

Individual Results

RaceNumber	Forename	Surname	Club	AGeCat	CatPosition	Time	RacePosition
202	Brennan	Townshend	Climb South West	M SEN	1	2:44:55	1
32	Matt	Clist	Axe Valley Runners	M SEN	2	2:58:34	2
124	Tim	Lenton	Axe Valley Runners	M Over 40	1	3:01:05	3
28	Tom	Carthey	Freedom Racing	M SEN	3	3:03:55	4
35	Greg	Cole	Tonbridge AC	M SEN	4	3:05:47	5
2	Steve	Adams	Exmouth Harriers	M Over 40	2	3:08:37	6
53	Paul	Dowling	Climb South West	M Over 40	3	3:09:53	7
24	Ben	Broyd	Orcombe Trotters	M SEN	5	3:09:57	8
92	Kevin	Hawker	Honiton RC	M Over 40	4	3:10:14	9
153	David	Parrott	Climb South West	M SEN	6	3:11:29	10
145	Andy	Norris	Holbeton Harriers	M Over 40	5	3:17:00	11
107	Richard	Hurdle	Cirencester AC	M Over 40	6	3:17:25	12
215	Karl	Watson	Climb South West	M SEN	7	3:18:05	13
155	Josh	Pender	Climb South West	M SEN	8	3:18:41	14
112	Richard	Keefe	Mud Crew Trail Runners	M Over 40	7	3:19:08	15
67	Darren	Francis	South Devon AC	M Over 40	8	3:19:21	16
49	Patrick	Devine-Wright	Axe Valley Runners	M Over 40	9	3:19:32	17
171	Michael	Robinson	Climb South West	M SEN	9	3:20:42	18
74	Stephen	Gentle	Okehampton RC	M SEN	10	3:21:26	19
170	Paddy	Robins	Bournemouth AC	M Over 40	10	3:21:48	20
102	Matt	Hewer	Axe Valley Runners	M SEN	11	3:26:06	21
37	Robert	Collier	Axe Valley Runners	M Over 40	11	3:26:53	22
144	Justin	Nicholas	Climb South West	M Over 40	12	3:28:22	23
90	Matthew	Hart		M Over 40	13	3:29:59	24
61	Peter	Fletcher	Team Climb Southwest	M SEN	12	3:30:17	25
128	Alberto	Lopez	Carnethy Hill Racing Club	M SEN	13	3:30:24	26
34	Catherine	Cole	Haldon Trail Runners	F SEN	1	3:30:52	27
33	Steven	Clook		M Over 40	14	3:31:03	28
12	Ryan	Benney		M SEN	14	3:31:14	29
72	Matthew	Garnett	GoodGym Race Team	M SEN	15	3:31:53	30
69	William	Freston	HAC	M SEN	16	3:32:32	31
162	Floyd	Ratcliffe	(no club)	M <23	1	3:34:34	32
148	Andrew	Oliphant	Haldon Trail Runners	M SEN	17	3:34:38	33
96	Adam	Hennessey	Honiton RC	M SEN	18	3:35:23	34
152	Daniel	Palmer	(no club)	M SEN	19	3:37:33	35
19	Paul	Bradford	FRA	M Over 40	15	3:38:34	36
31	Leigh	Clark	Climb South West	M SEN	20	3:39:25	37
198	Jason	Taylor	Hercules Wimbledon AC	M Over 40	16	3:41:20	38
231	William	K		M SEN	21	3:41:27	39
111	Scott	Jordan	Exmouth Harriers	M Over 40	17	3:41:45	40
18	Nick	Booth	(no club)	M SEN	22	3:42:01	41
149	Rupert	Pady	Axe Valley Runners	M Over 40	18	3:42:01	42
48	John	Dennis	(no club)	M SEN	23	3:42:02	43
21	Mark	Brooks	Puretrail Running	M Over 50	1	3:42:15	44
105	Jo	Hudson	Team H Running Plymouth	F SEN	2	3:42:33	45
42	David	Cudby	Truro Running Club	M SEN	24	3:43:35	46
216	Robin	Watson	Falmouth RRC	M Over 50	2	3:43:49	47
146	Duncan	Oakes	Mud Crew Trail Runners	M Over 50	3	3:45:40	48
229	James	Turner		M SEN	25	3:45:40	49
151	Andrew	Palmer	Otter Valley Hash House Harriers	M Over 40	19	3:45:53	50
