

## Captain Cooks Races - 1st January 2016

Pos.	No.	Name	Club	Time	Category
1	263	Harry Holmes	York Knavesmire	32.39	MO
2	542	Paul Lowe	North York Moors	33.19	M45
3	268	Chris Roberts	York Knavesmire	33.23	MO
4	1036	Lloyd Biddell	Mercia	33.41	MO
5	1056	Sam Garratt	New Marske H.	34.00	MJ
6	1098	Jayson Cavill	Pickering AC.	34.09	MO
7	666	Paul Butler	Loftus & Whitby	34.23	M45
8	1030	Mike Jeffries	Richmond & Zet	34.30	MO
9	1106	Andy Berry	Durham Fell R	34.35	MO
10	318	James Oldfield	Sedgefield H.	34.39	MO
11	278	Paul Wilson	H'pool Burn Rd.	34.50	MO
12	405	Simon Rycroft	Pocklington Run.	34.54	M40
13	1067	Paul Whittaker	York Acorn	35.04	M40
14	1216	Caroline Lambert	Wetherby Run.	35.22	FO
15	1016	Steve Hardy	Loftus & Whitby	35.27	M40
16	613	Dave Parker	St. Therasas.	35.35	M50
17	1136	Roger Gillian	Low Fell RC.	35.38	MO
18	1051	Gareth Pritchard	Elvet Striders	35.41	MO
19	296	Simon Collins	York Knavesmire	36.00	MO
20	272	Paul Darroch	New Marske H.	36.33	MO
21	712	Barry Atkinson	York Knavesmire	36.42	M55
22	1070	Stephen Pugh	Esk Valley Fell	36.43	M45
23	1069	Ian Blakemore	Sedgefield H.	36.47	MO
24	1104	Neil Thirkell	Individual#	36.50	M40
25	1217	Scout Adkin	York Knavesmire	37.00	FO
26	1033	Andrew Marsh	Individual#	37.11	MO
27	279	Andrew Minister	H'pool Burn Rd.	37.17	MO
28	276	Nick Simmons	North York Moors	37.21	MO
29	1031	Stepan Tomaszewski	Thirsk & Sowerby	37.28	M55
30	1239	Catherine Williamson	Loftus & Whitby	37.42	FO
31	420	Brendan Anglim	CLOK	37.54	M40
32	310	Paul Evans	Elvet Striders	37.57	MO
33	300	Ben Senior	Loftus & Whitby	38.00	MO
34	435	Stuart Smith	Pocklington Run.	38.00	M40
35	1022	Ian McGrath	Durham Fell R	38.03	M40
36	1012	Paul Wildmere	North York Moors	38.03	MO
37	415	Giles Hawking	York Knavesmire	38.03	M40
38	543	Andrew Marshall	Loftus & Whitby	38.07	M45
39	408	Russ Grayson	Pickering AC.	38.10	M40
40	1042	Alistair Haddow	Individual#	38.11	M50
41	436	Chris Jeffries	B'ham Marsh H.	38.12	M40
42	330	Jon Parker	North York Moors	38.15	MO
43	1001	Chris Lines	Sedgefield H.	38.20	M40
44	1029	James Fohburn	B'ham Marsh H.	38.24	MO
45	280	Andrew Lilley	H'pool Burn Rd.	38.40	MO
46	1148	Paul McGough	North York Moors	38.42	M40
47	1026	Gary Dack	B'ham Marsh H.	38.45	M50
48	1055	Mike Quinn	Esk Valley Fell	38.52	M40
49	1141	Tim Grimwood	Swaledale Run.	38.56	MO
50	1020	Darren Hendley	York Knavesmire	39.04	M60
51	626	Rob Williamson	Loftus & Whitby	39.10	M50
52	1028	Gareth Foreman	H'pool Burn Rd.	39.13	MO
53	314	Tom Shelton	Wakefield Tri.	39.17	MO
54	1021	Ian Rowbotham	Harrogate H.	39.18	M55
55	1080	Shaun Mills	Clapham Chasers	39.19	MO

56	1198	Sharon Bulman	New Marske H.	39.29	F40
57	1105	Peter Chapman	Ripon Runners	39.36	M55
58	1044	Philip Richardson	York Knavesmire	39.38	MO
59	800	Karl Edwards	H'pool Burn Rd.	39.40	M60
60	1038	Bryan Miller	Thirsk & Sowerby	39.46	MO
61	400	Mark Smith	N'land Fell R	39.49	M40
62	1076	Steve Armstrong	London Heathside	39.50	M40
63	331	Ben Forster	Royal Navy AC	39.51	MO
