



Supported by Different Strokes

Scout Scar - Results 3 January 2016

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	707	Tom	Addison	Man	28:08	Helm Hill	1st Man
2	636	Chris	Arthur	Man	29:11	Bowland	2nd Man
3	632	Ray	Edgar	Man	29:28	Lancaster and Morecambe	3rd Man
4	603	Noah	Hurton	Man	29:56	Eden Runners	
5	540	William	Hirst	Man	30:33	Barts	
6	566	Harvey	Lord	Man	30:47	Black Combe	
7	675	Connor	McGurk	Man	30:55	Kendal	
8	589	Alan	Ashcroft	Man	31:07	Howgill Harrier	
9	516	Jon	Rylance	MV40	31:17	Ambleside	1st MV40
10	613	Charlie	Lowther	Man	31:22	Eden Runners	
11	702	Bruce	Duncan	Man	31:31	Helm Hill	
12	575	Alistair	Hanna	Man	31:43	Howgill Harrier	
13	562	Will	Sisson	Man	31:43	Kendal	
14	656	Michael	Greaves	Man	31:45	Helm Hill	
15	586	Heidi	Dent	Lady	31:52	Howgill Harrier	1st Lady
16	634	Lee	Parrington	Man	32:05	Barlick	
17	604	Derek	Hurton	MV40	32:06	Eden Runners	
18	629	Paul	Dugdale	MV50	32:10	Helm Hill	1st MV50
19	587	Patrick	Hanna	Man	32:12	Howgill Harrier	
20	635	Alex	Hinchcliffe	Man	32:17	Helm Hill	
21	580	Matthew	Senior	Man	32:25	Helm Hill	
22	594	Ryan	Everett	Man	32:30	Barrow Strider	
23	653	Oliver	Blomfield	MV40	32:33	Eden Runners	
24	542	Ian	Willis	MV40	32:34	Keighley and Craven	
25	596	Mark	Benson	Man	32:36	UA	
26	721	David	Cope	Man	32:37	Howgill Harrier	
27	571	Andrew	Slattery	MV40	32:41	Keswick	
28	731	Rick	Stuart	MV50	32:49	Helm Hill	
29	641	Jim	Andrews	MV50	33:00	Coniston	
30	599	Samuel	Russell	Man	33:16	Amble	
31	504	Craig	Burrows	MV40	33:19	Helm Hill	
32	682	Paul	Singleton	MV40	33:22	Amble	
33	693	Fraser	Davies	Man	33:24	UA	
34	669	Paul	MacFarlane	Man	33:25	Helm Hill	
35	530	James	Graham	MV40	33:30	UA	
36	698	Johnny	Marchant	MV40	33:31	Helm Hill	
37	687	Ben	Jackson	Man	33:33	UA	
38	617	Sharon	Taylor	Lady	33:40	Helm Hill	2nd Lady
39	545	Jacob	Dyer	MV40	33:42	Helm Hill	
40	637	James	Gray	Man	33:43	UA	
41	600	Tom	Hartley	Man	33:46	Kendal	
42	611	David	Goadby	Man	33:52	Helm Hill	
43	655	James	Edwards	MV40	34:06	Lonsdale	
44	652	Andy	Thompson	Man	34:08	Helm Hill	
45	573	Anthony	Bowness	MV40	34:11	Kendal	
46	700	Tim	Roe	Man	34:13	Helm Hill	
47	528	Mark	Harris	MV40	34:16	Helm Hill	
48	541	Scott	Umpleby	MV50	34:17	Kendal	
49	644	Mike	Gilpin	Man	34:19	Helm Hill	
50	621	Hannah	Russell	Lady	34:43	Helm Hill	3rd Lady
51	560	Luke	Appleyard	Man	34:49	Wharfedale	
52	710	Darren	Little	Man	34:49	Kendal Tri	
53	681	Mike	Berners-Lee	MV50	35:00	UA	

54	711	Jonathan	Boadle	Man	35:00	UA	
55	671	Bruce	Elsworth	MV40	35:01	Wharfedale	
56	708	Joss	Addison	Man	35:03	UA	
57	538	Tom	Harkes	Man	35:10	Dallam	
58	626	Russell	Owen	MV50	35:12	Eryri	
59	579	Andrea	Tridimas	Lady	35:14	UA	
60	612	John	Rainford	MV50	35:18	Preston	
61	694	Ian	Harrington	MV40	35:19	Helm Hill	
62	639	James	Baron	MV40	35:21	Helm Hill	
63	564	Steven	Procter	Man	35:26	Settle	
64	509	John	Armistead	Man	35:41	Helm Hill	
65	588	Robert	Crawford	MV40	35:43	Coniston	
66	565	Peter	German	Man	35:47	Helm Hill	
67	514	Pete	Marston	MV40	35:49	Helm Hill	
68	685	Jo	Scott	MV40	35:53	UA	
69	643	Stuart	Allan	MV40	35:55	Helm Hill	
70	569	David	Houlsworth	MV50	36:03	UA	
71	689	Andrew	Hebson	Man	36:10	UA	
72	584	Jackie	Winn	MV60	36:22	Ellenborough	1st MV60
73	527	Sean	Robinson	Man	36:24	Howgill Harrier	
74	512	Mark	Mason	MV40	36:33	Kendal	
75	606	Paul	Lambert	MV50	36:42	Wharfedale	
76	676	Peter	Lawson	Man	36:44	UA	
77	561	George	Arbuckle	MV40	36:46	Amphill	
78	563	Adam	Procter	Man	36:50	Settle	
79	553	Gary	Thorpe	MV50	36:54	Ambleside	
80	646	Dave	Wilkinson	MV50	36:55	Kendal	
81	507	Shaun	Addison	MV50	36:59	Helm Hill	
82	661	Rosie	Watson	Lady	37:04	Doss AC	
83	625	Chris	Hodgson	MV50	37:08	Fell and Dale	
84	552	Nina	Walkingshaw	Lady	37:12	Howgill Harrier	
85	557	James	Todhunter	Man	37:19	UA	
86	607	David	Griffin	MV50	37:20	Dallam	
87	666	Catherine	Niblock	Lady	37:25	Helm Hill	
88	597	Richard	Lecky-Thompson	MV50	37:26	Ambleside	
89	582	Paul	Senior	MV40	37:29	Helm Hill	
90	503	Ali	Richards	LV40	37:36	Helm Hill	1st LV40
91	546	Richard	Wells	MV40	37:41	UA	
92	595	Mat	Crawford	Man	37:53	Coniston	
93	654	Wilfred	Bell	MV60	37:57	UA	
94	574	Gary	Jackson	Man	37:59	Eden Runners	
95	683	John	Robson	MV50	38:02	Helm Hill	
96	518	Carol	Evans	LV50	38:05	Settle	1st LV50
97	627	Richard	Duckett	Man	38:09	UA	
98	524	Stephen	Roberts	MV40	38:19	Kendal	
99	583	Michael	Toman	MV50	38:20	Rossendale	
100	680	Simon	Milligan	MV50	38:23	Helm Hill	
101	592	William	Coupe	MV50	38:24	Helm Hill	
102	522	Chris	Schofield	MV50	38:26	Helm Hill	
103	608	Carlos	Sanchez	Man	38:27	UA	
104	567	Roger	Aubrey	MV50	38:37	Helm Hill	
105	551	Paul	Jackson	MV40	38:38	Helm Hill	
106	519	Owen	Mills	MV40	38:47	Keighley and Craven	
107	695	Paul	Davison	Man	39:05	Howgill Harrier	
108	672	Stephen	Moor	MV50	39:12	Settle	
109	660	Emily	Simpson	Lady	39:15	UA	
110	537	Debbie	Copley	LV50	39:17	Dallam	
111	539	Peter	Singleton	MV50	39:19	Blackpool	
112	645	Carrie	Gibson	LV40	39:21	Helm Hill	
113	679	Patrick	Willink	MV50	39:33	Helm Hill	
114	729	Mark	Ferguson	Man	39:35	Wolves & Bibston	
115	665	Richard	Knight	Man	39:41	Kendal	

