

**Results for : The Roaches**  
**Distance : 15 Miles**  
**Date : Sunday, 13. November 2011**



**Mow Cop Runners**

Position	Name	Bib No	Time	Vet Class	Club
1	Kim Collison	847	02:08:21	M	Eden Runners
2	Simon Harding	796	02:10:22	M	Macclesfield Harriers
3	Tim Werrett	892	02:14:56	M	Mercia FR
4	Tom Bush	886	02:16:12	M	Altrincham AC
5	Rob Grantham	908	02:16:35	M	Ellesmere Port
6	Aidan Linskill	901	02:17:53	M	Totley AC
7	Adam Stirk	887	02:18:11	M	Guildford and Godalming AC
8	Jon Newey	806	02:18:23	M40	Mercia FR
9	Ian Symington	751	02:18:36	M	Macclesfield Harriers
10	Matthew Hulley	854	02:19:53	M	Dark Peak FR
11	Stuart Walker	846	02:19:54	M	Dark Peak FR
12	Julien Minshall	914	02:21:40	M50	Glossopdale Harriers
13	Anthony Bethell	856	02:22:39	M40	Eryri Harriers
14	David Miller	911	02:23:35	M	Unattached
15	Tim Oakes	858	02:24:15	M40	Dark Peak FR
16	Shaun Cooper	752	02:24:20	M	Shelton Striders
17	Lewis Banton	768	02:24:26	M	Clowne RR
18	Sean Willis	889	02:25:39	M40	Saddleworth Runners
19	Darren Hawkins	879	02:26:05	M45	Buxton AC
20	Matty Brennan	839	02:26:33	M	Erewash Valley RC
21	Neal Crampton	795	02:26:36	M	Pudsey and Bramley AC
22	Gavin Williams	849	02:26:55	M50	Dark Peak FR
23	Richard Hunt	845	02:27:02	M	Dark Peak FR
24	Peter Taylor	825	02:27:18	M	Unattached
25	Peter Pollitt	760	02:28:28	M45	Unattached
26	Digby Harris	749	02:28:44	M40	Macclesfield Harriers
27	Paul Woolhouse	792	02:29:38	M	Southwell RC
28	Mike Nelson	799	02:31:20	M40	Macclesfield Harriers
29	Ross Litherland	784	02:31:21	M	Macclesfield Harriers
30	Stephen Hawkins	756	02:31:32	M40	Shelton Striders
31	Andy Dickenson	857	02:31:36	M45	Dark Peak FR
32	Chris Jackson	762	02:31:52	M	Glossopdale Harriers
33	David Phillips	876	02:32:10	M	Unattached
34	Mark Messenger	798	02:32:48	M45	Macclesfield Harriers
35	Mark Traynor	813	02:32:52	M40	Unattached
36	Jamie Rennie	880	02:33:46	M40	West End
37	Jason Phillips	872	02:34:30	M	Unattached
38	Andrew Anastasi	919	02:34:46	M45	Glossopdale Harriers
39	Paul Jeggo	820	02:35:02	M50	Springfield Striders RC
40	Marcel Darling	753	02:35:14	M40	Unattached
41	Andrew Moore	850	02:36:11	M50	Dark Peak FR
42	Simon Daws	781	02:36:29	M55	Telford AC
43	Ian Hughes	786	02:37:09	M45	Macclesfield Harriers
44	Stephen Hawkins	756	02:37:32	M40	Shelton Striders
45	Jo Mayland	821	02:37:35	L	SMAC
46	Martin Terry	831	02:37:44	M50	Clayton
47	Barry Blyth	740	02:38:21	M60	Macclesfield Harriers
48	Martin Stocks	896	02:39:50	M50	Dark Peak FR
49	Ian Beckingham	909	02:40:05	M45	Redhill RR
50	Wayne Collins	906	02:40:17	M	Unattached
51	David Rennie	884	02:40:41	M	West End
52	Greg Rimmer	897	02:40:59	M45	Dark Peak FR
53	Darren Fishwick	800	02:41:07	M40	Chorley Harriers
54	Martin Frey	837	02:41:36	M50	Compton Harriers
55	Keith Holmes	819	02:41:51	M55	Dark Peak FR