64	1238	Nik Vogan	York Knavesmire	39.56	FO
65	937	Emma Clapton	Scarborough AC	40.04	FJ
66	428	Jim Bennett	Individual#	40.17	M40
67	1250	Morag Stead	Morpeth H.	40.23	F40
68	264	Rob Allinson	Redcar RC	40.23	MO
69	416	Jonathan Skidmore	North York Moors	40.27	M40
70	615	David Buchanan	Easingwold RC	40.33	M50
71	443	Nick Smith	North York Moors	40.34	M40
72	1086	Ian Nichols	Scarborough AC	40.36	M50
73	1241	Penny Browell	Elvet Striders	40.38	F40
74	1074	Paul Thwaites	Individual#	40.40	M45
75	254	Steven Dickson	Derwentside AC	40.41	MO
76	34	Shellie Gordon	New Marske H.	40.46	FO
77	424	Dave Bannister	York Acorn	40.49	M40
78	1060	Sheldon Cockburn	Godley's RT	40.52	M40
79	1059	Darren Pearce	Individual#	40.52	M50
80	1107	Lewis Meadows	Esk Valley Fell	40.54	MO
81	144	Kath Aspin	New Marske H.	40.55	F45
82	1015	Martyn Cooper	Hartlepool Tri.	40.57	M45
83	253	Mark Davinson	Derwentside AC	40.57	MO
84	1054	Ian Bilton	H'pool Burn Rd.	40.58	MO
85	536	Ian Baxter	Blyth RC.	40.58	M45
86	1057	Alan Smitheman	Loftus & Whitby	41.07	M40
87	1199	Georgia Campbell	S. Shields H.	41.11	FO
88	528	Thomas Reeves	Elvet Striders	41.17	M45
89	1144	Nick Andralojc	Harrogate H.	41.17	M50
90	204	Sally Houghton	Ripon Runners	41.18	F50
91	1010	Robert Burn	Thirsk & Sowerby	41.18	M60
92	401	Dean Stockwell	Esk Valley Fell	41.25	M40
93	1151	Midred Polz	Individual#	41.30	M45
94	1117	Graham Jones	H'pool Burn Rd.	41.32	M45
95	1221	Kimberley England	Pickering AC.	41.43	FO
96	1061	Mike Bennett	Elvet Striders	41.44	M60
97	414	Richard Veitch	Redcar RC	41.48	M40
98	1112	Ian Downham	Kippax H.	41.50	M45
99	1027	Richard Tarrega	York Knavesmire	42.00	MO
100	531	James Lee	NYP Tri.	42.04	M45
101	1000	Philip Peggs	Loftus & Whitby	42.05	MO
102	266	Thomas Jones	Redcar RC	42.12	MO
103	1142	Luke Gibson	S. Shields H.	42.14	MO
104	526	Gavin Drummond	Individual#	42.15	MO
105	1002	Raymond Carmichael	Sedgefield H.	42.16	M40
106	1058	Matthew Harman	Individual#	42.17	MO
107	1043	Richard Meadows	Esk Valley Fell	42.26	MO
108	1040	Paul Havis	Individual#	42.28	M50
109	711	Mike Wilson	Pickering AC.	42.28	M55
110	1150	Barry Young	N.Shields Poly.	42.37	M50
111	1134	John Walpole	Redcar RC	42.40	MO
112	707	Julian Barwick	North York Moors	42.41	M55
113	1116	Alex Turner	Individual#	42.41	M40
114	999	Neil Scruton	Scarborough AC	42.49	M65

115	1206	Kate Woodall	Individual#	42.54	F40
116	1014	Mike McGough	Esk Valley Fell	42.55	M45
117	1152	Colin Knapp	Esk Valley Fell	43.02	M55
118	336	Stewart Hopes	Redcar RC	43.08	MO
119	417	Danny Lim	Elvet Striders	43.11	M40
120	1111	Peter Gale	Individual#	43.19	MO
121	1063	Phil James	Saltwell H	43.22	M55
122	1053	Michael Keavney	Swaledale Run.	43.24	M50
123	1131	Philip Meadows	Esk Valley Fell	43.25	M50
124	1073	James Boddy	Ripon Runners	43.28	MO
125	849	Michael Ludgate	H'pool Burn Rd.	43.34	M65
126	1090	Iain Farrell	Individual#	43.43	MO
127	1108	Mike Hughes	Elvet Striders	43.44	M45
128	1034	Marc Mason	North York Moors	43.46	M55