116	674	Stuart	McGurk	MV50	39:50	Kendal	
117	696	Caroline	Holmes	Lady	39:55	Helm Hill	
118	724	Steph	Jones	Lady	39:57	Ambleside	
119	505	Tim	Murray	MV50	39:58	Helm Hill	
120	620	Nick	Ganniccliffe	MV50	40:00	Dallam	
121	640	Michael	Duncan	Man	40:02	UA	
122	709	Matt	Davis	Man	40:12	Howgill Harrier	
123	506	Caroline	Holden	LV40	40:21	Helm Hill	
124	720	Sean	Gibson	Man	40:30	UA	
125	554	Duncan	Copley	MV40	40:32	Dallam	
126	619	Grace	Leedham	LV40	40:34	Dallam	
127	508	Jo	Wilcox	LV40	40:39	Helm Hill	
128	677	Gary	Lane	MV40	40:51	Coniston	
129	605	Jonathan	Gibson	MV50	40:57	Wharfedale	
130	572	Andy	Bennett	MV40	40:58	Helm Hill	
131	713	Mike	Woodbridge	MV40	40:59	Dallam	
132	705	Jonathan	Tombs	MV40	41:06	Eden Runners	
133	678	Graham	Lobb	MV40	41:10	Coniston	
134	558	Chloe	Routledge	Lady	41:20	Ambleside	
135	690	Allan	Miller	MV50	41:24	Kendal	
136	630	Evelyn	Dugdale	LV50	41:32	Helm Hill	
137	610	Stephen	Taylor	MV50	41:33	Preston	
138	544	Bianca	Dyer	LV40	41:33	Kendal Tri	
139	667	Ben	Waller	Man	41:42	Helm Hill	
140	691	Brian	Thompson	MV60	41:46	Helm Hill	
141	628	Mark	Charnley	MV40	41:48	Settle	
142	624	Cliff	Etherden	MV60	41:58	LOC	
143	609	Sharron	Lewis	LV40	41:59	UA	
144	626	Russell	Owen	MV50	42:09	Eryri	
145	550	Hannah	Thom	Lady	42:10	Keighley and Craven	
146	577	Debs	Greaves	LV40	42:15	Howgill Harrier	
147	547	Mike	Troup	MV60	42:16	Ambleside	
148	650	Wendy	Matier	LV40	42:28	Eden Runners	
149	722	Will	Buckton	Man	42:30	Settle	
150	614	Michael	McLoughlin	MV60	42:46	Preston	
151	555	Ann-Marie	Swallow	LV40	42:46	UA	
152	525	Angela	Davies	Lady	42:47	Keswick	
153	576	Andy	Dickson	MV50	42:50	Coniston	
154	502	Amanda	Burrows	LV40	42:54	Helm Hill	
155	520	Eleanor	Knowles	LV40	43:02	Ambleside	
156	668	Wendy	Dodds	LV60	43:09	Clayton	1st LV60
157	648	John	Taylor	MV60	43:12	Bowland	
158	585	Mo	Kelly	Lady	43:20	Howgill Harrier	
159	532	Jayne	Rigby	LV40	43:21	Helm Hill	
160	510	Lynn	Whittaker	LV50	43:22	Wharfedale	
161	684	Marie	Robson	LV40	43:28	Helm Hill	
162	670	Sarah	Thompson	Lady	43:30	Dallam	
163	733	Annie	Carrington	LV50	43:33	Settle	
164	511	Dave	Appleyard	MV50	43:40	Helm Hill	
165	533	Sarah	Folks	LV40	43:43	UA	
166	647	John	Armstrong	MV60	43:47	Rochdale	
167	697	Caroline	Wade	Lady	44:02	Helm Hill	
168	556	Russell	Cannon	MV50	44:07	Helm Hill	
169	699	Mike	Hind	MV60	44:24	Borrowdale	
170	717	Jack	Taylor	Man	44:25	UA	
171	622	Nikki	Roberts	Lady	44:31	UA	
172	615	Tarren	Wolstencroft	Man	44:38	UA	
173	658	Samuel	Panter	Man	44:41	Coniston	
174	642	Daniel	Rayson	MV40	44:43	UA	
175	716	David	Mainwaring	MV50	44:46	UA	
176	728	Niall	Johnson	MV40	44:49	UA	
177	662	Graham	Watson	MV50	44:51	CFR	

178	730	Jill	Eccleston	LV40	44:55	Settle	
179	602	Gregory	Tagney	MV60	44:58	Dallam	
180	673	Victoria	Upton	Lady	45:01	Helm Hill	
181	549	Tim	Thom	MV40	45:13	Keighley and Craven	
182	578	Yiannis	Tridimas	MV70	45:22	Bowland	1st MV70
183	633	Richard	Alderson	MV50	45:28	ABFR	
184	664	Chris	Beesley	MV60	45:35	Settle	
185	515	Niki	Rylance	LV40	45:44	Ambleside	
186	692	Emma	Gill	LV40	45:47	Helm Hill	
187	536	Jan	Wulf	MV40	46:14	Settle	
188	601	John	Hodgson	MV60	46:17	Dallam	
189	701	Stephen	Fish	MV60	46:23	Clayton	
190	663	Debbie	Watson	LV50	46:33	West Cumberland	
191	517	Trevor	Metcalfe	MV60	46:45	Wharfedale	
192	657	Vicky	Kirkwood	LV40	46:54	Dallam	
193	531	Lorna	Askew	LV40	46:59	Helm Hill	
194	548	Andrew	Biddle	MV60	47:05	West Pennine	
195	559	Carolyn	Meschino	Lady	47:13	Ambleside	
196	727	Andrew	Shepherd	Man	47:14	UA	
197	526	Zoe	Ringer	Lady	47:19	Howgill Harrier	
198	593	Alice	Steele	Lady	47:24	Dallam	
199	649	Jo	Taylor	LV50	47:32	Bowland	
200	732	Mark	Cropper	MV40	47:38	Helm Hill	
201	688	Karen	Gates	LV50	47:40	Dallam	
202	631	George	Parrington	MV60	48:13	Lancaster and Morecambe	
203	581	Sarah	Senior	LV40	48:20	Helm Hill	
204	598	Selwyn	Wright	MV60	48:41	Amble	
205	529	Su	Thompson	LV40	48:47	Wharfedale	
206	535	Joanne	Wulf	LV40	48:51	Settle	
207	704	Ian	Peters	MV50	48:58	Hoad Hill Harriers	
208	651	Tracey	Apperley	LV40	49:06	Settle	
209	618	Penny	Attwood	LV50	49:12	Dallam	
210	591	Dave	Hewitt	MV50	50:50	Dallam	
211	568	Rebecca	Hodgson	Lady	50:55	UA	
212	638	Elizabeth	Adams	LV40	51:02	Helm Hill	
213	521	Paula	Bowen	LV40	51:13	Ambleside	
214	712	Elizabeth	Hindle	LV60	51:24	Dallam	
215	659	Tamar	Bobbett	Man	51:37	UA	
216	718	Lindsay	Harrod	LV40	51:48	Helm Hill	
217	719	Anthony	Dawson	Man	52:14	Fell Ponies	
218	714	Darren	Carradice	MV40	52:16	Dallam	
219	706	Isabel	Berry	Lady	52:34	UA	
220	501	Anna	Stevens	LV40	53:17	Helm Hill	
221	715	Sarah	Spalding	Lady	53:35	UA	
222	523	Peta	Rowand	LV40	53:47	Ambleside	
223	543	Caroline	Nussey	Lady	53:51	Dallam	
224	623	Phil	Kirby	MV60	54:30	Coniston	
225	513	Julie	Laverock	LV40	54:42	Salford Harriers	
226	590	Lorna	Hewitt	LV40	55:01	Dallam	
227	723	Brian	Carlisle	MV50	55:03	Askrigg Aged	
228	725	Grant	Remmington	Man	56:28	UA	
229	534	Jo	Matthew	LV40	58:45	UA	
230	686	Rebecca	Maidment	Lady	1:02:23	UA	
231	703	Christopher	Carlisle	Man	1:02:23	UA	
232	616	Gordon	Thompson	MV50	DNF	Preston	
233	570	Rachel	Slattery	LV40	DNF	Helm Hill	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	154	Elliott	Matier	Boy	17:03	Eden Runners	1st Boy
2	43	Luke	Bowen	Boy	17:07	Ambleside	2nd Boy
3	44	Oliver	Gajdowski	Boy	17:16	Ambleside	3rd Boy
4	13	Joe	Edmondson	Boy	17:18	Ambleside	
5	69	Thomas	Nelson	Boy	17:31	Wharfedale	
6	28	Scarlet	Dale	Girl	17:38	Lancaster and Morecambe	1st Girl
7	134	Reuben	Fox Copley	Boy	18:01	Dallam	
8	14	Tom	Marchant	Boy	18:26	Pendle	
9	153	Jack	Byrne	Boy	18:42	Helm Hill	
10	84	Martin	Askew	Boy	18:43	Helm Hill	
11	139	Jacob	Aubrey	Boy	18:57	Helm Hill	
12	140	George	Attwood	Boy	19:00	Dallam	
13	55	Will	Howard	Boy	19:16	Lancaster and Morecambe	
14	9	Jake	Wren	Boy	19:50	Helm Hill	
15	150	Michael	Dugdale	Boy	20:01	Helm Hill	
16	149	Connie	Hurton	Girl	20:08	Eden Runners	2nd Girl
17	53	Jake	Shuttleworth	Boy	20:16	Ambleside	
18	128	Jamie	Macleod	Boy	20:32	Dallam	
19	2	Imogen	Burrow	Girl	20:36	Helm Hill	3rd Girl
20	143	Lewis	Bowness	Boy	21:01	Helm Hill	
21	147	Jake	Cooper	Boy	21:21	Barrow Strider	
22	126	Sam	Thom	Boy	23:00	Keighley and Craven	
23	113	Joey	Umpleby	Boy	23:31	Kendal	
24	145	Mia	Senior	Girl	23:57	Helm Hill	
25	151	Katie	Thurlow	Girl	24:23	Helm Hill	
26	142	Amy	Slattery	Girl	24:28	Helm Hill	
27	148	Georgia	Cooper	Girl	24:38	Barrow Strider	
28	152	Benjamin	Winterburn	Boy	25:03	Lancaster and Morecambe	
29	131	Honor	Jeffrey	Girl	25:59	Settle	
30	155	Katie	Russell	Girl	28:28	Helm Hill	
31	141	Grace	Attwood	Girl	31:20	Dallam	
32	117	Alana	Willis	Girl	31:27	Keighley and Craven	

