

Darrens Dash  
 Longtown: 6m  
 Saturday 18-Jun-16 at 14:00  
 Organised by: Wye Valley Runners  
 Race Results

Pos	Bib	Name	Cat	Gender	Club	Time	Gender Pos	Cat Pos
1	68	Dan SANDFORD	MV40	M	Forest Of Dean Ac	46:09	1	1
2	433	Phil THOMAS	MV40	M	Wye Valley Runners	47:30	2	2
3	83	David KLOTZ		M	Wye Valley Runners	49:09	3	
4	40	Dave JOHNSON	MV50	M	Unattached	49:12	4	1
5	415	Karie ATKINS	MV40	M	Chepstow Harriers	49:13	5	3
6	416	Steven FLOWERS		M	Wye Valley Runners	49:20	6	
7	64	Chris JONES		M	Local	50:02	7	
8	445	Anne NIXON	FV50	F	Forest Of Dean Ac	50:06	1	1
9	92	Liam GRICE		M	Wye Valley Runners	50:31	8	
10	57	Niki MORGAN	FV40	F	Chepstow Harriers	51:03	2	1
11	52	David MULLIN	MV40	M	Mercia Fell Runners	51:28	9	4
12	450	Rob BEVES	MV50	M	Chepstow Harriers	51:39	10	2
13	451	Matthew LAWSON	MV40	M	Chepstow Harriers	51:57	11	5
14	94	Ian WHISTANCE	MV40	M	Wye Valley Runners	52:07	12	6
15	43	Peter FLYNN	MV40	M	Wye Valley Runners	52:33	13	7
16	1	Nicola EMERSON	FV40	F	Wye Valley Runners	53:30	3	2
17	96	Rob HOOK	MV50	M	Chepstow Harriers	54:01	14	3
18	447	Lea WOOD		M	Wye Valley Runners	54:07	15	
19	441	James BOYLE	MV50	M	Chepstow Harriers	54:08	16	4
20	419	Andy CHAMBERLAIN		M	Wye Valley Runners	54:13	17	
21	49	Julian HOWE	MV40	M	Spirit Of Monmouth Rc	54:20	18	8
22	6	Ish AHMED	MV40	M	Birstall Rc	54:30	19	9
23	420	Tony KEECH	MV60+	M	Human Energy	54:37	20	1
24	446	Andy HORLICK	MV40	M	Forest Of Dean Ac	54:40	21	10
25	438	Andy STOTT	MV50	M	Chepstow Harriers	55:10	22	5
26	434	Ben WATKINS		M	Mynydd Du	55:15	23	
27	426	Andy CREBER	MV50	M	Chepstow Harriers	55:18	24	6
28	100	Stephen OWEN	MV60+	M	Chepstow Harriers	55:20	25	2
29	89	Paul DAVIES	MV40	M	Wye Valley Runners	55:33	26	11
30	24	Chris MOORE	MV60+	M	Forest Of Dean Ac	55:46	27	3
31	41	Patrick RENNISON	MV50	M	Forest Of Dean Ac	56:31	28	7
32	424	Dave BARBER	MV40	M	Unattached	56:39	29	12
33	425	Michael MARKS	MV40	M	Forest Of Dean Ac	56:43	30	13
34	69	Mick LIGEMA	MV60+	M	Croft Ambrey Rc	56:44	31	4
35	59	Vikki SIVERTSEN	FV50	F	Unattached	56:48	4	2
36	88	Paul KEMP		M	Unattached	57:03	32	
37	421	Gintare GAIGALIENE		F	Wye Valley Runners	57:08	5	
38	449	Rob GRICE	MV50	M	Wye Valley Runners	57:47	33	8
39	47	Sherryl HALL	FV40	F	Forest Of Dean Ac	57:50	6	3
40	80	Michael SMALLWOOD	MV50	M	Wye Valley Runners	58:14	34	9
41	414	Peter JOHNSON	MV60+	M	Mercia Fell Runners	58:21	35	5
42	452	Stuart DUNCAN	MV50	M	Chepstow Harriers	58:58	36	10
43	23	Helen LIPSCOMB		F	Forest Of Dean Ac	59:03	7	

44	46	Tim SHEEN		M	Local		59:14	37	
45	99	Tracy MILES	<b>FV50</b>	F	Hereford Couriers		59:33	8	3
46	440	Lisa JEFFREY	<b>FV40</b>	F	Chepstow Harriers		01:00:00	9	4
47	54	Gary CROCKER	<b>MV40</b>	M	Local		01:00:01	38	14
48	437	Naomi PROSSER		F	Warwick University		01:00:10	10	
