



Supported by Different Strokes

## Whitestone - Results 24 January 2016

| Senior Race |          |            |             |      |       |                     |                   |
|-------------|----------|------------|-------------|------|-------|---------------------|-------------------|
| Position    | Vest no. | First Name | Surname     | Cat  | Time  | Club                | Comments          |
| 1           | 516      | Jon        | Rylance     | MV40 | 31:56 | Ambleside           | 1st Man/1st MV40  |
| 2           | 742      | Paul       | Aitken      | Man  | 32:08 | Helm Hill           | 2nd Man           |
| 3           | 635      | Alex       | Hinchcliffe | Man  | 32:12 | Helm Hill           | 3rd Man           |
| 4           | 566      | Harvey     | Lord        | Man  | 32:27 | Black Combe         |                   |
| 5           | 589      | Alan       | Ashcroft    | Man  | 32:32 | Howgill Harrier     |                   |
| 6           | 562      | Will       | Sisson      | Man  | 32:50 | Kendal              |                   |
| 7           | 760      | Sam        | Harrison    | Man  | 33:19 | Bowland             |                   |
| 8           | 542      | Ian        | Willis      | MV40 | 33:20 | Keighley and Craven |                   |
| 9           | 822      | Ben        | Kent        | Man  | 34:02 | Helm Hill           |                   |
| 10          | 829      | Paul       | Mason       | Man  | 34:18 | Helm Hill           |                   |
| 11          | 655      | James      | Edwards     | MV40 | 34:21 | Lonsdale            |                   |
| 12          | 736      | Mike       | Egner       | MV60 | 34:28 | Settle              | 1st MV60          |
| 13          | 504      | Craig      | Burrows     | MV40 | 34:36 | Helm Hill           |                   |
| 14          | 617      | Sharon     | Taylor      | Lady | 34:39 | Helm Hill           | 1st Lady          |
| 15          | 831      | Anthony    | Rosevear    | Man  | 34:55 | Southwell           |                   |
| 16          | 527      | Sean       | Robinson    | Man  | 35:18 | Howgill Harrier     |                   |
| 17          | 641      | Jim        | Andrews     | MV50 | 35:23 | Coniston            | 1st MV50          |
| 18          | 832      | Ian        | Barnes      | Man  | 35:42 | Ambleside           |                   |
| 19          | 621      | Hannah     | Russell     | Lady | 35:44 | Helm Hill           | 2nd Lady          |
| 20          | 639      | James      | Baron       | MV40 | 36:06 | Helm Hill           |                   |
| 21          | 606      | Paul       | Lambert     | MV50 | 36:13 | Wharfedale          |                   |
| 22          | 669      | Paul       | MacFarlane  | Man  | 36:22 | Helm Hill           |                   |
| 23          | 762      | Brian      | Kennedy     | MV50 | 36:25 | Settle              |                   |
| 24          | 565      | Peter      | German      | Man  | 36:26 | Helm Hill           |                   |
| 25          | 768      | Rowan      | Wood        | Man  | 36:36 | Lonsdale            |                   |
| 26          | 573      | Anthony    | Bowness     | MV40 | 36:37 | Kendal              |                   |
| 27          | 612      | John       | Rainford    | MV50 | 36:39 | Preston             |                   |
| 28          | 700      | Tim        | Roe         | Man  | 36:51 | Helm Hill           |                   |
| 29          | 644      | Mike       | Gilpin      | Man  | 36:53 | Helm Hill           |                   |
| 30          | 643      | Stuart     | Allan       | MV40 | 37:12 | Helm Hill           |                   |
| 31          | 840      | Martin     | Spooner     | Man  | 37:36 | Howgill Harrier     |                   |
| 32          | 546      | Richard    | Wells       | MV40 | 37:51 | UA                  |                   |
| 33          | 676      | Peter      | Lawson      | Man  | 37:55 | UA                  |                   |
| 34          | 763      | Robert     | Mortimore   | Man  | 37:59 | Helm Hill           |                   |
| 35          | 564      | Steven     | Procter     | Man  | 38:03 | Settle              |                   |
| 36          | 752      | Ray        | Gill        | MV50 | 38:19 | Dallam              |                   |
| 37          | 582      | Paul       | Senior      | MV40 | 38:36 | Helm Hill           |                   |
| 38          | 563      | Adam       | Procter     | Man  | 38:50 | Settle              |                   |
| 39          | 607      | David      | Griffin     | MV50 | 38:59 | Dallam              |                   |
| 40          | 518      | Carol      | Evans       | LV50 | 39:02 | Settle              | 3rd Lady/1st LV50 |
| 41          | 595      | Mat        | Crawford    | Man  | 39:07 | Coniston            |                   |
| 42          | 567      | Roger      | Aubrey      | MV50 | 39:20 | Helm Hill           |                   |
| 43          | 551      | Paul       | Jackson     | MV40 | 39:26 | Helm Hill           |                   |
| 44          | 833      | Amy        | Whelan      | Lady | 39:31 | Ambleside           |                   |
| 45          | 842      | Nigel      | Barnes      | MV50 | 39:35 | Garstang            |                   |
| 46          | 826      | Graeme     | English     | Man  | 39:38 | UA                  |                   |
| 47          | 537      | Debbie     | Copley      | LV50 | 39:55 | Dallam              |                   |
| 48          | 738      | Peter      | Bascombe    | MV40 | 39:58 | UA                  |                   |
| 49          | 827      | Adam       | Oliver      | Man  | 40:10 | Helm Hill           |                   |
| 50          | 680      | Simon      | Milligan    | MV50 | 40:18 | Helm Hill           |                   |
| 51          | 817      | Paul       | Burns       | MV40 | 40:40 | Carnethy            |                   |
| 52          | 672      | Stephen    | Moor        | MV50 | 40:45 | Settle              |                   |
| 53          | 505      | Tim        | Murray      | MV50 | 40:50 | Helm Hill           |                   |

