

Race Position	Name	Club	Category	Race Time	
1	Carl	Bell	Keswick	Msen	00:39:01
2	Joseph	Dugdale	CFR	MU21	00:41:12
3	Lee	Amor	Ellenborough	Msen	00:41:55
4	Harry	Greenbank	CFR	MU21	00:42:53
5	Brian	Taylor	Ellenborough	M45	00:44:00
6	Todd	Oates	Ambleside	Msen	00:44:27
7	Mario	Yeomans	CFR	Msen	00:44:52
8	Elliott	Matier	Border	MU21	00:45:09
9	Alex	Robberts	Ellenborough	Msen	00:45:49
10	Darren	Fishwick	Chorley	M45	00:46:12
11	Sam	Holding	CFR	Msen	00:47:13
12	Kelli	Roberts	Ambleside	Wsen	00:47:19
13	Peter	Rigby	U/A	Msen	00:47:21
14	Jenn	Mattinson	Keswick	Wsen	00:47:59
15	Davis	McCabe	Trawden	M40	00:48:27
16	Mark	Blackwell	West Cumbria Tri	M40	00:49:41
17	Neil	Atkinson	CFR	M45	00:49:56
18	Matthew	Proctor	CFR	MU21	00:50:35
19	Lucy	Stobbart	Tri Lakeland	Wsen	00:51:41
20	Tobias	Barthelmes	U/A	Mu21	00:52:01
21	Mark	Fussell	U/A	Msen	00:52:22
22	Paul	Jennings	CFR	M50	00:52:32
23	Ryan	Hutchinson	CFR	Msen	00:52:42
24	Sophie	Noon	Derwent AC	Wsen	00:52:44
25	Rob	Oliver	CFR	M45	00:53:53
26	Rachel	Mellor	Keswick	Wsen	00:54:04
27	Tamsin	Cass	CFR	Wsen	00:54:04
28	John	Fletcher	CFR	M50	00:54:09
29	John	Revill	CFR	Msen	00:54:29
30	Paul	Hudson	Northern Fells	M45	00:56:10
31	Andy	Ross	Northern Fells	M50	00:56:18
32	Phil	Clayton	Black Combe	M50	00:56:38
33	Colin	Valentine	Keswick	M55	00:56:40
34	Zoe	Webber	Keswick	Wsen	00:56:47
35	Charles	Mason	CFR	M50	00:57:10
36	Paul	Cullen	U/A	M55	00:57:22
37	Jennie	Chatterley	CFR	W45	00:57:46
38	Gary	Mason	Keswick	M55	00:58:25
39	Mark	Lewis	Tri Lakeland	M45	00:58:45
40	Steven	Breeze	CFR	M45	00:59:34
41	Graham	Morgan	U/A	M50	00:59:49
42	Rob	Jones	Keswick	Msen	00:59:52
43	Ann	Cummings	CFR	W55	01:00:10
44	Peter	Hind	U/A	Msen	01:00:51
45	Stephen	Burney	U/A	M55	01:00:57
46	John	Hunston	Keswick	M55	01:01:36

47	Alyx	Petre	Tri Lakeland	Wsen	01:02:03
48	Mike	Hind	Borrowdale	M65	01:02:14
49	Anita	Barker	CFR	W45	01:02:27
50	Ryan	Crellin	CFR	Msen	01:02:37
51	Billy	Stobbart	Cumberland AC	Msen	01:03:22
52	Ian	Grimshaw	Derwent AC	M55	01:03:57
53	Nick	Moore	CFR	M55	01:04:43
54	Sarah	Harrington	U/A	W45	01:07:18
55	Lindsay	Buck	CFR	W55	01:07:38
56	Anna	Blackburn	CFR	W55	01:09:27
57	Philip	Hawley	CFR	M60	01:13:20
58	Ternece	Lowden	CFR	M65	01:14:30
59	Jane	Mottram	CFR	W60	01:16:08
60	Heidi	Martin	St Bees Triers	Wsen	01:26:41

00:56:00