

RUSLAND FIVE MILE FELL RACE

CATEGORY BS 5 miles 850ft

Date: 20th August 2016

20 Runners. 13 men, 7 ladies, 5 V40s, 6 V50s, 1 V60s

POSITION	NAME	CAT	CLUB	TIME
1	Aidan Smith	Msen	Hallamshire Harriers	33.04
2	Oscar Meanwell	Msen	Borrowdale	33.41
3 (1 st V40)	Gareth Booth	M40	Horwich RMI	35.26
4 (2 nd V40)	Tom Gibbs	M40	Ambleside AC	38.07
5	Andrew Scott	Msen	unattached	38.15
6	Bobby Gard-Storry	Msen	unattached	38.53
7 (1 st lady)	Lauren Munro-Bennet	Wsen	Helm Hill	39.05
8 (2 nd Lady)	Astrid Gibbs	W40	Ambleside AC	40.27
9 (1 st V50)	Gary Mason	M50	Keswick	42.42
10	Allan Sumner	M40	FRA	42.45
11 (2 nd V50)	Pat McIver	M50	Black Combe Runners	44.28
12	Richard Parker	M40	unattached	44.36
13	Ozzie Parsons	M	unattached	45.18
14 (3 rd Lady)	Rebekah Beadale	W50	Lakeland Orienteering Club	48.07
15 (1 st V60)	John Taylor	M60	Bowland	50.43
16	Jo Taylor	W50	Bowland	52.51
17	Richard Stokes	M50	FRA	57.14
18	Lindsay Buck	W50	Cumberland Fell Race	57.31
19 (equal)	Emily Fitzharbert	Wsen	unattached	59.20
	Rebecca Stevens	Wsen	unattached	59.20

SHORT SENIOR FELL RACE

1.75miles 430ft

Date: 20th August 2016

10 runners. 6 men, 4 ladies, 1 V40s, 3 V50s

POSITION	NAME	CAT	CLUB	TIME
1	Aidan Smith	Msen	Hallamshire	14.34
2	Luke Bowen	Msen	Ambleside	14.48
3	Oscar Meanwell	Msen	Borrowdale	15.02
4 (1 st V40)	Mark McGlincy	M40	Keswick	18.07
5 (1 st V50)	Gary Mason	M50	Keswick	18.37
6 (1 st lady)	Lauren Munro-Bennett	Wsen	Helm Hill	18.56
7 (2 nd V50)	Ian Swarbrick	M50	unattached	19.51
8 (2 nd lady)	Anna Murgatroyd	Wsen	unattached	21.39
9 (3 rd lady)	Paula Bowen	Wsen	Ambleside	22.49
10 (3 rd V50)	Lynda Hargreaves	W50	Wharfedale	25.05

UNDER 17 FELL RACE

1.25miles 230ft

Date: 20th August 2016

5 Runners. 4 boys, 1 girl

POSITION	NAME	CLUB	TIME
1 (1 st boy)	Reuban Copley	Dallam	8.21
2 (2 nd boy)	Luke Bowen	Ambleside	8.37
3 (3 rd boy)	Jake Shuttleworth	Ambleside	8.51
4	Logan Hargreaves	Wharfedale	9.25
5 (1 st girl)	Leah Albion	Broughton	13.41

UNDER 14 FELL RACE

1 mile 180ft

Date: 20th August 2016

3 Runners. 1 boys, 2 girls

POSITION	NAME	CLUB	TIME
1 (1 st boy)	Noah Kidd	unattached	7.53
2 (1 st girl)	Carrie Tyson	unattached	9.15
3 (2 nd girl)	Anya Clough	unattached	10.14

UNDER 12 FELL RACE

0.8 mile 130ft

Date: 20th August 2016

12 Runners. 9 boys, 3 girls

POSITION	NAME	CLUB	TIME
1 (1 st boy)	Harry Bowen	Ambleside	6.05
2 (2 nd boy)	Scott Fisher	Hoad Hill	6.14
3 (3 rd boy)	Jack Spark	Sale Harriers	6.17
4	James Thornley	Ambleside	6.25
5	Warren Fleming	Hoad Hill	7.03
6 (1 st girl)	Emily Swarbrick	Broughton	7.05
7 (2 nd girl)	Bethan Saunders	Leven Valley	7.14
8	William Patterson	unattached	7.49
9	Allan Sumner	unattached	9.03
10	Joseph Spark	Sale Harriers	9.07
11 (3 rd girl)	Olivia Swarbrick	Broughton	10.37
12	Matthew Bedford	unattached	11.57