Position	Name	Bib No	Time	Vet Class	Club
56	Andy Kenyon	841	02:42:05	M40	Erewash Valley RC
57	Julian Bradbury	828	02:42:14	M45	Mercia FR
58	Julian Brown	717	02:43:31	M45	Macclesfield Harriers
59	Ned Lammas	802	02:43:56	M45	Mercia FR
60	John Bristow	809	02:44:20	M	Malvern Joggers
61	Ian Shaw	903	02:44:21	M45	Southwell RC
62	Ian Haigh	791	02:44:24	M40	Southwell RC
63	Dirk Mikolajewski	877	02:44:33	M	Unattached
64	John Raho	723	02:44:34	M	Holcombe Harriers
65	Sarah Hammond	771	02:44:41	L45	Tattenhall Runners
66	Noel Hogan	732	02:45:16	M45	Newport and District RC
67	Nigel Aston	733	02:45:44	M50	Unattached
68	Bruce Owen	727	02:45:47	M45	Altrincham and District
69	Garry McMahon	852	02:45:53	M55	Redhill RR
70	Tim Reynolds	900	02:46:24	M	Unattached
71	Peter Carvell	823	02:47:35	M	Congleton Harriers
72	Nicholas Holmes	881	02:48:15	M50	Tattenhall Runners
73	Maurice Reid	734	02:48:27	M45	Newport and District RC
74	James Walker	755	02:48:33	M	Shelton Striders
75	Peter Clayton	737	02:49:04	M45	Vale Royal AC
76	John Robinson	793	02:49:47	M	Holmfirth Harriers
77	Tom Skelton	761	02:49:48	M	Glossopdale Harriers
78	Simon Webb	843	02:50:43	M	Unattached
79	Sarah Colbert	765	02:50:46	L40	Springfield Striders RC
80	David Beerling	851	02:51:05	M45	Dark Peak FR
81	John Taylor	748	02:51:35	M40	Newport and District RC
82	Martyn Pollitt	759	02:51:51	M50	Burnden RR
83	Peter Davis	780	02:52:00	M45	Goyt Valley Striders
84	Paul Pycroft	835	02:52:04	M	Dark Peak FR
85	Steve Woodward	807	02:52:06	M40	Retford AC
86	Phil Abbott	721	02:52:07	M	Long Eaton RC
87	David Malia	822	02:52:19	M45	Mercia FR
88	Isaline kneale	758	02:52:21	L45	Burnden RR
89	Alex McCormick	824	02:52:44	M45	Congleton Harriers
90	Clare Griffin	741	02:52:55	L	Goyt Valley Striders
91	Tony Ryan	878	02:53:41	M45	Unattached
92	Tim Oakes	858	02:53:51	M40	Dark Peak FR
93	Gary Platt	801	02:54:38	M50	Chorley Harriers
94	Brian Macfadyen	767	02:56:11	M55	Macclesfield Harriers
95	Chris Cripps	869	02:56:54	M	Macclesfield Harriers
96	Adrian Donnelly	779	02:57:02	M50	Mercia FR
97	Martin Yeomans	883	02:57:08	M45	Ivanhoe Runners
98	David Pickering	805	02:57:14	M45	Retford AC
99	Jon Legge	816	02:57:20	M45	Springfield Striders RC
100	David Whitfield	810	02:57:41	M40	Unattached
101	Lucy Gettins	836	02:58:18	L50	Compton Harriers
102	Sandy Mackenzie	746	02:58:50	M40	Newport and District RC
103	Max Howard	763	02:58:55	M50	Retford AC
104	Richard Love	808	02:58:59	M45	Malvern Joggers
105	Ken Burgess	728	02:59:04	M60	Altrincham and District
106	Martin Rands	731	02:59:27	M45	Macclesfield Harriers
107	Nick Kelly	788	02:59:49	M40	Unattached
108	Robin Jeffries	894	02:59:59	M45	Unattached
109	Karen Nash	772	03:00:19	L50	Preston Harriers
110	Richard Hopkinson	750	03:00:27	M60	Dark Peak FR
111	Matt Pritchard	840	03:00:58	M	Mow Cop Runners
112	Stephen Hammond	770	03:01:14	M50	Tattenhall Runners
113	Sheila Barbour	803	03:01:17	L40	Mercia FR
114	Mark McDermott	778	03:02:40	M50	Macclesfield Harriers
115	Toby Miller	818	03:02:41	M	Boalloy RC
116	Pete Robinson	925	03:02:59	M45	Pennine
117	Martin Sleath	910	03:03:10	M60	White Peak FR