Under 14 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	12	Ben	Edmondson	Boy	08:40	Ambleside	1st Boy
2	82	Fraser	Sproul	Boy	09:04	Kendal	2nd Boy
3	79	Charlie	Harding	Boy	09:17	Eden Runners	3rd Boy
4	61	Jacob	Smith	Boy	09:27	Kendal	
5	21	Sebastian	Segger-Stavely	Boy	09:35	Settle	
6	88	Daniel	Sanderson	Boy	09:48	Ambleside	
7	47	Josh	Roelants	Boy	09:52	Helm Hill	
8	23	Chloe	Rylance	Girl	09:55	Ambleside	1st Girl
9	121	Barnaby	Walkingshaw	Boy	09:56	Eden Runners	
10	31	Bob	Evans	Boy	10:11	Settle	
11	133	Alfie	Thorpe	Boy	10:21	Broughton	
12	136	Abbie	Allan	Girl	10:22	Kendal	2nd Girl
13	112	Toby	Umpleby	Boy	10:28	Kendal	
14	50	Matt	Holdroyd	Boy	10:40	Settle	
15	33	Maia	Doherty	Girl	10:42	Helm Hill	3rd Girl
16	96	Annabelle	Taylor	Girl	10:42	Helm Hill	
17	97	Toby	Winnard	Boy	10:46	Settle	
18	146	Harvey	Cooper	Boy	10:47	Barrow Strider	
19	49	Brodie	Weymouth	Boy	10:48	Aragons Junior Tri	
20	25	Matthew	Thornley	Boy	10:54	Ambleside	
21	70	Daniel	Harris	Boy	11:04	Helm Hill	
22	87	Harry	Sanderson	Boy	11:07	Ambleside	
23	10	Elliot	Wren	Boy	11:12	Helm Hill	
24	65	Lottie	Beardwood	Girl	11:13	Helm Hill	
25	108	Tom	Duke	Boy	11:14	Settle	
26	144	Lydia	Shenton	Girl	11:21	UA	
27	76	Erin	Bagge	Girl	11:23	Helm Hill	
28	130	Charlotte	Barrett	Girl	11:28	Wharfedale	
29	67	Lily	Maiden	Girl	11:38	Helm Hill	
30	18	Vaughan	Samson	Boy	11:45	Helm Hill	
31	22	Courtney	Hutchinson	Girl	12:08	Ambleside	
32	103	Harvey	Coates	Boy	12:19	Helm Hill	
33	17	Bethan	Rowley	Girl	12:24	Ambleside	
34	52	Jack	Hill	Boy	12:37	Aragons Junior Tri	
35	1	Emelia	Stevens	Girl	12:48	Helm Hill	
36	118	Lottie	Hunter	Girl	13:03	Helm Hill	
37	137	Giselle	Meschino	Girl	13:19	Ambleside	
38	125	Beckie	Dyer	Girl	13:33	Helm Hill	
39	57	Emily	Crossley	Girl	17:13	Settle	
40	8	Jodie	Ritchie	Girl	DNF	Hoad Hill Harriers	

Under 12 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	45	James	Bowen	Boy	06:31	Ambleside	1st Boy
2	41	Sam	Smith	Boy	06:34	Wharfedale	2nd Boy
3	46	Harry	Bowen	Boy	06:42	Ambleside	3rd Boy
4	15	Ollie	Sanders	Boy	06:53	Helm Hill	
5	6	Henry	Hunter	Boy	06:57	Helm Hill	
6	99	Alex	Tallon	Boy	07:00	UA	
7	27	James	Thornley	Boy	07:10	Ambleside	
8	102	Sonny	Ashton-Fitch	Boy	07:12	Settle	
9	36	Joseph	Clayton	Boy	07:17	Helm Hill	
10	5	James	Duffy	Boy	07:18	CVFR	
11	4	Emily	Swarbrick	Girl	07:19	Broughton	1st Girl
12	109	Evan	Allan	Boy	07:23	Helm Hill	
13	116	Addison	Willis	Boy	07:25	Keighley and Craven	
14	66	Warren	Flemming	Boy	07:26	Hoad Hill Harriers	
15	72	Scott	Fisher	Boy	07:27	Hoad Hill Harriers	
16	35	Olesia	Winder	Girl	07:30	Hoad Hill Harriers	2nd Girl
17	34	Evan	Mills	Boy	07:32	Keighley and Craven	
18	24	Sophie	Rylance	Girl	07:33	Ambleside	3rd Girl
19	58	Ben	Smith	Boy	07:34	Kendal	
20	60	Oliver	Smith	Boy	07:37	Kendal	
21	56	Charlie	Barry	Boy	07:39	Settle	
22	20	Douglas	Segger-Stavely	Boy	07:50	Settle	
23	85	Joseph	Rigby	Boy	08:00	Helm Hill	
24	93	Alex	Matthew	Boy	08:02	Lancaster and Morecambe	
25	59	Sarah	Smith	Girl	08:06	Kendal	
26	83	Alistair	Barr	Boy	08:09	Howgill Harrier	
27	32	Zach	Doherty	Boy	08:10	Dallam	
28	19	Clara	Samson	Girl	08:11	Helm Hill	
29	64	Ella	Beardwood	Girl	08:12	Helm Hill	
30	7	Nathan	Richie	Boy	08:14	Hoad Hill Harriers	
31	29	Bethan	Saunders	Girl	08:17	Hoad Hill Harriers	
32	11	Jessica	Edmondson	Girl	08:18	Ambleside	
33	104	Ella	Park	Girl	08:20	Helm Hill	
34	89	Melissa	McIntosh	Girl	08:24	Border Harriers	
35	81	Alex	Graham	Boy	08:25	Ambleside	
36	42	Gordon	Blackburn	Boy	08:28	Ambleside	
37	16	Alex	Jackson	Boy	08:33	Ambleside	
38	135	Johnny	Swallow	Boy	08:34	UA	
39	26	Sam	Thornley	Boy	08:35	Ambleside	
40	73	Isaac	Robinson	Boy	08:35	Howgill Harrier	
41	119	Grace	Wells	Girl	08:39	Howgill Harrier	
42	3	Olivia	Swarbrick	Girl	08:43	Broughton	
43	37	Charlie	Clayton	Boy	08:45	Helm Hill	
44	78	Oliver	Sampson	Boy	08:48	Settle	
45	71	Jamie	Harris	Boy	08:49	Hoad Hill Harriers	
46	127	Sam	Jackson	Boy	08:50	Helm Hill	
47	100	Alfie	Wilkin	Boy	08:52	UA	
48	98	Elisie	Tallon	Girl	08:54	UA	
49	62	Archie	Clark	Boy	08:55	Settle	
50	90	Ewan	Magri	Boy	08:55	UA	
51	122	Beau	Walkingshaw	Girl	08:56	Eden Runners	
52	39	Rory	Knowles	Boy	08:56	Ambleside	
53	75	Leo	Ranner	Boy	08:57	Helm Hill	
54	63	Marvin	Gibbs	Boy	09:01	Helm Hill	
55	48	Oliver	Oldham	Boy	09:06	Hoad Hill Harriers	
56	123	Esme	Walkingshaw	Girl	09:08	Eden Runners	
57	110	Tara	Allan	Girl	09:08	Helm Hill	
58	54	Oliver	Willoghby	Boy	09:11	Helm Hill	
59	132	Rowan	Ashworth	Boy	09:19	Ambleside	
60	106	Oscar	Wulf	Boy	09:24	Settle	

