leading most of the way only to fall and twist his ankle on the final descent through the woods, allowing Joe to take the win. Commiserations go to Karen Mather who was well in the lead in the ladies' race but had to retire after slipping on a stile and cutting her shin.

All runners enjoyed the course and hopefully this will help attract more next year. A good selection of prizes and free food after the race also helped to make the day. My thanks are due to Alan Greenwood for his help in flagging the course and on the day, to the marshals and to all of you who turned up to run and help this worthy cause. See you all next year.

#### Tony Bradley

1. J. Blackett	Mand	66.59
2. A. Shaw	Holm	67.17
3. P. Taylor	Ross	67.26
4. J. Feeney	Bing	67.56
<ol><li>R. Crossland</li></ol>	BfdA	68.10
6. K. Smith	Tod	69.19
7. R. Hamilton	11k	70.29
8. B. Johnson	Macc	71.04
9. D. Tait	DkPk	71.51
10. C.Oliphant	P&B	72.19
VETERANS O/40		
I. P. Taylor	Ross	67.26
2. R. Crossland	BfdA	68.10
3. R. Hamilton	Ilk	70.29
4. N. Pierce	Ilk	73.31
5. T. Hargreaves	Stock	73.53
2	Stock	75.55
VETERANS O/50		
1. D. Tait	DkPk	71.51
2. J. Hoffman	BfdA	78.08
3. M. Crook	Horw	78.43
4. J. Baker	EHull	79.49
5. R. Bradley	Holm	81.29
LADIES		
1. A. Liuba	Ilk	85.49
2. L. Hayles	Hfx	88.38

#### LANGDALE GALA FELL RACE Cumbria AS/1.25m/650ft 4.7.99

The Langdale Gala got off to a rather damp start, with drizzle and cloud covering most of the Langdale Pikes in the early morning. However, by the time the gala had got underway with the crowning of the gala queen, the cloud had broke to give a very pleasant sunny afternoon.

There were many attractions around the field ranging from children's quad bikes to vintage cars, and from "bat the rat" to bouncy castles. The refreshment marquee yet again proved to be a popular place with various sandwiches, cakes and drinks on sale and it also included a fine display of various arts and crafts.

The children provided the early entertainment with a well attended fancy dress competition which was then followed by the sports.

The main fell race of the day was run in very sunny and warm conditions. The event was well attended and won by Stephen Savage. The junior fell races also showed some good young runners with well over thirty runners in the Under 12 and Under 9 groups.

The day concluded with a lot of effort being out into the men's and children's tug of war competition from both participants and cheering supporters.

An excellent family occasion held within the heart of the Lake District, which was well attended and supported by locals and visitors to the area.

#### Louise Blair

use bluir				
1. S. Savage	Amble	11.53		
2. D. Duxbury	Amble	12.24		
3. C. Valentine	Kesw	12.38		
4. J. Peerless	Wirral	12.53		
5. A. Marr	Wirral	12.57		
6. C. Jones	Wirral	14.05		
7. E. Edwards	Unatt	14.14		
8. J. Adair	Holm	14.17		
9. P. Longster	Unatt	14.20		
10. K. Robinson	B'burn	14.40		
VETERANS O/40				
1. J. Adair	Holm	14.17		
2. K. Robinson	B'burn	14.40		
3. B. Hall	B'burn	14.46		
LADIES				
1. L. Lacon	Holm	14.46		
2. J. Edwards	Unatt	18.04		
3. J. Keasley O/35	Helsby	18.26		
3. J. Reasley 0/33	Heisby	10.20		
JUNIORS U/17				
1. J. Peeless	Wirral	12.53		
2. A. Marr	Wirral	12.57		
3. C. Jones	Wirral	14.05		
4. W. Clark	Grasmere	15.38		
5. N. Biddle - Lady	Pendle	17.41		



Anna Liuba, 1st lady at Erringden Moor Photo: Allan Greenwood



Steve Bamber (Preston) chased by Dave Collins (Todmorden) at Rossendale Fell Photo: Allan Greenwood

#### SKIDDAW FELL RACE Cumbria AM/9m/2700ft 4.7.99

Congratulations to Simon Booth for his second consecutive win - in a slightly faster time - and to Sarah Rowell (the ladies' record holder for this race) who won the ladies' race and finished 15th overall.

Shaun Livesey led Clayton to the winning team position, having stayed with Simon until the descent at Jenkin Hill when the Borrowdale man went into overdrive. Whilst Lancashire won the team honours, the remainder of the team prizes reflected the Booth/Rowell/Cumbria/Yorkshire division of the spoils: Caroline Young and Emma Barclay (Yorkshire) were second and third ladies respectively whilst Duncan Frampton (Cumbria) retained the Veteran Over 40 trophy and Mike Litt (Cumbria) took the Veteran Over 50 prize.

Even the juniors did it: Andrew Symonds (Cumbria) was the first man under 20 with Sharon Taylor (Yorkshire) the first lady under 20. Yorkshire slightly shaded this contest with Jim Smith taking the first Veteran Over 60 prize.

97 people started the race and there were two withdrawals. Hopefully, more people will join us for the millennium year running of this classic Lakes event. In the meantime, my thanks to everyone who helped, all the runners and their supporters.

#### Allan Buckley

I. S. Booth	Borr	1.06.03
2. S. Livesey	Clay	1.07.32
3. S. Green	P&B	1.10.25
4. C. Roberts	Kend	1.10.47
5. P. Dobson	Leeds	1.10.53
6. A. Symonds	Kend	1.11.15
7. B. Thompson	CFR	1.12.03
8. R. Lawrence	Bing	1.12.29
9. R. Jackson	Salf	1.13.27
10. D. Frampton	Kesw	1.14.08
VETERANS O/40		
1. D. Frampton	Kesw	1.14.08
2. S. Jackson	Horw	1.17.31
3. G. Webb	Horw	1.19.44
4. P. Tuson	Kend	1.19.45
5. M. Ward	Kesw	1.20.07
VETERANS O/50		
I. M. Litt	CFR	1.19.55
2. D. Kearns	Bolt	1.23.57
3, T. McArthur	Chesh	1.27.57
4. P. Dowker	Kend	1.31.07
5. D. Taylor	Clay	1.36.02
VETERANS O/60		
1. J. Smith	Tod	1.51.10
2. J. Rutter	Unatt	2.06.23
LADIES		
1. S. Rowell	P&B	1.18.47
2. C. Young	Leeds	1.27.00
3. E. Barclay	Ilk	1.28.35
4. S. Taylor U/20	Bing	1.34.42
5. A. Srivastava	P&B	1.35.41
6. G. Webb	Bolt	1.35.55

#### HATHERSAGE GALA FELL RACE Derbyshire BS/4.5m/925ft 5.7.99

Despite the thunderstorm and torrential rain everyone appeared to enjoy the race. The new course, which now goes to the top of Higger Tor and has reduced amount of road, got a big vote of approval. Being a new course, there were new records set in all categories! There were 180 runners and the race was won by Andy Bristow. The ladies' race was won by Jo Smith and the first Veteran was Robert Taylor.

Brian Griffiths

1. A. Bristow	Hallam	28.06
2. S. Penney	Ch'field	28.13
3. A. Norman	Altr	28.25
4. N. Leigh	Altr	28.56
5. R. Taylor	Stock	29.39
6. A. Ward	DkPk	29.47
7. C. Hetherington	Sheff	29.51
8. A. Metaxas	Matlock	30.01
9. M. Salkild	DkPk	30.18
10. R. Woods	DkPk	30.25
VETERANS O/40		
1. R. Taylor	29.39	
2. M. Salkild	DkPk	30.18
3. N. Kenyt	Sheff	30.56
4. C. Davies	Sadd	31.17
5. K. Holmes	Unatt	31.23
VETERANS O/50		
1. A. Ashforth	Hallam	33.38
2. R. Marlow	DkPk	34.17
3. G. Revell	Bradwell	34.23
4. K. Temperton	DoncSt	34.27
5. N. Oxley	Unatt	34.35
VETERANS O/60		
1. M. Roberts	Bing	49.33
LADIES		
1. J. Smith	DkPk	30.44
2. C. Patton	Hallam	32.52
3. P. Leach	DkPk	34.52
4. J. Bednall	SheffTri	37.22
5. B. Ramaswamy	Unatt	41.00
6. S. Hewitt	Barns	41.15
7. J. Gilchrist	Totley	41.33

#### SALTWELL HARRIERS FELL RACE County Durham BS/5.5m/950ft 6.7.99

A record turnout and another warm summer evening for this popular North East of England Fell Race. Though conditions were wet on the rough high ground, the pace of the race was very fast, particularly from the ladies with an excellent performance from Karen Robertson, who smashed the ladies record by over five minutes. In the men's race, John Larkin was only one minute outside his course record but he is three years older! John was followed home by team mate, Fred Smith, who was the fastest veteran. Steve Everett maintained his form in this race to pick up third place. It was good to see a contingent from Mandale but despite lots of bravado at the start, they were unable to take the team prize from host club, Saltwell, who just pipped Tynedale for the case of beer.

Thanks to all who marshalled and to the host of the Moorcock Pub where Master of Ceremonies (myself) made up for a poor performance in the race with some witty and entertaining patter at the presentation!!

#### Keith Wood

1. J. Larkin	Salt	41.28
2. F. Smith	Salt	41.49
3. S. Everett	Durham	42.01
4. M. Donnelly	Tyne	42.18
5. B. Roberts	Mand	42.39
6. M. Broadhurst	Tyne	42.45
7. D. Armstrong	NFR	43.43
8. I. Tusdale	NSP	43.45
9. G. Burnip	Mand	44.20
10. D. Scott	Tyne	44.30
VETERANS O/40		
1. F. Smith	Salt	41.29
2. B. Roberts	Mand	42.39
3. M. Broadhurst	Tyne	42.45
4. D. Nicholson	Unatt	47.30
5. P. Scott	NFR	47.43
VETERANS O/45		
1. T. Moss	Mand	47.56
2. J. Humble	NFR	48.06
3. P. Graham	Tyne	48.33
4. J. Dallinson	NFR	48.57
5. A. Curtis	NFR	51.05
VETERANS O/50		
1. R. Dawson	NFR	48.28
2. P. Lancaster	Elswick	49.01
3. B. Campbell	NFR	53.06
J. D. Campbell	141 14	55.00

VETERANS O/60 1. J. Garbarino VETERANS O/65	NFR	56.26
1. R. Laverick	ChestLeStr	58.40
LADIES		
1. K. Robertson 2. B. Renwick O/35 3. J. Saul O/35 4. F. Hutchinson O/40 5. B. Broadhurst	NFR Salt NFR Tyne Tyne	47.45 59.30 63.21 69.47 70.40
JUNIORS		
1. D. Scott	Tyne	44.30
2. A. Wilson	Unatt	51.24

#### CLAY BANK EAST North Yorkshire BM/6m/800ft 6.7.99

1. P. Buckby	Mand	37.39
2. R. Harrison	RichZ.	37.40
3. D. Rose	Quak	38.16
4. R. Firth	Mand	38.25
5. P. Kelly	Darl	38.31
6. C. Choules	ThirskS	38.42
7. G. Barnes	Mand	38.59
8. M. Wynne	Salt	39.08
9. R. Pollard	Mand	39.19
10. S. Mechie	ThirskS	39.36
VETERANS O/40		
1. P. Buckby	Mand	37.39
2. P. Kelly	Darl	38.31
3. R. Pollard	Mand	39.19
4. K. Wilson	Mand	40.51
5. S. Mummery	Nestle	41.25
VETERANS O/50		
1. R. Firth	Mand	38.25
2, M. Hetherton	Nestle	42.59
3. E. Huck	ThirskS	45.40
VETERANS O/60		
1. R. Sherwood	NMarske	46.01
2. R. Bainbridge	Mand	46.24
LADIES		
1. A. Raw	Darl	42.28
2. K. White	Morpeth	46.43
3. S. Gayter	NMarske	48.14
4. S. Jemson O/45	NMarske	51.21
5. P. Kirby O/45	ThirskS	51.29
6. M. Gibbs O/50	ThirskS	52.33
0.1.1.01003 0/50	11112380	J. J. J. J

#### WHARFEDALE TTT North Yorkshire Grand Prix 9/10/11.7.99

Probably mainly in part to Allan Greenwoods excellent and complimentary article in 'The Fell Runner' but also the forecast of a sunny weekend, helped to make this years event the best yet.

Just to remind you, the Wharfedale TTT-Tarmac, Trail and Tussock, get it!, comprises three quite different races over the weekend culminating in overall Grand Prix results and prizes. Over the years we've had road, fell and track internationals competing, but talent on it's own is no good - you need to be tough as well to become Champion of all three challenging events.

Friday evening's race, an uphill only road race, taxes the legs and lungs. This year short race expert, Matthew Whitfield (fell international), powered up the course and equalled the 1996 inaugural event winner, Steve Green's (road and track international), record - that should tell Matthew (or Steve) something? Victoria Wilkinson was first lady with a good margin over Liz Taylor, the latter showing commitment having travelled from Newbury for a Friday evening 8pm start!

Saturday was very warm and the prospect of a tough 11mile fell race involving navigation must have been daunting but Rob Jebb led from start to finish and was untroubled by the conditions, finishing over ten minutes ahead of Stefan Macina. Liz Taylor comfortably beat veteran O/45 Jo Anne Prowse with up and coming Beverley McWade third.

By this time the Grand Prix was taking shape with Rob Jebb and Liz Taylor leading the points result overall. However, we still had Saturday night Inn festivities in kettlewell before the final short fell race on Sunday - so anything could happen. Matthew Whitfield, having missed the Saturday race nursing an injury, triumphed in a close fought race over clubmate Rob Jebb. Liz Taylor and Beverley McWade also had a tussle throughout the race, Liz just having the edge at the finish.

Early Sunday afternoon saw the prestigious Grand Prix prize presentation, Rob and Liz maintaining their overall leads. Consistent Bob Whitfield took the O/40 and Graham Breeze (18th overall) the O/50 category for the second year, before setting off for France to watch Le Tour. Jo Anne Prowse won the O/45 (22nd overall) ladies category with Jean Shotter (34th overall) winning the O/35 ladies category. The team event, unusual in that each team must comprise a senior, veteran and lady, was won by Bingley but the strong contingent from Newbury pushed Pudsey & Bramley into third place.

Kettlewell is a typical quaint, unspoilt Yorkshire Dales village making a perfect venue for the weekend. This year we had the benefit of superb weather as well, which also made camping enjoyable. All facilities are available on the event field, marquee with full range of refreshments, camping, parking, etc., basically all competitors need to do is turn up, run and have fun - see you next year.

Dave Weatherhead

GRAND PRIX		
1. R. Jebb	Bing	5pts
2. J. Gonzalez	Abbey	13pts
3. S. MacDonald	Bing	19pts
4. J. Hemsley	P&B	21pts
5. B. Whitfield	Bing	29pts
6. A. Shaw	Holm	29pts
7. J. Feeney	Bing	36pts
8. P. Whiting	Kend	37pts
9. G. Taylor	DarwenD	47pts
10. J. Winder	S'borough	51pts
VETERANS O/40		
1. B. Whitfield	Bing	29pts
2. P. Whiting	Kedn	37pts
3. J. Winder	S'borough	51pts
	5 55fougii	Dipta
VETERANS O/50	01	0.0
I. G. Breeze	Skyrac	82pts
2. M. Williams	Eryri	142pts
3. J. Collinson	Bing	160pts
LADIES		
1. L. Taylor	Newbury	83pts
2. J. Prowse O/45	Kghly	100pts
3. B. McWade	Clay	117pts
RACE 1		
1. M. Whitfield	Bing	16.20
2. R. Jebb	Bing	16.35
3. I. Holmes	Bing	16.47
LADIES		
1. V. Wilkinson	Dina	20.21
2. L. Taylor	Bing	20.21
2. L. Taylor 3. J. Prowse O/45	Newbury	20.43
	Kghly	22.09
RACE 2		
1. R. Jebb	Bing	80.05
2. S. Macina	Unatt	90.57
3. J. Gonzalez	Abbey	91.07
LADIES		
I. L. Taylor	Newbury	98.33
2. J. Prowse O/45	Kghly	103.51
3. B. McWade	Clay	108.26
RACE 3		
I. M. Whitfield	Bing	11.53
2. R. Jebb	Bing	11.55
3. G. Sumner	Ross	13.07
		15.07
LADIES	77. 1.1	15.10
1. J. Prowse O/45	Kghly	15.13
2. L. Taylor	Newbury	15.41
3. B. McWade	Clay	15.46

#### CHARMOUTH TO GOLDEN CAP CHALLENGE Dorset BM/7.8m/1600ft 10.7.99

After the torrential rain and fog of last year's race many runners decided to come back and see what the course really looked like - this time in bright sunshine. Total turnout was as good as ever with 238 starters. Word appears to be getting around that this race is well worth the trip down here with runners coming from ever further afield.

The new timing of events with the Fun Run first was a great success with the Challenge runners being able to cheer home the youngsters before the start of their race.

Conditions underfoot were mainly firm and dry, though there was a novelty obstacle of freshly cut hay, knee-deep in places. A couple of belligerent pedestrian grockles impeded progress for some on the steep final descent, but a temperature near 30°C made the going tough for everyone.

The winner made it look easy though and led from start to finish. All credit to the second man home Robin Bergstrand who would have broken the course record, had Mark Croasdale not already done so some 2.5 minutes earlier. Alec Woods was a close third, with local man Dan Savage heading the rest of the field another three minutes later.

The ladies' race also had a clear leader Debbie Austin, though the time was well down on last year's record.

Mark Croasdale went on to win the Haytor Heller on Dartmoor the following day with no one else in sight and so took home the bottle of Golden Cap whiskey for the fastest aggregate time. Next year we hope the Haytor Heller will also be registered with the FRA to make a double bill of southern fell runs.

Many thanks to everyone who helped and ran, especially to Charmouth Fire Brigade for hosing down overheated bodies at the finish.

Gordon Hathway

1. M. Croasdale 2. R. Bergstrand 3. A. Woods 4. D. Savage	Bing Poole Bath AxeV	48.47 51.20 51.39 54.50
5. I. Andrews 6. H. Marsden	SWRR Exmth	54.57 55.33
7. A. Hatchard	Exmth	55.43
8. P. Charlton 9. D. Green	Fornham WhiteH	55.55 56.56
10. R. Selby	Exmth	57.25
VETERANS O/40		
1. H. Marsden	Exmth	55.33
2. D. Green 3. R. Selby	WhiteH Exmth	56.56 57.25
4. P. Wright	Wells	57.55
5. D. Francis	Exmth	61.12
VETERANS O/50 1. D. Francis	T	(1.10
2. G. Scott	Exmth Poole	61.12 62.21
VETERANS O/60		
1. T. Povey	Reading	77.52
LADIES		
1. D. Austin 2. M. Bleaken	Bourne Chipp	65.04 68.35
3. Cc. Ballesteros	DomCat	68.52
4. E. Engdahl	Hordon	69.27
5. D. Bidmead 6. J. Robbins O/40	MidMil Ports	72.07 73.15
7. S. Fox O/40	Crewk	78.13
8. E. Green O/50	Wyvern	78.30

#### WASDALE FELL RACE Cumbria AL/21m/9000ft 10.7.99

The 28th Wasdale was run in rain, low cloud and stifling humidity. Seventy two started (half were Veterans). Only fifty one finished and claimed hard-won 1999 certificates. Borrowdale dominated the race comprising Simon Booth, brothers Jim and Andrew Davies with Andrew Schofield. These four, with Andy Trigg, led the field through Greendale but Andrew Schofield and Andy Trigg were three minutes adrift by Seatalan. Andrew Schofield pulled clear by Pillar but ran alone to the finish as the leading three increased their lead through Gable, Andrew Davies dropping back on the haul to Esk Hause. Simon broke clear by two minutes from Jim by the "Pike" and increased this to four minutes at the finish. Martin Davies started slow but passed Andy Trigg by Esk Hause and finished six minutes ahead.

Phil Clarke won the Veteran Over 45 category two minutes clear of Veteran Over 40 winner, Willie Bell. First Veteran Over 50 was John Nixon and John Ely claimed first Veteran Over 55.

The first lady (also first Veteran Over 45) was Wendy Dodds and the first male team was Borrowdale with ten points.

Thanks to all helpers on fell and ground support, Gosforth Ladies for food, Wasdale campsite for facilities and St John's Ambulance for patching up poor Mike Walford. Hope you get well soon, Mike! Joss Naylor broke off sheep shearing to sign certificates and present prizes.

Richard Eastman

1. S. Booth	Borr	3.44.50
2. J. Davies	Borr	3,48,44
3. A. Davies	Borr	3.53.57
4. A. Schofield	Вогг	4.15.12
5. M. Davies	Unatt	4.21.48
6. A. Trigg	Gloss	4.27.34
7. P. Clark	Kend	4.29.20
8. W. Bell	CFR	4.34.41
9. S. Bottomley	Eccles	4.43.54
10. L. Warbuton	Bowland	4.43.57
VETERANS O/40		
1. W. Bell	CFR	4.34.41
2. L. Warburton	Bowland	4.43.57
3. A. Miller	Kend	4.51.29
4. T. Houston	Bowland	4.57.53
5. 1. Harland	Kghly	5.04.35
	1461117	0.0.4.00
VETERANS O/45		
1. P. Clark	Kend	4.29.20
2. G. Hodges	Macc	4.57.27
3. R. James	CFR	5.02.24
4. I. Block	CFR	5.02.38
5. K. Dacre	Kend	5.13.36
VETERANS O/50		
1. J. Nixon	AchRatt	5.15.27
2. P. Cheek	Macc	5.28.18
3. C. Grime	Nestle	6.37.48
VETERANS O/55		
I. J. Ely	CFR	5.43.03
LADIES		
1. W. Dodds	Clay	5.28.19
2. C. Cresswell	Notts	5.31.06
3. K. Mather	Sadd	6.01.52
J. K. Wiatiici	Badd	0.01.32

#### CHARLESWORTH AND CHISWORTH CHALLENGE Derbyshire BS/3m/500ft 10.7.99

A great day, although the scorching heat meant that the course records set by Andy Trigg (19.49), Stella Boam (23.20) and junior Alex Vincent (26.15) stayed intact. A record entry of 83 sweltered as Carnival Queen. Natalie, started the 11th Challenge Race, won by Ged Cudahy, pulling away from Malcolm Fowler in the dash for the final stile in the carnival ground. A strong entry from Glossopdale could not prevent Richard Crossland and David Smith from taking first places in the Veteran Over 40 and Veteran Over 50 categories and it was good to see Wade Cooper, fresh from his success on the Jos Naylor Challenge, take the veteran Over 60 prize.

Jackie Bradwell ran out a comfortable winner amongst the ladies, the real contest being for second place with Leanne Orritt (Under 14) just beating Julie Soboljen to the line. In the Juniors, local James Vincent kept the trophy in the family, his brother Alex having graduated to the seniors. First local man was John Pollard, who has taken the trophy three out of the last four years, with Julie Soboljen taking the prize for the first local lady.

A torn calf muscle two days before the race (it's a silly game - squash!!) limited my involvement somewhat (including running the race itself), but people stepped into the breach and performed brilliantly. A special thanks to North Star Equipment for prizes and to Runners Choice for banners and numbers.

Everyone I spoke to seemed to enjoy it and thought it well worth their trip. Thanks again and I hope to see you at the Millennium Challenge!

#### Bill Deakin

 27 Clares		
1. G. Cudahy	Stock	21.06
2. M. Fowler	Salf	21.17
3. D. Gibbons	Altr	21.56
4. R. Crossland	BfdA	22.07
5. 1. Blanchard	Unatt	22.14
6. D. Ibbetson	Unatt	22.36
7. C. Fray	Macc	23.17
8. M. Doyle	M/cYMCA	23.30
9. A. O'Keefe	GMFire	23.47
10. C. Moriarty	Penn	23.52
VETERANS O/40		
1. R. Crossland	BfdA	22.07
2. A. O'Keefe	GMFire	23.47
3. J. Pollard	Gloss	24.47
VETERANS O/50		
1. D. Smith	Unatt	25.34
2. M. Morrison	Gloss	28.08
3. N. McGraw	Unatt	31.12
VETERANS O/60	C. A.	
	D laurati	27.40
1. W. Cooper	Rucksack Unatt	27.48 32.13
2. D. O'Leary	Unatt	32.13
LADIES		
1. J. Bradwell O/40	Unatt	28.59
2. L. Orritt U/14	Bux	30.53
3. J. Soboljew	Unatt	30.57
JUNIORS U/14		
1. J. Vincent	Unatt	28.57
2. L. Orritt	Bux	30.53



Steve Hawkins leads up the first climb at Turnslack

#### THURLESTONE CHASE Derbyshire BS/4.25m/800ft 10.7.99

The day was screamingly hot and tested all competitors. On seeing Paul Young stretch for the tape with a big smile, I wasn't sure this was the relief of ending a good run in difficult heat or the joy of coming home first!

Strong finishers from the Veteran Over 40 group saw Mark Salkild stroll home in 14.55 with Paul Hands next through in 25.35. Dave Tait and Roger Wallage gave a decent performance with Bob Toogood rounding off the trio in 25.51, 26.02 and 26.15.

Cecelia Greasley came through as first lady home with Kath Drake second. Jackie Welbourne enjoyed the sun (any excuse for a tan!) and strolled home as first Veteran Over 50.

The youth turnout offered some sound competition with Mark Yates and Aidan Gibson first and second in the Under 12s and Heather Melrose and Ruth Beresford striding out for the girls. Mark Buckingham and Lucy Gorman (Under 14s) showed their continued form and potential in 10.42 and 11.55. Paul Yates and Gaynor Cooke cut the tape in the Under 16s. A sound team effort in the organisation and thank you to Paul and Julian Glover for sunning themselves whilst sorting the entries and results. Cheers also to Penistone FPR for behind the scenes work. Next year Thurlestone is 21!!

Simon Rippon

1. P. Young	Hallam	23.40
2. N. Share	Wolv	23.57
3. M. Bishop	Hallam	24.01
4. T. Wright	P'stone	24.11
5. M. Salkild	DkPk	24.55
6. P. Hands	Leic	25.35
7. C. Manthorpe	DkPk	
8. C. Robinson	Woodkirk	25.47
9. D. Tait	DkPk	25.51
VETERANS O/40		
I. M. Salkild	DkPk	24.55
2. P. Hands	Leic	25.35
3. K.Holmes	Unatt	26.27
4. J. Spencer	Hallam	26.46
5. K. Yewlett	HolmeV	26.58
VETERANS O/45		
1. M. Dickinson	P'stone	26.31
2. K. Bowskill	P'stone	26.39
3. B. Innes	P'stone	28.12
VETERANS O/50		
1. D. Tait	DkPk	25.51
2. R. Wallage	DenbyD	26.02
3. B. Toogood	Hallam	26.15
4. R. Futrell	Holm	27.12
LADIES		
1. C. Greasley O/40	Macc	26.30
2. K. Drake O/35	Spen	28.51
3. R. Dorrington	Abbey	29.19
4. D. Young	Hallam	30.25
5. J. Welbourn O/50	P'stone	32.01
6. A. Lindop O/40	P'stone	33.36
7. S. Higham O/45	P'stone	33.45
8. S. Cockerham	Unatt	35.10

#### CRIBYN Gwent AS/5.5m/3100ft 10.7.99

The fifth running of the toughest "short" mountain race in South Wales saw hot sunny conditions and a good turnout for the fourth counter in the 1999 Welsh Championships.

A competitive battle ensued at the front with Colin Donnelly's lead of 40 metres at the first summit being turned into a one minute deficit at the top of Cribyn, thanks to Emlyn Roberts' adventurous new route to Checkpoint 2. However, Colin overhauled Emlyn shortly before the final summit of Pen Y Fan and kept the lead to win by thirty seconds in a new record time. The downhill speed of Chris Taylor was enough for him to snatch first Veteran's place from Adrian Orringe. With only two female runners this year, Victoria Musgrove was an untroubled winner, although well outside the ladies' record.

Thanks to all who came and enjoyed the race, the venue and the weather, especially the Mercian hordes who ventured across Offa's Dyke to use the race in their club championship series. If you haven't tried the race, the course is well worth the trip - make it a summer weekend break in the Brecon Beacons! A junior race to the first summit and back (about 2 miles and 1100 ft) will also take place next year.

Alwyn Nixon

1. C. Donnelly	Eryri	53.13
2. E. Roberts	Eryri	53.39
3. J. McQueen	Eryri	55.41
4. P. Cadman	Mercia	60.39
5. T. Jones	Eryri	62.31
6. A. Jones	Aberdare	62.31
7. J. Bass	ForestD	63.32
8. R. Lamb	Mercia	65.01
9. H. Grubb	NottsUniv	65.21
10. C. Taylor	Mercia	65.37

VETERANS O/40 1. C. Taylor 2. A. Orringe 3. L. Gwillym 4. J. Darby 5. R. Mapp	Mercia MDC MDC MDC MDC Mercia	65.37 66.19 68.46 72.02 72.22
VETERANS O/50 1. B. Martin 2. M. Blake 3. E. Meredith	Amble Eryri MDC	73.06 74.58 80.35
VETERANS O/60 1P. Norman 2. C. Jones 3. J. Carson	Wrex MDC Eryri	83.59 87.47 90.15
LADIES 1. V. Musgrove 2. G. Harris	Eryri Mercia	77.56 87.18

#### BELSTONE/CAWSAND HILL RACE Devon BS/4m/850ft 10.7.99

Kevin Hagley gets his name on the cup for the third time in four years but his 1996 record of 25.53 remains safe. A strong junior run from John Pinn beat veteran, Trevor Dymond, by nearly two minutes. Nice weather added to the tradiitional spectacle.

Phil Haygarth

1. K. Hagley	SWRR	28.26
2. T. Davies	Mercia	29.04
3. D. Eyre	Tavis	29.51
4. P. Wooddisse	Unatt	32.47
5. D. Cousins	Unatt	34.50
6. J. Pinn	Unatt	35.36
7. T. Dymond	SWRR	37.19
8. D. Pinn	Unatt	38.05
9. E. Davies	Mercia	39.16
10. G. Ramel	Unatt	39.57
VETERANS		
1. T. Dymond	SWRR	37.19
2. E. Davies	Mercia	39.16
3. G. Ramel	Unatt	39.57
	Cinati	53.5.
LADIES		
1. S. Abbott O/35	Torring	59.29
2. J. O'Carroll O/35	ErmeV	61.38
JUNIORS		
	***	25.26
1. J. Pinn	Unatt	35.36

#### STICKLEPATH/CAWSAND HILL RACE Devon AS/4m/1150ft 11,7.99

A disappointing turnout for the more varied and scenic ascent of the north east Dartmoor summit, perhaps reflecting some tired legs from the day before.

Kevin Hagley won again, just failing to beat his 1998 record of 29.44. Kevin admitted he could have done a faster time if he had been pushed more by the opposition. It was a pleasure to welcome first veteran, Andrew Hawarth, and first lady, Sue Abbott.

Lack of local knowledge proved an unfair disadvantage for the visitors so next year the organisers will mark the route in and out of the village to help visitors find their way back from the moor.

Phil Haygarth

1. K. Hagley	SWRR	30.04
2. P. Wooddisse	Unatt	37.14
3. J. Pinn	Unatt	38.38
4. D. Pinn	Unatt	41.36
5. A. Hawarth	Clay	52.15
6. S. Abbott	Torring	55.08
7. J. O'Carroll	ErneV	59.54
VETERANS		
I. A. Hawarth	Clay	52.15
LADIES		
1. S. Abbott O/35	Torring	55.08
2. J. O'Carroll O/35	ErneV	59.54
JUNIORS		
1. J. Pinn	Unatt	38.38

#### WHARMTON DASH Lancashire AS/2m/600ft 11.7.99

It was beautiful weather for the crowd assembled in the showground but this made it hot work for the field of runners as they made their way up the steep climb to the summit of Wharmton. The runners had little time to appreciate the slight breeze before turning for the equally steep descent.

Sean Willis won comfortably by almost a minute, whereas Andy Illingworth struggled to hold second place due to a slow

descent but just edged Ray Green into third place. Lisa Lacon had an easier time of it in the ladies' race coming in almost 41/2 minutes ahead of second placed lady, Sue Kiveal.

The hot runners were cooled on their entry back into the showfield as they crossed the river using a variety of swimming strokes.