Position	Name	Bib No	Time	Vet Class	Club
118	John Currie	873	03:03:11	M55	Mercia FR
119	Paul Sellers	913	03:03:26	M50	Congleton Harriers
120	Bart Reid	875	03:04:30	M40	Ivanhoe Runners
121	David Broadbent	926	03:04:36	M	Sinfin RC
122	Rachael Lawrance	842	03:05:27	L	Macclesfield Harriers
123	Steve Wathall	743	03:05:28	M50	Retford AC
124	Anthony Horsfall	912	03:06:41	M45	Handsworth Roadhogs
125	Wain Marsh	754	03:07:17	M	Mow Cop Runners
126	John Walker	907	03:07:43	M50	SMAC
127	Alex Buckley	757	03:08:41	M	Shelton Striders
128	Rob Cole	923	03:09:03	M	Dark Peak FR
129	Molly Whittall	745	03:09:49	L	White Nancy Boys
130	Robert Buckley	729	03:10:07	M55	Altrincham and District
131	Paul Kent	797	03:10:12	M50	Cambridge Harriers
132	Chris Linney	895	03:10:19	M40	Bedford Harriers
133	Lyndon Williams	871	03:10:23	M40	Unattached
134	Dave Clough	861	03:10:43	M55	Long Eaton RC
135	Steven Millar	918	03:10:45	M	Unattached
136	Stephen Picken	811	03:10:58	M40	Unattached
137	Tessa Montague	739	03:11:04	L40	Macclesfield Harriers
138	Celia Mills	744	03:11:10	L45	Calder Valley
139	Chris Horsfall	915	03:11:29	M55	Handsworth Roadhogs
140	Bradley Crouch	815	03:11:38	M	Tewkesbury AC
141	Katy Thornhill	832	03:11:40	L	Goyt Valley Striders
142	Andrew Hubert	921	03:12:05	M40	Unattached
143	Kevin Allerton	898	03:12:06	M40	Stone Wheelers
144	Kevin Mcque	742	03:12:12	M45	Macclesfield Harriers
145	Andrew Watson	838	03:12:29	M40	Erewash Valley RC
146	Mark Cliff	916	03:12:30	M40	Pennine
147	Steve Macha	817	03:13:14	M45	Boalloy RC
148	David Egan	866	03:13:24	M55	Totley AC
149	Claire Mackellar	917	03:13:28	L45	Stafford Harriers
150	Tim Ruck	829	03:13:29	M	Pennine
151	Darren Greene	787	03:14:18	M40	Team Trisports
152	Andrew Coles	736	03:14:20	M45	Newport and District RC
153	Geoff Gilbert	893	03:15:16	M60	Wilmslow RC
154	Neil Taylor	904	03:15:33	M40	Skelmesdale Harriers
155	Richard Howard	775	03:15:49	M45	Denby Dale Travellers
156	Tim Charmley	738	03:16:10	M45	Tattenhall Runners
157	Mark Checkley	766	03:16:46	M45	Lostock AC
158	Haley Lever	833	03:17:33	L	Unattached
159	Philip Barnes	730	03:18:04	M50	Macclesfield Harriers
160	Rick Robson	783	03:18:33	M55	Mercia FR
161	Nick Ham	720	03:18:50	M45	Stockport Harriers
162	Claire Kirkham	724	03:19:30	L	Holcombe Harriers
163	Phil Blatch	874	03:19:42	M60	Mercia FR
164	John Williams	814	03:20:19	M55	Springfield Striders RC
165	Mark Rawlinson	885	03:20:46	M45	West End
166	Peter Nobel	902	03:21:14	M55	Lostock AC
167	Richard Bickerton	774	03:21:26	M	Compton Harriers
168	Ian Marshall	782	03:22:14	M60	Cambridge Harriers
169	Dave Walker	899	03:23:46	M55	Macclesfield Harriers
170	Andrew Bedwell	812	03:24:16	M40	Tritalk.co.uk
171	Neville Palmer	920	03:24:45	M	Unattached
172	Phil Cheek	719	03:24:49	M60	Macclesfield Harriers
173	Lynda Howard	764	03:24:57	L50	Retford AC
174	John Moorehouse	827	03:25:07	M50	Cheshire Hash House
175	Deborah Carter	868	03:25:20	L40	Unattached
176	Clare Barstow	830	03:26:03	L	Goyt Valley Striders
177	E Connaughton	924	03:27:01	M50	Dark Peak FR
178	Jeremy Hope	725	03:27:03	M45	Derwent Runners
179	Karen McDonald	726	03:27:19	L40	Macclesfield Harriers

Position	Name	Bib No	Time	Vet Class	Club
180	Jason Coyne	922	03:28:09	M	Unattached
181	Sue Ellis	769	03:28:13	L50	Tattenhall Runners
182	Dave Nichols	794	03:28:42	M60	Mercia FR
183	Chris Peach	891	03:29:43	M45	Unattached
184	Ronald Mackay	790	03:30:08	M40	Spectrum Striders
185	Fran Walker	905	03:30:35	L40	Horwich
186	Prue Shelley	735	03:31:04	L	Newport and District RC
187	Lisa Harbord	834	03:31:14	L40	Goyt Valley Striders
188	Mark Harrison	859	03:31:16	M40	Long Eaton RC
189	Charlie Eldred	747	03:31:22	M45	Tattenhall Runners
190	Suzanne Darke	890	03:32:24	L	Saddleworth Runners
191	Martin Dietrich	776	03:41:52	M50	North York Moors AC
192	Lydia Dietrich	777	03:41:53	L45	North York Moors AC
193	Raymond Migocz	789	03:43:03	M60	Unattached
194	Andrew Mcrae	888	03:43:21	M55	Lincoln Lakeside
195	Wayne Stevenson	722	03:43:35	M45	Shelton Striders
196	Catherine Rowe	863	03:43:38	L50	Long Eaton RC
197	Chris Johnson	718	03:45:24	M60	East Cheshire Harriers
198	Timothy Sturla	870	03:45:31	M40	Ivanhoe Runners
199	Peter Hill	853	03:45:46	M50	Goyt Valley Striders
200	Bill Sheppard	862	03:46:46	M55	Long Eaton RC
201	Richard Scroop	785	03:49:16	M60	Mercia FR
202	Rachel Argent	867	03:49:34	L	Long Eaton RC
203	Anderw Addlesee	804	03:50:00	M40	Dark Peak FR
204	Vicky Yeomans	855	03:50:03	L	Long Eaton RC
205	David Egan	866	03:50:09	M55	Totley AC
206	Cheryl Brown	865	03:50:10	L	Long Eaton RC