

Lords Seat

Wednesday 26 April 2017. 7:00 pm

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race</i>	<i>Race</i>
1	0:31:52	LAMB, Mark	Keswick AC	sm	06:24.5	199	1
2	0:34:29	MCCORMACK, Sarah	Ambleside A.C.	All Ladies	06:56.1	167	2
3	0:34:37	AMOR, Lee	Ellenborough RC	sm	06:57.7	155	3
4	0:35:22	ARTHUR, Chris	Bowland Fell Runners	sm	07:06.7	124	4
5	0:35:26	BARDSLEY, Ben	Borrowdale F.R.	mv40	07:07.5	146	5
6	0:36:17	OHLY, Shane	Helm Hill Runners	mv40	07:17.8	184	6
7	0:36:20	BOLTON, Harry	Keswick AC	mu18	07:18.4	179	7
8	0:36:38	DAY, Tom	Keswick AC	sm	07:22.0	209	8
9	0:36:52	LIKEMAN, Mark	Derwent AC	sm	07:24.8	114	9
10	0:37:03	KNOWLES, Chris	Ellenborough RC	mv50	07:27.1	150	10
11	0:37:20	ROBERTS, Alex	Ellenborough RC	sm	07:30.5	203	11
12	0:37:22	BRASSINGTON, Huw	Derwent AC	sm	07:30.9	225	12
13	0:37:25	HARTLEY, John	Unattached	mu23	07:31.5	172	13
14	0:37:26	SARGENT, David	Eden Runners	mv50	07:31.7	189	14
15	0:37:28	CLARKE, Peter	Sheffield University	mu23	07:32.1	222	15
16	0:37:33	BREWER, Chris	Keswick AC	mv40	07:33.1	119	16
17	0:37:48	JACKSON, Adam	Northern Fells	mv40	07:36.1	171	17
18	0:37:56	SPURDEN, Catherine	Keswick AC	All Ladies	07:37.7	147	18
19	0:38:28	KEMP, Peter	Ellenborough RC	mv40	07:44.2	111	19
20	0:38:31	GRAHAM, Samuel	Unattached	mu18	07:44.8	220	20
21	0:38:35	TONKIN, Jacob	Keswick AC	sm	07:45.6	157	21
22	0:38:39	HUNTER, Simon	WCOC	mv40	07:46.4	192	22
23	0:38:58	SMITH, Craig	Keswick AC	mv50	07:50.2	205	23
24	0:38:58	WILLIAMS, David	Ellenborough RC	sm	07:50.2	153	24
25	0:39:19	SUDDABY, Richard	FRA	mv50	07:54.4	139	25
26	0:39:22	MCGEEN, Alan	Ellenborough RC	mv50	07:55.0	204	26
27	0:39:36	MAYNARD, Adam	vegan runners	sm	07:57.8	212	27
28	0:39:39	GERMAN, Peter	Helm Hill Runners	sm	07:58.4	127	28
29	0:39:49	FLETCHER, Eddie	Keswick AC	sm	08:00.4	129	29
30	0:39:52	STRONG, Tom	Tri Lakeland	sm	08:01.0	217	30
31	0:39:56	KNOWLES, Paul	Ambleside A.C.	mv40	08:01.9	191	31
32	0:40:03	MARSH, Craig	Keswick AC	sm	08:03.3	185	32
33	0:40:08	MALLEN, Michael	Keswick AC	mv60	08:04.3	133	33
34	0:40:19	JONES, Robert	Keswick AC	sm	08:06.5	152	34
35	0:40:21	MORTIMORE, Rob	Helm Hill Runners	sm	08:06.9	174	35
36	0:40:25	MCCABE, David	Trawden AC	mv40	08:07.7	168	36
37	0:40:43	HURTON, Connie	Eden Runners	fu23	08:11.3	154	37
38	0:40:44	TODD, Joe	Unattached	mv40	08:11.5	110	38
39	0:40:45	SMITH, Chris	Keswick AC	sm	08:11.7	226	39
40	0:40:47	WILSON, David	Unattached	sm	08:12.1	151	40
41	0:41:13	NOON, Sophie	Derwent AC	All Ladies	08:17.3	116	41
42	0:41:14	WHITE, David	Helm Hill Runners	mv40	08:17.5	131	42
43	0:41:15	JONES, Steven	Keswick AC	sm	08:17.7	161	43
44	0:41:16	HOOPER, Sam	Keswick AC	mu23	08:17.9	183	44
45	0:41:24	ROBINSON, Sean	Howgill Harriers	sm	08:19.5	221	45
46	0:41:27	BARTHELMES, Tobias	Unattached	mu18	08:20.2	218	46
47	0:41:29	JOHNSON, Abi	Eden Runners	All Ladies	08:20.6	206	47
48	0:41:39	STOBBART, Lucy	Tri Lakeland	All Ladies	08:22.6	202	48
49	0:41:41	LOMAS, Shaun	Unattached	sm	08:23.0	194	49
50	0:42:00	LEWIN, Gary	Unattached	mv50	08:26.8	210	50
51	0:42:04	SEBLEY, Nick	Blackcombe Runners	mv50	08:27.6	207	51
52	0:42:14	OLIVER, Rob	Cumberland Fell Runners	mv40	08:29.6	175	52
53	0:42:17	NIBLOCK, Catherine	Helm Hill Runners	All Ladies	08:30.2	126	53
54	0:42:22	WILSON, Paul	Northern Fells	mv40	08:31.2	117	54
55	0:42:31	WALKER, Lindsay	Keswick AC	All Ladies	08:33.0	128	55
56	0:42:58	BEETHAM, Trudy	Keswick AC	fv40	08:38.5	118	56
57	0:43:03	SKELTON, John	Unattached	mv40	08:39.5	187	57