43	Alasdair	Cunningham-Smith		M Over 50	4	3:46:15	51
113	Christopher	Kelsey	Wells City Harriers	M Over 60	1	3:47:18	52
136	Phil	Mills	Egdon Heath Harriers	M Over 40	20	3:47:28	53
76	Kieran	Gillick		M SEN	26	3:47:59	54
115	Alex	Kerr		M SEN	27	3:48:54	55
138	Rebecca	Morgan	Truro Running Club	F SEN	3	3:49:05	56
163	Jessica	Raynor	Sidmouth Running Club	F SEN	4	3:49:21	57
182	Nathan	Sheehy		M Over 40	21	3:51:54	58
190	Mark	Soutar	Sidmouth Running Club	M Over 40	22	3:53:09	59
9	Mark	Barton		M SEN	28	3:53:10	60
199	Lucy	Taylor	HAC	F SEN	5	3:53:11	61
226	Richard	Bishop		M Over 50	5	3:53:36	62
139	Rachael	Moss	Bridport Runners	F Over 40	1	3:53:49	63
220	Nik	Whalley	South Molton Strugglers	M Over 40	23	3:54:07	64
130	Stephen	Lysaczenko		M Over 50	6	3:54:37	65
4	Mike	Read	Egdon Heath Harriers	M Over 40	24	3:55:24	66
10	Mark	Bennett	Egdon Heath Harriers	M Over 40	25	3:55:24	67
60	Brian	Fields	Egdon Heath Harriers	M Over 50	7	3:55:24	68
57	Karen	Eyre	Axe Valley Runners	F Over 40	2	3:56:50	69
86	Pete	Hallett	Somer AC	M Over 40	26	3:56:52	70

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1	Polly	Adams	Royal Manor of Portland RC	F Over 50	1	3:57:24	71
81	Alun	Gwernan-Jones	Honiton RC	M Over 50	8	3:57:34	72
11	Natalie	Bennett	Malvern Buzzards	F SEN	6	3:57:35	73
222	Eleanor	Wood	Axe Valley Runners	F Over 60	1	3:57:42	74
154	Lee	Pattemore		M SEN	29	3:57:43	75
214	E	Warner		M SEN	30	3:57:44	76
75	Fiona	Gibbs	Avon Valley Runners	F Over 40	3	3:57:51	77
157	Justin	Peters	MudCrew Running	M Over 50	9	3:57:52	78
58	Andrew	Ferguson	MudCrew Running	M Over 50	10	3:58:17	79
122	Sharon	Law	North Ayrshire AC	F Over 40	4	4:00:24	80
44	Judy	Davey	Honiton RC	F Over 50	2	4:02:57	81
45	Steve	Davey	Honiton RC	M Over 50	11	4:02:57	82
161	Nicolas	Rannou	Exeter Tri Club	M Over 40	27	4:04:48	83
50	Andy	Dickinson	Crewkerne RC	M Over 50	12	4:04:53	84
85	Hamish	Hall	(no club)	M Over 40	28	4:06:53	85
221	Phillip	White	Army Triathlon Association	M SEN	31	4:09:09	86
64	John	Fowler	South West Road Runners	M Over 50	13	4:10:09	87
142	Richard	Nelson	Bournemouth AC	M Over 40	29	4:11:51	88
117	Edd	Lane		M SEN	32	4:12:25	89
118	Joe	Lane		M SEN	33	4:12:26	90
179	Paul	Scholte	Peel Road Runners	M Over 40	30	4:12:53	91
192	Chris	Squire		M Over 50	14	4:13:50	92
84	Richard	Hales	(no club)	M Over 40	31	4:14:24	93
207	Simon	Uden	(no club)	M SEN	34	4:15:09	94
62	Becca	Mabelle	Carn Runners	F SEN	7	4:15:14	95
56	Joshua	Dutfield	(no club)	M SEN	35	4:16:10	96
187	Nic	Smith	(no club)	M Over 50	15	4:17:02	97
110	Stuart	Jolley	(no club)	M SEN	36	4:19:00	98
99	Paloma	Heras	Carnethy Hill Racing Club	F SEN	8	4:19:27	99
22	Ian	Brown		M Over 40	32	4:20:04	100
180	Karl	Schultze	(no club)	M SEN	37	4:20:42	101
109	Bryony	Jackson	Otter Valley Hash House Harriers	F Over 40	5	4:20:50	102