Jeff Kiveal

1. S. Wilis	Tod	15.25
2. A. Illingworth	P&B	16.27
3. R. Gren	Sadd	16.30
4. J. Gartside	Unatt	16.40
5. C. Davies	Sadd	16.59
6. M. Salkild	DkPk	17.04
7. B. Waterhouse	Sadd	17.13
8. S. Fairbrother	Old	17.20
9. D. Franklin	Sadd	17.59
10. S. Burthem	Warr	18.23
VETERANS O/40		
I. M. Salkild	DkPk	17.04
2. M. Breakspear	Sadd	18.47
3. T. Hargreaves	Stock	18.49
E .		
VETERANS O/45	0.14	16.50
C. Davies     B. Waterhouse	Sadd 17.13	16.59
B. waternouse     D. Overend		19.02
3. D. Overend	Holm	19.02
VETERANS O/50		
<ol> <li>R. Bradley</li> </ol>	Sadd	21.55
2. E. Stacey	Sadd	23.46
3. S. Beresford	Sadd	23.53
VETERANS O/55		
1. P. Jepson	Ross	19.12
2. D. McNeil	Sadd	20.41
3. S. Wilson	SalfMet	24.02
LADIES		
1. L. Lacon	Holm	19.38
2. S. Kiveal	Sadd	24.10
3. J. Barber O/45	Sadd	24.40
4. J. Guest O/45	Sadd	26.19
5. S. Ratcliffe O/40	Sadd	30.10

#### BROOMHEAD CHASE Derbyshire BS/3.5m/800ft 11.7.99

1999 Broomhead Chase did not prove to be uneventful.

One very unfortunate David Griffin injured in the woods (thankfully not seriously), the two leading men taking a wrong turn on the homeward leg and the overall race winner being Dark Peak's leading lady, Jo Smith, taking a further 14 seconds off the ladies' course record set last year by Carol Greenwood.

The conditions were very hot and dry with not a lot of water to negotiate in the two river crossings. Greatest marshalling challenge was for Sue Higham restraining a bottle-reared lamb from joining in the race (and fending off various sheepish comments from a number of runners).

Andy Plummer

nay rummer		
1. J. Smith	DkPk	27.57
2. D. Tait	DkPk	28.28
3. J. Bell	DenbyD	28.43
4. R. Hutton	DkPk	28.53
5. A. Shelbourne	Barns	28.57
6. K. McGrath	DkPk	29.12
7. K. Holmes	DkPk	29.15
8. G. Williams	DkPk	29.35
9. S. Rippon	P'stone	29.48
10. P. Hinchcliffe	Barns	30.36
VETERANS O/40		
I. K. McGrath	DkPk	29.12
2. T. Hargreaves	Stock	31.05
3. M. Goodwin	P'stone	32.15
VETERANS 0/45		
I. K. Holmes	DkPk	29.15
2. W. Gibbins	Unatt	32.04
3. B. Innes	P'stone	32.20
VETERANS O/50	1 1/11/110	02.20
1. D. Tait	DI-DI-	28.28
	DkPk	31.56
2. R. Marlow	DkPk	33.32
3. G. Revell 4. P. McLeod	Bradwell P'stone	33.42
	P Stone	33.42
VETERANS O/55		
1. J. Hewitt	Barns	32.30
2. B. Needle	DkPk	36.46
3. T. Tovey	Barns	40.54
VETERANS O/60		
1. B. Thackery	DkPk	35.11
LADIES		
I. J. Smith	DkPk	27.57
2. J. Welbourne O/50	P'stone	36.16
3. S. Hewitt	Barns	38.11
4. S. Cocklerham	Unatt	38.46
5. J. Swire	P'stone	40.01

#### BOOTLE BLACK COMBE FELL RACE Cumbria AS/5.5m/1900ft 11.7.99

On a beautiful summer's day a good field of 46 runners competed in the Bootle Blackcombe Fell. Alan Bowness led from start to finish for a comprehensive victory. In reaching the summit in 25 minutes, Alan looked set to break Kevin Capper's long-standing course record but a navigational error on the descent cost him dear. On such a beautiful day no one could leave the field disappointed.

W. Todd

1. A. Bowness	CFR	40.53
2. S. Shuttleworth	Amble	44.19
3. H. Jarret	CFR	45.38
4. W. Sullivan	DkPk	47.42
5. G. Crayston	CFR	48.23
6. J. Ritson	Derwent	48.58
7. S. Addison	Clay	49.12
8. M. Addison	Kend	49.52
9. L. Orr	Bowland	50.21
10. P. Stones	CFR	50.56
VETERANS		
I. H. Jarrett	CFR	45.38
2. J. Ritson	Derwent	48.58
3. P. Stones	CFR	50.56
4. M. Berry	BCR	53.49
5. R. James	CFR	55.57
5. R. James	CFR	33.37
VETERANS O/50		
1. P. Dowker	Kend	54.33
2. K. Lindley	BCR	57.04
3. D. Brown	Clay	61.43
4. D. Morgan	CFR	68.12
5. B. Wilkinson	Clay	71.31
6. R. Barrett	Unatt	71.53
LADIES		
1. L. Winder	CFR	61.42
2. L. Buck	CFR	61.49
3. M. Chippendale	Penn	66.14
J. W. Chippendale	I CIIII	00.14

#### STOODLEY PIKE FELL RACE Lancashire BS/3.5m/700ft 13.7.99

After four days of glorious sunshine the runners in this year's Stoodley Pike Fell race were treated to conditions more to their liking. Clouds, cold air and rain. With a high turnout of 239 athletes, registration in the Top Brink Inn was brisk and the race start time had to be delayed.

The front runners set off at a fast pace to avoid the jostling of the main pack. With 700 feet of ascent to tackle, Stephen Hawkins in his first appearance in this race pulled away and was some twenty metres clear breaking out of the quarries onto the skyline. With Gary Devine in second place an interesting 'cat and mouse' contest developed with Dave Lewis lying in third. With Hawkins pushing on hard towards the Pike, former National Cross Country Champion, Lewis, (wearing road flats) reeled in Devine and established a 50 metre advantage.

Former British Fell Champion Devine countered, rounding the Pike and charging past Lewis down the steep front face. Sprinting along London Road Devine had earned a small but precious lead over Lewis, but could not catch Hawkins. Hawkins, untouchable in this form and unaware of the battle behind, was soon bursting through Mankinholes and into the meadow to claim his first Stoodley Pike Race in a time of 17.19 (30 seconds outside the record).

Meanwhile, the faster man Lewis had moved past Devine along the cinder lanes only to go sprawling full length on the entry to the finish field. Lewis happily recovered, but was unable to catch Devine in the chase to the line.

A strong showing from Gary Oldfield following in fourth position, Graham Patten (6th) and Jason Helmsley (19th) from Pudsey and Bramley allowed the Yorkshire club to retain the team prize. Mark Horrocks was fifth and finished in seventh.

A strong club showing from Rossendale with five runners in the top twenty and making up a tenth of the entire race entry, was evidence of well contested internal club championship. The race was also the 7th counter in the South Pennines Grand Prix Fell Series.

In the women's race, veteran Vanessa Peacock finished in first position (65th overall) with a two and a half minute lead over Sue Becconsall (122nd) The women's team prize went to Clayton le Moors with Vanessa Peacock (65th), Susan Middleton (200th) and Tracey Targett (219th).

First local prize went to Chris Juckes in 103rd position. First Under 18 Male prize went to Chris White with the First Woman Under 18 Prize going to Alison Etherden.

The presentation of the prizes was held in the Top Brink. Race Organiser Mark Anderton thanked Martin and Mark Ashton and the bar staff at the Brink, St Johns Ambulance, Joan Fielden for the use of the finish field and car park field, Todmorden Police and the large number of marshals. Funds were sent to support Greenpeace's Environmental campaigns. Mark Anderton

1 C 11 1	D'	17.10
1. S. Hawkins	Bing	17.19
2. G. Devine	P&B	17.45
3. D. Lewis	Ross	17.47
4. G. Oldfield	P&B	18.10
5. M. Horrocks	Clay	18.20
6. G. Patten	P&B	18.35
7. S. Willis	Tod	18.45
8. M. Lee	Ross	18.48
9. R. Lawrence	Bing	18.54
10. J. Cookson	Sale	18.57
VETERANS O/40		
1. P. Taylor	Ross	19.52
2. R. Hamilton	llk	20.17
3. D. Schofield	21.27	
4. B. Horrocks	Clay	21.27
5. B. Horsley	CaldV	21.31
VETERANS O/50		
I. K. Payne	Stubb	20.54
2. J. Holt	Clay	21.29
3. K. Taylor	Ross	21.37
4. J. Dore	Roch	22.31
5. R. Poulter	Tod	23.10
LADIES		
1. V. Peacock O/45	Clay	22.32
2. S. Becconsall O/40	Tod	25.00
3. J. Platt	Radc	25.40
4. K. Taylor O/40	Ross	26.35
5. L. Robson	Clay	26.38
6. L. Hayles O/40	Hfx	26.43
-		
JUNIORS U/17	_	
1. C. White	Ross	21.24
JUNIORS U/16		
1. T. Cheesewright	Unatt	23.19
HINDORGHUE		
JUNIORS U/15	***	22.24
1. P. Frechette	Unatt	23.34

#### BAMFORD CARNIVAL FELL RACE Derbyshire BS/4.5m/1000ft 14.7.99

Don't you just hate it when a race changes its route and you lose the opportunity to compare your time with those of previous years? Well we do too, so we were very disappointed when the Police requested we change our course after 30 years. It appears however they may have done us a favour, as the new route from the recreation ground in Bamford to the top of Win Hill and back has been very well received. There were 276 runners in the field (up from 239 in 1998) and we were particularly pleased to have attracted 56 Dark Peak Runners to the second race on the new course. There were new course records for Ged Cudhay and Jo Smith.

Prizes for Under 19s were introduced to encourage the youngsters which seemed to work well and at the other end of the spectrum prizes for the SSV will be reinstated in 2000.

#### Peter Mackey

1. G. Cudahy	Stock	28.23
2. S. Penney	Chest'field	29.22
3. M. Bishop	Hallam	29.24
4. L. Taggart	Bux	30.10
5. M. Haymann	DkPk	30.13
6. A. Ward	DkPk	30.16
7. K. Saville	DkPk	30.18
8. A. Sealy	DkPk	30.36
9. M. Wilson	Hallam	30.42
10. N. Bassett	StaffsM	30.49
VETERANS O/40		
1. M. Salkild	ÐkPk	30.57
2. S. Entwisle	Gloss	31.50
3. D. O'Brien	Bux	31.59
4. D. Allen	DkPk	32.30
5. T. Hargreaves	Stock	32.40
VETERANS O/50		
1. D. Tait	DkPk	32.09
2. R. Wallage	DkPk	32.37
3. S. Brister	Matlock	33.22
4. H. Todd	SteelC	33.23
5. A. Harmer	DkPk	35.12
VETERANS O/60		
1. J. Dearden	Helsby	40.15
2. G D Wracc	Hallam	44.44
3. D O'Leary	ManchYMCA	45.18
4. M. Roberts	Bing	46.25
LADIES		
1. J. Smith	DkPk	31.30
2. E. Batt	Bux	35.30
3. E. McGuire	Stock	35.41
4. W. Reothenbaugh	SheltStr	36.14
5. J. Smith O/35	DkPk	36.36
6. P. Leach	DkPk	37.00
7. M. Edgerton	Unatt	37.45
8. D. Pelly O.35	DkPk	38.04

JUNIORS U/19		
I. M. Bishop	Hallam	29.24
2. R. Jones	Unatt	33.16
3. S. Smith	Hallam	34.17
4. C. Young	Matlock	34.19
5. S. Evison	Hallam	34.23

#### BULL HILL FELL RACE Lancashire BS/5.5m/830ft 15.7.99

Radcliffe A C staged their first promotion on the fells following on from their successful road and trail races. Due to the late decision to stage the race, it was not possible to include the event in the fell calendar but following the publicity at local races, 43 runners turned up to run a varied course over Bull Hill starting from Hawkshaw.

James Logue proved to be a convincing winner from Martin Lee and John Cookson. The three were together at Bull Hill trig point following the climb alongside Red Brook before the winner pulled clear in the later stages to record a time of 34 52

Lucy Whittaker won the ladies' category - placing 18th over-

Thanks to the landlord of the Wagon & Horses, the local landowners and all the runners who took part in the race.

#### Peter McNulty

1. J. Logue	Horw	34.52
2. M. Lee	Ross	35.43
3. J. Cookson	Sale	36.06
4. R. Owen	Eryri	37.43
5. N. Hatchard	Ross	37.45
6. B. Mitchinson	Ron Hill	39.56
7. K. Fairbrother	Unatt	40.20
8. M. Aspinall	Bury	40.35
9. R. Parris	Swinton	40.59
10. D. Archer	Bury	41.03
TIPTED AND OUT		
VETERANS O/40	**	40.05
1. M. Griffiths	Unatt	40.35
VETERANS O/45		
1. G. Corless	ManchYMCA	45.16
VETERANS O/50		
1. A. Healey	Unatt	46.44
VETERANS O/55		
I. M. Aspinall	Bury	43.45
1. M. Aspinan	Dury	75.75
VETERANS O/60		
I. I. Turnbull	Bury	52.54
LADIES		
I. L. Whittaker	Sadd	44.20
2. M. McClelland	Swinton	44.38 57.39
3. M. Dunn	Swinton	62.52
M. Dunn     J. Thomas O/40	Swinton	68.41
4. J. Thomas U/40	SWINTON	08.41

#### WHALEY BRIDGE FELL RACE Derbyshire BM/6.8m/1000ft 17.7.99

Dale Gartley and Steve Penney were neck and neck throughout the race and inevitably the race was won with a sprint finish which seemed to last for the last visible half of the race.

The result, first place and a new course record for Dale.

The ladies' race was fought equally hard with the previous course record holder, Estelle McGuire, pushing Rachel Pleeth all the way. Rachel finished the strongest and once again the course record went.

#### Ralph Pettengell

1. D. Gartley	Gloss	45.33
2. S. Penney	Chest'field	45.34
3. A. Carruthers	Crawley	46.57
4. L. Footit	Bux	47.58
5. J. Chambers	NDerby	48.09
6. T. Hargreaves	Stock	49.01
7. J. Kershaw	Macc	50.13
8. K. Holmes	Unatt	50.25
9. T. Longman	Macc	51.23
10. D. Soles	DkPk	52.23
EUROPER A NIC O (40		
VETERANS O/40		
1. T. Hargreaves	Stock	49.01
VETERANS O/50		
1. J. Kershaw	Macc	50.13
LADIES		
1. R. Pleeth	Macc	52.57
2. E. McGuire	Stock	53.11
3. J. Smith O/40	DkPk	55.49
4. K. Mather	Sadd	56.16

#### KINNISIDE FELL RACE Cumbria AM/9m/3000ft 17.7.99

Sadly, the glorious five year run of sunny Kinnisides gave way to low cloud and the odd shower. Local boy, Martin Amor, led the field out of the showfield to applause from his own townfolk. Borrowdale raider, Andrew Davies, along with Martin's fellow blue n' white, Brian Thompson, were out to make him work for any rewards. The first smoke signals back from the fellsides told the good folk of Cleator Moor that their man had forged clear of Messrs Davies and Thompson, and was looking the part. Equally impressive at this stage was the classy Angela Brand-Barker who had eased clear of a determined quartet of CFR girls, who were to wage their own little "war" later.

On the wide open descent from the third checkpoint on Blakeley Raise, one or two competitors looked set to visit a bit more of West Cumbria than they had initially set out to do! However, some time later, it was to be the strong running Amor who darted down off Dent Fell to the showfield for his Amor who darted down off Dent Fell to the showfield for his front-running victory. Davies got the better of ex-Kinniside winner. Thompson, to take the runner-up, with Steve Holliday first Veteran Over 40. Mike Litt, the first Veteran Over 50 made the top ten with a fine run. Brand-Barker comfortably secured the ladies' honours finishing well up the order in 16th. A trio of girls from the host club, CFR, all hit the some straight within yards of each other, with Lesley Benn just prevailing for 32nd overall.

The 16 runner junior race was a mighty interesting affair with the plaudits going to young Matthew Stuart (13) who held off Simon Clifford. Matthew is the son of the man himself, Kenny Stuart, and is making very, very nice progress under mum's (Pauline) and dad's watchful eyes! First girl was Sarah Clifford who outgunned Matthew's sister, Emma. A great race

tl	ne crowds!		Irvine Bloc
	1. M. Amor	CFR	1.09.57
	2. A. Davies	Воп	1.11.44
	3. B. Thompson	CFR	1.13.46
	4. G. Ayers	Unatt	1.18.47
	5. B. Taylor	CFR	1.20.28
	6. R. Mossop	CFR	1.20.36
	7. S. Holliday	CFR	1.21.56
	8. D. Tyers	CFR	1.23.11
	9. A. McGreen	CFR	1.23.30
	10. M. Litt	CFR	1.23.38
	VETERANS O/40		
	1. S. Holliday	CFR	1.21.56
	2. K. Smith	CFR	1.24.03
	3. P. Stones	CFR	1.26.49
		CFR	1.42.45
	4. S. Johnstone		
	5. S. Murray	CFR	1.51.19
	VETERANS O/45		
	1. R. Davidson	CFR	1.25.53
	2. J. Edwards	CFR	1.35.02
	3. A. Kenny	AchR	1.37.59
	4. T. Lowden	CFR	1.45.54
	VETERANS O/50		
	1. M. Litt	CFR	1.23.38
	2. B. Davis	CFR	1.42.45
	3. B. Chester	Chor	1.46.52
	VETERANS O/55		
	1. B. Johnson	CFR	1.53.04
	2. D. Morgan	CFR	1.57.03
	_	CIK	1.57.05
	VETERANS O/60	Dallan.	1.52.44
	1. H. Catlow	Dallam	1.52.44
	LADIES		
	I. A. Brand-Barker	Kesw	1.28.46
	2. L. Benn	CFR	1.48.16
	3. L. Winder	CFR	1.48.28
	4. L. Buck	CFR	1.48.28
	5. B. Banks	CFR	1.49.36
	JUNIOR 18		
	D. Block	Unatt	1.30.15
	JUNIORS U/14 & U/16 -	- 1.25 miles	
	I. M. Stuart	Kesw	10.59
	2. S. Clifford	CFR	11.15
	3. R. Lightfoot	CFR	11.17
	4. C. Hindmoor	CFR	11.33
	5. A. Winder	CFR	11.46
	6. R. Elliott	CFR	11.46
	7. D. Hawley	CFR	12.22
	8. S. Clifford	CFR	12.47
	9. E. Stuart	Kesw	12.47
	7. L. Buart	120433	14.77

#### **MELANTEE** AS/3.5m/1500ft 17.7.99

MEN (3.5m, 1500ft; in	c. British char	nps race 4 of 6)
1, G. Bland	Borrow	27.48 (rec)
2. 1. Holmes	Bing	27.55
3. R. Jebb	Bing	28.16
4. S. Booth	Вогтом	29.19
5, R. Hope	P&B	29.34
6. J. Davies	Borrow	29.49
7. P. Sheard	P&B	30.10
8. G. Devine	P&B	30.39
9. M. Roberts	Borrow	30.42
10 B Ervine	B'drain	30.45

- HAR

11. A. Schofield	Воггом	30.51
12. J. McQueen	Eryri	31.01
13. R. Lawrence	Bing	31.14
14. J. Bland	Borrow	31.17
15. G. Oldfield	P&B	31.20
16. H, Lorimer	HBT	31.36
17. D. Neill	Mercia, M40	31.39
18, N. Raitt	Dund H	31.42
19. A. Ward	Carn	31.46
20. D. Whitehead	Cosmic	31.50
VETERANS O/40		
2. M. Laing	Fife	35.56
3. A. Beaty	CFR	32.58
4. H. Jarrett	CFR	34.07
5. J. Duncan	Cosmic	34.31
6. J. Blair-Fish	Carn	35.05
VETERABS O/50		
1. D. Tait	Dark Peak	33.08
2. T. Hesketh	Horw	34.14
3. J. Patterson	Albert	34.24
4. J. Holt	Clay	35.18
5. R. Wilby	H'land	35.25
TEAM: Borrowdale 31		
O/40 TEAM: Cumberla	ind Fell Runners	155
LADIES		
1. A. Mudge	Carn	33.44 (rec)
2. N. Davies	Borrow	35.16
3. H. Johnson	Ilk	37.32
4. J. Lloyd	Eryri	38.48
5. K. Jenkins	Carn	38.55

#### **MOEL SIABOD** Conwy AM/6.2m/2300ft 17.7.99

TEAM: Carnethy 22

A total of 73 runners participated in this year's race. The weather was overcast, mild and misty on the summit with drizzle and light rain later. This year the runners went through the forest and back down the outside. In the race there was a titanic struggle between Colin Jones and Colin Donnelly with C.J.'S younger legs just managing to hold off C.D. to win by six seconds.

I would also like to thank everyone who provided assistance on the day and also the sponsors - Cotswold, Climber and Rambler, Outside, Cobdgns Hotel, Running Bear and Ellis

igham.		R. Powe
1. C. Jones	Eryri	48.44
2. C. Donnelly	Eryri	48.50
3. G. Owen	Eryri	53.02
4. A. Haynes	Eryri	55.16
5. S. Forster	Unatt	55.39
6. T. Jones	Eryri	56.07
7. D. Williams	Eryri	56.29
8. S. Ellis	Tatt	59.20
9. B. Wells	NWRRC	59.24
10. R. Salmon	Viking	59.38
VETERANS O/40		
1. G. Owen	Eryri	53.02
2. A. Haynes	Eryri	55.16
3. B. Wells	NWRRC	59.24
VETERANS O/50		
1. D. Williams	Eryri	56.29
2. D. Whiteside-Thomas	Eryri	60.14
3. D. Ormerod	MDC	63.53
4. M. Rasganski	Head	64.34
5. M. Williams	Eryri	67.53
VETERANS O/60		
1. C. Jones	MDC	76.24
2. J. Carson	Eryri	77.20
3. S. Winstanley	Eryri	82.56
LADIES		
1. A. Wood	Unatt	69.32
2. E. Dunnington	Eryri	71.10
3. L. Kendall	Unatt	71.36
4. G. Harris O/40	Mercia	74.53
5. P. Philips	Highs	76.49
6. A. Donnelly	Eryri	77.35
7. J. Robertson	Spectrum	81.10
8. M. Spurling	Shrop	91.25
JUNIORS		
1. G. Williams U/16	Eryri	24.07
2. D. Wyn Jones U/16	Unatt	27.26
3. J. Bunton U/14	Gryrz	30.43

#### INGLEBOROUGH FELL RACE **North Yorkshire** AM/7m/2000ft 17.7.99

1. M. Croasdale	Bing	45.40
2. M. Horrocks	Clay	47.03
3. S. Livesey	Clay	48.39
4. S. Culshaw	Unatt	49.11
<ol><li>M. Sandamas</li></ol>	Kghly	50.25
6. W. Sullivan	DkPk	50.57
7. A. Shaw	Holm	51.01
8. A. Black	Clay	51.02
9. A. Leck	LancM	51.21
10. A. Payne	Clay	51.59

VETERANS O/40		
1. B. Whitfield	D:	52.01
	Bing	53.01
2. D. Waterworth	Unatt	54.28
3. L. Hill	Dumfries	54.49
4. J. Quing	Kend	54.54
5. B. Horrocks	Clay	55.43
VETERANS O/50		
1. M. Walsh	Kend	52.19
2. K. Payne	Unatt	55.59
3. P. Aldersley	Unatt	56.27
4. J. Hoffman	BfdA	58.03
<ol><li>B. Brecknell</li></ol>	Clay	59.04
VETERANS O/60		
1. J. Baker	Clay	66.52
2. B. Pycroft	FRA	72.25
3. B. Smith	Clay	73.08
LADIES		
1. J. Prowse O/45	Kghly	58.17
2. C. Young O/35	Leeds	59.57
3. E. Tomes O/35	Kghly	61.47
4. T. Carney O/35	Dews	62.16
5. A. Martin O/35	Unatt	65.38
6. J. Taylor O/35	LancM	67.11
7. L. Hayles O/45	Hfx	67.57
8. A. Hall O/35	Abbey	71.09
INTERMEDIATES	, and the second	
1. A. Godwin	Unatt	28.47
2. I. Harvey	Tod	28.55
3, M. McCabe	Unatt	31.49
4. J. Davies - Girl	Nestle	33.15
5 Shepherd - Girl	Settle	36.24
JUNIORS		
1. R. Parker	LancM	29.08
2. L. Banks	Unatt	30.24
3. D. Shepherd	Settle	31.32
*		

#### OLDFIELD GALA FELL RACE West Yorkshire BS/3m/500ft 18.7.99

This year's Oldfield Gala race saw a record number of runners. The excellent weather and conditions underfoot made for some very exciting racing with the top five only seconds

Thanks to Todmorden Harriers for their massive veterans' turnout.

All the money from entry fees and the gala goes to local cha ses and

the money from entry fees and the ga	
arities and good causes. So, thanks again t	
supporters - see you next year. Cheers!	Colin Mo.
1. D. Brame	25.08
2. C. Smith	25.26
	25.34
4. L. Hellawell	25.40
5. W. Smith	25.57
6. B. Schofield	26.07
7. A. Horsfall	26.27
8. C. Robinson	26.33
9. M. Smith	26.42
10. S. Anderton	27.00
VETERANS O/40	
1. J. Butler	25.34
2. D. Collins	27.26
3. E. Hastings	27.49
4. I. Robotham	27.54
	27101
VETERANS O/45	20.42
1. N. Bland	29.42
2. B. Crewdson	29.54
3. 1. Smith	30.10
4. I. Goodyear	30.16
VETERANS O/50	
1. B. Schofield	26.07
2. S. Thompson	29.07
3. A. Mellor	29.14
4. P. Barlow	30.20
VETERANS O/55	
1. M. Coles	30.34
2. J. Devlin	33.13
3. S. Wilson	34,44
VETERANS O/60	
	34.09
1. E. Blamrie	34.09
LADIES	
1. C. Tompkinson	27.24
2. J. Prowse O/45	28.00
3. N. White	29.29
4. S. Corbin	29.30
5. S. Becconsall O/40	30.00
6. S. Taylor	30.18
JUNIORS U/14	
1. S. Clegg	15.45
2. M. Smith	15.56
3. J. Weedon	18.31
4. S. Slater - Girl	19.15
5. B. Adamson	20.01
6. S. Clegg - Girl	24.00
JUNIORS U/12	
1. S. Carnegie	9.34
2. C. Clegg	9.48
3. R. Hellawell - Girl	11.13
4. A. Hindle - Girl	11.14
5. V. Kelly - Girl	11.15
6. A. Hewitt	11.16

#### MONKS MOOR FELL RACE Co Durham AM/13.5m/3400ft 18.7.99

This is another new race in Teesdale to add to the calendar. As all the runners will testify, a real tough event climbing over the hills above Middleton-in-Teesdale. Probably one of the hardest events in the North East and definitely an A category.

The winner of the first event and, therefore, holder of the new course record was Joe Blackett. Joe showed his class in the race by leading right from the start. At the Eggles Hope Burn checkpoint after the first climb over Monks Moor, Joe was nearly a minute clear of his clubmate, Gary Burnip, and going as if he meant business. From here on, he was on his own, even when he passed through the Eggles Hope checkpoint for the second time, he was on his own - there was no marshal! I was out collecting markers and didn't see him coming back! At the finish Joe was over five minutes clear of the second placed runner to win quite decisively.

Behind Joe things were moving round quite a bit. Second on the first time into the Eggles Hope checkpoint was Gary Burnip closely followed by Steve Lumb. On the long run over to Hudes Hope Beck and back, Steve managed to get in front of Gary and once there, opened a gap and kept it, coming home second overall and first Veteran Over 40. Gary appears to have suffered on the climbs to Hudes Hope and back dropping back down to fifth on the second passing of Eggles Hope before recovering on the reverse climb of Monks Moor to win back the third position.

First Veteran Over 50 home was Andrew Laybourn in 17th overall. Andrew unfortunately didn't make the pub afterwards. I'm beginning to think that the Evenwood lads must be teetotal. Anway, Andrew, if you're listening I've got a bottle of wine for you - collect it at the next race!

The ladies race was a bit short of competition with only two entries who were both lady veterans. Through I still managed to mess it up a bit by giving Denise Tunstall the senior ladies' prize and Jan Young the lady veterans' prize. I hadn't realised that Denise had changed to the veteran category until she pointed it out to em afterwards. Anyway, they both got a bottle of wine and, believe me, they deserved it. Denise was the first lady home and therefore holds the course record.

 interest in the same there	orore mores the	course record.
1. J. Blackett	Mand	1.48.29
2. S. Lumb	Quak	1.53.44
3. G. Burnip	Mand	1.54.51
4. K. Maynard	Ouak	1.55.58
5. P. Gaines	Tyne	1.56.25
6. M. Mallen	Crook	1.58.15
	NFR	2.04.37
8. T. Young	Elvet	2.06.36
9. R. Maynard	Quak	2.10.41
10. T. Moss	Mand	2,10.51
VETERANS O/40		
1. S. Lumb	Quak	1.53.44
2. K. Maynard	Quak	1.55.58
3. M. Mallen	Crook	1.58.15
VETERANS O/50		
1. L. Stephenson	Kend	2.26.10
2. N. Dyson	Mand	2.35.27
3. R. Stevenson	Mand	2.42.47
LADIES		
1. D. Tunstall O/35		2.30.34
2. J. Young O/35	Elvet	2.50.45
		210 01 10



Paul Sheard, first England B home at Snowdon
Photo: Stewart Gregg

#### DUPONT ROSEBERRY TOPPING RACE Cleveland AS/1.5m/715ft 20.7.99

Another hot finish with Merv Burn closing down Ian Ellmore over the last half mile to catch him at 10 metres out and dip on the line. Ian had the consolation of being the first veteran male. In the Over 50s men, Barry McDonald who had to be persuaded not to go for a training run and do the race instead by his "other half", ran out a winner. Ron Sherwood on the other hand had his seventh straight win this summer in the Over 60 category. Kendra White actually arrived ten minutes early for this event and had a really good night to win in confident manner. Sandra Jemson had an excellent run coming second overall and winning the veteran's race. Maureen Gibbs equalled Ron Sherwood is also winning her seventh straight race this summer. Well done all competitors for another good night!

#### David Parry

1. M. Burn	ThirskS	12.22
2. I. Ellmore	Scarb	12.22
3. J. Rogers	EHull	12.28
4. M. Wynne	Salt	12.50
5. R. Burn	ThirskS	12.51
6. G. Barnes	Mand	13.10
7. R. Pollard	Mand	13.11
8. I. Hodgson	Mand	13.15
9. S. Mechie	ThirskS	13.23
10. P. Kelly	Darl	13.24
VETERANS O/40		
1. I. Ellmore	Scarb	12.22
2. R. Burn	ThirskS	12.51
3. R. Pollard	Mand	13.11
4. P. Kelly	Darl	13.24
5. M. Garratt	Mand	14.23
VETERANS O/50		
1. B. McDonald	Mand	15.36
2. G. Dixon	Mand	15.57
3. A. Wikeley	ThirskS	15.58
4. M. Shaw	Mand	16.07
5. J. Kettle	NMarske	16.25
VETERANS O/60		
1. R. Sherwood	NMarske	16.02
LADIES		
I. K. White	Morpeth	16.55
2. S. Jemson O/35	NMarske	17.58
3. S. Gayter	NMarske	18.27
4. S. Rouse	Elvet	18.43
5. M. Gibbs O/50	ThirskS	19.44

#### BLISCO DASH Cumbria AS/5M/2000FT 21.7.99

Probably the world's toughest race! Well O.K! Maybe not but it's certainly a gem of a course mixing crag, bog, steep fell and road and all for a few cans of beer and a good crack. Not bad for a pound!

Gavin Bland did just enough to hold off Stephen Savage and a posse of his Ambleside mates - not forgetting Nick Sharp in third and Louise Osborn, first lady.

They all took the novel prize-giving in good part, watching last man, Tom Shiels, walk off with most of the beer. Next year we'll do something different again.

Many thanks to Neil Walmsley and Ivor at the Old Dungeon Ghyll Hotel and Garf, Tracey and Chris for all their help.

#### Selwyn Wright

1. G. Bland	Borr	41.22
2. S. Savage	Amble	41.44
3. N. Sharp	Kesw	41.47
4. N. Ashcroft	Amble	41.50
5. S. Stainer	Amble	41.57
6. S. Shuttleworth	Amble	43.36
7. A. Ward	DkPk	43.48
8. G. Sumner	Ross	43.55
9. P. Whiting	Kend	45.52
10. P. Singleton	Unatt	45.56
VETERANS O/40		
1. P. Wwhiting	Kend	45.52
2. P. Tuson	Kend	47.31
3. L. Warburton	Bowland	49.19
VETERANS O/50		
1. P. Dowker	Kend	53.25
2. G. James	B'pool	54.11
3. D. Ablitt	Amble	58.20
LADIES		
1. L. Osborn	Kesw	52.07
2. K. Rogan	Wharfe	56.28
3. S. Clough	Amble	58.01
4. J. Laverack	Amble	60.00
JUNIORS		
1. S. Savage	Amble	41.44
2. L. Leishman	Ross	55.52
3. K. Rogan	Wharfe	56.28
_		

# WIDDOP FELL RACE West Yorkshire BM/7m/1200ft 22.7.99

I. A. Payne	Clay	52.15
2. M. Wallis	Clay	52.56
3. A. Black	Clay	53.02
4. W. Sullivan	DkPk	53.43
5. D. Gregory	Clay	54.18
6. A. Shaw	Holm	54.25
7. A. Clark	CaldV	54.52
8. A. Preedy	Ross	55.07
9. T. Waterworth	Clay	55.11
10. D. Naughton	Acc	55.28
VETERANS O/40		
I. M. Wallis	Clay	52.56
2. S. Gelsthorpe	StBedes	55.59
3. S. Roberts	Unatt	57.27
4. J. Barker	Roch	60.24
5. J. Pickup	Clay	60.30
VETERANS O/50		
1. B. Mitchell	Clay	59.42
2. B. Hunter	Holm	68.25
3. R. Wilkinson	Clay	70.26
4. J. Devlin	FRÁ	70.29
5. P. Marshall	Tod	70.36
VETERANS O/60		
1. R. Jaques	Clay	66.17
2. M. Houghton	Chor	69.13
3. G. Arnold	Prest	72.10
LADIES		
1. J. Smith O/40	Bing	66.27
2. J. Rawlinson O/45	Clay	67.43
3. J. Hodgson	Sadd	70.10
4. D. Robson	Clay	71.54
		7.1.0

#### INTERNATIONAL SNOWDON FELL RACE Gwynedd AM/10m/3250ft 24.7.99

For the first time in many years the 24th International Snowdon Race was held on a hot sunny day. Martin Cox soon set the pace and repeated his 1998 run by reaching the summit first. The steady uphill climb by Neil Wilkinson and his fast descent proved vital and was a clear winner, with past winner lan Holmes, finishing second almost two minutes behind.