129	1049	Phil Crame	Loftus & Whitby	43.46	M40
130	1066	Wai Cheung	Smelly Helly	43.48	M45
131	1139A	Mark Jackson.	Individual#	43.52	MO
132	340	Allan Osborne	Individual#	44.09	MO
133	1023	Julian Warren	Northern Navig.	44.18	M50
134	1138A	Derek Owen	Individual#	44.25	M50
135	1095	Mark Robinson(2)	Darlington H.	44.25	MO
136	403	Ian Higgins	North York Moors	44.26	M40
137	1133	Matthew Sonley	Individual#	44.31	MO
138	1052	John Turner	Individual#	44.32	M55
139	1115	Nathan Gibson	S. Shields H.	44.38	MO
140	1045	Ralph Heppell	Individual#	44.41	MO
141	625	David Gilmore	N.Shields Poly.	44.44	M50
142	1041	Martin Gabriel	Ripon Runners	44.47	M55
143	273	John Kelly	Individual#	45.12	MO
144	1065	Andrew Watson	Individual#	45.12	M45
145	1240	Louise Warner	Elvet Striders	45.18	FO
146	1018	Henry Fletcher	Individual#	45.19	MO
147	1089	Michael Fahey	Individual#	45.24	M55
148	1007	Christopher Wright	North York Moors	45.31	M55
149	1084	Shaun Roberts	Elvet Striders	45.33	M55
150	1004	Graham Robinson	Thirsk & Sowerby	45.43	M60
151	1100	Paul Gribbon	Individual#	45.43	MO
152	1094	Gavin Coates	Individual#	45.44	MO
153	1230	Mandy Dawson	Elvet Striders	45.46	F45
154	1156	Ian Hodgson	Esk Valley Fell	45.48	M50
155	203	Caroline Pollard	WharfedaleH.	45.48	F55
156	31	Nuala Carson	Ware Joggers	45.48	FO
157	1197	Clare Lowe	North York Moors	45.49	F45
158	1072	David Ritson	Ripon Runners	45.58	M45
159	1091	Peter Gunn	Individual#	46.09	M40
160	434	Andrew Tullock	Redcar RC	46.11	M40
161	518	Ian Farrer	Pickering AC.	46.12	M45
162	1064	Jon Pearse	New Marske H.	46.14	M50
163	432	Mark Milner	Darlington H.	46.24	M40
164	1228	Julia Jackson	Loftus & Whitby	46.35	F45
165	1211	Hilary Coventry	Thirsk & Sowerby	46.41	F50
166	1222	Tanya Coates	Individual#	46.44	FO
167	1037	Jason Taylor	N'land Fell R	46.47	M40
168	1145	Mark Plews	Individual#	46.52	M45
169	1153	Thomas Bunn	New Marske H.	46.53	M50
170	857	Eddie Meehan	North York Moors	46.54	M65
171	1110	Chris Wilkinson	Individual#	46.59	M45
172	1003	Neil Archbaus	Individual#	47.00	M40
173	622	Phil H-Narborough	North York Moors	47.10	M50

174	1196	Ellie Heath	New Marske H.	47.12	MJ
175	538	Nicholas O'Grady	New Marske H.	47.16	M45
176	1048	Inne Hodgson	Washington RC	47.17	M50
177	717	David Johnson	N. Shields Poly.	47.18	M55
178	1046	Nigel Heppell	Elvet Striders	47.18	M60
179	1208	Sally Hughes	Elvet Striders	47.29	FJ
180	1077	Chris Buck	Individual#	47.33	MO
181	1081	Simon Fell	Crook AC	47.39	M50
182	1013	Peter Richardson	Thirsk & Sowerby	47.50	M50
183	1135	Jim Robson	North York Moors	48.00	M55
184	1132	Michael Sonley	Individual#	48.01	M50
185	1	Charlotte Stonehouse	New Marske H.	48.03	FO
186	620	Ray Foulkes	Redcar RC	48.05	M50
187	1009	Jimmy O'Brien	Loftus & Whitby	48.06	M50
188	853	Malcolm Peggs	Loftus & Whitby	48.20	M60
189	1149	Chris Pennington	Individual#	48.24	M40
190	197	Janet Cordingley	Knavesmire H.	48.25	F55
191	1097	John Fenwick	Ripon Runners	48.27	M60