49	455	Paul TUCKER	<b>MV50</b>	M	Unattached		01:00:14	39	11
50	90	Emma WYATT		F	Wye Valley Runners		01:00:22	11	
51	72	Keith YOUNG	<b>MV60+</b>	M	Hereford Couriers		01:00:23	40	6
52	5	Brian FRANCIS	<b>MV50</b>	M	Forest Of Dean Ac		01:00:24	41	12
53	28	Marvin SMITH	<b>MV40</b>	M	Birstall Rc		01:00:33	42	15
54	35	Alan ROBERTSON	<b>MV60+</b>	M	Forest Of Dean Ac		01:00:36	43	7
55	75	Karen ELVERS	<b>FV40</b>	F	Chepstow Harriers		01:00:53	12	5
56	93	Martin FLOWERS	<b>MV60+</b>	M	Wye Valley Runners		01:01:09	44	8
57	436	Sally GRANT	<b>FV40</b>	F	Chepstow Harriers		01:01:11	13	6
58	454	David MILLICHAP	<b>MV40</b>	M	Croft Ambrey Rc		01:01:18	45	16
59	74	Tim BUCKLEY	<b>MV40</b>	M	Chepstow Harriers		01:01:19	46	17
60	79	Gareth JONES	<b>MV60+</b>	M	Chepstow Harriers		01:02:14	47	9
61	63	Archie GEMMELL	<b>MV50</b>	M	Local		01:02:38	48	13
62	39	Robert SHARRATT	<b>MV50</b>	M	Ilkeston Running Club		01:02:44	49	14
63	91	Daniel WYATT		M	Wye Valley Runners		01:02:54	50	
64	30	Dave SNUTCH	<b>MV50</b>	M	Birstall Rc		01:03:13	51	15
65	435	Hywel JAMES		M	Unattached		01:03:23	52	
66	44	Julie CASELEY	<b>FV50</b>	F	Malvern Joggers		01:03:36	14	4
67	70	Dave BROWN	<b>MV60+</b>	M	Unattached		01:03:45	53	10
68	443	Stephen JAKEMAN	<b>MV50</b>	M	Unattached		01:04:37	54	16
69	417	Joc DODD	<b>FV60+</b>	F	Chepstow Harriers		01:04:42	15	1
70	67	David JENKINS	<b>MV40</b>	M	Forest Of Dean Ac		01:04:50	55	18
71	430	Tony POWNALL	<b>MV50</b>	M	Forest Of Dean Ac		01:05:06	56	17
72	95	Jo EDWARDS	<b>FV40</b>	F	Forest Of Dean Ac		01:05:20	16	7
73	45	Christopher HUDSON	<b>MV40</b>	M	Unattached		01:05:27	57	19
74	97	Chris HAWKINS	<b>MV60+</b>	M	Forest Of Dean Ac		01:05:54	58	11
75	2	Margaret POWLES	<b>FV50</b>	F	Forest Of Dean Ac		01:06:18	17	5
76	25	Dave RICHARDS	<b>MV60+</b>	M	Birstall Rc		01:06:26	59	12
77	418	William DARBY	<b>MV60+</b>	M	Mynydd Du		01:06:47	60	13
78	76	Lucy TAYLOR		F	Hereford Couriers		01:07:05	18	
79	9	Ian BLACK	<b>MV50</b>	M	Birstall Rc		01:07:16	61	18
80	53	Paul WEBB	<b>MV50</b>	M	Malvern Joggers		01:07:25	62	19
81	4	Stefanie FRANCIS	<b>FV50</b>	F	Forest Of Dean Ac		01:07:38	19	6
82	50	Kate BURKE		F	Forest Of Dean Ac		01:07:58	20	
83	20	Geoff LAW	<b>MV50</b>	M	Birstall Rc		01:08:07	63	20
84	62	Bill GRIFFITHS	<b>MV60+</b>	M	Wye Valley Runners		01:08:26	64	14
85	33	Nikki WELYCZKO	<b>FV40</b>	F	Birstall Rc		01:08:49	21	8
86	32	Simon TAYLOR	<b>MV50</b>	M	Birstall Rc		01:09:17	65	21
87	81	Billy SMALLWOOD	<b>FV50</b>	F	Wye Valley Runners		01:09:41	22	7
88	444	Barry EVANS	<b>MV40</b>	M	Chepstow Harriers		01:09:43	66	20
89	432	Mark DILLON	<b>MV50</b>	M	Malvern Joggers		01:10:08	67	22
90	56	Brian SYMONDS	<b>MV60+</b>	M	Wye Valley Runners		01:10:30	68	15
91	55	Jan EDWARDS	<b>FV60+</b>	F	Wye Valley Runners		01:10:31	23	2
