

RUSLAND FIVE MILE FELL RACE

CATEGORY BS 5 miles 850ft

Date: 20th August 2011

47 Runners. 38 men, 9 ladies, 18 V40s, 8 V50s, 5 V60s, 2V70s

NB new course record

POSITION	NAME	CAT	CLUB	TIME
1 (1 st V40)	Craig Roberts	V40	Kendal AAC	31.28
2	James Baird	M	FRA	32.08
3 (2 nd V40)	Robin Tuddenham	V40	Todmorden Harriers	35.34
4	Carl Edmonds	M	Black Combe	36.30
5 (3 rd V40)	David Wilson	V40	Bowland FR	36.37
6 (1 st lady)	Melanie Hyder	L	Helm Hill	36.55
7 (1 st V50)	Steve Carr	V50	unattached	37.09
8	Brendan Bolland	V40	Horwich RMI Harriers	38.01
9	Phil Thurlow	V40	Helm Hill	38.17
10	Pat McIver	V40	Black Combe	39.06
11	Tim Knight	V40	unattached	40.13
12	Gary Dover	V40	Glaxo Hoad Hill	40.15
13	Michael Kay	V40	Horwich RMI Harriers	41.09
14 (2 nd V50)	Brian Davey	V50	Southport Waterloo AC	41.15
15 (2 nd Lady)	Sarah Pike	L	unattached	41.41
16	Jack Simpson	M	unattached	42.06
17 (1 st V60)	Stewart Johnson	V60	Helm Hill	42.34
18	Ben Thomas	M	unattached	43.01
19 (3 rd Lady)	Joanne Taylor	LV40	Lancs & Morecambe	43.04
20 (3 rd V50)	Roger Quayle	V50	Barrow&Furness Striders	43.08
21 (2 nd V60)	Patrick Thomas	V60	Glaxo Hoad Hill Harriers	43.13
22	Andy Bennett	V40	Helm Hill	43.31
23	Graham Metcalfe	M	unattached	43.38
24	Adrian Newnham	V50	Glaxo Hoad Hill Harriers	43.56
25	Phil Forton	M	FRA	43.58
26	Helen Woodley	L	unattached	44.39
27	David Evans	V50	unattached	44.57
28 (3 rd V60)	Kevin Pike	V60	unattached	45.08
29	Tom Southward	M	Glaxo Hoad Hill Harriers	45.39
30	Richard Barnes	M	unattached	45.59
31	Phil Cottrill	V60	FRA	46.07
32	Barny Sykes	V40	unattached	46.56
33	Oscar Meanwell	M	warrior	47.58
34 (2 nd LV40)	Lorraine Salkild	LV40	Holmepierrepoint R.C.	49.05
35 (3 rd LV40)	Claire Evans	LV40	unattached	50.25
36	Annmarie Swallow	L	unattached	50.47
37	Selwyn Wright	V50	Ambleside	52.01
38	Ian Conway	V60	Hoad Hill Harriers	52.32
39	Julie Laverock	LV40	Salford Harriers	52.41
40	Pip Riley	LV40	unattached	54.35
41 (1 st V70)	Barry Johnson	V70	CFR	54.47
42	Karl Fursey	M	Black Combe Runners	56.41
43	David Binks	V60	Allithwaite	57.12
44 (2 nd V70)	Lawrie Woodley	V70	Allithwaite	57.49
45	John Waller	V50	Dark Peak	58.03
46	Gillian Allen	V40	unattached	62.12
47	Clive Allen	V40	Hoad Hill Harriers	62.12