|     |     |           |              |      |         |                     |          |
|-----|-----|-----------|--------------|------|---------|---------------------|----------|
| 54  | 841 | Fiona     | Pattison     | Lady | 40:52   | Helm Hill           |          |
| 55  | 620 | Nick      | Ganniccliffe | MV50 | 40:55   | Dallam              |          |
| 56  | 519 | Owen      | Mills        | MV40 | 41:00   | Keighley and Craven |          |
| 57  | 834 | Graham    | Jackson      | Man  | 41:12   | Allithwaite         |          |
| 58  | 821 | John      | Matthews     | MV40 | 41:16   | Ambleside           |          |
| 59  | 823 | Seamus    | Wrigley      | MV40 | 41:23   | Waveney Valley      |          |
| 60  | 679 | Patrick   | Willink      | MV50 | 41:27   | Helm Hill           |          |
| 61  | 839 | Adam      | Thickett     | Man  | 41:34   | UA                  |          |
| 62  | 835 | Matt      | Lancaster    | Man  | 41:35   | UA                  |          |
| 63  | 640 | Michael   | Duncan       | Man  | 41:36   | UA                  |          |
| 64  | 645 | Carrie    | Gibson       | LV40 | 41:37   | Helm Hill           | 1st LV40 |
| 65  | 585 | Mo        | Kelly        | Lady | 41:39   | Howgill Harrier     |          |
| 66  | 558 | Chloe     | Routledge    | Lady | 41:40   | Ambleside           |          |
| 67  | 759 | Simon     | Galloway     | MV50 | 41:57   | Todmorden           |          |
| 68  | 743 | Barry     | Scholes      | MV60 | 42:00   | Settle              |          |
| 69  | 539 | Peter     | Singleton    | MV50 | 42:07   | Blackpool           |          |
| 70  | 614 | Michael   | McLoughlin   | MV60 | 42:10   | Preston             |          |
| 71  | 691 | Brian     | Thompson     | MV60 | 42:11   | Helm Hill           |          |
| 72  | 818 | Lynn      | Murray       | LV40 | 42:12   | Barrow              |          |
| 73  | 576 | Andy      | Dickson      | MV50 | 42:19   | Coniston            |          |
| 74  | 727 | Andrew    | Shepherd     | Man  | 42:20   | UA                  |          |
| 75  | 830 | Neil      | Thompson     | Man  | 42:30   | Howgill Harrier     |          |
| 76  | 690 | Allan     | Miller       | MV50 | 42:57   | Kendal              |          |
| 77  | 520 | Eleanor   | Knowles      | LV40 | 42:59   | Ambleside           |          |
| 78  | 544 | Bianca    | Dyer         | LV40 | 43:19   | Kendal Tri          |          |
| 79  | 588 | Robert    | Crawford     | MV40 | 43:23   | Coniston            |          |
| 80  | 550 | Hannah    | Thom         | Lady | 43:39   | Keighley and Craven |          |
| 81  | 824 | Lindsey   | Berends      | LV40 | 43:41   | Preston             |          |
| 82  | 500 | Georgia   | Stevens      | Lady | 43:55   | Helm Hill           |          |
| 83  | 745 | Gerard    | Winnard      | MV40 | 44:00   | Newbiggin Harriers  |          |
| 84  | 668 | Wendy     | Dodds        | LV60 | 44:17   | Clayton             | 1st LV60 |
| 85  | 825 | Andrew    | Millard      | Man  | 44:30   | UA                  |          |
| 86  | 837 | Sarah     | Gerrish      | Lady | 44:37   | Kendal              |          |
| 87  | 628 | Mark      | Charnley     | MV40 | 44:45   | Settle              |          |
| 88  | 577 | Debs      | Greaves      | LV40 | 44:46   | Howgill Harrier     |          |
| 89  | 642 | Daniel    | Rayson       | MV40 | 45:02   | UA                  |          |
| 90  | 593 | Alice     | Steele       | Lady | 45:34   | Dallam              |          |
| 91  | 556 | Russell   | Cannon       | MV50 | 46:02   | Helm Hill           |          |
| 92  | 559 | Carolyn   | Meschino     | Lady | 46:21   | Ambleside           |          |
| 93  | 664 | Chris     | Beesley      | MV60 | 46:31   | Settle              |          |
| 94  | 515 | Niki      | Rylance      | LV40 | 46:37   | Ambleside           |          |
| 95  | 673 | Victoria  | Upton        | Lady | 46:51   | Helm Hill           |          |
| 96  | 610 | Stephen   | Taylor       | MV50 | 47:01   | Preston             |          |
| 97  | 657 | Vicky     | Kirkwood     | LV40 | 47:21   | Dallam              |          |
| 98  | 581 | Sarah     | Senior       | LV40 | 49:12   | Helm Hill           |          |
| 99  | 601 | John      | Hodgson      | MV60 | 49:21   | Dallam              |          |
| 100 | 704 | Ian       | Peters       | MV50 | 49:38   | Hoad Hill Harriers  |          |
| 101 | 836 | Sally     | Handford     | Lady | 50:16   | Settle              |          |
| 102 | 591 | Dave      | Hewitt       | MV50 | 50:48   | Dallam              |          |
| 103 | 735 | Geoff     | Thompson     | MV50 | 51:15   | Wharfedale          |          |
| 104 | 725 | Grant     | Remmington   | Man  | 51:17   | UA                  |          |
| 105 | 638 | Elizabeth | Adams        | LV40 | 51:20   | Helm Hill           |          |
| 106 | 828 | Hannah    | Goodfellow   | Lady | 51:28   | Dallam              |          |
| 107 | 838 | Marjolein | Thickett     | Lady | 52:43   | UA                  |          |
| 108 | 501 | Anna      | Stevens      | LV40 | 54:38   | Helm Hill           |          |
| 109 | 744 | Jill      | Gates        | LV50 | 55:45   | Settle              |          |
| 110 | 590 | Lorna     | Hewitt       | LV40 | 56:14   | Dallam              |          |
| 111 | 623 | Phil      | Kirby        | MV60 | 56:15   | Coniston            |          |
| 112 | 814 | Tracey    | Benson       | LV40 | 59:25   | UA                  |          |
| 113 | 741 | Katherine | Mills        | LV40 | 1:02:42 | Keighley and Craven |          |
| 114 | 534 | Jo        | Matthew      | LV40 | 1:02:46 | UA                  |          |
| 115 | 750 | Joe       | Howard       | MV70 | 1:10:52 | Preston             | 1st MV70 |

|     |     |       |            |      |     |    |  |
|-----|-----|-------|------------|------|-----|----|--|
| 116 | 716 | David | Mainwaring | MV50 | DNF | UA |  |
|-----|-----|-------|------------|------|-----|----|--|

**Under 17 Race**

| Position | Vest no. | First Name | Surname      | Cat  | Time  | Club                | Comments |
|----------|----------|------------|--------------|------|-------|---------------------|----------|
| 1        | 134      | Reuben     | Fox Copley   | Boy  | 10:54 | Dallam              | 1st Boy  |
| 2        | 154      | Elliott    | Matier       | Boy  | 10:56 | Eden Runners        | 2nd Boy  |
| 3        | 13       | Joe        | Edmondson    | Boy  | 10:57 | Ambleside           | 3rd Boy  |
| 4        | 139      | Jacob      | Aubrey       | Boy  | 11:01 | Helm Hill           |          |
| 5        | 44       | Oliver     | Gajdowski    | Boy  | 11:31 | Ambleside           |          |
| 6        | 14       | Tom        | Marchant     | Boy  | 11:35 | Pendle              |          |
| 7        | 43       | Luke       | Bowen        | Boy  | 11:49 | Ambleside           |          |
| 8        | 53       | Jake       | Shuttleworth | Boy  | 11:50 | Ambleside           |          |
| 9        | 140      | George     | Attwood      | Boy  | 12:30 | Dallam              |          |
| 10       | 128      | Jamie      | Macleod      | Boy  | 12:51 | Dallam              |          |
| 11       | 223      | Robert     | Albion       | Boy  | 13:14 | Broughton           |          |
| 12       | 143      | Lewis      | Bowness      | Boy  | 13:39 | Helm Hill           |          |
| 13       | 2        | Imogen     | Burrow       | Girl | 14:04 | Helm Hill           | 1st Girl |
| 14       | 126      | Sam        | Thom         | Boy  | 14:56 | Keighley and Craven |          |
| 15       | 158      | Hannah     | Durkin       | Girl | 14:57 | Ambleside           | 2nd Girl |
| 16       | 155      | Katie      | Russell      | Girl | 15:41 | Helm Hill           | 3rd Girl |
| 17       | 151      | Katie      | Thurlow      | Girl | 15:52 | Helm Hill           |          |
| 18       | 181      | Tommy      | Beuzeval     | Boy  | 16:29 | Helm Hill           |          |
| 19       | 233      | Euan       | Burns        | Boy  | 16:46 | Carnethy            |          |
| 20       | 141      | Grace      | Attwood      | Girl | 18:28 | Dallam              |          |
| 21       | 222      | Leah       | Albion       | Girl | 18:39 | Broughton           |          |
| 22       | 8        | Jodie      | Ritchie      | Girl | 19:53 | Hoad Hill Harriers  |          |
| 23       | 238      | Charlotte  | Foster       | Girl | 20:28 | Dallam              |          |