61	68	Jonah	Maiden	Boy	09:25	Hoad Hill Harriers	
62	114	Maesie	Evans	Girl	09:26	Ambleside	
63	124	Reuben	Dyer	Boy	09:27	UA	
64	51	Alexa	Weymouth	Girl	09:31	Aragons Junior Tri	
65	111	Josie	Nittsche	Girl	09:33	Settle	
66	107	Freya	Richards	Girl	09:35	Helm Hill	
67	120	Toby	Harper	Boy	09:36	UA	
68	30	Lauren	Evans	Girl	09:41	Settle	
69	80	Archie	Harding	Boy	09:47	Eden Runners	
70	91	Charlotte	Pearl	Girl	09:50	Settle	
71	95	Connie	Maye	Girl	09:51	UA	
72	115	Joss	Evans	Girl	09:51	Ambleside	
73	86	Benji	Grundy	Boy	09:57	Keighley and Craven	
74	74	Theo	Robinson	Boy	10:00	Howgill Harrier	
75	38	Matthew	Wright	Boy	10:05	Helm Hill	
76	77	Dylan	Sampson	Boy	10:06	Settle	
77	40	Mollie	Smith	Girl	10:09	Wharfedale	
78	92	Cate	Matthew	Girl	10:14	Lancaster and Morecambe	
79	105	Laura	Bethal	Girl	10:41	UA	
80	94	Peony	Chen	Girl	11:45	Ambleside	
81	129	Hayden	Nussey	Boy	12:26	UA	
82	101	Isabelle	Helm	Girl	12:46	UA	
83	138	Matthew	Pendlebury	Boy	DNF	Howgill Harrier	

Scout Scar 2016 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	707	Tom	Addison	Man	28:08	Helm Hill	1st Man
2	636	Chris	Arthur	Man	29:11	Bowland	2nd Man
3	632	Ray	Edgar	Man	29:28	Lancaster and Morecambe	3rd Man
4	603	Noah	Hurton	Man	29:56	Eden Runners	
5	540	William	Hirst	Man	30:33	Barts	
6	566	Harvey	Lord	Man	30:47	Black Combe	
7	675	Connor	McGurk	Man	30:55	Kendal	
8	589	Alan	Ashcroft	Man	31:07	Howgill Harrier	
9	516	Jon	Rylance	MV40	31:17	Ambleside	1st MV40
10	613	Charlie	Lowther	Man	31:22	Eden Runners	
11	702	Bruce	Duncan	Man	31:31	Helm Hill	
12	575	Alistair	Hanna	Man	31:43	Howgill Harrier	
13	562	Will	Sisson	Man	31:43	Kendal	
14	656	Michael	Greaves	Man	31:45	Helm Hill	
15	634	Lee	Parrington	Man	32:05	Barlick	
16	604	Derek	Hurton	MV40	32:06	Eden Runners	
17	629	Paul	Dugdale	MV50	32:10	Helm Hill	1st MV50
18	587	Patrick	Hanna	Man	32:12	Howgill Harrier	
19	635	Alex	Hinchcliffe	Man	32:17	Helm Hill	
20	580	Matthew	Senior	Man	32:25	Helm Hill	
21	594	Ryan	Everett	Man	32:30	Barrow Strider	
22	653	Oliver	Blomfield	MV40	32:33	Eden Runners	
23	542	Ian	Willis	MV40	32:34	Keighley and Craven	
24	596	Mark	Benson	Man	32:36	UA	
25	721	David	Cope	Man	32:37	Howgill Harrier	
26	571	Andrew	Slattery	MV40	32:41	Keswick	
27	731	Rick	Stuart	MV50	32:49	Helm Hill	
28	641	Jim	Andrews	MV50	33:00	Coniston	
29	599	Samuel	Russell	Man	33:16	Amble	
30	504	Craig	Burrows	MV40	33:19	Helm Hill	
31	682	Paul	Singleton	MV40	33:22	Amble	
32	693	Fraser	Davies	Man	33:24	UA	
33	669	Paul	MacFarlane	Man	33:25	Helm Hill	
34	530	James	Graham	MV40	33:30	UA	
35	698	Johnny	Marchant	MV40	33:31	Helm Hill	
36	687	Ben	Jackson	Man	33:33	UA	
37	545	Jacob	Dyer	MV40	33:42	Helm Hill	
38	637	James	Gray	Man	33:43	UA	
39	600	Tom	Hartley	Man	33:46	Kendal	
40	611	David	Goadby	Man	33:52	Helm Hill	
41	655	James	Edwards	MV40	34:06	Lonsdale	
42	652	Andy	Thompson	Man	34:08	Helm Hill	
43	573	Anthony	Bowness	MV40	34:11	Kendal	
44	700	Tim	Roe	Man	34:13	Helm Hill	
45	528	Mark	Harris	MV40	34:16	Helm Hill	
46	541	Scott	Umpleby	MV50	34:17	Kendal	
47	644	Mike	Gilpin	Man	34:19	Helm Hill	
48	560	Luke	Appleyard	Man	34:49	Wharfedale	
49	710	Darren	Little	Man	34:49	Kendal Tri	
50	681	Mike	Berners-Lee	MV50	35:00	UA	
51	711	Jonathan	Boadle	Man	35:00	UA	
52	671	Bruce	Elsworth	MV40	35:01	Wharfedale	
53	708	Joss	Addison	Man	35:03	UA	
54	538	Tom	Harkes	Man	35:10	Dallam	
55	626	Russell	Owen	MV50	35:12	Eryri	
56	612	John	Rainford	MV50	35:18	Preston	
57	694	Ian	Harrington	MV40	35:19	Helm Hill	
58	639	James	Baron	MV40	35:21	Helm Hill	

59	564	Steven	Procter	Man	35:26	Settle	
60	509	John	Armistead	Man	35:41	Helm Hill	
61	588	Robert	Crawford	MV40	35:43	Coniston	
62	565	Peter	German	Man	35:47	Helm Hill	
63	514	Pete	Marston	MV40	35:49	Helm Hill	
64	685	Jo	Scott	MV40	35:53	UA	
65	643	Stuart	Allan	MV40	35:55	Helm Hill	
66	569	David	Houlsworth	MV50	36:03	UA	
67	689	Andrew	Hebson	Man	36:10	UA	
68	584	Jackie	Winn	MV60	36:22	Ellenborough	1st MV60
69	527	Sean	Robinson	Man	36:24	Howgill Harrier	
70	512	Mark	Mason	MV40	36:33	Kendal	
71	606	Paul	Lambert	MV50	36:42	Wharfedale	
72	676	Peter	Lawson	Man	36:44	UA	
73	561	George	Arbuckle	MV40	36:46	Amphill	
74	563	Adam	Procter	Man	36:50	Settle	
75	553	Gary	Thorpe	MV50	36:54	Ambleside	
76	646	Dave	Wilkinson	MV50	36:55	Kendal	
77	507	Shaun	Addison	MV50	36:59	Helm Hill	
78	625	Chris	Hodgson	MV50	37:08	Fell and Dale	
79	557	James	Todhunter	Man	37:19	UA	
80	607	David	Griffin	MV50	37:20	Dallam	
81	597	Richard	Lecky-Thompson	MV50	37:26	Ambleside	
82	582	Paul	Senior	MV40	37:29	Helm Hill	
83	546	Richard	Wells	MV40	37:41	UA	
84	595	Mat	Crawford	Man	37:53	Coniston	
85	654	Wilfred	Bell	MV60	37:57	UA	
86	574	Gary	Jackson	Man	37:59	Eden Runners	
87	683	John	Robson	MV50	38:02	Helm Hill	
88	627	Richard	Duckett	Man	38:09	UA	
89	524	Stephen	Roberts	MV40	38:19	Kendal	
90	583	Michael	Toman	MV50	38:20	Rosendale	
91	680	Simon	Milligan	MV50	38:23	Helm Hill	
92	592	William	Coupe	MV50	38:24	Helm Hill	
93	522	Chris	Schofield	MV50	38:26	Helm Hill	
94	608	Carlos	Sanchez	Man	38:27	UA	
95	567	Roger	Aubrey	MV50	38:37	Helm Hill	
96	551	Paul	Jackson	MV40	38:38	Helm Hill	
97	519	Owen	Mills	MV40	38:47	Keighley and Craven	
98	695	Paul	Davison	Man	39:05	Howgill Harrier	
99	672	Stephen	Moor	MV50	39:12	Settle	
100	539	Peter	Singleton	MV50	39:19	Blackpool	
101	679	Patrick	Willink	MV50	39:33	Helm Hill	
102	729	Mark	Ferguson	Man	39:35	Wolves & Bibston	
103	665	Richard	Knight	Man	39:41	Kendal	
104	674	Stuart	McGurk	MV50	39:50	Kendal	
105	505	Tim	Murray	MV50	39:58	Helm Hill	
106	620	Nick	Ganniccliffe	MV50	40:00	Dallam	
107	640	Michael	Duncan	Man	40:02	UA	
108	709	Matt	Davis	Man	40:12	Howgill Harrier	
109	720	Sean	Gibson	Man	40:30	UA	
110	554	Duncan	Copley	MV40	40:32	Dallam	
111	677	Gary	Lane	MV40	40:51	Coniston	
112	605	Jonathan	Gibson	MV50	40:57	Wharfedale	
113	572	Andy	Bennett	MV40	40:58	Helm Hill	
114	713	Mike	Woodbridge	MV40	40:59	Dallam	
115	705	Jonathan	Tombs	MV40	41:06	Eden Runners	
116	678	Graham	Lobb	MV40	41:10	Coniston	
117	690	Allan	Miller	MV50	41:24	Kendal	
118	610	Stephen	Taylor	MV50	41:33	Preston	
119	667	Ben	Waller	Man	41:42	Helm Hill	
120	691	Brian	Thompson	MV60	41:46	Helm Hill	