SHORT SENIOR FELL RACE

1.75miles 430ft

Date: 20th August 2011

27 runners. 22 men, 5 ladies, 12 V40s, 6 V50s

NB New Ladies Course Record

POSITION	NAME	CAT	CLUB	TIME
1 (1 st V40)	Craig Roberts	V40	Kendal AAC	13.03
2	Sean Bolland	M	Bowland FR	13.31
3	Paul Singleton	M	Ambleside	13.44
4	Carl Edmonds	M	Black Combe	13.59
5	Mark McIver	M	Black Combe	14.09
6 (1 st V50)	Mark Salkild	V50	Dark Peak FR	14.40
7 (2 nd V50)	Paul Tynan	V50	Lancs & Morecambe	15.09
8 (3 rd V50)	Steve Carr	V50	unattached	15.13
9 (2 nd V40)	Paul Knowles	V40	Ambleside	15.14
10 (1 st lady)	Melanie Hyder	L	Helm Hill	15.14
11 (3 rd V40)	Jamie Baron	V40	Black Combe	15.21
12	David Wilson	V40	Bowland FR	15.23
13	Ben Clarke	M	unattached	15.40
14	Simon Waller	V40	Helm Hill	15.48
15	Chris Schofield	V40	Helm Hill	15.54
16	Graham Hodgson	V50	Lancs & Morecambe	16.05
17	Will Ross	V40	Black Combe	16.11
18	Pat McIver	V40	Black Combe	16.29
19	Phil Thurlow	V40	Helm Hill	16.39
20 (2 nd lady)	Mel Carr	L	unattached	17.57
21	Ray Savage	V50	unattached	18.00
22 (3 rd lady)	Sue Hodgkinson	L	Black Combe	18.00
23	Ben Thomas	M	unattached	18.00
24	Roger Quayle	V50	Barrow & Furness	18.19
25 (1 st LV40)	Jo Cleary	LV40	unattached	18.38
26 (2 nd LV40)	Eleanor Knowles	LV40	Ambleside	18.44
27	A. Gittins	V40	Black Combe	19.23

UNDER 17 FELL RACE

1.25miles 230ft

Date: 20th August 2011

6 Runners. 3 boys, 3 girls

POSITION	NAME	CLUB	TIME
1 (1 st boy)	Chris Richards	Helm Hill	11.55
2 (1 st girl)	Mary Hodgson	Lancs & Morecambe	12.06
3 (2 nd boy)	Ben Wilson	unattached	12.09
4 (2 nd girl)	Sarah Hodgson	Lancs & Morecambe	12.27
5 (3 rd girl)	Katie Wright	Broughton Runners	12.48
6 (3 rd boy)	Alex Hyman	unattached	12.51

UNDER 14 FELL RACE

1 mile 180ft

Date: 20th August 2011

5 Runners. 2 boys, 3 girls

NB new course records for boys and girls

POSITION	NAME	CLUB	TIME
1(1 st boy)	Chris Richards	Helm Hill	6.05
2 (1 st girl)	Hannah Cleary-Hughes	unattached	6.45
3 (2 nd girl)	Georgia Hannam	Lancs & Morecambe	7.16
4(2 nd boy)	Robert Rawlinson	unattached	8.28
5(3 rd girl)	Saffron Rawcliffe	unattached	10.52

UNDER 12 FELL RACE

0.8 mile 130ft

Date: 20th August 2011

32 Runners. 20 boys, 12 girls

1 DNF

NB new course records boys and girls

POSITION	NAME		CLUB	TIME
1	George Buckley		Hyndburn AC	6.05
2	Luke Bowen		Ambleside	6.10
3	Ben Dixon		Ambleside	6.15
4	Reuben Copley		Dallam	6.17
5	Robert Albion		Broughton	6.28
6	Jake Cooper		Furness Striders	6.29
7 (1 st girl)	Alice Boston	G	Ambleside	6.41
8 (2 nd girl)	Leah Albion	G	Broughton	6.47
9 (3 rd girl)	Georgia Cooper	G	Furness Striders	6.53
10	Jake Wood		unattached	6.58
11	Daniel Sanderson		Ambleside	6.58
12	Steph Heath	G	unattached	7.14
13	Rebecca Keen	G	Furness Striders	7.19
14	Alfie Savage		Ambleside	7.28
15	Harvey Cooper		Furness Striders	7.29
16	James Bowen		Ambleside	7.29
17	Jake Waller		unattached	7.30
18	Harry Sanderson		Ambleside	7.32
19	Josh Dixon		Ambleside	7.43
20	Richard Rawlinson		unattached	7.44
21	Leah Clough	G	unattached	7.44
22	Thomas Edmonds		LOC	7.46
23	Harry Bowen		Ambleside	7.47
24	Amy Wood		Kendal AC	7.48
25	Carrie Tyson	G	unattached	7.55
26	Beth Wisham	G	unattached	8.21
27	Ben Albion		Ambleside	8.28
28	Tessa Knowles	G	Ambleside	8.42
29	Anya Clough	G	unattached	9.00
30	Alexander Knowles		Ambleside	9.21
31	Amelia Buckley	G	unattached	9.33