### Under 14 Race

| Position | Vest no. | First Name | Surname    | Cat  | Time  | Club                | Comments |
|----------|----------|------------|------------|------|-------|---------------------|----------|
| 1        | 12       | Ben        | Edmondson  | Boy  | 07:39 | Ambleside           | 1st Boy  |
| 2        | 221      | Thomas     | Marshall   | Boy  | 07:43 | Settle              | 2nd Boy  |
| 3        | 79       | Charlie    | Harding    | Boy  | 08:01 | Eden Runners        | 3rd Boy  |
| 4        | 61       | Jacob      | Smith      | Boy  | 08:12 | Kendal              |          |
| 5        | 88       | Daniel     | Sanderson  | Boy  | 08:17 | Ambleside           |          |
| 6        | 229      | Briony     | Holt       | Girl | 08:18 | Clayton             | 1st Girl |
| 7        | 47       | Josh       | Roelants   | Boy  | 08:19 | Helm Hill           |          |
| 8        | 23       | Chloe      | Rylance    | Girl | 08:20 | Ambleside           | 2nd Girl |
| 9        | 228      | Lilli      | Carr       | Girl | 08:30 | Keighley and Craven | 3rd Girl |
| 10       | 97       | Toby       | Winnard    | Boy  | 08:52 | Settle              |          |
| 11       | 112      | Toby       | Umpleby    | Boy  | 08:54 | Kendal              |          |
| 12       | 162      | John       | Egner      | Boy  | 09:11 | Settle              |          |
| 13       | 49       | Brodie     | Weymouth   | Boy  | 09:20 | Aragons Junior Tri  |          |
| 14       | 18       | Vaughan    | Samson     | Boy  | 09:34 | Helm Hill           |          |
| 15       | 33       | Maia       | Doherty    | Girl | 09:37 | Helm Hill           |          |
| 16       | 96       | Annabelle  | Taylor     | Girl | 09:39 | Helm Hill           |          |
| 17       | 87       | Harry      | Sanderson  | Boy  | 09:41 | Ambleside           |          |
| 18       | 183      | Adam       | Scott      | Boy  | 09:42 | Kendal              |          |
| 19       | 168      | Rosie      | Woodhams   | Girl | 09:43 | Dallam              |          |
| 20       | 65       | Lottie     | Beardwood  | Girl | 09:44 | Helm Hill           |          |
| 21       | 130      | Charlotte  | Barrett    | Girl | 09:48 | Wharfedale          |          |
| 22       | 159      | Emily      | Carpenter  | Girl | 10:11 | Settle              |          |
| 23       | 22       | Courtney   | Hutchinson | Girl | 10:13 | Ambleside           |          |
| 24       | 138      | Matthew    | Pendlebury | Boy  | 10:14 | Howgill Harrier     |          |
| 25       | 17       | Bethan     | Rowley     | Girl | 10:16 | Ambleside           |          |
| 26       | 161      | Erin       | Cummins    | Girl | 10:26 | Settle              |          |
| 27       | 52       | Jack       | Hill       | Boy  | 10:32 | Aragons Junior Tri  |          |
| 28       | 137      | Giselle    | Meschino   | Girl | 11:02 | Ambleside           |          |
| 29       | 144      | Lydia      | Shenton    | Girl | 11:05 | UA                  |          |
| 30       | 225      | Charlie    | Dixon      | Boy  | 11:18 | Ambleside           |          |
| 31       | 234      | Holly      | Murray     | Girl | 11:33 | Barrow              |          |
| 32       | 57       | Emily      | Crossley   | Girl | 11:53 | Settle              |          |
| 33       | 125      | Beckie     | Dyer       | Girl | 12:09 | Helm Hill           |          |

### Under 12 Race

| Position | Vest no. | First Name | Surname       | Cat  | Time  | Club                | Comments |
|----------|----------|------------|---------------|------|-------|---------------------|----------|
| 1        | 41       | Sam        | Smith         | Boy  | 05:55 | Wharfedale          | 1st Boy  |
| 2        | 45       | James      | Bowen         | Boy  | 05:57 | Ambleside           | 2nd Boy  |
| 3        | 15       | Ollie      | Sanders       | Boy  | 05:58 | Helm Hill           | 3rd Boy  |
| 4        | 46       | Harry      | Bowen         | Boy  | 06:04 | Ambleside           |          |
| 5        | 6        | Henry      | Hunter        | Boy  | 06:09 | Helm Hill           |          |
| 6        | 224      | Eilo       | Beestley      | Boy  | 06:31 | Calder Valley       |          |
| 7        | 5        | James      | Duffy         | Boy  | 06:48 | CVFR                |          |
| 8        | 24       | Sophie     | Rylance       | Girl | 06:49 | Ambleside           | 1st Girl |
| 9        | 34       | Evan       | Mills         | Boy  | 06:50 | Keighley and Craven |          |
| 10       | 36       | Joseph     | Clayton       | Boy  | 06:52 | Helm Hill           |          |
| 11       | 109      | Evan       | Allan         | Boy  | 06:54 | Helm Hill           |          |
| 12       | 4        | Emily      | Swarbrick     | Girl | 06:55 | Broughton           | 2nd Girl |
| 13       | 58       | Ben        | Smith         | Boy  | 06:59 | Kendal              |          |
| 14       | 116      | Addison    | Willis        | Boy  | 07:04 | Keighley and Craven |          |
| 15       | 156      | Christophe | Brown         | Boy  | 07:09 | Clayton             |          |
| 16       | 19       | Clara      | Samson        | Girl | 07:13 | Helm Hill           | 3rd Girl |
| 17       | 178      | Mia        | Heath         | Girl | 07:16 | Helm Hill           |          |
| 18       | 66       | Warren     | Flemming      | Boy  | 07:17 | Hoad Hill Harriers  |          |
| 19       | 157      | William    | Durkin        | Boy  | 07:18 | Ambleside           |          |
| 20       | 208      | Ben        | Greenep       | Boy  | 07:19 | Settle              |          |
| 21       | 60       | Oliver     | Smith         | Boy  | 07:20 | Kendal              |          |
| 22       | 29       | Bethan     | Saunders      | Girl | 07:21 | Hoad Hill Harriers  |          |
| 23       | 56       | Charlie    | Barry         | Boy  | 07:26 | Settle              |          |
| 24       | 81       | Alex       | Graham        | Boy  | 07:30 | Ambleside           |          |
| 25       | 226      | Freddie    | Dixon         | Boy  | 07:31 | Ambleside           |          |
| 26       | 90       | Ewan       | Magri         | Boy  | 07:33 | UA                  |          |
| 27       | 174      | Islay      | Aitken        | Girl | 07:37 | Helm Hill           |          |
| 28       | 164      | Charlie    | Blackburn     | Boy  | 07:39 | Ambleside           |          |
| 29       | 177      | Jack       | Benson        | Boy  | 07:42 | Ambleside           |          |
| 30       | 7        | Nathan     | Richie        | Boy  | 07:43 | Hoad Hill Harriers  |          |
| 31       | 75       | Leo        | Ranner        | Boy  | 07:52 | Helm Hill           |          |
| 32       | 32       | Zach       | Doherty       | Boy  | 07:53 | Dallam              |          |
| 33       | 64       | Ella       | Beardwood     | Girl | 07:55 | Helm Hill           |          |
| 34       | 207      | Sam        | Greenep       | Boy  | 07:59 | Settle              |          |
| 35       | 42       | Gordon     | Blackburn     | Boy  | 08:02 | Ambleside           |          |
| 36       | 59       | Sarah      | Smith         | Girl | 08:04 | Kendal              |          |
| 37       | 227      | Rhiannon   | Winder        | Girl | 08:05 | UA                  |          |
| 38       | 132      | Rowan      | Ashworth      | Boy  | 08:08 | Ambleside           |          |
| 39       | 175      | Finlay     | Aitken        | Boy  | 08:09 | Helm Hill           |          |
| 40       | 127      | Sam        | Jackson       | Boy  | 08:10 | Helm Hill           |          |
| 41       | 165      | Megan      | Bascombe      | Girl | 08:11 | UA                  |          |
| 42       | 11       | Jessica    | Edmondson     | Girl | 08:12 | Ambleside           |          |
| 43       | 236      | Jesse      | Wilsdon       | Boy  | 08:15 | UA                  |          |
| 44       | 196      | Theo       | Coates        | Boy  | 08:24 | Ambleside           |          |
| 45       | 73       | Isaac      | Robinson      | Boy  | 08:25 | Howgill Harrier     |          |
| 46       | 180      | Georgia    | Heath         | Girl | 08:26 | Helm Hill           |          |
| 47       | 3        | Olivia     | Swarbrick     | Girl | 08:27 | Broughton           |          |
| 48       | 37       | Charlie    | Clayton       | Boy  | 08:28 | Helm Hill           |          |
| 49       | 48       | Oliver     | Oldham        | Boy  | 08:30 | Hoad Hill Harriers  |          |
| 50       | 231      | Rebecca    | Boving Forste | Girl | 08:34 | Eden Runners        |          |
| 51       | 163      | Rio        | Egner         | Boy  | 08:36 | Settle              |          |
| 52       | 100      | Alfie      | Wilkin        | Boy  | 08:37 | UA                  |          |
| 53       | 39       | Rory       | Knowles       | Boy  | 08:43 | Ambleside           |          |
| 54       | 89       | Melissa    | McIntosh      | Girl | 08:45 | Border Harriers     |          |
| 55       | 110      | Tara       | Allan         | Girl | 09:00 | Helm Hill           |          |
| 56       | 54       | Oliver     | Willoghby     | Boy  | 09:01 | Helm Hill           |          |
| 57       | 237      | Alex       | Walton        | Boy  | 09:03 | UA                  |          |
| 58       | 230      | David      | Blenman       | Boy  | 09:06 | UA                  |          |
| 59       | 74       | Theo       | Robinson      | Boy  | 09:11 | Howgill Harrier     |          |
| 60       | 95       | Connie     | Maye          | Girl | 09:13 | UA                  |          |