52	Jim	Donovan	Teignbridge Trotters	M Over 50	16	4:22:19	103
169	Wendy	Robertshaw	Bridport Runners	F <23	1	4:22:24	104
100	Dawn	Herridge		F Over 40	6	4:22:26	105
17	Kerry	Board	Axe Valley Runners	F Over 40	7	4:22:29	106
30	Phillip	Ciano	Newquay Road Runners	M Over 50	17	4:22:48	107
217	Michael	West		M SEN	38	4:22:53	108
101	Olivia	Hetreed	Egdon Heath Harriers	F Over 50	3	4:23:02	109
89	Carl	Harrison	Honiton RC	M SEN	39	4:23:04	110
201	Andrew	Thorne	Okehampton RC	M Over 40	33	4:23:22	111
104	Robert	Hoe		M Over 50	18	4:24:34	112
91	Andrew	Hartnell	Axe Valley Runners	M Over 40	34	4:24:50	113
126	Mike	Leworthy		M SEN	40	4:25:01	114
133	Jennifer	McWhorter		F SEN	9	4:25:34	115
114	Jim	Kemp		M Over 40	35	4:26:17	116
36	Ian	Colley	(no club)	M Over 50	19	4:27:10	117
147	Jade	Offord	(no club)	F SEN	10	4:27:15	118
23	Susan	Browning	Gillingham Trotters	F Over 40	8	4:27:17	119
7	Benjamin	Barrell		M Over 40	36	4:28:03	120
119	James	Langdon		M Over 40	37	4:28:26	121
82	Andrew	Gwynne	Exeter Harriers	M Over 40	38	4:31:42	122
66	Caroline	Francis		F Over 40	9	4:33:08	123
14	Tim	Birch	Poole AC	M Over 50	20	4:33:26	124
73	Matthew	Gauld		M Over 40	40	4:33:36	125
108	Imtiaz	Ilahi		M Over 40	39	4:33:36	126
15	Amy	Blackburn	Mile High	F SEN	11	4:33:53	127
166	Mo	Ricketts	Trail Running Association	M Over 50	21	4:33:55	128
165	Joanna	Rich	Cheddar RC	F Over 40	10	4:34:56	129
125	Steven	Lewis	Axe Valley Runners	M Over 60	2	4:35:28	130
195	Andrew	Swann	(no club)	M Over 40	41	4:35:40	131
230	Tara	Aird		F SEN	12	4:35:41	132
164	Ruth	Readman	Dorset Doodlers RC	F SEN	13	4:36:41	133
71	James	Gallagher	(no club)	M SEN	41	4:36:51	134
211	Tom	Wallis	(no club)	M SEN	42	4:36:52	135
213	Polly	Walton	Sidmouth RC	F SEN	14	4:37:23	136
77	Simon	Glover	(no club)	M SEN	43	4:38:45	137
79	Andrew	Green	Run2inspire	M SEN	44	4:40:06	138
123	Simon	Leadbeater	Climb South West	M SEN	45	4:41:57	139
131	Craig	MacAlpine	Erme Valley Harriers	M Over 40	42	4:43:44	140

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RaceNumber	Forename	Surname	Club	AGeCat	CatPosition	Time	RacePosition
93	Kaylee	Hawkins	Sidmouth RC	F <23	2	4:45:30	141
94	Lynda	Hawkins	Sidmouth RC	F Over 40	11	4:45:30	142
59	Paula	Ferris	Honiton RC	F Over 40	12	4:45:39	143
143	Mark	Newson	Honiton RC	M Over 50	22	4:45:39	144
78	Wendy	Goldthorp	Teignbridge Trotters	F Over 40	13	4:46:53	145
173	David	Sadler		M SEN	46	4:47:06	146
39	Sean	Cox		M Over 50	23	4:47:17	147
299	Sue	Collman		F Over 50	4	4:47:47	148
168	David	Roberts	OVH3	M Over 40	43	4:48:12	149
27	Chris	Calton	Egdon Heath Harriers	M Over 50	24	4:48:38	150
175	Andrew	Samuel	South Molton Strugglers	M Over 50	25	4:49:14	151
55	Lou	Dutch	Team synergie coaching	F Over 40	14	4:49:45	152
156	David	Perkins	Honiton RC	M SEN	47	4:50:24	153