121	628	Mark	Charnley	MV40	41:48	Settle	
122	624	Cliff	Etherden	MV60	41:58	LOC	
123	626	Russell	Owen	MV50	42:09	Eryri	
124	547	Mike	Troup	MV60	42:16	Ambleside	
125	722	Will	Buckton	Man	42:30	Settle	
126	614	Michael	McLoughlin	MV60	42:46	Preston	
127	576	Andy	Dickson	MV50	42:50	Coniston	
128	648	John	Taylor	MV60	43:12	Bowland	
129	511	Dave	Appleyard	MV50	43:40	Helm Hill	
130	647	John	Armstrong	MV60	43:47	Rochdale	
131	556	Russell	Cannon	MV50	44:07	Helm Hill	
132	699	Mike	Hind	MV60	44:24	Borrowdale	
133	717	Jack	Taylor	Man	44:25	UA	
134	615	Tarren	Wolstencroft	Man	44:38	UA	
135	658	Samuel	Panter	Man	44:41	Coniston	
136	642	Daniel	Rayson	MV40	44:43	UA	
137	716	David	Mainwaring	MV50	44:46	UA	
138	728	Niall	Johnson	MV40	44:49	UA	
139	662	Graham	Watson	MV50	44:51	CFR	
140	602	Gregory	Tagney	MV60	44:58	Dallam	
141	549	Tim	Thom	MV40	45:13	Keighley and Craven	
142	578	Yiannis	Tridimas	MV70	45:22	Bowland	1st MV70
143	633	Richard	Alderson	MV50	45:28	ABFR	
144	664	Chris	Beesley	MV60	45:35	Settle	
145	536	Jan	Wulf	MV40	46:14	Settle	
146	601	John	Hodgson	MV60	46:17	Dallam	
147	701	Stephen	Fish	MV60	46:23	Clayton	
148	517	Trevor	Metcalfe	MV60	46:45	Wharfedale	
149	548	Andrew	Biddle	MV60	47:05	West Pennine	
150	727	Andrew	Shepherd	Man	47:14	UA	
151	732	Mark	Cropper	MV40	47:38	Helm Hill	
152	631	George	Parrington	MV60	48:13	Lancaster and Morecambe	
153	598	Selwyn	Wright	MV60	48:41	Amble	
154	704	Ian	Peters	MV50	48:58	Hoad Hill Harriers	
155	591	Dave	Hewitt	MV50	50:50	Dallam	
156	659	Tamar	Bobbett	Man	51:37	UA	
157	719	Anthony	Dawson	Man	52:14	Fell Ponies	
158	714	Darren	Carradice	MV40	52:16	Dallam	
159	623	Phil	Kirby	MV60	54:30	Coniston	
160	723	Brian	Carlisle	MV50	55:03	Askrigg Aged	
161	725	Grant	Remmington	Man	56:28	UA	
162	703	Christopher	Carlisle	Man	1:02:23	UA	
DNF	616	Gordon	Thompson	MV50	DNF	Preston	

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	707	Tom	Addison	Man	28:08	Helm Hill	1st Man
2	636	Chris	Arthur	Man	29:11	Bowland	2nd Man
3	632	Ray	Edgar	Man	29:28	Lancaster and Morecambe	3rd Man
4	603	Noah	Hurton	Man	29:56	Eden Runners	
5	540	William	Hirst	Man	30:33	Barts	
6	566	Harvey	Lord	Man	30:47	Black Combe	
7	675	Connor	McGurk	Man	30:55	Kendal	
8	589	Alan	Ashcroft	Man	31:07	Howgill Harrier	
9	613	Charlie	Lowther	Man	31:22	Eden Runners	
10	702	Bruce	Duncan	Man	31:31	Helm Hill	
11	575	Alistair	Hanna	Man	31:43	Howgill Harrier	
12	562	Will	Sisson	Man	31:43	Kendal	
13	656	Michael	Greaves	Man	31:45	Helm Hill	
14	634	Lee	Parrington	Man	32:05	Barlick	
15	587	Patrick	Hanna	Man	32:12	Howgill Harrier	
16	635	Alex	Hinchcliffe	Man	32:17	Helm Hill	
17	580	Matthew	Senior	Man	32:25	Helm Hill	
18	594	Ryan	Everett	Man	32:30	Barrow Strider	
19	596	Mark	Benson	Man	32:36	UA	
20	721	David	Cope	Man	32:37	Howgill Harrier	
21	599	Samuel	Russell	Man	33:16	Amble	
22	693	Fraser	Davies	Man	33:24	UA	
23	669	Paul	MacFarlane	Man	33:25	Helm Hill	
24	687	Ben	Jackson	Man	33:33	UA	
25	637	James	Gray	Man	33:43	UA	
26	600	Tom	Hartley	Man	33:46	Kendal	
27	611	David	Goadby	Man	33:52	Helm Hill	
28	652	Andy	Thompson	Man	34:08	Helm Hill	
29	700	Tim	Roe	Man	34:13	Helm Hill	
30	644	Mike	Gilpin	Man	34:19	Helm Hill	
31	560	Luke	Appleyard	Man	34:49	Wharfedale	
32	710	Darren	Little	Man	34:49	Kendal Tri	
33	711	Jonathan	Boadle	Man	35:00	UA	
34	708	Joss	Addison	Man	35:03	UA	
35	538	Tom	Harkes	Man	35:10	Dallam	
36	564	Steven	Procter	Man	35:26	Settle	
37	509	John	Armistead	Man	35:41	Helm Hill	
38	565	Peter	German	Man	35:47	Helm Hill	
39	689	Andrew	Hebson	Man	36:10	UA	
40	527	Sean	Robinson	Man	36:24	Howgill Harrier	
41	676	Peter	Lawson	Man	36:44	UA	
42	563	Adam	Procter	Man	36:50	Settle	
43	557	James	Todhunter	Man	37:19	UA	
44	595	Mat	Crawford	Man	37:53	Coniston	
45	574	Gary	Jackson	Man	37:59	Eden Runners	
46	627	Richard	Duckett	Man	38:09	UA	
47	608	Carlos	Sanchez	Man	38:27	UA	
48	695	Paul	Davison	Man	39:05	Howgill Harrier	
49	729	Mark	Ferguson	Man	39:35	Wolves & Bibston	
50	665	Richard	Knight	Man	39:41	Kendal	
51	640	Michael	Duncan	Man	40:02	UA	
52	709	Matt	Davis	Man	40:12	Howgill Harrier	
53	720	Sean	Gibson	Man	40:30	UA	
54	667	Ben	Waller	Man	41:42	Helm Hill	
55	722	Will	Buckton	Man	42:30	Settle	
56	717	Jack	Taylor	Man	44:25	UA	
57	615	Tarren	Wolstencroft	Man	44:38	UA	
58	658	Samuel	Panter	Man	44:41	Coniston	
59	727	Andrew	Shepherd	Man	47:14	UA	
60	659	Tamar	Bobbett	Man	51:37	UA	