The men's International team was won by England with Wales 2nd and Scotland 3rd.

The ladies' race was won by Helen Johnson of England. England took the team prize followed by Scotland and Wales.

#### Ken Jones

24	JUMES		
	1. N. Wilkinson	Scotland(Int)	1.05.51
	2. I. Holmes	England A(Int)	1.07.33
	3. M. Fogu	Italy(Int)	1.08.01
	4. A. Bowness	England A(Int)	1.09.03
	5. M. Croasdale	England A(Int)	1.09.28
	6. C. Roberts	Kend	1.09.36
	7. P. Sheard	England B(Int)	1.10.52
	8. E. Roberts	Cymru(Int)	1.10.55
	9. B. Novak	Solvenia(Int)	1.11.24
	10. J. McQueen	Cymru(Int)	1.11.50
	VETERANS O/40		
	1. M. Davies	Stroud	1.18.48
	2. D. Armitage	Unatt	1.20.12
	3. S. Williams	Salf	1.20.23
	4. T. Greenwood	B'burn	1.21.43
	5. B. Horrocks	Clay	1.23.14
	VETERANS O/45		
	1. P. Jones	Eryri	1.22.47
	2. A. Steele	Radc	1.25.06
	3. S. Littlewood	Mercia	1.29.02
	4. G. Watson	DundeeHH	1.29.14
	5. A. Hall	PortsJ	1.29.26
	VETERANS O/50		
	1. D. Williams	Eryri	1.21.02
	2. D. Kearns	Bolt	1.28.18
	3. B. Davies	CroftA	1.29.34
	4. D. Thomas	Eryri	1.30.01
	5. K. Burgess	Altr	1.30.21
	LADIES		
	1. H. Johnson	England(Int)	1.25.47
	2. S. Bretherick	Cymru(Int)	1.26.59
	3. K. Slater	England(Int)	1.27.25
	4. K. Jenkins	Scotland(Int)	1.27.38
	5. M. Trobec	Solvenia(Int)	1.31.35
	6. J. Lloyd	Cymru(Int)	1.31.38
	7. M. Creber	Scotland(Int)	1.31.39
	8. J. Smith	DkPk	1.31.52

#### TURNSLACK FELL RACE Lancashire AM/8m/2000ft 24.7.99

This race over the Southeast Lancashire Pennines developed into a duel between two Yorkshiremen, Gary Devine and Steve Hawkins. The Bingley Harrier led the initial charge out of the sportsfield and up onto the moors, but then took a tumble on one of the short, sharp descents leading out to Turn Slack and Crook Moor, allowing Devine to move into the lead. Gary then led Steve over virtually the whole of the outward north-westerly route to just before Trough Edge End trig point, where the latter forged ahead once more, prior to the fast descent to Ramsden Clough Reservoir. Beyond here are two punishing climbs and some rough trackless moorland before the final descent is reached, but Hawkins did not falter and in fact stretched his lead to almost three minutes by the finish, where he arrived with a time of 59.22, nearly six minutes outside his own record (53.43: 1992), though not a bad time considering the very warm conditions.

There were some outstanding veteran achievements, with Steve Oldfield losing out by 29 seconds for 3rd place to nephew Gary but compensating for this by claiming the first O/40 prize in 4th position, while Tony Hesketh turned in his usual strong performance to come home first O/50 in 8th. Doug Brown, another prolific prizewinner in his age group, just got inside the first 100 finishers (there were five retirements out of 170 starters) to lift the O/60 award in 99th position, with the evergreen local stalwart Derek Clutterbuck taking the O/65s in 150th.

The high-promising Sheffield lass, Jo Smith (23), raised a few eyebrows by storming home in 15th position (69.00), almost 13 minutes in front of the second lady, Sally Newman (Glossopdale), who was also the first O/35 in a highly-creditable 32nd position. When a spectator offered encouragement to Jo Smith on the last stretch of moorland, Great Hill, where many competitors were flagging, she gave a relaxed grin and said, "I'm enjoying this!"

Organiser Kevan Shand has flagged this course himself throughout the race's 22 year duration and also ran in the first 15 events. Now 49, he reckons the task is "getting a bit harder now," though he is still lean and fit from his cycle racing which has replaced his fell running due to injury problems.

#### Bill Smith

1. S. I	Hawkins	Bing	59.22
2. G.	Devine	P&B	62.20
	Oldfield	P&B	63.08
	Oldfield	BfdA	63.37
5. S.	Thompson	Clay	63.48
6. D.	Keeling	Traff	66.16
7. R.	Crossland	BfdA	66.28
8. T. l	Hesketh	Horw	66.35
9. A.	Carruthers	Crawley	66.47
10. D.	Gartley	Unatt	66.56
VETE	RANS O/40		
	Oldfield	BfdA	63.37
2. R.	Crossland	BfdA	66.28
3. T.	Taylor	Ross	67,25
	RANS O/45	Hfx	71.40
	Greenwood	Hfx	71.40
	Grimes Schofield	Ross	73.24
3. D.	Scholleid	ROSS	13.24
	RANS O/50		
	Hesketh	Horw	66.35
2. J. F	Holt	Clay	71.34
3. B.	Rawlinson	Ross	72.03
VETE	RANS O/55		
1. P. I	Blagborough	Sadd	83.41
2. P. J	epson	Ross	85.05
3. R.	Wignall	Altr	91.05
VETE	RANS O/60		
	Brown	Clay	86.09
	Tunstall	Helsby	87.28
	Dearden	Clay	90.17
		City	70.17
LADII		n.i.m.	40.00
1. J. S		DkPk	69.00
	Newman O/35	Gloss	72.59
	Drake O/35	Spen	78.50
	McCarthy	Helsby	78.58
	Rawlinson O/45	Ross	84.48
	Martin O/35	Clay	85.32
	Norris O/45	Horw	85.54
8. S. I	McNulty O/50	Radc	87.11



Jim Smith (Todmorden) and Jim Godwin (Rossendale) at Turnslack Photo: Steve Bateson

#### JACK AND JILL CHALLENGE West Sussex BS/5.5m/1100ft 25.7.99

The 5.5 mile "Jack and Jill" race, one of only a few registered fell races in the south started at 11.30 when the heat was at its worst

The early climb to the windmills which gave the race its name soon spread the field, the early leaders being Tony Byrne, new to the event, and two past winners. Henry Mountcastle and Bob Eade, accompanied by Richard Carter.

This group stayed together on the steep shale path decent of the "Tank Track" but on the second long climb of the Downland North scarp to Keymer Post, Byrne pulled away to a 30-second lead which he held to the finish. A desperate sprint for second place saw Mountcastle just edge out Eade, although they were given the same time. Consolation for Eade was the first Veteran Over 40 prize - some salve for a badly twisted ankle on the final descent.

In the ladies' race, Katy Oxborrow drew away from second placed Jacqueline Richardson on the long descent from Keymer Post to the finish. Slower times were recorded in all categories than in 1998 when the course records of 31.12 and 36.05 for men and ladies respectively were set, due to the extreme heat which held at 30 degrees throughout the race.

#### Dave Dalziel

1. T. Byrne	Unatt	33.20
2. H. Mountcastle	Unatt	33.56
3. B. Eade	SeafStr	33.56
4. R. Carter	BrightH	34.38
5. B. Hutchinson	Kent	34.55
6. P. Rodgers	Crawley	35.28
7. P. Guest	PortsJ	35.37
8. N. Fairbrass	Kent	35.58
9. K. Newton	BrightH	36.04
10. C. Martell	SladeP	36.09
VETERANS O/40		
1. B. Eade	SeafStr	33.56
2. B. Hutchinson	Kent	34.55
3. P. Guest	PortsJ	35.37
4, C. Martell	Slade	36.09
5. P. Eccles	Hailsham	36.53
J. F. Eccies	Halishalli	30.33
VETERANS O/50		
1. N. Fairbrass	Kent	35.58
2. G. Newton	Tadworth	41.20
3. G. Burrow	Worthing	41.30
4. R. Mullaley	Unatt	42.34
5. B. Winn	Eastb	43.31
LADIES		
1. K. Oxborrow	Hailsham	41.16
2. J. Richardson	Arena80	42.08
3. S. Dunne O/35	Horsham	46.03
4. J. Drake	BrightonH	47.24
5. A. Mark 0/35	Lewes	47.46
6. T. Lower	HaywH	50.12
7. L. Luff	Worthing	51.56
8. M. Whyte	RRC	52.06
0	******	02.00

#### CHAPELFELL TOP RACE County Durham AS/5m/1322ft 25.7.99

For those of you who have done the 3 mile St John's Chapel show fell race, this new event must have come as a bit of a shock to the system. Although it starts in roughly the same place, the nature of the two courses couldn't be more different. Five miles and 1322 feet of climbing make the Chapelfell Top course one of the few category A fell races in the North East. Starting behind the Golden Lion pub, the route climbs right from the start until it reaches Chapelfell and the peat hags on the top of the fell. A short, steep and very rough route. Going by the comments made to me as the runners passed the summit, one of which were polite, it took quite a few of you by surprise.

First off from the start was Barry Stephenson from the host club, Quakers. Not only was this 17-year old Barry's first fell race but it was also the first time that he had even run on the fell. Barry set such a pace that it was not until 50 metres from the summit that Joe Blackett caught him. Judging by the expression on his face, Joe obviously didn't expect to have to work so hard to catch him up. From here Joe made good use of his greater fell experience and opened a slight gap between himself and Barry on the descent. By the finish, Joe was 30 seconds clear to set the course record of 33.12.

In the ladies' event Karen Robertson dominated the race. At the turnaround point at the summit she was lying 12th overall but slipped a few positions to finally finish 15th overall in 37.46, a full 6 minutes in front of Denise Tunstall who was second lady and first Lady Veteran.

#### Keven Shevels

ve	n Shevels		
	1. J. Blackett	Mand	33.12
	2. B. Stephenson	Ouak	33.48
	3. A. Green	Tyne	34.04
	4. M. Broadhurst	Tyne	34.17
	5. R. Harrison	RrichZ	34.35
	6. D. Armstrong	NFR	34.43
	7. I. Mulvey	NFR	34.50
	8. K. Maynard	Quak	34.51
	9. M. Mallen	Crook	35.49
	10. S. Lumb	Quak	36.01
	VETERANS O/40		
	I. M. Broadhurst	Tyne	34.17
	2. M. Mallen	Crok	35.49
	3. S. Lumb	Quak	36.01
	4. I. Warhurst	Penn	37.16
	5. T. Young	Elvet	37.26
	VETERANS O/50		
	I. T. Hart	Blyth	43.33
	2. L. Stephenson	Kend	44.16
	3. R. Stephenson	Mand	44.34
	4. J. Potts	NFR	47.11
	5. S. Beaty	BFR	47.22
	VETERANS O/60		
	I. VETERANS O/60		
	1. J. Garbarino	NFR	45.44
	LADIES		
	I. I. K. Robertson	NFR	37.46
	2. D. Tunstall O/35	Tees	43.48
	3. B. Blakeman	Sunder	44.23
	4. J. Lumsden	Blyth	45.53
	5. S. Rouse	Elvet	45.57
	6. J. Young O/35	Elvet	48.07
	7. H. Young	Quak	48.08
	8 S Levland Q 35	Unatt	48 41

#### WEST LEAKE COUNTRY RUN Leicestershire OS/5m/410ft 25,7.99

The race this year was not a very enjoyable experience for me. After everybody had gone, I was collecting the course markers and found that one of the gates on the course had been left open and all the cows, calves and one bull had made their great escape. I spent the next hour chasing after the beasts and got them back in their field. Fortunately, I had help from a passing rambler and his dog otherwise I wouldn't have managed. The gate which was left open was clearly marked with "Please Shut the Gate". It may not have been a runner but a conversation was overhead at the registration in which a competitor who had read the information for runners which asked that gates should be shut said "S\*\* that!!"

What chance has an organiser got if individuals are unwilling to abide by requests, which are not unreasonable, and are part of the countryside code.

#### Tim Parr

1. R. Ironmonger	Notts	26.35
2. M. Rose	Shepshed	27.55
3. R. Scattergood	Hatton	29.16
4. G. Yates	Hatton	29.43
5. A. McGill	Unatt	29,45
6. G. neal	Hinck	29.57
7. P. Tilley	Birst	29.58
8. C. Thompson	Barrow	30.32
9. R. Ford	Leaton	31.12
10. N. Davenport	Notts	31.36
VETERANS O/40		
1. A. McGill	Notts	29.45
2. N. Davenport	Notts	31.36
3. J. Sevington	Wreake	32.21
VETERANS O/45		
	Birst	29.58
1. P. Tilley 2. I. Nicholson	Rushel	34.43
3. D. Reeson	Redhill	37.47
3. D. Reeson	Kedilli	37.47
VETERANS O/50		
1. T. Press	Hatton	33.25
2. E. Robinson	Unatt	33.38
3. K. Allen	Notts	34.02
LADIES		
1. G. Evans	Shepshed	34.09
2. P. Glover	Wreake	35.08
3. J. Bradwell	lUnatt	35.43

#### NORTH BARRULE FELL RACE Isle of Man AS/3.5m/1750ft 27.7.99

Manx champion, Tony Rowley, showed a return to form in this short race to the summit of North Barrule and back. The Water Board worker from Onchan led for most of the 3.5 mile course to come home with a comfortable advantage over top Veteran. Phil Cain.

Cain had been involved in a fierce battle for runner-up with Over 50 winner. David Young, local football star, Brian Osbourne and Port St Mary's lan Ronan. The result was only decided in the last half mile as the competitors fought their way through dense undergrowth in Elfin Glen.

Cain managed to force his way past his rivals to take runnerup by the smallest of margins in a fascinating finish.

Junior runner, Paul Renshaw, continued to impress finishing an impressive sixth overall.

#### lan Callister

1. T. Rowley	MFR	35.54
2. P. Cain	NAC	39.25
3. D. Young	MFR	39.36
	MFR	39.55
5. I. Ronan	MFR	40.55
6. P. Renshaw	MH	43.08
7. D. Corrin	MH	43.41
8. A. Bagley	MH	43.47
9. A. Corrin	WAC	44.01
10. R. Moughtin	WAV	44.02
VETERANS O/40		
I. P. Cain	NAC	39.25
2. A. Bagley	MH	43.47
3. R. Moughtin	WAC	44.02
VETERANS O/50		
I. D. Young	MFR	39.36
2. D. Corrin		
3. R. Callister	MH	43.41
5. K. Callister	MFR	45.22
VETERANS O/60		
1. I. Chrystal	MFR	51.25
	1411 44	51.25
LADIES		
1. R. Hooton	MH	48.55
2. A. Cain	MH	58.27

#### CROWN DERBY Cheshire CS/3.5m/400ft 29.7.99

All in all a good turnout considering that Macclesfield Harriers had their Forest 5 on the same night. The Crown Derby is a good race with stunning scenery and ends at the Cram Inn. who out on a splendid BBQ - the pub also boasts fine ales.

We gave 60 T-shirts at the finish and their are trophies for the winners and Under 16s.

#### Geoff Coe

13		
	1. S. Thompson	22.09
	2. D. Keeling	22.42
	3. D. Gartley	22.59
	4. G. MacNeil	23.22
	5. P. Deaville	23.53
	6. B. Heaton	24.06
	7. M. Salkild	24.21
	8. R. Pettengell	25.37
	9. G. Pettengel	25.52
	10. L. Raisbeck	25.59
1	VETERANS O/40	
	1. M. Salkild	24.21
]	LADIES	
	1. R. Hilton	28.17
	IUNIORS - BOYS	
Ì	1. L. Raisbeck	25.59
	IUNIORS - GIRLS	
	1. K. Hawitt	29.37
	77.25.234477214	27.51

#### BEN RINNES FIVE TOPS HILL RACE Grampian AL/14m/4900ft 31.7.99

The lure of championship points attracted a record 69 starters to Dufftown's sun-drenched highland games. Although ideal for the large appreciative audience who kept the arena buzzing until the end of the afternoon, conditions on the course were tough with times down on what would be expected.

John Hepburn, however, took the race by the scruff of the neck from the start and ran home a deserving winner although he had to dig deep on the last climb since his lead at that point had been whittled down to less than two minutes from a three and a half minute advantage after the descent of Ben Rinnes. While top veteran, Martin Laing, scorched round the course in fourth place and removed the skin from the soles of his feet in the process, a real ding-dong battle was emerging in the Super Veteran category between Ray Wilby and Jim Knox who kept each other within spitting distance for almost the whole four-teen miles until near the arena when, to Ray's disgust, Jim spurted off to claim those valuable extra points.

Kate Jenkins maintained a comfortable cushion over her Carnethy clubmate, Maggie Creber, to record a vistory time which wouldn't have been far from the course record of 2.21.00 had conditions been more favourable, while Wendy Dodds ran away with the veteran's prize from the Cosmic duo of Anne Thomson and Elaine Stewart.

In a perfect world the crowd would have been kept informed of the race as it progressed but unfortunately, due to walkietalkie trouble on the big day, things remained a mystery during the race. The other mystery is what exactly Ewen Rennie was doing for over an hour between the final checkpoint and the finish? He certainly had the Cosmics worried!

#### Graeme Bartlett

1 I Henburn

1. J. Hepburn	Loch	2.10.31
2. S. Whitlie	Carn	2.13.12
3. D. Cummins	Shettle	2.15.58
4. M. Laing	Fife	2.16.17
5. N. Raitt	Dundee	2.19.25
6. S. Rivers	Cosmic	2.20.16
7. R. Cant	Loch	2.22.12
8. H. Lorimer	HBT	2.22.19
9. A. Smith	Deeside	2.25.29
10. J. Knox	Teviot	2.25.47
11. R. Wilby	Highland	2.26.04
12. J. Thin	Carn	2.29.17
13. G. Hodges	Macc	2.29.30
14. A. Davenhill	Shettle	2.30.11
15. A. Ward	Carn	2.30.53
16. J. Donnelly	Shettle	2.31.58
17. G. Maciness	Carn	2.33.13
18. M. Johnson	MetAberd	2.35.13
19. G. Simpson	HBT	2.35.19
20. K. Jenkins	Carn	2.35.52
VETERANS O/40		
1. M. Laing	Fife	2.16.17
2. G. Hodges	Macc	2.29.30
3. M. Johnson	MetAberd	2.35.13
4. M. Macleod	W'lands	2.42.01
5. D. Duncan	Ochil	2.44.52
VETERANS O/50		
1. J. Knox	Teviot	2.25.47
2. R. Wilby	Highland	2.26.04
3. L. Redfern	Inver	2.59.40
4. G. Mitchell	Inver	3.02.16
5. R. Collins	Highland	3.02.50
6. D. Smith	W'lands	3.40.08
O. D. Dilliui	14 141143	5.70.00

LADIES				
1. K. Jenkins	Carn	2.35.52		
2. M. Creber	Carn	2.46.16		
3. S. Farrar	Cosmic	2.55.36		
4. L. Burt	Fife	2.55.45		
5. E. Scott	W'lands	3.00.14		
6. J. Anderson	Loch	3.04.47		
7. W. Dodds O/40	Clay	3.06.50		
8. A. Wood	Carn	3.12.53		

#### KIELDER BORDERER FELL RACE Northumberland BL/17m/3000ft 1.8.99

As the temperature went up, the number of competitors went down. The prospect of negotiating 17 miles of wild, trackless terrain in the heat proved too daunting for many.

Meltdown point came when Morgan Donnelly missed a way marker on the descent from Deadwater Fell allowing James Dickinson to finish a minute ahead in first place. European, John humble, came in third half an hour adrift of the leading pair.

M. Sanderson

1	. J. Dickinson	Tyne	2.57.53
2	. M. Donnelly	Tyne	2.58.43
3	. J. Humble	NFR	3.21.55
4	. J. Ross	NFR	3.23.58
5	. K. Robertson	NFR	3.30.28
6	. P. Scott	NFR	3.30.28
7	. R. Dawson	NFR	3.32.10
VI	ETERANS O/40		
1	. J. Dickinson	Tyne	2.57.53
2	. J. Humble	NFR	3.21.55
3	. P. Scott	NFR	3.30.28
VI	ETERANS O/50		
1	. R. Dawson	NFR	3.32.10
L	ADIES		
1	. K. Robertson	NFR	3.30.28

#### LARA CHEVIN FELL RACE Derbyshire BS/4.5m/800ft 3.8.99

Barry Charlton ran a cunning race sitting on the shoulder of Steven Penney until a mile from the finish. He then injected considerable pace as well as showing fleet of foot as he sprinted down the steep descent to the finish to win by 14 seconds in 27.32.

Tim Austin was an isolated third with team mate John Chambers a minute adrift.

Kevin Spare took the honours in the Veterans Over 40 category with a fine run to finish fifth overall and a minute ahead of his veteran rivals.

After an indifferent couple of years, Wendy Roethenbaugh looks to have overcome her problems and will be a force on the fells in the future. She looked very strong finishing in 20th place to win the ladies' race by a minute from heath Ruckledge, a newcomer to the sport.

Ten youngster took part in the shorter race which was easily won by Chris Young.

#### David Denton

	id Denton		
ıvı			
	1. B. Charlton	Mercia	27.32
	2. S. Penney	Chest'field	27.46
	3. T. Austin	NDerby	28.59
	4. J. Chambers	NDerby	29.46
	5. K. Spare	Drby	30.06
	6. C. Rowe	Matlock	30.33
	7. R. Wilson	Sinfin	30.55
	8. R. Morgan	Belper	31.09
	9. M. Wynne	DkPk	31.16
	10. A. Brooks	Shelton	31.24
	VETERANS O/40		
	1. K. Spare	Derby	30.06
	2. R. Morgan	Belper	31.09
	3. M. Wynee	DkPk	3.116
	4. R. Buxton	WhitePk	32.04
	5. R. Amor	Matlock	32.21
	VETERANS O/50		
	1. G. Young	Sinfin	36.44
	2. M. Edwards	Burton	40.37
	3. D. Round	Walton	42.03
	4. W. Brown	SDevon	42.28
	VETERANS O/60		
	1. T. Long	RollsR	46.38
	LADIES	roma.	40.50
	1. W. Roethenbaugh	SheltonStr	34.10
	2. H. Ruckledge	Belper	35.08
	3. A. Goodwill	Derby	39.42
	4. L. Thompson	Spondon	44.11
		Spondon	44.11
	JUNIORS - 15		
	1. C. Young	Matlock	14.24
	2. J. Hall	Uttox	15.33
	3. S. Foster	Uttox	16.02
	JUNIORS - 10		
	1. J. Eyre	Heanor	17.38
	JUNIORS - 7		
	1. J. Amor	Matlock	18.27
	JUNIORS - 11 Girls		
	1. E. Amor	Matlock	17.45

#### CROW HILL RACE West Yorkshire BS/5m/1000ft 3.8.99

A record turnout of over 130 runners enjoyed a splendid evening of fell racing - amid cooler conditions after the previous hot spell - and with free beer at the finish, mementoes from our sponsors and the usual traditional fayre before the prizegiving at the Dusty Miller, everyone should have gone home happy.

The new route from Crow Hill summit, descending on a separate path to that of the ascent, ensured that there would be no collisions as in past years, though this slight extension of the traditional route warrants new record times for the winners.

Veteran international, Steve Oldfield, very kindly helped me to flag the route from Mytholmroyd on Monday evening, then 24 hours later proceeded to tear a good class field apart, turning at the summit with around 40 seconds to spare. By the finish, the 43 year old storeman had opened his advantage to almost a minute and a half, stopping Dave and Eileen Woodheads' trusty stopwatch on 13 seconds over the half hour.

David Keeling came out best of the rest, having only just made it to the race by the skin of his teeth!!

Running on pure adrenolin, Dave edged out Chris Seddon by two seconds, in 31-38, as James Wadsworth took fourth place a further four seconds back.

Good to see a familiar character making a return to form, as Gary Sumner, in fifth place, led his club. Rossendale, to team victory supported by Steve Hoyle and first veteran over 50, Ken Taylor.

Former world fell racing silver medallist, Sarah Rowell made a very welcome appearance, running untroubled to finish in twenty fifth place overall out of 132 runners and less than five minutes behind the men's winner.

Lisa Lacon, a regular supporter of my races, finished second after holding off Kath Drake by four places and nine seconds.

A note about juniors......

I organised and advertised a Junior race, for under 16s, over a tough two miles of woodland and bridleways. However, all but one of the youngsters who turned up (and some of their parents) insisted that they be allowed to run the full course ".or I will just go home." said one young lad.

This left me in an unenviable situation as I had to ask a very young girl whether she would like to run round the short course by herself, or could she manage the full route? Her parents insisted that she would be okay, and one of her senior male club colleagues promised to stay with and keep an eye on her, en route.

I was left feeling bitterly dissappointed when, after a while, the poor girl returned in tears having struggled up the senior route to Mount Skip. (I rewarded her for her efforts with the pop and crisps she would have collected upon finishing as it was the least I could do.)

Juniors are crying out for races. The distances for junior competition are clearly laid out in the rules, then some seem to want to run further than the recommended distance !! Okay, it is a fairly mild course for a fell race but put yourselves in my shoes.

a) I had gone to a lot of trouble to mark out a junior route and buy junior prizes.

b) If one one those juniors had got into difficulty on the moor, I could well have been for the high jump.

Lastly, and on a lighter note, regular visitors to my races will know that I am always willing to try something a little different or add a new innovation or two where appropriate. But this must be the first occasion where I have had a heckler at the prizegiving !!! I battled on hopefully without too many hiccups but it did throw me a bit. The lady in question (who's club have been known to run in the whole Spectrum of fell race profiles) would be most welcome to come and run in another of my races, but if you want a main category prize my dear, you will have to win one !!

As usual, many, many thanks to all the helpers, marshals, landowners, our generous sponsors the Printing Trades Union "GPMU West Yorkshire" and Peter and Angela at The Dusty Miller for helping to make the race a success.

#### Allan Greenwood

1. S. Oldfield	BfdA	30.13
2. D. Keeling	Traff	31.38
3. C. Seddon	Horw	31.40
4. J. Wadsworth	Wharfe	31.44
5. G. Sumner	Ross	31.55
6. G. Bergin	Spectrum	32.11
7. R. Hamilton	Ilk	32.13
8. S. Gelsthorpe	StBedes	32.18
9. J. Feeney	Bing	32.24
10. C. Robinson	Woodkik	32.38
VETERANS O/40		
1. S. Oldfield	BfdA	30.13
2. R. Hamilton	Ilk	32.13
3. S. Gelsthorpe	StBedes	32.18
4. D. Collins	Tod	34.38
5. B. Horsley	CaldV	34.56
6. P. Rogan	Wharfe	35.27

VETERANS O/50		
1. K. Taylor	Ross	34.10
2. G. Breeze	Skyrac	36.03
3. P. Jepson	Ross	36.50
4. R. Poulter	Tod	37.44
5. S. Thompson	Bing	38.20
6. G. Wilson	Spectrum	38.30
VETERANS O/60		
1. A. Campbell	RRC	47.53
2. T. Maden	PennyL	57.39
LADIES		
I. S. Rowell O/35	P&B	35.07
2. L. Lacon	Holm	37.29
3. K. Drake O/35	Spen	37.38
4. S. Becconsall O/40	Tod	38.31
5. K. Rogan U/17	Wharfe	39.18
6. J. Rawlinson O/40	Ross	40.32
7. J. Smith O/40	Bing	42.05
8. J. Robertson	Spectrum	44.01
JUNIORS		
1. C. White U/16	Ross	35.28
2, I, Harvey U/17	Tod	37.32
3. P. Frechette U/16	Unatt	37.56

#### BRADWELL FELL RACE Derbyshire BS/4.5m/600ft 4.8.99

255 runners started and 253 finished the race. The night was very hot and humid and in consequence the times were well down. The exception was Joe Smith who was thirty seconds off the ladies' course record.

#### David Eyre

-		
1. D. Teasdale	Hallam	27.29
2, S. Penney	Chester'fld	27.32
3. M. Bradbury	Bux	27.37
4. L. Taggart	Bux	27.46
5. A. Ward	DkPk	28.00
6. D. Gartley	Unatt	28.06
7. G. Marson	Bux	28.12
8. T. Austin	NDerby	28.15
9. L. Footit	Bux	28.29
10. A. Whittingham	Bux	28.37
VETERANS O/40		
I. G. Marson	Bux	28.12
2. M. Salkild	DkPk	28.46
3. D. O'Brien	Bux	28.53
4. S. Entwisle	Gloss	28.58
5. H. Kent	Sheff	29.55
	511011	
VETERANS O/50		20.00
1. A. Ashforth	Hallam	32.03
	DkPk	32.29
3. N. Oxley	Unatt	32.31
4. J. Carter	Siemends	32.33
5. R. Bradley	Holm	33.15
LADIES		
1. J. Smith	DkPk	29.37
2. C. Greasley O/35	Macc	31.00
3. C. Patton	Hallam	32.11
4. J. Bednall	Sheff	35.09
5. J. Griffiths	DkPk	35.59
6. S. Trimnell	Barns	36.52
7. J. Phitacklea	Bux	36.56
8. S. Hewitt	Barns	40.18



Gary Sumner (Rossendale), 5th at Crow Hill Photo: Steve Bateson

#### CAW FELL RACE Cumbria AM/6m/1800ft 4.8.99

This is a bad year for bracken which I think caused some disparity in the routes chosen. The marshals at the summit of Caw reported runners coming from all directions. The weather was excellent and the ground conditions drier than usual made for a run all should have enjoyed. Unfortunately, no one got lost so I was last!!

#### John Peel

1. N. Drinkall	Unatt	52.52
<ol><li>M. Wigmore</li></ol>	Helsby	54.01
3. P. Whiting	Kend	58.32
4. S. Freeman	Unatt	58.44
5. N. Lockwood	Kesw	58.46
6. C. Jones	AchR	59.47
7. P. Longster	Unatt	60.13
8. R. Milton	SprfldStr	60.23
9. D. Binks	BCR	61.53
10. D. Smith	Unatt	61.54
VETERANS O/40		
1. P. Whiting	Kend	58.32
2. M. Cortivriend	Macc	68.44
3. M. Knowles	LOC	70.01
4. D. Parminter	BCR	70.18
<ol><li>L. Loughrey</li></ol>	LMAC	70.32
VETERANS O/50		
1. P. Hall	Unatt	69.38
2. J. Hodgson	Dallam	75.05
3. N. Haliman	Dallam	91.53
VETERANS O/70		
1. J. Peel	BCR	95.12
LADIES		
1. J. Laverack	Amble	75.25
2. H. Rice	Unatt	75.51
3. M. Smith O/40		76.56
4. L. Buck	CFR	77.46

#### 17TH LOWTHER RUN Cumbria CL/13m/1500ft 6.8.99

A total of 151 runners lined up in a searing 90 degrees for the 12 noon dual start of the 17th Lowther Run. This included runners in the five mile event. The thirtee plus mile multi-terrain course ascends 1300 feet over Askham Fell taking the competitors on a tough but scenic route including fell, trail and route.

The eventual winner, Alex Rowe, was not as hard pressed as in previous years. Kath Drake, the first lady home, won comfortably. She is an ex-winner of the Snowdon Marathon and was on holiday in the area and took it on board as a training run!

The race was sponsored by Saucony, who provided four pairs of Jazz 5000 shoes and numerous other prizes, along with Chivers Sports, Carlisle. No fewer than eighteen cateogy places received an engraved glass goblet and all finishers received slate medals.

lan Tyler (superveteran) of Chivers Sports, organiser of the event since its inception, ran the race finishing in 69th position commenting at the prizegiving at the large number of veterans and superveterans and super superveterans outnumbering the youngsters! So some on all you budding athletes, remember the first Friday in August 2000.