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Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race</i>	<i>Race</i>
58	0:43:19	HODGSON, Ian	Carlisle Tri Club	sm	08:42.7	177	58
59	0:43:29	HORNE, Ian	Eden Runners	mv50	08:44.7	156	59
60	0:43:34	BRIDGE, Karen	Eden Runners	fv40	08:45.7	163	60
61	0:43:50	AUBREY, Kathleen	Helm Hill Runners	fv50	08:48.9	132	61
62	0:44:18	WALSH, Micheal	Kendal AC	mv60	08:54.5	178	62
63	0:44:28	SINGLETON, Rose	Northern Fells	All Ladies	08:56.6	193	63
64	0:44:51	WINSKILL, Helen	Keswick AC	fv40	09:01.2	145	64
65	0:45:02	REID, Andy	Ellenborough RC	mv60	09:03.4	143	65
66	0:45:10	FIDRMUC, Matthew	Keswick AC	sm	09:05.0	214	66
67	0:45:29	HAYES, Sean	Unattached	sm	09:08.8	160	67
68	0:45:49	SKELTON, Josh	Unattached	mu18	09:12.8	188	68
69	0:45:53	HUDSON, Paul	Northern Fells	mv40	09:13.7	120	69
70	0:46:04	SALKELD, Micheal	Eden Runners	sm	09:15.9	223	70
71	0:46:10	ELAND, Andrew	Tri Lakeland	mv40	09:17.1	169	71
72	0:46:12	WALLACE, Keri	Oban Mountain Goats	All Ladies	09:17.5	121	72
73	0:46:15	DARBY, Joseph	Unattached	sm	09:18.1	180	73
74	0:46:16	PARK, Tracy	Cumberland F.R.	fv50	09:18.3	208	74
75	0:46:18	LEWIN, Katherine	Eden Runners	fu23	09:18.7	125	75
76	0:46:19	HARTLEY, Stephen	Eden Runners	mv50	09:18.9	173	76
77	0:46:33	MOUNSEY, Greg	Beanboys	sm	09:21.7	215	77
78	0:46:40	FERRY, Michelle	Keswick AC	All Ladies	09:23.1	216	78
79	0:46:46	JACKSON, Tim	Eden Runners	sm	09:24.3	190	79
80	0:46:49	WALKER, Debbie	Derwent AC	fv40	09:24.9	170	80
81	0:46:52	JENNISON, Alan	East Hull Harriers & AC	mv40	09:25.5	166	81
82	0:47:01	GLOVER, Andrew	Tri Lakeland	mv40	09:27.3	176	82
83	0:47:20	AYERS, Samantha	Keswick AC	fv40	09:31.2	195	83
84	0:47:20	WILKINSON, Sue	Keswick AC	fv50	09:31.2	135	84
85	0:47:38	FULTON, Keith	Tri Lakeland	mv40	09:34.8	164	85
86	0:47:44	ULYATT, Ellie	Unattached	fu23	09:36.0	211	86
87	0:48:13	CHARLTON, Debbie	Keswick AC	fv40	09:41.8	115	87
88	0:48:33	BROTHERTON, Sarah	Unattached	All Ladies	09:45.8	182	88
