

# RUSLAND FIVE MILE FELL RACE

CATEGORY BS 4.85 miles and 1015ft, 7.8km and 310m

Date: 18th August 2012

36 Runners. 27 men, 9 ladies, 21 V40s, 4 V50s, 2 V60s

POSITION	NAME	CAT	CLUB	TIME
1 (1 <sup>st</sup> V40)	Craig Roberts	V40	Kendal AC	33.28
2	Matt Brindle	M	unattached	34.42
3 (1 <sup>st</sup> Lady)	Anna Lupton	L	Radcliffe AC	35.12
4	Mike McIver	M	Black Combe Runners	35.28
5 (2 <sup>nd</sup> V40)	Gareth Booth	V40	Horwich RMI Harriers	35.45
6 (3 <sup>rd</sup> V40)	Richard Evans	V40	Black Combe Runners	36.20
7	Chris Pyle	V40	Lancs & Morecambe	36.36
8	Simon Stanway	V40	Barrow&Furness Striders	36.42
9	Paul Knowles	V40	Ambleside	36.54
10	Rob Dewhurst	V40	Ambleside	37.33
11	Brendan Bolland	V40	Horwich RMI Harriers	38.25
12 (1 <sup>st</sup> V50)	Steven Carr	V50	unattached	38.59
13	Robin Tuddenham	V40	Todmorden Harriers	39.16
14	Pat McIver	V40	Black Combe Runners	40.05
15	Oscar Meanwell	M	Warriors OC	40.35
16	Jack Simpson	M	unattached	40.50
17	Phil Thurlow	V40	Helm Hill	40.57
18	Michael Ireland	V40	Rosendale Harriers	41.27
19 (2 <sup>nd</sup> Lady)	Helen Woodley	L	unattached	41.52
20	Andrew Russell	V40	Helm Hill	44.30
21 (3 <sup>rd</sup> Lady)	Isobel Whitcomb	L	unattached	44.35
22	Neil Garton Jones	V40	Eryri Harriers	45.37
23 (1 <sup>st</sup> LV40)	Rebekah Beadle	LV40	unattached	46.04
24	Gary Lane	V40	Coniston FRC	47.09
25	Jenny Jackson	L	unattached	48.18
26 (2 <sup>nd</sup> V50)	David Evans	V50	unattached	49.12
27 (2 <sup>nd</sup> LV40)	Tracy Ireland	LV40	unattached	49.40
28 (3 <sup>rd</sup> LV40)	Claire Evans	LV40	unattached	52.47
29	Glenn Ward	V40	unattached	53.01
30	Helen Nurse	LV45	Abbey Runners	53.09
31 (1 <sup>st</sup> V60)	Ian Conway	V60	Hoad Hill	53.13
32 (3 <sup>rd</sup> V50)	Richard Stokes	V50	FRA	56.51
33 (2 <sup>nd</sup> V60)	David Binks	V60	Allithwaite	58.14
34	Dawn Warren	LV45	unattached	58.21
35	Phil Wyatt	V50	Allithwaite	60.59
36	Karl Fursey	M	Black Combe Runners	62.15

**NB new course record**

# SHORT SENIOR FELL RACE

1.75miles and 560ft, 2.8km and 170m

Date: 18th August 2012

13 runners. 11 men, 2 ladies, 10 V40s, 1 V50

POSITION	NAME	CAT	CLUB	TIME
1 (1 <sup>st</sup> V40)	Craig Roberts	V40	Kendal AC	14.51
2 (1 <sup>st</sup> Lady)	Anna Lupton	L	Radcliffe AC	15.30
3 (2 <sup>nd</sup> V40)	Richard Evans	V40	Black Combe	15.40
4 (3 <sup>rd</sup> V40)	Paul Knowles	V40	Ambleside	15.40
5 (1 <sup>st</sup> V50)	Steven Carr	V50	unattached	16.13
6	Simon Stanway	V40	Barrow&Furness	16.23
7	Mark McGlincy	V40	Grassington	16.53
8	Robin Tuddenham	V40	Todmorden	17.06
9	Brendan Bolland	V40	Horwich RMI Harriers	17.44
10	Pat McIver	V40	Black Combe Runners	18.30
11 (2 <sup>nd</sup> Lady)	Eleanor Knowles	LV40	Ambleside	19.45
12	Jack Sibley	M	unattached	27.33
13	Peter Sibley	V40	unattached	28.08

## **UNDER 17 FELL RACE**

**1.2miles and 295ft, 1.9km and 90m**

**Date: 18th August 2012**

**4 Runners. 3 boys, 1 girl**

<b>POSITION</b>	<b>NAME</b>	<b>CLUB</b>	<b>TIME</b>
1	Oscar Meanwell	Warrior OC	10.25
2	Alex Brindle	Kendal AC	10.57
3	Louis Sibley	unattached	11.51
4 (1 <sup>st</sup> girl)	Lorna Nunwick	Helm Hill	11.57

## ***UNDER 14 FELL RACE***

**0.9 mile and 180ft, 1.4km and 50m**

**Date: 18th August 2012**

**6 Runners. 4 boys, 2 girls**

<b>POSITION</b>	<b>NAME</b>	<b>CLUB</b>	<b>TIME</b>
1	Ashley Brindle	Kendal AC	7.01
2	Joe Nurse	Abbey Runners	8.16
3 (1st girl)	Georgia Cooper	Barrow Striders	8.19
4	Hector Meanwell	Warrior OC	8.49
5(2nd girl)	Leah Clough	unattached	9.09
6	Ned Sibley	unattached	9.09

## ***UNDER 12 FELL RACE***

**0.8 mile and 130ft, 1.25km and 45m**

**Date: 18th August 2012**

**31 Runners. 22 boys, 9 girls**

POSITION	NAME	CLUB	TIME
1	Luke Bowen	Ambleside AC	6.33
2	Ben Nurse	Abbey Runners	7.17
3	Thomas Pyle	Lancs and Morecambe	7.18
4	Daniel Sanderson	Ambleside AC	7.24
5	Jake Shuttleworth	Ambleside AC	7.37
6 (1 <sup>st</sup> girl)	Katie Thurlow	Helm Hill	7.42
7	Robert Albion	Broughton-in-Furness	7.49
8	Jake Cooper	Barrow Striders	7.50
9	Josh Roelants	Helm Hill	7.51
10	James Bowen	Ambleside AC	7.57
11 (2 <sup>nd</sup> girl)	Katie Russell	Helm Hill	7.59
12	Oliver Thomas	unattached	7.59
13	Harry Bowen	Ambleside AC	8.03
14	William Pyle	Lancs & Morecambe	8.07
15 (3 <sup>rd</sup> girl)	Leah Albion	Broughton in Furness	8.12
16	Deio Garton	Eryri Harriers	8.24
17	Harvey Cooper	Barrow Striders	8.26
18=	Harry Sanderson	Ambleside AC	8.35
18=	Lewis Westall	unattached	8.35
20 (4 <sup>th</sup> girl)	Alice Boston	Ambleside AC	8.42
21	James Thornley	unattached	8.45
22	Cole Kirby	Ambleside AC	9.18
23	Miles Spedding	Ambleside AC	9.19
24	Ben Albion	Broughton-in-Furness	9.49
25	Hannah Durkin	Ambleside AC	9.52
26	Anya Clough	unattached	10.00
27	Carrie Tyson	unattached	10.01
28	Tessa Knowles	Ambleside AC	10.21
29	William Durkin	Ambleside AC	10.25
30	Alexander Knowles	Ambleside AC	10.35
31	Amelia Buckley	unattached	10.41