#### lan Tyler

1 1 1 1 1 1 1	
1. A. Rowe	1.15.33
2. S. Murdoch	1.20.41
3. P. Sandford	1.20.51
4. R. Johnson	1.22.38
5. S. Sharp	1.20.51 1.22.38 1.23.39
6. J. Meek	1.23.51
7. J. Ayres	1.24.09
8. D. Pattinson	1.24.18
9. S. Bennett	1.24.23
9. S. Bennett 10. C. Urmston	1.25.14
VETERANS O/40	
1. A. Rowe	1.15.33
2. P. Sandford	1.20.51
3. D. Pattinson	1.24.18
4. D. Buckley	1.26.20
5. J. Ritson	1.26.58
VETERANS O/50	
1. R. Johnson	1.22.38
2. S. Sharp	1.23.39
3. J. Pollard	1.31.15
4. P. Oldersley	1.32.45
5. D. Cook	1.41.27
VETERANS O/60	
1. R. Moore	1.40.46
2. D. Cole	1.41.14
3. D. Brown	1.46.50
4. K. Cresti	1.47.54
5. J. Westerman	1.57.20
LADIES	
1. K. Drake O/35	1.34.05
2. E. Nutter	1.35.56
3. J. Yates O/35	1.39.40
4. J. Bellis O/35	1.51.18
5. J. Mann O/35	1.53.51
6. M. Waine O/35	1.55.43
7. S. Morgan O/35	2.05.47

#### NEW WADSWORTH VILLAGE FELL RACE West Yorkshire BM/7m/754ft 7.8.99

The original Wadsworth village fell race was organised for the ten years between 1987 and 1996 by local runners Bernard and Kay Pierce of Wadsworth Old Town. It was a fast runnable three miler in conjunction with the village gala, popular with road runners as well as fell specialists.

Bernard decided, after the '96 race however, that a decade of duty to the local village gala committee was enough, especially as he and Kay had other interests, including many activities at the local church and their own hectic running and cycling careers.

There was no race in 1997, but shortly after that year's gala, the committee made a special presentation to the couple in honour of all the hard work and dedication they had shown over the past years.

Characteristically, Bernard responded by announcing that he would organise a new gala race, a longer and more challenging event over proper fell terrain, and in 1998, over 100 runners took up the challenge.

Bernard and Kay were not able to organise this year's event, as a trip to Greenland would see the couple arrive home on the eve of the race, so I agreed to take over the reigns. For one reason or another, (not my fault - honest!) the event took place on Saturday, the day before the Gala.

51 runners took to the moors and first back was Paul Muller in 46.11. This time suggests that the new course, devised by me and my work mate, long distance specialist and ace route planner, Stuart Thompson, is more like seven miles in distance than the advertised six.

Second place went to Chris Seddon, a particularly creditable performance after finishing third at Crow Hill the previous Tuesday.

Paul was also first veteran home, ahead of Dave Collins in ninth place and one ahead of first woman home, Vanessa Peacock

I reckon the championship race at Borrowdale may have had some bearing on the lower numbers this year, but from the feedback I have received, the new course, together with free beer to all finishers and soup and rolls and licenced bar at Wadsworth community centre afterwards went down well.

Thank you to all my helpers on the day and to the runners for turning up.

See you next year.

Allan Greenwood

ian Greenwood		
1. P. Muller	Wrekin	46.11
2. C. Seddon	Horw	47.40
3. P. Webster	VallStr	48.37
4. A. Clarke	CaldV	50.11
5. P. Crabtree	Bing	50.16
6. D. McGuire	Unatt	51.30
7. R. Glover	Tod	51.51
8. B. Mitchinson	RonHill	52.48
9. D. Collins	Tod	52.49
10. V. Peacock	Clay	53.22
	Ciay	D-71 do do
VETERANS O/40		
I. P. Muller	Wrekin	46.11
2. D. Collins	Tod	52.49
3. J. Barrett	Sadd	56.28
4. B. Crewdson	B'burn	56.31
5. M. Moss	StBedes	57.39
6. D. Hargreaves	Veg	58.10
VETERANS O/50		
I. G. Newsham	Clay	54.30
2. J. Baker	EHull	56.45
3. G. Webster	VallStr	58.25
4. T. Peacock	Clay	58.43
5. G. Royle	Sadd	58.51
6. N. Croasdell	Hfx	62.48
o. N. Croasdell	THA	U2.40
VETERANS O/60		
1. J. Barker	Clay	59.40
2. G. Arnold	Prest	62.45
3. J. Firth	StBedes	69.01
LADIES		
1. V. Peacock O/40	Clay	53.22
2. J. Bradwell O/35	Unatt	59.26
3. L. Hayles O/40	Hfx	65.11
4. L. Crabtree O/40	Hfx	65.42
5. L. Orritt Junior	Bux	
6. T. Targett		72.11 75.29
7. F. Pudge	Clay	
8. A. Hewitt O/50	Spectrum	82.05
o. A. Hewitt O/30	Spectrum	88.04

#### RHEWL ROUGH RUN Clwyd AS/5.5m/2500ft 7.8.99

A record number started this year's run; maybe it was the wet cool weather after the heatwave; and we had females competing!

The Punch and Judy man was going full tilt as the race started. Graham Hill took off on the tarmac start and maintained his lead to the finish. William Charlton ran him close by only 8 seconds.

Conditions were "greasy" with a few finding hidden slabs with their rear ends! Visibility was down to yards on the tops and the bracken 5 feet high.

Paul Whiting was first Veteran but Don Williams, Veteran Over 55, had a superb run for 6th spot. The ladies' race was led home by Gwenda Roberts, Veteran Over 40, with Veteran Over 50, Kathleen Preston, 10 seconds adrift. Only one "senior" lady ran - the rest were veterans!

The prize-giving took place in a downpour (all the ladies qualified for prizes).

Got the team wrong on the day - can a representative from Mercia contact me!!

#### Geoff Gartrell

1. G. Hill	Stock	35.51
2. W. Charlton	Mercia	35.59
3. P. Whiting	Kend	38.18
4. S. Burthem	Spectrum	38.18
5. S. Bellis	Wrex	38.22
6. D. Williams	Eryri	38.25
7. C. Ashley	Wrex	38.34
8. J. Hope	AchR	38.53
9. S. Hammond	Tatten	39.18
10. M. Williams	Mercia	39.20
VETERANS O/40		
1. P. Whiting	Kend	38.18
2. S. Bellis	Wrex	38.22
3. C. Ashley	Wrex	38.34
4. S. Hammond	Tatten	39.18
5. R. Robson	Mercia	43.28
VETERANS O/45		
1. G. Manson	Oswestry	40.31
2. G. McAra	Helsby	41.23
3. L. Freeman	Kend	43.28
4. R. Jones	EryriP	44.19
5. D. Beard	Eryri	50.47
	,	
VETERANS O/50		38.53
VETERANS O/50 1. J. Hope	AchR	38.53 42.08
VETERANS O/50 1. J. Hope 2. M. Potter	AchR Mercia	42.08
VETERANS O/50 1. J. Hope	AchR	
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams	AchR Mercia Eryri	42.08 44.01
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans	AchR Mercia Eryri MDC	42.08 44.01 45.07
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans VETERANS O/55	AchR Mercia Eryri MDC Aberyst	42.08 44.01 45.07 48.03
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans VETERANS O/55 1. D. Williams	AchR Mercia Eryri MDC	42.08 44.01 45.07
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans VETERANS O/55 1. D. Williams VETERANS O/60	AchR Mercia Eryri MDC Aberyst	42.08 44.01 45.07 48.03
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans VETERANS O/55 1. D. Williams VETERANS O/60 1. R. Tunstall	AchR Mercia Eryri MDC Aberyst Eryri	42.08 44.01 45.07 48.03 38.25
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans VETERANS O/55 1. D. Williams VETERANS O/60 1. R. Tunstall 2. P. Norman	AchR Mercia Eryri MDC Aberyst Eryri Helsby Wrex	42.08 44.01 45.07 48.03 38.25 44.22 47.16
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans VETERANS O/55 1. D. Williams VETERANS O/60 1. R. Tunstall 2. P. Norman 3. B. Evans	AchR Mercia Eryri MDC Aberyst Eryri	42.08 44.01 45.07 48.03 38.25
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans VETERANS O/55 1. D. Williams VETERANS O/60 1. R. Tunstall 2. P. Norman 3. B. Evans LADIES	AchR Mercia Eryri MDC Aberyst Eryri Helsby Wrex Eryri	42.08 44.01 45.07 48.03 38.25 44.22 47.16 48.27
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans VETERANS O/55 1. D. Williams VETERANS O/60 1. R. Tunstall 2. P. Norman 3. B. Evans LADIES 1. G. Roberts O/40	AchR Mercia Eryri MDC Aberyst Eryri Helsby Wrex Eryri Mercia	42.08 44.01 45.07 48.03 38.25 44.22 47.16 48.27
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans VETERANS O/55 1. D. Williams VETERANS O/60 1. R. Tunstall 2. P. Norman 3. B. Evans LADIES 1. G. Roberts O/40 2. K. Preston O/50	AchR Mercia Eryri MDC Aberyst Eryri Helsby Wrex Eryri Mercia ShropSh	42.08 44.01 45.07 48.03 38.25 44.22 47.16 48.27 49.43 49.57
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans VETERANS O/55 1. D. Williams VETERANS O/60 1. R. Tunstall 2. P. Norman 3. B. Evans LADIES 1. G. Roberts O/40 2. K. Preston O/50 3. M. Fletcher O/40	AchR Mercia Eryri MDC Aberyst Eryri Helsby Wrex Eryri Mercia ShropSh Unatt	42.08 44.01 45.07 48.03 38.25 44.22 47.16 48.27 49.43 49.57 50.12
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans VETERANS O/55 1. D. Williams VETERANS O/60 1. R. Tunstall 2. P. Norman 3. B. Evans LADIES 1. G. Roberts O/40 2. K. Preston O/50 3. M. Fletcher O/40 4. C. Howard	AchR Mercia Eryri MDC Aberyst Eryri Helsby Wrex Eryri Mercia ShropSh Unatt L'pool	42.08 44.01 45.07 48.03 38.25 44.22 47.16 48.27 49.43 49.57 50.12 52.00
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans VETERANS O/55 1. D. Williams VETERANS O/60 1. R. Tunstall 2. P. Norman 3. B. Evans LADIES 1. G. Roberts O/40 2. K. Preston O/50 3. M. Fletcher O/40 4. C. Howard 5. S. Charman O/45	AchR Mercia Eryri MDC Aberyst  Eryri Helsby Wrex Eryri  Mercia ShropSh Unatt L'pool Helsby	42.08 44.01 45.07 48.03 38.25 44.22 47.16 48.27 49.43 49.57 50.12 52.00 54.10
VETERANS O/50 1. J. Hope 2. M. Potter 3. M. Williams 4. D. Ormerod 5. C. Evans VETERANS O/55 1. D. Williams VETERANS O/60 1. R. Tunstall 2. P. Norman 3. B. Evans LADIES 1. G. Roberts O/40 2. K. Preston O/50 3. M. Fletcher O/40 4. C. Howard	AchR Mercia Eryri MDC Aberyst Eryri Helsby Wrex Eryri Mercia ShropSh Unatt L'pool	42.08 44.01 45.07 48.03 38.25 44.22 47.16 48.27 49.43 49.57 50.12 52.00

#### BORROWDALE FELL RACE Cumbria AL/17m/6500ft 7.8.99

1. S. Booth	Borr	2.35.18
2. J. Davies	Вогт	2.38.25
3. G. Bland	Вогт	2.39.47
4. J. Bland	Вогт	2.41.26
5. 1. Holmes	Bing	2.44.24
6. A. Davies	Вогг	2.45.42
7. R. Jebb	Bing	2.51.30
8. B. Bardsley	Borr	2.54.14
9. J. McQueen	Eryri	2.56.50
10. M. Palmer	ForDean	2.57.32
VETERANS O/40		
1. W. Bell	CFR	3.06.35
2. B. Whitfield	Bing	3.10.02
3. G. Schofield	Horw	3.17.00
4. S. Jackson	Horw	3.18.13
5. M. Wallis	Clay	3.18.20
VETERANS O/50		
1. T. Hesketh	Horw	3.18.45
2. J. Patterson	Albert	3.24.12
3. K. Carr	Clay	3.25.43
4. B. Rawlinson	Ross	3.26.34
5. K. Taylor	Ross	3.26.36

LADIES		
1. H. Diamantides	Carn	3.14.45
2. J. King	CFR	3.17.53
3, N. Davies O/40	Воп	3.26.19
4. H. Johnson	Ilk	3.38.11
5. S. Newman	Gloss	3.42.23
6. K. Jenkins	Cam	3.44.12
7. J. Prowse O/40	Kghly	3.49.42
8. P. Gibb	Mercia	3.50.10

#### ARNCLIFFE GALA FELL RACE North Yorkshire AS/1.8m/443ft 7.8.99

Despite atrocious conditions, the races were well attended and fast times recorded especially in the senior fell race where Stephen Hawkins smashed a good record by 17 seconds.

Tom McKenzi

m menencie	
1. S. Hawkins	10.26
2. T. Mason	11.06
3. R. Hudson	11.14
4. J. Wadsworth	11.26
5. G. Sumner	11.35
<ol><li>A. Whalley</li></ol>	11.50
7. S. McCain	12.32
8. R. Gibson	12.40
9. P. Rogan	12.52
10. M. Campbell	12.54
VETERANS	
I. R. Gibson	12.40
2. P. Rogan	12.52
JUNIORS U/17	
1. M. Hounslow	12.48
2. S. Hounslow	13.01
3. J. Carter	13.20
4. C. Swarbrick	13.28
JUNIORS U/14	
I. S. Watson	10.58
2. D. Thomson	11.08
3. P. Graham	11.21
4. S. Swarbrick	11.40
JUNIORS U/12	
1. D. Shepherd	7.06
2. T. Anderson	7.14
3. H. Thomson	7.42
4. R. Barker	7.51
5. T. Metcalfe	7.06
JUNIOR GIRLS U/12	
1. R. Beresford	9.18
2. K. Budamir	9.42
3. C. Beresford	10.01



Graham Hill (son of Ron) wins Rhewl in flats! Photo: Alan Humphries

#### THE FOREST BURN Northumberland BS/3.5m/500ft 8.8.99

Numbers were swelled for this year's race by a group of Royal Marine recruits and because this race is a "short" counter in the Northumberland Fell Runners (NFR) championship. The day was also different from the norm by being distinctly on the cool side instead of stifling and baking hot as in all the previous years. This perhaps showed in the times which were faster with new records being set; Joe Blackett bettering Ken Maynard's time by almost one and a half minutes and Karen Robertson improving her ladies' record time by approximately two minutes.

The first two places were a surprise to no one but the third was claimed by Tony Mate running in army boots! Many of the NFR were walking wounded from the previous day's Borrowdale and two NFR devotees of the neighbouring high and wide Cheviot Hills got lost in the intricate depths of the Forest Burn.

Joe Blackett collected his winner's prize and also the Chairman's Cup. Joe's name will be engraved alongside those of previous winners who are predominantly local or regional "greyhounds". Whose name will benext on the cup in the Millennium year?

#### Bill Tomlinson

10111111111111		
1. J. Blackett	Mand	20.56
2. I. Mulvey	NFR	22.03
3. T. Mate	Army	22.44
4. L. Turnbull	Carn	22.59
5. R. Phizacklea	Morpeth	23.16
6. B. Robson	Unatt	23.18
7. K. Robertson	NFR	23.18
8. R. Dawson	NFR	23.41
9. J. Ross	NFR	24.04
10. P. Scott	NFR	25.05
VETERANS O/40		
1. L. Turnbull	Carn	22.59
2. P. Scott	NFR	25.05
3. G. Davis	NFR	25.18
VETERANS O/50		
1. R. Dawson	NFR	23.41
2. L. Stephenson	Kend	25.37
3. B. Campbell	NFR	25.56
LADIES		
I. K. Robertson	NFR	23.18
2. J. Lumsden	Blyth	26.27
3. S. Davis	Unatt	32.35
J. J. Davis	Unall	32.33

#### CRACKEN EDGE FELL RACE Derbyshire BM/7.5m/1450ft 11.8.99

After a disappointing forecast to coincide with the eclipse, we were pleasantly surprised to hold the race on a dry but cloudy day, in warm conditions but without the usual midges which ordinarily menace the Ollersett moors at this time of year.

Good weather for a new record but because of a bit of canny negotiating by local hero Simon Ramwell, we now have a much smoother and quicker stile-less start which has knocked a wee bit off the overall length of the race so, effectively, all this year's category-first times are new records.

So a guaranteed record and a record turnout to go with it. One hundred and forty one pairs of studs addressed the start-line - almost a 50% increase on previous years and, as this race is held, primarily, to provide funding for the local Kinder Mountain Rescue Team, the more the merrier.

For the fourth year running, Dale Gartley (currently unclubbed) scorched home to victory in a very creditable 43.01, a long 16 seconds ahead of Des Gibbons (43.17) with Tim Austin third (43.41).

Veteran men were well represented in the race with Simon Entwisle taking the veteran's prize in 45.55, one position but an awful lot of ground ahead of first Super Veteran, Rob Taylor (47.25).

Estelle McGuire stormed home in 50.32 to take the ladies' gold medal with Elizabeth Batt (51.24) second, and Sally Gilliver (54.45) third. Winners of both ladies' veterans' categories were from Pennine Fell Runners with Alison Brentnall as first lady veteran (60.30) and first Alexis Donsmor as lady veteran Over 50 (65.59).

The team prize went to Spectrum Striders and the trophy for the first team from a Mountain Rescue Team went to Oldham MRT

There were many positive and reassuring comments from runners about the new start and the overall format of the race and, hopefully, we'll build on this year's success. Kinder Mountain Rescue Team would like to thank all the runners for their support and a special thank you must go to Dave and Margaret Jones, Von Williams and John Chippendale for their help with the organisation of the race.

Alan Brentnall

D. Gartley	Unatt	43.10
2. D. Gibbons	Altr	43.17
3. T. Austin	NDerby	43.41
4. I. Blanchard	Gloss	43.47
5. A. Shaw	Holm	43.57
6. P. Deaville	KinderFR	44.04
7. N. Ashcroft	Amble	44.45
8. L. Taggart	Bux	45.08
9. L. Footit	Bux	45.18
	Altr	45.29
10. P. Vesey	Altr	45.29
VETERANS O/40		
I. S. Entiwisle	Gloss	45.55
2. P. MacFarlane	DkPk	47.58
3. S. Wyatt	Penn	48.02
J. S. Wyatt	reilli	40.02
VETERANS O/50		
1. R. Taylor	Penn	47.25
2. T. Hulme	Penn	49.55
		1,510.0
LADIES		
1. E. McGuire	Stock	50.32
2. E. Batt	Bux	51.24
3. S. Gilliver	Penn	54.45
4. J. Mellor	Penn	56.23
5. J. Gardner	Bux	57.11
6. K. Forster	Spectrum	58.37
7. A. Brentnall O/35	Penn	60.30
8. A. Pritchard O/35		64.34
o. A. FIRCHARD U/33	Spectrum	04.34

#### MEAREY CLOUGH FELL RACE Lancashire AS/3.5m/1300ft 11.8.99

Poor weather greeted the ninety four turnout although the clag left us alone this year which was probably as well as we only flagged to the fell wall and in the true spirit of fell running left the rest to navigation (or am I getting lazy in old age??)

The two front runners, Shaun Livesey and Mark Horrocks, both took s different line to the the Scout's Cairn with Mark just holding the edge at the turn but, once past the head of the Clough, Shaun's descending ability opened up a 29 second gap and gave him a new course record. Gary Wilkinson finished third, well inside his own record set last year.

Lisa Lacon had a strong run and broke Clayton's clean sweep of prizes.

Well done to Junior, Kate Rogan, third lady, obviously a talent in the making.

Hope you all enjoyed the course and free supper at the Calf's Head afterwards. See you all next year.

Geoff Newsam and John McCarrick

I. S. Livesey	Clay	30.45
2. M. Horrocks	Clay	31.14
3. G. Wilkinson	Clay	31.30
4. A. Payne	Clay	32.41
5. G. Gough	Clay	33.05
6. G. Sumner	Ross	33.09
7. W. Sullivan	DkPk	33.14
8. T. Mason	Wharfe	33.46
9. A. Maloney	Roch	33.32
10. J. Wadsworth	Wharfe	33.46
VETERANS O/40		
1. G. Gough	Clay	33.05
2. D. Woodhead	Horw	34.20
3. K. De Caney	Unatt	36.45
4. P. Browning	Clay	38.07
5. S. Clarke	Clay	38.33
J. B. Charle	City	50.55
VETERANS 0/45		
1. I. Robinson	Clay	35.21
2. A. Robinson	Clay	36.14
3. P. Rogan	Wharfe	36.30
4. S. Hounslow	Whaarfe	36.39
5. P. Booth	Clay	37.04
VETERANS O/50		
	C1	25.51
1. B. Mitchell	Clay	35.51
0.31.0.1	Ross	37.48
3. N. Bush	Unatt	37.53
4. D. McCallum	Clay	39.05
5. D. Scott	Clay	40.15
VETERANS O/60		
1. R. Jaques	Clay	41.01
2. R. Moulding	BlackRR	47.40
3. H. Manning	Clay	51.02
_		
LADIES		
1. L. Lacon	Holm	39.32
	Clay	40.50
3. K. Rogan U/20	Wharfe	41.32
4. J. Rawlinson O.45	Ross	42.48
5. D. Gowans	Acc	43.13
6. L. Warin O/40	Unatt	48.10

#### SCOUT SCAR Cumbria BS/5m/700ft 11,8,99

In ideal conditions, Paul Muller, a specialist road runner occasionally running fells, set new marks in the Scout Scar 5 from the old racecourse at Kendal. He was 20 seconds faster on the measured one mile racecourse circuit on which sulkies had been practising that afternoon.

He won in a new record of 30.15 comfortably from Dave Tromen. Paul also won the Veteran Over 40 prize as well. Local runner, Dave Houlsworth, was third and second Veteran Over 40.

In the ladies' race, Debbie Thomson, 24th overall, was very worthy winner in 39.44 and also did the double taking the lady Veteran Over 40 prize.

Whilst evergreen Harry Catlow continues his winning ways in first Veteran Over 65, he puts it down to Baron St Jean Red!

#### J. Morgai

I. P. Muller	Wrekin	30.15
2. D. Tromen	Kesw	31.04
3. D. Houlsworth	Kend	31.30
4. N. Percival	Settle	32.10
5. S. Magactsier	InverClyde	32.18
6. P. Singelton	Kend	32.52
7. M. McKenna	Dallam	36.29
8. D. Bland	Kend	36.43
9. A. Buchanan	Kend	36.46
10. S. Watson	Dallam	36.49
VETERANS O/40	Dallalli	30.49
	337 - 1 -	20.15
1. P. Muller	Wrekn Kesw	30.15 31.30
2. D. Houlsworth 3. P. Roberts		37.27
	Garstang CFR	37.29
4. P. Normington 5. D. Mills	Unatt	41.35
	Unatt	41.35
VETERANS O/45		
I. M. McKenna	Dallam	36.29
2. D. Bland	Kend	36.43
3. S. Varney	Kend	37.05
4. D. Woodbridge	Kend	37.20
5. D. Swinn	Kend	37.33
VETERANS O/50		
1. D. Radcliffe	Ross	39.49
2. J. Taylor	Unatt	40.43
<ol><li>J. Hodgson</li></ol>	Dallam	48.06
VETERANS O/55		
1. P. Turner	StBedes	42.36
2. N. Hakeman	Dallam	42.51
VETERANS O/60		
1. J. Winters	B'poolF	41.33
2. S. Wheeler	Chepstow	41.55
LADIES		
I. D. Thomson	Kesw	39.44
2. M. Smith	Kend	41.58
3. L. Bayes	Scarb	42.11
4. M. Leeming	Amble	43.06
5. L. Back	Kend	43.33
6. J. Taylor	LancM	46,20
7. E. Hunsworth	Kend	51.28

#### STICKLEPATH HORSESHOE Devon BM/9.6m/1700ft 14.8.99

An excellent day of racing with all participants navigating the unmarked route in respectable and competitive times.

Full credit to Tim Davies for a decisive victory following an early attack up Belstone Tor, but the 1997 record of 1.09.41 was unchallenged.

We were delighted to welcome "eclipse" tourists from up country, notably Ian Ellernore (Scarborough), Allan Miller (Kendal) and Mark Hancock (St Albans). However, it was disappointing not to attract female entries so a special welcome in 2000 to challengers of the 1997 ladies' record of 1.52.14.

#### Phil Haygarth

I. T. Davies	Mercia	1.19.03
2. J. Rickeard	Tavis	1.19.54
3. I. Ellemore	S'borough	1.20.40
4. A. Miller	Kend	1.23.20
5. L. Warburton	Bowland	1.27.14
6. R. Kohler	Dartmoor	1.29.44
7. P. Fleming	Unatt	1.29.58
8. E. Davies	Mercia	1.30.34
9. M. Hancock	StAlb	1.30.51
10. B. Haworth	FairlyK	1.35.49
VETERANS		
1. I. Ellemore	S'borough	1.20.40
2. A. Miller	Kend	1.23.20
3. L. Warburton	Bowland	1.27.14
4. R. Kohler	Dartmoor	1.29.44
5. E. Davies	Mercia	1.30.34
JUNIORS		
1. J. Pinn	Unatt	1.37.45
2. I. Howarth	FairlyK	1.39.05

#### DWYGYFYLCHI RACE Gwynedd AM/10m/2700ft 14.8.99

Despite a change of date, venue and route (albeit minor), a record field of sixty four assembled for the third Dwygyfylchi race. I sometimes think we would get hordes more if we had chosen a name which could be pronounced more easily!

Local favourite, Emlyn Roberts, running in his own "back yard" continued where he left off following his fine Snowdon run, winning by a margin of nearly four minutes, Empiyn's lead at the halfway point frightened a few marshals into thinking that the rest of the field had gone astray! Russel Owen managed to catch and pass his namesake, Gwynfor, in the battle for second overall and first veteran. London frontrunners, well represented, were rewarded for their efforts as Helen Smethurst took the first lady title.

Post-race "socialising" was again of the highest order and Sinclair Steel and Conwy Outdoor Shop provided the sponsorship which enabled dozens to go home with goodies. Sincere thanks to all helpers who ensured that the runners made their way round the superb course without serious mishaps.

Whilst local runners took most awards, it was encouraging to see runners from London. Norwich, Canada and Riyadh - not quite mountain running hotbeds! If runners from the North of England still choose not to attend despite our famed hospitality, we require a note signed by a parent or guardian to arrive no later than the Monday after next year's race!

#### Steve Hurdman

1. E. Roberts	Eryri	1.12.12
2. R. Owen	Eryri	1.16.10
3. G. Owen	Eryri	1.16.48
4. P. Vesey	Altr	1.19.08
5. D. Williams	Eryri	1.22.14
6. G. Rees-Williams	Eryri	1.22.15
7. M. Cuddy	Gloss	1.23.20
8. D. Hughes	ColBay	1.23.58
9. B. Hunter	ColBay	1.28.12
10. K. Forster	Spectrum	1.28.27
VETERANS O/40		
1. R. Owen	Eryri	1.16.10
2. G. Owen	Eryri	1.16.48
3. C. Edwards	Unatt	1.28.36
4. D. Mullarkey	Heslby	1.30.32
5. G. Rogers	ColBay	1.33.37
	Colbay	1.55.57
VETERANS O/50		
1. D. Williams	Eryri	1.22.14
2. M. Potter	Mercia	1.33.10
3. M. Williams	Eryri	1.35.54
4. A. Oliver	Eryri	1.39.33
5. M. Blake	Eryri	1.41.38
VETERANS O/60		
1. D. Roberts	Eryri	1.40.58
2. B. Evans	Eryri	1.46.52
3. J. Carson	Eryri	1.54.08
LADIES		
1. H. Smethurst	FrontR	1.44.15
2. Y. Prior O/40	Unatt	1.51.53
3. G. Roberts O/40	Mercia	1.53.24
4. H. Kemp	Norw	2.05.29
5. L. Tristram O/40	Eryri	2.12.29
6. L. Lyndsey	Canada	2.24.32
o. z. cymascy	Carraga	

#### LANGDALE COUNTRY FAIR OPEN FELL RACE Cumbria AS/3m/2100ft 15.8.99

Intermittent rain during the morning cleared in time for the fell race programme, although conditions were slippery underfoot, especially for the steep, rocky terrain of the open race.

Fields were disappointingly small for the junior races with very few girls competing and no entries at all for the Under 14 and Under 18 races. This was a pity as sponsors, Burlington Slate, had provided additional prizes for the girls this year following two or three years when we had had large junior entries and a good proportion of female runners. This may have been the result of a clash of dates in the area.

The open fell race which takes runners straight to the top of Harrison Stickle and back was well supported and drew a large and appreciative crowd of spectators who watched the competitors all the way and clapped them home! These races form part of Langdale Country Fair so many of the spectators have never seen fell races before and can hardly believe their eyes when they see the distance and steepness of the course and the speed with which the runners complete it. Many competitors brought their familieswith them - there is plenty for children to do at the country fair and it makes a great day out at what must be the most scenically beautiful show site in the country. Next year's date is 20 August.

Alison Bolt

1. D. Duxbury	Amble	40.18
2. D. Troman	Kesw	40.27
3. J. Wright	Tod	41.15
4. А. Раггу	Unatt	44.31
5. D. Hope	AchR	44.58
6. P. Thompson	Clay	45.07
7. S. Rivers	Cosmic	45.13
8. B. Schofield	Tod	45.19
9. R. Green	AchR	45.24
10. J. Hope	AchR	46.07
VETERANS O/40		
1. A. Renfree	Unatt	51.22
2. J. Dolan	Army	51.38
3. A. Firth	Clay	52.17
4. P. Wakefield	Kghly	57.22
5. M. Bates	Wesham	65.30
VETERANS O/45		
I. J. Adair	Holm	49.37
2. N. Walker	Amble	51.28
3. D. Robinson	Amble	51.46
4. B. Crewdson	B'hum	57.37
5. H. Atkinson	Bing	60.47
J. II. HERIISON	Billip	00.77
VETERANS O/50		
1. B Schofield	Tod	45.19
2. J. Hope	AchR	46.07
3. J. Montgomery	Unatt	70.52
VETERANS O/55		
1. P. Green	Unatt	53.37
1. F. Green	Unatt	33.37
VETERANS O/60		
1. L. Ward	Wesham	79.00
LADIES		W. 10
1. L. Lacon	Holm	51.49
2. J. O'Connor	Unatt	59.23
3. W. Dolan O/40	York	90.00

#### GATESGARTH FELL RACE Cumbria AM/6m/2800ft 15,8.99

Congratulations to Johnnie and Janet on excellent times which establish new records as we had to change the start of the course. Thanks are due as always to the helpers, the marshals, the Cockermouth Mountain Rescue Team, who provided radio support, and to Gatesgarth farm for the use of their fields. Finally, thanks to everyone for competing in this classic little round.

#### Barry Johnson

1. J. Bland 2. M. Davies 3. J. Hunt 4. S. Bottomley 5. B. Taylor 6. S. Macina 7. A. Beaty 8. H. Jarrett 9. N. Lockwood 10. R. Mossop	Borr Unatt CFR P&B CFR P&B CFR CFR CFR Kesw CFR	48.33 52.36 53.05 53.10 53.10 53.31 53.59 54.15 54.16 55.28
VETERANS O/40 1. A. Beaty 2. M. Wood 3. N. Priestley	CFR CFR Annand	53.59 64.48 71.36
VETERANS O/45 1. H. Jarrett 2. J. Winn 3. I. Block	CFR CFR CFR	54.15 55.35 59.07
VETERANS O/50 1. T. Bland 2. M. Litt 3. R. Davies	Bort CFR CFR	58.36 59.26 69.49
VETERANS O/55 1. B. Johnson 2. D. Morgan VETERANS O/60	CFR CFR	75.27 77.05
1. D. Rigg 2. J. Garbarino 3. J. Taylor	CFR AchR Amble	73.15 81.84 85.41
LADIES 1. J. King 2. K. Beaty O/40 3. J. Leather	CFR CFR Amble	56.57 70.46 76.12
JUNIORS 1. James, Walker 2. Jonathan Walker 3. N. Mechie 4. K. Mechie	CFR CFR Thirsk Thirsk	26.15 27.28 28.34 31.16

#### WORSTHORNE MAG 7 RACE Lancashire BM/7m/900ft 15.8.99

There was an exceptionally high quality turnout this year for the Worsthorne Mag 7 Race, for this the ninth round of The Pendle & Burnley Grand Prix Championship.

In previous years, the race has been run in heat wave conditions, far too hot for running but, this year's race was run in cooler conditions more suited to October than August with rain & wind prevailing.

With 188 runners attending the race, the start had to be delayed in order that all runners could register.

The race appeared to be between Shaun Livesey and Paul Muller until they missed a turn. Fell specialist Shaun cantered over rough ground to recover second place behind team mate Andy Black but, road runner Paul had to settle for sixth and Veteran Over 40 honours.