192	1233	Lisa Taylor	N'land Fell R	48.29	F45
193	1137	Sam Hall	Darlington Tri.	48.31	M45
194	1078	Paul Hadon	FRA#	48.33	M50
195	1209	Lucy Jeffries	M'bro & Cleve H.	48.37	FO
196	1226	Ellie Beauchamp	Loftus & Whitby	48.44	FO
197	945	Ella Laura Jones	Individual#	48.44	FJ
198	1213	Helen Ashworth	Thirsk & Sowerby	48.46	F45
199	704	Trevor Symonds	FRA#	49.08	M55
200	1017	Bill Pennell	North York Moors	49.11	M60
201	1147	David Heath	New Marske H.	49.14	M45
202	1429	Andrew Lambe	Quakers RC	49.33	M40
203	1191	Emily Sell	Individual#	49.36	FJ
204	122	Kelly Clapton	Individual#	49.37	F40
205	1039	Darren Smith	H'pool Burn Rd.	49.39	MO
206	1118	Michael Sell	Individual#	49.45	M50
207	1141A	Mark Brown	North York Moors	49.46	M40
208	1083	Alan Welsh	Crook AC	49.52	M55
209	1154	Calum Dearlove	Individual#	49.55	MO
210	805	Mick McGurk	New Marske H.	49.56	M60
211	1006	Andy Butcher	Thirsk & Sowerby	50.01	M45
212	1210	Fran Jeffery	Thirsk & Sowerby	50.04	FO
213	1243	Camils Lauren-Matta	Elvet Striders	50.05	F50
214	1103	Christopher Gill	Individual#	50.06	M40
215	1099	Martyn Coy	Thirsk & Sowerby	50.09	M40
216	1096	Michael Brunskill	Aycliffe R C.	50.11	M55
217	1223	Carol Morrison	Thirsk & Sowerby	50.25	F50
218	1215	Kirsty Naylor	Individual#	50.29	FO
219	881	Ronnie Sherwood	New Marske H.	50.30	M70
220	1207	Rachel Jones	Redcar RC	50.33	FO
221	1025	Nigel Morgan	Thirsk & Sowerby	50.40	M50
222	720	Paul Munster	Redcar RC	51.03	M55
223	21	Stephanie Piper	Elvet Striders	51.24	FO
224	19	Maria Clemmit	North York Moors	51.27	FO
225	1047	Ari Hodgson	Elvet Striders	51.30	MJ
226	708	Christopher Jamieson	Esk Valley Fell	51.31	M55
227	1192	Laura Jones	H'pool Burn Rd.	51.45	FJ
228	1008	Peter Johnson	H'pool Burn Rd.	51.56	M60
229	143	Susan Dick	Loftus & Whitby	51.59	F40
230	935	Rachel Carter	M'bro Mandale	52.17	FJ
231	1232	Claire Gillan	Thirsk & Sowerby	52.27	FO
232	1113	Lee Masson	Stockton Stri.	52.29	M45

233	1225	Alison Carter	B'ham Marsh H.	52.29	F45
234	855	Martin White	New Marske H.	52.29	M60
235	1050	Steven Booth	Thirsk & Sowerby	52.57	M50
236	1155	Martin Hedgley	Individual#	53.03	M50
237	1224	Helen Duggleby	North York Moors	53.31	F50
238	1079	Edward Key	Durham Uni Tri	53.40	MO
239	701	Geoff Hine	Esk Valley Fell	53.44	M55
240	1248	Nicola Booth	Thirsk & Sowerby	53.53	F50
241	425	Russ Kelly	Redcar RC	54.07	M40
242	605	Ian Robinson	Esk Valley Fell	54.12	M50
243	1109	Brian Allen	New Marske H.	54.12	M70
244	124	Debbie Rycroft	Pocklington Run.	54.15	F45
245	1220	Lesley Strickland	H'pool Burn Rd.	54.17	F45
246	1244	Stephanie Barlow	Elvet Striders	54.55	F40
247	1140A	Phil Miles	New Marske H.	55.05	M70
248	1011	David Robinson	North York Moors	55.13	M45
249	1062	Naz Bashir	Saltwell H	55.14	M40
250	1204	Louise Bibby	Redcar RC	55.24	FO
251	1227	Carol Palin	Loftus & Whitby	55.24	F40
252	1194	Tracey Atkinson	Redcar RC	55.25	F50
253	1195	Jeannie Wilde	Redcar RC	55.33	F45
254	1203	Claire Earle	H'pool Burn Rd.	55.36	F40