92	73	Peter COVINGTON JONES	<b>MV50</b>	M	Forest Of Dean Ac		01:10:33	69	23
93	58	Nick TYLER	<b>MV40</b>	M	Ledbury Harriers		01:10:41	70	21
94	48	Claire CARDEN	<b>FV40</b>	F	Local		01:11:01	24	9

95	439	Tom RIDDINGTON	<b>MV</b> 40	M	Chepstow Harriers	01:11:24	71	22
96	448	Louise CROCKETT	<b>FV</b> 50	F	Chepstow Harriers	01:11:24	25	8
97	422	Robert PROWSE	<b>MV</b> 50	M	Unattached	01:11:52	72	24
98	71	Charlotte GOODWIN		F	Unattached	01:12:27	26	
99	428	Jane BAYLISS	<b>FV</b> 60+	F	Chepstow Harriers	01:12:52	27	3
100	442	Mike EVANS	<b>MV</b> 60+	M	Chepstow Harriers	01:12:55	73	16
101	11	Bob BUDGE	<b>MV</b> 60+	M	Birstall Rc	01:13:35	74	17
102	77	Salli-Anne MILLWARD-BRYANT	<b>FV</b> 40	F	Forest Of Dean Ac	01:13:51	28	10
103	86	Donna SHEEN		F	Forest Of Dean Ac	01:13:55	29	
104	87	Peter HEWITT		M	Forest Of Dean Ac	01:13:56	75	
105	65	Jason TANDY	<b>MV</b> 50	M	Local	01:14:08	76	25
106	431	Roger PEACOCK	<b>MV</b> 50	M	Unattached	01:14:44	77	26
107	423	Harry FRANKLIN	<b>MV</b> 60+	M	Wye Valley Runners	01:15:03	78	18
108	98	Allie GILBERT	<b>FV</b> 50	F	Canix	01:15:08	30	9
109	453	Andy BRAY	<b>MV</b> 60+	M	Chepstow Harriers	01:15:48	79	19
110	36	Sonia HUTCHBY		F	Ilkeston Running Club	01:15:52	31	
111	37	Richard ILIFFE	<b>MV</b> 40	M	Ilkeston Running Club	01:15:53	80	23
112	18	Lorraine JEX	<b>FV</b> 40	F	Birstall Rc	01:16:33	32	11
113	7	Peter BARRETT	<b>MV</b> 60+	M	Birstall Rc	01:16:43	81	20
114	38	Carol SHARRATT	<b>FV</b> 50	F	Ilkeston Running Club	01:17:48	33	10
115	85	Anne JENNER	<b>FV</b> 50	F	Chepstow Harriers	01:18:38	34	11
116	15	Dean GRIMBLEY	<b>MV</b> 50	M	Birstall Rc	01:18:51	82	27
117	61	Mandy PIECH	<b>FV</b> 50	F	Unattached	01:19:17	35	12
118	427	Jo BABIJ	<b>FV</b> 40	F	Forest Of Dean Ac	01:19:19	36	12
119	14	Jane GIBSON	<b>FV</b> 40	F	Birstall Rc	01:20:04	37	13
120	21	Steve MAYO-SMITH	<b>MV</b> 50	M	Birstall Rc	01:20:59	83	28
121	34	Deryk WOODS	<b>MV</b> 60+	M	Birstall Rc	01:21:35	84	21
122	429	Geoffrey BAYLISS	<b>MV</b> 60+	M	Chepstow Harriers	01:23:17	85	22
123	82	Caroline RICKARDS		F	Forest Of Dean Ac	01:23:59	38	
124	31	John STARBUCK	<b>MV</b> 60+	M	Birstall Rc	01:24:51	86	23
125	10	John BRENNEN	<b>MV</b> 50	M	Birstall Rc	01:25:30	87	29
126	12	Jo BULL	<b>FV</b> 50	F	Birstall Rc	01:26:50	39	13
127	19	Liz JONES	<b>FV</b> 50	F	Birstall Rc	01:34:13	40	14
128	27	Alison ROWLANDS	<b>FV</b> 50	F	Birstall Rc	01:34:13	41	15
129	8	Suzanne BETTS SAUNDERS	<b>FV</b> 50	F	Birstall Rc	01:34:14	42	16
130	22	Shoba RAVAL	<b>FV</b> 50	F	Birstall Rc	01:38:14	43	17
131	26	Colin RIMMER	<b>MV</b> 50	M	Birstall Rc	01:47:31	88	30
132	17	Karen HOLT	<b>FV</b> 40	F	Birstall Rc	01:48:24	44	14
133	13	Christine COBLEY	<b>FV</b> 60+	F	Birstall Rc	01:49:51	45	4
134	29	Mel SNUTCH	<b>FV</b> 50	F	Birstall Rc	02:04:52	46	18