Championship contenders Wilkinson and Waterworth finished third and fifth, separated by Karl Smith. Peter Butterworth in 20th was the winning Veteran Over 45 with Ken Taylor in 23rd being the winning Veteran Over 50, Ted Orrell first Veteran Over 60 and Veteran Over 75, Jack Riley, finished in 1:39.58.

The ladies' race was well contested and ended in a victory for Kath Drake. Carol Stoney had a good run to second place with Lucy Whittaker a close third.

Special thanks must go to all organisers, time keepers, marshals and runners, but particular thanks to the main race sponsors, Choice Catalogues, who provided the race T-shirts at short notice.

Thanks also to Felldancer, Adidas, Keith Melling Artist and all the other companies for donation of prizes.

The after-race presentation was held at the local Bay Horse Inn. Thank you all - perhaps we may see some of you next year, I'll try and arrange for the Scottish Bagpiper to be in attendance again next year !!!

#### Peter Thompson

eter Thompson		
1. A. Black	Clay	39.57
2. S. Livesey	Clay	40.04
3. G. Wilkinson	Clay	40.13
4. K. Smith	Unatt	40.13
5. A. Waterworth	Clay	40.20
6. P. Muller		
	Wrekin	40.28
7. A. Hartley	Clay	40.31
8. A. Payne	Clay	40.33
9. D. Gregory	Clay	40.54
10. M. Sandamas	Kghly	41.10
VETERANS O/40		
	VI71-1	40.00
1. P. Mulelr	Wrekin	40.28
2. G. Gough	Clay	41.20
3. G. Cunliffe	Clay	42.02
4. T. Taylor	Ross	42.13
5. J. Tomlinson	Clay	42.23
VETERANS 0/45		
	CI.	10.10
1. P. Butterworth	Clay	43.13
2. N. Pearce	Ilk	44.30
3. A. Steele	Rade	44.54
4. K. Sturdy	Clay	46.12
5. P. Booth	Clay	45.52
FIETER AND OUR		
VETERANS O/50		
1. K. Taylor	Ross	43.42
2. B. Mitchell	Clay	44.36
3. J. Holt	Clay	44.50
4. G. Breeze	Skyrac	47.07
<ol><li>G. Fielding</li></ol>	Ross	47.39
VETERANS O/55		
I. G. Howard	Ilk	47.20
2. D. Scott	Clay	48.19
3. M. Cole	Skyrac	51.17
TIPETED AND OUG		
VETERANS O/60		
1. T. Orrell	clay	53.42
2. J. Amos	Clay	54.28
3. G. Arnold	Prest	56.39
VETERANG OVE		
VETERANS O/65	1 14	55.50
1. F. Makin	LancsM	55.59
VETERANS O/65		
	Class	99.58
1. J. Riley	Clay	99.30
LADIES		
I. K. Drake O/35	Spen	49.04
2. C. Stoney O/40	Spen	50.09
3. L. Whittaker	Saddle	50.15
4 1 Powlings C/45		
4. J. Rawlinson O/45	Ross	50.59
5. D. Robson	Clay	54.19
6. N. Taylor	Unatt	55.12
7. J. Adams O/45	RedR	55.53
INTERMEDIATES U/2	0	
		67.40
1. A. Fuller	Ross	57.49
2. A. Wilson	Unatt	60.50

#### THE RUGBY RUN Derbyshire BS/5m/1000ft 19.8.99

Pre-race stors did not prevent a field of 142 runners gathering for the 7th Rugby Run, organised by Hope Valley RUFAC, and a series of fast times were recorded.

Both the winner, Dem Whiting, and runner-up, Ged Cudahy, beat the event record of Paul Deaville, who finished sixth.

Another first time entrant, Estelle McGuire, won the ladies' race in 37.46 but was outside the ladies' record held by Elizabeth Batt, who was beaten into second place.

Additional prizes were awarded to men's Over 40 winner, Mark Salkild, 11th overall, ladies' Over 40 winner, Jackie Smith, 60th overall and local residents' winner. Graham Revell.

Ian Broad

DIOUU		
1. D. Whiting	HallamP	30.05
2. G. Cudahy	Stock	30.34
3. L. Taggart	Bux	31.13
4. T. Austin	NDerby	31.49
5. M. Bishop	Hallam	31.56
6. P. Deaville	Kinder	32.01
7. D. Teasdale	Hallam	32.11
8. D. Gartley	Unatt	32.20
9. N. Bassett	StaffsM	32.31
10. S. Penney	Ch'field	32.50
VETERANS O/40		
1. M. Salkild	DkPk	33.00
2. K. McGrath	DkPk	34.50
3. K. Holmes	Unatt	35.03
4. C. Fray	Penn	35.14
5. N. Kent	Sheff	35.22
VETERANS O/50		
1. R. Marlow	DkPk	36.44
2. A. Brentnall	Penn	36.48
3. N. Oxley	Unatt	37.50
4. R. Hopkinson	DkPk	38.40
5. D. Trickett	Hallam	38.55
VETERANS O/60		
I. P. Grundy	Bux	46.12
2. G. Richardson	Clowne	51.20
3. M. Roberts	Bing	56.57
LADIES		0.0.0
1. E. McGuire	Stock	37.46
2. E. Batt	Bux	38.08
3. L. Lacon	Holm	38.45
4. J. Smith O/40	DkPk	39.40
5. J. Bednall	SheffTri	40.57
6. J. Mellor	Penn	41.17
7. J. Phizacklea	Bux	41.50
8. J. Wilson	Hallam	42.27

#### RODNEY PILLAR Shropshire AS/4.5m/1600ft 20.8.99

I would like to thank everyone who took part in the 1999 summer series in Shropshire. There have been some very good battles at all levels from the top runners and those at the other levels of fitness.

We have put on a new race, the Stiperstone, in place of Callow which was a championship race this year but it will be back in next year. There will be eight races in the series next year and runners will be allowed to drop two races because of holidays or injuries, which should make it very interesting.

I am trying to put together the last three years' results so runners can see their previous times; this will be on the internet www.dawsy.freeserve.co.uk, hopefully by October 1999.

Hope to see new and old runners next year - dates will be in the Fell Calendar.

Jim Fernie

Fernie		
1. P. Cadman	Mercia	25.17
2. C. Lancaster	Telf	26.12
3. G. Jones	Shrews	26.21
4. I. Hughes	Unatt	26.33
5. R. lamb	Mercia	26.36
6. H. Jones	mercia	26.37
7. M. Lloyd	Shrews	26.46
8. A. Davies	Mercia	27.41
9. B. Dredge	Mercia	27.44
10. A. Yapp	Mercia	27.53
VETERANS O/40		
1. G. Jones	Shrews	26.21
2, C. Derham	Morec	30.43
3. D. Davies	Telf	31.36
VETERANS O/45		
1. B. Dredge	Mercia	27.44
2. R. Craig	beacon	30.54
3. B. Meachem	Shrews	32.08
VETERANS O/50		
1. J. Coombs	Mercia	28.31
2. P. Booth	Unatt	31.07
3. A. Hodgkiss	Telf	34.05
VETERANS O/55		
1. M. Pierpoint	Unatt	32.57
2. M. Edwards	Wrex	33.01
3. J. Sproson	Mercia	30.25

VETERANS O/60		
I. L. Hughes	Welsh	44.45
LADIES		
I. T. Ambler O/35	P&B	30.48
2. S. Pritchard Junior	Brecon	31.30
3. M. Gaskell Junior	Brecon	31.32
4. W. Walton O/40	Shuff	32.16
5. S. Butcher O/45	Shuff	34.31
6. R. Matthews Junior	Shrews	34.35
7. G. Roberts O/40	Mercia	34.43
8. K. Preston O/50	Shuff	34.59
JUNIORS		
1. R. Little	WaltChas	28.45
2. J. Davies	Telf	31.37

#### BURNSALL CLASSIC FELL RACE North Yorkshire AS/1.5m/900ft 21.8.99

Excellent conditions and a good entry looked good to break the record. Steve Hawkins led at the fell wall but had been overtaken at the top by Ian Holmes in a time of 9.0 4. Surprisingly well outsidethe record of 8.42 set by Mick Short in 1977, Holmes was unbeatable on the descentin 4.10 and almost coasted into the village with Hawkins some 43 seconds behind. So, the record of 12.48 set by John Wild in 1983, remains

Andy Styan, a former winner in 1974, was first veteran in 15.52. Sarah Rowell ran an excellent race to win the ladies' prize in 17.31, with former ladies' winner, Sara Hodgson, second in 19.31.

ond in 19.31.		
1. I. Holmes	Bing	13.14
2. S. Hawkins	Bing	13.57
3. T. Mason	WDaleH	14.43
4. M. Speight	Felland	15.19
5. A. Styan	Holm	15.52
6. I. Ellmore	S'borough	15.54
7. D. Walker	Clay	15.55
8. S. Bottomley	P&B	15.56
9. W. Smith	Unatt	15.56
10. S. Neil	P&B	15.56
VETERANS O/40		
1. I. Ellmore	S'borough	15.54
2. L. Sands	Unatt	17.03
3. A. Robinson	Clay	17.23
4. D. Britton	Felland	18.39
5. K. Rogan	Wharfe	19.08
VETERANS O/50		
1. A. Styan	Holm	15.52
2. J. Hope	AchR	16.40
3. B. Rawlinson	Ross	17.24
4, N. Bush	Unatt	17.57
5. P. Helliwell	Bing	18.31
LADIES		
1. S. Rowell O/35	P&B	17.31
2. S. Hodgson O/35	Felland	19.31
3. S. Corbin	P&B	19.42
4. J. Smith O/35	Bing	20.33
5. S. Jollie	Eccles	21.56
6. P. Dore O/35	Roch	24.14
7. C. Harding	Roch	24.16
JUNIORS		
1. A. Gibson U/13	Holm	
2. R. Whitaker U/14	Unatt	
3. J. Burfitt U/16	Local	

#### ELIDIR FAWR AS/5m/2800ft 22.8.99

MEN (5m, 2800ft:

TEAM: Eryri

O/40 TEAM: Clayton-le-Moors

WEN (SIII, 2000IL;			
Inc. British and Welsh champs races 6 of 6)			
I. R. Jebb	Bing	50.22 (rec)	
2. B. Bardsley	Borrow	50.45	
3. C. Donnelly	Eryri	51.35	
4. J. Bland	Borrow	51.48	
5. D. Neill	Mercia, M40	51.51	
6. J. McQueen	Eryri	51.58	
7. A. Trigg	Glossop	52.44	
8. M. Roberts	Вогтом	52.53	
9. A. Schofield	Borrow	52.53	
10. M. Rigby	Amble	55.01	
11. M. Wallis	Clay, M40	56.28	
12. P. Cadman	Mercia	56.35	
13. J. Hunt	CFR	56.44	
14. W. Bell	CFR, M40	56.45	
15. G. Gough	Clay, M40	56.51	
16. M. Fleming	Amble	56.54	
17. J. Patterson	Albert, M50	56.56	
18. A. Ward	Dark Peak	56.57	
19. T. Hesketh	Horw, M50	57.01	
20. S. Bell	Dark Peak	57.22	
VETERANS O/50			
	Ross	59.10	
3. K. Taylor	KOSS	37.10	
VETERANS O/60			
1. J. Dearden	Helsby	75.55	

LADIES		
1. N. Davies	Borrow, W40	61.18
2. J. Rae	Amble	64.26
3. J. King	CFR	66.22
4. J. Prowse	K&C, W40	67.03
5. J. Lloyd	Eryri	68.06
6. L. Lacon	Holm	69.28
7. S. Radcliffe	Sadd	70.36
8. R. Dorrington	AbbeyR	72.24
LADIES O/50		
1. S. Lloyd	Eryri	40.35
TEAM: Eryri		

#### FACTORY HILL NIGHTMARE MILE Lancashire O/1m/600ft 25.8.99

Rob Jackson won the race for the fourth time in five attempts and broke his own course record by two seconds which was set in 1997. Steve Williams set a new veteran's course record and his wife, Kath, made it a family double winning the ladies' first prize.

$T_{\alpha m m}$	Hesketh	
LORV	neskein	

Ony Heaketh		
I. R. Jackson	Salf	6.12
2. D. Shaw	Bolt	6.31
3. S. Williams	Salf	6.40
4. S. Jackson	Horw	6.53
5. C. Nightingale	Wigan	7.13
6. P. Ramsdale	Horw	7.47
7. R. Bennett	Chor	7.48
8. P. Gilham	Chor	7.49
VETERANS O/40		
I. P. Ramsdale	Horw	7.47
	Chor	7.48
VETERANS O/45		
I. S. Williams	Salf	6.40
2. S. Jackson	Horw	6.53
VETERANS O/50		
1. P. Gilham	Chor	7.49
VETERANS O/70	Choi	,,,,,
1. A. Robinson	HORW	10.04
2. I. Evans	Lostock	11.34
LADIES		
1. K. Williams	Salf	9.04
2. M. Evans	Lostock	16.34

#### ECCLES PIKE High Peak BS/3.5m/650ft 25.8.99

This year's race was luckily run in a break in the weather with a warm dry evening following an appalling stormy day.

The entry was similar to last year but with quite a few new faces and many supporters enjoying themselves at the pub!

There were no records broken (although the lady winner came close) but the first three places were very closely fought with only ten seconds between them!

Everyone, including the families, enjoyed the night, the race and the after-race drinks and meals available in the lovely setting near Buxworth Canal Basin.

This is a small friendly race which attracts some really good local runners, short enough to keep the field reasonably compact but tough enough to separate the good from the not so good!

Sue Stafford

ie Stafford		
1. T. Austin	NDerby	21.46
2. M. Fowler	Salf	21.50
3. S. Penney	Ch'field	21.56
4. D. Gartley	Unatt	22.14
5. N. Bassett	StaffsM	22.39
6. L. Footit	Bux	22.43
7. M. Williams	Penn	22.48
8. A. Whittingham	Bux	23.14
9. R. Marlton	Stock	23.51
10. S. Burthem	Spectrum	23.56
VETERANS O/40		
1. I. Warhurst	Penn	23.57
2. C. Fray	Penn	24.04
3. N. Hindle	Altr	25.34
VETERANS O/50		
1. A. Brentnall	Penn	24.41
	Gloss	26.33
3. G. Revell	Bradwell	27.25
VETERANS O/60		
1. P. Grundy	Bux	31.19
LADIES		
1. E. Batt	Bux	25.28
2. E. McGuire	Stock	25.41
3. J. Burthem	Spectrum	27.13
4. R. Hilton	Mace	27.50
5. J. Phizacklea	Bux	28.43
6. J. Mellor	Penn	29.09
7. A. Brentnall O/40	Penn	30.23
JUNIORS		
1. T. Egerton	Traff	24.57
2. M. Hudson	GoytV	25.19
3. L. Lohman - Lady	Macc	32.12



Dave Lewis (Rossendale) at the Golf Ball Photo: Steve Bateson

#### GOLF BALL FELL RACE Lancashire BS/5.5m/800ft 25.8.99

Yet another good turnout this year with one hundred and forty seven runners taking part. The evening's weather was very close and sticky due to mixed weather during the day. First runner home was local, Dave Lewis, who we don't see enough of on the fells. Unfortunately, Dave got lsot on part of the course and, but for this, I'm sure he would have come very close to breaking the course record. A good run also by Steve Oldfield, who was first veteran home in third postion. Dave was backed up by M. Lee and M. Keys of Rossendale who were fourth and fifth. This won them the team prize. Ken Taylor had an excellent run and took the prize for first veteran over 50. The juniors also did very well with C. White taking first spot in 40.46.

We mustn't forget the ladies with Beverley McWade in first position with Jean Rawlinson taking second and A. Martin taking third.

I would like to thank all the staff who helped me with the race organisaiton and to all the competitors for tunring up. We all look forward to seeing you again next year.

Jan Kempson

an Kempson		
1. D. Lewis	Ross	36.28
2. G. Patten	P&B	36.39
3. S. Oldfield	BfdA	37.13
4. M. Lee	Ross	37.27
5. M. Keys	Ross	37.44
6. I. Greenwood	Clay	37.52
7. G. Gough	Clay	37.56
8. M. Aspinall	Ross	38.51
9. D. Gregory	Clay	39.35
10. P. Taylor	Ross	39.37
VETERANS O/40		
1. S. Oldfield	BfdA	37.13
2. M. Keys	Ross	37.44
3. G. Gough	Clay	37.56
4. P. Taylor	Ross	39.37
5. D. Hebden	Ross	41.51
VETERANS O/45	1000	
1. D. Beels	Roch	42.07
2. D. Schofield	Ross	42.24
3. D. Archer	Bury	42.54
4. B. Horsley	CFR	43.37
5. F. Judge	Clay	45.08
VETERANS O/50	Citay	15.00
1. K. Taylor	Ross	41.54
2. J. Holt	Clay	42.23
3. B. Rawlinson	Ross	42.47
4. G. Newsham	Clay	44.24
5. N. Harris	Ross	46.16
VETERANS O/60	14033	70.10
I. R. Jaques	Unatt	49.24
2. G. Robinson	Ross	56.03
3. D. Clutterbuck	Roch	56.31
LADIES	ROCH	50.51
I. B. McWade	Clay	46.22
2. J. Rawlinson O/45	Ross	48.02
3. A. Martin	Clay	49.04
4. K. Taylor O/40	Ross	51.25
5. J. Derbyshire	Horw	52.07
6. J. Robertson	SStr	52.49
7. H. Wilkinson	CFR	54.45
8. S. Badgett	M/cYMCA	56.22
JUNIORS	WITCHWICA	30.22
1. C. White	D	10.44
2. D. Byrne	Ross	40.46
3 M Winniel	Ross	45.25
3. M. Winnick	Ross	46.26

#### ROUND LATRIGG Ccumbria BS/5.5m/800ft 25,8.99

No records this year but the weather stayed fine and only one mishap occurred with Mike Litt who slipped and broke two fingers.

My thanks as ever to the timekeepers and marshals without whom races wouldn't exist.

Lyn Thompson

1. M. Amor	CFR	30.52
2. A. Williams	Sale	31.37
3. B. Taylor	CFR	33.00
4. S. Rivers	Cosmic	33.16
5. D. Morris	CFR	33.19
6. A. Beaty	CFR	33.47
7. H. Jarrett	CFR	34.04
8. B. Short	CumbAC	34.09
9. G. Thorpe	Amble	34.28
10. S. Holliday	CFR	34.31
VETERANS O/40		
1. A. Beaty	CFR	33.47
2. S. Holliday	CFR	34.31
3. K. Smith	CFR	35.15
	0	555
VETERANS 0/45	ann.	
1. H. Jarrett	CFR	34.04
2. J. Winn	CFR	34.54
3. E. Parker	Amble	38.00
VETERANS O/50		
1. S. Sharp	CFR	34.43
2. M. Walker	Gosforth	36.25
3. M. Litt	CFR	36.45
VETERANS O/55		
1. S. Watson	Cumb	42.49
2. D. Gibson	Sadd	43.31
3. S. Lunt	Cumb	45.42
3. 3. Lunt	Cumb	45.42
VETERANS O/60		
1. B. Booth	Kesw	41.29
2. M. McDougall	Cumb	42.48
3. D. Rigg	CFR	43.57
LADIES		
1. N. Davies O/40	Borr	38.14
2. W. Edwards	LesCroup	39.09
3. K. Beaty O/40	CFR	41.48

#### Y.MYNYDD Gwynedd 4.5m 25.8.99

We had a fantastic day. Although it had been raining heavily the day before and also the morning of the race, the weather was clear for the essential hour and a half during which our races took place. The weather had obviously affected the route seeing that it is part main road, part moorland and part through forestry land. The runners, however, found this a greater challenge and enjoyed the race. Thanks to the Fell Runners' magazine, we had runners from as far afield as Yorkshire and Birmingham. This year we had 33 adult runners and it seems that although interest in other races seems to be falling, our race is going from strength to strength.

An interesting fact - Gary Rees Williams ran alongside the children in their race to ensure additional safety although there were marshals along the way. He also ran another warm-up route before running his own race and winning in record time!

Judith Williams

1. G. Williams	28.14
2. P. Evans	29.09
3. A. Rees	29.10
4. D. Shepherd	30.28
5. P. Philbeam	30.41
6. M. Reeves	32.12
7. C. Harwood	32.53
8. I. Williams	33.08
9. J. Hughes	33.16
10. C. Near	34.36
VETERANS O/40	
1. R. Griffiths	29.04
2. M. Santhard	29.29
3. S. Barnard	32.29
4. W. Hughes	35.34
5. S. Jones	37.04
VETERANS O/50	
1. D. Williams	29.52
2. E. Davies	31.33
3. D. Hill	33.20
4. P. Newby	35.03
5. M. Blake	35.16
VETERANS O/60	
1. A. Jones	40.34
LADIES	
1. J. Gilbert	35.42
2. S. Farrar	38.02
3. A. Donnelly	38.58
4. P. Phillips	40.34
5. A. Roberts	45.00

JUNIORS - BOYS U/15 1. G. Williams 2. T. Owen 3. M. Graham	15.39 16.21 17.09
JUNIORS - GIRLS U/15 1. L. Griffiths 2. K. Alford 3. A. Alford	14.53 25.14 27.00
JUNIORS - BOYS U/12 1. H. Griffiths 2. I. Morris 3. H. Pickering	11.38 12.12 12.40
JUNIORS - GIRLS U/12 1. L. Morris 2. L. Williams	18.04 19.50

#### CROOK PEAK RACE Somerset AS/3m/800ft 25.8.99

1. P. James	Unatt	19.33
2. T. Byrne	Unatt	19.38
3. C. Hallett	Brist	20.28
4. S. Williams	Westbury	20.32
5. N. Miller	Westbury	20.45
6. I. Powell	Westbury	21.04
7. A. Kelly	GWR	21.05
8. J. Rawlings	Chedd	21.47
9. M. Rogers	Burnham	22.04
10. C. Kelsey	Wells	22.22
VETERANS O/40		
1. N. Miller	Westbury	20.45
2. C. Kelsey	Wells	22.22
3. C. Ashworth	Dursley	22.47
4. S. Laird	Wells	22.57
5. I. Stirrups	Unatt	23.03
VETERANS O/50		
1. R. Hart	Weston	23.02
2. G. Hawkins	Dursley	23.34
3. T. Sperrin	Weston	23.34
4. B. Martin	Amble	26.12
5. D. Palmer	Thornbury	26.15
VETERANS O/60		
1. I. Teesdale	Wells	30.41
2. C. Turner	Wells	31.51
LADIES		
1. A. Bedwell	Brisol	23.58
2. D. Preedy	Weston	27.02
3. J. Hallett O/40	Bristol	27.59
4. S. Stobart O/40	Wells	28.10
5. G. Constable O/50	Cheddar	28.42
6. S. Stirrups O/40	29.54	

#### ARNISON CRAG HORSESHOE Cumbria AS/3m/1000ft 28.9.99

Thank you to everyone who took part in the fourth running of the Arnison Crag Horseshoe Fell Race. A Bank Holiday Saturday and we had glorious weather; the marshals enjoyed it but it was maybe a bit hot for the runners. Well done to Nick Sharp for leading everyone home for the second consecutive year and to Louise Osborn for winning the ladies' race again. Patrick Wooddisse also retained the title of first local.

Many thanks to Catstycam Outdoor Shop in Glenridding for sponsoring the prizes and to the marshals. Hope you all enjoyed the run. See you next year!

Christine Kenyo

hristine Kenyon		
1. N. Sharp	Kesw	24.28
2. A. Beaty	CFR	25.13
3. C. Jones	AchR	26.24
4. R. Davidson	CFR	27.03
5. P. Wooddisse	Unatt	27.08
6. J. Willacy	Unatt	27.54
7. A. Beck	Kend	28.13
8. M. Thacker	Kesw	28.41
9. D. Bridge	Borr	29.14
10. L. Osborn	Kesw	29.23
VETERANS O/40		
1. A. Beaty	CFR	25.13
2. R. Davidson	CFR	27.03
3. A. Beck	Kend	28.13
VETERANS O/50		
1. D. Bridge	Вогг	29.14
2. J. Dearden	Helsby	32.47
3. M. Dawes	Kesw	33.35
LADIES		
1. L. Osborn	Kesw	29.23
2. E. Murray	ShaftsB	29.46
3. S. Hodgson	Felland	30.16
4. K. Beaty O/40	CFR	32.10
,		

#### RHIWLAS ROMP Shropshire CM/7m/800ft 28.8.99

A glorious day and a very successful event. Last year, the first year of the race, there were sixteen entries - this year forty eight entries. A good increase as has been the trend with all our fixtures, both road and off-road, this year - very encouraging!

The not too difficult hill/fell runs are very popular with most runners and athletes know that courses which I design are suitable for all standards of runners.

#### Doug Morris

ig Morris		
1. E. Fountain	OxfUni	47.30
2. M. Wittering	Huncote	51.36
3. M. Seddon	Gloss	52.00
4. C. Ashley	Wrex	52.11
5. J. Outhwaite	Jag	53.35
6. N. Evans	Bodysynni	54.56
7. M. Threadgold	Buck	54.57
8. G. Spencer	Mercia	55.59
9. D. Jenkins	FRA	56.17
10. J. Rowlands	OsOl	56.34
VETERANS O/40		
1. C. Ashley	Wrex	52.11
2. N. Evans	Bodysynni	54.56
3. D. Jenkins	FRA	56.17
VETERANS O/45		
1. M. Wittering	Huncote	51.36
2. G. Spencer	Mercia	55.59
3. D. Owen	ShropSh	57.12
VETERANS O/50	1	
1. J. Rowlands	OsOl	56.34
2. M. White	Huncote	58.17
3. R. Jardine	Eryri	59.00
VETERANS O/55	-	
1. N. Pratton	Wirral	56.45
2. A. Morris	ShropSh	59.02
3. B. Jackson	Bodysynni	61.20
VETERANS O/60		
1. K. Matthews	Shrews	65.43
VETERANS O/65	Sille W.S	00.10
1. M. Ward	Unatt	57.37
LADIES	Onace	57.57
1. T. Ambler	P&B	59.36
2. S. Candy	ShropSh	60.25
3. G. Roberts	Mercia	65.52
4. B. Ward	OsOl	66.24
5. J. Edwards	Unatt	67.25
6. K. Preston	ShropSh	69.45
7. A. Frost	Unatt	72.33
8. L. Cook	ShropSh	79.40
	F	

#### DUFTON FELL RACE Cumbria

AS/2m/1578ft 28.8.99				
	1. J. Bland	Вогт	24.37	
	2. M. Roberts	Unatt	25.19	
	3. G. Schofield	Horw	27.00	
	4. S. craig	Milburn	29.16	
	5. P. Stones	CFR	30.45	
	6. S. Furness	B'burn	31.59	
	7. L. Mulduney	Donc	35.44	
	8. P. Reddy	Ormside	36.19	
	9. C. Gardner	Darl	36.41	
	10. N. Dyson	Langdale	37.01	
	JUNIORS	Č		
	1. M. Stuart	Kend	16.30	
	2. W. Clark	Unatt	17.38	
	3 K Thompson	Linatt	18.07	

#### GOODRICH FELL RACE Herefordshire BM/6.5m/900ft 28.8.99

The Goodrich Village Fell Race is in its twenty third year and the 1999 event attracted runners from all over the UK on a hot, sunny Bank Holiday Saturday afternoon. The course had been modified slightly be permission of the local landowner to eradicate a road section of the race, much to the satisfaction of all parties. The change meant the two lap course was as near as dammit 6.5 miles as advertised.

Once again the event featured a one lap Junior race for 13-17 year olds which was easily won by Darryl Reynolds (14) winning in 25.01 who, this winter, will be unleashed on the South Wales Winter Hill League Series.

The route change meant new course records would be set anyway but firm conditions underfoot, despite heavy rain in the three days prior to the race, resulted in the 1999 winning times eclipsing the older, shorter course records for both male and female

Bill Nock triumphed in the men's race in 37.32 and spectators were impressed at the speed he powered off Coppitt Hill. His winning margin of 4.14 set the largest in the run's history.

Cheltenham Harriers took the men's team prize led home by Kevin Willis in second place and first Veteran home.

The ladies' race was as decisive as the men's as Sally Newman shaved over two minutes off the old course record. Sally finished over three minutes in front of Jess Hopkins who, incidentally, finished 19th in this year's London Marathon in 2.56.00. Jess helped E. Cornwall Harriers to the ladies' team

#### G. M. Green

1. B. Nock	Hales	37.32
2. K. Willis	Chelt	41.46
3. B. Willis	Royston	41.51
4. B. Ward	Chelt	43.23
5. D. Kearn	Compton	43.56
6. M. McGreary	Chelt	44.50
7. N. Doyle	Ecorn	45.00
8. R. Britton	StaffsM	45.08
9. F. Fox	Crewk	45.47
10. S. Newman	Wreake	46.09
VETERANS O/40		
1. K. Willis	Chelt	41.46
2. M. McGreary	Chelt	44.50
3. F. Fox	Crewk	45.47
4. P. Morris	WyeV	47.35
5. P. Grimsdale	OxfordC	48.06
VETERANS O/45		
1. D. Kearn	Compton	43.56
2. R. Britton	StaffsM	45.08
3. J. Foster	ECorn	46.13
4. D. McNamee	Chelt	49.05
5. M. Grimdale	Watford	49.21
VETERANS O/50		
1. K. Buckle	Chelt	47.26
2. R. Baker	Wreake	51.19
3. J. Bateman	RRC	51.27
4. P. Broen	Stroud	55.50
5. M. Strong	HandycJog	57.27
VETERANS O/60		
1. R. Phillips	Chelt	58.25
LADIES		
1. S. Newman	Wreake	46.09
2. J. Hopkins	ECom	49.32
3. B. Sampson O/40	Glouc	50.35
4. L. Harrison	ECorn	57.48
5. J. Faint O/40	Glouc	58.04



Pendleton start Photo: Peter Hartley

#### MOFFAT BEEFTUB RACE Borders

#### AS/2m/750ft 28.8.99

AS/2111/13011 20.0.77			
	1. A. Spenceley	Carn	22.15
	2. S. Rivers	Cosmics	22.52
	3. S. Fraser	Lasswade	23.33
	4. D. Brown	Solway	23.43
	5. A. Dytch	Westies	23.58
	6. D. Milligan	Solway	24.46
	7. J. Doyle	VictorPk	25.09
	8. L. Hill	Dumf	25.20
	9. D. Reid	Westies	26.38
	10. K. Burns	Carn	26.46
	VETERANS O/40		
	1. D. Brown	Solway	23.43
	2. A. Dytch	Westies	23.58
	3. J. Doyle	VictorPk	25.09
	4. L. Hill	Dumf	25.20
	5. D. Reid	Westies	26.38
	VETERANS O/60		
	1. D. Milligan	Solway	24.46
	2. K. Burns	Carn	26.46
	3. B. Gauld	Carn	29.09
	4. J. Buchanan	ADAC	29.46
	5. C. Kilnee	Felland	35.36
	LADIES		
	I. M. Sheill Jun	Carn	28.52
	2. A. Nimmo O/35	Carn	31.44
	3. A. Sheill Jun	Carn	33.33
	4. D. Monteith O/35	VictorPk	33.47

#### BELLINGHAM SHOW FELL RACE Northumberland BS/4m/600ft 28.8.99

Bellingham Show was once again a really hot and sunny day which made the run very arduous for the forty seven competitors. The circular route starts in the main showring and finishes opposite the showring field. The run continues to go up Dunterley Fell to the Pennine Way stile, across the stile to Shittlington Craggs and then a pleasant run downhill to East Hireage Farm. From there, a steady climb up the hill to the top of Dunterley Fell, back down to the cattle grid and a pleasant mile jaunt along the feat ground to the finish line. With a record field and a pleasant day, a good time was had by all.

Cumpiren		
1. S. Scott	NFR	28.15
2. A. Green	Tyne	28.32
3. D. Hope	AchR	29.33
4. J. Knox	Teviot	29.35
5. D. Armstrong	NFR	29.41
6. J. Hope	AchR	30.20
7. J. Batt	Buckton	31.14
8. R. Dawson	NFR	31.48
9. T. Scanlon	AchR	32.23
10. C. White	NFR	32.43
VETERANS O/40		
1. C. White	NFR	32.43
2. J. Humble	NFR	33.09
3. J. Dallinson	NFR	33.35
4. T. Dodds	NBeck	34.58
5. P. Crieton	Unatt	35.05
VETERANS O/50		
1. J. Knox	Teviot	29.35
2. J. Hope	AchR	30.20
3. R. Dawson	NFR	31.48
4. L. Stevenson	Kend	34.29
5. R. Grey	NFR	35.40
LADIES		
I. E. Batt	Bux	33.33
2. J. Lumsden	NFR	33.45
3. R. Fletcher	NFR	38.06
4. J. Saul	NFR	39.40
5. K. Scott	Tach	41.35
6. P. Cooper	NFR	42.37
7. B. Ingram	NShields	43.53
8. L. Swanson	Heaton	46.12
INTERMEDIATES		.0.12
1. D. Nichols		34.02
I. D. INICHOIS		34.02

#### PENDLETON FELL RACE Lancashire AS/5m/1500ft 28.8.99

We were very pleased to be able to attract a field of 154 runners on this the busiest fell racing day of the year with nineteen other races in the fixture lit or held locally.