61	719	Anthony	Dawson	Man	52:14	Fell Ponies	
62	725	Grant	Remmington	Man	56:28	UA	
63	703	Christopher	Carlisle	Man	1:02:23	UA	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	516	Jon	Rylance	MV40	31:17	Ambleside	1st MV40
2	604	Derek	Hurton	MV40	32:06	Eden Runners	
3	653	Oliver	Blomfield	MV40	32:33	Eden Runners	
4	542	Ian	Willis	MV40	32:34	Keighley and Craven	
5	571	Andrew	Slattery	MV40	32:41	Keswick	
6	504	Craig	Burrows	MV40	33:19	Helm Hill	
7	682	Paul	Singleton	MV40	33:22	Amble	
8	530	James	Graham	MV40	33:30	UA	
9	698	Johnny	Marchant	MV40	33:31	Helm Hill	
10	545	Jacob	Dyer	MV40	33:42	Helm Hill	
11	655	James	Edwards	MV40	34:06	Lonsdale	
12	573	Anthony	Bowness	MV40	34:11	Kendal	
13	528	Mark	Harris	MV40	34:16	Helm Hill	
14	671	Bruce	Elsworth	MV40	35:01	Wharfedale	
15	694	Ian	Harrington	MV40	35:19	Helm Hill	
16	639	James	Baron	MV40	35:21	Helm Hill	
17	588	Robert	Crawford	MV40	35:43	Coniston	
18	514	Pete	Marston	MV40	35:49	Helm Hill	
19	685	Jo	Scott	MV40	35:53	UA	
20	643	Stuart	Allan	MV40	35:55	Helm Hill	
21	512	Mark	Mason	MV40	36:33	Kendal	
22	561	George	Arbuckle	MV40	36:46	Amphill	
23	582	Paul	Senior	MV40	37:29	Helm Hill	
24	546	Richard	Wells	MV40	37:41	UA	
25	524	Stephen	Roberts	MV40	38:19	Kendal	
26	551	Paul	Jackson	MV40	38:38	Helm Hill	
27	519	Owen	Mills	MV40	38:47	Keighley and Craven	
28	554	Duncan	Copley	MV40	40:32	Dallam	
29	677	Gary	Lane	MV40	40:51	Coniston	
30	572	Andy	Bennett	MV40	40:58	Helm Hill	
31	713	Mike	Woodbridge	MV40	40:59	Dallam	
32	705	Jonathan	Tombs	MV40	41:06	Eden Runners	
33	678	Graham	Lobb	MV40	41:10	Coniston	
34	628	Mark	Charnley	MV40	41:48	Settle	
35	642	Daniel	Rayson	MV40	44:43	UA	
36	728	Niall	Johnson	MV40	44:49	UA	
37	549	Tim	Thom	MV40	45:13	Keighley and Craven	
38	536	Jan	Wulf	MV40	46:14	Settle	
39	732	Mark	Cropper	MV40	47:38	Helm Hill	
40	714	Darren	Carradice	MV40	52:16	Dallam	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	629	Paul	Dugdale	MV50	32:10	Helm Hill	1st MV50
2	731	Rick	Stuart	MV50	32:49	Helm Hill	
3	641	Jim	Andrews	MV50	33:00	Coniston	
4	541	Scott	Umpleby	MV50	34:17	Kendal	
5	681	Mike	Berners-Lee	MV50	35:00	UA	
6	626	Russell	Owen	MV50	35:12	Eryri	
7	612	John	Rainford	MV50	35:18	Preston	
8	569	David	Houlsworth	MV50	36:03	UA	
9	606	Paul	Lambert	MV50	36:42	Wharfedale	
10	553	Gary	Thorpe	MV50	36:54	Ambleside	
11	646	Dave	Wilkinson	MV50	36:55	Kendal	
12	507	Shaun	Addison	MV50	36:59	Helm Hill	
13	625	Chris	Hodgson	MV50	37:08	Fell and Dale	
14	607	David	Griffin	MV50	37:20	Dallam	
15	597	Richard	Lecky-Thompson	MV50	37:26	Ambleside	
16	683	John	Robson	MV50	38:02	Helm Hill	
17	583	Michael	Toman	MV50	38:20	Rosendale	
18	680	Simon	Milligan	MV50	38:23	Helm Hill	
19	592	William	Coupe	MV50	38:24	Helm Hill	
20	522	Chris	Schofield	MV50	38:26	Helm Hill	
21	567	Roger	Aubrey	MV50	38:37	Helm Hill	
22	672	Stephen	Moor	MV50	39:12	Settle	
23	539	Peter	Singleton	MV50	39:19	Blackpool	
24	679	Patrick	Willink	MV50	39:33	Helm Hill	
25	674	Stuart	McGurk	MV50	39:50	Kendal	
26	505	Tim	Murray	MV50	39:58	Helm Hill	
27	620	Nick	Ganniccliffe	MV50	40:00	Dallam	
28	605	Jonathan	Gibson	MV50	40:57	Wharfedale	
29	690	Allan	Miller	MV50	41:24	Kendal	
30	610	Stephen	Taylor	MV50	41:33	Preston	
31	626	Russell	Owen	MV50	42:09	Eryri	
32	576	Andy	Dickson	MV50	42:50	Coniston	
33	511	Dave	Appleyard	MV50	43:40	Helm Hill	
34	556	Russell	Cannon	MV50	44:07	Helm Hill	
35	716	David	Mainwaring	MV50	44:46	UA	
36	662	Graham	Watson	MV50	44:51	CFR	
37	633	Richard	Alderson	MV50	45:28	ABFR	
38	704	Ian	Peters	MV50	48:58	Hoad Hill Harriers	
39	591	Dave	Hewitt	MV50	50:50	Dallam	
40	723	Brian	Carlisle	MV50	55:03	Askrigg Aged	
DNF	616	Gordon	Thompson	MV50	DNF	Preston	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	584	Jackie	Winn	MV60	36:22	Ellenborough	1st MV60
2	654	Wilfred	Bell	MV60	37:57	UA	
3	691	Brian	Thompson	MV60	41:46	Helm Hill	
4	624	Cliff	Etherden	MV60	41:58	LOC	
5	547	Mike	Troup	MV60	42:16	Ambleside	
6	614	Michael	McLoughlin	MV60	42:46	Preston	
7	648	John	Taylor	MV60	43:12	Bowland	
8	647	John	Armstrong	MV60	43:47	Rochdale	
9	699	Mike	Hind	MV60	44:24	Borrowdale	
10	602	Gregory	Tagney	MV60	44:58	Dallam	
11	664	Chris	Beesley	MV60	45:35	Settle	
12	601	John	Hodgson	MV60	46:17	Dallam	
13	701	Stephen	Fish	MV60	46:23	Clayton	
14	517	Trevor	Metcalfe	MV60	46:45	Wharfedale	
15	548	Andrew	Biddle	MV60	47:05	West Pennine	
16	631	George	Parrington	MV60	48:13	Lancaster and Morecambe	
17	598	Selwyn	Wright	MV60	48:41	Amble	
18	623	Phil	Kirby	MV60	54:30	Coniston	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	578	Yiannis	Tridimas	MV70	45:22	Bowland	1st MV70

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	586	Heidi	Dent	Lady	31:52	Howgill Harrier	1st Lady
2	617	Sharon	Taylor	Lady	33:40	Helm Hill	2nd Lady
3	621	Hannah	Russell	Lady	34:43	Helm Hill	3rd Lady
4	579	Andrea	Tridimas	Lady	35:14	UA	
5	661	Rosie	Watson	Lady	37:04	Doss AC	
6	552	Nina	Walkingshaw	Lady	37:12	Howgill Harrier	
7	666	Catherine	Niblock	Lady	37:25	Helm Hill	
8	503	Ali	Richards	LV40	37:36	Helm Hill	1st LV40
9	518	Carol	Evans	LV50	38:05	Settle	1st LV50
10	660	Emily	Simpson	Lady	39:15	UA	
11	537	Debbie	Copley	LV50	39:17	Dallam	
12	645	Carrie	Gibson	LV40	39:21	Helm Hill	
13	696	Caroline	Holmes	Lady	39:55	Helm Hill	
14	724	Steph	Jones	Lady	39:57	Ambleside	
15	506	Caroline	Holden	LV40	40:21	Helm Hill	
16	619	Grace	Leedham	LV40	40:34	Dallam	
17	508	Jo	Wilcox	LV40	40:39	Helm Hill	
18	558	Chloe	Routledge	Lady	41:20	Ambleside	
19	630	Evelyn	Dugdale	LV50	41:32	Helm Hill	
20	544	Bianca	Dyer	LV40	41:33	Kendal Tri	
21	609	Sharron	Lewis	LV40	41:59	UA	
22	550	Hannah	Thom	Lady	42:10	Keighley and Craven	
23	577	Debs	Greaves	LV40	42:15	Howgill Harrier	
24	650	Wendy	Matier	LV40	42:28	Eden Runners	
25	555	Ann-Marie	Swallow	LV40	42:46	UA	
26	525	Angela	Davies	Lady	42:47	Keswick	
27	502	Amanda	Burrows	LV40	42:54	Helm Hill	
28	520	Eleanor	Knowles	LV40	43:02	Ambleside	
29	668	Wendy	Dodds	LV60	43:09	Clayton	1st LV60
30	585	Mo	Kelly	Lady	43:20	Howgill Harrier	
31	532	Jayne	Rigby	LV40	43:21	Helm Hill	
32	510	Lynn	Whittaker	LV50	43:22	Wharfedale	
33	684	Marie	Robson	LV40	43:28	Helm Hill	
34	670	Sarah	Thompson	Lady	43:30	Dallam	
35	733	Annie	Carrington	LV50	43:33	Settle	
36	533	Sarah	Folks	LV40	43:43	UA	
37	697	Caroline	Wade	Lady	44:02	Helm Hill	
38	622	Nikki	Roberts	Lady	44:31	UA	
39	730	Jill	Eccleston	LV40	44:55	Settle	
40	673	Victoria	Upton	Lady	45:01	Helm Hill	
41	515	Niki	Rylance	LV40	45:44	Ambleside	
42	692	Emma	Gill	LV40	45:47	Helm Hill	
43	663	Debbie	Watson	LV50	46:33	West Cumberland	
44	657	Vicky	Kirkwood	LV40	46:54	Dallam	
45	531	Lorna	Askew	LV40	46:59	Helm Hill	
46	559	Carolyn	Meschino	Lady	47:13	Ambleside	
47	526	Zoe	Ringer	Lady	47:19	Howgill Harrier	
48	593	Alice	Steele	Lady	47:24	Dallam	
49	649	Jo	Taylor	LV50	47:32	Bowland	
50	688	Karen	Gates	LV50	47:40	Dallam	
51	581	Sarah	Senior	LV40	48:20	Helm Hill	
52	529	Su	Thompson	LV40	48:47	Wharfedale	
53	535	Joanne	Wulf	LV40	48:51	Settle	
54	651	Tracey	Apperley	LV40	49:06	Settle	
55	618	Penny	Attwood	LV50	49:12	Dallam	
56	568	Rebecca	Hodgson	Lady	50:55	UA	
57	638	Elizabeth	Adams	LV40	51:02	Helm Hill	
58	521	Paula	Bowen	LV40	51:13	Ambleside	
59	712	Elizabeth	Hindle	LV60	51:24	Dallam	
60	718	Lindsay	Harrod	LV40	51:48	Helm Hill	