|    |     |          |         |      |       |                         |  |
|----|-----|----------|---------|------|-------|-------------------------|--|
| 61 | 120 | Toby     | Harper  | Boy  | 09:21 | UA                      |  |
| 62 | 101 | Isabelle | Helm    | Girl | 09:25 | UA                      |  |
| 63 | 171 | Blake    | Mills   | Boy  | 09:27 | Keighley and Craven     |  |
| 64 | 235 | Jude     | Evans   | Boy  | 09:36 | Helm Hill               |  |
| 65 | 40  | Mollie   | Smith   | Girl | 09:41 | Wharfedale              |  |
| 66 | 92  | Cate     | Matthew | Girl | 09:48 | Lancaster and Morecambe |  |
| 67 | 232 | Emily    | Burns   | Girl | 11:02 | Carnethy                |  |
| 68 | 169 | Amelia   | King    | Girl | 11:04 | Helm Hill               |  |

# Whitestone 2016 Category Results

## ALL SENIOR MEN

| Position | Vest no. | First Name | Surname      | Cat  | Time  | Club                | Comments         |
|----------|----------|------------|--------------|------|-------|---------------------|------------------|
| 1        | 516      | Jon        | Rylance      | MV40 | 31:56 | Ambleside           | 1st Man/1st MV40 |
| 2        | 742      | Paul       | Aitken       | Man  | 32:08 | Helm Hill           | 2nd Man          |
| 3        | 635      | Alex       | Hinchcliffe  | Man  | 32:12 | Helm Hill           | 3rd Man          |
| 4        | 566      | Harvey     | Lord         | Man  | 32:27 | Black Combe         |                  |
| 5        | 589      | Alan       | Ashcroft     | Man  | 32:32 | Howgill Harrier     |                  |
| 6        | 562      | Will       | Sisson       | Man  | 32:50 | Kendal              |                  |
| 7        | 760      | Sam        | Harrison     | Man  | 33:19 | Bowland             |                  |
| 8        | 542      | Ian        | Willis       | MV40 | 33:20 | Keighley and Craven |                  |
| 9        | 822      | Ben        | Kent         | Man  | 34:02 | Helm Hill           |                  |
| 10       | 829      | Paul       | Mason        | Man  | 34:18 | Helm Hill           |                  |
| 11       | 655      | James      | Edwards      | MV40 | 34:21 | Lonsdale            |                  |
| 12       | 736      | Mike       | Egner        | MV60 | 34:28 | Settle              | 1st MV60         |
| 13       | 504      | Craig      | Burrows      | MV40 | 34:36 | Helm Hill           |                  |
| 14       | 831      | Anthony    | Rosevear     | Man  | 34:55 | Southwell           |                  |
| 15       | 527      | Sean       | Robinson     | Man  | 35:18 | Howgill Harrier     |                  |
| 16       | 641      | Jim        | Andrews      | MV50 | 35:23 | Coniston            | 1st MV50         |
| 17       | 832      | Ian        | Barnes       | Man  | 35:42 | Ambleside           |                  |
| 18       | 639      | James      | Baron        | MV40 | 36:06 | Helm Hill           |                  |
| 19       | 606      | Paul       | Lambert      | MV50 | 36:13 | Wharfedale          |                  |
| 20       | 669      | Paul       | MacFarlane   | Man  | 36:22 | Helm Hill           |                  |
| 21       | 762      | Brian      | Kennedy      | MV50 | 36:25 | Settle              |                  |
| 22       | 565      | Peter      | German       | Man  | 36:26 | Helm Hill           |                  |
| 23       | 768      | Rowan      | Wood         | Man  | 36:36 | Lonsdale            |                  |
| 24       | 573      | Anthony    | Bowness      | MV40 | 36:37 | Kendal              |                  |
| 25       | 612      | John       | Rainford     | MV50 | 36:39 | Preston             |                  |
| 26       | 700      | Tim        | Roe          | Man  | 36:51 | Helm Hill           |                  |
| 27       | 644      | Mike       | Gilpin       | Man  | 36:53 | Helm Hill           |                  |
| 28       | 643      | Stuart     | Allan        | MV40 | 37:12 | Helm Hill           |                  |
| 29       | 840      | Martin     | Spooner      | Man  | 37:36 | Howgill Harrier     |                  |
| 30       | 546      | Richard    | Wells        | MV40 | 37:51 | UA                  |                  |
| 31       | 676      | Peter      | Lawson       | Man  | 37:55 | UA                  |                  |
| 32       | 763      | Robert     | Mortimore    | Man  | 37:59 | Helm Hill           |                  |
| 33       | 564      | Steven     | Procter      | Man  | 38:03 | Settle              |                  |
| 34       | 752      | Ray        | Gill         | MV50 | 38:19 | Dallam              |                  |
| 35       | 582      | Paul       | Senior       | MV40 | 38:36 | Helm Hill           |                  |
| 36       | 563      | Adam       | Procter      | Man  | 38:50 | Settle              |                  |
| 37       | 607      | David      | Griffin      | MV50 | 38:59 | Dallam              |                  |
| 38       | 595      | Mat        | Crawford     | Man  | 39:07 | Coniston            |                  |
| 39       | 567      | Roger      | Aubrey       | MV50 | 39:20 | Helm Hill           |                  |
| 40       | 551      | Paul       | Jackson      | MV40 | 39:26 | Helm Hill           |                  |
| 41       | 842      | Nigel      | Barnes       | MV50 | 39:35 | Garstang            |                  |
| 42       | 826      | Graeme     | English      | Man  | 39:38 | UA                  |                  |
| 43       | 738      | Peter      | Bascombe     | MV40 | 39:58 | UA                  |                  |
| 44       | 827      | Adam       | Oliver       | Man  | 40:10 | Helm Hill           |                  |
| 45       | 680      | Simon      | Milligan     | MV50 | 40:18 | Helm Hill           |                  |
| 46       | 817      | Paul       | Burns        | MV40 | 40:40 | Carnethy            |                  |
| 47       | 672      | Stephen    | Moor         | MV50 | 40:45 | Settle              |                  |
| 48       | 505      | Tim        | Murray       | MV50 | 40:50 | Helm Hill           |                  |
| 49       | 620      | Nick       | Ganniccliffe | MV50 | 40:55 | Dallam              |                  |
| 50       | 519      | Owen       | Mills        | MV40 | 41:00 | Keighley and Craven |                  |
| 51       | 834      | Graham     | Jackson      | Man  | 41:12 | Allithwaite         |                  |
| 52       | 821      | John       | Matthews     | MV40 | 41:16 | Ambleside           |                  |
| 53       | 823      | Seamus     | Wrigley      | MV40 | 41:23 | Waveney Valley      |                  |
| 54       | 679      | Patrick    | Willink      | MV50 | 41:27 | Helm Hill           |                  |
| 55       | 839      | Adam       | Thickett     | Man  | 41:34 | UA                  |                  |
| 56       | 835      | Matt       | Lancaster    | Man  | 41:35 | UA                  |                  |
| 57       | 640      | Michael    | Duncan       | Man  | 41:36 | UA                  |                  |
| 58       | 759      | Simon      | Galloway     | MV50 | 41:57 | Todmorden           |                  |