Rob Hope repeated his win of last year having led for most of the race. Fine performance from veteran Over 40, Mike Wallace, in second place with Dave Nuttall in third, one place down on last year.

Jack Holt sharpening up for the Ben, won the Veteran Over 50 and Harry Catlow just held off Bill Smith in the veteran Over 60. Debbie Gowans who lives over the hill in Sabden, comfor-

Debbie Gowans who lives over the hill in Sabden, comfortably won the ladies' race with Jean Rawlinson, veteran Over 40, second, closely followed by Jill Robinson, Veteran Over 40, for third

Thanks to all marshals and other who helped on the day and to Edward Chester & Son, Accountants, Clitheroe.

The race showed a profit of £97 which has been donated to the Clitheroe Heat Machine Fund.

Rover Dewhurst

iger Dewnursi		
I. R. Hope	P&B	34.37
2. M. Wallis	Clay	35.30
3. D. Nuttall	Clay	35.57
4. W. Sullivan	Unatt	36.05
5. B. Bolland	Newburgh	36.43
6. N. Hatchard	Ross	36.55
7. S. Bottomley	P&B	37.03
8. I. Greenwood	Clay	37.08
9. P. Taylor	Ross	37.12
10. J. Hemsley	P&B	37.18
VETERANS O/40		
I. M. Wallis	Clay	35.30
2. P. Taylor	Ross	37.12
3. C. Shuttleworth	Prest	38.22
4. I. Robinson	Clay	38.51
5. A. Nixon	Prest	38.52
VETERANS O/50		
l. J. Holt	Clay	39.31
2. J. Nuttall	Clay	40.46
3. B. Rawlinson	Ross	40.57
4. R. Marlow	DkPk	42.19
5. K. Burgess	Altr	43.45
VETERANS O/60		
1. H. Catlow	Dallam	49.25
2. B. Smith	Clay	49.54
3. A. Ball	Clay	65.55
LADIES		
I. D. Gowans	Acc	44.49
2. J. Rawlinson O/40	Ross	46.20
3. J. Robinson O/40	Gars	46.30
4. L. Richardson	B'burn	49.28
5. K. Thompson O/40	Clay	49.47
6. J. Horrocks	Clay	50.26
7. J. Coleman O/40	Chaor	50.46
8. W. Dodds O/40	Clay	52.28

#### BRADBOURNE VILLAGE FELL RACE Derbyshire CM/5m/600ft 29.8.99

Steven Penney ran away from the field to record his second consecutive win at Bradbourne knocking nineteen seconds off his year old record.

The veterans' and ladies' records were also decisively beaten by Kevin Spare and Cecilia Greasley respectively. Fifteen year old Mark Hudson had an easy win in the one lap event.

The fourth running of this increasingly popular event will be on Sunday 20 August 2000 at  $10.00~\rm{a.m.}$ 

#### David Denton

rid Denton		
1. S. Penney	Chest'f	32.19
2. K. Webster	Matlock	33.35
3. J. Chambers	NDerby	33.46
4. K. Spare	Derby	33.58
5. A. Carruthers	Crawley	34.32
6. N. Bassett	StaffsM	34.54
7. M. Salkild	DkPk	35.21
8. M. Firth	StBedes	35.42
9. P. Hands	LeicsC	35.51
10. R. Scattergood	HattonD	37.18
VETERANS O/40		
1. K. Spare	Derby	33.58
2. M. Salkild	DkPk	35.21
3. M. Firth	StBedes	35.42
4. P. Hands	LeicsC	35.51
5. C. Greasley	Macc	36.39
VETERANS O/50		
1. C. Russell	Parwich	38.52
2. J. Read	ShelStr	39.24
3. M. Round	Sutton	40.32
4. R. Baines	Belper	41.13
5. J. Bush	Sinfin	42.31
LADIES		
1. C. Greasley O/40	Macc	36.39
2. P. Leach	DkPk	38.34
3. C. Cresswell	Notts	39.57
4. A. Carrington	ShelStr	44.04
5. M. Collinge O/40	44.22	
JUNIORS		
I. M. Hudson	GoytV	18.41
2. J. Hall	Uttox	20.04
3. R. Brockway	Luton	20.10
4. S. Foster	Uttox	20.53
5. R. Gutteridge	Littleover	22.15

#### LAXEY GLEN HORSESHOE FELL RACE Isle of Man AM/11.75m/3200ft 29.8.99

Tony Rowley scored a convincing start to finish victory in this year's race that was held in very misty conditions. The main interest in the 11.75 mile event was the battle for runner-up that eventually went to John Quine after a tremendous battle with local veterans, Phil Cain and David Young.

Karen Robertson took the honours in the ladies' class in a good time that would have been even better had she not lost her way in the dense mist on Snaefell.

#### Richie Stevenson

1. T. Rowley	MFR	1.45.15
2. J. Quine	Kend	1.48.28
3. P. Cain	NAC	1.48.35
4. D. Young	MFR	1.48.44
5. I. Ronan	MFR	1.52.41
6. P. Buttery	Holm	1.59.40
7. D. Corrin	MH	2.00.44
8. R. Brown	HBT	2.01.48
9. A. Postlethwiate	NAC	2.02.03
10. B. Osbourne	MFR	2.02.43
TIEDERED A DIO COLLO		
VETERANS O/40		
1. P. Cain	NAC	1.48.35
2. P. Buttery	Holm	1.59.40
3. R. Moughtin	WAC	2.03.09
VETERANS O/50		
1. D. Young	MFR	1.48.44
2. D. Corrin	MH	2.00.44
3. A. Postlethwaite	NAC	2.02.03
J. A. I Ostietiiwaite	IVAC	2.02.03
VETERANS O/60		
1. I. Chrystal	MFR	2.28.18
LADIES		
I. K. Robertson	NFR	2.04.15
2. R. Hooton	MH	2.20.58

#### HALTON GILL SPORTS FELL RACE North Yorkshire AS/1.7m/800FT 29.8.99

Entries were down slightly on last year and only two ladies turned up but there was a good Under 14s' race with the only girl coming in third.

In the senior's, Steve Oldfield once again led from the start to finish with fellow veteran, Graham Schofield, again coming in second. These two had a good lead on the following two runners but they, in turn, had a battle for third place, lan Ferguson having turned the top flag in front.

Times were slower but the weather was warm and humid and almost half the scnior field was made up from veterans.

An enjoyable afternoon's racing was had. Thanks to one and all - spectators and competitors for making the event a success.

#### Roger Gibson

1. S. Oldfield	13.47
2. G. Schofield	14.34
3. R. Gibson	15.25
4. I. Ferguson	15.31
5. P. Targett	15.41
6. C. Jones	15.52
7. M. Campbell	15.59
8. J. Carter	16.06
9. N. Bush	16.17
10. A. Schoon	16.20
W/HOTENED A BLICO	
VETERANS	
1. S. Oldfield	13.47
2. G. Schofield	14.34
3. R. Gibson	15.25
4. N. Bush	16.17
5. D. Fell	16.22
6. G. Breeze	16.29
JUNIORS U/17	
	15.50
1. C. Jones	15.52
2. M. Campbell	15.59
3. J. Carter	16.06
JUNIORS U/14	
1. P. Graham	7.23
2. C. Pickstock	7.29
	8.31
3. K. Lawlor - Girl	8.31



Mike Wallis, second place and first vet at Pendleton
Photo: Peter Harrley

#### CILCAIN MOUNTAIN RACE Flintshire AS/3.25m/1200ft 30.8.99

The day was warm and cloudy and the hill was in good condition. One hundred and thirty four runners took part, including Mark Kinch, Mark ran a superb race finishing only 18 seconds outside the hill record. Emlyn Roberts, who finished second and just one minute behind Mark, was the first Veteran Over 40 to finish; Morgan Donnelly finished a close third.

The first Over 50 Veteran home was Donald Williams with an exellent time of 30.29 which gave him seventh overall position. Tony Hulme, a regular competitor, had an excellent 31.52 to finish 16th overall and second Veteran Over 50.

The first lady to finish was Lisa Lacon in a time of 34.48 which I believe is the fastest time ever by a lady. Second lady was Jane Burthet with a very good time of 35.59. Elumed Dunnington was third lady and also the first lady Veteran. Elfed Holloway

1. M. Kinch	Bing	26.40
2. E. Roberts	Eryri	27.40
3. M. Donnelly	Tyne	28.17
4. G. Rees Williams	Eryri	29.29
5. M. Quinn	Wirral	30.02
6. G. Norgrove	Wrex	30.22
7. D. Williams	Eryri	30.29
8. I. Warhurst	Penn	30.51
9. S. Bellis	Wrex	30.52
10. C. Morgan	Unatt	31.10
VETERANS O/40		
1. E. Roberts	Eryri	27.40
2. I. Warhurst	Penn	30.51
3. S. Bellis	Wrex	30.52
4. O. Mullarkey	Helsby	33.10
VETERANS O/50		
1.D. Williams	Eryri	30.29
2. T. Hulme	Penn	31.52
3. M. Potter	Mercia	32.54
4. B. Hunter	ColwynB	32.54
5. J. Linley	NthnV	33.43
LADIES		
1. L. Lacon	Holm	34.48
2. J. Burthet	Warr	35.59
3. E. Dunnington O/35	Eryri	39.10
4. V. Musgrove O/35	Eryri	39.53
5. V. Ronald	ColwynB	40.38
6. G. Darby O/35	PembS	40.50
7. R. Roberts O/35	Unatt	42.01
8. Y. Prior O/35	Unatt	42.40
TITT T O TYA	TE CEDIEC	

#### HILL & DALE SERIES Northern Ireland

Northern Ireland				
1. D. McNeilly	N'castle	6pts		
2. R. Bryson	N'castle	9pts		
3. D. McKibbin	N'castle	15pts		
4. D. Brannigan	N'castle	22pts		
5. J. Brown	BARF	24pts		
6. D. McNeilly	Ballyd	26pts		
7. S. Begley	Albert	40pts		
8. P. Rodgers	N'castle	44pts		
9. G. Somerville	LVO	59pts		
10. 1. Gourley	BARF	69pts		
LADIES				
I. S. Donnelly	BARF	7pts		
2. V. Murney	N'castle	9pts		
3. A. Sandford	Ballyd	13pts		
4. R. McConville	NDown	25pts		
5. H. Brown	BARF	29pts		
6 P O'Hara	Unatt	30pts		

#### YORKSHIRE FELL CHAMPIONSHIPS 1999

#### By David Woodhead

This year's races were hosted by Holmfirth Harriers, and incorporated within the English Championship races of Holme Moss and West Nab. Burton Safe Company sponsored all the Yorkshire awards, with Hilary Berry doing a sterling job presenting them to the various winners. A new ladies trophy, fully engraved with all previous winners names, now stands proud on Helen Johnson's mantlepiece, thanks to the undying support and enthusiasm of Norman Berry.

It's with great pride that through everybody's efforts the Yorkshire Championships are leading the way, we are the only county that present fell championship medals in under 14's, under 16's, under 18's and Intermediates.

We are also the only county I know that have perpetual Men's and Ladies trophies, looking to the future it would be ideal if we could have a Veteran championship, and hopefully this will come to fruition. Please give your views to David Woodhead. Tel: 01535 669100.

Next year, 2000, the Burnsall Classic in August hosts the Senior Men's and Ladies championships, with the Junior event not finalised yet, but all details will be published in the FRA Calendar 2000.

MEN		
GOLD	Paul Sheard	P&B
SILVER	Gary Devine	P&B
BRONZE	Gary Oldfield	P&B
	MEN TEAM GOLD	P&B
LADIES		
GOLD	Helen Johnson	Ilkley
SILVER	Karen Slater	Kly & C
BRONZE	Joanne Prowse	Kly & C
INTER ME		
GOLD	Sam Wadsworth	Wharfedale
INTER LA	DIES	
GOLD	Sarah Dugdale	Skipton
SILVER	Sharon Taylor	Bingley
UNDER 18	BOYS	
GOLD	Chris Miller	Harrogate
SILVER		Holmfirth
BRONZE	Mark Anderson	Giggleswick
UNDER 18	GIRLS	
GOLD	Natalie White	Holmfirth
SILVER	Kate Rogan	Wharfedale
BRONZE	Amy Green	Spenboro'
UNDER 16		
GOLD	James Mason	Bingley
SILVER	James Carter	Spenboro'
UNDER 16		
GOLD	Sally Shepherd	Settle
<b>UNDER 14</b>	BOYS	
GOLD	Mark Buckingham	Holmfirth
SILVER	Aam Whaities	Settle
BRONZE	James Greenhalgh	Settle



Under 16 boys medallists Paul Yates, James Mason, James Carter - Hilary Berry presenting Photo: Dave Woodhead

#### UNDER 14 GIRLS

CI IIII II	GIRLO	
GOLD	Lucy O'Gorman	Penistone F
SILVER	Laura Kemp	Holmfirth
BRONZE	Helena Yates	Holmfirth



Yorkshire silver medallist Gary Devine, pictured at Turnslack

#### SOUTH WALES WINTER HILL SERIES 1999/2000

6 SHORT FELL RACES (approx. 3 miles) ALL ON SATURDAYS, STARTING AT 2.00 p.m.

ENTRY FEE(S): £1.50 per race, or £8.00 for the series

INDIVIDUAL PRIZES (best 5 results to count)

TEAM PRIZES (in the event of serious competition!)

ı		AWARDS FO	R RUNN	ERS COMPLETING ALL RACES	
	November 13	THE BLOREN 2.5m/1400ft	GE	From Llanfoist Inn, Llanfoist, Nr. Abergavenny (GR SO 286133) Organiser: Eric Meredith (01495 775030)	
	December 18	SUGAR LOAF 3m/1150ft		Main Car Park south of summit, reached by minor road off A40 west of Abergavenny (GR SO 26816	
ı				Organiser: Adrian Orringe (01633 873577)	
	January 15	THE GARTH		From Gwaelod Y Garth Inn, nr. Taffs Well (GR ST 117839)	
	February 5	BWLCH Y CL	AWDD	Car Park, jet A4061 and A4107, nr. Treorchy, (GR SS 939945) Organiser: Martin Lucas (01656 880009)	
	March 11	GOODRICH		From Goodrich Village School, near Ross-on-Wye (registration at "Ye Olde Hostelrie") Organiser: Martin Green (01594 836408)	3
	March 25	PEN CERRIG	CALCH	From Ty Mawr Farm, nr. Llanbedr (GR SO 234206) Organiser: Derek Thornley (01222 891172)	
۱			F	urther details:	

contact individual race organisers or John Sweeting, tel: 01550 721086 e-mail: john@grottoview.demon.co.uk

#### SILVER FOR FINDLOW AND JUNIOR LADIES

Bronze for Bailey

15th WORLD MOUNTAIN RUNNING TROPHY

Gareth Webb reports

Kinabalu Park, Sabah, Malaysia

RICHARD FINDLOW's reputation in mountain running circles continues to grow as he added a superb world silver to the bronze he won in the European Trophy at Austria in July.

What makes Findlow's performance all the more special is that whereas he has been able to mix it with the best on uphill-only courses in the past, to take silver against the world's elite on an up-and-down course underlines the progress he has been able to make under the expertise tutelage of GB coach Dennis Quinlan and bodes well for even greater successes in the future. Findlow, eighth last year in La Reunion, has shown good form prior to this event placing eighth, seventh and second in the four-race WMRA Grand Prix to date, twice behind last year's world champion Jonathon Wyatt of New Zealand. On this occasion, though, Wyatt could fare no better than seventh as former world junior champion Marco de Gasperi bagged gold for the second time in three years to add further to the impressive list of Italian accomplishments since this event's inauguration in 1985.

English celebrations continued as commonwealth marathoner Billy Burns improved on his ninth place from the Czech Republic, two years ago, to finish just out the medals in fourth an agonising two seconds behind the second Italian home, Gino Caneva. Burns' assertion that "once you are 'in the zone', anyone is capable of winning gold" doesn't look too wide of the mark as the 29 year old Salford Harrier finished just over a minute outside top-spot.

England failed to capitalise on these individual successes, however, as their next two counters finished 29th (John Brown) and 39th (1985 world U20 silver medallist Matthew Moorhouse) to place fourth in the team race behind Italy, France and New Zealand. Last year's World Trophy fourthplacer Bobby Quinn saw his medal hopes evaporate as early as the first 60 metres as congestion in the narrow starting area resulted in the Scot taking a heavy fall sustaining cuts to both knees. After regaining his feet, Quinn found himself at the back of the 111-strong field and, after gamely working his way through on each of the three laps, lifted himself up to a highly creditable ninth place

Chris Robison built on his recent Grand Prix exploits to take 17th as 1987 silver medallist Colin Donnelly - the only man to have competed in every World Trophy thus farcelebratedreaching veteran status (on September 5) by finishing 26th. Alan Milligan finished just two seconds behind in 27th with 1985 silver medallist Tommy Murray - who came down with a cold two days before the event - placing 28th.

European silver medallist Angela Mudge once again finished leading Briton in the women's race placing seventh to help Scotland to a superb team bronze behind Italy. This represents Scotland's best ever finish in this event since the inaugural women's World Trophy at Keswick in 1988.

Elsewhere there were further outstanding performances as fellow Scot Tracey Brindley continued her marked improvement by taking tenth; Snowdon winner Helen Johnson enjoyed an excellent run in 20th; mountain running newcomer Trudi Thomson - although a seasoned international - finished Scotland's third counter in 22nd ahead of Wales' Sam Gray (23rd), former Northern Ireland champion Tricia Sloan (25th) and Sonia Armitage of Scotland (28th).

Italy's Rosita Gepli Rota improved on her sixth place two years ago to take gold from European champion Isabella Zatorska of Poland. Zatorska in particular has been in imperious form this season relegating three-times (and reigning) British fell champion Mudge to second place at the Europeans as well the Grand Prix races at Susa (Italy) and Telfes

England had high hopes of getting in amongst the medals in both junior races as brother and sister pairing Simon and Kate Bailey looked to build on early-season form after win-ning both senior Home International titles at Knockdhu in April. The optimism was clearly well-placed as Kate's bronze medal winning performance helped England to team silver with Simon running well to finish fifth just 21 seconds outside the medals in the junior men's event.

Jonathon Parker (11th) was next Briton home in the U20 men's race followed by Andrew Symonds (18th) as England finished fifth. England's other scorer in the U20 women's race as Laura Hughes in seventh with 16 year old Freya Murray Scotland placing an excellent 15th on her international mountain debut. With three more years in this age group, Murray is clearly an outstanding prospect.



Simon Bailey, first counter for the junior men, missed a medal by less than half a minute Photo: Peter Hartley

MEN (12.5km, 860m ascer	nt/descent)	
1 M de Gasperi	(ITA)	54:56
2 RICHARD FINDLOW	(ENG)	56:17
3 G Caneva	(ITA)	56:21
4 BILLY BURNS	(ENG)	56:23
5 S Gall	(USA)	56:42
6 L Fregona	(ITA)	56:56
7 J Wyatt	(NZL)	57:04
8 A Strong	(NZL)	57:10
9 BOBBY OUINN	(SCO)	57:13
10 R Roux	(FRA)	57:28
	` ′	
17 C Robison	(SCO)	58:47
26 C Donnelly	(SCO)	60:05
27 A Milligan	(SCO)	60:07
28 T Murray	(SCO)	60:11
29 J Brown	(ENG)	60:25
32 R Bryson	(IRL)	60:42
33 P Williams	(WAL)	61:01
38 S Tobin	(WAL)	61:33
39 M Moorhouse	(ENG)	61:41
40 D Hiscox	(WAL)	61:52
43 M Croasdale	(ENG)	62:11
44 F Cosgrave	(IRL)	62:15
47 D Naylor	(WAL)	62:26
50 D Rixon	(WAL)	62:46
52 N Carty	(NIR)	62:58
53 B Ervine	(NIR)	62:59
57 N Wilkinson	(SCO)	63:36
58 J Lenihan	(IRL)	63:48
70 G Davies	(WAL)	65:16
71 G Thornton	(IRL)	65:31
76 C Rothery	(IRL)	66:03
78 M Cox	(ENG)	66:12
84 G Weir	(NIR)	69:36
85 J Logue	(NIR)	70:40
89 J Patterson	(NIR)	72:00
97 R Brown	(NIR)	78:44

TEAM (6 to run, 4 to count):

1 Italy 23; 2 France 51; 3 New Zealand 74; 4 England 74; 5 Scotland 79; 8 Wales 158; 10 Ireland 205: 13 Northern Ireland 274

To Heland 205, 15 North	cili licialid 274	
U20 (7.8km. 510m ascer	nt/descent)	
1 B Lubrini	(ITA)	35:51
2 F Heinzle	(AUT)	36:07
3 J Woolhouse	(NZL)	36:15
4 B Ruthe	(NZL)	36:33
5 SIMON BAILEY	(ENG)	36:36
6 E Meyssat	(FRA)	36:51
7 J Cattaneo	(ITA)	36:56
8 R Bizzet	(FRA)	37:00
9 J Rancon	(FRA)	37:08
10 P Dobsicek	(CZE)	37:12
11 J Parker	(ENG)	37:24
18 A Symonds	(ENG)	38:33
23 M Cayton	(ENG)	39:00
25 G Mathieson	(SCO)	39:03

31 M Doyle	(IRL)	39:50
32 A Lemoncello	(SCO)	39:52
34 W Ross	(SCO)	40:20
35 P Ryder	(WAL)	40:47
36 D McNeilly	(NIR)	41:15
37 M Emery	(WAL)	41:20
40 D Emmett	(IRL)	41:45
43 C Pierce	(WAL)	42:01
45 M Bradshaw	(IRL)	43:56
50 R Neill	(NIR)	45:08
51 E Dyer	(WAL)	45:59

TEAM (4 to run, 3 to count):

1 Italy 21; 2 France 23; 3 Austria 28; 4 New Zealand 33; 5 England 34; 9 Scotland 91; 11 Wales 115; 12 Ireland 117; 14 Northern Ireland 139

WOMEN (7.8km. 510m a	scent/descent)	
1 R Rota	(ITA)	38:00
2 I Zatorska	(POL)	38:41
3 M Bunce	(NZL)	39:11
4 F Gaviglio	(ITA)	39:48
5 P Baronchelli	(ITA)	39:58
6 M Moon	(NZL)	40:46
7 ANGELA MUDGE	(SCO)	40:49
8 K Murphy	(NZL)	40:52
9 I Guillot	(FRA)	41:03
10 TRACEY BRINDLEY	(SCO)	41:05;
20 H Johnson	(ENG)	42:42
22 T Thomson	(SCO)	43:17
23 S Gray	(WAL)	43:25
25 T Sloan	(NIR)	43:39
28 S Armitage	(SCO)	44:21
33 J King	(ENG)	44:45
36 C Sanderson	(ENG)	45:22
37 S Bretherick	(WAL)	45:24
40 C Tompkinson	(ENG)	45:45
41 E Turner	(WAL)	46:02
43 J Lloyd	(WAL)	46:40
48 E Mooney	(IRL)	47:20
49 A O'Kearney	(IRL)	47:25
53 A-M Hynes	(IRL)	49:55
54 J Flanagan	(IRL)	50:12
55 J Walker	(NIR)	51:20
57 S Donnelly	(NIR)	51:53
59 A Sandford	(NIR)	52:52

TEAM (4 to run, 3 to count): 1 Italy 10; 2 New Zealand 17; 3 Scotland 39; 4 Germany 57; 5 France 58; 6 England 89; 9 Wales 101; 12 Northern Ireland 137; 15 Ireland 150

U20 WOMEN (4.1km, 320m ascent/descent)									
1 C Heinzle	(AUT)	23:47							
2 I Hizar	(SLO)	24:17							
3 KATE BAILEY	(ENG)	24:21							
4 V Belotti	(ITA)	24:30							
5 W Shinta	(IND'SIA)	24:58							
6 T Hizar	(SLO)	25:01							
7 LAURA HUGHES	(ENG)	25:07							
8 M Demelza	(NZL)	25:34							
9 S Bajic	(SLO)	25:48							
10 E Krawczyk	(POL)	25:52;							
15 F Murray	(SCO)	26:55							
18 V Murney	(NIR)	27:46							
21 S Pritchard	(WAL)	28:43							
23 A Hanly	(IRL)	29:00							
24 L Kelly	(ENG)	29:20							
25 M Gaskell	(WAL)	29:36							
26 S Farrell	(IRL)	30:01							
29 J Munnis	(NIR)	34:02							
31 S Coyle	(IRL)	36:08							

TEAM (3 to run, 2 to count) I Slovenia 8; 2 England 10; 3 Italy 18; 4 Austria 20; 5 Indonesia 25; 7 Wales 46; 8 Northern Ireland 47; 9 Ireland 48

OPEN RACE (7.8km,	510 ascent/descent)	
1 D Eckley	(USA)	38:24
2 F Kolinek	(CZE)	39:00
3 D Oppliger	(COL)	39:34
<b>Further Britons</b>		
11 Neil Taylor		45:49
17 Ross Powell		48:00
18 Donal O'Kane		48:12
21 Billy Magee		48:54
22 Lucy Whittaker		48:57
25 Helen Grant		49:40
27 Mike Blake		50:11
29 Kevin Whittaker		51:20
34 Colin Pritchard		54:51
35 Sharon Woods		55:53
36 Jonny Beardsall		56:07
46 Jeantee McCluggan		63:32
49 Sheila Lloyd		67:45
,		

### BRITISH CHAMPIONSHIPS 1999 -

MENODEN			12 Tracey Brindley	Cosmic HB	38	LADIES VET 40		
MEN OPEN 1 Gavin Bland	Borrowdale	204	13 Tina Dewsnap	Ervri	30		Borrowdale	48
		198		Saltwell	23		K&C	39
2 Rob Jebb	Bingley		14 Morag McDonnell		22		K&C	34
3 Ian Holmes	Bingley	196	15 Helene Diamantides	Carnethy			Eryri	24
4 Simon Booth	Borrowdale	195	15 Lisa Lacon	Holmfirth	22		Bingley	13
5 Jonny Bland	Borrowdale	181	15 Jean Shotter	P&B	22		CleM	12
5 Jim Davies	Borrowdale	181	18 Susan Clough	Ambleside	20		CFR	9
7 Ben Bardsley	Borrowdale	180	19 Karen Powell	Carnethy	19		Saddleworth	8
8 Dave Neill	Mercia	175	20 Tracey Ambler	P&B	17	8 Jean Rawlinson	Rossendale	8
9 James McQueen	Eryri	174	20 Victoria Musgrove	Eryri	17	10 Sheila Bennell	Eryri	7
10 Mark Rigby	Ambleside	172	MEN VET 40			10 Anne Nimmo	Carnethy	7
11 Mark Roberts	Borrowdale	163	1 Dave Neill	Mercia	128	MEN OPEN TEAM		
12 Andrew Schofield	Borrowdale	155	2 Willie Bell	CFR	112	1 Borrowdale		48
13 John Hunt	CFR 139		3 Mike Wallis	CleM	111	2 Pudsey & Bramley		34
14 Simon Stainer	Ambleside	131		Albertville	103	3 Ambleside		33
15 Andrew Davies	Borrowdale	128	4 James Patterson		101	4 Cumberland FR		23
16 Gary Devine	P&B	122	5 Tony Hesketh	Horwich		5 Eryri		21
17 Mike Wallis	CleM	120	6 Dave Tait	Dark Peak	90	6 Bingley		19
18 Neil Carty	N Belfast	118	7 Steve Jackson	Horwich	83	7 Horwich		17
18 Brian Ervine	Ballydrain	118	7 Harry Jarrett	CFR	83	8 Carnethy		12
20 Rob Hope	P&B	107	9 Graham Schofield	Horwich	79	9 Dark Peak		11
21 Willie Bell	CFR	101	9 Bob Whitfield	Bingley	79	10 Kendal		10
22 Paul Cadman	Mercia	97	11 Ken Taylor	Rossendale	78	LADIES OPEN TEAM		
23 Mark Fleming	Ambleside	95	12 Jack Holt	CleM	77	1 Camethy		48
23 Stuart Shuttleworth	Ambleside	95	13 Mervyn Keys	Rossendale	57	2 Eryri		33
25 Stephen Bottomley	P&B	94	14 Jackie Winn	CFR	54	3 Ambleside		24
25 Colin Donnelly	Eryri	94	15 Russell Owen	Eryri	51	4 Cumberland FR		20
27 Neil Raitt	Dundee Hawk.	93	16 Allan Miller	Kendal	49	5 Clayton le Moors		13
28 Adam Ward	Carnethy	89	17 Ian Cowie	Mercia	48	6 Horwich		11
29 Paul Sheard	P&B	85	18 Geoff Gough	CleM	46	7 Keighley & Craven		9
30 James Patterson	Albertville	80	19 Andy Beaty	CFR	40	8 Keswick		8
	Albertville	do	20 Chris Speight	Kendal	39	8 Lochaber		8
LADIES OPEN			1 0			10 Saddleworth		6
1 Angela Mudge	Carnethy	88	MEN VET 50	A (1	0.5	MEN VET 40 TEAM		
2 Nicola Davies	Borrowdale	76	1 James Patterson	Albertville	85	1 Horwich		45
3 Jennifer Rae	Ambleside	73	2 Tony Hesketh	Horwich	82	2 Cumberland FR		39
4 Janet King	CFR	71	3 Dave Tait	Dark Peak	75	3 Clayton le Moors		30
5 Karen Slater	K&C	62	4 Jack Holt	CleM	67	4 Kendal		28
6 Kate Jenkins	Carnethy	61	4 Ken Taylor	Rossendale	67	5 Eryri		17
6 Jayne Lloyd	Eryri	61	6 Mike Blake	Eryri	35	6 Rossendale		13
8 Jo Anne Prowse	K&C	56	7 Philip Helliwell	Bingley	33	7 Ambleside		9
9 Helen Johnson	Ilkley	47	7 Brian Schofield	Todmorden	33	8 Lochaber		8
10 Polly Gibb	Mercia	41	9 Kieran Carr	CleM	31	8 Todmorden		8
11 Ruth Dorrington	Abbey R	39	9 Brian Martin	Ambleside	31	8 Albertville		8
		IOI I	CII CII A N	ADIO	NICITI	DC 1000		

#### ENGLISH CHAMPIONSHIPS 1999

	E	GLI	SH CHAN	IPION	2HII	25 1999	
MEN OPEN			MEN VET 40			6 Katy Thompson CleM	21
1 Gavin Bland	Воттомдаје	208	1 Dave Neill	Mercia	125	7 Kate Beaty CFR	17
2 Jim Davies	Borrowdale	192	2 Mike Wallis	CleM	117	8 Jean Rawlinson Rossendale	15
3 Rob Jebb	Bingley	188	3 Graham Schofield	Horwich	108	8 Elizabeth Tomes K&C	15
4 Paul Sheard	P&B	182	4 Willie Bell	CFR	107	10 Sue Becconsall Todmorden	14
5 Dave Neill	Mercia	180	5 Steve Jackson	Horwich	105	MEN OPEN TEAM	
6 Ben Bardsley	Borrowdale	177	6 Tony Hesketh	Horwich	103	1 Borrowdale	48
7 Jonny Bland	Borrowdale	174	7 Mike Walsh	Kendal	91		42
8 Mark Palmer	Forest'Dean	173	8 Mervyn Keys	Rossendale	90	2 Pudsey & Bramley 3 Horwich	31
9 Gary Devine	P&B	168	9 James Dickinson	Tynedale	83		30
10 Nick Sharp	Keswick	161	10 Jack Holt	CleM	80	4 Ambleside	25
11 Rob Hope	P&B	154	10 Ken Taylor	Rossendale	80	5 Todmorden	24
11 Andrew Schofield	Borrowdale	154	12 Kieran Carr	CleM	66	6 Clayton le Moors	22
13 Mike Wallis	CleM	151	13 Geoffrey Gough	CleM	65	7 Bingley	22
13 Andrew Wrench	Todmorden	151	14 Bob Whitfield	Bingley	64	7 Cumberland FR	20
15 Mark Kinch	Bingley	150	15 Dave Tait	Dark Peak	58	9 Kendal	
16 Simon Booth	Borrowdale	148	16 Harry Jarrett	CFR	57	10 Mercia	10
17 Simon Stainer	Ambleside	146	16 Jackie Winn	CFR	57	LADIES OPEN TEAM	
18 Gary Oldfield	P&B	145	18 Brian Schofield	Todmorden	54	1 Keighley & Craven	45
19 Ian Holmes	Bingley	140	19 Philip Taylor	Rossendale	39	2 Clayton le Moors	37
20 Jonathan Wright	Todmorden	128	20 Allan Miller	Kendal	38	3 Horwich	29
21 Nick Spence	Kendal	121		Keliuai	30	4 Pennine	26
22 John Hunt	CFR	118	MEN VET 50			5 Todmorden	19
23 Mervyn Keys	Rossendale	113	1 Tony Hesketh	Horwich	88	6 Cumberland FR	12
23 Sean Willis	Todmorden	113	2 Mike Walsh	Kendal	78	6 Ilkley	12
25 Paul Cadman	Mercia	112	3 Jack Holt	CleM	71	8 Calder Valley	9
26 Willie Bell	CFR	105	3 Ken Taylor	Rossendale	71	8 Keswick	9
26 James Logue	Horwich	105	5 Kieran Carr	CleM	64	10 Saddleworth	8
28 Graham Schofield	Horwich	103	6 Dave Tait	Dark Peak	63		
29 Andrew Davies	Borrowdale	100	7 Barry Rawlinson	Rossendale	54	MEN VET 40 TEAM	40
30 Alan Ward	Dark Peak	99	8 Brian Schofield	Todmorden	51	1 Horwich	48 39
LADIES OPEN			9 Steve Kirkbride	Kendal	49	2 Clayton le Moors	36
1 Janet King	CFR	79	10 Michael Litt	CFR	44	3 Cumberland FR	32
2 Nicola Davies	Borrowdale	78	MEN VET 60			4 Kendal	30
3 Polly Gibb	Mercia	70		Comments	36	5 Rossendale	19
3 Helen Johnson	Ilkley	70	1 Brian Waldie	Carnethy	27	6 Mercia	18
5 Sally Newman	Glossopdale	68	2 Fred Gibbs	Bingley Forest'Dean	26	7 Todmorden 8 Dark Peak	14
6 Karen Slater	K&C	67	3 George Swindin	CleM	21	0	10
7 Louise Osborn	Keswick	54	4 Ross Jacques		21	9 Keswick	
8 Jo Anne Prowse	K&C	51	4 Peter Norman	Wrexham		10 Pennine	6
9 Beverley McWade	CleM	49	6 Roy Tunstall	Helsby	20	MEN VET 50 TEAM	
10 Lisa Lacon	Holmfirth	48	7 Brian Leathley	CleM	12	1 Clayton le Moors	41
11 Jean Shotter	P&B	44	8 Harry Catlow	Dallam	10	2 Rossendale	39
12 Tracey Ambler	P&B	41	9 Jim Smith	Todmorden	6	3 Dark Peak	32
13 Emma Barclay	Ilkley	39	10 George Arnold	Preston	5	4 Todmorden	29
13 Ruth Dorrington	Abbey R	39	10 Norman Matthews	Horwich	5	5 Horwich	26
15 Christine	Cresswell Notts	28	LADIES VET 40			6 Kendal	24
16 Ann McMullen	Altrincham	27	1 Nicola Davies	Воггоwdale	48	7 Cumberland FR	21
17 Katherine Harvey	Altrincham	25	2 Karen Slater	K&C	42	8 Rochdale	18
18 Jane Smith	Bingley	23	3 Jo Anne Prowse	K&C	35	9 Altrincham	16
19 Jennifer Rae	Ambleside	22	4 Jane Smith	Bingley	25	10 Ambleside	8
19 Elizabeth Tomes	K&C	22	5 Katherine Harvey	Altrincham	22	10 Skyrac	8

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# THE EDALE SKYLINE RACE 1999

This isn't the usual tale of race winning or doing zillions of summits in 24h (I wish). For the overwhelming majority of runners the nature of the competition is not about race winning at all, it's about getting PB's, beating people who used to beat you, and undertaking bigger challenges. Well this is a story from one of *them*.