61	706	Isabel	Berry	Lady	52:34	UA	
62	501	Anna	Stevens	LV40	53:17	Helm Hill	
63	715	Sarah	Spalding	Lady	53:35	UA	
64	523	Peta	Rowand	LV40	53:47	Ambleside	
65	543	Caroline	Nussey	Lady	53:51	Dallam	
66	513	Julie	Laverock	LV40	54:42	Salford Harriers	
67	590	Lorna	Hewitt	LV40	55:01	Dallam	
68	534	Jo	Matthew	LV40	58:45	UA	
69	686	Rebecca	Maidment	Lady	1:02:23	UA	
DNF	570	Rachel	Slattery	LV40	DNF	Helm Hill	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	586	Heidi	Dent	Lady	31:52	Howgill Harrier	1st Lady
2	617	Sharon	Taylor	Lady	33:40	Helm Hill	2nd Lady
3	621	Hannah	Russell	Lady	34:43	Helm Hill	3rd Lady
4	579	Andrea	Tridimas	Lady	35:14	UA	
5	661	Rosie	Watson	Lady	37:04	Doss AC	
6	552	Nina	Walkingshaw	Lady	37:12	Howgill Harrier	
7	666	Catherine	Niblock	Lady	37:25	Helm Hill	
8	660	Emily	Simpson	Lady	39:15	UA	
9	696	Caroline	Holmes	Lady	39:55	Helm Hill	
10	724	Steph	Jones	Lady	39:57	Ambleside	
11	558	Chloe	Routledge	Lady	41:20	Ambleside	
12	550	Hannah	Thom	Lady	42:10	Keighley and Craven	
13	525	Angela	Davies	Lady	42:47	Keswick	
14	585	Mo	Kelly	Lady	43:20	Howgill Harrier	
15	670	Sarah	Thompson	Lady	43:30	Dallam	
16	697	Caroline	Wade	Lady	44:02	Helm Hill	
17	622	Nikki	Roberts	Lady	44:31	UA	
18	673	Victoria	Upton	Lady	45:01	Helm Hill	
19	559	Carolyn	Meschino	Lady	47:13	Ambleside	
20	526	Zoe	Ringer	Lady	47:19	Howgill Harrier	
21	593	Alice	Steele	Lady	47:24	Dallam	
22	568	Rebecca	Hodgson	Lady	50:55	UA	
23	706	Isabel	Berry	Lady	52:34	UA	
24	715	Sarah	Spalding	Lady	53:35	UA	
25	543	Caroline	Nussey	Lady	53:51	Dallam	
26	686	Rebecca	Maidment	Lady	1:02:23	UA	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	503	Ali	Richards	LV40	37:36	Helm Hill	1st LV40
2	645	Carrie	Gibson	LV40	39:21	Helm Hill	
3	506	Caroline	Holden	LV40	40:21	Helm Hill	
4	619	Grace	Leedham	LV40	40:34	Dallam	
5	508	Jo	Wilcox	LV40	40:39	Helm Hill	
6	544	Bianca	Dyer	LV40	41:33	Kendal Tri	
7	609	Sharron	Lewis	LV40	41:59	UA	
8	577	Debs	Greaves	LV40	42:15	Howgill Harrier	
9	650	Wendy	Matier	LV40	42:28	Eden Runners	
10	555	Ann-Marie	Swallow	LV40	42:46	UA	
11	502	Amanda	Burrows	LV40	42:54	Helm Hill	
12	520	Eleanor	Knowles	LV40	43:02	Ambleside	
13	532	Jayne	Rigby	LV40	43:21	Helm Hill	
14	684	Marie	Robson	LV40	43:28	Helm Hill	
15	533	Sarah	Folks	LV40	43:43	UA	
16	730	Jill	Eccleston	LV40	44:55	Settle	
17	515	Niki	Rylance	LV40	45:44	Ambleside	
18	692	Emma	Gill	LV40	45:47	Helm Hill	
19	657	Vicky	Kirkwood	LV40	46:54	Dallam	
20	531	Lorna	Askew	LV40	46:59	Helm Hill	
21	581	Sarah	Senior	LV40	48:20	Helm Hill	
22	529	Su	Thompson	LV40	48:47	Wharfedale	
23	535	Joanne	Wulf	LV40	48:51	Settle	
24	651	Tracey	Apperley	LV40	49:06	Settle	
25	638	Elizabeth	Adams	LV40	51:02	Helm Hill	
26	521	Paula	Bowen	LV40	51:13	Ambleside	
27	718	Lindsay	Harrod	LV40	51:48	Helm Hill	
28	501	Anna	Stevens	LV40	53:17	Helm Hill	
29	523	Peta	Rowand	LV40	53:47	Ambleside	
30	513	Julie	Laverock	LV40	54:42	Salford Harriers	
31	590	Lorna	Hewitt	LV40	55:01	Dallam	
32	534	Jo	Matthew	LV40	58:45	UA	
DNF	570	Rachel	Slattery	LV40	DNF	Helm Hill	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	518	Carol	Evans	LV50	38:05	Settle	1st LV50
2	537	Debbie	Copley	LV50	39:17	Dallam	
3	630	Evelyn	Dugdale	LV50	41:32	Helm Hill	
4	510	Lynn	Whittaker	LV50	43:22	Wharfedale	
5	733	Annie	Carrington	LV50	43:33	Settle	
6	663	Debbie	Watson	LV50	46:33	West Cumberland	
7	649	Jo	Taylor	LV50	47:32	Bowland	
8	688	Karen	Gates	LV50	47:40	Dallam	
9	618	Penny	Attwood	LV50	49:12	Dallam	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	668	Wendy	Dodds	LV60	43:09	Clayton	1st LV60
2	712	Elizabeth	Hindle	LV60	51:24	Dallam	

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	154	Elliott	Matier	Boy	17:03	Eden Runners	1st Boy
2	43	Luke	Bowen	Boy	17:07	Ambleside	2nd Boy
3	44	Oliver	Gajdowski	Boy	17:16	Ambleside	3rd Boy
4	13	Joe	Edmondson	Boy	17:18	Ambleside	
5	69	Thomas	Nelson	Boy	17:31	Wharfedale	
6	134	Reuben	Fox Copley	Boy	18:01	Dallam	
7	14	Tom	Marchant	Boy	18:26	Pendle	
8	153	Jack	Byrne	Boy	18:42	Helm Hill	
9	84	Martin	Askew	Boy	18:43	Helm Hill	
10	139	Jacob	Aubrey	Boy	18:57	Helm Hill	
11	140	George	Attwood	Boy	19:00	Dallam	
12	55	Will	Howard	Boy	19:16	Lancaster and Morecambe	
13	9	Jake	Wren	Boy	19:50	Helm Hill	
14	150	Michael	Dugdale	Boy	20:01	Helm Hill	
15	53	Jake	Shuttleworth	Boy	20:16	Ambleside	
16	128	Jamie	Macleod	Boy	20:32	Dallam	
17	143	Lewis	Bowness	Boy	21:01	Helm Hill	
18	147	Jake	Cooper	Boy	21:21	Barrow Strider	
19	126	Sam	Thom	Boy	23:00	Keighley and Craven	
20	113	Joey	Umpleby	Boy	23:31	Kendal	
21	152	Benjamin	Winterburn	Boy	25:03	Lancaster and Morecambe	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	28	Scarlet	Dale	Girl	17:38	Lancaster and Morecambe	1st Girl
2	149	Connie	Hurton	Girl	20:08	Eden Runners	2nd Girl
3	2	Imogen	Burrow	Girl	20:36	Helm Hill	3rd Girl
4	145	Mia	Senior	Girl	23:57	Helm Hill	
5	151	Katie	Thurlow	Girl	24:23	Helm Hill	
6	142	Amy	Slattery	Girl	24:28	Helm Hill	
7	148	Georgia	Cooper	Girl	24:38	Barrow Strider	
8	131	Honor	Jeffrey	Girl	25:59	Settle	
9	155	Katie	Russell	Girl	28:28	Helm Hill	
10	141	Grace	Attwood	Girl	31:20	Dallam	
11	117	Alana	Willis	Girl	31:27	Keighley and Craven	