|     |     |         |            |      |         |                    |          |
|-----|-----|---------|------------|------|---------|--------------------|----------|
| 59  | 743 | Barry   | Scholes    | MV60 | 42:00   | Settle             |          |
| 60  | 539 | Peter   | Singleton  | MV50 | 42:07   | Blackpool          |          |
| 61  | 614 | Michael | McLoughlin | MV60 | 42:10   | Preston            |          |
| 62  | 691 | Brian   | Thompson   | MV60 | 42:11   | Helm Hill          |          |
| 63  | 576 | Andy    | Dickson    | MV50 | 42:19   | Coniston           |          |
| 64  | 727 | Andrew  | Shepherd   | Man  | 42:20   | UA                 |          |
| 65  | 830 | Neil    | Thompson   | Man  | 42:30   | Howgill Harrier    |          |
| 66  | 690 | Allan   | Miller     | MV50 | 42:57   | Kendal             |          |
| 67  | 588 | Robert  | Crawford   | MV40 | 43:23   | Coniston           |          |
| 68  | 745 | Gerard  | Winnard    | MV40 | 44:00   | Newbiggin Harriers |          |
| 69  | 825 | Andrew  | Millard    | Man  | 44:30   | UA                 |          |
| 70  | 628 | Mark    | Charnley   | MV40 | 44:45   | Settle             |          |
| 71  | 642 | Daniel  | Rayson     | MV40 | 45:02   | UA                 |          |
| 72  | 556 | Russell | Cannon     | MV50 | 46:02   | Helm Hill          |          |
| 73  | 664 | Chris   | Beesley    | MV60 | 46:31   | Settle             |          |
| 74  | 610 | Stephen | Taylor     | MV50 | 47:01   | Preston            |          |
| 75  | 601 | John    | Hodgson    | MV60 | 49:21   | Dallam             |          |
| 76  | 704 | Ian     | Peters     | MV50 | 49:38   | Hoad Hill Harriers |          |
| 77  | 591 | Dave    | Hewitt     | MV50 | 50:48   | Dallam             |          |
| 78  | 735 | Geoff   | Thompson   | MV50 | 51:15   | Wharfedale         |          |
| 79  | 725 | Grant   | Remmington | Man  | 51:17   | UA                 |          |
| 80  | 623 | Phil    | Kirby      | MV60 | 56:15   | Coniston           |          |
| 81  | 750 | Joe     | Howard     | MV70 | 1:10:52 | Preston            | 1st MV70 |
| DNF | 716 | David   | Mainwaring | MV50 | DNF     | UA                 |          |

**MEN**

| Position | Vest no. | First Name | Surname     | Cat | Time  | Club            | Comments |
|----------|----------|------------|-------------|-----|-------|-----------------|----------|
| 1        | 742      | Paul       | Aitken      | Man | 32:08 | Helm Hill       | 2nd Man  |
| 2        | 635      | Alex       | Hinchcliffe | Man | 32:12 | Helm Hill       | 3rd Man  |
| 3        | 566      | Harvey     | Lord        | Man | 32:27 | Black Combe     |          |
| 4        | 589      | Alan       | Ashcroft    | Man | 32:32 | Howgill Harrier |          |
| 5        | 562      | Will       | Sisson      | Man | 32:50 | Kendal          |          |
| 6        | 760      | Sam        | Harrison    | Man | 33:19 | Bowland         |          |
| 7        | 822      | Ben        | Kent        | Man | 34:02 | Helm Hill       |          |
| 8        | 829      | Paul       | Mason       | Man | 34:18 | Helm Hill       |          |
| 9        | 831      | Anthony    | Rosevear    | Man | 34:55 | Southwell       |          |
| 10       | 527      | Sean       | Robinson    | Man | 35:18 | Howgill Harrier |          |
| 11       | 832      | Ian        | Barnes      | Man | 35:42 | Ambleside       |          |
| 12       | 669      | Paul       | MacFarlane  | Man | 36:22 | Helm Hill       |          |
| 13       | 565      | Peter      | German      | Man | 36:26 | Helm Hill       |          |
| 14       | 768      | Rowan      | Wood        | Man | 36:36 | Lonsdale        |          |
| 15       | 700      | Tim        | Roe         | Man | 36:51 | Helm Hill       |          |
| 16       | 644      | Mike       | Gilpin      | Man | 36:53 | Helm Hill       |          |
| 17       | 840      | Martin     | Spooner     | Man | 37:36 | Howgill Harrier |          |
| 18       | 676      | Peter      | Lawson      | Man | 37:55 | UA              |          |
| 19       | 763      | Robert     | Mortimore   | Man | 37:59 | Helm Hill       |          |
| 20       | 564      | Steven     | Procter     | Man | 38:03 | Settle          |          |
| 21       | 563      | Adam       | Procter     | Man | 38:50 | Settle          |          |
| 22       | 595      | Mat        | Crawford    | Man | 39:07 | Coniston        |          |
| 23       | 826      | Graeme     | English     | Man | 39:38 | UA              |          |
| 24       | 827      | Adam       | Oliver      | Man | 40:10 | Helm Hill       |          |
| 25       | 834      | Graham     | Jackson     | Man | 41:12 | Allithwaite     |          |
| 26       | 839      | Adam       | Thickett    | Man | 41:34 | UA              |          |
| 27       | 835      | Matt       | Lancaster   | Man | 41:35 | UA              |          |
| 28       | 640      | Michael    | Duncan      | Man | 41:36 | UA              |          |
| 29       | 727      | Andrew     | Shepherd    | Man | 42:20 | UA              |          |
| 30       | 830      | Neil       | Thompson    | Man | 42:30 | Howgill Harrier |          |
| 31       | 825      | Andrew     | Millard     | Man | 44:30 | UA              |          |
| 32       | 725      | Grant      | Remmington  | Man | 51:17 | UA              |          |

**MEN - VET 40**

| Position | Vest no. | First Name | Surname  | Cat  | Time  | Club                | Comments         |
|----------|----------|------------|----------|------|-------|---------------------|------------------|
| 1        | 516      | Jon        | Rylance  | MV40 | 31:56 | Ambleside           | 1st Man/1st MV40 |
| 2        | 542      | Ian        | Willis   | MV40 | 33:20 | Keighley and Craven |                  |
| 3        | 655      | James      | Edwards  | MV40 | 34:21 | Lonsdale            |                  |
| 4        | 504      | Craig      | Burrows  | MV40 | 34:36 | Helm Hill           |                  |
| 5        | 639      | James      | Baron    | MV40 | 36:06 | Helm Hill           |                  |
| 6        | 573      | Anthony    | Bowness  | MV40 | 36:37 | Kendal              |                  |
| 7        | 643      | Stuart     | Allan    | MV40 | 37:12 | Helm Hill           |                  |
| 8        | 546      | Richard    | Wells    | MV40 | 37:51 | UA                  |                  |
| 9        | 582      | Paul       | Senior   | MV40 | 38:36 | Helm Hill           |                  |
| 10       | 551      | Paul       | Jackson  | MV40 | 39:26 | Helm Hill           |                  |
| 11       | 738      | Peter      | Bascombe | MV40 | 39:58 | UA                  |                  |
| 12       | 817      | Paul       | Burns    | MV40 | 40:40 | Carnethy            |                  |
| 13       | 519      | Owen       | Mills    | MV40 | 41:00 | Keighley and Craven |                  |
| 14       | 821      | John       | Matthews | MV40 | 41:16 | Ambleside           |                  |
| 15       | 823      | Seamus     | Wrigley  | MV40 | 41:23 | Waveney Valley      |                  |
| 16       | 588      | Robert     | Crawford | MV40 | 43:23 | Coniston            |                  |
| 17       | 745      | Gerard     | Winnard  | MV40 | 44:00 | Newbiggin Harriers  |                  |
| 18       | 628      | Mark       | Charnley | MV40 | 44:45 | Settle              |                  |
| 19       | 642      | Daniel     | Rayson   | MV40 | 45:02 | UA                  |                  |