255	1024	Adrian Northey	Esk Valley Fell	55.50	M50
256	1087	David Wotton	Claremont	55.55	M40
257	1088	Michael Boyle	S'land Strollers	55.56	MO
258	1093	Bob Howe	North York Moors	56.17	M65
259	1247	Victoria Brown	Elvet Striders	57.28	FO
260	1219	Faith Coy	Thirsk & Sowerby	57.30	F40
261	1242	Anita Clementson	Elvet Striders	57.34	F45
262	33	Lois Lincoln	Saltwell H.	57.58	FO
263	1205	Anne Robson	North York Moors	58.23	F55
264	1231	Diane Watson	Elvet Striders	58.33	F50
265	806	Bref O'Rourke	North York Moors	58.49	M60
266	1092	Nigel Coates	Individual#	58.50	M65
267	1200	Jayne Bowers	Esk Valley Fell	58.53	F40
268	1019	Emil Moatta	Elvet Striders	59.18	MJ
269	1246	Catherine Smith	Elvet Striders	59.18	F40
270	1229	Julie McNicholas	Esk Valley Fell	59.34	F50
271	1146	Nigel Watson	Individual#	59.41	M55
272	1202	Sophie Owens	Stockton Stri.	60.13	FO
273	1201	Lucy Owens	Stockton Stri.	60.18	FO
274	1143	Clifford Holloway	Individual#	60.28	M60
275	1075	David Gilthorpe	Saltwell H	62.05	M55
276	1190	Lorna Goodchild	Individual#	62.08	F50
277	724	David Robins	FRA#	62.41	M55
278	1218	Angela Gribbon	Esk Valley Fell	62.49	FO
279	1032	Ben Mason.	Individual#	63.57	MO
280	1234	Mary Mason	Individual#	63.58	F55
281	1101	Phillip Craig	Thirsk & Sowerby	64.23	MO
282	1249	Christine Burn	Thirsk & Sowerby	65.12	F60
283	1068	John Ball	Ripon Runners	65.41	M70
284	1082	Allen Purdham	Crook AC	66.32	M70
285	1235	Catherine Lumb	Thirsk & Sowerby	67.44	F55
286	1236	Abbie Hull	Quakers RC	69.51	FO
287	1237	Lindsey Lambe	Individual#	69.51	FO
288	1212	Gaynor Elliott	Individual#	70.42	F50
289	1214	Donna Bentley	Individual#	70.45	FO

(End)

<b>Teams:</b>	<b>Club</b>	<b>Points</b>	<b>Positions</b>
<b>male:</b>	1 York Knavesmire 'A'	42	1,3,18,20
	2 Loftus & Whitby 'A'	86	7,14,30,35
	3 North York Moors 'A'	100	2,26,33,39
	4 H'pool Burn Rd. 'A'	127	11,25,42,49
	5 Sedgefield H. 'A'	164	10,22,40,92
	6 Elvet Striders 'A'	206	17,29,77,83
	7 Esk Valley Fell 'A'	217	21,45,71,80
	8 York Knavesmire 'B'	221	34,47,54,86
	9 North York Moors 'B'	268	43,62,64,99
	10 Pickering AC. 'A'	280	6,36,96,142
	11 Thirsk & Sowerby 'A'	297	27,56,79,135
	12 New Marske H. 'A'	314	5,19,143,147
	13 H'pool Burn Rd. 'B'	322	55,74,82,111
	14 Loftus & Whitby 'B'	327	48,76,88,115
	15 Redcar RC 'A'	332	61,84,89,98
	16 Esk Valley Fell 'B'	408	94,102,103,109
	17 Ripon Runners 'A'	430	53,110,128,139
	18 Elvet Striders 'B'	508	105,113,134,156
	19 Redcar RC 'B'	592	104,141,162,185
	20 New Marske H. 'B'	654	152,153,171,178
<b>female:</b>	1 New Marske H. 'A'	23	4,9,10
	2 Elvet Striders 'A'	39	8,15,16
	3 Loftus & Whitby 'A'	51	3,20,28
	4 York Knavesmire 'A'	82	2,5,(75)
	5 Thirsk & Sowerby 'A'	84	21,30,33
	6 Elvet Striders 'B'	95	23,34,38
	7 North York Moors 'A'	103	19,39,45
	8 Thirsk & Sowerby 'B'	124	35,43,46
	9 Redcar RC 'A'	139	37,50,52
	10 H'pool Burn Rd. 'A'	142	40,48,54
	11 Loftus & Whitby 'B'	167	41,51,(75)
	12 Esk Valley Fell 'A'	191	61,63,67
	13 Stockton Stri. 'A'	204	64,65,(75)