UNDER 14 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	12	Ben	Edmondson	Boy	08:40	Ambleside	1st Boy
2	82	Fraser	Sproul	Boy	09:04	Kendal	2nd Boy
3	79	Charlie	Harding	Boy	09:17	Eden Runners	3rd Boy
4	61	Jacob	Smith	Boy	09:27	Kendal	
5	21	Sebastian	Segger-Stavely	Boy	09:35	Settle	
6	88	Daniel	Sanderson	Boy	09:48	Ambleside	
7	47	Josh	Roelants	Boy	09:52	Helm Hill	
8	121	Barnaby	Walkingshaw	Boy	09:56	Eden Runners	
9	31	Bob	Evans	Boy	10:11	Settle	
10	133	Alfie	Thorpe	Boy	10:21	Broughton	
11	112	Toby	Umpleby	Boy	10:28	Kendal	
12	50	Matt	Holdroyd	Boy	10:40	Settle	
13	97	Toby	Winnard	Boy	10:46	Settle	
14	146	Harvey	Cooper	Boy	10:47	Barrow Strider	
15	49	Brodie	Weymouth	Boy	10:48	Aragons Junior Tri	
16	25	Matthew	Thornley	Boy	10:54	Ambleside	
17	70	Daniel	Harris	Boy	11:04	Helm Hill	
18	87	Harry	Sanderson	Boy	11:07	Ambleside	
19	10	Elliot	Wren	Boy	11:12	Helm Hill	
20	108	Tom	Duke	Boy	11:14	Settle	
21	18	Vaughan	Samson	Boy	11:45	Helm Hill	
22	103	Harvey	Coates	Boy	12:19	Helm Hill	
23	52	Jack	Hill	Boy	12:37	Aragons Junior Tri	

UNDER 14 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	23	Chloe	Rylance	Girl	09:55	Ambleside	1st Girl
2	136	Abbie	Allan	Girl	10:22	Kendal	2nd Girl
3	33	Maia	Doherty	Girl	10:42	Helm Hill	3rd Girl
4	96	Annabelle	Taylor	Girl	10:42	Helm Hill	
5	65	Lottie	Beardwood	Girl	11:13	Helm Hill	
6	144	Lydia	Shenton	Girl	11:21	UA	
7	76	Erin	Bagge	Girl	11:23	Helm Hill	
8	130	Charlotte	Barrett	Girl	11:28	Wharfedale	
9	67	Lily	Maiden	Girl	11:38	Helm Hill	
10	22	Courtney	Hutchinson	Girl	12:08	Ambleside	
11	17	Bethan	Rowley	Girl	12:24	Ambleside	
12	1	Emelia	Stevens	Girl	12:48	Helm Hill	
13	118	Lottie	Hunter	Girl	13:03	Helm Hill	
14	137	Giselle	Meschino	Girl	13:19	Ambleside	
15	125	Beckie	Dyer	Girl	13:33	Helm Hill	
16	57	Emily	Crossley	Girl	17:13	Settle	
DNF	8	Jodie	Ritchie	Girl	DNF	Hoad Hill Harriers	

UNDER 12 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	45	James	Bowen	Boy	06:31	Ambleside	1st Boy
2	41	Sam	Smith	Boy	06:34	Wharfedale	2nd Boy
3	46	Harry	Bowen	Boy	06:42	Ambleside	3rd Boy
4	15	Ollie	Sanders	Boy	06:53	Helm Hill	
5	6	Henry	Hunter	Boy	06:57	Helm Hill	
6	99	Alex	Tallon	Boy	07:00	UA	
7	27	James	Thornley	Boy	07:10	Ambleside	
8	102	Sonny	Ashton-Fitch	Boy	07:12	Settle	
9	36	Joseph	Clayton	Boy	07:17	Helm Hill	
10	5	James	Duffy	Boy	07:18	CVFR	
11	109	Evan	Allan	Boy	07:23	Helm Hill	
12	116	Addison	Willis	Boy	07:25	Keighley and Craven	
13	66	Warren	Flemming	Boy	07:26	Hoad Hill Harriers	
14	72	Scott	Fisher	Boy	07:27	Hoad Hill Harriers	
15	34	Evan	Mills	Boy	07:32	Keighley and Craven	
16	58	Ben	Smith	Boy	07:34	Kendal	
17	60	Oliver	Smith	Boy	07:37	Kendal	
18	56	Charlie	Barry	Boy	07:39	Settle	
19	20	Douglas	Segger-Stavely	Boy	07:50	Settle	
20	85	Joseph	Rigby	Boy	08:00	Helm Hill	
21	93	Alex	Matthew	Boy	08:02	Lancaster and Morecambe	
22	83	Alistair	Barr	Boy	08:09	Howgill Harrier	
23	32	Zach	Doherty	Boy	08:10	Dallam	
24	7	Nathan	Richie	Boy	08:14	Hoad Hill Harriers	
25	81	Alex	Graham	Boy	08:25	Ambleside	
26	42	Gordon	Blackburn	Boy	08:28	Ambleside	
27	16	Alex	Jackson	Boy	08:33	Ambleside	
28	135	Johnny	Swallow	Boy	08:34	UA	
29	26	Sam	Thornley	Boy	08:35	Ambleside	
30	73	Isaac	Robinson	Boy	08:35	Howgill Harrier	
31	37	Charlie	Clayton	Boy	08:45	Helm Hill	
32	78	Oliver	Sampson	Boy	08:48	Settle	
33	71	Jamie	Harris	Boy	08:49	Hoad Hill Harriers	
34	127	Sam	Jackson	Boy	08:50	Helm Hill	
35	100	Alfie	Wilkin	Boy	08:52	UA	
36	62	Archie	Clark	Boy	08:55	Settle	
37	90	Ewan	Magri	Boy	08:55	UA	
38	39	Rory	Knowles	Boy	08:56	Ambleside	
39	75	Leo	Ranner	Boy	08:57	Helm Hill	
40	63	Marvin	Gibbs	Boy	09:01	Helm Hill	
41	48	Oliver	Oldham	Boy	09:06	Hoad Hill Harriers	
42	54	Oliver	Willoghby	Boy	09:11	Helm Hill	
43	132	Rowan	Ashworth	Boy	09:19	Ambleside	
44	106	Oscar	Wulf	Boy	09:24	Settle	
45	68	Jonah	Maiden	Boy	09:25	Hoad Hill Harriers	
46	124	Reuben	Dyer	Boy	09:27	UA	
47	120	Toby	Harper	Boy	09:36	UA	
48	80	Archie	Harding	Boy	09:47	Eden Runners	
49	86	Benji	Grundy	Boy	09:57	Keighley and Craven	
50	74	Theo	Robinson	Boy	10:00	Howgill Harrier	
51	38	Matthew	Wright	Boy	10:05	Helm Hill	
52	77	Dylan	Sampson	Boy	10:06	Settle	
53	129	Hayden	Nussey	Boy	12:26	UA	
DNF	138	Matthew	Pendlebury	Boy	DNF	Howgill Harrier	

UNDER 12 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	4	Emily	Swarbrick	Girl	07:19	Broughton	1st Girl
2	35	Olesia	Winder	Girl	07:30	Hoad Hill Harriers	2nd Girl
3	24	Sophie	Rylance	Girl	07:33	Ambleside	3rd Girl
4	59	Sarah	Smith	Girl	08:06	Kendal	
5	19	Clara	Samson	Girl	08:11	Helm Hill	
6	64	Ella	Beardwood	Girl	08:12	Helm Hill	
7	29	Bethan	Saunders	Girl	08:17	Hoad Hill Harriers	
8	11	Jessica	Edmondson	Girl	08:18	Ambleside	
9	104	Ella	Park	Girl	08:20	Helm Hill	
10	89	Melissa	McIntosh	Girl	08:24	Border Harriers	
11	119	Grace	Wells	Girl	08:39	Howgill Harrier	
12	3	Olivia	Swarbrick	Girl	08:43	Broughton	
13	98	Elisie	Tallon	Girl	08:54	UA	
14	122	Beau	Walkingshaw	Girl	08:56	Eden Runners	
15	123	Esme	Walkingshaw	Girl	09:08	Eden Runners	
16	110	Tara	Allan	Girl	09:08	Helm Hill	
17	114	Maesie	Evans	Girl	09:26	Ambleside	
18	51	Alexa	Weymouth	Girl	09:31	Aragons Junior Tri	
19	111	Josie	Nittsche	Girl	09:33	Settle	
20	107	Freya	Richards	Girl	09:35	Helm Hill	
21	30	Lauren	Evans	Girl	09:41	Settle	
22	91	Charlotte	Peart	Girl	09:50	Settle	
23	95	Connie	Maye	Girl	09:51	UA	
24	115	Joss	Evans	Girl	09:51	Ambleside	
25	40	Mollie	Smith	Girl	10:09	Wharfedale	
26	92	Cate	Matthew	Girl	10:14	Lancaster and Morecambe	
27	105	Laura	Bethal	Girl	10:41	UA	
28	94	Peony	Chen	Girl	11:45	Ambleside	
29	101	Isabelle	Helm	Girl	12:46	UA	