This was my first attempt at a long distance race. I can happily run all day in the mountains, 36 miles is my idea of a good day out. But so far nothing over 12 miles *competitively* in the hills, so under race conditions an event like this was a new challenge. If I did well, that would be brilliant, if I didn't it would at worst be a good training run for the London Marathon. Barring injuries I was in no doubt of finishing, so it should be some kind of achievement.

The 21mi/4500' Edale Skyline race takes in the high ground completely encircling the beautiful Edale in Derbyshire, starting and finishing in Edale village. I'd run the route four times before non-competitively. In fact it was the first fell-run I ever did back in 1986. From that moment I was hooked. It was inevitable that one day I'd enter the race itself. The day came on 28th March 1999. With recent marathon training and numerous shorter fell-races in the bag I felt it'd be OK. But I didn't expect it to be easy and gave myself an estimated time of between 4 and 4 and a half hours.

In the car park by Edale station I bumped into an old acquaintance from Orion Harriers, Robin Britton, a Bob Graham man I believe. This gave me some idea of the competition.

"The race doesn't really get going till you get to Mam Tor", says Robin, "just conserve energy till Mam Tor then you can really start to go for it!"

Yes Robin.

Mam Tor is half way round, and if you don't make it in 2 and a half hours you get chucked out. We'll see about "go for it".

In this race, equipment checks mean equipment checks, not threats. Everyone's bumbag was rightly gone through, then with a field of 152 the race started spot on 10.30am. It was a beautiful sunny day \_ I was a big concerned about dehydration. Within minutes we were at Ringing Roger and bounding along the southern edge of Kinder Scout 1000ft above the start,

with the west wind behind us. One and a half miles later we were leaving the Kinder Scout plateau. A lovely descent on soft grass took us flying down to Edale Cross. I began to realise I was a lot nearer the back than the front. No fun runners in an event like this. To make matters worse I had to stop for a waz, dropping several places. But I felt good and the views were brilliant. Beyond Edale Cross I could see the leaders streaming up almost 3 miles ahead. A steady run now up the 500ft climb from Edale Cross to Win Hill with a short rock scramble at the top of the Pike. I made Win Hill in 63 min from the start, with 7 and a half miles and 1500ft under my belt, and was reasonably happy with that.

A brilliant descent the one and a half miles to Hope village now took just a few minutes. The first of only two drink stations provided a welcome beaker or two of strong orange squash. God knows what's in that stuff, but on this occasion it was absolutely the business.

On to the steep 1000ft climb up Lose Hill now, and like a stream of ants the runners were yomping as fast as they could towards the summit – no running here. I got to Lose Hill 40 minutes after Win Hill. Not bad, but the leaders must have been an hour ahead of me by now.

The top of Lose Hill signifies the start of the lovely limestone ridge that forms the south side of Edale, with its soft grassy hillsides you are in England's green and pleasant land. The frustratingly slow ascent of Lose Hill is immediately forgotten as you run straight off the top the two miles towards Hollins Cross and Mam Tor. The final half mile up Mam Tor is an annoying 400ft climb, made worse by tripping over tourists. It's possible to drive to within yards of Mam Tor summit and the sightseers hang around in droves. Second and final drink station at the road beyond Mam Tor for some more vintage orange squash. Nectar. This is also chuck-out point for the slow runners, but I'd made it comfortably in about 2 hours. I remembered what Robin had said. He might well be "going for it" but I was getting noticeably tired now on the long slow grind up Rushup Edge. By this time I'd already done the equivalent of the Gisborough Moors race and still had half the course still to do. But still very much enjoying the event I was buoyed along by the knowledge that

there were no more serious ascents. Problems of a different kind were around the corner however.

The 1 mile/300ft ascent of Rushup Edge in a head wind was a pain up the bum. From Checkpoint 7 at the top you veer half right across open country towards Brown Knoll. Here the dry green ridge gives way to thick tufty brown grass-covered peat bog signifying the return to the impervious gritstone below. Still on the higher ground for now, it was still dry underfoot but the grassy tufts were certainly big. I was picking up a good speed down the gentle slope when I tripped on a tuft. There's a reflex action to put your arms forward to save vourself but it was too late - the ground had already come up to meet my face. I emerged looking like Ermyntrude the Cow with a mouthful of grass.

The ground levels out high above the head of Edale. This was to be the end of dry feet because here you are embarking on over 2 miles of energy draining peat bog. The areas where the wet grass gives way to pure black sludge can be negotiated successfully in two ways. One is to circumvent the area, which can entail a very wide detour, or else you can leap onto little islands of grass tufts. Or then there is the alternative method. One such black bog was so wide I had little choice. One tiny tuft of grass was all there was in the middle of the treacle so I leapt for it. Did it hold? No chance. Straight in up to the thigh. Still spitting out grass from the previous prang I emerged with one black leg and one remarkably clean leg. Interesting.

A walker took pity on me and produced a large bag of jelly babies. I'm not normally into sweets, but he filled my palm with about 15 of them. Beautiful! They were the juiciest things on Earth. Even the green one tasted good.

On I went. Peat bog, peat bog, peat bog. The end of it was in sight but I never seemed to get there. Pretty dehydrated now the emergency supply of one small water bottle just had to go. So did the emergency Mars bar, what the hell.

At last rising up now towards the rocky path back onto Kinder Scout, I began to catch up a couple of other runners along the undulating but reasonably level track flanking the south edge of Kinder Scout. But this terrain is very hard and rocky, and entails jumping over boulders, onto boulders, off boulders, and along these necessary but murderously solid rock paths that the conservationists build. Not only does this make for slow progress but fell running shoes have no padding. Well mine haven't. They're great for steep muddy slopes but a few miles of boulders and your heels begin to feel like they've been pounded with a baseball bat.

Past famous landmarks now, like Noe Steel, Pym Chair and the Woolpacks—these wonderfully weathered gritstone rocks are like features of calendars, guidebooks and articles in the Sunday papers. They're also great for boulder climbing. Not today though.

I almost caught those two runners. One had a very nice bum. I'm sure she looked great from the front too but I wish't to find out. I made a decision to contour round a gully rather than cross it is I thought it might be quicker. It was a mistake. I was now lagging more than 100 yds behind them, knackered and losing ground. The now favourable west wind was strengthening behind m. It did have the effect of turning the black wet peat covering my right leg into dry dull brown concrete, but it had a ty chill. Low on energy, I was getting cold, and people were overtaking me now.

Above Edale village lies the pinnacle of Gundslow Knoll, rising only 60 feet or so have the Kinder Scout plateau. I could happily have bypassed it but the said is put a checkpoint on top of it. On my other day you'd be up it in seconds flat. But having just done 18 miles of this kind of stuff I felt more like a geriatric. Grindslow Knoll was an aboute have dl

The finish in Edale village comes into sight below on the right and Grindsbrook Clough is depressingly inviting as a quick way down. Sadly there's another couple of miles round Kinder to Ringing Roger before you can descend. With tired legs, heels glowing red hot, it is very easy to trip. Sure enough, prang no. 3 occurred and I dived hands first into the heather, zeroing my stopwatch. "Flip", I said (or amilar).

At last Ringing Roger approached and I could see a few runners ahead starting their final descent. For them the fun was nearly over I checked behind. Noone at a in sight. I couldn't be last, could I The thought did cross my mind. List the last checkpoint now, one

runner ahead still hadn't finished. Wouldn't it be nice to glide down the hill and catch him? But with feet on fire and the old hamstring injury having stiffened up a bit, there was no chance of striding out now.

I finished in an official time of 4h 18'41". No crowds, no medals, just "Well done" from the marshal at a very empty finishing area. I asked her if I was last. We looked up the hill and there was the next runner silhouetted on the skyline.

I walked alone back to the car where I de-concreted my shoe laces and began peeling off nasty black wet things formerly known as white socks from my feet. Robin was in the car park looking fresh as anything and asked how I'd got on. He'd done it a whole hour quicker than I had, and complained that it was his worst time ever. Times like that will only ever be what I dream about.

Off to the cafe now for the best bit large quantities of cakes and tea. When people asked how I got on I just said it was hard. In fact it was the hardest race I've ever done. Marathon training run? It made the Snowdonia Marathon seem like an afternoon stroll. The Edale Skyline Race takes no prisoners. The results sheet confirmed my position as 128th. Of the 152 starters there were 15 DNF's – about 10%. The winning time was 2h 34' 39" (someone called Bland. Never heard of him). Only 12 finishers were women (they all beat me).

Whenever I finish a good event, like Gisborough Moors, the Orion 15 or the London Marathon, my immediate urge is to enter it again the next year. But this time that feeling of elation was strangely absent. Maybe it was because I'd entered on my own. I had plenty of moral support from Katrine, my ever tolerant and non fell-running wife. But it's not the same as going with a car full of mates to do a race post mortem with always a good crack. (They were all strangely unwilling at the suggestion of 21 miles/4500'. Can't think why). Although filled with a definite sense of achievement, so extremely drained was I that there oddly wasn't that instant desire to do the event again. But I probably will. So why? It's like trying to explain to a non-runner who thinks you're mad doing marathons. If you don't understand then you probably never will. Even if you are slogging away near the back, there's just nothing in the world beats running along a high ridge in the sun and the breeze.

Chris Denley

Horwich's Steve Jackson, second veteran at Edale - Photo Steve Bateson

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Peter Hartley and Alan Heaton, joint winners of the 1975 Fellsman with the famous Fellsman Axe.

# PETER HARTLEY: PHOTOGRAPHER AND FELL RUNNER

#### by Bill Smith

Most newer members of the FRA will probably know Peter Hartley only as a photographer, having admired his superb action shots of fell races in The Fellrunner and other publications, and perhaps seen him at various events either on foot or with his mountain bike - and, of course, his camera. He is obviously not the only regular photographer of fell races as witness the numerous fine pictures of Steve Bateson, Allan Greenwood, Rob Howard, Francis Uhlman and Dave and Eileen Woodhead, not forgetting the earlier practitioners like Simon Cox, Gil Horsley, Bob Mitchell, Tommy Orr, Neil Shuttleworth and Chris Wright. He is, however, the only one of this ilk to create such an impression that he has been profiled, along with examples of his work, in a commercial photography magazine. This feature, "Sport In The Landscape", appeared in Camera Weekly twelve years ago (January 17th issue).

However, up to ten years ago, Peter was also a very active and talented fell runner himself, having come into our sport as an extension of his earlier involvement in outdoor pursuits. A 50-year-old mathematics teacher by profession, he lives with his wife Val at Worsthorne, a village to the east of Burnley nestling on the edge of the wild moors traversed by the Haworth Hobble and other events, with Pendle dominating the view northwesterly across the industrialised valley of the Pendle Water. They have a daughter, Clair (22), and a son, Michael (18).

#### KARRIMOR

Peter began fellwalking in the mid-60s, and this in turn led him into rockclimbing, potholing, canoeing and orienteering. He first became interested in outdoor photography in 1968 when he bought his first serious camera, a Praktica, and began taking pictures of mountain scenery and of rock climbers in action. Four years later, he decided to enter the Karrimor with Colin Ratcliffe. They then lived about two miles apart on the moorland road linking Burnley and Rawtenstall (A56), and in preparation for this event began running on a regular basis. This resulted in a 7th position in the "A" class (only two classes then), run from St. Mary's Loch in the Southern Uplands that year, and they were so delighted with their newly-found fitness that before the year was out, they had joined Rossendale Harriers: "I thought, in my ignorance, that they would all drink orange juice and go to bed at 9.30pm. How wrong could you be? You could say that they were, and still are, a sociable club!"

However, Rossendale were not then the strong "roughstuff" club they later became, and so two years later, with Colin Ratcliffe having already transferred to Clayton-le-Moors Harriers and another similarly-inclined local runner, Dave Waller, sidelined by injury, Peter was the only one left with a liking for long, rugged events and he therefore decided to follow Colin to the club which

specialised in such races. Ironically, it was shortly afterwards that Rossendale began to take an interest in these events, with the arrival of athletes like Ken Taylor, and so after only a short stay with Clayton, Peter returned to his local club. His outstanding performances over the vears have included 1st in the 1973 Karrimor "A" in Snowdonia, partnered by Dave Waller; joint 1st with Alan Heaton (Clayton) in the 1975 Fellsman Hike: 9th in the 1978 Ben Nevis on his debut in this classic event: 5th in the 1978 Thieveley Pike: 4th in the 1980 Three Peaks; 1st in the 1981 Haworth Hobble, partnered by John Nixon; 1st in the 1982 Calderdale Hike, following a long lay-off through an injury incurred in a bad car crash; 4th in the 1982 Craox Des Cretes De Megeve in the French Alps; and 3rd in both that year's Swiss Karrimor Elite and in the British Karrimor Elite on Dartmoor, partnered by Ken Taylor: "Ken reckons we might have been 2nd in I hadn't been carrying the camera!" Hartley's favourite events were the Karrimor and Saunders marathons, the Haworth Hobble, all the long Lakeland "A" classics, "especially when the sun is shining," and among the shorter races, Ben Nevis, Blisco and Thieveley.

#### **NO TRAINING**

Unlike most photographers who make the national magazines like Camera Weekly, Peter Hartley has had no technical training at all. "I've made more than my fair share of mistakes over the years," he admits. "I once thought of joining a camera club, but they seemed a little too technique-based and appeared to over-analyse their photographs. To me, a good picture is one which gives you pleasure or has a certain impact when you look at it, irrespective of whether or not the composition or lighting is perfect. If the sun wasn't shining when you took the picture, you've just got to do your best."

When he began running regularly, Peter would always have a camera in his car and would sometimes take a few shots after the race. However: "I started to think of all the incredible conditions and views we were experiencing on the fells in all seasons and thought it was a pity we were unable to make some record of what it was like to run on the fells."

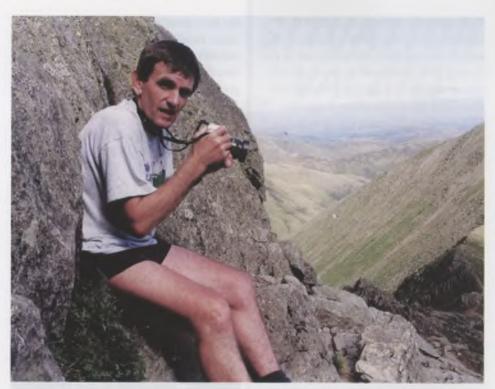
In 1982, Hartley and Ken Taylor and their families were on holiday in the Alps: "We were doing the Swiss Karrimor in the Bernese Oberland and my thoughts started running riot. I decided to buy a

Rollei 35S, which was a standard lightweight climbers' camera at the time. This proved faulty just before our holiday and I couldn't get a replacement ...." On returning home, Peter studied photography magazines and camera test reports and finally decided to buy a Minox Compact 35GT: "They are expensive, but no other quality camera fits the bill. I used it in many races and two-day marathons and have always been amazed by the quality of the results. It is not fully automatic, as are many compacts, so it still gives you a reasonable amount of control for a camera so small." Prior to this, he had used an Olympus OM1, which had replaced his old Praktica and given him years of good service. He now began to use the Minox when competing, and both the Minox and Olympus when not competing (if injured, perhaps), usually with colour film in one and black-and-white in the other. He uses 35mm, 50mm and 75-150mm zoom lenses.

Peter's serious approach to fell running photography really began when he ran the 1984 Ennerdale Horseshoe: "It was an incredible day, very hot with blue skies and good visibility, so I decided to run carrying my camera, I took about thirty shots and was delighted with the results. I sent the best to Ned Paul of CompassSport (orienteering magazine with a fell running section), who used one of Pauling Haworth descending from High Crag towards Scarth Gap." This superb colour shot appeared in that year's August/September issue of CompassSport, p.37. "After that, I often carried the camera when racing and when injured would waslk up the fell and photograph races that way."

#### **OSTEO-ARTHRITIS**

After the aforementioned car accident in 1981. Peter's knee had to be wired up and the specialists' opinion was that his competitive running career was now over. He proved them wrong, however, with the help of lengthy physio treatment at Burnley General Hospital, and resumed competition the following year: "I continued running for a number of years, then in the late '80s got what I thought was a groin strain in the same right leg. I was uncomfortable when running and eventually went to the physio. After a few visits, he admitted there was more to the problem than he could handle, so eventually I saw a specialist who confirmed I had severe osteo-arthritis in my right hip. By this stage, I was unable to run on it and can only assume that due to the original accident, things had



Peter Hartley on Swirral Edge, Grisedale Horseshoe 1999. Photo: Peter Hartley!

become out of line and the continued running had damaged my hip. The left hip was okay, so it was probably not general fell running 'wear and tear'.

"I bought a mountain bike at this stage so that I could still get out over the moors – there are some good tracks over the Pennines around my home in Worsthorne – and it also helped moving around at races to get photographs. In February, 1993 I had a replacement hip fitted and received great support and encouragement from Stan Bradshaw and Dave Cunningham, both fell running 'hippies' from Clayton-le-Moors Harriers.

'hippies' from Clayton-le-Moors Harriers. "The whole process had been quite long and drawn out, so it was a gradual realisation that my running career was over and I therefore had time to adjust. It left a huge void in my life, but the whole family of us could have been written off in the car accident, so you just have to adjust ..... Naturally, the photography now took over completely. It was something I enjoyed doing and a constructive way of keeping in touch with the sport and friends. It's no use going to watch races and all the time wishing you were still competing. I find taking photos all-absorbing and it takes a fair bit of planning to get to the right sports on a particular course, especially when you want to see the runners as many times as possible. I still use my Minox Compact camera, but in February, 1997, after thinking about it for a considerable time, I changed from manual focus to autofocus by buying a Nikon F90X. I've

weathers, and because you can 'track' runners as they are coming towards you, you can choose the right moment rather than focus upon a rock, and hit the shutter when the runner passes it."

#### **FAVOURITE PICTURES**

Among Peter's earliest published work, his favourite black-and-white study, taken with his old Praktica, shows Tony Peacock and John Nuttall of Clayton Harriers climbing Lingmoor in the 1984 Three Shires Race, with Mickleden and Pike O' Stickle forming an impressive backdrop. It appeared on the front cover of *The Fellrunner:* January, 1985.



Bill Smith captured by Peter Hartley

This extremely photogenic ascent has since provided Peter with numerous other superb photographs, including one in the Spring, 1987 *Fellrunner* showing a lone runner against a rocky foreground, with Blea Tarn below and Blake Rigg and Blisco replacing Stickle for an imposing skyline. Ten years later, in the February, 1997 issue (p. 10), he portrayed Andrew Davies, Jonny Bland and Jim Davies on this same climb, with the majestic outline of the Langdale Pikes sharply outlined against a stormy sky.

A more recent favourite of Peter's is the splendid colour print adorning the front cover of the February, 1997 Fellrunner, showing Gary Rees-Williams climbing the rocky slopes of Prison Band en route for Swirl How in the previous year's Three Shires Race, which "seems to capture the concentration and effort needed when running across such terrain." Among my own favourites is another picture taken on this same ascent eight years later in black-and-white (Fellrunner: December, 1988, p.22), with a bunch of knackeredlooking runners strung out against a wonderfully rough, rocky background, while on the back cover of the same issue, an even more rugged scene is both humorously and pointedly captioned: "Not the World Cup - Colin Valentine and Tony Richardson demonstrate the alternative route up Wetherlam...", involving scrambling on exceptionally steep, rocky terrain.

Peter's other recent favourites are from the 1996 Peris Horseshoe and this year's Anniversary Waltz. Of the former, used in the October, 1996 *Fellrunner*, he says: "I caught the runners between Lliwedd and Snowdon summit. Three were in colour on the inside front cover, and probably the best was reproduced very faintly as a full page background for the other two. It showed a single runner, Alan Duncan of the now-defunct Mersey Fell Runners, dwarfed by the cliffs of Llewidd." Another fine study from this race appeared in black-and-white on page 35 of the results section.

The quaintly-named Anniversary Waltz featured in both the British and English championships: "The weather had been poor all week and I drove up through the Lakes in poor weather, thinking I was going to have a wasted day. As I approached Keswick, the weather improved dramatically and by the start of the race we had snow on the tops, blue sky, sunshine and good visibility. I first climbed onto Robinson and got probably

the best set of pictures I've had from a single race. I later caught the majority of runners coming off Catbells. My favourite is of Tony Hesketh leading a group of runners through the snow on Robinson." Unfortunately, this was published only as an inset on the front cover of the June, 1999 Fellrunner, along with two other insets of Tracey Brindley and Andy Schofield, thereby reducing its impact. Three more shots from the event were used in black-and-white on pp.15 & 23, perhaps the best being one of a lone competitor beginning the descent off Catbells, with a snow-capped Skiddaw range and Derwentwater in the background.

Mention must also be made of Peter Hartley's superb studies of the Bens of



Peter Hartley climbing the Ben. Photo: Steve Bateson

Jura race, including the front cover of the Summer, 1987 Fellrunner which shows a lone runner on the final climb of Corra Bheinn against the backdrop of Beinn Shiantaidh and Beinn an Oir, the whole scene abounding with steep scree slopes. More recent fine studies of this same area appeared in the 1994 FRA Calendar (b&w) – the pictorial one to hang on the wall, not the fixtures handbook - while a splendid colour shot of Dermot McGonigle on Beinn Shiantaidh graced the front cover of the October, 1996 Fellrunner. Peter also dabbled in photojournalism at one time, producing an interesting profile of the Jura race for the day, 1988 issue of CompassSport, including a coloured centrespread of a runner on Beinn Shiantaidh, quite

different to the above-mentioned photographs. He paid a similar tribute to the Three Shires Race in the October/November 1986 CompassSport, and also profiled the Burnley & Pendle Grand Prix in the November/December 1990 issue of the late lamented Up And Down magazine, an off-shoot of CompassSport edited by Dave Woodhead. There are many other of Peter Hartley's photographs which I feel are deserving of special mention, but unfortunately space limitations will not permit this.

#### **MOUNTAIN BIKING IN INDIA**

In August this year, Peter went on a cycling tour of Himachal Pradesh in Northern India, led and organised by an old friend, Pete Jarvis from the Isle of Mull: "The plan was to do a three-week circuit, going up to the Tibetan border and taking in the Himalayan tribal districts of Kinnaur, Spiti and Lahaul. Polly Gibb of Pudsey & Brambly went on the first of the two trips and they completed the circuit. They had very wet weather in the latter stages and it did major damage to the roads in the more remote areas and prevented us from using the same route due to rockfalls, landslides and washed-away bridges. We had to retrace our steps a little but still completed a brilliant three weeks' cycling, with huge climbs and huge descents in breathtaking surroundings. Needless to say, I took my camera."

In conclusion, it should be mentioned that Peter Hartley is also a regular contributor of fell running photographs to several other magazines and newspapers, including Gareth Webb's fell races in Athletics Weekly - "until the recent change of ownership, emphasis and style". He supplied most of the photographs for the coaching manual, Fell and Hill Running by Norman Matthews and Dennis Quinlan (British Athletic Federation, 1996), and also had a selection of his work published in the 1998 Berglauf Journal. His picture of Andy Beaty (CFR) in the 1996 Ben Nevis Race (reproduced in b & w in the February, 1997 Fellrunner, p.6 results section) has been chosen for the Landscape section of the Millennium Dome Exhibition which deals with "National Identity", where it will be enlarged by up to 2m x 1m.

Note: Some of the foregoing material has been drawn directly from my earlier profile, "Peter Hartley: The Man Behind The Camera", which appeared in the June/July, 1987 issue of CompassSport.

# BOOK REVIEW

Cumberland and Westmorland Wrestling: A Documentary History by Roger Robson (Published by Bookcase: Carlisle, 1999. 112 pages, illustrated. £8.95).

In my review of John Coughlan's Hound Trailing: A History Of The Sport In Cumbria in the last issue of The Fellrunner, I advised that, because of the detailed listings of the annual championships, the book was really one to be absorbed over several readings rather than at one sitting, and further recommended that prospective buyers should have a look at the book before buying it. I have no such reservations to make about Roger Robson's book. however, for it really is "hard to put down" and, because of its content, will have a much wider appeal than Coughlan's book - say, even to the casual tourist.

Instead of presenting an exhaustive "fall-by-fall" history of the sport, Robson has chosen to portray it partly through the eyes of independent observers, ranging from Charles Dickens (1858) and James Hogg, the Ettrick Shepherd (1820) to William Litt's landmark publication, Wrestliana (1823) and Machell's Some Records Of The Annual Grasmere Sports (1911), through to C&W wrestling journalist Bob Horsley, alias "Cross-Buttocker" of the Carlisle Journal and later "Clicker" of the Cumberland News (1946-77). Such epistles are balanced by Robson's own contributions, drawn largely from his columns in the Cumberland News and Westmorland Gazette, and including an appreciative tribute to Bob Horsley, incidentally.

Most general writers on the subject refer to the sport having been introduced to Cumbria by the Vikings, but Robson questions "the theory that Irish captive slaves introduced the sport to Iceland by training young Vikings in their charge, and the Viking settlers in Cumbria introduced the sport to their new colonies. On the other hand, wouldn't it have been easier for the Irish to have paddled over here direct?"

There are chapters on some of the outstanding wrestlers over the years, such as George Steadman, Gilpin Bland and his five wrestling sons, Peter Hunter, Ted Dunglinson, Wilf Brocklebank, Alf Harrington and Tom Harrington, MBE. There are also chapters on the formation of the Association Governing

Cumberland And Westmorland Wrestling in 1906 and on C&W Wrestling Academies in general, plus a special one on the Carlisle Academy. There is also a highly amusing treatise on "Beer, Women, Fast Cars ..... and Marriage", some of which could equally be applied to fell racing: ".... not all wives think that wrestling at Roadhead Highland Games is more important than going shopping or washing the car. Marriage also has the disadvantage of producing children and mortgages, extra expense which means that Johnny Hiper has to work an extra shift when everyone else is at Grasmere Sports....."

The book concludes with six pages of championship listings from 1907 to 1999 and a bibliography of books and magazines containing material on C&W Wrestling. There are also numerous fine black-and-white illustrations, mainly photographs, ranging from historical items to recent photos by Mike Dawson.

Roger Robson is a former wrestler himself and has dedicated his book to the memory of his father, whose "zest for wrestling never dwindled till the day he died." It can be readily recommended to anyone interested in either the Lake District or sport in general. Part of the proceeds from sales will be channelled back into the sport. Robson also publishes a small magazine called **Inside Hype** which costs £1 at C&W Wrestling events or is available on subscription from Roger Robson at Castlefield, High Head Castle, Ivegill, Carlisle, CA4 0PN. (Tel/Fax: 016974 73559).

Bill Smith



Grisedale Horseshoe organiser Colin Jones.

Photo: Peter Hartley

# SITUATION

#### Assistant Team Manager, England Fell and Hill Team

We regret to announce that Pete Bland who has successfully carried out the duties of England Team Manager for the last ten years has submitted his resignation.

The growth of international fell running that has taken place during the last ten years has caused a great increase in the management workload and in order to spread this, the committee propose to restructure the management team. We are pleased to announce that Malcolm Patterson and Robin Bergstrand have agreed to become Joint Team Managers and we would like to appoint two new Assistant Team Managers. The successful applicants will be expected to attend at least one International Trophy Event (usually, but not always, in Europe) and one Home Countries International each year and to help with the organisation of any Selection Races. Free travel and accommodation to international events is provided. A summary of the duties involved is:

Assist the Team Manager as required with:

- Team welfare, discipline and any other matters relating to members of the team at International Events.
- Liaison with Event Organisers.
- Help with travel, accommodation and diet arrangements for team.
- Provide general assistance as necessary to athletes before and after their race at International Events.
- · Close liaison with athletes.

Applicants should ideally have previous experience of competing at representative level and/or team management at club or county level.

Further information can be obtained from Dave Hodgson.

Tel: 0113 2585586.

Applications should be submitted in writing to the F.R.A. Secretary.

## WHICH TRIG?

Here's a change from guessing whose muddy calf is whose. Try to place the right names against each of these pictures. Can it be where punters keep their equipment? Have you experienced the last exit from Mallorca? Will your inspiration come from the same source as the exploring Captain?

Send your answers to Andy Todd of Helsby Running Club at 5 Ennerdale Drive, Frodsham, Cheshire WA6 7LF. Include your own address and phone number to qualify for a special prize. Answers published in our next edition.













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# The Cairngorms – a big day in the hills

## **Bob Berzins**

Ten thirty on a summer night saw me striding across the Cairngorm tundra towards Bynack Moore. Overhead, the sky. a deep blue with a few white clouds glowing in the setting sun. Underfoot a bonsai garden of delicate pink gravel paths through the micro heather and crowberry, growing no more than half an inch tall. I'd left the car park and ski tows behind and already after an hour felt I was in the middle of the wilderness, not a soul in sight, just a few croaking ptarmigan settling down for the night. A beautiful night to be out, one not to be missed and with legs full of running I enjoyed the moment without thinking about what lay ahead.

If you dig out your Fellrunner from December 1988, you'll see an account of Mark Rigby of his epic Cairngorm run that summer. Mark had set out from Glenmore, solo, unsupported and unrecced to do the seventeen cairngorm munros within twenty four hours. A broken watch and terrible weather overnight left him wondering if he would make it, but he dug deep and charged down the hill in the allotted time. I'm not sure if anyone else has done the run since then, but it certainly caught my imagination.

If you want to tick off munros, there's several easier circuits to have a go at, but to me the Cairngorms is not about that. Here's a circuit of seventy one miles, not crossing a single road or a fence and staying above fifteen hundred feet the whole way. Being so remote the run lends itself to an unsupporting attempt and if you fancy a big day out in Britain's wildest terrain, this is it.

A couple of weeks after doing the run, it's easy to forget the effort that went in, the doubts in your mind and the soreness in your feet, it all blurs into one. But as I was doing the run I made time to look about and tried to absorb what was around me.