172	Nicola	Russell	(no club)	F SEN	15	4:50:24	154
204	Jess	Trim	Sidmouth RC	F SEN	16	4:50:24	155
140	James	Mulcahy		M Over 40	44	4:50:27	156
25	Louise	Burrige	Axe Valley Runners	F Over 40	16	4:50:36	157
65	Adele	Foxwell	Axe Valley Runners	F Over 40	15	4:50:36	158
106	John-Paul	Humphreys	Yeovil Town RRC	M Over 40	45	4:50:38	159
209	Stephen	Vaughan	Hereford Triathlon Club	M Over 40	46	4:51:15	160
225	Daniel	Weeks		M Over 40	47	4:51:26	161
129	Susan	Lyle	Brixham Harriers	F Over 50	5	4:51:59	162
224	Stuart	Hazell		M Over 50	26	4:53:48	163
227	Angus	Jones		M Over 40	48	4:54:00	164
218	Colin	Westbury	Gloucester AC	M Over 40	49	4:55:23	165
137	Gordon	Milne		M Over 40	50	4:55:24	166
212	Jan	Walpole	Plymouth Tri club	F Over 40	17	4:56:07	167
120	John	Larcombe	Axe Valley Runners	M Over 60	3	4:56:35	168
188	Steve	Smith		M Over 40	51	4:57:56	169
87	Graham	Harbor	Ashburton Hash House Harriers	M Over 40	52	4:58:08	170
47	Katrina	Dearson		F Over 40	18	5:03:54	171
98	Ruth	Henry	North Devon RR	F Over 50	6	5:03:54	172
83	Kate	Hails	Avon Valley Runners	F SEN	17	5:04:15	173
116	Shane	Knight		M Over 40	53	5:04:37	174
189	Lee	Solman		M Over 40	54	5:04:57	175
26	Amanda-Jayne	Bygrave	Avon Valley Runners	F Over 50	7	5:05:32	176
194	Michael	Summers	Gump trotters	M Over 40	55	5:07:07	177
200	Tracey	Taylor	Sale Harriers Manchester	F SEN	18	5:07:07	178
135	Samantha	Miller	Axe Valley Runners	F Over 50	8	5:07:42	179
186	Antony	Smith	Axe Valley Runners	M Over 50	27	5:07:43	180
219	Lucy	Westcott	Springfield Striders RC	F SEN	19	5:08:05	181
205	Gary	Tubridy	Wells City Harriers	M Over 60	4	5:08:54	182
159	Clive	Poole	Gloucester AC	M Over 50	28	5:16:49	183
46	Alison	Davies	(no club)	F Over 40	19	5:21:38	184
97	Rachel	Hennessey	Honiton RC	F SEN	20	5:21:51	185
51	Emma	Donovan	Teignbridge Trotters	F SEN	21	5:25:12	186
3	Tanya	Alexander	(no club)	F SEN	22	5:26:29	187
210	David	Vigg		M Over 40	56	5:26:46	188
176	Denise	Sanders	North Devon RRC	F SEN	23	5:27:46	189
223	Mandi	Yeo	North Devon RRC	F Over 50	9	5:27:46	190
174	Susi	Sadler		F SEN	24	5:30:33	191
54	Amanda	Dunkley		F SEN	25	5:31:26	192
63	Rach	Forman		F <23	3	5:31:26	193
196	Guy	Sweetman	(no club)	M SEN	48	5:31:26	194
183	Rachel	Sheldrake	Notfast RC	F Over 50	10	5:37:39	195
103	Edric	Hobbs	Collett Park Dark Runners	M Over 50	29	5:45:27	196
141	Elle	Neal	Women on the Run	F SEN	26	5:49:25	197
184	James	Sheppard		M SEN	49	5:49:25	198
41	Nicola	Craven		F Over 50	11	5:52:02	199
167	Sara	Robert	Avon Valley Runners	F Over 50	12	5:55:17	200
178	Judy	Schols		F Over 50	13	5:55:17	201

Relay Results

Relay Name	Time	RacePosition
SRC Ant & Jus	3:01:49	1
Mixtures	3:20:46	2
AVR Amber	3:50:13	3
AVR Blue	4:01:00	4
AVR Damson	4:12:22	5
AVR Eggshell	4:52:32	6
AVR Crimson	4:52:33	7
Sidmouth Strollers	4:59:02	8