**MEN - VET 50**

| Position | Vest no. | First Name | Surname    | Cat  | Time  | Club               | Comments |
|----------|----------|------------|------------|------|-------|--------------------|----------|
| 1        | 641      | Jim        | Andrews    | MV50 | 35:23 | Coniston           | 1st MV50 |
| 2        | 606      | Paul       | Lambert    | MV50 | 36:13 | Wharfedale         |          |
| 3        | 762      | Brian      | Kennedy    | MV50 | 36:25 | Settle             |          |
| 4        | 612      | John       | Rainford   | MV50 | 36:39 | Preston            |          |
| 5        | 752      | Ray        | Gill       | MV50 | 38:19 | Dallam             |          |
| 6        | 607      | David      | Griffin    | MV50 | 38:59 | Dallam             |          |
| 7        | 567      | Roger      | Aubrey     | MV50 | 39:20 | Helm Hill          |          |
| 8        | 842      | Nigel      | Barnes     | MV50 | 39:35 | Garstang           |          |
| 9        | 680      | Simon      | Milligan   | MV50 | 40:18 | Helm Hill          |          |
| 10       | 672      | Stephen    | Moor       | MV50 | 40:45 | Settle             |          |
| 11       | 505      | Tim        | Murray     | MV50 | 40:50 | Helm Hill          |          |
| 12       | 620      | Nick       | Ganncliffe | MV50 | 40:55 | Dallam             |          |
| 13       | 679      | Patrick    | Willink    | MV50 | 41:27 | Helm Hill          |          |
| 14       | 759      | Simon      | Galloway   | MV50 | 41:57 | Todmorden          |          |
| 15       | 539      | Peter      | Singleton  | MV50 | 42:07 | Blackpool          |          |
| 16       | 576      | Andy       | Dickson    | MV50 | 42:19 | Coniston           |          |
| 17       | 690      | Allan      | Miller     | MV50 | 42:57 | Kendal             |          |
| 18       | 556      | Russell    | Cannon     | MV50 | 46:02 | Helm Hill          |          |
| 19       | 610      | Stephen    | Taylor     | MV50 | 47:01 | Preston            |          |
| 20       | 704      | Ian        | Peters     | MV50 | 49:38 | Hoad Hill Harriers |          |
| 21       | 591      | Dave       | Hewitt     | MV50 | 50:48 | Dallam             |          |
| 22       | 735      | Geoff      | Thompson   | MV50 | 51:15 | Wharfedale         |          |
| DNF      | 716      | David      | Mainwaring | MV50 | DNF   | UA                 |          |

**MEN - VET 60**

| Position | Vest no. | First Name | Surname    | Cat  | Time  | Club      | Comments |
|----------|----------|------------|------------|------|-------|-----------|----------|
| 1        | 736      | Mike       | Egner      | MV60 | 34:28 | Settle    | 1st MV60 |
| 2        | 743      | Barry      | Scholes    | MV60 | 42:00 | Settle    |          |
| 3        | 614      | Michael    | McLoughlin | MV60 | 42:10 | Preston   |          |
| 4        | 691      | Brian      | Thompson   | MV60 | 42:11 | Helm Hill |          |
| 5        | 664      | Chris      | Beesley    | MV60 | 46:31 | Settle    |          |
| 6        | 601      | John       | Hodgson    | MV60 | 49:21 | Dallam    |          |
| 7        | 623      | Phil       | Kirby      | MV60 | 56:15 | Coniston  |          |

**MEN - VET 70**

| Position | Vest no. | First Name | Surname | Cat  | Time    | Club    | Comments |
|----------|----------|------------|---------|------|---------|---------|----------|
| 1        | 750      | Joe        | Howard  | MV70 | 1:10:52 | Preston | 1st MV70 |

### ALL SENIOR LADIES

| Position | Vest no. | First Name | Surname    | Cat  | Time    | Club                | Comments          |
|----------|----------|------------|------------|------|---------|---------------------|-------------------|
| 1        | 617      | Sharon     | Taylor     | Lady | 34:39   | Helm Hill           | 1st Lady          |
| 2        | 621      | Hannah     | Russell    | Lady | 35:44   | Helm Hill           | 2nd Lady          |
| 3        | 518      | Carol      | Evans      | LV50 | 39:02   | Settle              | 3rd Lady/1st LV50 |
| 4        | 833      | Amy        | Whelan     | Lady | 39:31   | Ambleside           |                   |
| 5        | 537      | Debbie     | Copley     | LV50 | 39:55   | Dallam              |                   |
| 6        | 841      | Fiona      | Pattison   | Lady | 40:52   | Helm Hill           |                   |
| 7        | 645      | Carrie     | Gibson     | LV40 | 41:37   | Helm Hill           | 1st LV40          |
| 8        | 585      | Mo         | Kelly      | Lady | 41:39   | Howgill Harrier     |                   |
| 9        | 558      | Chloe      | Routledge  | Lady | 41:40   | Ambleside           |                   |
| 10       | 818      | Lynn       | Murray     | LV40 | 42:12   | Barrow              |                   |
| 11       | 520      | Eleanor    | Knowles    | LV40 | 42:59   | Ambleside           |                   |
| 12       | 544      | Bianca     | Dyer       | LV40 | 43:19   | Kendal Tri          |                   |
| 13       | 550      | Hannah     | Thom       | Lady | 43:39   | Keighley and Craven |                   |
| 14       | 824      | Lindsey    | Berends    | LV40 | 43:41   | Preston             |                   |
| 15       | 500      | Georgia    | Stevens    | Lady | 43:55   | Helm Hill           |                   |
| 16       | 668      | Wendy      | Dodds      | LV60 | 44:17   | Clayton             | 1st LV60          |
| 17       | 837      | Sarah      | Gerrish    | Lady | 44:37   | Kendal              |                   |
| 18       | 577      | Debs       | Greaves    | LV40 | 44:46   | Howgill Harrier     |                   |
| 19       | 593      | Alice      | Steele     | Lady | 45:34   | Dallam              |                   |
| 20       | 559      | Carolyn    | Meschino   | Lady | 46:21   | Ambleside           |                   |
| 21       | 515      | Niki       | Rylance    | LV40 | 46:37   | Ambleside           |                   |
| 22       | 673      | Victoria   | Upton      | Lady | 46:51   | Helm Hill           |                   |
| 23       | 657      | Vicky      | Kirkwood   | LV40 | 47:21   | Dallam              |                   |
| 24       | 581      | Sarah      | Senior     | LV40 | 49:12   | Helm Hill           |                   |
| 25       | 836      | Sally      | Handford   | Lady | 50:16   | Settle              |                   |
| 26       | 638      | Elizabeth  | Adams      | LV40 | 51:20   | Helm Hill           |                   |
| 27       | 828      | Hannah     | Goodfellow | Lady | 51:28   | Dallam              |                   |
| 28       | 838      | Marjolein  | Thickett   | Lady | 52:43   | UA                  |                   |
| 29       | 501      | Anna       | Stevens    | LV40 | 54:38   | Helm Hill           |                   |
| 30       | 744      | Jill       | Gates      | LV50 | 55:45   | Settle              |                   |
| 31       | 590      | Lorna      | Hewitt     | LV40 | 56:14   | Dallam              |                   |
| 32       | 814      | Tracey     | Benson     | LV40 | 59:25   | UA                  |                   |
| 33       | 741      | Katherine  | Mills      | LV40 | 1:02:42 | Keighley and Craven |                   |
| 34       | 534      | Jo         | Matthew    | LV40 | 1:02:46 | UA                  |                   |

**LADIES**

| Position | Vest no. | First Name | Surname    | Cat  | Time  | Club                | Comments |
|----------|----------|------------|------------|------|-------|---------------------|----------|
| 1        | 617      | Sharon     | Taylor     | Lady | 34:39 | Helm Hill           | 1st Lady |
| 2        | 621      | Hannah     | Russell    | Lady | 35:44 | Helm Hill           | 2nd Lady |
| 3        | 833      | Amy        | Whelan     | Lady | 39:31 | Ambleside           |          |
| 4        | 841      | Fiona      | Pattison   | Lady | 40:52 | Helm Hill           |          |
| 5        | 585      | Mo         | Kelly      | Lady | 41:39 | Howgill Harrier     |          |
| 6        | 558      | Chloe      | Routledge  | Lady | 41:40 | Ambleside           |          |
| 7        | 550      | Hannah     | Thom       | Lady | 43:39 | Keighley and Craven |          |
| 8        | 500      | Georgia    | Stevens    | Lady | 43:55 | Helm Hill           |          |
| 9        | 837      | Sarah      | Gerrish    | Lady | 44:37 | Kendal              |          |
| 10       | 593      | Alice      | Steele     | Lady | 45:34 | Dallam              |          |
| 11       | 559      | Carolyn    | Meschino   | Lady | 46:21 | Ambleside           |          |
| 12       | 673      | Victoria   | Upton      | Lady | 46:51 | Helm Hill           |          |
| 13       | 836      | Sally      | Handford   | Lady | 50:16 | Settle              |          |
| 14       | 828      | Hannah     | Goodfellow | Lady | 51:28 | Dallam              |          |
| 15       | 838      | Marjolein  | Thickett   | Lady | 52:43 | UA                  |          |