It never really got dark, looking to the north you could see the pink glow of the sunset a little to the west and moving right, a darker patch of sky before the sun rising on the east. I tried to establish a rhythm running down Glen Avon and just as I was congratulating myself for feeling at ease and not being afraid of the dark I jumped out of my skin when someone shone a bright light in my face. I turned around to see the moon had risen over the hilltops. It didn't light up the bridge a few miles downstream however and I spent some minutes blundering through the heather

trying to find it. A real Indiana Jones job – three strands of wire and a few planks of wood swaying in the night.

By 2.30am the ptarmigan were stirring and a pipit decided it was time for the dawn chorus. Just before three it was light enough to read the map and scramble up to Ben Avon's summit. Shortly after I looked back to see the summit rocks silhouetted against a blood red sky. Beinn a Bhuird provides good running underfoot but it's an energy sapping trek to Beinn Bhreac, "moss" being a particularly good word to describe this plateau. A plunging scree run off Beinn Chaorain was great fun but meant I had to stop at the Lairig Laoigh to take the stones out of my shoes. It was all going well, I thought I could do it.

The next section over Beinn Mheadoin, Loch Etachan and Derry Cairngorm provided spectacular views and rocky terrain and by the time I reached Ben Macdui I still hadn't seen another person. The tops stretched out all around, the air was still and the only noise was from a snow bunting staking out its territory. Running down a snow filled Taylors burn was a doddle compared to the vertical heather off Carn Mhaim, but at least it led to the Lairig Ghru, the start of the last section and yes, there were people around, the world had woken up.

To take my mind off the climb up to Devils Point, a male ptarmigan accompanied me up the hill a short way, it looked like he was making a bid to replace his grouse cousin on the whisky commercial and although he had his summer plumage he hadn't shed the furry legs. At this point my route differed from Mark's, I was doing the whole circuit in the opposite direction, but I climbed Cairn Toul straight away rather than just before Braeriach, cutting out a couple of miles, but adding some climbing. Cairn Toul as expected, was a weary climb and I also started to worry about the time I had left. but I knew as long as I kept eating and drinking and watching the clock I should be OK. There was just one rough section left across to Mullach Clach a Bhlair via Glen Eidart, but a herd of deer showed me the heathery descent to the river really could be done in thirty seconds.

I wanted to get up to my last top Braeriach with plenty of time to spare so I pushed myself into running as much as possible across the Moine Mhor. This wasn't as bad as it could have been as I was experiencing a bit of dissociation, I had the schedule in



Bob Berzins, Photo Allan Greenwood

my hand but it was this other bloke who was doing the running and I kept telling him to get a move on. I made it to the last top in good time which was just as well, sore unco-ordinated feet made heavy work of the descent and by starting at Coire Cas I left myself with half an hour of heather bashing to finish.

# 31/5/99 – 1/6/99 – Total time 23 hours 19 minutes. Solo, unsupported.

19 minutes. Soio, unsupporteu.	
Start: Coire Cas car park Cairngorm Bynack More	21.30 22.10 23.08
Fords of Avon River Avon bridge	23.38 1.20
Ben Avon Beinn Bhuird Beinn Bhreac Beinn Chaorain	2.50 3.48 4.57 5.58
Lairig an Laoigh	6.12
Beinn Mheadoin Derry Cairngorm Ben Macdui Carn Mhaim	7.00 7.57 9.00 9.59
Carrour Bothy	10.25
Devils Point Cairn Toul Monadh Mor Beinn Bhrotain Mullach Clach a Bhlair Sgor Gaoith Braeriach	11.12 12.15 13.22 13.59 15.47 17.04 18.55
Finish: Coire Cas car park	20.49

# The Cuillin Round

The Red and Black Cuillin - 59 tops, 23,150 ft in under 24 hours - 31 May 1999

So it was that Ronnie Jackson and I came to be clinging to the In. Pinn in a southerly gale, the eastern Glen Sligachan skyline done, facing an uncertain future with rain threatening to turn the basalt into a skating rink and dump us back into Coir'uisg.

My first go at the Skye Cuillin was prosaic enough. A decade ago, at a time when finishing the Munros was an issue, alarmed by stories of magnetic rock and impossible routefinding, I booked a week with Gerry Ackroyd (Cuillin Guides) in Glen Brittle. Every morning we climbed in the rain, every afternoon we watched as fabulous peaks emerged from the murk. Apart from the odd Corbett sortie I didn't go near the place again til '95. I'd joined Wellingborough Mountaineering Club, the idea being to learn to climb properly before I fell off properly. This coincided with Dangerous Dave's fellrunning period. We ran the Welsh 3000s seemingly every weekend, then in July headed for the Cuillin Main Ridge. I was there three days ahead of Dave, armed with the appendix of Gordon Stainforth's The Cuillin, and did painstaking both-ways receies of the bits I didn't know (that'll be just about all of it). The weather was warm and sunny, I found the scrambly ways past all the abseils - Game On. I met up with Dave, we argued over ropes, got rained off the In Pinn - and went home.

It's said there's no cure for the Cuillin. Next year I was back, Whit Weekend. Taking advantage of a weather window, I drove up Saturday, did the Ridge on Sunday from Glen Brittle in 10ish hours, travelling light (no rope - bypass TD Gap, etc), hitched back to Brittle, on Sunday had a gentle run on the excellent Macleods Tables, then headed home just as the rain started.

In 1997 the Lowe Alpine Mountain Marathon was on Jura, the weekend after the Jura Fell Race. What better than to have a go at the Greater Traverse in between? Plans for transport and company fell through, and after a quick rethink I settled for a 25 mile circuit starting at the road by the south end of Bla Bheinn. After a longish jog into Coruisk, I found a way up Garsbheinn (the whole thing was a bit unrehearsed), headed along the misty not-all-that-slippery Ridge, then returning almost to sea level to cross Glen Sligachan. By now it was a perfect

evening - there were guys camping on top of Garbh Bheinn watching the sun go down over the Outer Hebrides. Fine - but I still have the Clach Glas - Bla Bheinn traverse to on-sight. The sun is setting as I reach the top of the superb summit of Clach Glas. Panic sets in as I can't find a way down to the Putting Green - despite Stainforth's bombproof instructions. It's just dark as I climb the final Corner then plod up the ridge to arrive at Bla Bheinn's summit, 14h 38m after leaving Garsbheinn, the Outer Hebs silhouetted against the afterglow. The descent to Kilmarie in darkness is a series of cock-ups I still don't want to talk about. Total 22h.

It was from that minor epic that the idea of a Cuillin Round grew. By an odd coincidence, on the ferry from Jura I got talking to Pete Dawson (Cumberland FR). Pete was due to stay with the John Muir Trust Warden (the Trust had bought Bla Bheinn about a year previous), I gave him a lift, we got talking about the Greater Traverse, and the obvious but apparently unexploited addition of the Red Cuillin to the GT. As if enacting a ritual I was back there Whitsun '98, although injury that year ruled out anything energetic and a car breakdown confined us to Slig. We did Nan Gillean's Pinnacle Ridge, hitching a lift on another party's rope when we discovered that the downclimb from the 3rd Pinnacle on-sight unroped in the rain wouldn't go. The Red Cuillin and the excellent Sgurr na Stri and other missing links were also filled in.

The Round started to take shape. Obviously it had to include the Main Ridge, Clach Glas - Bla Bheinn, the Red Cuillin from Glamaig to Marsco. Sgurr na Stri sat astride the route between Bla Bheinn and Garsbheinn, so got included along with Sgurr Hain. It seemed right to include the outlying Munro Tops along the Main Ridge: Sgurr Sgumain fits in well with the TDgap bypass, and the Knights Peak on Pinnacle Ridge, despite its allegedly being below the magic 3000ft mark [see The Angry Corrie 36], provides good sport whilst potentially allowing the scrappy south ridge of Nan Gillean to be missed out, bypassing Gillean on its eastern face (no-one I spoke to knew whether this would go). After several months debating with Paddy Buckley, the magnificent Sgurr na-h'Uamh was finally included as a classy coda to the Main Ridge. The fine double-top Sgurr

nan Each was added before Clach Glas, and Belig made a substantial and very late entry a week before the Round was inaugurated. The resulting Round amounted to 59 tops, each having a drop of at least 50 ft - a total of 32.8 miles and 23150 ft of ascent.

All that remained was to do it in less than 24 hours. To the average Main Ridge party with ropes and gear, the whole idea is probably laughably stupid. Equally, in comparison with the BGR, PBR or Ramsay, the stats involved in the CR are fairly trivial. But the Cuillin are different. I was satisfied that the Round would make a good day out - as were the team of fellowconspirators lined up to share the adventure. Paddy had the Coruisk hut booked from Monday onwards, the idea being, weather permitting, to go for the Round at daybreak on Tuesday or ASAP thereafter. Steve and Wynn Cliff, Yiannis Tridimas and I were there a day or two before, for final recceing. Sunday, Steve and I headed up Pinnacle Ridge - Steve to exorcise the ghost of a previous Maytime encounter involving lots of snow and a helicopter. Me to check out the Nan Gillean eastern bypass - which thanks to a typically Cuillinesque quirk of geology turned out to be a doddle. And to search for a quick way off Sgurr na-h'Uamh involving some rather wonderful waterworn gabbro slabs. Yiannis headed off to find an equally convenient line under the northern cliffs of Garbh Bheinn out to Belig, and sort out Clach Glas. Game on!!

That afternoon back at the Slig, in between pints of Red Cuillin we get the hotel to check the forecast on the Net. Sunday having been perfect, the story is that Monday should be OK-ish, Tuesday bad, Wednesday could be OK but who knows? Although we're not due to see the rest of the team until tomorrow morning at the Coruisk hut Plan B emerges: I a.m. start in Glen Sligachan. We can't contact any of the gang - they're in for a surprise when Wynn meets them at Elgol next morning.

So it is that Steve and I are standing in the moonlight by a patch of cotton-grass a mile and a half up Glen Sligachan. The allotted hour arrives and we head over the moor towards the looming bulk of Glamaig. Steve has sorted out an excellent grassy ascent which I power my way up, him with rucksack in desperate pursuit. The scree descent to the bealach goes well by moonlight, then it's over the Deargs.

At the foot of Ciche na Beinne Deirg, Yiannis is waiting with a flask of soup. I empty the Dearg screes out of my shoes and head up Marsco, now in daylight, rejoining Steve and Yiannis at the col. More soup, over Druim Eadar Da Choire then Yiannis shows off his new route - at the limit of Walsh adhesion we dip under the north cliffs of Garbh Bheinn (via a track, unbelievably), then he waits while I head up Belig. This is a great little hill a Black Cuillin Outlier which just demanded to be included. Back at the col I pick up the Camelbak. With so much hands-on scrambling a Camelbak is a convenient way to stay hydrated. I'm starting to tire a bit on the way up Garbh Bheinn - to Yiannis's relief as he leads me down the south-east ridge and organises more soup while I head for outlying Sgurr nan Each - its twin tops separated by what looks like a serious climb but is just a simple scramble. Yiannis has the route over Clach Glas to perfection and we save fistfuls of time. He makes just one error, which leads to the discovery - and inclusion of Clach Glas North Top which has well over 50ft reascent - a bonus peak! We romp up the immaculate Diff-ish wall which is Clach Glas. No problems this time with the line down to the Putting Green, then enjoyable scrambling up through the dark recesses of Bla Bheinn to gain the ridge - at last there's a simple plod and I can get some more food inside.

I'm on Bla Bheinn 6h 45m after setting off up Glamaig. We're ahead of schedule at the Loch na Creitheach outflow, with Steve nowhere to be seen. We speculate that he's blagged a breakfast from some unsuspecting backpacker at Camasunary, but soon enough he's sprinting along the lochside. Fortified once more by the ubiquitous soup and pasta, I head up Sgurr Hain just north of the crags. Steve and Yiannis then head for Coruisk for a well-earned rest while I take in the Monument top and the fine twin tops of Sgurr na Stri. I linger just a moment to take in the view down to Coruisk and across to Rum, Eigg and the rest of the West, before descending the grass rake NW then doubling back along the path. Sari Luoma is at the stepping stones with a camera and a Finnish wave, then it's into the hut for porridge and a brew - despite having just arrived by boat, Wynn has the kitchen up and running already. 18mi and 12,300ft in 9h30m - from here on it gets slower.

The team have got the hang of the revised arrangements and sorted out

who's supporting what. Paddy leads the way up the excellent scrambly Mad Burn then leaves Ronnie Jackson and I to climb the east ridge of Garsbheinn infinitely superior to the peat-and-scree trauchle from Glen Brittle campsite which is the usual intro to the Main Ridge. In contrast to the morning, on the Ridge we are in cloud and buffeted by a strong southerly wind. The first part is runnable but after 12 hours I'm not really in the mood, and Sgurr nan Eag seems interminable. I perk up for the entertaining descent, glad to be scrambling again. Ronnie - a Ridge novice - is well impressed by the vertical sandpaper peridotite of Caisteal a Garbh Choire; after the summit we turn sharp left then traverse right to miss the abseil. In the mist we go astray on the traverse beneath Sgurr Dubh na Da Bheinn to outlier Sgurr Dubh Mor, losing 20 mins (I hope the party that tried to follow us got out alive!). Back on the Ridge proper, we skirt T-D Buttress (missing the Gap) and quickly bag outlier Sgurr Sgumain and head up Easy Gully to the superb summit of Sgurr Alasdair - top of the world. Ronnie leads the way up Sgurr Thearlaich and for once I have no trouble getting up the awkward little wall from the top of the Stone Shoot. We find the way off Thearlaich sneaking past the abseils, then Collie's Ledge takes us neatly to Sgurr Mhic Coinnich. Past Bealach Coire Lagan is a scruffy dolerite pinnacle - a poor relation of An Stac but worth a visit, having the required 50 ft of reascent. I always love An Stac - good firm rock on the crest, the smooth dolerite a relief from rough gabbro, the climbing sustained enough to make the minutes and feet fly by without being anywhere difficult.

Frankly it's too windy to climb the In Pinn. I wonder about the weather... will we get rained off anyway.... we're behind schedule.... The kind of confidence crash without which no 24hour Round would be complete. Well, we do it (solo up and down the exposed East Ridge - Mod), and here are Yiannis and Sari, who having arrived at Bealach Coire na Banachdich at the appointed hour are wondering where we are and have come searching. More soup and soul-searching, then Sari heads back to Coruisk while the indefatiguable Yiannis joins us for the rest of the Main Ridge. Banachdich always seems to go on a bit - four identical tops in the mist plus a few other lumps - I lose count and we waste 25 minutes reorientating before finding the way down and on to Thormaid.

Knife-edge Ghreadaidh is no place to be in the wind and rain. Wet basalt is the Ridge-party's nightmare and I'm facing a Bealach Glaic-Mhor bale-out. Suddenly after Mhadaidh we break out of the cloud into the evening sunshine. I love the 3 Mhadaidh Tops and derive a certain sadistic pleasure from pointing my two companions at one improbable line after another. The final descent to the Bealach is excellent value - with the best to come - Bidein Druim nan Ramh. The first top is simple, although the descent to the Rock Bridge can be a bit of a slither. Yiannis doesn't believe me when I send him down the north arete from the main summit. Nor the slabs that follow. Nor the downclimb to the col. To be fair, I can't remember the crucial Diff downclimb either - I bottle out and defer to rockrat Ronnie - always a safe pair of hands in an emergency.

An Caisteal has an excruciating sense of humour. This section of the ridge delights in presenting the knackered climber with a succession of deaththreatening leaps across empty space. Bruach na Frithe and Sgurr a Fionn Choire mark the return to tourist country, now deserted in the late evening. We take in a pleasant nobbly little top-with-a-view just before the Basteir Tooth, then head down the screes to find the start of Collie's Lota Corrie Route (Mod). After toying with the wrong steep chimney, we head down some more then back up the easy ledge system to the Tooth. A single delicate move is the key to the Am Basteir ascent, then from the col, Nicholson's Chimney and the stump of the former Gendarme lead the way to the wonderfully compact summit of Sgurr Nan Gillean. We pause to celebrate Ronnie's first ever Main Ridge (9h 30m), but I can't celebrate yet as it's 10pm and I still have 3 tops to go. The descent north to the Knight's Peak col is splendidly steep, and I'm glad the other two are alert enough to work out a fuss-free route. The KP is a fine top, perched above the Basteir Gorge. We return to the col, retracing its intricacies before employing my next secret weapon. A grassy ledge leads south-east across the face of Gillean, up a rocky step then across easy scree to join the South-east Ridge just before it levels off. Sgurr Beag is easy prey, but getting up and down Sgurr na-h'Uamh before nightfall ain't going to be easy. Just before the top we surprise a Ptarmigan - the surprise is mutual. We race carefully back down the rock pitches we've just ascended, relieved to gain the (mostly) grassy Coire Glas with just a trace of

light remaining. As we approach Glen Sligachan, Yiannis heads south to rejoin the others at the Coruisk hut, leaving Ronnie and I to jog-walk the annoyingly rubbly path along the Glen to reach that patch of cotton-grass - with 32 minutes remaining, and the lights of the Slig beckoning. Job done. Start of holiday.

Tuesday's task is to get back to Coruisk. Ronnie leaves Slig campsite at 7 a.m. and runs through for breakfast, allegedly spending the rest of the day paddling with Yiannis in the sunshine (Yep - the forecast was rain). I spend the morning at the caravan massaging the legs, sorting out a blister, eating. Having overdosed on Glen Sligachan I drive round to Glen Brittle, then plod over Bealach Coire na Banachdich to Coruisk. More accurately, I lose my way in the mist, head up the wrong gully, escape right, climb to within an inch of my life to emerge on the West ridge of Sgurr Dearg - before making my way down to Coruisk and a pleasant evening stroll to the hut, champagne, a meal c/o Wynn and Graham, and a few drams. Paddy Buckley, 70 this year, had taken a party up the south ridge of Sgurr nah'Uamh (putting up that poor Ptarmigan again) then headed along the Main Ridge over Bidein.

Wednesday Paddy does the other half of the Ridge. Ronnie and Yiannis decide that my time was too slow and do the Main Ridge again, in 8h 30m. Ken Turner and Eileen Bond have their sights on the Dubhs Ridge. Ignoring the protests of a pair of knackered knees I just have to join them for this soughtafter route. We fall for the direct start. This turns out to be 50m of easy slabs followed by a little slimy wall topped by a dodgy chockstone. I have a desparate struggle to get up this, then sit in the sunshine while Ken and Eileen wisely descend the slabs and walk up the grass at the side. I then discover that the next pitch is even harder, on-sight without protection, but in retrospect excellent climbing. Not an ideal start for a recovery day, but the rest of the ascent over Sgurr Dubh Beag, Sgurr Dubh Mor and Sgurr Dubh na Da Bheinn is a dream. Eileen finally gets a signal and is able to phone home from the summit then she and Ken head for Garsbheinn while I look at the TD gap. I've not been there before and enjoy the fine scramble to the summit of the TD Buttress before looking down on the Gap. A pair are just roping up, en route for a 2-day trad Ridge, full gear heroes. Beating a hasty retreat I coax my protesting knees north a Cuillin half-mile to Sgurr Coir' an Lochain, enjoying its scrambly North top before returning to the hut.

Thursday is our last day at Coruisk. Despite the drizzle which finally catches up with us, we are determined to make the most of our location on the 'wrong' side of the Cuillin. Ronnie and I head along the Druim nan Ramh. We are surprised to find a mauvais pas immediately before the Druim Pinnacle. The Pinnacle itself is harmless, but loose. Beyond, we find the traverse line along the south side of the Bidein cliffs. The ledge runs onto what appears to be the Main Ridge, but in thick mist we haven't a clue where we are. Climbing up we recognise the West summit of Bidein Druim nan Ramh. A romp down the Glaic Mhor screes and yet another full-length traverse of Cor'uisg makes a suitably aesthetic finish to a top-quality

As to the Cuillin Round, a fellrunner confident to scramble at Mod/Diff with a reasonable knowledge of the Ridge and/or good support should have no difficulty in completing a sub-24-hour circuit. It would be good to see it go in under 20 hours. The main dilemma is the In Pinn - for entirely non-technical reasons. Starting at Slig, in good weather you may have to share it with a few dozen other parties - Ronnie and Yiannis reported a 2-hour queue there on their second traverse. Start pre-dawn at Coruisk and you'll be early at the Pinn but may have to do Sgurr na Stri in the dark.

Big thanks to the team - for the planning, the receing, the provisioning, the support, the company. It wouldn't have happened without you.

Mike Lates mentioned the possibility of taking in the remaining Reds through to Broadford. Now there's a challenge. Take out OS32 and have a look.

Rob Woodall, Peterborough, August 1999

#### **Cuillin capers**

- *Main*: 6.7 miles, 10000 ft: first completed by Shadbolt & McLaren, 1911 (12h 18m Garsbheinn to Nan Gillean), record Andy Hyslop, 1994 (3h 32m 15s) *Climber* 1994
- Greater Traverse (adding Clach Glas Bla Bheinn, sometimes including Garbh Bheinn): 12 miles, 16,200ft: first completed by Charleson & Forde, 1939
- Black + Red Cuillin (Greater Traverse + Marsco, Deargs, Glamaig, Sligachan start (3 p.m.) and finish): Calum Smith, 30-31 July 1991, solo unsupported (34h including 7h bivvy on Banachdich)
- *Cuillin Round*: 33.4 miles, 23275 ft, 59 tops: Rob Woodall 31 May 1999 (23h 28m)

#### One of my favourite

novelists is the late Neil M. Gunnn whose works are currently enjoying a popular renaissance, but I suspect not much read south of the border. His novels attempt to search for the 'source of life' and his philosophy contained the 'maximum amount of freedom with one's duty to the community'.

His books depict life in the Highlands of Scotland – the REAL essence of life, which is, of course, indefinable. For me fell running comes very close – I believe that it is one's search for freedom, unobtainable in the absolute sense, but still pursued.

#### THE OLD EARTH'

A soft wind to caress the skin, the assurance of rock beneath feet, the spirit is lifted to new heights and just here, and now, freedom is so positive.

Below, the eternal fusing of fell and beck;

grey crag, torn and riven, but perennially rooted.

This is my world – here the very depths

of self are seen – a mountain strips us bare, takes away the wrappings we concoct

and makes us delightfully transparent.

Shall I win? Shall I lose? No matter, I am here and that is enough. For I have left the world's madness. All hunger is satisfied on mountain

top,

I am at ease among the hills, it is a day without night.

The pleasures will not diminish with passing years,

each time the phoenix rises from the dust and ashes of a secular world.

There is no place better than 'the old earth'.

#### Peter Travis

'For at the end of the day what's all the bother about? Simply about how we are to live one with another on the old earth.'

Words carved on a memorial stone to Neil M. Gunn between Dingwall and Strathpeffer.



Long distance stuff - Roger Woods heading for Codale Tarn in the Lake District Mountain Trial

#### Continued from page 32

unsupported from Glenmore and despite having never receied the route, breaking his watch and suffering terrible weather overnight he completed the 76 miles and 20,000 feet in 22hrs 44mins. Eleven years on and although several have considered attempting the round, no one else has even set off until now. One of the great things about these epic Scottish runs is that they don't cross roads. The Cairngorm Round allows you to choose the order in which you visit the Munros and doesn't drop below 1500feet. Bob's time was 23hrs 19mins.

#### ROBBIE BRYSON - IRISH 3000 RECORD BIKE/FOOT

As multi-sport events become ever more popular, so multi-sport endurance challenges which have been taking place 'quietly' for many years are being repeated on far more regular basis. The Scottish 4000's from Aviemore to Fort William, the British Three Peaks from Caernarfon to Fort William, and more recently the Irish 3000's from Brandon Mountain in the SW to Lugnaquilla in the east. In July 1996 Mark Hartell and Adrian Belton completed the first nonstop traverse of all the Irish Munros and Tops by bike and on foot in approximately 25 hours. Their route took them 233 miles by bike from Brandon Mountain to McGillicuddy's Reeks where they climbed the 4 Munros and various tops before cycling on to climb Galtymore on the way to Lugnaquilla, the final summit. They covered 25miles and 17,000feet of ascent on foot.

In June of this year, Robbie attempted the same route as Mark and Adrian but travelling from east to west and his target was to beat 24 hours from summit to summit. The idea had become a bit of an obsession and before making the attempt he had receied the route a few times. He cycled alone and his rules were no pacing/drafting on the bike, use the same bike except if major mechanical breakdown occurs and always return to the point where you left your bike on foot to the mountains. As well as the other Munros, he intended to traverse all 12 summits and tops in the Reeks. He set off at 16:45 hours from Lugnaquilla summit with the benefit of a light northerly tailwind and 23hrs 19mins later arrived at the summit of Brandon Mountain. The distance of 237 miles he covered by bike suggests that he took much the same route as Mark and Adrian. He was supported Mike Hunter who acted as driver, cook and DJ while Jim Brown accompanied him on the hills. It was a remarkable 'tour de force' by Robbie to complete all the cycling alone and he kept to his schedule throughout the traverse.

#### RICHARD CALDER, CHRIS LATTER & IAN LANCASTER -IRISH PEAKS COAST TO COAST

This year there have been two documented attempts to link all the Irish Munros continuously by bike and on foot. On 31st May, Richard Calder, Chris Latter and Ian Lancaster set off to cycle 270 miles from Dunmure Head, the most westerly point in Ireland to the lighthouse at Wicklow Head, the most easterly point in Eire. They intended to also climb all the Munros en route. The

weather for the attempt was reasonable and they progressed well until the last major 90 mile stage from Galtymore to Lugnaquilla where a combination of weariness and some route finding errors (on Irish roads) caused the team to lose their momentum. Their time from summit to summit was 26hrs 31mins and the entire challenge took them 31hrs 44mins. They believe it was the first full coast to coast continuous traverse including all the 3000 foot peaks and in the process they raised nearly £3000 for charity.

#### GARY TUDBURY - BRITISH 3 PEAKS RECORD ATTEMPT BIKE/FOOT

In July 1997, Dave Sleath broke the 18 year record for the British Three Peaks on bike and foot in a time of 35hrs 40mins. A few groups had missed the record until Dave reduced it by more than 6 hours. A year later on 26th June 1998, Gary Tudbury made an attempt at Dave's record, starting from Caernarfon in the early morning. Much of the time on the bike was spent in pouring rain with gusty winds, however he managed to stay ahead of schedule as far as Glasgow. The wind returned but had shifted by 100degrees to be predominantly a stiff headwind. The record slowly slipped from his grasp and having climbed the Ben, he arrived at the Safeway carpark in Fort William in 36hrs 42mins, an hour slower than Dave's time. The statistics are 430 bike miles, 25 foot miles and 11000ft ascent. He was superbly supported by his family with running and cycling friends from Long Eaton CC and Erewash Valley RC. Gary feels that given the right conditions, the record is attainable.

#### BOB GRAHAM CLUB ACHIEVEMENT OF THE YEAR AWARD 1999/2000

The Club presents an annual award to a member of the club who has completed the most outstanding long distance mountain running achievement/s. The award year runs from 1st May to 30th April and to be eligible for the award, the member MUST BE NOMINATED by a friend or someone who witnessed the event. The nomination should include a description of the challenge, a schedule and reasons why the achievement merits the award. Nominations for the 1999/2000 award should be sent by June 2000 to: Mr Fred Rogerson, Tethers End, Lindeth, Windermere, Cumbria Tel 015394 44586

#### Martin Stone's

# **Long Distance News Summary**

Plenty of heroic deeds have taken place this summer and there is no shortage of candidates for the FRA Long Distance Award.

#### FRA LONG DISTANCE AWARD

I keep a register of Long Distance
Individual Fell Records and rely on
those who set new records to keep me
informed. If you complete a long
distance mountain challenge that you
think would be of interest, please send
details to the address below so that
others can be inspired to repeat or
improve on your achievement. In the
autumn, a panel of long distance
'enthusiasts' examines details of
outstanding performances and a suitable
recipient of the award will be chosen.
Please send a schedule and brief details
of any record-breaking run to:

Martin Stone, Sleagill Head Farm, SLEAGILL, PENRITH CA10 3HD, Tel: 01931 714106/107 FAX,

EMAIL: martin@staminade.demon.co.uk

#### GALLOWAY STRAVAIG - GLYNN JONES' 100 MILE WINTER RACE

Glynn lives in Galloway and has organised the classic Bruce's Crown event for a number of years. His idea was to join up the three Cairnsmores of Galloway into a circular route and make it add up to 100 winter miles, about 17,000ft and very few paths over the difficult terrain; perhaps the hardest 100 miler ever held in Britain. Entry was by invitation only as the challenge was so serious. He invited 50 seasoned long distance mountain runners but in the end only twelve bold souls set off at 04:15 on 30th January from Jo & Paul McClintock's house near Newton Stewart. Over the next 45 hours, the numbers were whittled down to six as the route took them over the delights of Curlywee, Merrick, Glenmount, Cairnsmore of Carsphain, Cairnsmore of Dee and finally the Cairnsmore of Fleet. The first night was cold but mainly clear and the 6 remaining stalwarts were assisted by a full moon. Tiredness took its toll and an odd hours sleep was snatched here and there by the weary travellers. The six who finished stayed together for the latter part of the route, continuing late into a second

night to drop off Cairnsmore of Fleet and finish after midnight. Glynn was one of the six to complete his own challenge, learning at the finish that he had become a grandfather. The finest achievement was that of local boy Gareth Steel who at the tender age of 18 completed the route having only ever run 40 miles before during Glynn's event the previous summer.

## MARK HARTELL - 2ND FASTEST BOB GRAHAM EVER

It's a long time since anyone has had to gall to try and beat Billy Bland's 13hrs 53mins for the BG Round. Billy set his record back in 1982 and about a month later Stuart Bland produced a similar remarkable performance of 14hrs 56mins. To put these times in perspective, Billy completed the BG a full 3 hours faster than it had ever been run before. Since then, Mark McDermott and Mark Hartell, the boys from Macclesfield Harriers, have set successive Lakeland 24 Hour Records and demonstrated that superhuman performances on the fells are not just the domain of born and bred Lakeland people. A fairly similar calculation leads one to believe the present 24-hour record is almost exactly 50% further than a standard Bob Graham and so it's like running a Bob Graham in 16 hours and carrying on at the same pace. In order to beat Billy's record another two hours has to be lopped off. In the late 80's Mark McDermott made a clockwise attempt but various things went wrong and Mark didn't get beyond Dunmail.

This summer, Mark Hartell had focused his fitness on turning out a top performance at the Western States Endurance Run in California. The event is held in early July and is probably the worlds most competitive 100-mile trail race with about 20,000 ascent. Mark had travelled out for the event with Mark McDermott (who finished a very creditable 9th), Paul & Jo McClintock and Rex Stickland who all acquitted themselves well. Unfortunately a bad dose of food poisoning did for Mark Hartell and he had to watch the race. On his return from the States Mark felt he needed a challenge to make up for the disappointment but having recently become a father, his window of opportunity was not great. What better than a day out in the Lakes trying to beat the Bob Graham record. His reputation as Rainboy precedes him as all three of his previous attempts at Lakeland records (even the successful one) have been dogged by bad weather.

However, Sunday 25th July was the Perfect Day he deserved and a team of 14 pacers and supporters were present to see Mark's romp over the fells. He set off at 06:00am attempting a clockwise round. Because the pace required would be too fast for most pacers carrying a rucksack, a careful plan was devised allowing pacers to take turns to col hop while others were 'on duty'. Because of the recent decision to attempt the record, Mark had no opportunity to recce the best lines and the odd minute was lost here and there. Early on he suffered with an overheating left foot which troubled him for the first half of the round. Nevertheless, his renowned iron determination showed through and he reached Dunmail in about 5 hours! Despite his bold approach to the run, he secretly doubted his ability to break the record but was determined to just do the best he could on the day. He passed through the valley crossings like a whirlwind and was stopped for only 3 minutes the whole day. Billy and various other members of the Bland family came to Dunmail and Honister to witness the run. By Honister it was clear that he wouldn't break the record and it required true grit and determination to run the road hills back to Keswick so that he could beat Stuart Bland's time by 2 minutes. His total time was 14hrs 54 and the sections took 2hrs 25, 2hrs 47, 4hrs 5, 3hrs 38 and 1hrs 59. Maybe one or two of those who helped or supported on the day will have been encouraged to have a go.

#### ROB WOODALL - THE 'MUCH GREATER' CUILLIN ROUND

This magnificent round completed on 31st May is described elsewhere by Rob in his article. Suffice to say that it is the longest continuous mountain run ever completed on Skye. Although the Black Cuillin Munros on the Ridge and the other Munros, Glamaig and Bla Bheinn, are occasionally completed in a continuous effort, Rob added a number of outlying peaks to complete a circular route from the JMCS Coruisk Hut.

#### BOB BERZINS - 2ND COMPLETION OF M. RIGBY'S CAIRNGORM ROUND

Big Bob turns up every few years with a new adventure under his belt. Bob is very much a member of the 'solo-unsupported' brigade and it was a great surprise to receive his email with news of his completion of the Rigby Round. His article elsewhere in the magazine describes the first repeat of Mark Rigby's round of the 17 Cairngorm Munros. In 1988 Mark set off solo-

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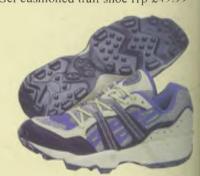
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