

*Race*

<i>Pos.</i>	<i>Name</i>	<i>Team</i>	<i>Category</i>	<i>Time</i>
1	OATES, Todd	Ambleside AC	M	1:08:24
2	IRVING, Mark	Bowland FR	M	1:12:43
3	HARRISON, Samuel	Bowland FR	M	1:13:07
4	JACKSON, Nichola	Preston H.	L	1:13:14
5	FORD, Andy	Horwich RMI H.	M	1:17:21
6	FLATHURST, Norman		MV50	1:17:44
7	DOBSON, Mick	Trawden AC	MV40	1:17:46
8	PARKER, Rob		MV40	1:17:49
9	O'DUFFY, Declan	Bowland FR	MV50	1:17:55
10	HALSALL, Crispin	Bowland FR	MV40	1:18:06
11	TURNER, Ronnie	Rosendale H & AC	MV50	1:21:51
12	FOX, Andrew	Glossopdale H.	MV60	1:22:30
13	BARNES, Chris	Ribble Valley H.	M	1:23:33
14	WALES, Chris	Preston H.	MV40	1:27:26
15	GRIMSHAW, Dale	Trawden AC	M	1:27:54
16	BROWNE, Rowena	Bowland FR	LV50	1:29:54
17	SHAW, Iain	Black Mountains	MV40	1:31:55
18	HEATON, Alan	Bowland FR	MV60	1:34:15
19	GILLARD, Phil	Helsby RC	MV50	1:34:26
20	WILCOCK, Matthew	Trawden AC	MV40	1:35:00
21	COOKSON, Ian	Bowland FR	MV60	1:35:46
22	FERGUSON, Mark		M	1:37:33
23	CHARTERS, Ian	Bowland FR	MV60	1:38:07
24	FLEURIOT, Elaine	Pennine FR	LV50	1:40:26
25	ATKINSON, Harry	Bingley H & AC	MV60	1:42:34
26	WOLFENDALE, Ian	Pennine FR	MV50	1:45:08
27	COTTAM, Sheena	Garstang RC	LV40	1:49:43
28	WALSH, Wayne	Bowland FR	MV50	1:54:33
29	OULTON, Greg	Lytham St Annes RRC	MV40	2:02:43
30	DENVER, Keith	Bowland FR	MV50	2:03:49
31	DOHERTY, Jim	Preston H.	MV50	2:03:57
32	KENYON, Lynne		LV50	2:05:10
	33 Runners, 1 DNF			

**Men's Team**

1	Bowland FR	13
2	Trawden AC	38