**LADIES - VET 40**

| Position | Vest no. | First Name | Surname  | Cat  | Time    | Club                | Comments |
|----------|----------|------------|----------|------|---------|---------------------|----------|
| 1        | 645      | Carrie     | Gibson   | LV40 | 41:37   | Helm Hill           | 1st LV40 |
| 2        | 818      | Lynn       | Murray   | LV40 | 42:12   | Barrow              |          |
| 3        | 520      | Eleanor    | Knowles  | LV40 | 42:59   | Ambleside           |          |
| 4        | 544      | Bianca     | Dyer     | LV40 | 43:19   | Kendal Tri          |          |
| 5        | 824      | Lindsey    | Berends  | LV40 | 43:41   | Preston             |          |
| 6        | 577      | Debs       | Greaves  | LV40 | 44:46   | Howgill Harrier     |          |
| 7        | 515      | Niki       | Rylance  | LV40 | 46:37   | Ambleside           |          |
| 8        | 657      | Vicky      | Kirkwood | LV40 | 47:21   | Dallam              |          |
| 9        | 581      | Sarah      | Senior   | LV40 | 49:12   | Helm Hill           |          |
| 10       | 638      | Elizabeth  | Adams    | LV40 | 51:20   | Helm Hill           |          |
| 11       | 501      | Anna       | Stevens  | LV40 | 54:38   | Helm Hill           |          |
| 12       | 590      | Lorna      | Hewitt   | LV40 | 56:14   | Dallam              |          |
| 13       | 814      | Tracey     | Benson   | LV40 | 59:25   | UA                  |          |
| 14       | 741      | Katherine  | Mills    | LV40 | 1:02:42 | Keighley and Craven |          |
| 15       | 534      | Jo         | Matthew  | LV40 | 1:02:46 | UA                  |          |

**LADIES - VET 50**

| Position | Vest no. | First Name | Surname | Cat  | Time  | Club   | Comments          |
|----------|----------|------------|---------|------|-------|--------|-------------------|
| 1        | 518      | Carol      | Evans   | LV50 | 39:02 | Settle | 3rd Lady/1st LV50 |
| 2        | 537      | Debbie     | Copley  | LV50 | 39:55 | Dallam |                   |
| 3        | 744      | Jill       | Gates   | LV50 | 55:45 | Settle |                   |

**LADIES - VET 60**

| Position | Vest no. | First Name | Surname | Cat  | Time  | Club    | Comments |
|----------|----------|------------|---------|------|-------|---------|----------|
| 1        | 668      | Wendy      | Dodds   | LV60 | 44:17 | Clayton | 1st LV60 |

**UNDER 17 BOYS**

| Position | Vest no. | First Name | Surname      | Cat | Time  | Club                | Comments |
|----------|----------|------------|--------------|-----|-------|---------------------|----------|
| 1        | 134      | Reuben     | Fox Copley   | Boy | 10:54 | Dallam              | 1st Boy  |
| 2        | 154      | Elliott    | Matier       | Boy | 10:56 | Eden Runners        | 2nd Boy  |
| 3        | 13       | Joe        | Edmondson    | Boy | 10:57 | Ambleside           | 3rd Boy  |
| 4        | 139      | Jacob      | Aubrey       | Boy | 11:01 | Helm Hill           |          |
| 5        | 44       | Oliver     | Gajdowski    | Boy | 11:31 | Ambleside           |          |
| 6        | 14       | Tom        | Marchant     | Boy | 11:35 | Pendle              |          |
| 7        | 43       | Luke       | Bowen        | Boy | 11:49 | Ambleside           |          |
| 8        | 53       | Jake       | Shuttleworth | Boy | 11:50 | Ambleside           |          |
| 9        | 140      | George     | Attwood      | Boy | 12:30 | Dallam              |          |
| 10       | 128      | Jamie      | Macleod      | Boy | 12:51 | Dallam              |          |
| 11       | 223      | Robert     | Albion       | Boy | 13:14 | Broughton           |          |
| 12       | 143      | Lewis      | Bowness      | Boy | 13:39 | Helm Hill           |          |
| 13       | 126      | Sam        | Thom         | Boy | 14:56 | Keighley and Craven |          |
| 14       | 181      | Tommy      | Beuzeval     | Boy | 16:29 | Helm Hill           |          |
| 15       | 233      | Euan       | Burns        | Boy | 16:46 | Carnethy            |          |

**UNDER 17 GIRLS**

| Position | Vest no. | First Name | Surname | Cat  | Time  | Club               | Comments |
|----------|----------|------------|---------|------|-------|--------------------|----------|
| 1        | 2        | Imogen     | Burrow  | Girl | 14:04 | Helm Hill          | 1st Girl |
| 2        | 158      | Hannah     | Durkin  | Girl | 14:57 | Ambleside          | 2nd Girl |
| 3        | 155      | Katie      | Russell | Girl | 15:41 | Helm Hill          | 3rd Girl |
| 4        | 151      | Katie      | Thurlow | Girl | 15:52 | Helm Hill          |          |
| 5        | 141      | Grace      | Attwood | Girl | 18:28 | Dallam             |          |
| 6        | 222      | Leah       | Albion  | Girl | 18:39 | Broughton          |          |
| 7        | 8        | Jodie      | Ritchie | Girl | 19:53 | Hoad Hill Harriers |          |
| 8        | 238      | Charlotte  | Foster  | Girl | 20:28 | Dallam             |          |

**UNDER 14 BOYS**

| Position | Vest no. | First Name | Surname    | Cat | Time  | Club               | Comments |
|----------|----------|------------|------------|-----|-------|--------------------|----------|
| 1        | 12       | Ben        | Edmondson  | Boy | 07:39 | Ambleside          | 1st Boy  |
| 2        | 221      | Thomas     | Marshall   | Boy | 07:43 | Settle             | 2nd Boy  |
| 3        | 79       | Charlie    | Harding    | Boy | 08:01 | Eden Runners       | 3rd Boy  |
| 4        | 61       | Jacob      | Smith      | Boy | 08:12 | Kendal             |          |
| 5        | 88       | Daniel     | Sanderson  | Boy | 08:17 | Ambleside          |          |
| 6        | 47       | Josh       | Roelants   | Boy | 08:19 | Helm Hill          |          |
| 7        | 97       | Toby       | Winnard    | Boy | 08:52 | Settle             |          |
| 8        | 112      | Toby       | Umpleby    | Boy | 08:54 | Kendal             |          |
| 9        | 162      | John       | Egner      | Boy | 09:11 | Settle             |          |
| 10       | 49       | Brodie     | Weymouth   | Boy | 09:20 | Aragons Junior Tri |          |
| 11       | 18       | Vaughan    | Samson     | Boy | 09:34 | Helm Hill          |          |
| 12       | 87       | Harry      | Sanderson  | Boy | 09:41 | Ambleside          |          |
| 13       | 183      | Adam       | Scott      | Boy | 09:42 | Kendal             |          |
| 14       | 138      | Matthew    | Pendlebury | Boy | 10:14 | Howgill Harrier    |          |
| 15       | 52       | Jack       | Hill       | Boy | 10:32 | Aragons Junior Tri |          |
| 16       | 225      | Charlie    | Dixon      | Boy | 11:18 | Ambleside          |          |

**UNDER 14 GIRLS**

| Position | Vest no. | First Name | Surname    | Cat  | Time  | Club                | Comments |
|----------|----------|------------|------------|------|-------|---------------------|----------|
| 1        | 229      | Briony     | Holt       | Girl | 08:18 | Clayton             | 1st Girl |
| 2        | 23       | Chloe      | Rylance    | Girl | 08:20 | Ambleside           | 2nd Girl |
| 3        | 228      | Lilli      | Carr       | Girl | 08:30 | Keighley and Craven | 3rd Girl |
| 4        | 33       | Maia       | Doherty    | Girl | 09:37 | Helm Hill           |          |
| 5        | 96       | Annabelle  | Taylor     | Girl | 09:39 | Helm Hill           |          |
| 6        | 168      | Rosie      | Woodhams   | Girl | 09:43 | Dallam              |          |
| 7        | 65       | Lottie     | Beardwood  | Girl | 09:44 | Helm Hill           |          |
| 8        | 130      | Charlotte  | Barrett    | Girl | 09:48 | Wharfedale          |          |
| 9        | 159      | Emily      | Carpenter  | Girl | 10:11 | Settle              |          |
| 10       | 22       | Courtney   | Hutchinson | Girl | 10:13 | Ambleside           |          |
| 11       | 17       | Bethan     | Rowley     | Girl | 10:16 | Ambleside           |          |
| 12       | 161      | Erin       | Cummins    | Girl | 10:26 | Settle              |          |
| 13       | 137      | Giselle    | Meschino   | Girl | 11:02 | Ambleside           |          |
| 14       | 144      | Lydia      | Shenton    | Girl | 11:05 | UA                  |          |
| 15       | 234      | Holly      | Murray     | Girl | 11:33 | Barrow              |          |
| 16       | 57       | Emily      | Crossley   | Girl | 11:53 | Settle              |          |
| 17       | 125      | Beckie     | Dyer       | Girl | 12:09 | Helm Hill           |          |