89	0:48:34	MARTIN, Megan	Unattached	All Ladies	09:46.0	181	89
90	0:48:46	FLETCHER, Hailey	Unattached	All Ladies	09:48.4	130	90
91	0:48:47	JEFFERSON, Ben	Unattached	sm	09:48.6	200	91
92	0:49:32	BRIDGE, John	Eden Runners	mv50	09:57.7	162	92
93	0:49:39	WHITAKER, Colin	Bowland Fell Runners	mv50	09:59.1	122	93
94	0:49:41	ELDRED, John	Bodyfit	mv50	09:59.5	219	94
95	0:49:46	FULTON, Kyle	Tri Lakeland	mu18	10:00.5	165	95
96	0:50:40	JEWELL, Tony	Cumberland F.R.	mv60	10:11.4	112	96
97	0:50:43	FANNING, Jane	Keswick AC	fv50	10:12.0	138	97
98	0:50:49	GUEST, Claire	Northern Fells	sm	10:13.2	113	98
99	0:51:25	WATSON, Graham	Cumberland F.R.	mv50	10:20.4	123	99
100	0:51:37	SHAW, John	Keswick AC	mv50	10:22.8	197	100
101	0:51:45	KIRKBRIDE, Alistair	Unattached	mv40	10:24.4	198	101
102	0:51:59	MORGAN, Alasdair	Unattached	mv40	10:27.3	201	102
103	0:52:40	WINTER, Emma	Eden Runners	All Ladies	10:35.5	158	103
104	0:54:31	MALARKEY, Lesley	Keswick AC	fv60	10:57.8	136	104
105	0:54:39	WINTER, Anthony	Unattached	mv40	10:59.4	159	105
106	0:54:51	THOMAS, Lynne	Keswick AC	fv40	11:01.9	134	106
107	0:54:52	SCOTT, Ella	Keswick AC	fv50	11:02.1	142	107
108	0:56:56	GOSDEN, Cliff	Northern Fells	mv60	11:27.0	144	108
109	0:57:55	SHAW, Diane	Keswick AC	fv50	11:38.9	196	109
110	0:57:58	GILMORE, Suzanne	Keswick AC	fv40	11:39.5	141	110
111	1:03:34	ASKINS, Ian	Eden Runners	mv40	12:47.0	224	111
112	1:11:36	BOLTON, Lindon	Keswick AC	sm	14:24.0	186	112
113	1:14:27	BUCK, Lindsay	Cumberland F.R.	fv50	14:58.4	137	113
114	1:15:36	RAINE, Austen	Bodyfit	mv60	15:12.3	148	114
115	1:15:37	RAINE, Susan	Bodyfit	fv60	15:12.5	149	115
116	1:15:38	NIXON, Emma	Unattached	All Ladies	15:12.7	213	116
117		SUDDABY, James	Unattached	mu23		140	117

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Results for All Competitors in finish order.

Place Time Name Team

*Race Age Category Pace Race Race
min/mile*

There were 117 finishers in the All Competitors category.