**UNDER 12 BOYS**

| Position | Vest no. | First Name | Surname   | Cat | Time  | Club                | Comments |
|----------|----------|------------|-----------|-----|-------|---------------------|----------|
| 1        | 41       | Sam        | Smith     | Boy | 05:55 | Wharfedale          | 1st Boy  |
| 2        | 45       | James      | Bowen     | Boy | 05:57 | Ambleside           | 2nd Boy  |
| 3        | 15       | Ollie      | Sanders   | Boy | 05:58 | Helm Hill           | 3rd Boy  |
| 4        | 46       | Harry      | Bowen     | Boy | 06:04 | Ambleside           |          |
| 5        | 6        | Henry      | Hunter    | Boy | 06:09 | Helm Hill           |          |
| 6        | 224      | Eilo       | Beestley  | Boy | 06:31 | Calder Valley       |          |
| 7        | 5        | James      | Duffy     | Boy | 06:48 | CVFR                |          |
| 8        | 34       | Evan       | Mills     | Boy | 06:50 | Keighley and Craven |          |
| 9        | 36       | Joseph     | Clayton   | Boy | 06:52 | Helm Hill           |          |
| 10       | 109      | Evan       | Allan     | Boy | 06:54 | Helm Hill           |          |
| 11       | 58       | Ben        | Smith     | Boy | 06:59 | Kendal              |          |
| 12       | 116      | Addison    | Willis    | Boy | 07:04 | Keighley and Craven |          |
| 13       | 156      | Christophe | Brown     | Boy | 07:09 | Clayton             |          |
| 14       | 66       | Warren     | Flemming  | Boy | 07:17 | Hoad Hill Harriers  |          |
| 15       | 157      | William    | Durkin    | Boy | 07:18 | Ambleside           |          |
| 16       | 208      | Ben        | Greenep   | Boy | 07:19 | Settle              |          |
| 17       | 60       | Oliver     | Smith     | Boy | 07:20 | Kendal              |          |
| 18       | 56       | Charlie    | Barry     | Boy | 07:26 | Settle              |          |
| 19       | 81       | Alex       | Graham    | Boy | 07:30 | Ambleside           |          |
| 20       | 226      | Freddie    | Dixon     | Boy | 07:31 | Ambleside           |          |
| 21       | 90       | Ewan       | Magri     | Boy | 07:33 | UA                  |          |
| 22       | 164      | Charlie    | Blackburn | Boy | 07:39 | Ambleside           |          |
| 23       | 177      | Jack       | Benson    | Boy | 07:42 | Ambleside           |          |
| 24       | 7        | Nathan     | Richie    | Boy | 07:43 | Hoad Hill Harriers  |          |
| 25       | 75       | Leo        | Ranner    | Boy | 07:52 | Helm Hill           |          |
| 26       | 32       | Zach       | Doherty   | Boy | 07:53 | Dallam              |          |
| 27       | 207      | Sam        | Greenep   | Boy | 07:59 | Settle              |          |
| 28       | 42       | Gordon     | Blackburn | Boy | 08:02 | Ambleside           |          |
| 29       | 132      | Rowan      | Ashworth  | Boy | 08:08 | Ambleside           |          |
| 30       | 175      | Finlay     | Aitken    | Boy | 08:09 | Helm Hill           |          |
| 31       | 127      | Sam        | Jackson   | Boy | 08:10 | Helm Hill           |          |
| 32       | 236      | Jesse      | Wilsdon   | Boy | 08:15 | UA                  |          |
| 33       | 196      | Theo       | Coates    | Boy | 08:24 | Ambleside           |          |
| 34       | 73       | Isaac      | Robinson  | Boy | 08:25 | Howgill Harrier     |          |
| 35       | 37       | Charlie    | Clayton   | Boy | 08:28 | Helm Hill           |          |
| 36       | 48       | Oliver     | Oldham    | Boy | 08:30 | Hoad Hill Harriers  |          |
| 37       | 163      | Rio        | Egner     | Boy | 08:36 | Settle              |          |
| 38       | 100      | Alfie      | Wilkin    | Boy | 08:37 | UA                  |          |
| 39       | 39       | Rory       | Knowles   | Boy | 08:43 | Ambleside           |          |
| 40       | 54       | Oliver     | Willoghby | Boy | 09:01 | Helm Hill           |          |
| 41       | 237      | Alex       | Walton    | Boy | 09:03 | UA                  |          |
| 42       | 230      | David      | Blenman   | Boy | 09:06 | UA                  |          |
| 43       | 74       | Theo       | Robinson  | Boy | 09:11 | Howgill Harrier     |          |
| 44       | 120      | Toby       | Harper    | Boy | 09:21 | UA                  |          |
| 45       | 171      | Blake      | Mills     | Boy | 09:27 | Keighley and Craven |          |
| 46       | 235      | Jude       | Evans     | Boy | 09:36 | Helm Hill           |          |



### UNDER 12 GIRLS

| Position | Vest no. | First Name | Surname       | Cat  | Time  | Club                    | Comments |
|----------|----------|------------|---------------|------|-------|-------------------------|----------|
| 1        | 24       | Sophie     | Rylance       | Girl | 06:49 | Ambleside               | 1st Girl |
| 2        | 4        | Emily      | Swarbrick     | Girl | 06:55 | Broughton               | 2nd Girl |
| 3        | 19       | Clara      | Samson        | Girl | 07:13 | Helm Hill               | 3rd Girl |
| 4        | 178      | Mia        | Heath         | Girl | 07:16 | Helm Hill               |          |
| 5        | 29       | Bethan     | Saunders      | Girl | 07:21 | Hoad Hill Harriers      |          |
| 6        | 174      | Islay      | Aitken        | Girl | 07:37 | Helm Hill               |          |
| 7        | 64       | Ella       | Beardwood     | Girl | 07:55 | Helm Hill               |          |
| 8        | 59       | Sarah      | Smith         | Girl | 08:04 | Kendal                  |          |
| 9        | 227      | Rhiannon   | Winder        | Girl | 08:05 | UA                      |          |
| 10       | 165      | Megan      | Bascombe      | Girl | 08:11 | UA                      |          |
| 11       | 11       | Jessica    | Edmondson     | Girl | 08:12 | Ambleside               |          |
| 12       | 180      | Georgia    | Heath         | Girl | 08:26 | Helm Hill               |          |
| 13       | 3        | Olivia     | Swarbrick     | Girl | 08:27 | Broughton               |          |
| 14       | 231      | Rebecca    | Boving Forste | Girl | 08:34 | Eden Runners            |          |
| 15       | 89       | Melissa    | McIntosh      | Girl | 08:45 | Border Harriers         |          |
| 16       | 110      | Tara       | Allan         | Girl | 09:00 | Helm Hill               |          |
| 17       | 95       | Connie     | Maye          | Girl | 09:13 | UA                      |          |
| 18       | 101      | Isabelle   | Helm          | Girl | 09:25 | UA                      |          |
| 19       | 40       | Mollie     | Smith         | Girl | 09:41 | Wharfedale              |          |
| 20       | 92       | Cate       | Matthew       | Girl | 09:48 | Lancaster and Morecambe |          |
| 21       | 232      | Emily      | Burns         | Girl | 11:02 | Carnethy                |          |
| 22       | 169      | Amelia     | King          | Girl | 11:04 | Helm Hill               |          |